



Totoket Times

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Volume 28 No 21, May 6, 2022

NORTH BRANFORD

MEMORIAL DAY PARADE - 2022

The Memorial Day Parade will be held on Monday, **May 30, 2022 at 10:00 a.m.** in the Northford section of town. The Veterans of North Branford/Northford extend an invitation to everyone who wishes to march on that day. The groups will form at St. Monica's Church on Middletown Avenue, Northford at 9:00 a.m. The parade line will start at 9:30 a.m. and step off down Route 17 at 10:00 a.m. **sharp.**

Any and all Veterans are encouraged to participate. Transportation is available upon request.

As a new tradition, this year, residents are invited to march while carrying a picture of a departed service member they wish to be remembered.

The parade line will proceed north on Route 17/Middletown Avenue to the monument at the Northford Village Green. All are invited to the Company 2 Fire House immediately following the parade for refreshments.

Interested groups contact **Kathy Poston at the Parks, Recreation and Senior Center**, seniorcenter@townofnorthbranfordct.com or 203-484-6017 with your information. This is necessary to be included in the parade lineup.

RSVP no later than Friday, May 13, 2022. We look forward to another successful parade.



Honor our Military with a Flag

The Northford-North Branford Women's Club, GFWC is sponsoring Honor Them with a Flag, a salute to our country's military personnel and veterans. The public is invited to participate by purchasing a U.S. flag dedicated to a member of our military or anyone else close to your heart. The flags will go on display on the front lawn at the North Branford Town Hall from Flag Day, June 14th to July 4th. Each flag, 12" x 18", will have a white ribbon attached to it inscribed with the name and rank of the soldier or loved one. Information about a ceremony will be published shortly. Flags will be available for collection for one week after July 4th from the lawn of the North Branford Town Hall. Proceeds will benefit local veterans' projects. To order, fill out a form and mail a check made out to the Northford Women's Club for \$10 per flag to: The Northford-North Branford Women's Club, P.O. Box 264, Northford, CT 06472. Information is also available online at www.northfordwomensclub.org. There is no limit on purchases, but all forms must be received by June 10th. For more information, contact Mary Ellen Collett at 203-484-9079.

Say Hello to the Locals

Another great opportunity to enjoy this beautiful May weather by getting out and picking up the May 22nd issue of your Totoket Times. Visit one of our local merchants or our website at totokettimes.com.



North Branford

North Branford Post Office, Patco Service Station
Cumberland Farms, Atwater Library, Hair Designs
MT Cobbler, Good Vibes Nutrition, Town Hall
North Branford Barbershop

Northford

Northford Post Office, Patco Service Station
Smith Library, NB Recreation Department

**The Tractor Pulls are back
at the Augur Farm.
Come on Down!
Weigh in at 8:00 AM
Pulling Starts at 9:00 AM**



Please fill out the following information
and make a check payable to the
Northford Women's Club.

Mail to Northford-North Branford Women's Club,
P.O. Box 264, Northford, CT 06472

Deadline: Friday, June 10, 2022

Name and Rank: _____
(As you would like it to appear on the flag's ribbon—please print)
Service Branch: _____
Dates of Service: _____
Name of Purchaser: _____
Address: _____
Phone: _____ Email: _____
Number of Flags: ____ x \$10 per flag = Total Donation: _____
Photocopies or similar copies of this form are acceptable.

Deadline	Publication Date
May 13	May 20
May 27	June 3
June 10	June 17
June 24	July 1
July 8	July 15
July 22	July 29
August 5	August 12
August 19	August 26

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To the Residents of North Branford and Northford

I would like to take this opportunity to thank you for your support during my years as Judge of Probate. It has truly been a privilege and an honor to serve you as Probate Judge.

After thirty-two years as Probate Judge I have decided that it is time for me to retire. I will not be seeking re-election during this fall's election cycle.

Having lived in Branford and North Branford for my entire life, I have come to know a great many of you. I have been fortunate to have met

many of your families and have always endeavored to provide you with compassion and guidance during some of your most difficult and challenging times.

As I enter the next phase of my life, please know that the impact which you have had upon me has been immeasurable.

Thank you from the bottom of my heart for allowing me to serve as your Probate Judge.

Sincerely
Frank J. Forgione

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SOLD in Branford

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State Representative Vincent Candelora

Will Cheers for Climate Change Legislation Turn to Jeers?



On the last Friday of the 2022 legislative session, a bit of spontaneous applause broke out in the House of Representatives chamber after *An Act Concerning the Connecticut Clean Air Act* passed along party lines.

The massive Frankenstein-of-a-bill (S.B. 4) was a significant plank in the agenda of the General Assembly's majority Democrats who are intent on tackling what they consider the

most serious threat to the people for whom they serve in Hartford.

Forget about the increasingly unsustainable cost of living here in Connecticut, the crunch at the gas pump, or the staggering inflation crisis.

Their bill, well-intentioned as it may be, will make our state less affordable than it already is for taxpayers to live and run a business. Basic math says that the cost of requiring the entirety of the state's fleet of (at least) 3,600 cars and light-duty trucks to be battery-electric by 2030 would make a lottery winner blush—maybe in the neighborhood of \$140 million. Mandating charging stations at new state buildings and local school construction projects will cost a mint, too. A requirement that school buses go zero-emission comes with a grant program for the buses and related charging equipment, but the financial burden of storage infrastructure and maintenance could stress taxpayers and pressure privately-owned bus companies. These items are the tip of the iceberg.

By expanding a state rebate/voucher program for the consumer purchase of electric vehicles, prioritizing lower income residents, the bill takes a much-needed step toward providing equity in a car market that's out of reach of most residents. While it's among the aspects of the Connecticut Clean Air Act that I support, such concepts are overshadowed by its more controversial provisions—chief among them, authorizing the state's Energy and Environmental Protection commissioner to adopt California's medium- and heavy-duty vehicle emissions standards. This will require business here that use these vehicles—a box truck, for example—to purchase new ones in order to comply with the standards triggering an estimated \$1.6 billion in incremental costs to the state's trucking industry over 11 years. It's a tough pill to swallow for an industry that already faces cost increases through a new highway use tax that starts next year. But as a legislator, the part that irks me most about adopting those standards—and it should bother you too—is that we're tied to California. Here's the Reader's Digest version: If our commissioner adopts those Golden State regulations, as she's widely expected to do, whenever California regulators change their standards our commissioner will be obligated to submit them—unedited—to a small panel of Connecticut lawmakers for approval.

In other words, we're ceding our authority to decide what's best for our state to unelected officials 3,000 miles away.

You can visit my web site (www.repcandelora.com) to view the thoughts I shared about this bill just before the vote that afternoon, and while some of my Democratic colleagues capped the debate with that bit of applause shortly thereafter, I have little doubt it will eventually generate jeers from residents when they feel its impact.

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Let's Be "Frank"

Well brother, another circle of life has been completed. In 1963 SueAnn and I received first Holy Communion at St. Anthony Church, in New Haven. In 1988, my first born (Erica) made her Sacrament in St. Anthony's as well. Gina and Frankie followed. On Sunday the circle was complete as John Bozzuto IV (Erica's) first born followed suit at St Anthony.

My buttons were popping (no pun intended), the whole day. Frankie and Ana came up from Florida to see their nephew reach this milestone in his life. The entire family was together (a less common event now that Frankie's voyage in life has taken him to Miami.

I was honored to sing in church (with my partner of fifty years) for this event. It's something I had done for many family members. I have always claimed super strength by putting my emotions behind me whenever I had to sing. I have done funerals of loved ones, Erica and Frankie's weddings, as well as all my children's First Holy Communions without shedding a tear.

But for some reason this one got to me. As I watched my first born grandson follow in the footsteps of his mom, his aunt, uncle and grandmother, singing the communion hymn became troublesome. Tears welled up and my voice quivered a little. I soon recovered but it wasn't easy.

Mom would have been proud. For her to see Johnnie as part of a program she taught at for so long, it was an emotional event. I only hope the diocese doesn't continue with their "progressiveness" and further diminish or eliminate the strength and closeness of our parish family which has been cultivated for more than one hundred years.

Speaking of mom, this would have been her month, celebrating her birthday and Mother's Day. She too was so happy when the entire family was together. The older I get the more important family becomes. Like mom, my wife has no desire to go to a restaurant for Mother's Day. She is content to stay home with the family and relax in the not so peaceful, not so quiet of her own home.

It's funny. I remember when we were kids we use to sing that song to mom. "I want a girl just like the girl that married dear old dad".

Well I did. I followed the suggestion of that song to perfection. A wife who has run the family household for more than forty years, giving totally of herself with no desire for recognition. Just the happiness that her family was well taken care of and her children were all happy and content, even in their adult life.

So I take this opportunity to wish my wife a Happy Mother's Day. Can you do the same for our mom.

Take care and I'll see you soon.

"Security Systems are best when installed by a professional not the internet"



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355 Sackett Point Rd North Haven, CT 06473

Did you know:

The average person walks the equivalent of 5 laps around the world during their lifetime!

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The publisher assumes no responsibility for typographical errors. In the event of an error, the publisher will issue a credit adjustment on only the incorrect portion of the advertisement, as well as a retraction in the next issue.

Letters to the editor...

This paper encourages all readers to voice their opinions and comments.

The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.

All letters must be signed. A telephone number should be included and no personal attacks.

This paper reserves the right to edit all letters.

All letters should be addressed to :

The Editor

PO. Box 313, Northford, CT 06472



For The Health of it!

Water Intake: Are You a Desert or an Oasis?



When you think about taking control of your health, does increasing water intake come to mind? For most people it does not. The importance of staying hydrated is a component of health that just doesn't get enough love! While it's true that desert vegetation like cacti, succulents, shrubs, and wildflowers can survive and thrive with little to no water, the same is not true of the cells, tissues, and organs of the human body. We need water to survive and thrive. *But don't take my word for it.* I've consulted with health and fitness professionals

both near and far to get their take on this often neglected nutrient.

To start, Donna Criscenzo, MD, Medical Director at VNA Community Healthcare & Hospice shares, "Besides the fact that every weight loss plan I've ever studied includes lots of water as a main ingredient, I find that 6+ glasses per day just makes me feel better! And, so much 'hunger' is really 'thirst'."

Paul Heeron, DC, of Heeron Family Chiropractic, Guilford offers this food for thought: "Think about what happens to your plants if you don't take the time to water them properly. They will shrivel up and die. The same is true of our cells. Simply speaking, we need water to live."

To stress the importance of getting enough water, Tania Gustafson, Nutritionist, Fitness Professional, and owner of FIT NUTRITION, Kelowna, British Columbia, always gives her clients the following advice: "Water, water, water! All of our organs and bodily systems need water to function and if we are a quart low, things are not going to be working very well." Caring for the body is much like caring for our car, as Tania illustrates in this analogy. "Our car drives us around town, and our body drives us through life. We always keep the fluids topped off in our car, gas, oil, transmission fluid; because we know if we don't, eventually the car isn't going to run very well and will break down. It will be hard on the vehicle and cost a lot of money to repair. The same is true of the body, if we don't keep it hydrated and lubricated and keep things flushing and flowing, it's going to break down."

Struggling with getting enough water in? Fitness Professional and fellow Nutrition Coach, Joni Bennett of Raymond Washington reminds clients that drinking enough water helps to flush out toxins. "We may not like to think of it that way but we are full of toxins that need to be released. So the possibility of added trips to the bathroom is actually a good thing. You are releasing toxins." On a personal note, Joni finds that grabbing for some ice cold water rather than coffee and caffeinated beverages helps to restore energy. "Always carry water with you. Get a favorite cup or water bottle and take it with you everywhere you go!" Joni says.

Nutritionist Dawn Mertzler McGee, owner of Nutrition Evangelist, Boston MA. cautions against summertime dehydration as well as confusing thirst for hunger. "As we go into the summer season people often underestimate even more so, how much water is needed. Increased outdoor activities, heat, humidity and sweating cause us to lose water that needs to be replenished." If you don't like the taste of plain water, Dawn recommends enhancing the flavor without it being sugary by adding herbs and fruit infusion. Her second tip brings up the common mistake of confusing thirst with hunger. "Sometimes when you feel hungry, you're actually thirsty. Have a sip or two of water and always have a water bottle with you so instead of mindlessly grabbing for food, you are sure to be staying well hydrated."

When it comes to hydration and exercise, Stephanie Sharp Ward, Nutritionist, and owner of three gyms, Train.Strong.Fit, based in Mechanicsville, VA. has this to say: "Drinking enough water is critical before, during, and after exercise. During an hour of exercise it is possible to lose more than ¼ of the body's water through sweat. Dehydration can lead to muscle fatigue and loss of coordination. An inadequate supply of water can lead to lack of energy and muscle cramps. Lean muscle tissue contains more than 75% water so being short on water, muscles and the body in general can be more easily fatigued. Being hydrated really helps!"

So there you have it; water does a body good. Treat yours well and provide it with an internal environment that will contribute to better health. Be an oasis!

I am grateful to have the support of the wonderful health and fitness professionals who contributed to this topic! They are the tribe who help me keep my health in check. We collaborate regularly and cheer each other on. The support of a community is another important component to health so make sure you have someone who can do the same for you.

Matt in the Minors



Two weeks flew by this time around. We've been busy with a week long road trip and getting back into the rhythm of things at home after being away.

We just came back from Cedar Rapids, Iowa, where the Minnesota Twins High A affiliate resides. There are a few things in Cedar Rapids that sparked my attention. A hockey rink and a Quaker Oats factory. Other than that, it was agriculture as far as the eye can see.

We won five games two weeks ago against the Dodgers affiliate and then lost 5 during the week against the Twins. That's baseball though. Between the two series there were 6 walk off wins. To be honest, nothing beats competitive games. Even if you lose some along the way.

This year they have us in apartments rather than hotels and it is working wonders for team chemistry. We can cook, clean, and collaborate

at home with 3 other guys under the same roof, as well as many others in other rooms.

We live about 20 minutes away from our facility so we have to carpool every day. I am fortunate enough to have my car this year and it's been a big improvement to be able to go grocery shopping and explore more things at a further distance than last year.

Matt Chamberlain

Mother's Day Prayer to Mary, our Mother

Mary,
Mother of God
and our Mother,
pray for all mothers,
so that they will be able
to fulfill their maternal responsibilities.
Help them to be lovers and nurturers of
all human life from the moment of conception
until natural death, all the while being examples
for their own children.
Pray for their children,
so that they, too,
will be faithful followers of your Son.
We pray for our mothers,
who have given us life and love,
that we may show them
reverence and love.
We pray for mothers,
who have lost a child
through death,
that their faith
may give them hope
and their family and friend,
support and console them.
We pray for mothers
who have died,
that God may bring them
into the joy of His kingdom
We offer these prayers
through Christ, our Lord
and your Son,
in union with the Holy Spirit,
one God forever and ever.
Amen



Who's in your tribe? Tell me at joann@wellnessfusion.net. Also, you are welcome to reach out for more tips on how to stay hydrated. Remember, this monthly column is here for you, for the health of it!

JoAnn Begley is a health enthusiast and Certified Nutrition Coach who has practiced and taught holistic therapies for more than 20 years. She and her husband Jerry have two children and live in North Branford.

TOWN OF NORTH BRANFORD
BUDGET PRESENTATION for 2022-23 FISCAL YEAR

Shall the Town Council Recommended Budget of \$58,704,902, which will require a mill rate of 33.23 mills, be adopted?

2019-20 ACTUAL	2020-21 ACTUAL	2021-22 BUDGET	@ 1/31/22 ACTUAL	2021-2022 PROJECTED	DESCRIPTION	2022-2023 DEPARTMENT REQUEST	2022-2023 MANAGER PROPOSED	2022-2023 COUNCIL RECOMMENDED
\$42,435,820	\$43,249,743	\$44,104,603	\$41,067,801	\$44,946,215	PROPERTY TAXES	\$46,446,277	\$46,404,276	\$45,057,956
\$263,404	\$376,820	\$204,100	\$166,847	\$225,800	FEES	\$229,100	\$229,100	\$229,100
\$137,027	\$250,255	\$115,000	\$145,014	\$195,000	OTHER TAXES	\$115,000	\$115,000	\$115,000
\$1,506,637	\$1,515,836	\$1,495,100	\$1,468,930	\$1,492,729	PAYMENTS IN LIEU OF TAXES	\$1,529,549	\$1,529,549	\$1,494,089
\$590,866	\$67,225	\$150,000	\$25,624	\$70,000	INVESTMENT INCOME	\$100,000	\$100,000	\$100,000
\$237,624	\$341,657	\$213,275	\$173,949	\$301,215	LICENSES & PERMITS	\$234,375	\$234,375	\$234,375
\$133,131	\$161,348	\$119,315	\$86,775	\$119,615	CURRENT SERVICES	\$122,370	\$122,370	\$122,370
\$19,543	\$19,676	\$20,104	\$19,157	\$20,001	STATE GRANTS- TAXES	\$23,687	\$23,687	\$23,687
\$7,457,163	\$7,330,714	\$7,331,325	\$3,665,662	\$7,330,714	STATE GRANTS - EDUCATION	\$7,331,325	\$7,331,325	\$7,331,325
\$157,707	\$157,134	\$155,678	\$155,283	\$156,400	STATE GRANTS - OTHER	\$766,990	\$766,990	\$766,990
\$49,547	\$39,646	\$41,500	\$7,419	\$25,500	USE OR SALE OF ASSETS	\$41,500	\$41,500	\$41,500
\$206,798	\$485,712	\$59,070	\$38,766	\$51,379	MISCELLANEOUS REVENUES	\$58,870	\$58,870	\$58,870
\$0	\$0	\$800,000	\$0	\$0	SURPLUS APPROPRIATED	\$600,000	\$600,000	\$800,000
\$13,338	\$0	\$0	\$0	\$0	FEDERAL GRANTS	\$0	\$0	\$0
\$63,798	\$62,579	\$61,360	\$0	\$61,360	OPERATING TRANSFERS IN	\$32,000	\$32,000	\$32,000
<u>\$53,272,403</u>	<u>\$54,058,344</u>	<u>\$54,870,430</u>	<u>\$47,021,226</u>	<u>\$54,995,928</u>	<u>SUB TOTAL REVENUE</u>	<u>\$57,631,043</u>	<u>\$57,589,042</u>	<u>\$56,407,262</u>
\$0	\$0	\$150,000	\$0	\$150,000	FUND BALANCE CAPITAL APPROPRIATIONS	\$0	\$0	\$2,297,640
\$0	\$0	\$0	\$0	\$0	FUND BALANCE BOE APPROPRIATIONS	\$0	\$0	\$0
<u>\$53,272,403</u>	<u>\$54,058,344</u>	<u>\$55,020,430</u>	<u>\$47,021,226</u>	<u>\$55,145,928</u>	<u>TOTAL REVENUE</u>	<u>\$57,631,043</u>	<u>\$57,589,042</u>	<u>\$58,704,902</u>
\$65,176	\$74,712	\$81,349	\$72,741	\$93,304	MAYOR & COUNCIL	\$90,426	\$90,426	\$90,426
\$100	\$58	\$100	\$75	\$100	WATER POLLUTION CONTROL AUTH.	\$100	\$100	\$100
\$229,260	\$232,739	\$259,004	\$140,970	\$252,194	TOWN MANAGER	\$260,502	\$260,502	\$290,502
\$332,458	\$336,422	\$360,837	\$211,855	\$356,973	FINANCE	\$367,321	\$367,321	\$367,321
\$162,139	\$163,865	\$180,637	\$102,594	\$182,183	TAX COLLECTOR	\$186,254	\$186,254	\$188,330
\$168,421	\$178,774	\$192,936	\$122,573	\$196,473	ASSESSOR	\$197,752	\$197,752	\$197,752
\$1,500	\$1,537	\$1,600	\$0	\$1,600	BOARD OF ASSESSMENT APPEALS	\$1,600	\$1,600	\$1,600
\$279,014	\$293,444	\$312,242	\$189,190	\$306,271	CENTRAL SERVICES	\$328,975	\$326,475	\$326,475
\$186,139	\$189,714	\$226,159	\$128,075	\$217,744	TOWN CLERK	\$233,961	\$233,961	\$233,961
\$33,068	\$63,316	\$63,608	\$24,944	\$62,023	ELECTIONS	\$68,094	\$68,094	\$68,094
\$95,587	\$132,621	\$130,100	\$98,818	\$130,000	TOWN ATTORNEY	\$125,100	\$105,100	\$105,100
\$0	\$1,790	\$4,549	\$2,638	\$5,073	PERMANENT PROJECT BUILDING COMM.	\$5,174	\$5,174	\$5,174
\$50,706	\$85,678	\$57,510	\$62,077	\$81,500	TECHNOLOGY	\$112,188	\$112,188	\$112,188
\$0	\$0	\$0	\$0	\$0	ETHICS COMMISSION	\$0	\$0	\$0
\$1,603,569	\$1,754,670	\$1,870,631	\$1,156,550	\$1,885,437	TOTAL GENERAL GOVERNMENT	\$1,977,447	\$1,954,947	\$1,987,023
\$3,460,406	\$3,694,580	\$3,942,948	\$2,229,034	\$3,932,749	POLICE	\$4,211,865	\$4,211,865	\$4,211,865
\$773,846	\$893,078	\$924,074	\$613,035	\$926,220	FIRE	\$922,435	\$922,435	\$922,435
\$0	\$0	\$175,000	\$0	\$0	AMBULANCE	\$150,000	\$150,000	\$450,000
\$257,615	\$259,073	\$260,726	\$260,000	\$260,000	FIRE HYDRANTS	\$262,406	\$262,406	\$262,406
\$546,686	\$548,212	\$631,162	\$383,407	\$626,467	COMMUNICATIONS	\$660,962	\$660,962	\$660,962
\$25,852	\$12,022	\$23,196	\$21,048	\$24,576	EMERGENCY MANAGEMENT	\$23,707	\$23,707	\$23,707
\$117,216	\$149,491	\$131,029	\$130,921	\$152,169	ANIMAL CONTROL	\$155,216	\$155,216	\$155,216
\$5,181,622	\$5,556,457	\$6,088,135	\$3,637,446	\$5,922,181	TOTAL PUBLIC SAFETY	\$6,386,591	\$6,386,591	\$6,686,591
\$1,005,311	\$1,069,825	\$1,429,400	\$1,252,252	\$1,342,000	REFUSE REMOVAL	\$1,378,750	\$1,378,750	\$1,378,750
\$2,007,798	\$2,213,077	\$2,399,994	\$1,342,035	\$2,411,123	PUBLIC WORKS	\$2,575,175	\$2,570,175	\$2,561,715
\$114,590	\$109,791	\$115,873	\$54,139	\$110,000	STREET LIGHTING	\$115,873	\$115,873	\$115,873
\$3,127,699	\$3,392,692	\$3,945,267	\$2,648,426	\$3,863,123	TOTAL PUBLIC WORKS	\$4,069,798	\$4,064,798	\$4,056,338
\$475,137	\$498,564	\$688,156	\$331,584	\$660,649	COMMUNITY CENTER	\$742,434	\$728,213	\$732,585
\$1,778	\$5,489	\$9,750	\$500	\$8,250	PUBLIC CELEBRATIONS	\$9,750	\$9,750	\$9,750
\$28,500	\$28,500	\$29,700	\$29,700	\$28,500	ELDERLY HOUSING	\$29,700	\$29,700	\$29,700
\$1,071	\$0	\$1,500	\$0	\$0	REYNOLDS/BEERS HOUSE	\$1,500	\$1,500	\$1,500
\$744,471	\$765,784	\$785,947	\$448,253	\$781,655	LIBRARY	\$821,091	\$821,091	\$853,902
\$1,250,957	\$1,298,338	\$1,515,053	\$810,037	\$1,479,054	TOTAL CULTURE & RECREATION	\$1,604,475	\$1,590,254	\$1,627,437
\$127,970	\$133,692	\$168,762	\$168,762	\$168,762	HEALTH	\$172,637	\$172,637	\$172,637
\$0	\$0	\$0	\$0	\$0	HUMAN RELATIONS	\$0	\$0	\$0
\$71,425	\$76,293	\$98,800	\$54,265	\$96,015	SOCIAL SERVICES	\$104,133	\$104,133	\$104,373
\$5,000	\$6,032	\$6,000	\$0	\$6,000	PROBATE COURT	\$6,250	\$6,250	\$6,250
\$18,772	\$21,840	\$31,415	\$19,627	\$31,310	HAZARDOUS WASTE/RECYCLING	\$32,665	\$32,665	\$32,665
\$223,166	\$237,857	\$304,977	\$242,654	\$302,087	TOTAL HEALTH & WELFARE	\$315,685	\$315,685	\$315,925
\$106,649	\$96,687	\$116,670	\$50,230	\$115,630	PLANNING DEPARTMENT	\$122,380	\$122,380	\$122,380
\$24,729	\$40,567	\$47,253	\$8,587	\$17,090	PLANNING & ZONING COMMISSION	\$48,199	\$47,919	\$47,919
\$1,854	\$773	\$2,417	\$953	\$1,300	ZONING BOARD OF APPEALS	\$2,467	\$2,467	\$2,467
\$38,398	\$34,512	\$44,652	\$22,784	\$42,941	ECONOMIC DEVELOPMENT COMM.	\$52,586	\$52,586	\$52,586
\$100,036	\$103,931	\$110,707	\$55,472	\$107,864	ENGINEERING	\$107,025	\$107,025	\$107,025
\$3,455	\$3,724	\$4,112	\$3,382	\$4,070	CONSERVATION & INLAND WETLANDS	\$4,612	\$4,612	\$4,612
\$0	\$0	\$100	\$0	\$100	BEAUTIFICATION	\$0	\$0	\$0
\$0	\$0	\$0	\$0	\$0	LAND PRESERVATION	\$0	\$0	\$0
\$0	\$0	\$1,527	\$675	\$1,000	AGRICULTURE COMMISSION	\$1,527	\$1,527	\$1,527
\$134,278	\$137,383	\$192,355	\$92,708	\$180,210	BUILDING DEPARTMENT	\$204,373	\$204,373	\$204,373
\$409,399	\$417,577	\$519,793	\$234,791	\$470,205	TOTAL DEVELOPMENT/CONSERVATION	\$543,169	\$542,889	\$542,889
\$51,928	\$0	\$354,437	\$40,523	\$300,000	RESERVE FOR CONTINGENCY	\$345,000	\$345,000	\$310,000
\$246,046	\$256,766	\$313,686	\$309,066	\$347,028	PROPERTY & CASUALTY INSURANCE	\$355,267	\$355,267	\$355,267
\$2,286,836	\$2,596,213	\$2,678,753	\$1,755,026	\$2,608,059	EMPLOYEE BENEFITS	\$2,762,599	\$2,762,599	\$2,776,740
\$2,584,810	\$2,852,979	\$3,346,876	\$2,104,615	\$3,255,087	TOTAL BENEFITS, INSURANCE & OTHER	\$3,462,866	\$3,462,866	\$3,442,007
<u>\$3,198,359</u>	<u>\$1,883,380</u>	<u>\$5,365</u>	<u>\$0</u>	<u>\$898,365</u>	<u>OPERATING TRANSFERS OUT</u>	<u>\$55,000</u>	<u>\$55,000</u>	<u>\$55,000</u>
\$17,579,581	\$17,393,949	\$17,596,097	\$10,834,519	\$18,075,539	TOWN GOVERNMENT OPERATIONS	\$18,415,031	\$18,373,030	\$18,713,210
\$31,479,511	\$31,911,479	\$32,435,714	\$16,766,912	\$32,435,714	BOARD OF EDUCATION	\$33,937,674	\$33,937,674	\$32,735,714
\$304,235	\$0	\$1,133,000	\$0	\$390,000	CAPITAL OUTLAY	\$1,502,000	\$1,502,000	\$1,182,000
<u>\$3,903,852</u>	<u>\$3,750,499</u>	<u>\$3,705,619</u>	<u>\$3,487,695</u>	<u>\$3,729,989</u>	<u>DEBT SERVICE</u>	<u>\$3,776,338</u>	<u>\$3,776,338</u>	<u>\$3,776,338</u>
\$53,267,179	\$53,055,927	\$54,870,430	\$31,089,126	\$54,631,242	SUB TOTAL APPROPRIATIONS	\$57,631,043	\$57,589,042	\$56,407,262
\$0	\$0	\$150,000	\$0	\$0	TOTAL FUND BALANCE CAPITAL APPROPRIATIONS	\$0	\$0	\$2,297,640
\$0	\$0	\$0	\$0	\$0	TOTAL FUND BALANCE OPEB APPROPRIATION	\$0	\$0	\$0
<u>\$53,267,179</u>	<u>\$53,055,927</u>	<u>\$55,020,430</u>	<u>\$31,089,126</u>	<u>\$54,631,242</u>	<u>TOTAL APPROPRIATIONS</u>	<u>\$57,631,043</u>	<u>\$57,589,042</u>	<u>\$58,704,902</u>

Recycling News

If you missed the Bulky Waste pickup you can post useful items on the Facebook page: [North Branford & Northford Free Items](#).

There is also [Freecycle.org](#) in East Haven or New Haven.

You can look up your item in the **New Haven Downsizing Donation Guide**. It lists multiple organizations that want your stuff! Just Google 'New Haven Downsizing Donation Guide'.

Can I recycle it?

Connecticut has a website to help with recycling questions: www.recyclect.com.

They also have an app.

Hazwaste Central is opening Saturday May 21st.

The Regional Water Authorities' HazWaste Central will be open on Saturdays starting on May 21st through October 29th. They are closed on the weekends of Memorial Day, July 4th and Labor Day.

HazWaste Central helps area residents in member towns protect water quality by safely disposing of household wastes. Located at RWA at 90 Sargent Drive in New Haven, HazWaste Central is open from 9 a.m. until noon on Saturdays only. Household hazardous waste comes from everyday products used in the home, garage, yard or garden.

A visit to HazWaste Central is quick and easy. Participants never have to leave their cars, and the waste is off-loaded by professionals. Some of the household wastes that can be dropped off include aerosol cleaners and sprays, antifreeze, oil-based paint and pool chemicals. We also list some of the accepted items on your green trash information card.

Please visit <https://www.rwater.com/in-the-community/hazwaste-central> for a complete list of what is accepted along with the online registration form. You can also call 203-401-2712 or email ask.hazwaste@rwater.com.

Life Span of Litter

- Aluminum Can – 200-500 years
- Batteries – 100 years
- Cardboard Box – 4 weeks
- Cigarette Butt – up to 10 years
- Cotton Rag – 1-5 months
- Disposable Diapers – 500-600 years
- Glass Bottle – 1 Million years
- Leather – up to 50 years
- Lumber – 10-50 years
- Monofilament Fishing Line – 800 years
- Milk Cartons (plastic coated) – 5 years
- Nylon Fabric – 30-40 years
- Orange Peel – 2-5 weeks
- Paper – 2-5 months
- Plastic Film Container – 20-30 years
- Painted Wooded Stake – 13 years
- Plastic 6 Pack Cover – 450 years
- Plastic Bag – up to 500 years
- Plastic Soda Bottles – Forever
- Rope – 3-14 months
- Rubber Boot Sole – 50-80 years
- Styrofoam – more than 5,000 years
- Tin Cans – 50-100 years
- Tin Foil – it does not biodegrade
- Wool Clothing – 1-5 years

For more information about recycling in North Branford you can check out North Branford's Recycling Committee's website: townofnorthbranfordct.com/government/boards-commissions/hazardous-wasterecycling-committee.aspx or our Facebook page: North Branford CT Hazardous Waste & Recycling Committee Thank You for Your Participation



MAMA BASTA

531 FOREST ROAD, NORTHFORD, CT

LUNCH SPECIALS

AVAILABLE 11AM TO 3PM

WED

MEATBALL PARM SUB

THURS

CHICKEN PARM SUB

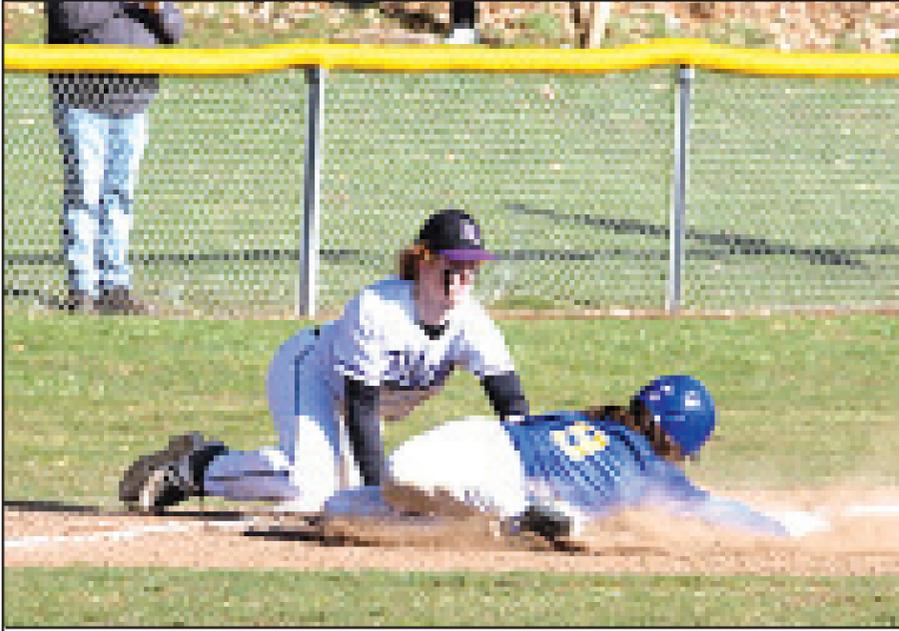
FRI

TACO SPECIAL

TAKE HOME PREPARED MEALS FROM 11AM TO 6PM

NBHS baseball turning it around after a slow start!

After a 2-4 start, the T-Birds have turned it around going 5-2 to improve their record to 7-6. Sickness and injuries depleted some of the upperclassmen players but with a "last man up" attitude coach Mithcell has gotten key paly from three freshman and two sophomores to compliment the leadership of some of the others as they compete for another successful season.



Junior Cam Garrett has been the ace of the staff with a 3-0 record. He has also done great at the hot corner and is swinging a potent bat.



Junior Ben Stegina patrols center field and also helps out on the mound with home relief appearances.



Senior captain Ryan Michonski sets the tone as the leadoff batter and is a wall behind the dish throwing out close to a dozen runners attempting to steal.

Baseball photos courtesy of Dina Falcioni.



Unified Sports Recognitions

Recently, two NBHS students and a staff member were recognized during the annual CIAC & Unified Sports Banquet held in Southington at the Aqua Turf. Unified Sports are sponsored by many schools throughout the state of Connecticut and work in collaboration with the CIAC and The Special Olympics. The Unified Sports programs partner students and teams allowing students to participate in school based events during the school year and to compete against other Unified Sports teams from neighboring schools.

NBHS Juniors Alexander Huisman (pictured left) and Cecilia D'Amico (pictured right) attended the festive ceremony with their families and school administrators.



NBHS Coach Diane Artaiz (pictured below) was also on hand and was recognized for her 15 years of dedicated service in the role of Unified Sports Coach.

Photos and information courtesy of NBHS Principal Todd Stoeffler

Congratulations Seniors & NBIS 8th Graders

Class of 2022
 Let's Celebrate our Seniors & 8th Graders with Balloons!
 NBHS Girls Soccer, NBHS Touchdown Club & NBIS PTO is sponsoring
 Balloons for NBHS Seniors and NBIS 8th Grade Graduates
Purple for Seniors ~ White for 8th graders

Purchase congratulatory 17" Mylar Balloons for your special student(s)!
Balloons are \$5.00 each

Order Deadline is June 1st: (First come first serve)
NOTE: Balloons will NOT be delivered this year. Balloon pick will be June 9th at NBHS Cafeteria. You will receive a detailed email about balloon pick-up.

Please print clearly: Please use additional forms for multiple balloon orders.
 Sender's Name: _____
 Sender's Email: _____@_____ Phone: (____) _____
NOTE: Please include the students information in the "To" area, and your message in the "From" area. These will be included with the balloons.

To: Student Name: _____ Grade: <input type="checkbox"/> Senior <input type="checkbox"/> 8th Grade Address: _____ Phone: (____) _____ # of balloons _____	Message: From:
---	-------------------------------

To: Student Name: _____ Grade: <input type="checkbox"/> Senior <input type="checkbox"/> 8th Grade Address: _____ Phone: (____) _____ # of balloons _____	Message: From:
---	-------------------------------

Total balloons ordered: _____ Total Included: (# of balloons x \$5.00ea. \$ _____)
Checks payable to: NBHS Touchdown Club Venmo @NBIS-PTO (please put students name/ balloons)

Mail Payment to: NB Touchdown Club, PO Box 47, North Branford, CT. 06471
 Questions? Email daleizzo8@gmail.com or vincentcandelora@comcast.net

NBHS Girls Softball From the Lens of Dina Falcioni



Sophomore pitcher Kiley Mullins



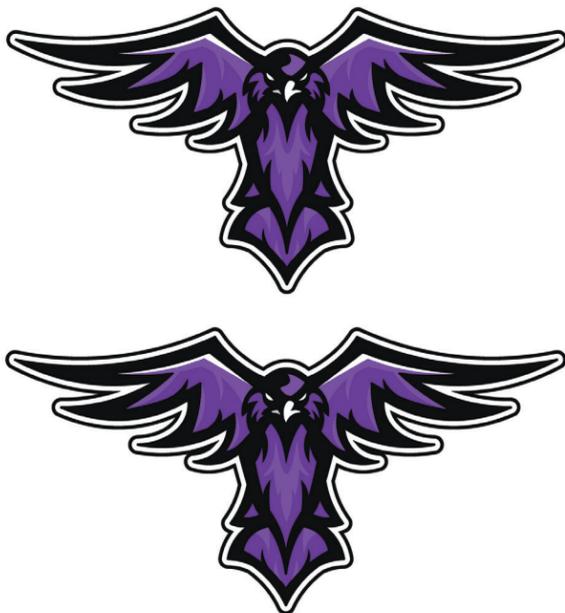
Sophomore 3rd baseman Natalia Lucibello



Senior Giana DePino at first base



Second Baseman - freshman Lexi Falcioni



IDS First Ever Golf Tournament

The Independent Day School in Middlefield, CT will be hosting its first-ever Golf Tournament on Friday, May 20th at Lyman's Golf Course in Middlefield. The tournament will be held on the Player Course with a shotgun start at 9:00 am. Following the tournament, a luncheon will be held to recognize golfers, sponsors, and volunteers alike.

"Given our long relationship with Lyman's with having our students learn the game at their facilities each spring, it only made sense to start a new partnership with them in starting a new tradition at IDS," said David Sizemore, Assistant Head of School and one of the Co-Chairs for the golf tournament. "I also think it is a great way to expand our brand to a larger audience and get family members, alumni, and friends of IDS to come together to support the students of IDS." Proceeds from the May 20th tournament will directly benefit the students at IDS both through tuition assistance as well as through strengthening the Athletic programs at the Middlefield-based school.

"The IDS golf tournament is a perfect way to help support and expand the athletics program here at IDS," said Ashley Lane, IDS Athletics Coordinator and Co-Chair of the Golf Tournament. "Any way to help support our sports programs grow also helps us fulfill our school's mission to educate 'Fearless Learners' not only in the classroom, but also on the field, on the basketball court, and on the golf course."

If you are interested in playing in the tournament, serving as a sponsor, or helping out as a volunteer, please visit www.independentdayschool.org and click on the link to the Golf Tournament page. Once there, you will see pricing information and additional details on what to expect on the day of the tournament. If you have any additional questions, please contact David Sizemore, Co-Chair of the Golf Tournament at sizemored@independentdayschool.org.



Connecticut Sportsplex®

NOW HIRING

Must be 16 years-old (18 years or older preferred)

Must be able to work weekends

Some weeknights available

Please call 203-484-4383

or

Stop by and fill out an application

Call 484-4383 or visit www.ctsportsplex.com

FOR MORE INFORMATION



Support the Food Pantry

The Food Pantry of North Branford has been distributing free supplemental food to town residents since 2015. We are able to provide this service because of the very generous donations of individuals and organizations as well as grants received. 100% of all donations are used for pantry operations. We are staffed completely by volunteers. Because we are not a town agency, we do not receive any government or town funding.

WHERE: 1382 Middletown Ave., Northford (St. Andrews Church, white with a red door). The Pantry entrance is at the rear of the church.

WHO: Town residents may register in person. There is a short registration form for CT Foodshare. There are no financial qualifications.

WHEN: Registered guests may shop once weekly. Hours of operation: Wednesdays from 4-7 pm and Fridays from 10 am- 1pm

PROXY SHOPPER: Registered guests may have a person shop for them if they are unable to shop themselves. This “proxy shopper” may be a friend, family member or caregiver. A proxy shopper must sign in when they take food for someone else.

OTHER: At the current time, masks are still required. The Pantry is not handicapped accessible. Guests are asked to remain in their cars until it is their turn to enter the building. Please bring your own reusable bags and/or box. Our inventory varies weekly. We close promptly at 7pm on Wednesdays and 1 pm on Fridays. Guests arriving after 6:45 pm on Wednesdays and after 12:45 pm on Fridays receive a pre-bagged box of food.

*****PLEASE DO NOT COME TO THE PANTRY IF YOU ARE SICK. CALL US AND WE WILL HELP YOU MAKE ARRANGEMENTS TO GET FOOD. *****

TOWN OF NORTH BRANFORD TOWN BUDGET REFERENDUM MAY 10, 2022

Notice is hereby given to the electors of the Town of North Branford that a Budget Referendum will be held on Tuesday, May 10, 2022, for the purpose of voting on the following question:

“Shall the Town Council Recommended Budget of \$58,704,902 which will require a mill rate of 33.23 mills, be adopted?”

Those desiring to vote in favor of said budget should fill in the oval next to the words “I accept the budget”. Those desiring to vote against the budget should fill in the oval next to the words at **either** “I reject the budget because it is too high” **or** “I reject the budget because it is too low”.

Notice is hereby given that the location of the polling places is as follows:

- District 1 Jerome Harrison Elementary School, 335 Foxon Road – Route 80
- District 2 STW Community Center (Gymnasium), 1332 Middletown Avenue – Route 17
- District 3 STW Community Center (Board meeting room), 1332 Middletown Avenue – Route 17

Voting machines will be used. The polls will be opened at twelve noon (12:00 p.m.) and will remain open until eight o’clock in the evening (8:00 p.m.).

Absentee ballots shall be available as provided by law at the Town Clerk’s Office during regular business hours.

In accordance with section C8-5 of the North Branford Charter, only registered voters are eligible to vote at the Budget Referendum.

Lisa A. Valenti, MMC North Branford Town Clerk



Quilts of Valor Presentation

The Northford-North Branford Women’s Club, GFWC, honored two local military service women at their April general assembly meeting with a special program. Chuck Larkins and Jane Daugherty from Quilts of Valor presented Air Force Captain Janet Schmitt and retired Senior Master Sergeant Carleen Fischer with two beautiful quilts in honor of their service. The Women’s Club also made a donation that will go towards buying fabric for future quilts. A Quilt of Valor® (QOV) is a quality, handmade quilt that is machine or hand quilted. It is awarded to a Service Member or Veteran who has been touched by war. The Quilt says unequivocally, “Thank you for your service and sacrifice in serving our nation.” For more information about Quilts of Valor, go to www.qovf.org. For more information about the Northford-North Branford Women’s Club, GFWC, please contact Kathy Tobin at ktgfwcct@gmail.com, visit our website at www.northfordwomensclub.org or check us out on Facebook.

(Pictured from left to right: Jane Daugherty, Air Force Captain Janet Schmitt, Chuck Larkins and Senior Master Sergeant Carleen Fischer.)

PLEASE JOIN US FOR A SPECIAL FREE ZOOM EVENT

REINCARNATION~

DON'T MAKE THE SAME MISTAKES TWICE

Feeling like you have been somewhere before?
Fascinated with a period of time in history?
Maybe it's Deja Vu? Or maybe you have lived before –
in a different time and different place...

JOIN ACCLAIMED METAPHYSICAL AUTHOR AND SPEAKER

SYDNEY SHERMAN

FOR A REALISTIC CONVERSATION ABOUT THE AFTERLIFE

WEDNESDAY, MAY 11, 2022 • 6:30 PM

Stream the ZOOM virtual program from home or view the livestream in Atwater Memorial Library's Community Room.
Registration required. Call 203-484-0469 or visit nbranfordlibraries.org

NORTH BRANFORD PUBLIC LIBRARIES

CHURCH DIRECTORY

Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning : 9:15 - 10:30 Worship & Lord's Supper, 11:00 -12:15 Ministering of God's Word & Sunday School. . Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. www.branfordbiblechapel.org

Hope Christian Church "A Place to Belong". 211 Montowese Ave., North Haven, CT. www.hopeag.com Sunday services 10AM. Coffee served every Sunday 9:00 am. Church open for prayer Tuesdays noon to One. Thursday Bible study 7:00 PM. Like us on facebook.

North Branford Congregational Church, UCC, 1680 Foxon Road, North Branford, CT Join us for worship every Sunday at 10:00 AM. On the first Sunday of each month please attend and share communion with us.

Nursery Care is available. To contact our church: Office hours are Wednesday to Friday from 9:00 AM to 1:00 PM. Phone: 203.488.8456, email: nobdcong@sbcglobal.net, website: www.northbranfordcongregational.org Remember, all are welcome no matter who you are, no matter where you are on life's journey; you will always be welcome here.

Northford Congregational Church, United Church of Christ. Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916.. email; northfordcc@gmail.com Office Hours: Tuesday 9am - 1pm; other days by appointment. John Vigneri, Pastor . Jane K. Leschuk Minister of Music. Worship Service 10am. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Like us on Facebook. Our website is www.northfordcongregational.church

St. Ambrose Parish is a Roman Catholic Parish in the Archdiocese of Hartford comprised of two churches. St. Augustine Church is located at 30 Caputo Rd in North Branford and St. Monica Church is located at 1321 Middletown Avenue in Northford. The Pastor is Rev. Robert L. Turner. Weekday Masses are celebrated on Monday, Tuesday, Wednesday and Saturday at 9:00 AM at St. Augustine. Friday Mass is celebrated at 9:00 AM at St. Monica. Weekend Masses are celebrated on Saturday evening at St. Augustine at 4:00 PM (English Ordinary, no incense) and Sunday at St. Monica at 9:00 AM and St. Augustine at 11:00 AM (Latin Ordinary, with incense). The Sacrament of Reconciliation is offered 30 minutes prior to all Masses excepting Sunday and by appointment by calling the office. The Parish Office is located at 30 Caputo Road and is open M-F from 9:00 AM – 1:00 PM (Wednesdays until 6:00 PM). You can access the parish bulletin and staff emails at our website NBcatholics.org. If you are new to the area and looking for a parish to join or a homeschool co-op, please visit us!

St. Andrew's Episcopal Church, 1382 Middletown Avenue - The White Church On The Hill In The Heart Of Northford (at the intersection of Rtes. 17 & 22). Sunday worship at 10:00 a.m. Coffee and fellowship always follows. The Rev. Bryan Spinks is Priest-In-Charge. St. Andrew's is a member of the Middlesex Area Cluster Ministry Network (MACM Network), along with St. James (Higginum) and Emmanuel (Killingworth). Please join us - we'd love to get to know you! All are welcome! St. Andrew's is the proud home of the Food Pantry of North Branford - a vital community resource serving families in need in Northford and North Branford. St. Andrew's also partners with St. Pauly Textile in a broad outreach program to help people in need here in the U.S. and around the world. Donations of usable clothing, shoes, boots, belts, purses, sheets, blankets, curtains and stuffed animals may be made at the donation shed in the church parking lot, available 24x7. Visit our website at <http://www.standrewsnorthford.org>. Like us on Facebook - St. Andrew's Episcopal Church of Northford, CT. For more information contact us at 203-484-0895; Nan Monde, Sr. Warden, 203-710-7005; Rev. Spinks, 860-304-5266; or MACM office, 860-345-0058.

United Methodist Church, Branford 811 East Main St, Branford (Route 1, across from Bill Miller's Castle). www.umcbranford.org or (203) 488-0549. Sunday service 9:30am - both in-person and live on our website. "The Church on the Rock," led by Pastor Kent Jackson. We invite you to discover the power of faith in Jesus Christ bringing God's love to the world. Join us to worship, experience God's word, and stay connected.

Zion Episcopal Church, 326 Notch Hill Road, North Branford. 203-488-7395 Rev. Lucy LaRocca, Vicar. Please visit our Facebook page or our website www.zionepiscopalchurch.org. Zion is a registered Integrity Episcopal Believe Outloud Congregation, a designation earmarking Zion as an open and affirming congregation for those seeking a safe place to worship and grow in Christ.

DEATH NOTICES



Marianne Petr Wall of Northford, formerly of Orange and Hamden, passed away unexpectedly on Friday, April 22, 2022 with her family by her side. Marianne was born in Elmhurst, Queens, New York City on March 30, 1960 to the late Howard A. and Mary E. White Petr. For the past 45 years, she was the soulmate of David Wall. Marianne and David married in 1998. Aside from her husband, she is survived by her siblings, Eileen (Hank) Grabow of Hampstead, NC, Kathleen Petr of Hopewell Junction, NY, Tyrone (Beth) Petr of East Haven and Kerry (Scott Choma) Petr of Woodbridge, as well as many nephews, nieces, cousins, in-laws, and friends. She was predeceased by her brother, John Petr. Marianne showed unconditional love and a fierce loyalty to her family and friends. She had great compassion for all animals, especially dogs. She was extremely proud of her Irish heritage and always enjoyed a good joke. Marianne will be greatly missed by many.

Should friends desire, memorial contributions may be made to the Animal Haven, Inc., 89 Mill Road, North Haven, CT 06473. www.northhavenfuneral.com



Mother's Day Flower Sale to Benefit the Church

Northford Congregational Church, "A Little Church with a Big Heart," will have a Mother's Day weekend flower sale to benefit the church. The flower sale will be held on Fri. and Sat., May 6 and 7, from 10 a.m. to 5 p.m. and on Sun. May 8, from 9 a.m. to 1 p.m. In the event of inclement weather, the flowers/plants will be sold inside the church social hall downstairs. Shop early for best selection.

The historic church (203-484-0795) is located at 4 Old Post Road at the corner of Routes 22 and 17 in the Northford village in North Branford. Website: www.northfordcongregational.church. Email address: northfordcc@gmail.com. Like us on Facebook.

"St. Andrew's to hold Rhubarb Festival

St. Andrew's Episcopal Church, the white church on the hill in the heart of Northford, will hold its Annual Rhubarb Fest on Sat., May 14th, from 2:00 - 4:00. Lots of rhubarb and strawberry-rhubarb treats available, including pies, cakes, cheesecakes, cookies, crumbles, breads, sauce, jams, muffins and more! Come enjoy a rhubarb treat and a cup of coffee while you visit with friends; and bring some of these seasonal specialties home with you. See you there!! 1382 Middletown Ave. For more information contact Nan Monde, 203-710-7005."



Mary N. Annette Neborski Christoforo died peacefully, surrounded by loved ones, on Saturday April 23 at Branford CT Hospice. Born (November 20, 1941) and raised in Northford on the family farm, she was the oldest child of Alexander and Alexandria Neborski. Predeceased by her beloved husband of 60 years Anthony M. Christoforo Sr. She leaves behind her children Anthony Jr., Laura Scott, David (Stacy), Daniel (Kate) and her cherished grandchildren Staci, Toni and their mom Deb, David Jr., Emma, Grayce, Jaxon, and Jordyn. She also leaves behind her sisters Barbara Ciotti (Larry), Catherine McLean, and her youngest sister Zina-Ida Neborski (Fred Leskowitz) who kept her promise to Mary that she would have someone by her side until the end. Mary was a loving woman who had close relationships with so many people including many nieces, nephews and her son's friends who considered her a second Mom. She was easy to love! She created lots of memories with her relatives and leaves behind many extended family members as well as special friends and neighbors that she was truly fond of. Mary was a Class of '59 graduate of NHHS where she and Tony were king and queen of their senior prom. Go Indians forever! As a lifelong respected resident of Northford she shared her nurturing manner, love of children and many creative talents with the children at the North Branford Family Resource Center where she worked as a teacher's assistant for over 10 years. Nothing made her happier than family time! She enjoyed spending Sundays and holidays at home or by the pool with family and friends and all were always welcome! Mary loved gardening, cooking, sewing, crocheting, and was the most efficient and organized home keeper with so many tips and tricks that she shared with anyone who needed her advice. Her generous spirit, her ability to relate to everyone, her positive outlook, and her sharp wit, which often cut through without hesitation, were legendary.

Please log on and sign our guestbook www.northhavenfuneral.com



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NOW ENROLLING!



Beginning Monday, June 27th, we will be offering 8 consecutive weeks of summer camp for campers entering grades 1-6. This year, camp will run Monday-Friday from 8:30 a.m. to 4:30 p.m. and plan to offer before and after care.

WEEK 1	6/27/22 - 7/1/22	\$130 res	\$150 nr
WEEK 2	7/5/22 - 7/8/22	\$105 res	\$120 nr
WEEK 3	7/11/22 - 7/15/22	\$130 res	\$150 nr
WEEK 4	7/18/22 - 7/22/22	\$130 res	\$150 nr
WEEK 5	7/25/22 - 7/29/22	\$130 res	\$150 nr
WEEK 6	8/1/22 - 8/5/22	\$130 res	\$150 nr
WEEK 7	8/8/22 - 8/12/22	\$130 res	\$150 nr
WEEK 8	8/15/22 - 8/19/22	\$130 res	\$150 nr

Please register your child for camp as far in advance as possible. Registration for camp will close by 12:00 p.m. the Friday before.

TEEN COOKING



May 18, 2022 STW Kitchen

4:30 - 6:30pm \$40 res/\$45 nr Grades 6+

Learning to cook is such an important skill which helps to encourage confidence, creativity, and fun in the kitchen! Teens will join culinary instructor, Mary Amter, in creating their own dinner and dessert in this 2-hour, hands-on culinary experience. They will learn beginner to advanced cooking and baking skills, knife skills, food terminology and more!



Creamy Chicken Mozzarella Pasta & Chocolate Chip Cookie Dough Brownie Bites





Saturday, May 21st

11:30am - 1:30pm

Quiet Time 1-1:30pm

Come touch, climb, explore and experience the excitement of many interesting and unique vehicles!

FREE ADMISSION
STW Community Center Parking Lot

Food Truck On Site:
D&S Foods



NATIONAL PUBLIC WORKS WEEK!

Fill a Public Works TRUCK

Please bring non-perishable food items to Touch -A- Truck and help our NB Public Works Crew put an end to hunger!

All collected items will go to the North Branford Food Pantry

— SENIOR CENTER —



Join us for a Proclamation with Mayor Jeff MacMillan and a Pizza Party to celebrate Older Americans Month!

May 20th 12:00 - STW Gym/Cafe

Big Y party pizza, salad, & ice cream sundaes

Senior Residents - FREE Non Resident Seniors - \$3
Must register by May 18th (203)484-6017

MOVE TO MUSIC FITNESS

Tuesday May 10 FREE Demo 11:00—12:00pm

Instructor: Adrienne Patrella
Move to Music Fitness is a low impact, fun, choreographed fitness class that can be done while seated or while standing. If you like it, sign up for a 4-week session, beginning May 17th! \$35 res/ \$40 nr

CHAIR YOGA

Tuesdays May 10—June 28 10:30—11:30am
\$45 res / \$50 nr

Instructor: Bhogah Yoga
Chair yoga is a gentle form of yoga that is done while sitting and using a chair for support. Chair yoga helps build strength, improve coordination, and promotes relaxation, reduces stress.

CARDIO DRUMMING

Fridays May 13—July 1 11:00—12:00pm
\$12 res / \$15 nr

Instructor: Senior Center Staff
Cardio drumming brings together drumsticks, an exercise ball, and a stand to create one of the most fun workouts you'll ever do! Cardio drumming can be done while standing or sitting in a chair. Registration required.

DRIVING IMPROVEMENT COURSE

Learn how aging affects reaction time, hear tips to sharpen driving skills, review the new state laws and regulations, refine existing skills, and develop safe defensive driving techniques that save lives. Pre-registration is required. You will be eligible for insurance discount after completion. Ages 55 and up

May 17, 2022

11:00 AM - 3:00 PM • FREE

STW Senior Room

Please bring a lunch or pre-order lunch from our kitchen by May 16th.



ENROLLMENT OPEN!! ADULT CO-ED SOFTBALL

North Branford Parks and Recreation Department is excited to be offering a Co-ed Softball League. Join us at Totoket Valley Park on Tuesdays, beginning June 14 for a fun, recreational league! Two games will be played each Tuesday, one at 6:15 p.m. and the other at 7:30 p.m.

Team Captains must register your team (minimum 8 players) and submit a roster to the Recreation Supervisor, Kerry Haynes at 203-484-6017 or email recreationsupervisor@townofnorthbranfordct.com

TAI CHI CHUAN - QIGONG

Bring balance and harmony to your life while you strengthen your body in this traditional T'ai Chi Ch'uan class. Taught by an instructor with 30 years of martial arts experience and a Gold Medal Winner of the T'ai Chi Ch'uan nationals.

Instructor: Rich Dicine

Ages 18+
STW Classroom
Tuesdays
6:30-7:30pm
May 17 - July 5
\$70 res/\$75 nr

YOGA TO RELEASE THE WEEK

This class will focus on releasing the stress of your busy week in both the mind and body leaving all students with more space to breathe, ease in their body and calm in their mind.

Instructor: Bhogah Yoga

Ages 16+
STW Classroom

Thursdays, 6:30-7:30pm
May 19 - July 7
\$75 res/\$80 nr

MEET ME AT THE BARRE

Tone and sculpt your body from head to toe at the barre! Barre fitness is a low-impact class that challenges your balance and coordination while toning your legs, arms, and core. No experience needed/ all levels welcome!

Instructor: Jessica Glynn

Ages 16+
STW Classroom

Mondays
6:45-7:45pm
May 23 - June 27
\$55 res/\$60 nr

CLASSIFIED AD RATES

Personal, For Sale, Help Wanted, Tag Sale, and all non-business classified
1 issue \$9.00 2 issues \$12.00 3 issues \$15.00
20 words or less, not including phone #. \$.05 per word, per run,
after 20 words

Lost and Found FREE

Business Classified Ads & Real Estate
3 issues \$35.00, 6 issues \$60.00, 12 issues \$100.00
\$.10 per word, per run, after 20 words

Payment MUST accompany all ads. The advertiser must notify this newspaper of any errors.

Send ad along with your check to:

Totoket Times P.O. Box 313 Northford, CT 06472

For more information call 203-410-4254

CONSTRUCTION SERVICES

Southern CT Restoration. Insurance restoration and general contracting services. New construction, remodeling, kitchens, baths, roofing, siding, windows, doors, decks and painting. Call 203-239-9600.

PLUMBING

D.A.E. Plumbing & Excavating - well pumps, tanks, water softeners, serviced & installed. Spetic systems services and installed. call 203-996-4866

John DiMaggio Plumbing - Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured. Call 203 - 627 - 6826. References available.

TREE SERVICES



Tree Service - A Better Cut, Tree Service - Local, full service tree company - we provide tree removal and trimming, chipping, and grinding. Please call 203-945-1808 for a free estimate.

SERVICES OFFERED

Wanted Gold, Silver scrap jewelry. Fair Prices offered. Call 203-627-6826 or 203-376-1249

LANDSCAPING

Monet Landscaping is now accepting new accounts for lawn maintenance including mowing, trimming edging, mulching etc. We are licensed and fully insured. Call Mike or Joe at 203-640-5317 or 475-201-7041 for a free estimate. More than 20 years experience.

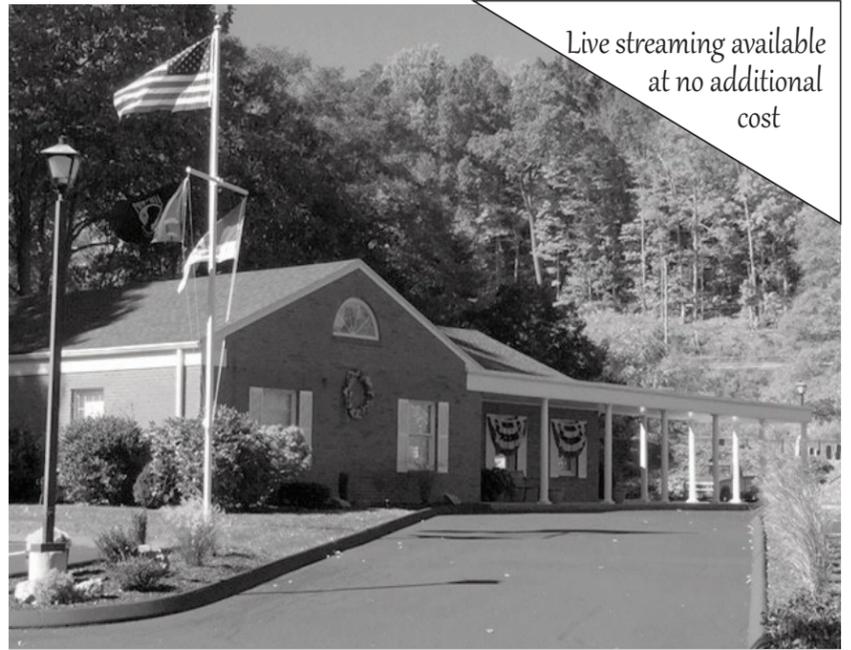
VENDORS WANTED

The 2022 North Branford Potato & Corn Festival is Thursday, Aug. 4 through Sunday, Aug. 7. The festival is now accepting applications for food vendors, as well as craft, business, and non-profit vendors. In addition, one-day table space applications are also available for North Branford organizations and non-profits (Aug. 4), direct sales and retail (Aug. 5), and handmade crafters (Aug. 6). Applications are available under the 'Vendors' tab at www.nbpotatofest.com. For information, call 203-484-6017 or email nbpotatofest@townofnorthbranfordct.com.

The Knights of Columbus, St. Ambrose Council 6801 is looking for vendors to fill 86 spaces 15'w x 28'd at their annual spring giant 80,000 sq. ft. tag sale / flea market on June 4th. (rain dates June 11th, 18th & 25th) at doody's field 465 foxon road north branford. It will run from 8:00 a.m. to 3:00 p.m. free admission and off road parking. To reserve a space, call 203 484-9737. The cost is \$38 per space paid before 5/30, after this date +\$5 late fee. Vendors must provide their own tables.



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HELP WANTED

Branford Subway 203-481-0467 66 North Main St. All Shifts available. Will train. Excellent job for high school students after school.

Help Wanted Ad

PART-TIME PARISH SECRETARY. St. Ambrose Parish in North Branford is seeking a part-time Parish Secretary. This position provides reception and secretarial support in a small office environment. Candidate will provide a warm, professional and welcoming environment while juggling the demands of multiple and competing projects. Must be organized, efficient and attentive to detail. Must be proficient in Microsoft office, Word and Excel, and be willing to learn additional computer programs. Candidate must have excellent phone manners and interpersonal skills. Secretarial or reception experience is required. Knowledge of the Catholic Church preferred. Candidate must have transportation and be able to travel between two office locations in North Branford and Northford as needed. This position is part-time 20 hrs. per week, weekday hours 9am - 1pm, hourly wage depending on experience.

Please submit your resume along with a cover letter including your interest in working in the Catholic Church to Cyndie Baker, Operations Manager at cyndie.baker@nbcatholics.org.



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