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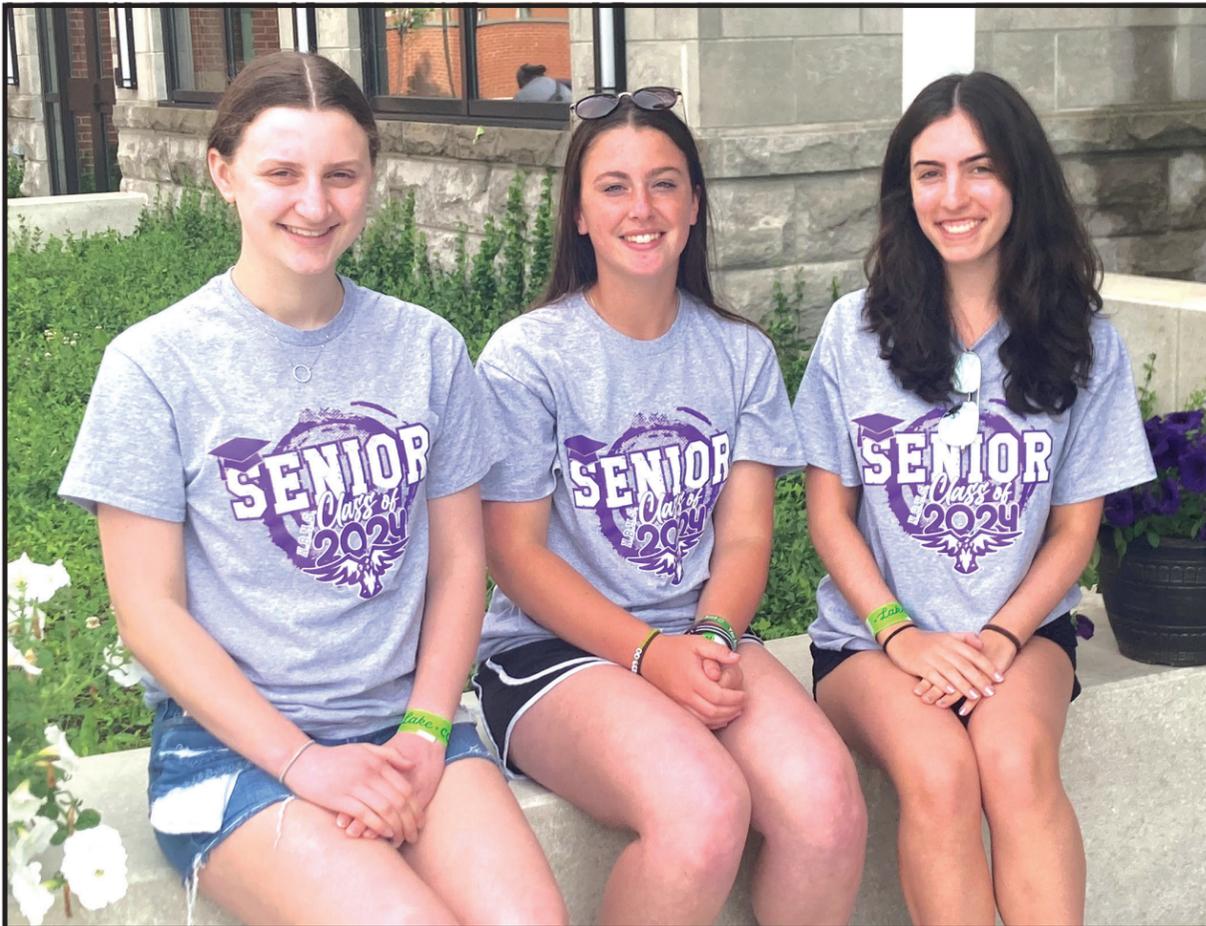
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Volume 30 No 20, June 7, 2024

North Branford High School Class of 2024



- | | |
|---------------------|----------------------|
| Patricia Mone | Christopher Sherwood |
| Kiley Mullins | Elizabeth Sigal |
| Cassandra Munck | Noelle Small |
| Giana Nuzzo | Avery Smith |
| John O'Brien | Gianni Sommo |
| Mikella O'Brien | Emma Stadolnik |
| Christopher Olsen | Connor Stoner |
| Lindsey Onofrio | Sandriona Tam |
| Gabriella Palma | Sean Thomas |
| Jay Patel | Nicole Timario |
| Jake Pedersen | Sophia Toto |
| Lars Peterson | Michael Urrata |
| Leah Pinette | Katie Vaspasiano |
| Abigail Pizzorusso | Lucy Vogt |
| Giana Plano | Lucas Vollono |
| Peter Ramada | Frederick Vongher |
| Anthony Riccio | Austin Vrabel |
| Adeline Rish | Brinley Waligroski |
| Nicolo Ryszczyk | Delani Woodin |
| Julia Sekelsky | Mia Yacono |
| Gabrielle Senerchia | |

Valedictorian

Kiley Mullins (center)

Salutarian

Christiana Carusone (right)

Essayist

Sienna Briance (left)

Bios on page 3

Co-Presidents

Joelle Herassme

Lucas DeAntonio

- | | | | |
|-----------------------|----------------------|--------------------|-------------------|
| Evyn Aguiar | Nicholas Cassella | Te'a Ferrucci | Alexander Kluk |
| Caleb Allen | Victor Castillo | Gianna Fico | Nicholas Koelle |
| Isaac Aranda Banuelos | Destiny Cepeda | Austin Fruin | Patrick LeBeau |
| Collin Augur | Meckey Chater | Gianna Gamble | Sabrina Lin |
| Logan Barrett | Aidan Chittenden | Samuel Gott | Colby Longo |
| Luke Blomster | Keana Criscuolo | Sofia Haggerty | Morgan Lucibello |
| Sienna Brigance | Thomas Cummings | Joelle Herassme | Natalia Lucibello |
| James Brustman | Samuel Custodio | Callie Holzer | Jack Maley |
| Braden Burns | Samantha D'Aria | Aiden Hutchinson | Adelys Martinez |
| Christopher Cameron | Kaleigh DeAngelo | Joseph Jacobs | Brady Martinik |
| Aidan Cappetta | Lucas DeAntonio | Alexis | Alexander Massaro |
| James Cardenas | Lucian DePino | Jasudowicz-Crocker | Michael Matteo |
| Joseph Carofano | Joshua Dion | Jake Johns | Thomas Medina |
| Gianna Carter | Lauren Dodge | Brooke Karpel | Tiffany Miller |
| Christiana Carusone | Samantha Evangelista | Cameron Kirmali | |



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June	14	June	21
June	28	July	5
July	12	July	19
July	26	August	2
August	16	August	23
August	30	September	7
September	14	September	21



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- 6/14- Andrew Ibarra & Friends
- 6/15- Grateful Dead Night w/RGB
- 6/21-Nick DeLizio Duo

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To the community,

We wish to express our gratitude to everyone who contributed to the success of the 2024 Memorial Day Parade. A special thank you to Michael Downes, Anthony Esposito, Chief James Lovelace, Public Works, and Bill Savastano for all the behind-the-scenes assistance. To the veterans who gave tribute to our fallen heroes and guest speakers, your presence and words gave great meaning to the reason we all gathered. Thank you to all who marched, together we shared a meaningful Memorial Day with our community. Looking forward to seeing you next year!

Parade Coordinators,
 Gina Cox
 Kathy Poston



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Senior Center,

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State Representative Vincent Candelora

Your Support Toward a Better Connecticut



As the State Representative for the 86th District, it has been my profound honor to serve you and act as your voice in Hartford for the residents of Durham, East Haven, and Guilford. Recently, I had the privilege of being nominated and endorsed by Republicans in these communities for another two-year term, which would mark my 10th at the state capitol.

I humbly accepted this nomination with the same passion I had when I first ran for this seat. The issues and challenges our state faces today are as complex as ever—if not more so—and I am committed to working toward effective solutions. The trust and confidence you place in me is not only inspiring but also a driving force behind my dedication to addressing the issues that matter most to our community. My focus remains on making Connecticut a more affordable place to live, work, raise a family, and retire.

In 2023, I spearheaded efforts to incorporate crucial Republican tax relief proposals into our state's two-year budget. These initiatives included an income tax cut for working-class residents and expanded tax relief for retirees—measures that are vital in easing the financial burdens on Connecticut citizens.

Looking ahead, my priority is clear: to maintain fiscal responsibility. During the 2024 legislative session, I proposed a budget aimed at reducing costs and reprioritizing spending to ensure our finances remain stable. As it stands, the second year of the budget is trending towards a deficit. My proposal emphasized spending on local special education costs—easing the property tax burden—over allocating more funds to the state's higher education system (it was recently reported that one school, WestConn, is in danger of losing its accreditation).

My commitment to fiscal responsibility will be paramount at the start of next year, as my Democratic colleagues will likely seek to erode, if not dismantle altogether, the fiscal guardrails that have constrained state spending over the last few years while allowing us to begin paying down long-term debt. I aim to keep those guardrails in place. After all, we face more than \$80 billion in unfunded liabilities.

Public safety is another cornerstone of my legislative agenda. As crime in Connecticut becomes more brazen, I have consistently supported stronger public safety measures—focusing on property crime, street takeovers and motor vehicle thefts committed by out-of-control teenagers. Ensuring our communities remain safe and secure is a fundamental responsibility of government.

As I seek re-election, I am more determined than ever to continue our fight for a more affordable, safer, and prosperous Connecticut. Your support and confidence fuel my passion to serve and advocate for the issues that impact our daily lives. Together, let's build a future where opportunity and security are within reach for every resident of our great state.

Bios continued from page 1

Kiley Mullins - Valedictorian (pictured center)

Kiley is a very accomplished and involved senior at North Branford High School. She is a member of the National Honor Society and is taking several challenging courses, including UCONN ECE: Seminar in Academic Writing, SCSU ECE: Creative Writing, AP Statistics, AP Biology, AP Spanish and AP Psychology. During her junior year and prior, Kiley excelled in several demanding courses, including AP US History, AP Language and Composition, AP US Government, and several honors-level courses. As an accomplished student-athlete, she has been a member of the NBHS Indoor Track and Softball teams. She has also been a member of the Art Club and the Unified Circle Organization. She has volunteered in the community at several summer camps while working with intellectually disabled children. Kiley has also served as coach at the USA Elite North Branford summer clinic (softball) working with students ages

7-12. Kiley will be attending the University of Scranton in Pennsylvania as a nursing major and will be a member of the Varsity Softball Team.

Christiana Carusone - Salutatorian (pictured right)

Christiana is a very accomplished and involved senior at North Branford High School. She is a member of the National Honor Society and is taking several challenging courses, including AP Calculus, UCONN/ECE Seminar in Academic Writing, SCSU ECE: Creative Writing, Art Honors/AP, Human Anatomy and Physiology Honors, and Advanced TV/Video Production. During her junior year and prior, Clu-istiana excelled in several demanding courses, including AP Language and Composition and several honors-level courses. She is a member of the NBHS Spanish Honor Society and has been involved with many school sponsored clubs and community organizations. Christiana is a member of the NBHS Dream Team and has provided presentations at NBIS along with volunteering for events at JHS and TVES. She is

a member of the GSA, the Sign Language Club and the Student Union. Christiana has volunteered during food drives, bulk pick up and for youth sports events in the town of North Branford. Christiana plans on majoring in the field of education and will be attending Southern Ct State University this fall.

Sienna Brigance - Essayist (pictured left)

Sienna is a very accomplished senior at North Branford High School. She is the Treasurer of the NBHS National Honor Society and is currently taking several challenging courses including, AP Biology, AP Statistics, UCONN/ECE Seminar in Academic Writing and SCSU ECE: Time and Place in Literature. During her junior year and prior, she successfully completed AP History and several honors level courses in all disciplines. Sienna was a member of the NBHS Field Hockey Team during 2023 and volunteered at local food drives. She is an avid dancer and has performed with several dance companies. Sienna will likely attend UCONN this fall and plans on majoring in the sciences as a pre-med major.

LET'S BE "FRANK"

Well brother, it's the end of another North Branford High School baseball season. This one was literally one for the record books. Head coach Bill Mitchell with me at his side reached a milestone 200 Wins. For the first time in 20 years, the T-Birds won the Shoreline Conference Championship. Five of our players made the All Shoreline team and two were named to the All State team. Also, the team was recognized by the Southern Connecticut Diamond Club as the Team of the Year.

To say this was a special team does not describe the qualities of these young men. A friendly bonding of brotherhood, there was no chastising the underclassmen, no disrespect to coaches, each other, umpires or rival teams. They never quit and they supported each other like no team I have ever been involved with. They represented their school, their parents and their community quite admirably. It's unique to hear a high school student confidently tell a teammate who was having a bad day, "I'm proud of you and I Love you"

It was great to be involved with a group of boys who became men in a single season. They were always positive and they worked hard the entire year to make themselves better players and better people. Working out together, three times a week from September to the start of the season to prepare themselves and each other for the task at hand.

As you know, last year I had some troubles and thought it would be the end of my coaching career. But seeing the boys that were moving up the ladder made me want to stay. As the season goes on I usually back off as it's sometimes hard for me to be there every day. But not this year. As a volunteer I went to mostly every practice because being around this group was fun. I apologize to them because I think I learned more from them than they did from me. They were my fountain of youth.

The parents showed tremendous support for their children but also all the children in the program from freshmen to seniors. The also supported the coaches even though they might not have agreed with every decision that was made. With five coaches we worked well together with everyone doing their own thing and staying out of each others way but collectively there for one reason. Teach these young men how to win with dignity but what's more is how to lose with dignity. Learn from the wins, but learn more from the losses.

There is no doubt in my mind that these boys will go on to be successful in life. When all is said and done I can only use their words to end the season. "I am proud of you guys and I love you".

Take care my brother. Thank you for getting me involved in playing and coaching when I was younger. Say hi to the old man and wish him a happy Father's Day.

I'll see you soon.

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Letters to the editor...

This paper encourages all readers to voice their opinions and comments.

The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.

All letters must be signed. A telephone number should be included and no personal attacks.

This paper reserves the right to edit all letters.

All letters should be addressed to :

The Editor

P.O. Box 313, Northford, CT 06472



For the Health of It.....

Trust Your Gut! Digestion Matters.



As the availability of fresh fruits and vegetables from local farm stands draws near, I tend to get a bit nostalgic. I imagine their vibrant colors and crisp textures promising a burst of flavor with every bite. As a child, I was able to indulge in such abundance right in my own backyard, thanks to parents who tended a wonderful garden every season - tilling, planting and harvesting. I grew up eating whole foods along with other homemade delights lovingly prepared with the freshest ingredients. I didn't know at the time (nor would I have cared) that those foods provide the fiber needed to build good bacteria and guard gut health.

It's only in recent years that the focus on gut health has come to the forefront.

I'm sure you've heard the saying "you are what you eat." Well...that's semi-true. That statement gains more credibility when we are actually absorbing the nutrients from what we ingest. A healthy digestive tract breaks down food into nutrients that the body can absorb and use. An inflamed digestive tract is not equipped to do that. So even if you are eating the right foods, you may not be getting the nutrients you need. If you have symptoms like stomach pain, bloating, constipation and such, you are more apt to look for a solution. However, Dr. Anna Toker, a leading Colorectal Surgeon from Mansfield Texas, points out there are other signals people don't attribute to an unhealthy gut such as arthritis, high blood pressure, diabetes, and metabolic disease.

New research shows that a healthy gut helps with more than digestion and nutrient absorption. It can also help to boost the immune system, control our metabolism and help to prevent chronic disease. In addition, it affects our mood and our mind. (Have you ever experienced an emotion, and actually felt it in your gut?) The gut and brain are connected and communicate through what is called the gut-brain axis. According to these studies, the bacteria in our gut can produce chemicals that affect how we feel, like serotonin, (often referred to as the feel good chemical). If our gut isn't healthy, the opposite is true and we can feel sad or anxious.

So why didn't we know this before? It seems in the past, there wasn't much education on the topic and how the gut affects other parts of the body, like the brain. The focus was more on harmful bacteria and we lacked the necessary technology. The gut microbiome is very complex and different for everyone. Things like diet, genetics, and lifestyle affect it and it took scientists a long time to understand how it works. We now know that taking better care of our gut can affect overall health.

So now that we know, what can we do? There are simple ways to make small changes.

Exercise Gets You Moving!: The benefits of exercise on gut health are impressive. The digestive tract is a muscle - exercise is good for all our muscles, gut included. Exercise boosts circulation, sets you up for a better night's sleep and helps to move things along. (Yet another reason why choosing a sedentary lifestyle is a bad idea.)

Process This: If you're wondering why it seems more and more people you know are suffering with a digestive issue, it's likely because as a society, we've become overly-dependent on over processed foods. Choosing whole foods above processed foods promotes healthy digestion.

Chew Your Food: Chewing is the first step in digestion! This is an area where I am lacking for sure. I eat on the run a lot and know I don't chew my food well enough. At least 30 chews is recommended for most foods. Foods like oatmeal, 20 and for foods such as steak or chicken, 40. Chewing breaks food down into smaller particles and signals the body to produce digestive enzymes. Without proper chewing the body may not absorb nutrients well.

Thank Your Doc!: Antibiotics can harm healthy gut bacteria because they do not discriminate between "good" bacteria and "bad". *Overuse* can cause problems. So, the next time you're demanding an antibiotic (let's face it, we've gotten used to a quick fix) and your doc is not willing to prescribe, this may be the reason. If so, say "thanks for caring about my gut."

Proper Supplements: While nutrition should be the foundation, we can't always get all we need from food. Ongoing research suggests adding a prebiotic/probiotic supplement to your diet may help improve gut health. Prebiotics provide "food" meant to promote the growth of beneficial gut bacteria, while probiotics are live good bacteria. There are many options available, so do your due diligence and consult with a trusted professional to find what's best for you.

Address Stress: Chronic stress can cause an imbalance of gut bacteria by increasing the bad and decreasing the good which can cause various issues. A 2019 article from the National Institute of Health states, "Stress can affect health through its impact on gut bacteria." Yoga and mindful

meditation are simple ways to reduce stress. Just a few minutes a day can make a difference.

Gut health is important. Studies show its impact on multiple major functions. As always, be certain to address concerns with your healthcare professional. Now that we know more, we can do more. But whatever you do, don't ignore that gut feeling.

Now that I know better I plan to do better by chewing my food well and eating more slowly in order to better absorb nutrients. How about you? Let me know at joann@wellnessfusion.net. Remember this monthly article is here for you, For the Health of It! **JoAnn Begley is a Holistic Wellness Practitioner, Certified Nutrition Coach and Reiki Master with 25 years experience in holistic wellness therapies.**

Estate Planning for Everyone:

Review your estate plan before you travel this summer.

By Attorney Marc

As summer approaches and travel plans start taking shape, it's essential to ensure that your estate plans are up to date and aligned with your current circumstances and wishes. Reviewing and updating key documents such as Wills, Living Wills, Power of Attorneys, Healthcare Directives, and beneficiary designations can provide peace of mind, ensuring that your affairs are in order, even when you're away from home enjoying your vacation.

Revisiting your will is crucial. Your will outlines how your assets will be distributed upon your passing, and any significant life changes, such as marriage, divorce, birth of children, or changes in financial status, may necessitate updates to this document. Make sure your will reflects your current intentions and includes any new assets or beneficiaries that have come into your life since its last revision.

Similarly, your living will and healthcare directives dictate your wishes regarding medical treatment and end-of-life care if you become incapacitated. Review these documents to ensure they accurately represent your preferences, especially if your health or personal circumstances have changed. Consider discussing your healthcare wishes with your family members or designated healthcare proxy to ensure they understand and can advocate for your choices if necessary. It couldn't hurt to travel with a copy of these documents.

Powers of attorney are another critical component of estate planning, granting trusted individuals the authority to make legal and financial decisions on your behalf if you are unable to do so yourself. Whether you're traveling domestically or internationally, having a reliable power of attorney in place can provide invaluable support in managing your affairs while you're away. Review the individuals you've designated as your agents and confirm that they are still willing and able to fulfill this role effectively.

Additionally, don't overlook beneficiary designations on financial accounts, retirement plans, life insurance policies, and other assets. These designations determine who will receive these assets upon your death, and they supersede any instructions in your will. Ensure that your beneficiaries are current and aligned with your wishes, particularly if you've experienced major life events such as marriage, divorce, or the birth of children or grandchildren.

Summer travel can present unique challenges and risks, making it all the more important to have comprehensive estate plans in place. If you'll be traveling for an extended period or to a remote location, consider providing a trusted individual with copies of your important documents or storing them securely online where they can be accessed if needed. This precaution can help streamline the process of managing your affairs in the event of an emergency while you're away from home.

Finally, take the opportunity to discuss your estate plans with your loved ones. Open communication can help ensure that everyone understands your intentions and can act accordingly in the event of your incapacity or passing. By reviewing and updating your estate plans before summer travel, you can enjoy your vacation with greater peace of mind, knowing that your affairs are in order and your loved ones are protected.

Marc Guertin is the principal at Marc Guertin, Attorney at Law,



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ATTORNEY AT LAW

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North Branford High School Shoreline Champions



Photo by Dina Falcioni

SOFTBALL



Photo by Gina Cosgrove

BASEBALL



Photo by Bill O'Brien

GIRLS LACROSSE

NBHS Student Athletes Sign



Aiden Chittenden - SCSU - Track



*Gabi Senerchia
Southern New Hampshire University - Softball*



Kiley Mullins University of Scranton - Softball



*Aiden Hutchinson- University of Hartford
UltimateFrisbee*



Jack O'Brien - Post University - Golf



Keana Criscuolo - SCSU Field Hockey

Alumnus Coach Sends Two Track Stars to Nationals

Michael Rabuffo graduated from North Branford High School in 2020. He played soccer for the T-Birds and as a sophomore added indoor & outdoor track playing for the legendary Floyd Parness where he participated in the 400 meter races, as well as the 4 x 4 relays and the high jump. Following his high school studies he went on to Southern Connecticut State University where he earned his English teaching degree. Returning to his Alma mater he served as an assistant and became the head coach of Cross Country two years later.

In a small school like North Branford, it's close to impossible for a track athlete to make the Nationals, with only slightly more than a dozen from Connecticut. But this year two of his athletes competed at the New Balance Nationals in Boston.

Aiden Chittendon throws the shot put, the discus and the hammer. He holds the indoor shotput school record, The indoor shotput Shoreline record, and outdoor school records in shot, discuss and hammer throw. His best throw are shotput - 53' 10.5", Discus 153' and Hammer 142' 1". As he hones his already impressive skills, Aiden has signed on to Southern Connecticut State

University where he will continue with his athletic talents and education.

Sam Gott has only been running for three years. The senior sprinter runs the 100, 200, 55 and 300 meter races. Sam holds the school records for the 300m/36.04, 55m/6.61, and 4x200m records. He will be attending the University of Rhode Island to pursue a degree in engineering.



*Coach Rabuffo
standing Left,
Gott seated
and Chittenden
standing right.*



College Letters of Intent



Logan Barrett - UCONN Ultimate Frisbee



Natalia Lucibello - Wagner University - Softball



Lindsey Onofrio SCSC - Field Hockey



Lucien DePino - Bryant College - Football



Caleb Allen - SCSU - Baseball



Samuel Gott - URI - Track

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Principal Todd Stoeffler, Coach Lori Connelly and Superintendent of Schools Scott Schoonmaker.

North Branford Students Receive Scholarship Awards

On May 29th, 2024, The North Branford Scholarship Association had their awards night for graduating seniors. \$24,150. was awarded to 63 seniors. In the sixty one years the program has been in existence the association has awarded

\$1,211,000. to 3821 deserving seniors. None of this could have been done without the support of the businesses, organizations and families of North Branford. Your support is greatly appreciated.

Name	Address	School Attending	HS Attended	Award
Agular, Evyn	Augur Rd	Undecided	NBHS	Linda Humphrey's Excellence In Music
Allen, Caleb	Brook Ln	SCSU	NBHS	Kyle Carpenter Memorial
Augur, Collin	Mill Rd	Porter & Chester	NBHS	Jim Augur Mem/Tilcon Jerry Wall Mem
Barrett, Logan	Fox Hill Rd	UCONN	NBHS	Lyla Bogardus Memorial
Blomster, Luke	Sea Hill Rd	Virginia Tech	NBHS	Joe Stone Award
Brigance, Sienna	Oxbow Ln	UCONN	NBHS	Ralph F & Anne C Solimini Memorial
Brustman, James	Highfield Ln	Undecided	NBHS	Virgina & William Lovelace Award
Cappetta, Aidan	Mansfield Dr	Undecided	NBHS	John Griffin Award
Carofano, Joseph	Brook Ln	Quinnpiac	NBHS	Mellilo's Garden & General Store
Carter, Gianna	Lake Rd	Quinnpiac	NBHS	Jeff Kraft Memorial
Carusone, Christiana	Joe Stone Way	SCSU	NBHS	Alan Davis Memorial
Cepeda Destiny	Ledgewood Dr	UCONN	NBHS	Keenan Funeral Home
Chittenden, Aidan	Beech St	UCONN	NBHS	Tom Tracy Award
Criscuolo, Keana	Totoket Rd	SCSU	NBHS	NBYB Chris Manner Award
D'Aria, Samantha	Village St	UCONN	NBHS	NB Fire Co #1 Ralph Byorick Memorial
DeFrancesco, Joseph	Old Post Rd	Middlebury	Lyman Hall	NB Rotary Club
DePino Lucian	White Hollow Rd	Sacred Heart	NBHS	NB 1979 Football State Champs
Dion, Joshua	Overlook Dr	New England Un	NBHS	PhRMA
Dodge, Lauren	Glen Rd	WCSU	NBHS	Judy Bannon Award
Evangelista, Samantha	Branford Rd	US Air Force ACD	NBHS	Dan Purcell Memorial
Ferrucci Tea	Dorie Dr	New Hampshire	NBHS	Hidden Kitchen
Fico, Gianna	Pasonage Hill Rd	SCSU	NBHS	Carmelo Arena Memorial
Gamble Gianna	Salem St	Sacred Heart	NBHS	NB Youth Lacrosse Award
Gott, Samuel	Brook Lane	Undecided	NBHS	Roy & Joanne Wentworth Award
Habiniak, Alessandra	Judith Ct	James Madison	Sacred Heart	Brian Lindsay Memorial
Herassme, Joelle	Jerz Ln	Quinnpiac	NBHS	Ct Sportsplex
Holzer Callie	Twin Lakes Rd	Penn State	NBHS	Bobby Ward Memorial
Hutchinson, Aiden	Gail Ct	Hartford Un	NBHS	Joe Calvo Memorial
Jacobs Joseph	Circle Dr	Quinnpiac	NBHS	Frank & Eleanor Doody Award
Karpel Brooke	Birchwood Dr	Quinnpiac	NBHS	T Jerry Juliano Award
LeBeau Patrick	North St	Porter & Chester	NBHS	Bobby's Apizza
Lin, Sabrina	Oxbow Ln	UCONN	NBHS	Tom Tracy Award
Lucibello, Morgan	Jackson Ln	New Haven	NBHS	Edwin & Yolande Ahlberg Memorial
\Lucibello, Natalia	Glenmeadow Dr	Wagner College	NBHS	2023 Project Grad/Leonard Rogers Mem
Maley, Jack	Middletown Ave	Binghamton U	NBHS	Branford Lions
Martinik Brady	Forest View Rd	Bentley University	NBHS	NB Fed Of Teachers/NBIS PTO
Mone, Patricia	Longo Ln	SCSU	NBHS	Van Wilgen's Garden Center
Mullins Kiley	Sunnyside Dr	Scranton U	NBHS	Ralph F & Anne C Solimini Memorial
Nuzzo Giana	Lasalette Way	North Florida	NBHS	Louis & Angelina Nunzianto Memorial
O'Brien Mikella	Lillian St	Gateway	NBHS	NB Girl's Lacrosse
Olsen, Christopher	Woodland Dr	Coastal Carolina	NBHS	Robert Traub Memorial
Onofrio Lindsey	Laurel Ln	SCSU	NBHS	NB Class Of 70/Joanne Castlevetro Mem
Patel, Jay	Harrison Rd	Quinnpiac	NBHS	John & Maureen Bozzuto Memorial
Peterson Lars	Middletown Ave	Marist College	NBHS	NFD Fire Dept Co #2
Pinette Leah	Brook Rd	UCONN	NBHS	2023 Project Graduation
Plano, Giana	Glenwood Rd	Quinnpiac	NBSA	Franz Jauernig Memorial
Prato, Matthew	Doral Farms	UCONN	Notre Dame	Ralph F & Anne C Solimini Memorial
Ramada Peter	Lasalette Way	UCONN	NBHS	NBYB Lewis Paternoster Award
Rish, Adeline	Old Post Rd	Hofstra	NBHS	Jerome Harrison PTO
Sekelsky, Julia	Palanga Rd	Quinnpiac	NBHS	St Andrews Episcopal Church
Senerchia, Gabrielle	Reeds Gap East	S New Hampshire	NBHS	Frank & Brenda Karsmarski Award
Sigal, Elizabeth	Walnut La	Undecided	NBHS	Ct Sportsplex/NB Class Of 1972
Small, Noelle	Ledgewood Dr	Charleston	NBHS	Phil Dahlmeyer Jr Award
Sommo Gianni	Branford Rd	Rodger Williams	NBHS	Petrosky Family Award
Stoner, Connor	Venta Dr	Gateway	NBHS	Aquatic Pool & Spa
Thomas Sean	Norwell Dr	Quinnpiac	NBHS	Carol Sue Lupoli Papa Memorial
Timario Nicole	Ledgewood Dr	Rutgers	NBHS	North Branford Dental
Toto, Sophia	West Pond Rd Ext	Quinnpiac	NBHS	NFD/NB Women's Club
Urrata, Michael	Skylark Dr	Champlain College	NBHS	Albert & Suzanne Teixeira Award
Vogt, Lucy	Forest Rd	Undecided	NBHS	Country Paint & Hardware
Vongher Frederick	Circle Dr	Undecided	NBHS	Douglas Burger Memorial
Waligroski, Brinley	Oxbow Ln	Paul Mitchell	NBHS	John & Kathleen Harrison Award
Yacono Mia	Jackson Ln	Saint Joeseph	NBHS	NB Knights Of Columbus

THEY MAKE US PROUD

Calley Marcarelli was awarded a BS in Elementary and Special Education at Salve Regina University in Newport Rhode Island..

Clayton Bobko graduated from Stonehill College in Easton, MA.

Marissa Montesanto, Fatima Cotas and Jazzmine Gargano were named to the Dean's List at the Univesity of Bridgeport.

Robert Mullins was named to the Dean's List at Assumption University in Worcester, MA



North Branford High School Seniors Complete IgnitingTalent Internships

N. Branford – North Branford High School Seniors Callie Holzer, Sabrina Lin and Kaleigh DeAngelo completed micro internships in Preschool Education, Photography, Private Investigation and **Veterinary Services** through the IgnitingTalent internship program for area high-school juniors and seniors in partnership with local businesses and school counselors. The program is managed by the JoeAbate Charitable Foundation, Inc. and provides each student the opportunity to experience various professions based on their interests through a series of two-week, hands-on micro-internships, assisting them in discovering a potential career path. “My IgnitingTalent experience taught me important and meaningful life lessons,” said Sabrina. “One being that a beloved occupation will provide you with joy and fulfillment greater than monetary value. I also learned the ability to speak with others, advocate for myself and stand out in a humble but confident manner.”

Students selecting a career from one of their micro internships are provided detailed requirements to enter the profession and receive a scholarship to cover initial expenses.

“Sabrina, Callie and Kaleigh were very excited to participate in the IgnitingTalent Program and eager for new experiences,” said Jennifer Tzetzto, NBHS Senior Capstone Coordinator. “They don’t shy away from the unknown and completely enjoyed learning new skills.”

“My micro-internships helped me realize what I value in my future,” said Callie. “I want to be in a service career and do my best to make a difference in young children’s lives.”

“It’s incredible seeing the growth in their confidence and maturity in such a short time,” says Mary Schneider, IgnitingTalent Program Manager. “We are lucky to work with dedicated school counselors like Jen and our wonderful Career Launchers (local businesses).” The three Seniors received Certificates of Completion and an IgnitingTalent “honor chord” that they may wear with their cap & gown at graduation.

In addition to managing the IgnitingTalent program, the JoeAbate Charitable Foundation provides financial and emotional support to congenital heart families and is a partner with the CTHeart Camp, providing funding and in-kind support. Please go to www.joeabatefoundation.org for more information.





Northford Country Market Receives Bench from Plastic Film Recycling Program

On Monday, April 29, Northford Country Market was presented the latest bench NB has earned from the Plastic Film Recycling Program, sponsored by Trex and supported by our NB Big Y. This NB's 15th bench.

NB Solid/Hazardous Waste and Recycling Committee members Bill Savastano and Hank Petroskey made the presentation.

A big thank you to owner Mario DiGioia and the staff at NCM who continue to support this worthwhile recycling program. To date, NCM has collected over 5,300 pounds (2 and a half tons) of plastic film.

Thanks to everyone who participates in the Plastic Film Recycling Program and please continue to be diligent in placing only acceptable items in the collection bins and turn all bags inside out.

The purpose of North Branford's Solid/Hazardous Waste and Recycling Committee is to develop and implement environmentally sound solutions and best practices for solid waste disposal and recycling management on behalf of our town.

Mario DiGioia tries out his new bench (photo by Hank Petroskey)

Town Council Approves ARPA Funds for Shoreline Chamber of Commerce

The Town Council awarded the Shoreline Chamber of Commerce \$1,000 from the pool of federal ARPA finds set aside for nonprofits serving North Branford. The Shoreline Chamber serves North Branford as well as Branford and Guilford supporting the business community in each of them.



PHOTO: Dee Jacob, president of the Shoreline Chamber of Commerce is presented with a check by Mayor Rose Angeloni and the North Branford Town Council.

Sen. Cicarella Applauds Push for Nationwide Ice Cream Truck Safety Standards

HARTFORD – State Sen. Paul Cicarella (R-North Haven) today issued the following statement applauding the push for nationwide ice cream truck safety standards:

“I am pleased that Tristan’s Law now has momentum at the federal level, and it’s all because of the family and friends of Tristan who wrote letters, started petitions, and gave support every step of the way. I hope that it receives the same bipartisan support in congress as quickly as it did in Connecticut in 2021. This is a universal issue for families. When these children stand alongside an ice cream truck, they are not thinking of the hazards around them. This law will provide further safeguards to aid in reducing the risk of future tragedies,” said Senator Cicarella.

In 2021, Senator Cicarella championed a similar bipartisan bill that was signed into state law by Governor Lamont. The Connecticut law is unofficially named after Tristan Barhorst, 10, of Wallingford, who was struck and killed by a motorist while crossing the street from an ice cream truck in 2020.

AUGUST 2-4 2024
nbpocofestival.com

BECOME A VOLUNTEER TODAY!

nbpocofestival.com/volunteers
 We invite you to volunteer at the 22nd North Branford Potato and Corn Festival! All volunteers will receive a Festival t-shirt and a coupon for a free potato & corn meal!

(203) 484-6017
 potatofest@northbranfordct.gov

Northford-North Branford Women's Club

CHARITY GOLF TOURNAMENT

Saturday, June 22, 2024 11:00 am

TWIN LAKES GOLF CLUB
 241 Twin Lakes Road
 North Branford, CT

Followed by 1:00 pm Lunch at Arturo's
 53 School Ground Rd
 Branford, CT

Supporting The Cancer Couch

and other local charities! **100% of proceeds go to charity**

To register: \$50.00 per person
 VENMO: @NorthfordWomens-Club
 What's it for: 'GOLFER' & note others in your group!

OR: Checks made out to Northford Women's Club
 Mail to: Elissa Orio 4 B Catherine Court Wallingford, CT 06492
 TEXT 203-214-0147 for more information!

Don't wait....only 36 spots available!

CHURCH DIRECTORY

Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning: 10:00 - 10:30 Worship & Lord's Supper, 10:30 11:00 Announcements and Music Minity, 11:00 -11:45 Ministering of God's Word & Sunday School. . Nursery provided. Vacation Bible School, missions & outreach programs. www.branfordbiblechapel.org

Hope Christian Church "A Place to Belong". 211 Montowese Ave., North Haven, CT. www.hopeag.com Sunday services 10AM. Coffee served every Sunday 9:00 am. Church open for prayer Tuesdays noon to One. Thursday Bible study 7:00 PM. Like us on facebook.

North Branford Congregational Church, UCC, 1680 Foxon Road, North Branford, CT Join us for worship every Sunday at 10:00 AM. On the first Sunday of each month please attend and share communion with us.

Nursery Care is available. To contact our church: Office hours are Wednesday to Friday from 9:00 AM to 1:00 PM. Phone: 203.488.8456, email: nobdcong@sbcglobal.net, website: www.northbranfordcongregational.org Remember, all are welcome no matter who you are, no matter where you are on life's journey; you will always be welcome here.

Northford Community Church. Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916. email; northfordcc@gmail.com Office Hours: Tuesday 9am - 1pm; other days by appointment. John Vigneri, Pastor . Jane K. Leschuk Minister of Music. Worship Service 10am. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Like us on Facebook. Our website is www.northfordcongregational.church

St. Ambrose Parish – Roman Catholic Parish with two church buildings, St. Augustine, located at 30 Caputo Rd. North Branford and St. Monica, located at 1321 Middletown Ave. Northford.

The pastor is Rev. Robert L. Turner. All are welcome and invited to join us for Mass! Summer Mass times include: Monday, Tuesday, Wednesday, Friday and Saturday at 9:00 AM at St. Augustine. Weekend Masses are celebrated on Saturday at 4:30 PM at St. Augustine (English Ordinary no incense used), Sunday at 9:00 AM at St. Monica (English Ordinary, no incense used) and on Sunday at 11:00 AM at St. Augustine (Latin Ordinary with use of incense). The sacrament of Reconciliation is offered a half hour before all Masses, excepting Sunday, and on Monday evenings from 5-6 PM during Adoration. The parish office is located at St. Augustine Church and is open Monday, Tuesday, Wednesday and Friday from 9-1. You can access the bulletin and staff emails at NBCatholics.org. If you are new to the area and looking for a wonderful parish or homeschool co-op to join, please visit us or give us a call!

St. Andrew's Episcopal Church, 1382 Middletown Avenue - The White Church On The Hill In The Heart Of Northford (at the intersection of Rtes. 17 & 22). Sunday worship at 10:00 a.m. Coffee and fellowship always follows. The Rev. Bryan Spinks is Priest-In-Charge. St. Andrew's is a member of the Middlesex Area Cluster Ministry Network (MACM Network), along with St. James (Higginum) and Emmanuel (Killingworth). Please join us - we'd love to get to know you! All are welcome! St. Andrew's is the proud home of the Food Pantry of North Branford - a vital community resource serving families in need in Northford and North Branford. St. Andrew's also partners with St. Pauly Textile in a broad outreach program to help people in need here in the U.S. and around the world. Donations of usable clothing, shoes, boots, belts, purses, sheets, blankets, curtains and stuffed animals may be made at the donation shed in the church parking lot, available 24x7. Visit our website at <https://www.saintandrewsnorthford.org> Like us on Facebook - St. Andrew's Episcopal Church of Northford, CT. For more information contact us at 203-484-0895; Nan Monde, Sr. Warden, 203-710-7005; Rev. Spinks, 860-304-5266; or MACM office, 860-345-0058.

Shoreline Community Church located at 9 Business Park Dr., Units 1-4, Branford, CT. Call us at 203.481.8919. Sunday Services at 8:30 and 10:00 AM (Children and Jr. High activities meet during our 10 AM service). For more information, check out our website www.sccbranford.org. SCC is a diverse community that is dedicated to Making the Invisible God Visible.

United Methodist Church, Branford 811 East Main St, Branford (Route 1, across from Bill Miller's Castle). www.umcbranford.org or (203) 488-0549. Sunday service 9:30am - both in-person and live on our website. "The Church on the Rock," led by Pastor Kent Jackson. We invite you to discover the power of faith in Jesus Christ bringing God's love to the world. Join us to worship, experience God's word, and stay connected. Please join us for worship at **St. John's Episcopal Church** at 129 Ledge Hill Road in Guilford, CT 06437. Our services are at 10 am each Sunday with Youth Spiritual Foundation for ages 5 and up every first and third Sunday. Coffee hour after our service in our parish hall. See our Facebook page St. John's Episcopal Church, Guilford CT. 203-457-1094. check our website at www.saintjohnsguilford.org

Zion Episcopal Church, 326 Notch Hill Road, North Branford. Our vicar is the Rev. Lucy LaRocca. At this time, we have a single service at 9:15 a.m. on Sunday morning. Refreshments and fellowship to follow service in the parish hall. Please visit our Facebook page or our website zionepiscopalchurch.org. Zion is an open and affirming congregation for those seeking a safe place to worship and grow in Christ. 203-488-7395

Public Stargazing at Young's Park

The Astronomical Society of New Haven is hosting a free stargazing event on Saturday June 8th after 8pm at Young's Park, 60 Blackstone Ave. in Branford. Admission and parking are free. All are welcome, including children and grandparents. The telescopes will be pointed at a very thin crescent moon, the Hercules star cluster and some pretty double stars. Learn where to find some constellations.

Directions and cancellation due to weather (including clouds) will be posted to our website, www.asnh.org or call 866-808-ASNH.



Recycling News

Hazwaste Central is open for the Season

The Regional Water Authorities' HazWaste Central will be open on Saturdays through October. They are closed on the weekends of July 4th and Labor Day.

HazWaste Central helps area residents in member towns protect water quality by safely disposing of household wastes. Located at RWA at 90 Sargent Drive in New Haven, HazWaste Central is open from 9 a.m. until noon on Saturdays only. Household hazardous waste comes from everyday products used in the home, garage, yard or garden.

A visit to HazWaste Central is quick and easy. Participants never have to leave their cars, and the waste is off-loaded by professionals. Some of the household wastes that can be dropped off include aerosol cleaners and sprays, antifreeze, oil-based paint and pool chemicals. We also list some of the accepted items on your green trash information card.

Please visit <https://www.rwater.com/in-the-community/hazwaste-central> for a complete list of what is accepted along with the online registration form. You can also call 203-401-2712 or email ask.hazwaste@rwater.com.

=====

The next Electronics drop-off will be on July 13th.

**The next Bulky Waste won't be until November 4th.
Please make other arrangements for your bulky waste
trash to be disposed of.**

=====

Plastic Wrap Reminder

Most bird seed, pet food and mulch bags are not made of the right plastic to be considered plastic film. And even if they are labeled as recyclable, they would need to be clean to go into the plastic film bin. Please put these items into the trash unless it has a recycle symbol on it and has been turned inside out and clean.

Black plastic plant pots and takeout containers are not recyclable. The machinery can't detect the black plastic. Either try to return the plant pots to the place where you bought your plants or try to reuse them. I find the takeout containers have many uses around the house.

=====

Please Don't Feed the Storm Drain

Is your storm drain covered with leaves or grass clippings? Please take a few minutes to rake them off so the water can flow into it.

Storm drains are designed to only carry rainfall runoff from our streets into our local waterways. Anything but water can contribute to water pollution and drainage issues. Pesticides from treated lawns and gardens can also end up in your drinking water, threatening water quality.

Please clean the street of grass clippings. Blowing grass clippings onto the road is dangerous to drivers, motorcycles, bicyclists, harms local storm sewers and aquatic life.

Remember: Only Rain in the Drain!

For more information about recycling in North Branford you can check out North Branford's Recycling Committee's website: townofnorthbranfordct.com/government/boards-commissions/hazardous-wasterecycling-committee.aspx or our Facebook page: North Branford CT Hazardous Waste & Recycling Committee

Thank You for Your Participation



NORTH BRANFORD PARKS, RECREATION, AND SENIOR CENTER

STW COMMUNITY CENTER • 1332 MIDDLETOWN AVE NORTHFORD

WWW.NBRECREATION.COM • CALL (203) 484-6017

FOLLOW US ON FACEBOOK! @NBPARKSANDRECREATION AND INSTAGRAM! @NBPARK.REC.SENIOR

ARTISAN SERIES: PASTA MAKING

Join owner Nicholas Imbrigilo, of Passionately Pasta for an interactive, fun and easy to follow pasta making class. The class will include a demonstration of making the dough and participants will learn the art of shaping traditional pasta shapes. The ideology of this program is to bring families and friends together to share a wonderful and memorable experience.

PASTA MAKING - ADULT (18+) - \$50

Thursday June 6, 2024 - 6:00-8:00pm
STW Gym/Cafe

PASTA MAKING - PARENT AND CHILD - \$50

Thursday June 13, 2024 - 3:00-5:00pm
STW Gym/Cafe

One parent and one child pair. Please enroll just the adult participant. If you would like to enroll an additional child it is \$10.



POWER YOGA

This yoga practice is a full body workout that will challenge your mind and body. With this practice you will build endurance, gain core strength, create flexibility and promote weight loss. Instructed by Toni McGovern

STW Yoga Room - Wednesdays, June 5 - 26 5:30-6:30pm Ages 16+
Cost \$45 res/ \$45 nr

RESTORATIVE YOGA

Stillness is a powerful practice. With the help of props to support the body you will relax muscles and calm the nervous system. Help reduce stress and create an overall well being. Instructed by Toni McGovern

STW Yoga Room- Wednesdays, June 5 - 26 6:45-7:30pm Ages 16+
Cost \$40 res/ \$40 nr

VICTORY MULTI-SPORT 3 DAY SUMMER CAMP

Ages 5-13 Northford Park

FULL DAY - June 12-14 - 9:00am - 3:00pm

\$100 res/\$110 nr

HALF DAY - June 12-14 - 9:00am - 12:00pm

\$70 res/\$80 nr

New this year, we will be offering a three day Multi-Sport Summer Camp operated by Victory Soccer. The Multi-Sport Summer Camp will be held at Northford Park June 12th, 13th and 14th. Half day and full day options are available. The Multi-Sport Summer Camp will feature fun soccer and basketball activities as well as other recreational games!

Participants should bring a sneakers, sports attire, water bottle, snack, and lunch.

BASKETBALL CAMP

Grades 3-9 Totoket Valley Elementary School

June 17-June 21 Monday - Friday, 8:30 - 1:00 p.m.

\$160 res \$165 nr Instructor: Slamma-Jamma Coaches

The Slamma-Jamma staff shows campers how to develop basketball fundamentals and a winning attitude. With 38 years of experience, the knowledgeable and skilled camp directors and clinicians hold each camper's best interests as their priority as they work on skills to help create great players and great kids on and off the courts.



GUITAR 101

- ★ Thursdays July 11-Aug 1
- ★ STW Community Center Senior Room
- ★ 4:30-5:15pm - Ages 8-12
- ★ \$40 res/\$45 nr

Learning the fundamentals of guitar will help you develop a greater appreciation for music - and it's a lot of FUN! Topics covered include notes, right/left hand technique, beats, chords/chord theory, and basic song structure. *Class is intended for students with little or no instrumental experience. Instructor: Carl Fazzio

Equipment: *Please bring a guitar (style is unimportant; acoustic or classical, even electric - if student brings an electric, an amp is NOT required).

*Notebook and pen to take notes.



Lancaster Show Trip & the Dutch Country

November 13, 2024 - November 15, 2024

\$540

*Per Person, double occupancy
(\$615 per person, single occupancy rate; \$520 per person, triple occupancy rate)

Incredible Price includes:

- Motorcoach transportation
- 2 nights lodging in the Lancaster area
- 4 meals: 2 breakfasts and 2 dinners
- Admission to "Daniel" Show at the Sight & Sound Millennium Theater
- Admission to a holiday themed show at the Magic & Wonder Theater
- Visit to charming Kitchen Kettle Village
- Admission to The Amish Experience & Jacob's Choice at the F/X Theatre

\$75 due at registration; final payment due: 8/30/2024
Gratuity for motorcoach driver and step on guides included.



SENIOR CENTER

SENIOR PICNIC

June 20 5:30-7:00pm

STW COMMUNITY CENTER

FREE 1332 Middletown Ave. Northford

Register at nbrecreation.com by 6/13/24 (203) 484-6017

FREE to Residents Age 55+

\$5 for Non-residents Age 55+

Hot Dogs, Hamburgers

& Salads Dessert & Watermelon

Transportation available
Residents Only
Please let us know
at time of registration!

Entertainment
by The
Boomers



Co-Sponsored by
North Branford
Rotary Club

nbrecreation.com

ESSEX LUNCH TRAIN AND RIVERBOAT

July 12, 2024

\$84 res / \$89 nr

Departs STW at 10:00am Returns 4:00pm

Register by June 7th

Departing STW at 10:00 am, we will have lunch on the Steam Train on our way to board the Riverboat, which will take us out on the Connecticut River. Your meal, train and steamboat ride are included. Adult beverages may be purchased on your own.



HEALTH & WELLNESS CLINIC

June 14th

10AM - 1PM
Stanley T. Williams
Community Center
1332 Middletown Ave.
Northford, CT 06472

Register by June 7th
to Reserve Your Spot
(Limited to 30)
(Cash/Check Only)

PRE-REGISTRATION REQUIRED

www.vetcareeverywhere.org/community-events

Full details on nbrecreation.com



ENDER'S ISLAND GARDEN TOUR & LUNCH

July 16, 2024 - 10:00am-2:00pm

\$25 res / \$30 nr

Join us for a tour of the beautiful gardens and boxed lunch at Ender's Island in Stonington.

Register by June 25th

CLASSIFIED AD RATES

Personal, For Sale, Help Wanted, Tag Sale, and all non-business classified
1 issue \$9.00 2 issues \$12.00 3 issues \$15.00
20 words or less, not including phone #. \$.05 per word, per run,
after 20 words

Lost and Found FREE

Business Classified Ads & Real Estate
3 issues \$35.00, 6 issues \$60.00, 12 issues \$100.00
\$.10 per word, per run, after 20 words

Payment MUST accompany all ads. The advertiser must notify this newspaper of any errors.

Send ad along with your check to:

Totoket Times P.O. Box 313 Northford, CT 06472

For more information call 203-410-4254

ELECTRICIAN

TJC Electrical Services. No job too big or too small. Service upgrades and generator specials. Call Tom Cassella at 203-619-2823. Licensed and insured.

PLUMBING

John DiMaggio Plumbing - Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured. Call 203 - 627 - 6826. References available.

STONWORKS

EARTHART STONWORKS LLC - Specializing in stonewall restoration. Offering hardscape design, custom and made to order stone creations, benches, water features, patios, mailbox posts and more. Licensed and insured. 203 868-9958. [Earthart Stoneworks LLC](http://EarthartStoneworksLLC.com)

HELP WANTED

Twin Lake Children's Center in Northford is growing and looking for some awesome people to join our toddler team. One full time position is available in our toddler room along with part time morning (8-1) or afternoon (1-5:30) positions. Pay ranges from **\$17.00 an hour and goes up depending** on level of education and experience with this age group. Send your inquiry to carol8615@sbcglobal.net

Part-time Library Assistant – Town of North Branford is accepting applications from friendly, enthusiastic, and motivated individuals with excellent customer service skills for the position of part-time Library Assistant to work in the Atwater and Smith Libraries. This position performs a wide variety of basic circulation and library-related tasks at our adult and children's service desks. The position will be expected to help patrons locate materials, share our services, and assist our librarians with collection upkeep and program prep. This position works closely with the public by responding to inquiries and assisting with information and technology needs. The ideal candidate will be team-oriented, tech-savvy, and have a passion for helping people in a welcoming and engaging manner.

High school diploma or equivalent is required, as well as one year of relevant work or volunteer experience in a library, education, or customer service-related field. This is a part-time, 19-hour per week position, including evenings and some weekends. Salary range \$17.66-\$21.47 per hour, depending on qualifications. No benefits. Job description and application are available on the Town's website www.northbranfordct.gov/jobs and at the Town Manager's Office at Town Hall during regular business hours. Please submit applications by email to rburke@northbranfordct.gov or by mail to: Town Manager's Office., 909 Foxon Road North Branford, CT 06471.

This position will remain open until filled. AA/EEO

FOR SALE

Grumman 17' double ender canoe with paddles. 8' refinished Wooden Tender. \$300. each. Call 203-927-7168

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Estavia R. Lockett
Funeral Director & Embalmer
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PRE-PLAN AND SAVE NOW!!

Totoket Historical Society

Hosts Tilcon Quarry Tour June 19

The Totoket Historical Society is sponsoring a bus tour of the Tilcon Quarry in North Branford on Wednesday, June 19th at 6:00 pm. Stone from this quarry has played a vital role in building infrastructure throughout Connecticut. The 90-minute tour will give participants a chance to ask questions of the Tilcon guides and walk the quarry floor, weather permitting.

The cost of the tour is \$30. Checks made payable to the Totoket Historical Society, Inc. should be mailed to 909 Foxon Road, North Branford, CT 06471 ATTN: TILCON. Please include a phone number with your check. Reservations are confirmed only on receipt of payment. We recommend no children under the age of 10. For information and reservations, please call Jessica at 203-895-6655.

Tour participants should arrive at the North Branford Town Hall, 909 Foxon Road (Rt 80) by 5:30 pm to check in. The buses will board promptly at 5:45 pm and leave immediately.

Proceeds from the tour go towards the upkeep of the historic buildings in the care of the Totoket Historical Society Inc. in North Branford.

The mission of the group is Teaching, Preserving, and Building Community. We hope you will join us to learn more about this quarry that plays a vital role in our community.

“Security Systems are best when installed by a Professional not the Internet”





(203) 288-1000

355 Sackett Point Rd North Haven, CT 06473

There are almost 8 million possible seven digit phone numbers per area code!