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Volume 29 No 6, October 14, 2022



Northford-North Branford Women's Club, GFWC News:

At the September meeting of the Northford-North Branford Women's Club longtime member, Kathy Delfino, was recognized for her 50 year membership. Kathy is a loving friend and dedicated member. Congratulations Kathy!!

Pictured with Kathy is Vicki Lanza, Vice President Mary Ellen Collett, Co-President.

The next meeting will be on October 18th, 7pm at the Stanley T. Williams Community Center. Our speaker will be a representative from the Branford Community Dining room.

The Northford-North Branford Women's Club is a 501c3 non-profit civic organization dedicated to promoting deeper friendships among women of our towns and surrounding areas, participating in community service, and cooperating with the club work of the Connecticut State Federation of Women's Clubs.

Come & Enjoy the last Tractor Pull of 2022

October 15, 2022

(Rain Date) October 16, 2022

Weigh in at 8:00AM

Pulling starts at 9:00AM

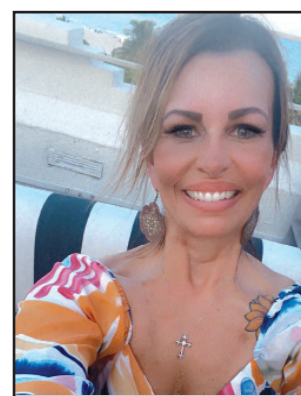
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FOR INFORMATION ON PULLING



Last Chance to Purchase Tickets To Honor Shining Stars



Tickets are going fast as the North Branford Education Foundation recognizes Frank Forgione, Rita Ney and Lori Connelly with the Alan Davis Shining Star Award. All three honorees go above and beyond the call in serving our community, particularly our youth.

The dinner will be on October 27 at Woodwinds in Branford. Tickets for a full buffet dinner are only \$50 per person. Don't wait until the last minute just to find there are no tickets available. Tickets will not be sold at the door.

For more information or to order tickets call Frank Mentone at 203-410-4254.

Public Stargazing at Young's Park in Branford Resumes

The Astronomical Society of New Haven is hosting a free stargazing event on Saturday October 22nd at 7pm at Young's Park, 60 Blackstone Ave. in Branford. Admission and parking are free. All are welcome, including children and grandparents. The telescopes will be pointed at Saturn, Jupiter and the fall constellations, star clusters and galaxies.

Directions and cancellation due to weather (including clouds) or COVID will be posted to our website, www.asnh.org or call 866-808-ASNH.

The Astronomical Society of New Haven, Inc. is a non-profit, scientific and educational organization which fosters new and continuing interest in amateur astronomy.

St. Anthony Church 6th Annual Military Whist Card Party

Saturday, October 22, 2022

Saint Anthony Parish Center

70 Washington Avenue, New Haven Ctt. 06519

Refreshments at 6:00 games to begin at 7:00

(No outside food please)

Fifteen Raffle tickets for \$10.00

50/50 Raffle Tickets 12 for \$10.00

Admission is \$10.

Tickets are limited so don't wait.

Call Anna at 203-710-5004 or

the Parish Office M-F 8AM to 2PM at 203-624-1418.

TOTOKET TIMES

Deadline		Publication Date	
October	21	October	28
November	4	November	11
November	18	November	25
December	2	December	9
December	11	December	16
December	31	January	6
January	13	January	20

**Always time to make a
voluntary payment to
the Totoket Times.**

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Frank-Mentone - 1**

Table of Contents

Editorial	Pages 2 - 6
Sports	Page 6
School	Page 7
Community	Page 9
Church	Page 10
Park Rec	Page 11
Classified	Page 12

Please Check the Facts

Dear Editor;

Republican Senators violated their oath of office because they didn't conclude that Trump "incited an insurrection" and anyone who disagrees is a traitor to our country? I suggest that this is ignoble politicking and in conflict with both the facts and the law.

Our law insists on great tolerance for what many might think rather outrageous criticism of government. "Incitement" is a formative word with limits that protect the very heart of our First Amendment - political speech. In 1969, for example, in *Brandenburg v. Ohio*, our Supreme Court overturned the conviction of a man who made highly inflammatory statements. The Court insisted that laws may not punish speech unless "directed to inciting or producing imminent lawless action and likely to incite or produce such action."

Applying this standard, compare the speech of Chuck Schumer, Maxine Waters and Donald Trump. Schumer expressed outrage at Justices Kavanaugh and Gorsuch for opinions he disagreed with: "I want to tell you, Gorsuch, I want to tell you, Kavanaugh: You have released the whirlwind, and you will pay the price... You won't know what hit you if you go forward with these awful decisions." Of this, fellow Democrat Vernon Jones Tweeted: "Last night, a deranged man sought to murder Brett Kavanaugh at his family's home. Following this clear incitement of violence by Chuck Schumer, he should be charged as well. This is not acceptable in any civilized society." While Maxine Waters' encouragement of her supporters to "get in their face" and "harass" political opponents might qualify as incitement, Jones is wrong about Schumer. Both Schumer's rants and Trump's speech are protected political hyperbole.

Compare Trump's statements: "We fight like hell, and if you don't fight like hell, you're not going to have a coun-

try anymore." He also told supporters to act peacefully. Perhaps those already predisposed to violence might be incited to violence (like Schumer's deranged listener), but for the ordinary-reasonable person (the standard) this was protected political speech. He didn't say "let's go invade the Capitol," or "we should go murder the Justices," or even "go out there and harass them."

As to "insurrection," it is "a violent uprising by a group acting for the specific purpose of overthrowing the government and seizing its powers." Defined by 18 USC Section 2383, it requires proof of an organized movement intended to overthrow and take over the government by force. (*Younis Bros. & Co. v. Cigna Worldwide Ins.*, 1995). It requires proof of more than mob violence or rioting. There must be evidence of both a concerted plan as well as the use of arms, none of which were present at the Capitol "riot."

After many months and millions of dollars, there was no evidence of incitement or insurrection. The claims of weapons, 5 deaths and beating a cop with a fire extinguisher were false. Much of the critical evidence was suppressed. A video showing the West Front of the Capitol as a Trump supporter tried to stop helmeted, black-clad, Antifa-style protestors from smashing the Capitol's doors has repeatedly been removed from the Internet. Peaceful grandmothers escorted by DC Police have been prosecuted for trespass, but none of these storm-trooping marauders have.

Because it is ungrounded in reality and uprooted from the law, the condemnation of Republican Senators for their fact-based legal decision smacks of fascistic censorship. I won't tell you what you should think, but I strongly suggest that if the facts don't support the legal definitions of these crimes, the Democrat Senators are the ones who violated their oath.

Sincerely, Kirt Westphall



for Men & Women!



Hours of Operation

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Saturday 9AM - 3PM



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State Representative Vincent Candelora



There are three points in the calendar year when legislation typically becomes effective, January 1st, July 1st, and October 1st. We've just crossed the latter date, and below I'll let you know about a couple of the new laws that just became effective. You can access the full list via a link on my website, repcandelora.com.

Among them is *Public Act 22-47, An Act Concerning Children's Mental Health*. This bill was passed to address the immediate and long-term needs of Connecticut's mental health systems. This sweeping legislation aims to address the mental health crisis among our youth while supporting kids and families by growing the behavioral health workforce, expanding treatment facilities, and increasing insurance coverage for mental health services. The legislation also funds a 9-8-8 suicide prevention and mental health crisis lifeline.

Another important law is *Public Act 22-82*, which was passed to address several important subjects including: increased protections for domestic violence victims, domestic violence training, increased safety for online dating, workplace sexual harassment, and employment discrimination.

The law requires online dating operators to provide Connecticut users with safety awareness notifications before allowing them to use the platform, sets up a grant program to provide education and training on online abuse, and extends anti-discrimination statutes to more workplaces. The law also prohibits discrimination against domestic violence victims, requires state agencies provide domestic violence training, and requires the Department of Social Services (DSS) provide \$1.44 million for domestic violence agencies.

Several important public safety measures became law, many of them as a result of pressure from Republican lawmakers and—more important—citizens who were concerned about an increase in crime, juvenile crime, and more car thefts. *Public Act 22-115* makes many changes to juvenile justice statutes to continue to preserve the rights of younger offenders, while also delivering faster arraignments and access to necessary intervention and diversionary program services. This bipartisan legislation is a step in the right direction, but we need to do more.

Among the legislation's provisions are requirements that juveniles be arraigned no more than 5 days after arrest (in some cases the next day), and that judges articulate within 48 hours the reason for denying a request for detention. Additionally, juveniles will be assessed for services (such as diversionary programs) within two weeks of arraignment. Also, a judge will be allowed to order GPS tracking of a juvenile who is already awaiting trial for an offense and is arrested for a second or subsequent offense involving car theft or property crime.

Early next year, I'll advocate that we enhance penalties for crimes committed using a stolen vehicle or firearm, while also requiring that juvenile criminal proceedings are handled in the judicial district where they take place to make it easier for victims and witnesses to participate.

Again, check out my web site for a link to a more comprehensive list of bills that cover a wide variety of subjects, from animal welfare to remote (public) meetings.

As always, feel free to contact my office if you have questions or concerns related to state government: 860-240-8700 or vincent.candelora@housegop.ct.gov.

Let's be "Frank"
A lot of political stuff so we just
ran out of room. Hope to be back
next issue with another
Let's be "Frank"

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The publisher assumes no responsibility for typographical errors. In the event of an error, the publisher will issue a credit adjustment on only the incorrect portion of the advertisement, as well as a retraction in the next issue.

Great job by Roger Salway

To the North Branford Community,

You may have heard that our Development Coordinator, Roger Salway, will be retiring as of October 15. Please join me in thanking Roger for the wonderful job and contributions he has made to our town. His departure will be a great loss.

Roger Salway has left his mark on this town, helping to cultivate relationships with state development officials, local businesses, and non-profit organizations. I've had the privilege of working with Roger on numerous projects. It was Roger who brought us the sunflowers as a symbol of North Branford.

Roger had a vision for the future working with the state, the town, and Citrine Power to install a 2.6-megawatt solar farm on Mark DeLongo's Forest Rd property. This array will supply free renewable energy to Municipal buildings with NO COST to the town.

Roger had a vision for the present. He understood the important relationship between open space and development. It was Roger who brought Honeywell, Belfonti Corporation and the Land Trust (NBLCT) together to create a wonderful trail system on Village St. and behind the ice pavilion.

Roger had a vision for the past. He saved the original town hall from the chopping block and put Andy Bozzuto together with the Totoket Historical Society to save the Little Red School House. I could go on and only hope that the town realizes the great job that Roger has done to bring businesses to North Branford. In doing so, he has quietly increased our tax base and we are fiscally healthy. He helped to bring wineries, breweries and a North Branford farm trail to the attention of locals and tourists. He helped put North Branford on the map, in a good way.

Please join me in wishing Roger Salway a joyful retirement with his wife, children and grandchildren. He made his mark and I thank him. I hope that the town will consider using his expertise and consult with him as needed. Roger understood the importance of cultivating relationships. We want to keep these vital relationships alive.

Sincerely, Bonnie Symansky

NORTH BRANFORD FIELD HOCKEY

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Tuesday, October 18

4:00 - 9:00PM

Dine in or take Out

Please mention the NHHS Field Hockey

Team and 20% of your bill

will be donated to the team!

Thank you for your support!

Letters to the editor...

This paper encourages all readers to voice their opinions and comments. The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.

All letters must be signed. A telephone number should be included and no personal attacks.

This paper reserves the right to edit all letters.

All letters should be addressed to :

The Editor

P.O. Box 313, Northford, CT 06472



“I Love Living in Connecticut”

To the Editor,

There have been published attacks on Christine Cohen for her support of the previously passed Act Concerning Police Accountability coupled with accusations of wasteful spending on wrong way technology for our interstate highways. Although it is true that most wrong way collisions are perpetrated by drunk drivers, the additional technology is likely to save lives, if only for the enhanced signage that is hard to ignore, even for those who are impaired. Are lives saved not worthy of taxpayer dollars?

I would like to know what profession, other than the police have been legally exempted from accountability for their actions and behavior. I am a supporter of both my local and State Police, but I can’t fathom how some citizens think that reasonable accountability is the same as opposition.

Most police officers are decent and hardworking representatives of their profession characterized by protecting and serving their communities and citizens. That majority of responsible officers should have no difficulty in supporting accountability for their performance as peace officers, since their good work is diminished by the behavior of poorly trained officers or those who don’t have the appropriate temperament to be officers.

The Police Accountability Bill is also being blamed for the mythical rise in crime in Connecticut. The New Haven Register published the following on October 3:

according to a report from the Department of Emergency Services and Public Protection released last week, crime [decreased last year across most categories](#), continuing a broad trend stretching back decades. Violent crime fell 9 percent year over year and is now down 27 percent over the past four years, while property crime was down 13 percent over the same time period. Sexual assault, which rose from 2020 to 2021, was also less common than four years prior.

It should also be noted that Connecticut has the fourth lowest violent crime rate in the whole country according to FBI statistics for 2021. I fail to see what purpose is served by mis-stating the facts. I love living in Connecticut and I value that we try to acknowledge our shortcomings, that care about our neighbors, and that we have such a good quality of life. Don’t knock it!

Sincerely,
Susan DeSilver

Well Served by Electing Tiernan

To the Editor:

I want to let my fellow North Branford voters know about Attorney Chuck Tiernan, the Democratic candidate for Probate Judge of the combined Branford-North Branford Probate District.

I have known Chuck Tiernan for many years during his successful legal career. He is a partner in one of the best area law firms. Chuck’s extensive legal practice has included the full range of probate matters.

Having previously been a probate judge for 13 years, I am familiar with what the job involves. Chuck Tiernan has the necessary knowledge, experience, people skills, commitment, and compassion to do the job right. I am fully confident that he can handle any probate case that comes into the court. We will be well-served by electing Chuck Tiernan to be our probate judge for the next four years.

Sincerely,
Stephen Whalen.
Member of the North Branford Democratic Town Committee.

TOWN OF NORTH BRANFORD
OFFICE OF THE TAX COLLECTOR

LEGAL NOTICE OF SEWER USER FEES AND SEWER
ASSESSMENT INSTALLMENT CHARGE DUE October 1, 2022

Property owners of the Town of North Branford are hereby notified that the first installment of Sewer User fees and Sewer Assessment charges are due on October 1, 2022. Payments not received or postmarked by November 1, 2022 will be considered delinquent and statutory delinquent interest charges will apply. Interest will accrue at the rate of 1 ½% per month with a minimum interest charge of \$2.00 for Sewer Use and \$5.00 for Sewer Assessment.

The annual Sewer User fee of \$500.00 was set by the North Branford Water Pollution Control Authority at its September 20, 2022 meeting.

Property owners that are on a [single payment schedule for Sewer Assessment](#) are hereby notified that payment is due on October 1, 2022 and statutory delinquent charges will apply if payment is not received or postmarked by November 1, 2022.

Bills may be paid at the North Branford Town Hall, Tax Collector’s office Monday through Friday from 8:30 to 4:30. Payments can also be made online at the town website: [www.townofnorthbranfordct.com](#), under Online Services. There is a fee for this service: 2.5% for any balance paid: \$3.95 for Visa Debit and \$2.00 for an ACH check withdrawal. If you have lost or misplaced your bill, call the Tax office for a replacement at 203-484-6011. If remittance is made by mail and a receipt is requested, please enclose a self-addressed stamped envelope. Checks should be made payable to the Tax Collector, Town of North Branford.

Dated this 26th Day of September 2022

Judy Haley, CCMC
Interim Tax Collector

For the Health of it...

Have You Heard About the Dirty Dozen?

What do strawberries, kale, and tomatoes have in common? As surprising as it may sound, these nutrient rich superstars have all made the EWG’s (Environmental Working Group) Dirty Dozen list for 2022. The Environmental Working Group is a non-profit organization aimed at helping consumers make informed food choices. Starting in 2004 and each year to follow, a list of the top 12 fruits and vegetables that contain high amounts of pesticides even after washing, peeling, and preparation, is published by the EWG. When you read the complete list below, you may see some of your trusted weekly “go to” items and feel a twinge of betrayal. Don’t make the mistake of turning your back on these foods. They are not masquerading as healthy foods trying to trick their way onto your plate - they are sincerely healthy! A variety of fruits and vegetables is an essential part of a healthy diet regardless of how they are grown. The list is simply a guide to making the best choices possible based on what’s important for you and your family. The complete Dirty Dozen list is as follows:

Strawberries, spinach, kale, collard and mustard greens, nectarines, apples, grapes, bell and hot peppers, cherries, peaches, pears, celery, and tomatoes.

Some may regard this as “too much information” while others may take it to the opposite extreme and avoid foods on this list altogether. Buying less produce is not the solution. We are already filling our carts with less fresh foods than we should. However, using this information as a simple guide can help with deciding when buying organic might make more sense and what conventional produce choices are just as healthy. With the increased cost of groceries we need to be certain the dollars we spend are spent wisely.

It’s also a reminder to be diligent about washing produce thoroughly before eating - even the “triple washed” non organic brands. An October 2017 Consumer Reports article recommends rinsing, or scrubbing fruits and vegetables at home to help remove pesticide residue. In addition, the article cites a new study from researchers at University of Massachusetts, Amherst, suggesting another method that may also be effective: soaking them in a solution of baking soda and water. Consumer Reports offers a printable PDF of their own list on their website.

Introducing the Clean 15

Whenever possible, buy organic but if that’s out of reach budget-wise, not to worry. Follow the steps for washing your produce and know there is yet another list you can choose from with confidence - the Clean 15. This list comes out annually along with the Dirty Dozen.

Avocados, asparagus, and pineapple are just three of the nutrient rich foods that made their way to the EWG’s elite 2022, Clean 15 list. Also boasting this title are onions, papaya, frozen sweet peas, sweet corn, honeydew melon, kiwi, cabbage, mushrooms, cantaloupe, mangoes, watermelon, and one of my all time favorites - sweet potatoes. Although there seems to be a trend with most on the list being of the thicker skinned variety, it doesn’t follow through consistently. The lists change annually. For example, bananas and eggplant have been on the list in previous years and this year they are not. The Clean 15 are said to offer the least amount of pesticide residue with avocado at the top of the list. Conventional pricing of the Clean 15 is an added benefit.

When to Go Wild

Wild fruits and vegetables grow in their natural habitat without any pesticides at all and need to build up protection from the elements in order to survive. This nature-made protective mechanism results in foods rich in antioxidants and phytochemicals, which serve as protective measures for the plant and for us when we consume them. As whole foods they are not readily available so we’re not apt to see them in a supermarket any time soon. Some examples of wild berries are blueberries, cranberries, raspberries, and lingonberries. Wild berries have much higher levels of antioxidants than what we buy at the store. Asparagus grows wild as do mushrooms and a host of greens that are likely among the weeds in your backyard—but unless you’re an expert, I wouldn’t pick them for dinner. However, it’s easy to reap the benefits of wild fruits and vegetables through high quality (and often reasonably priced) juices and supplements found at Health Food stores and through trusted health professionals.

So whether your favorite produce is on the clean list or not, keep on shopping the periferie of the grocery store making the choices that are best for you. While the dirty dozen are not pretending to be healthy, remember there are foods doing just that. They are the processed foods found down the center aisles that have fancy packaging and buzz words to catch your eye. Enter those aisles prepared to read labels. One of my fall favorites that is found down the center aisle is pumpkin. Pumpkin didn’t make either list. The recipe below is made with organic canned pumpkin puree, not pie filling, and has a good balance of protein, fat, and carbs.

Pumpkin Spice Dip with Apple Slices

2 scoops of your favorite vanilla protein powder
½ cup organic pumpkin puree (save the rest for a couple of pumpkin spice smoothies), ¾ tsp cinnamon, ½ tsp nutmeg, Almond milk (or your favorite milk), Crushed walnuts (optional). Slowly add almond milk to protein powder until its a pudding-like consistency. Add pumpkin and combine well, add a little more almond milk if needed. Stir in spices, taste and adjust as needed. Refrigerate for 1 hour or more
Serve with apple slices (you can also sprinkle a little cinnamon on the apple slices). Enjoy!

Keep your questions and comments coming at [joann@wellnessfusion.net](#). This monthly article is here for you-For the Health of it!

JoAnn Begley is a Certified Health & Nutrition Coach who has practiced holistic therapies for more than 20 years. She and her husband Jerry have two children and live in North Branford.

Annual Lake Gaillard Walk Returns!

The Northford-North Branford Women’s Club GFWC, in conjunction with the Regional Water Authority, is sponsoring its 22nd Annual Lake Gaillard Walk in North Branford on Sunday, October 16th from 9 am to 1 pm, rain or shine.

Lake Gaillard is normally closed to the public and is not included in the Regional Water Authority’s pass, so this is a once-a-year opportunity to enjoy a walk around this beautiful property. The distance around the lake is 7 miles, walkers can choose to do the full loop or a partial section. **Participants must start on the trail by 11 am** to allow enough time, all walkers must exit the property no later than 1pm.

Buses will be available to transport participants to the Lake Gaillard property from **ATWATER LIBRARY** beginning at 8:30 am. Access to the Beech Street entrance will be by bus or on foot only. Parking on Beech Street and Poms Lane will be prohibited where posted. Sturdy strollers and wagons are welcome. Bicycles, roller blades and pets cannot be allowed on the trail.

Registration fee is \$10.00 for ages 3 and over. Participants may also register on site the day of the walk for \$15. For additional information send an email to VictoriaLanza2017@gmail.com.

“I Endorse Chuck Tiernan”

Dear Editor,

I endorse Chuck Tiernan for probate judge in the upcoming November election. My wife and I have lived in Northford for 35 years. I grew up in Branford, and I’ve known Chuck for over 45 years.

I have lawyers in my family and I have followed Chuck’s career over that time. He’s an accomplished attorney whose successful representation of his clients has earned him many, many accolades - too many to list here. Whether the issue is marital difficulties, injuries on the job, or problems with the law, the common thread has been helping “the little guy” through times of crisis. You don’t have to take my word for it Google him, or check out his website at chucktiernanforprobatejudge.com.

Having gone through the probate process twice in two years, I know how stressful and confusing it can be. Chuck has the experience, skill, and compassion to help families navigate the probate process, which can seem overwhelming at times.

I urge you to join me in voting for Chuck Tiernan for our next probate judge in November. **Respectfully, Frank Santacroce**



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A LETTER TO NORTH BRANFORD

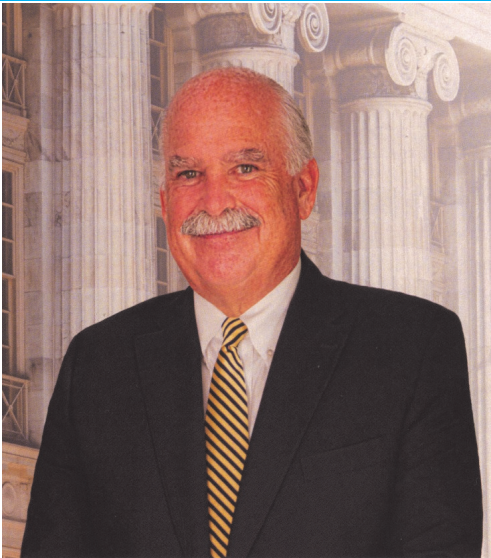
I’m Chuck Tiernan, and I’m running for Probate Judge. Some of you may not know me.

What you do know is that, for over three decades, North Branford’s probate judge has been Frank Forgione, and we all feel a sense of loss that he is stepping down from that position.

I consider Judge Forgione to be a friend and a role model. With his social work background and his bottomless compassion, he has always brought his people skills to his work.

Along with the ordinary trusts and estates matters of the court, he has always shown sensitivity and skill in those other, deeply personal matters handled by the court. Whether it has been appointment of guardians and conservators for people no longer capable of making their own decisions, protecting people with intellectual or psychiatric disabilities, or his groundbreaking work in child protection, he’s always been there for the vulnerable people in our community.

These are shoes that are perhaps too big for anyone to fill, but I’d like to try. For nearly 40 years, I’ve been an attorney in this community, handling every kind of probate matter. My focus in those four decades has been to look out for and advocate for vulnerable people—people suffering marital and family crises, people injured and unable to work, people in trouble with the law.



CHUCK
TIERNAN
PROBATE JUDGE

For Branford and North Branford

I think I’ve done that with compassion and respect, and with skill. I hope you give my candidacy a serious look, and consider giving me your support to continue this legacy in our probate court. I won’t let you down.

Learn more at CHUCKTIERNANFORPROBATEJUDGE.COM

Paid for by Chuck Tiernan for Probate Judge, Maggie Bruno, Treasurer, Approved by Chuck Tiernan

Estate Planning for Everyone

By Attorney Marc P. Guertin

According to a recent survey conducted by care.com, two out of three Americans do not have a will or other estate plan in place. The most common reason listed by the respondents was they “haven’t gotten around to it.” When you do not have a plan in place you give up a good amount of control and if you put it off for too long many planning options are cut off.

I recommend that children take an active role in helping their parents make a plan. Talking to your parents about their plan (or lack thereof) is no easy task. Discussing estate planning with your parents can eliminate surprises after they pass away and maybe avoid a disaster while they are living. This is too important of a conversation not to have.

Getting the conversation started is the hardest part. A few simple guidelines can help turn this conversation into a positive experience. The most important rule (in my experience) is to include ALL your siblings in the conversation. Nothing works quicker to undermine your intentions than excluding someone. Choose a comfortable and private setting for this family meeting that is free from distractions. Have an agenda (and stick to it) and keep the session to an hour or so.

Once the family is assembled, in a comfortable, private, space...then what? How do you start the conversation? A good way to start is to discuss your own plan. Discuss with your parents what your estate planning experience was like. Talk about what your estate plan contemplates. A good plan not only contemplates death, but also life and aging and incapacity. Focus on helping your parents maintain independence. Discuss long term care: have they considered what would happen if they had to spend time in a nursing home? Nursing home costs can quickly eliminate your parent’s life savings. Is there a plan in place that contemplates nursing home care?

Ask about what type of estate plan they have in place. Make sure the plan fits their estate. Explore whether their estate plan contemplates tax issues, probate costs, or beneficiaries with disabilities? If they have documents- look through them- are the right people named in the documents? Do they need to be updated? What would happen if you needed these documents to work today?

Do not neglect to focus on lifetime planning. Make sure your parents have updated Powers of Attorney, Healthcare Directives and Living Wills. Remember, most parents want to discuss their estate plan with their adult children. Finding out that your parents have planned their estate will be very comforting. Finding out your parents have not made a plan is a great opportunity to help them get their affairs in order.

If you ‘d like to come in and talk about updating your existing plan or making a new one, I offer free initial consultation. Appointments can be in person or via zoom. Give me a call at 203-500-0201 to schedule an appointment.

Marc Guertin is the principal at Marc Guertin, Attorney at Law, LLC. Located at 222 Rimmon Road, North Haven, Connecticut.

Visit Attorneymarc.com

We Support Chuck Tiernan

Dear Editor,

I am writing to you today in support of Chuck Tiernan for Probate Judge for the communities of Branford and North Branford. I first encountered Chuck when I started as the Corresponding Secretary for the DTC in North Branford. I was new to the position and fumbling a bit. Chuck didn’t know me at all but was the first person to respond to any of my emails searching for answers. We became more acquainted and I started to reach out to him directly for help. He was always available (even for the smallest problems) and gave me wonderful guidance and was patient and kind in every experience. I felt so comfortable with his ability to connect effortlessly and provide me with the answers.

Having had this experience with Chuck I think back to when our family had to deal with Frank Forgione. Frank had this very same demeanor and made our experience with the Probate Court positive, stress free and enjoyable. Although we will miss Frank, I could not think of a better person to carry on and serve the people of Branford and North Branford in the same dignified and respectful manner.

Everyone in our family fully supports Chuck Tiernan for Probate Judge and we do so with enthusiasm and excitement.

Best Regards,
Mary Caruso

The October 28th issue will be the last issue before the election. Please make letters as short as possible and follow the deadlines.

NBHS Field Hockey Undefeated at Midway

Coach Babbi Nuhn and the crew are doing it again as they reach the middle of the season undefeated at 10-0.



Lindsay Onofrio



Gabby Senercia



Gabby Palma



Morgan Lucibello

Field Hockey Photos courtesy of Roxanne Senercia



**Jack Meehan
on the run!
Photo by
Todd Engarra**



Connecticut Sportsplex®

FIELDHOUSE FAMILY FUN CENTER

LASER TAG BIRTHDAY PARTIES

LASER TAG GROUP OUTINGS

WALK-IN LASER TAG OFFERED

FRIDAY 5PM—9PM

SATURDAY AND SUNDAY 11AM—7PM



203-484-4383

www.ctsportsplex.com





*Tyler Serenson makes the tackle.
Photo by Todd Ingarra*



Field Trip is Back

The annual NBHS field trip to Chatfield Hollow State Park has returned! On September 29, members of the NBHS Advanced Placement Environmental Science class and Advanced Biology class visited Chatfield Hollow to conduct onsite lab activities directly aligned to their coursework at NBHS. AP Instructors Mrs. Redman and Mrs. Polemeni organized the trip once again.

Information & Photograph courtesy of Principal Todd Stoeffler



Each year, the North Branford community celebrates **Make a Difference Day** by holding a food drive. For the last thirty-two years students and parents from NBPS have traveled through the community collecting nonperishable food items and monetary donations which were then gathered, sorted, and sent to our town's food bank.

The food bank distributes the items to our neighbors in need of a little help maintaining nutritious meals for their families. Over the years, thanks to the support of our students, their families, and the staff of North Branford Public Schools, the food pantry shelves have been well-stocked and able to support the needs of our town members.

For the entire month of October we have expanded our celebration **Make a Difference Day** to **Make a Difference MONTH!** We are asking for donations of gift cards to supermarkets such as Stop N Shop, Big Y, ShopRite, Aldi's or T&J Market or cash gift cards for the food pantry to purchase needed items. Donation boxes will be located in the main lobby of our schools for you and your child to drop off the cards. When making a donation, please make sure the monetary amount is listed clearly. Donations will be accepted throughout the month. At the end of the month, all donations will be given to our food pantry for their use in supporting those in the town who need them.

In addition, on October 22, 2022, starting at 8:30 am, we will hold the traditional community food round up. Teams of students collect canned goods, pasta, and personal hygiene items from all segments of the community. **Please remember to check expiration dates of food items prior to donating them.**

**You can assist by placing items by your mailbox
on the morning of October 22nd**

When teams have completed their route, each team will return to the N.B.I.S. cafeteria and present their items for the official tallying. The three teams with the most donations will receive prizes.

The drive is spearheaded by North Branford teachers, administrators and students. In addition, the North Branford Public Works Department has volunteered their services to help deliver the food to the local food pantry.

We appreciate and are very proud of the North Branford community who have made this event such a great success for the past 32 years!

Thank you for your generous support!



NOTICE

The office of the Superintendent of Schools in North Branford announces that it is preparing to destroy health school records of students who graduated from 1962 to 2010 from North Branford High School.

The destruction of the former students' records is in keeping with the State Law. These records may be needed for Social Security benefits or other purposes. No information from this record will be maintained.

Former students who would like to obtain their health records should contact the Nursing Supervisor, Cindi Tirollo at 203-484-1460 Ext. 2 and/or email ctirollo@northbranford-schools.org. The records will be destroyed after November 15, 2022.

**NORTH BRANFORD
BARBERSHOP**

HAIR CUTS
MEN \$14.00
SENIORS &
KIDS UNDER 10
\$12.00

Tues, 8:30 - 5:00 Wed 8:30 - 5:00
Thur 8:30 - 5:00 Fri, 8:30 - 5:00
Saturday 8:30 - 2:00
- WALK - INS ONLY -

OWNER- ROBERT VIGLIONE
1179 FOXON RD, NORTH BRANFORD | (203) 484-6789

PAUL CICARELLA

— STATE SENATE - 34th DISTRICT —

FIGHTING FOR A MORE AFFORDABLE, HEALTHIER, AND SAFER CONNECTICUT

As a father, small business owner and former law enforcement officer, Paul understands the challenges faced by Connecticut's residents. He shares your concern about feeling safe in our communities and has taken those concerns to the Capitol.

In Hartford, Paul has advocated for common sense solutions to make Connecticut more affordable, grow jobs, support law enforcement and keep our communities safe.

REPRESENTING YOUR VALUES

Paul is a North Haven resident and has served as State Senator since 2020.



PAUL CICARELLA 2022 ENDORSEMENTS

Republican Party
Independent Party of CT
CT Realtors
ARTC - Association for
Retired Teachers of Connecticut

International Union of Operating Engineers -
Local 478
Connecticut State Building Trades
NFIB CT - National Federation of Independent Business
CT State Fraternal Order of Police

**VOTE NOVEMBER 8TH
ROW B**

PaulChic2022@gmail.com
Instagram: paulchic2022
facebook.com/paulchic2022



Paid for by PaulChic2022. Christy Cicarella, Treasurer.
Approved by Paul Cicarella

— RE-ELECT —
**PAUL
CICARELLA**
— STATE SENATE – 34TH DISTRICT —

Recycling News

HazWaste Central will be closing on 10-30-21

Located right behind the Regional Water Authority’s headquarters,
90 Sargent Drive, New Haven
Hours are 9am to noon - Saturdays through 10-30-21
Gather your household chemicals so they can be disposed of properly.

Accepted: Waste oil, antifreeze, cleaners, pool chemicals, oil-based paints, pesticides, compact fluorescent light bulbs and much more.
The water company collects these items so they don’t go into the trash and pollute your local drinking water.

To find the complete list and the registration form go to Hazwaste at rwater.com or call 203-401-2712.

Not Accepted at HazWaste Central: Asbestos, Commercial Waste, Electronics, Fire Extinguishers, Gas-Grill Size Propane Tanks, Medicine, Needles, Smoke Detectors

North Branford Fall Leaf Collection

North Branford residents can bring their leaves to the leaf drop off center located near the Public Works Facility on Route 22 from 9:00am to 3:00pm. The drop off is located around the back of the lighted softball field. The leaf drop off will be open: **October 23, 30 and November 6, 13, 20.** Please place leaves in biodegradable leaf bags (no tape please) or empty them loose onto the ground.

Bulk Pickup is only twice a year.

Next pickup is the week of November 8, 2021.

Please do not place your bulky waste curbside until that week.
For items that still have some life in them, consider posting them on the Facebook page: [North Branford & Northford Free Items](#).
Help someone else out, unclutter your house and save the cost of sending items to the landfill.

Scrap Metal Pickup will be the week of October 25th.

Items taken: A/C units, metal lawn furniture, large appliances, hot water tanks, tools, metal fencing, filing cabinets, outdoor grills, small machines, non-riding lawn movers and similar metal items.

Electronics Drop Off will be on November 6th.

Bring your electronics to this collection event to have them recycled properly and save the town the cost of disposing them as bulky waste.
During this November event, we will also be taking clean and dry Mattresses for free. We will take propane tanks and tires for a small fee.

Please remember to empty your plastic bags of food and liquids before placing them in the collection bin. It may just be water to you, but mixed with other things it becomes a sticky mess.
Also, crinkly bags such as candy bar wrappers, chip bags, individual plastic tea bag wrappers and plastic cat litter bags are not plastic film. They go into the trash.

“Please Don’t Feed the Storm Drain”

Storm drains are designed to only carry rainfall runoff from our streets into our local waterways. Anything but water can contribute to water pollution and drainage issues.
Protect our wetlands and our drinking water by not putting anything in the storm drain.

Please remember to keep loose leaves, grass clippings and yard debris out of the street so they do not get washed or blown into the storm drain, which can cause flooding.

Pesticides from treated lawns and gardens and fluid from motor vehicle leaks can also end up threatening the water quality of our wetlands and your drinking water.

For more information about recycling in North Branford you can check out North Branford’s Recycling Committee’s website: townofnorthbranfordct.com/government/boards-commissions/hazardous-wasterecycling-committee.aspx
or our Facebook page: North Branford CT Hazardous Waste & Recycling Committee

IF THE BROOM FITS...

HALLOWEEN AND THE HISTORY OF WITCHES

MONDAY, OCTOBER 17, 2022
6:30-8 PM

FREE LIVESTREAMED EVENT AT ATWATER MEMORIAL LIBRARY

How did the benevolent image of a wise woman transform into the malevolent figure of the witch we know today?

Have you ever wondered why witches are depicted as riding on brooms through the sky?

Join the Grounded Goodwives as they answer these questions and other myths about witches. You may never look at sweeping the same way again!

NORTH BRANFORD PUBLIC LIBRARIES

Stream the ZOOM virtual program from home or view the livestream in Atwater Memorial Library’s Community Room.
Registration required. Call 203-315-6020 or visit nbranfordlibraries.org.

“Security Systems are best when installed by a professional not the internet”



(203) 288-1000
355 Sackett Point Rd North Haven, CT 06473

Did you know:
The left-handed comprise 11% of the world’s population

Kof C Council 6601 Presents

STAND UP COMEDY NIGHT

DINNER SHOW RAFFLE



CHRIS MONTY
CBS, NETFLIX

With performances by:
DAN ALTANO
TARA CANNISTRACI
FRANK FAVIA

Tickets: **\$35**
BYOB
(We invite people to bring their own beverages)

**SATURDAY, 10/29
7:00 PM**

**St. Monica’s Church Hall
1331 Middletown Ave
Northford, CT**

Tickets must be purchased in advance by contacting:
Wayne 203-410-3885
Danielle 203-315-7699
Or Email: knights6601@gmail.com

CHURCH DIRECTORY

Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning : 9:15 - 10:30 Worship & Lord’s Supper, 11:00 -12:15 Ministering of God’s Word & Sunday School. . Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. www.branfordbiblechapel.org

Hope Christian Church “A Place to Belong”. 211 Montowese Ave., North Haven, CT. www.hopeag.com Sunday services 10AM. Coffee served every Sunday 9:00 am. Church open for prayer Tuesdays noon to One. Thursday Bible study 7:00 PM. Like us on facebook.

North Branford Congregational Church, UCC, 1680 Foxon Road, North Branford, CT Join us for worship every Sunday at 10:00 AM. On the first Sunday of each month please attend and share communion with us.

Nursery Care is available.To contact our church: Office hours are Wednesday to Friday from 9:00 AM to 1:00 PM. Phone: 203.488.8456, email: nobdcong@sbcglobal.net, website: www.northbranfordcongregational.org Remember, all are welcome no matter who you are, no matter where you are on life’s journey; you will always be welcome here.

Northford Congregational Church. United Church of Christ. Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916.. email: northfordcc@gmail.com Office Hours: Tuesday 9am - 1pm; other days by appointment. John Vigneri, Pastor . Jane K. Leschuk Minister of Music. Worship Service 10am. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Like us on Facebook. Our website is www.northfordcongregational.church

St. Ambrose Parish is a Roman Catholic Parish in the Archdiocese of Hartford comprised of two churches. St. Augustine Church is located at 30 Caputo Rd in North Branford and St. Monica Church is located at 1321 Middletown Avenue in Northford. The Pastor is Rev. Robert L. Turner. Weekday Masses are celebrated on Monday, Tuesday, Wednesday and Saturday at 9:00 AM at St. Augustine. Friday Mass is celebrated at 9:00 AM at St. Monica. Weekend Masses are celebrated on Saturday evening at St. Augustine at 4:00 PM (English Ordinary, no incense) and Sunday at St. Monica at 9:00 AM and St. Augustine at 11:00 AM (Latin Ordinary, with incense). The Sacrament of Reconciliation is offered 30 minutes prior to all Masses excepting Sunday and by appointment by calling the office. The Parish Office is located at 30 Caputo Road and is open M-F from 9:00 AM – 1:00 PM (Wednesdays until 6:00 PM). You can access the parish bulletin and staff emails at our website NBcatholics.org. If you are new to the area and looking for a parish to join or a homeschool co-op, please visit us!

St. Andrew’s Episcopal Church, 1382 Middletown Avenue - The White Church On The Hill In The Heart Of Northford (at the intersection of Rtes. 17 & 22). Sunday worship at 10:00 a.m. Coffee and fellowship always follows. The Rev. Bryan Spinks is Priest-In-Charge. St.Andrew’s is a member of the Middlesex Area Cluster Ministry Network (MACM Network), along with St. James (Higganum) and Emmanuel (Killingworth). Please join us - we’d love to get to know you! All are welcome! St. Andrew’s is the proud home of the Food Pantry of North Branford - a vital community resource serving families in need in Northford and North Branford. St. Andrew’s also partners with St. Pauly Textile in a broad outreach program to help people in need here in the U.S. and around the world. Donations of usable clothing, shoes, boots, belts, purses, sheets, blankets, curtains and stuffed animals may be made at the donation shed in the church parking lot, available 24x7. Visit our website at <https://www.saintandrewsnorthford.org>. Like us on Facebook - St. Andrew’s Episcopal Church of Northford, CT. For more information contact us at 203-484-0895; Nan Monde, Sr. Warden, 203-710-7005; Rev. Spinks, 860-304-5266; or MACM office, 860-345-0058.

United Methodist Church, Branford 811 East Main St, Branford (Route 1, across from Bill Miller’s Castle). www.umcbranford.org or (203) 488-0549. Sunday service 9:30am - both in-person and live on our website. “The Church on the Rock,” led by Pastor Kent Jackson. We invite you to discover the power of faith in Jesus Christ bringing God’s love to the world. Join us to worship, experience God’s word, and stay connected.

Zion Episcopal Church 326 Notch Hill Road, North Branford. 203-488-7395. Rev. Lucy LaRocca, Vicar.Sunday Worship at 9:15, coffee and fellowship follow. Masks are required in worship while North Branford is in the ‘red’ zone for COVID positivity. Worship is also accessible through Facebook Live. ALL are invited. Zion is an open and affirming congregation for those seeking a safe place to worship and grow in Christ. www.zionepiscopal.org

DEATH NOTICE



Carlo DellaValle, 83, of Northford, passed away peacefully at home Thursday, October 6, 2022 with his beloved children and close family by his side. Born in Maddaloni, Provincia Di Caserta, Italy on March 21, 1939; son of the late Andrea DellaValle and Rosa Savinelli DellaValle and loving husband of the late Vincenza DeAngelis DellaValle. Carlo adored his family and cherished spending time with his children and grandchildren. He had a deep passion for winemaking, gardening, cooking and enjoyed watching wrestling and western movies. Carlo was a skilled mason and served honorably in the Italian Army. He then immigrated with his family in 1973 and began his career working tirelessly with several local companies including: The Bigelow Factory, Textile Prints, and later for H.B. Ives until his retirement in 2008. Father of Rosa (Christopher) Harrison, Andrea (Penney) DellaValle and Carmine DellaValle. Grandfather of Adrianna DellaValle, Juliana Harrison, Taylor Harrison and Carlo DellaValle. Predeceased by siblings Antonio, Teresa and Filomena and survived by sisters Carmela, Gelsomina and Immacolata. Carlo is also survived by many loving nieces, nephews and close friends. The family would like to extend their deepest gratitude to his dedicated and selfless hospice nurses: Sara, Mike and Michelle.

Memorial contributions can be made to the American Lung Association, 45 Ash Street, East Hartford, CT 06108 or the American Cancer Society, 825 Brook Street, I-91 Tech Ctr. #3, Rocky Hill, CT 06067.

www.northhavenfuneral.com

The Totoket Historical Society

seeks quality donations for Holiday Bazaar

Our annual Holiday Bazaar will be held on Saturday, Nov.19 from 9 – 2 p.m. in the historic Reynolds-Beers House at 1740 Foxon Rd. in North Branford. The Totoket Historical Society is seeking quality donations such as small “attic treasures” and decorative items, costume jewelry, handmade articles, linens, baked goods, jams, pickles and condiments.

Donations for the sale can be dropped off on Wednesdays from 10 - noon at the Reynolds-Beers House. For large items or to arrange pick up, please call Bunny @ 203 484-4034.

All proceeds from the Bazaar will go towards expenses and maintenance of the buildings under the Society’s care: the Reynolds-Beers House, the Little Red School House, the Miller Barn and the Little White Gas Station.

The THS meets regularly on the fourth Monday of the month at the Reynolds-Beers House. Please join us! Not a member yet? Send an email to totokethistoricalsociety@gmail.com and someone will get back to you

Christmas Craft Fair – Tables Available

We are pleased to announce the St. Ambrose Christmas Craft Fair is back! The craft fair will take place on Saturday, December 3, 2022 from 9:00 AM to 3:00 PM at St. Monica Church, 1321 Middletown Ave., Northford.

The fair will feature handcrafted items by local artisans, a baked goods table, raffles, face painting and more. Come and enjoy!

Tables are still available. Call Lucille to rent a table at 203-484-9737 or the parish office for additional information 203-484-0403

Lasagna Dinner at NBCC

North Branford Congregational Church, 1680 Foxon Road Will hold a Lasagna Dinner on October 22 at 6:00 pm!Ticket prices are: Adults \$15 and children (under 12) \$12 For reservations call Diane Farley 203.467.7470

No later than October 16. Please join us for a delicious Fall dinner.

Military Whist Card Party

The Northford-North Branford Women’s Club GFWC is sponsoring a Military Whist Card Party on Friday, October 28th at Stanley T. Williams Community Center, 1332 Middletown Avenue, Northford, CT. Doors open at 5:30 pm and games start at 6:00 pm. Refreshments will be served. The theme for the Whist is Halloween. Wearing of costumes is encouraged (but optional)!! We are also collecting non-perishable food items for the Food Pantry. Anyone either wearing a costume or donating to the Food Pantry will receive a ticket towards our raffle. There will be plenty of beautiful gift baskets and other donated prizes. Proceeds benefit various charitable organizations in the local area. Entry is \$12.00/pp. You can either contact Elissa @ (203) 793-7180 to reserve your space or use our Venmo @ NorthfordWomens-Club

SAVE THE DATE!

All Souls Mass

Honoring all souls of our dearly departed loved ones

Wednesday, November 2nd



Please join Archbishop Blair at

All Saints Cemetery

700 Middletown Ave., North Haven, CT

Time: 10:00 AM

Location: Mausoleum

Office telephone: (203) 239-2557

NORTH BRANFORD PARKS AND RECREATION & SENIOR CENTER

NORTH BRANFORD PARKS, RECREATION, AND SENIOR CENTER

STW COMMUNITY CENTER - 1332 MIDDLETOWN AVE NORTHFORD

WWW.NBRECREATION.COM - CALL (203) 484-6017

FOLLOW US ON FACEBOOK! @NBPARKSANDRECREATION AND INSTAGRAM! @NBPARK.REC.SENIOR

TRUNK OR TREAT EXPRESS

A DRIVE-THRU TRICK OR TREAT EVENT - FREE

Drive-thru the STW/ Community Center parking lot and visit BOO-tifully decorated trunks in the comfort of your car. Register the treaters that will be in your vehicle at www.nbrecreation.com by 10/12

Saturday October 15
3:00 - 5:00pm RAIN OR SHINE

TRUNK DECORATORS WANTED!

Visit nbrecreation.com to register your vehicle!

Nightmare in North Branford
HAUNTED CINEMA
Join Nightmare in North Branford for our second annual event as we present a new nightmare sure to get your heart racing!!
OCTOBER 29TH 7:00PM
Totoket Valley Park 290 Forest Rd. Northford
\$25 pre-registration (per car)
\$30 at the door

Mary's Culinary Classes

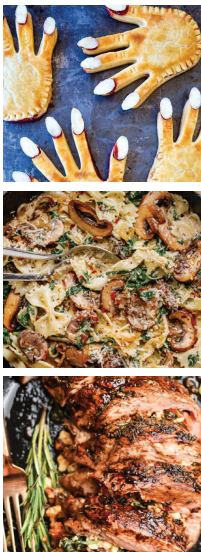
Join Mary Amter in this unique, hands on culinary experience that will engage children in creating delicious creations. They will explore, create, and learn basic cooking techniques!

Ages 5-14 at STW Community Center
Tuesday 5:30 - 7:30pm
Cost \$40 res/ \$45 non-res per class

OCTOBER 18, 2022
HALLOWEEN HAND PIES & GHOST CHOCOLATE
CHIP COOKIE OREO BROWNIE

NOVEMBER 1, 2022
GARLIC PARMESAN PASTA WITH SPINACH &
CANDY CORN WHITE CHOCOLATE CHIP COOKIES

NOVEMBER 15, 2022
MEDITERRANEAN STUFFED PORK TENDERLOIN &
TEEPEE BROWNIE TRIFLE



Kristin Cafferty Kid Art

Local artist and educator Kristin Cafferty brings beautiful, fun, one-lesson projects to ages 7 to 11.



STW Community Center Cost \$20 res/ \$20 non-res
October 20, 2022 5:00-6:15pm
One Point Perspective Trees
Learn foreshortening spatial strategies while creating a beautiful, forest scene.

SAFE BOATING Personal Watercraft Class

Oct 17th, 19th & 20th

A complete, basic, safe boating certification course taught in three evenings
6:00 - 9:00pm • STW Gym/Cafe • \$20/25

Those who successfully complete this course will receive a diploma which can be submitted to CT DEEP, along with the license fee (\$50), to obtain their CT license. This class can be taken by anyone 12 years or older. Anyone under 16 must be accompanied by an adult. (Must attend all 3 classes)

All students must bring their Conservation Identification number to the class. Student who have a fishing or hunting license will find the Conservation ID number on their license. Students who do not have a fishing or hunting license can create a free Conservation ID number at ct.aspirafocus.com/internetsales

OPERATION CARE KIT

For CT Air National Guard Service Members
Currently 150 Service Members are stationed overseas.
Let's come together as a community and provide care kits to these hometown heroes!

Some examples of items to purchase are personal care items, drink mixes, energy bars and other snack foods. A detailed list of items can be found on our website, social media, or can be found on our Amazon wish list. Please scan the QR code or type <https://a.co/j3harTU> into your browser.

We will be collecting donations until 10/31/22

Drop-off locations are:

STW Community Center
1332 Middletown Ave.
Northford

Atwater Library
1720 Foxon Rd.
North Branford

Smith Library
3 Old Post Rd.
Northford

Town Hall
909 Foxon Rd. North Branford

Country Paint and Hardware
2410 Foxon Rd. North Branford

— SENIOR CENTER —

JOURNEYING THROUGH GRIEF

Wednesdays 1:00—2:00pm STW Classroom FREE

Group facilitator: Bob Johnson

Join us here at the Community Center for a weekly bereavement program. This program is designed to help those who have lost a loved one and finding it difficult to cope with their loss. There is no charge for this program. Please register, visit nbrecreation.com or call the office (203) 484-6017

HISTORICAL SOCIETY MEET AND GREET

October 20, 1:00-2:00pm STW Senior Room

Don't miss this great opportunity to meet the board members from the Totoket Historical Society. Come enjoy a slideshow presentation and light refreshments. Register by 10/17

MEDICARE SEMINAR

October 18, 2022 1:00pm STW Senior Room

Medicare Made Clear - Don't Go Through It Alone

This Seminar is FREE, bring your questions and a friend to this Educational Seminar.

Register by 10/14

SENIOR CENTER ALZHEIMER'S EDUCATION

Join us at the Senior Center for an Alzheimer's and Dementia Awareness Series by Maria Tomasetti from the Alzheimer's Association Connecticut Chapter.

10 Warning Signs of Alzheimer's and Other Dementias

Alzheimer's and other dementias cause changes in memory, thinking and behavior that interfere with daily life. Join us to learn about 10 common warning signs and what to watch for in yourself and others.

October 27, 2022 1:00pm STW Senior Room

Register by 10/21

HALLOWEEN PARTY

Join us on October 31st after lunch for a Halloween party with special treats, paint mini pumpkins and a play a Halloween themed trivia game!

Please register by October 24th!

December 7, 2022

\$60res \$65nr

Departs 10:30am Returns 5:00pm

Join us for lunch at the Ivoryton Tavern at 11:30am and then enjoy the Winder Wonderettes at the Ivoryton Playhouse!



- Meal Options: \$20.00 per person (tax & tip) and includes coffee, tea, soft drink
- Stuffed portobello mushroom-stuffed with sauteed roasted red pepper, spinach, onion with blue crumble and a side salad all drizzled with balsamic glaze
 - Tuna melt on white bread with french fries
 - Chicken salad blt on a brioche roll with sweet potato fries
 - Soup & grilled cheese-Chicken vegetable soup with grilled american cheese on white with ham.

The Wonderettes are back! This seasonal celebration finds the girls entertaining at the annual Essex Hardware Holiday Party. When Santa turns up missing, the girls use their talent and creative ingenuity to save the holiday party! Featuring great '60s versions of holiday classics such as "Santa Claus Is Comin' to Town," "Jingle Bell Rock," "Run, Rudolph, Run," and "Winter Wonderland," the result is, of course, marvelous! This energetic and glittering holiday production is guaranteed to delight audiences of all ages. Register by November 30th
Proof of vaccination & ID or mask must be worn.

CLASSIFIED AD RATES

Personal, For Sale, Help Wanted, Tag Sale, and all non-business classified
1 issue \$9.00 2 issues \$12.00 3 issues \$15.00
20 words or less, not including phone #. \$.05 per word, per run, after 20 words
Lost and Found FREE
Business Classified Ads & Real Estate
3 issues \$35.00, 6 issues \$60.00, 12 issues \$100.00
\$.10 per word, per run, after 20 words
Payment MUST accompany all ads. The advertiser must notify this newspaper of any errors.
Send ad along with your check to:
Totoket Times P.O. Box 313 Northford, CT 06472
For more information call 203-410-4254

CONSTRUCTION SERVICES

Southern CT Restoration. Insurance restoration and general contracting services. New construction, remodeling, kitchens, baths, roofing, siding, windows, doors, decks and painting. Call 203-239-9600.

PLUMBING

John DiMaggio Plumbing - Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured. Call 203 - 627 - 6826. References available.

TREE SERVICES

 **Tree Service - A Better Cut, Tree Service** - Local, full service tree company - we provide tree removal and trimming, chipping, and grinding. Please call 203-945-1808 for a free estimate.

JUNK REMOVAL

Lowest Prices Around. Furniture, mattresses, appliances, shed removal, brush removal, pools, decks, playscapes, contruction debris etc. No job too small. Call 203-804-6373

TAG SALES

Evergreen Woods Outdoor Tag Sale and Vendor Fair
Evergreen Woods located at 88 Notch Hill Road in North Branford will host an Outdoor Tag Sale, Vendor Fair and Bake Sale on Saturday, October 15, 2022 from 9am to 2pm. There is something for everyone! All proceeds raised from our Tag Sale, Vendor Registration and Bake Sale will go directly to The Douglas Burger Sportsmanship Scholarship Foundation and The Yale New Haven Hospital Toy Closet! If you are an interested vendor please contact Jaclyn Pascale at 483.3231 or email jpascale@evergreen-woods.com

ESTATE SALE

Saturday, October 15, 9:00AM - 4:00PM. 18 Cricket Lane, Northford. Housewares, Tools & Furniture.

HELP WANTED

Assistant - Part Time. Super positive, energetic, creatively motivated: Help downsize, organize, light housework, errands, fill bird feeders, change litter box. Perfect job for a would be entrepreneur. Non smoker, integrity, affable, responsible and ethical. Please call 203-481-4524.
Food Service Perssonnel. North Branford Public Schools. Part Time, Monday thru Friday. Paid time off. Experience helpful. Apply online. (NB BOE).

ABSOLUTELY FREE

Free Whitfield Pellet Stove. Excellent Condition. Call 203-488-6316.
Free Electric Organ in Northford Electone Model B-12 SR Mediterranean Spanish, Antique Oak, Oil Finish.First purchased in early to mid 1970's and kept in family.Excellent condition, All features working. Great sound. .13 note pedal board, 44 note keyboards. 36"H x 45"L x 23"W ; approx 145 lbs. Please call 860-301-1408 to schedule pick up.

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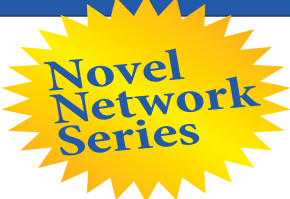
330 Notch Hill Road, North Branford
(203) 481-3217

238 Elm Street, West Haven
(203) 933-1217

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UPCOMING:
WENDY WALKER
IN PERSON AT EDWARD SMITH LIBRARY
DECEMBER 10, 2022, 12-1 PM
- FEATURED BOOK:
ALL IS NOT FORGOTTEN
KAREN WHITE • VIA ZOOM
JANUARY 17, 2023, 8 PM
- FEATURED BOOK:
THE HOUSE ON TRADD STREET
Stream from home or view the livestream in Atwater Memorial Library's Community Room

MANY THANKS TO OUR AUGUST SPEAKER, MARK SULLIVAN, AUTHOR OF BENEATH A SCARLET SKY



Kate Quinn

FREE, VIA ZOOM
WEDNESDAY, OCTOBER 19, 2022
6:30-7 PM
FEATURED BOOK: THE DIAMOND EYE

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