



Totoket Times

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For Our Town From Our Town

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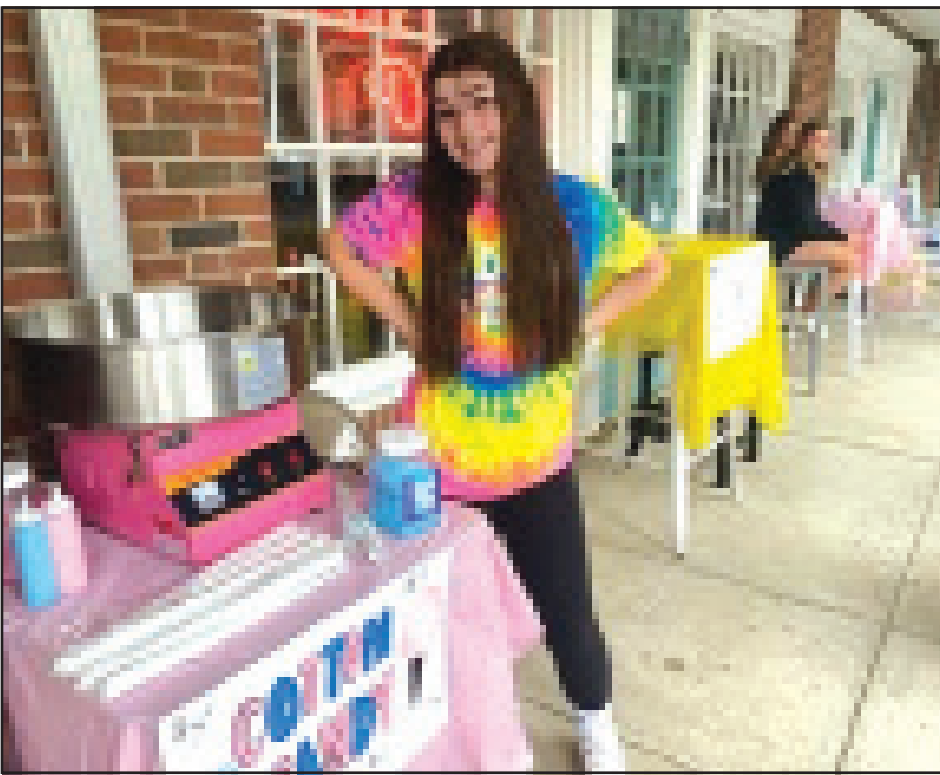
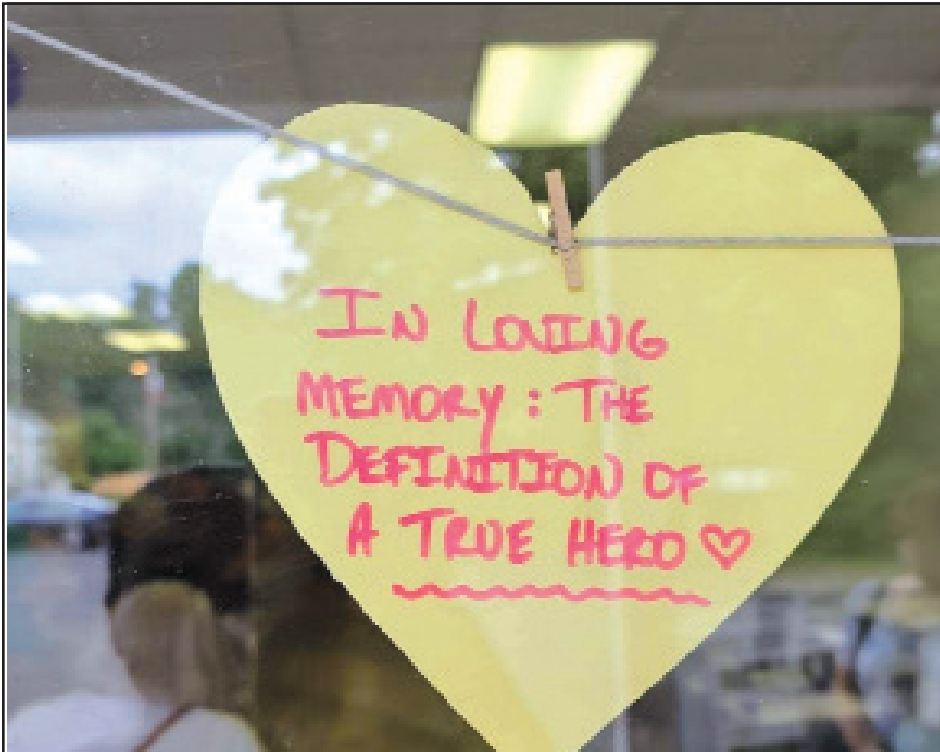
Postal Customer

Volume 28 No 3 July 23, 2021

Always Good Vibes at Good Vibes Nutrition!

The plaza was packed with fun, atmosphere and gratitude as the Good Vibes Nutrition on Route 80 celebrated the life of firefighter Ricardo Torres and honored all first responders as well.

There was food, music, games and more as all proceeds were used to honor this fallen hero.



Check out the ad on page two for information on the next community fund raising event.



Deadline		Publication Date	
July	30	August	6
August	13	August	20
August	27	September	3
September	10	September	17
September	24	October	1
October	8	October	15
October	22	October	29

Petals 2 Go Florist
203.484.7800 www.Petals2GoCt.com
DRIVERS NEEDED!
Apply Within!

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Good Vibes Nutrition



North Branford Thunderbirds Girls Volleyball Fundraiser

Date: Saturday, August 7 & Sunday, August 8

Time: 9:00 AM until 3:00 PM (Saturday)
9:00 AM until 2:00 PM (Sunday)

Where: Good Vibes Nutrition
1715 Foxon Road, North Branford

20% of the days sales will be donated to support the team!

- There will be 50/50 raffle tickets that can be purchased on August 7 & 8
- All house proceeds donated!
 - \$2 for 3 tickets
 - \$4 for 5 tickets
 - \$10 for an arms-length of tickets
- We will also have a \$100 gift cards for local businesses (tbd) that you can buy raffle tickets to with all proceeds donated.
- \$5 each
- \$12 for 3 tickets

CASH ONLY FOR ALL RAFFLES, THANK YOU!!

Good Vibes Nutrition is proud to be hosting a fundraiser for the North Branford Thunderbirds Girls Volleyball Team!

1715 Foxon Road, North Branford,

203-481-2323 - Like us on instagram & Facebook @goodvibesnutritionct

Northford, Connecticut

MAY 2021 AT A GLANCE

Homes Sold
1 homes sold compared to 7 in May 2020 **-85.7%**

Median Sale Price
\$316,000 compared to \$355,000 in May 2020 **-11.0%**

Days On Market
20 days compared to 84 in May 2020 **-76.2%**

Active Inventory
14 homes for sale compared to 22 in May 2020 **-36.4%**

Data source: Smart MLS, Single Family, Northford, CT 5/1/20-5/31/20, 5/1/21-5/31/21

Each Office is Independently Owned and Operated. 🏠 data per ctmls 5.31.21



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mmcelrath@williampitt.com
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Pitt

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INTERNATIONAL REALTY



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Hours of Operation

Tuesday 1-5 PM

Wednesday - Friday 9AM - 5PM

Saturday 9AM - 3PM



1717 Foxon Rd. (Rte 80) -
North Branford (in The Keybank Plaza)
203-488-6959



1179 Foxon Rd. (Rte 80/22)
North Branford CT 06471
(203) 484-7474

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467-3000

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Attorneys and Counselors

ESTATE PLANNING,
PROBATE, ELDER LAW
26 Broadway
North Haven, Ct. 06473
203-234-7400

WWW.GuertinandGuertin.com

State Representative Vincent Candelora



Members of the General Assembly met in special session recently to again debate the issue of the broad emergency powers granted to Gov. Lamont over the last 14 months.

He asked the legislature for an extension to Sept. 30, and those who backed the request cited concerns about Covid variants and the loss of federal funds that they said require an emergency declaration.

It's a measure I opposed, joining all Republicans and a handful of Democrats who agreed that the current arrangement diminishes our democracy's foundation: three co-equal branches of government.

Throughout the pandemic Gov. Lamont has had the ability to create or change policy as he's seen fit, whether installing restrictions on businesses or rules that hamstringing landlords.

Among the discussion points during that special session was whether Connecticut finds itself in a situation that requires an emergency declaration. After all, our state's vaccination rate is among the nation's best and both cases and hospitalizations have been low. Additionally, our statutes regarding emergency declarations require emergencies—not contemplated situations, such as the potential for a new variant gripping our state some time in the future. The governor, by his own words, indicates there's no emergency. For example, he's enthusiastically encouraging residents to return to bars, restaurants, and entertainment venues—spaces he previously branded transmission hotspots.

Our debate here is akin to conversations and decisions that have occurred throughout the nation. Two dozen states have let their emergency declarations expire, including New York, New Jersey, Pennsylvania and Massachusetts—states whose policies, by and large, we mimicked throughout most of the pandemic. In New England, only Rhode Island and Connecticut have emergency declarations in place, and the former affords that state's governor less authority than what we see here.

What's more, the Democrats' primary argument for extending the governor's power for a sixth time—preserving enhanced federal aid for nutrition assistance—was dubious. In letting their declarations expire, Kansas, Pennsylvania and Wisconsin were able to preserve their aid. And after successfully securing the governor's requested extension, Democrat leaders were far less bullish on their talking point amid media questions on states who maintained their funding. Maybe it is possible to get the money after all.

An important point in this debate is that had the legislature rejected the latest extension request, nothing would have stopped the governor from declaring a new emergency if it were needed.

I've made no secret about my viewpoint on this issue, that majority party Democrats prefer to keep Gov. Lamont at the wheel because it absolves them of the responsibility of making difficult pandemic-related decisions such as mask mandates. And while Gov. Lamont has grown more judicious in using his authority, there's little doubt that he's grown his stock by controlling the microphone.

While I'm disappointed in the outcome of the recent vote, I'm happy that we were able to debate the issue at all. During the regular legislative session, Republicans successfully pushed to have an up or down vote among all General Assembly members on these extensions. Additionally, any new executive order from the governor must be reviewed by a panel of legislative leaders.

That panel is of course controlled by the very legislators who supported the governor's extension, but at least we'll get to debate his decisions. And that's more than we've had since all this started.

Rep. Vincent Candelora 86th District
North Branford, Guilford, Durham, Wallingford

Let's Be "Frank"

Well brother, as I write this letter, SueAnn and Gina are packing to go to Florida to see Frankie.

"Why don't you join them Frankie asked. I responded that my need to die in the heat can be satisfied in my own home more comfortably than in Miami.

"I have air conditioning" he offered. To which I promptly responded, "As do I".

So after much debate I will be staying home. Frankie also offered that if it was a scheduling problem, I should fly down for the weekend. I explained to him that I don't fly alone. He thought I was afraid and I had to further explain I am not afraid for myself but for the poor person who has to sit next to me with my girth over taking a part of their seat. SueAnn and I compliment each other when it comes to sharing two seats.

SueAnn is concerned about my being a bachelor for eight days without her caring support. They all worry about me as my survival skills (which were never the best) have diminished with age.

I really didn't do much to support my claim of being self sufficient, when I tripped and fell on a pebble the other day right here in my living room.

My startled bride jumped up with fear wanting to call 9-11. "I'm fine," I responded, "just call AAA. They can send a tow truck to get me off the ground. Falling was pretty easy. The difficult part was getting up. After a few manipulations I managed to get up on my own. Thank God no one was here with a video to tape it as it definitely wasn't pretty. Good news I informed them after I negotiated a successful recovery to a standing position. You don't have to worry about my falling if I am by myself, because now we know I am capable of rising on my own.

With our fortieth anniversary just around the corner, we have very rarely been separated. I don't see a problem. I can take care of myself. I am a better cook than most men and many women. Between my two jobs and catching up on some long postponed social activities and overdue visits to some convalescing friends, my calendar should be quite filled.

I am already a master of the remote so I should have no trouble handling that. I have the summer schedule of all my high school baseball players so I can go see their games. To fill in some meals I will visit Lee's Northford Coffee and Ice Cream for the occasional hot dog special and Good Vibes Nutrition for a healthy shake.

I will be fine on my own. I've got all the instructions on watering the plants inside and out. Now if I can only find that extra roll of toilet paper, another bar of soap and the shampoo I'll be OK.

See you soon brother, hopefully not too soon.

**The August 6th issue of the Totoket Times
will be dropped off at our local stores and
completely available on line at
www.totokettimes.com**

LEGAL NOTICE

TOWN OF NORTH BRANFORD OFFICE OF THE TAX COLLECTOR

Taxpayers of the Town of North Branford are hereby notified that the first installment of Real Estate, Personal Property, and Motor Vehicle taxes on the October 1, 2020, Grand List are due and payable on July 1, 2021. Taxes will be considered delinquent on **August 2, 2021, and** will be subject to interest at the rate of 1.5% per month or fraction thereof, from the due date of July 1, 2021, with a minimum interest charge of \$2.00. **Payments received with an August 2nd postmark are considered on time.** Payments may be made at the Tax Collector's Office, North Branford Town Hall, 909 Foxon Road, North Branford, CT. Hours are 8:30 a.m. to 4:30 p.m., Monday through Friday. You may also pay by credit card at www.townofnorthbranfordct.com and clicking on the link Online Services. **Credit cards may also be used in the Tax office. There is a fee for this service. Payments postmarked after August 2nd, 2021, are considered late and subject to interest.** If you do not receive your tax bills by July 5, 2021, please call the tax office at 203-484-6011. Failure to receive a tax bill does not invalidate the tax or interest as per State Statute 12-145.

Kenneth A. Delfini, CCMC, Tax Collector
Dated at North Branford – June 4, 2021

Letters to the editor...

This paper encourages all readers to voice their opinions and comments.

The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.

All letters must be signed. A telephone number should be included and no personal attacks.

This paper reserves the right to edit all letters.

All letters should be addressed to :

The Editor

P.O. Box 313, Northford, CT 06472



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PLANNING FOR THE FUTURE

By Attorney Marc P. Guertin

Most people do not want to even contemplate spending time in a nursing home. I understand that. It’s not a fun thing to think about. Even though it might be scary to think about it- you should not only think about it but plan for it. The sad reality is that almost half of the population will spend some time in a skilled nursing facility during their lifetime. According to a study by the National Care Council, the average stay is nursing home is 865 days. Short term rehabilitative stays average 270 days (8.4 months). The average per day cost in Connecticut is about \$357 per day. You can see how fast it gets expensive.

A long term stay at a nursing home can be financially devastating for you and your family. The cost of nursing home care can quickly eliminate a lifetime’s worth of wealth and hard work. Long term care in a nursing home can devour your savings and force your home, business and other assets to be sold at a “fire sale” price to pay for your care.

When people are faced with choosing between preserving their assets and paying for care, there really is no choice, unless the costs of long-term care in a nursing home are planned for. Giving away your money (to a child, for example) before needing long-term care may sound like a good idea, but it can be risky. Children get divorced, sued, have creditor issues, or can become catastrophically ill. The assets gifted to your child could be lost through divorce, lawsuits, etc. and would not be available to you. Furthermore, due to restrictive gifting laws, you may not qualify for Medicaid because you gave your money away.

Some people look to trusts to solve this problem. An Irrevocable Asset Protection Trust (IAPT) provides an opportunity for individuals, both single and married to protect their assets long term. These assets could be available to you at some time in the future to pay for things that Medicaid does not, or for an individual’s spouse or as a legacy for future generations, without the risks associated with giving these assets away to another individual.

An IAPT is a legal entity separate from the person who creates it. It is created by signing a Trust agreement where the Grantor irrevocably transfers assets to the trust which is supervised by a third person called a Trustee (often the Grantor’s children or other relative) who holds and manages that property in Trust for the benefit of the people who are named as beneficiaries.

Timing is extremely important when establishing an IAPT. “Beat the Clock” is the name of the game. In order for an IAPT to work it must be set up well in advance of anticipated nursing home care (currently 5 years). After the passage of enough time the assets held by the IAPT will be insulated from the ravages of a long term stay in a nursing home, as well as creditor issues, and lawsuits. Furthermore, the assets held inside of the trust will pass to your beneficiaries’ probate free and within weeks, as opposed to months if these assets were to pass to your heirs through the probate process.

If you would like to learn more about how an irrevocable trust can limit your nursing home exposure, I’d be happy to sit down and talk about it with you. Contact my office at 203-234-7400 to set up a complementary consultation.

Driven by Brainwave Dysregulation. What Brainwave Dysregulation Can Look Like. By Dr. Tom Woodman DC, BCN

Neurofeedback therapy is method of brainwave training that can help the brain operate more efficiently. It is an effective, non-drug treatment alternative for a variety of different symptoms. This article discusses two common patterns of brainwave dysregulation, and the clinical presentations associated with them.

The first pattern is when the brain produces too much slow brainwave activity. People who struggle with **inattention, impulsivity, learning disorders, poor emotional regulation and often lack a sense of general self-awareness** usually demonstrate slow brainwave patterning. “Julie” presented to our office at the age of 13 with this pattern. She struggled in school despite tutoring 3 days a week for the prior 3 years, and was consistently getting C’s in average classes. Julie did 20 sessions of neurofeedback in November and December of that year, and immediately her grades began to improve. She became much more organized, independently began to clean her room, and received several awards that year recognizing her marked improvement academically. She entered high school taking Honors Level courses, and consistently made honor roll throughout her high school career.

The second pattern that we will discuss here is when the brain produces too much fast brainwave activity. People who **over-analyze situations, have anxious tendencies and struggle to relax and “enjoy” them-**

Matt in the Minors

After a great Fourth of July weekend it’s time for a stat check in. One week before the halfway point:

26 hits - 2 doubles - 5 homer runs
11 RBIs - 18 walks - 39 strikeouts
Average .221

It’s been a bit of an adjustment from North Branford’s shoreline conference and Division 2 University of New Haven to High A professional. The talent is not far off but the game is different. Instead of crafty pitchers who hit spots and pitch around the plate. A lot more guys just try to throw it as hard as they can and try to blow up your bat. The crazy thing is, it works. I’m down to my last wood bat. Thankfully, Tater Bats is shipping me more as we speak.

Velocity is a slight bump, 88-90 in the NE-10 on a good day to 94-96. A good pitcher in college can throw 2 pitchers for strikes consistently. Now it’s more like four pitches. You have to be ready for anything at any time. Defensive shifts and analytics don’t help much either. They’ve stole a few hits from me already this year with the short stop being right up the middle or the second baseman being in the hole. A nice roll over doesn’t slip through anymore.

The only thing you can do is keep playing. Keep having fun and hoping for the best. I hope everyone had a great fourth. The fireworks out here are nothing like the ones back home.

Best, Matt
Matthew Chamberlain



Are YOU An American?

Dear Editor:

The following “American values” go hand-in-hand with the rule of law, the right to vote and the ideals of fundamental rights and equality of which Americans should be proud:

1. Citizens can and should vote - even if they have to stand in line for hours, bring their own bottle of water or get a drink from the neutral voting station.
2. Billionaires should and do pay most of the taxes in this country and we need to keep them here so they will continue doing just that.
3. Children should learn history in history class, not Marxist divisiveness designed to foment hatred and civil war.
4. The 1st Amendment requires the separation of church and state – not the destruction of religion (no matter what that religion might be).

Some may view these values as “extreme right,” but - far from being radical or dangerous - they are the values that have made America the leader in freedom and equality for 245 years.

Sincerely,
D. Kirt Westfall, July 13, 2021.

selfes usually demonstrate this type of dysregulation. “Alex” came to our office this pattern. She was looking for help with her athletic performance, and despite being a former Division I athlete, she reported that she was experiencing: “inconsistent performance; lack of self-confidence; inconsistent execution during high pressure situations; constant comparing self to others; and a general lack of self-belief.” Her goals coming in were to compete at the highest level of competition for her sport and make the US National Team. She had been close for several years, but the issues of self-doubt and overthinking would always hinder her achieving that goal. She did 34 sessions of neurofeedback that summer and then started competing that Fall. Her performance improved and her self-doubt was gone – **she is currently a member of the US Olympic team.**

These are just two examples of many different brainwave patterns that present very differently. In both examples, neurofeedback was able to help the brain operate at a more efficient level, and as that occurred, performance improved. But in every situation, the goal of neurofeedback is the same – to improve the efficiency of the brain itself. Eleven years ago, Dr. Laura Pardue and I were drawn to neurofeedback for very different personal reasons, and our outcomes exceeded both of our expectations. This propelled us to learn more, leading both of us to become Board Certified in Neurofeedback. Furthermore, I mentor other health professionals seeking Board Certification, and have taught various continuing education seminars to healthcare professionals throughout the country on this topic. If you would like to learn more, I will be giving informational presentations in the coming weeks to local residents. Please call our office for specific times and dates, or visit our website – www.nextlevelneurofeedback.com.

Freshman Orientation Program @ NBHS

A one day program of freshman orientation, *THE FRESHMAN CONNECTION*, will be held on Thursday, August 26th from 9:45-11:30 am. All activities are held at North Branford High School auditorium. This important program is intended to better acquaint your son/daughter with the many opportunities at the high school, to provide necessary information about the start of the school year, to promote class unity, and to help your child make a successful transition to high school. **We urge you to have your child attend.** For those students participating, we plan to distribute schedules. Those students unable to attend will receive their schedules the first day of school.

In addition, we are offering a parent orientation from 10:45-11:30 am where parents are invited to join school staff as they review relevant school policies, discuss various support systems in place, and participate in a questions and answers session. Parents are invited to join their son/daughter immediately after for lunch..

Tentative Schedule:

Thursday, August 26th

AUDITORIUM LOBBY AREA

9:45 a.m. Check in- Lobby of the auditorium. Distribution of materials, including schedules.

AUDITORIUM

10:00-10:05 Welcome

10:05-10:45 NBHS Student Panel- Discuss various areas of school life, opportunity for questions.

10:45-11:30 Parent Orientation with their child- review of pertinent school policies, support staff, communication. Receive chromebook agreement form. View school video.

11:30-noon Lunch- Provided for Students AND Parents

Pick-up at the Auditorium entrance area

All parents/guardians of incoming freshman students will be mailed additional information.

NBBOE PreK Program Adds a Second Classroom

North Branford Board of Education, through the Smart Start for Recovery Grant initiative, is proud to announce the addition of a second classroom to their existing preschool program located within the Jerome Harrison Elementary School. Enrollment is available this fall 2021 and the application period is presently OPEN.

As is the first classroom, this is a full day, fully funded program with transportation provided. There will be 15 spots available.

Please visit the NBBOE Preschool website at <http://bit.ly/jhs-preschool> for program details and access to the online application. The application deadline is July 30th. (all Smart Start requirements and restrictions as noted on the website apply).

For additional information or questions, please call North Branford Public Schools Office of Curriculum and Instruction at 203-484-1477 or email sdelgaudio@northbranfordschools.org

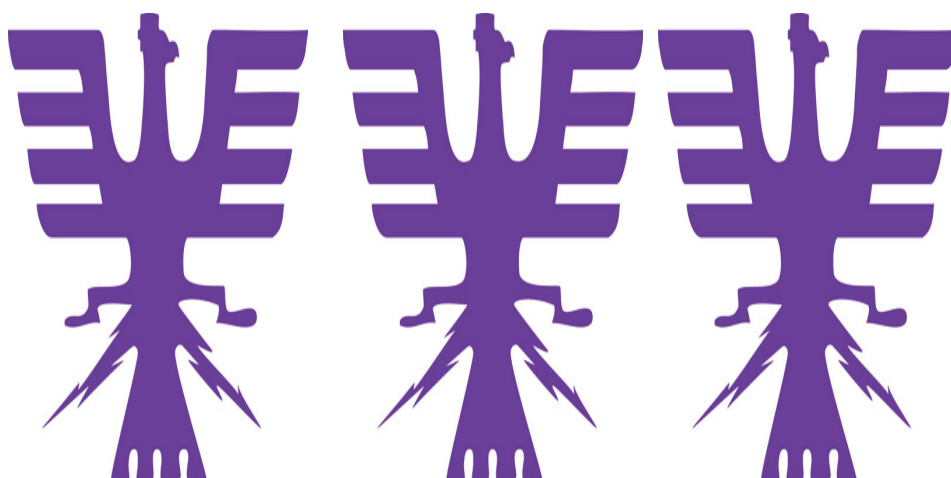
Floyd's Legend Still Lives 5th Annual 5K Race

The Floyd Parness 5K race will be back in person this year. Join the group at the 5th Annual race to take place on August 8th by registering at runsignup.com/floyds5k

THEY MAKE US PROUD

Tyler DiPentima, Kristen Pagano, Shelley Kwalek, Amanda Croce, Cassandra Stegina and Kaitlyn Morris were named to the President's List at Goodwin University in East Hartford.

Parker Nadeau, Emma Garrett, Meagan Hanratty and Sydney Hogan graduated from Eastern Connecticut State University in Willimantic.



NORTH BRANFORD PUBLIC LIBRARIES

Summer is here! We are excited to share with you our list of Lawn Games now available for checkout with your library card. The location of each game can be found in our online catalog. We ask that you checkout and return them to the location in which they were borrowed. Please do not return lawn games in our book drop. (yes, people have tried that... it clogs up the drop)

Great idea for parties, picnics, showers, etc. Games circulate for 7 days. location. Call us (203-315-6020/Atwater, 203-484-0469/Smith) or stop in (Mon.-Fri. 10-5, Sat. 9-12) to borrow these ☺

**Bocce * - Capture the Flag - Cornhole - Croquet
Disc Golf - Horseshoes - Kan Jam - Ladder Golf
Lawn Darts - Pickleball ***

Potato Sacks (also includes eggs/spoons, three-legged race bands)

Spikeball - Tumbling Timbers - Yard Dice

****The North Branford Recreation Department
now has courts available for each of these!***

Memory Care Items Now Available to Checkout from our Libraries:

Thank You to the Northford-North Branford Women's Club for their generous contribution to this important collection for our Library patrons!

When memory loss becomes an issue, caregivers often struggle with finding things to fill the time they spend with someone. Our libraries have individual kits for you to borrow to help fill a little of this time. More than one kit may be borrowed at once. Kits circulate for 7 days. Check our on-line catalog for the exact location of each item (Atwater or Smith Library)

Match the: Dots, Pins, Shapes, or Suits

"Seasons" Multi-Level word search (laminated)

**Expressions Game
Wooden Tanagram
Water Doodle
Bird Group Matching Cards**

Fidget and Sensory Pad

Laminated Word Search

Singing Around The Birdhouse or Blue Truck Farm (Jigsaw puzzles)

Jigsaw puzzles are specifically colored and designed for memory impaired

NORTH BRANFORD BARBERSHOP

HAIR CUTS
MEN \$12.00
SENIOR & KIDS UNDER 10 \$10.00

TUES. 8:30 - 5:30 WED. 8:30 - 5:30
THUR. 8:30 - 5:30 FRI. 8:30-5:30
SAT. 8:30-3:30 CLOSED SUN. & MON.
~ WALK-INS ONLY ~

OWNER- ROBERT VIGLIONE
1179 FOXON RD, NORTH BRANFORD | (203) 484-6789

Wee Care of North Branford, Inc. Daycare and Preschool



At Wee Care of North Branford, Inc. all day preschool is available for children ages 3-6 from 7 a.m. - 6 p.m. Monday through Friday. Some of the highlights of the program are:

- Two licensed Preschool Teachers
- Curriculum and disciplinary procedures aligned with local kindergarten classes
- Teacher directed learning centers
- Morning lessons reinforced by afternoon activities
- Extracurricular activities at no extra cost including Yoga, Music, Library visits, and Science classes

Openings currently available.

1680 Foxon Road (Rt. 80)
North Branford, CT
203-481-3909

www.weecarenb.com



Recycling News

Bulk Pickup is twice a year (no longer weekly)

Next Bulky Waste Pickup is the week of November 8, 2021

Next Scrap Metal Pickup is the week of October 25, 2021

Please do not place your items curbside until that week.

-No home cleanouts-

If you see a yellow sticker on an item that you put out to be picked up that means that the item is unacceptable.

Do you have items that you would like to donate rather than throw out?

The Downsizing Donation Guide’s goal is to keep useful items out of the waste stream and out of recycling bins. Its

broader mission is to find a new life for these items with organizations that will use them. The list was compiled in 2019 and is 56 pages of helpful information. <https://housing.yale.edu/sites/default/files/files/TheDownsizingDonationGuide.pdf>

or just search for ‘Downsizing Donation Guide’ to find it.

HazWaste Centralis opened for the 2021 season

Located right behind the Regional Water Authority’s headquarters,
90 Sargent Drive, New Haven

Hours are 9am to noon - Saturdays through October 30th,
2021

Note: Center is closed for Independence Day and Labor Day holiday weekends.

Not Accepted at HazWaste Central

Asbestos, Commercial Waste, Electronics, Fire Extinguishers,
Gas-Grill Size Propane Tanks, Medicine, Needles, Smoke Detectors,
Pharmaceuticals

Call 203-401-2712 or email ask.hazwaste@rwater.com for more information

Reduce Contamination in the Recycling Totes

Do not put plastic bags containing recyclable items in the recycling tote, remove the items from the plastic bag and reuse the bag or bring to a plastic film drop off location.

Black plastic take-out containers and plant pots should not be put into the recycle tote, these go into the trash. The trash plants can’t recycle black plastic at this time.

Learn what can and cannot be recycled using the RecycleCT Wizard:
<https://www.recyclect.com>

Plastic Film Drop Off Program has 4 convenient drop off sites:
Town Hall, Atwater and Smith Libraries and Park & Rec

As a reminder, please do not include: grape/cherry bags, candy bags, individual tea bag packets, Saran wrap, and plastic bags that make a loud crinkling sound.

These items cannot be used for this program.

..... Thank You for Your Participation.



Anne C. Neubig, 77, of Northford, passed away peacefully on Sunday, July 4th, 2021, at the Connecticut Hospice, Branford. Anne was born in New Haven on May 29th, 1944, and was the daughter of the late Charles and Grace Augur Neubig. A graduate of Wilber Cross High School, Anne was an Auditor for Nationwide Insurance for many years until her retirement. She was an active parishioner of St. Monica’s Parish and a member of the Rosary

Society where she was always willing to assist with any parish activities. She was a member of the North Haven Grange #35, the Northford Volunteer Fire Department Company #2 Ladies Auxiliary and a charter member of the North Branford Fire Department Ambulance Company #4. Anne was a member of the original Relay for Life in the town of North Branford, where she was the chairman of the Luminaria committee for five years. Anne enjoyed riding her golf cart on her farm and around town where she would stop and visit with family and friends. Sister of William C. (Judy) Neubig and the late Dorothy G. Neubig. Aunt of Kenneth W. (Toby) Neubig, David R. (Kimberly) Neubig and Denise (David) Prather. Great-Aunt of Jared, Jacob, Emily, Grace, and Ben.

Memorial contributions may be made to the CT Hospice, Inc., 100 Double Beach Road, Branford, CT 06405



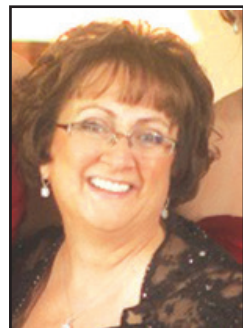
Mark Charles Olovson, 51, of North Branford, died suddenly at home on July 3, 2021. Mark was born on December 12, 1969, son of the late Doris F. and Carl O. Olovson. Mark was predeceased by both parents and his brother, Paul Olovson.

Mark is survived by his daughter, Kaiya Olovson of Guilford, his siblings Gayle Olovson McKernan, Erik Olovson, Kristen (Richard) Smith, all of North Branford, Todd (Denise) Olovson of Manzanola, CO and many nieces and nephews. Also, he leaves

behind numerous friends whom he considered family.

Mark was a very hard worker throughout his life. He was particularly artistic as a landscaper. The “true” Mark will always be remembered as a guy with a huge heart and an infectious smile.

All arrangements will remain private. Monetary donations can be made to: aptfoundation.org



Mary Maturo Powers passed away after a long illness on July 14, 2021, surrounded by her husband and children. She is survived by her husband of 47 years, Mr. Albert Powers, Jr., son Dr. Albert Powers III (Emily), and daughters Mrs. Megan Scotto (Antonio) and Mrs. Briana Lingo (Samuel). She is also survived by 6 grandchildren (Jack Scotto, Adelaide Powers, Maston Powers, Will Scotto, Beckett Lingo, and Miles Lingo), many nieces and nephews, and countless extended family members and friends. Mary was born on September 26, 1952, in New Haven, CT, to Mary Josephine (DiMeo) Maturo and Joseph Maturo. Growing up in the Hill section of New Haven, Mary attended the Truman Street School and St. Anthony’s School before graduating from Lee High School in 1970. She worked at Southern New England Telephone (SNET) for 23 years. In 2005, she became the Senior Administrative Assistant for Morse College at Yale, where she was proud to touch the lives of thousands of students. Mary will always be remembered for her genuine warmth, vibrant personality, and giving heart. She was quick to open her home and arms to anyone she met and was considered a second mother by many.

Memorial contributions should be sent to The Mary Powers Memorial Fund (<https://gofund.me/42dfb7a7>).

Dignity of Life Seminars

The Catholic Cemeteries Association Inc. (CCA) will be sponsoring a presentation focused on educating families about the challenges and the importance of Advance Planning, Maintaining the Dignity of Life during end-of-life discussions, and information about our NEW service called the Catholic Funeral Plan®. The CCA will offer evening Seminars with the assistance of an Elder Care Attorney. Bring your questions, we will discuss the importance of the Rite of Christian Burial, The misunderstood elements about Cremation, Wills, Trusts, Probate, How to Fund your Funeral, and much more. We are here to help you at NO obligation. All are welcome to attend. Please give us an hour and 30 minutes of your time.

Seminars will be held at the Sacred Heart

Cemetery Chapel in Meriden located at: 250 Gypsy Lane (RT5), every other Wednesday (see footnote ** for seminar dates). All sessions are in the evening beginning at 5:30pm until 7pm. Registration is strongly recommended to help us prepare. Seating is limited. Refreshments and materials will be provided.

How to Register?

Please visit our website www.ccacem.org or contact our Outreach Coordinator, Barbara at (203) 780-8418 or email her: bgode@ccacem.org to register. When registering on our website HOME page: Please select the EVENTS tab and locate the date on the calendar that works best for you. God bless you!

** July 21st, August 4th, and 18th, September 8th and 22nd, October 6th and 20th and November 10th, 2021

Rosary Walk 2021

All are welcome to join us every Tuesday evening at 6:00 PM at All Saints Cemetery (rain or shine). Meet in front of the main building, now through October.

We are praying for World Peace and for each of your intentions. This Season, we will be walking to benefit the CT Diaper Bank in hopes to help families with children. Let us make a small change in the world through our prayers and a simple act of love for thy neighbor. Making changes from the bottom up!

Please visit our website EVENTS Calendar to learn more and to donate by click on the link provided.

If inclement weather, please meet in front of the Mausoleum instead. Programs will be provided. If you have questions, please call Barbara at (203) 780-8418 or visit our website for additional info. at www.ccacem.org.

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Ongoing enrollment for camp, grades 1-6!

Monday, June 28 - Friday, August 20

8:30am - 4:30pm

\$125 weekly resident rate

Daily lunch is included!

Specialty classes at NO ADDITIONAL COST!

Register online at www.nbrecreation.com

Mary's Culinary Classes

Ages 5-14

STW Community Center • 5:30 - 7:30 pm

Cost \$40 res/ \$45 non res per class

Join Mary Amter in this unique, hands on Culinary experience that will engage children in creating delicious creations. They will explore, create, and learn basic cooking techniques!

JULY 13, 2021

Orange Chicken and Berry Cheesecake

JULY 27, 2021

Chicken Parmesan and Sweet & Salty Sand Pudding Cups



FUN & FITNESS - KIDS!

Ages 6 - 9 — STW Community Center

Session 1: Mondays, July 12 - August 2, 6:00 - 6:45pm

Session 2: Mondays, August 9 - August 30, 6:00 - 6:45pm

Instructor: Coach Gibilaro

\$35 res/ \$40 nr

SLAMMA-JAMMA BASKETBALL

Grades 3-9 — Jerome Harrison Elementary School

Session 1: July 12-July 16

Session 2: August 16-August 20

Monday - Friday, 9:00 a.m. - 1:00 p.m.

\$155/res \$160/nr

Instructor: Slamma Jamma Coaches



FIELD HOCKEY CLINIC

Grades 2-8 — Northford Park

July 14 - July 16—9:00 a.m. - 1:00 p.m.

Wednesday—Friday, \$65/res \$70/nr

Instructor: Cheryl Canada-Associate Head Coach at Quinnipiac University, USA
Field Hockey Level II Accreditation, CPR and First Aid Certified

YOGA TO RELEASE THE WEEK

Ages 16+ — STW Community Center

Thursday, July 15 - September 2, 6:30 - 7:30pm

Instructor: Bhogah Yoga

\$75 res/ \$85 nr

Join us for this OUTDOOR class! This class will focus on releasing the stress of your busy week in both the mind and body leaving all students with more space to breathe, ease in their body and calm in their mind.

COOKIE DECORATING

HAVE FUN DECORATING COOKIES IN THE COMFORT YOUR OWN KITCHEN

"Sweets on Main" will supply a half dozen cookies, icing, sprinkles and instructions to create your own cookie masterpiece!

Summer Themed Cookie Kit - \$25/kit

Orders need to be placed by Sunday, July 25th.

Pick up cookie kits on July 29th.

Between 9:00am—4:00pm at STW



July Zumba Classes!

Monday's & Thursday's

\$10 per class

Ages 18+ - STW Community Center Multipurpose Court
5:45pm - 6:45pm—Must register in advance

Instructor: Marina Rossi



FAMILY NIGHT AT PARKS & REC

Co-sponsored by North Branford Parks & Recreation
& The North Branford Public Libraries

Tuesday, July 13 - 5:30 –7:30pm

STW Community Center

Family entertainment by:

Jason Tardy: High Energy Juggling

Food truck available from: D&S



Pack a blanket, lawn chair and enjoy an evening of family fun! Please register in advance, nbrecreation.com



HARRISON FARM PRESERVE SCAVENGER HUNT

Come and enjoy the beautiful trails and participate in our Family Scavenger Hunt in collaboration with the North Branford Land Trust at Harrison Farm Preserve located at



95 North St, North Branford, CT 06471 Scavenger Hunt forms can be found at nbrecreation.com

After you complete the scavenger hunt, stop by Atwater Library

(Monday - Friday, 10 - 5 & Saturday 9 - 12)

to enter our Nature Raffle!

Which includes a butterfly habitat, reusable tote, Agway gift card, and more!

ENDS JULY 31st

SENIOR CENTER



BERRY SWEET SOCIAL



Join us Thursday, July 15th 12:30—1:30pm
Ages 55+

For a sweet treat of strawberries, shortcake and lots of whipped cream! Please register for this FREE event by 7/9!



Ice Cream Party



Here's the scoop:

Thursday, August 26 12:30—1:30pm

STW Community Center

Ages 55+ Register for this FREE event by 8/19!

SENIOR T'AI CHI—Beginner Level

July 15—August 26

Thursdays 9:45am - 10:45am

\$40 res / \$45 nr

Marty will use the flowing, meditative movements of this ancient Chinese martial art to improve balance, strength, endurance, flexibility, coordination, concentration, and memory. He will demonstrate how we can use Tai Chi's self-defense strategies to reduce our stress and protect ourselves from the repeated assaults of everyday life.

FOOD EXPLORERS—55+

Wednesday July 14—10:00am

\$15 res / \$20 nr

Join Food Explorers for a game of Nutrition Trivia! Test your knowledge for the five food groups with the help of a nutritionist and see which team comes out on top! You'll win prizes and you'll learn how to make a quick and easy snack! Banana Cream Pie Parfait *This recipe is nut free but does contain dairy.

Registration required by 7/9

MIDMORNING ACTIVITIES

TUESDAYS

Corn Hole with Jerry at 10:30am

WEDNESDAYS

Cards & Games at 10:30am

THURSDAYS

Bingo - 10:30am

FRIDAYS

Grocery Shopping

Please register for all activities in advance either on our website or call the office at (203) 484-6017

MEDICAL TRANSPORTATION

TUESDAYS

WEDNESDAYS

THURSDAYS

10:00am—2:00pm

A 2-week notice is preferred; however, we will try to accommodate last minute appointment changes. Please let us know if you need wheel chair services when you call.

CLASSIFIED AD RATES

Personal, For Sale, Help Wanted, Tag Sale, and all non-business classified
1 issue \$9.00 2 issues \$12.00 3 issues \$15.00
20 words or less, not including phone #. \$.05 per word, per run, after 20 words
Lost and Found FREE
Business Classified Ads & Real Estate
3 issues \$35.00, 6 issues \$60.00, 12 issues \$100.00
\$.10 per word, per run, after 20 words
Payment MUST accompany all ads. The advertiser must notify this newspaper of any errors.

Send ad along with your check to:
Totoket Times P.O. Box 313 Northford, CT 06472
For more information call 203-410-4254

CONSTRUCTION SERVICES

ANF Construction. residential or commercial remodeling and new construction kitchens, baths, decks and more. Call for free estimate. **Artie,** 203-927-5275.

Southern CT Restoration. Insurance restoration and general contracting services. New construction, remodeling, kitchens, baths, roofing, siding, windows, doors, decks and painting. Call Pat Zichichi @ 203-239-9600.

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TJC Electrical Services - No Job too small or big. Service upgrade & Generator Specials. Call Tom Cassella at 203-619-2823. Licensed & Insured.

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Vet & Senior discount. For a free quote call John (860) 349-8135.
Mone Landscaping LLC. we are now accepting new accounts for landscaping. Including but not limited to Lawn Mowing, Mulch, Trimming, Edging, etc. We are licensed and fully insured. Morethan 25 years in business. Call Mike at 203-640-5317 for a free estimate.


CASH IN ON OLD JEWELRY

Wanted Gold, Silver scrap jewelry. Fair Prices offered.
Call 203-627-6826 or 203-376-1249

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John DiMaggio Plumbing - Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured.
Call 203 - 627 - 6826. References available.

TREE SERVICES

 **Tree Service - A Better Cut, Tree Service** - Local, full service tree company - we provide tree removal and trimming, chipping, and grinding. Please call for a free estimate - Contact Pat Zichichi 203-945-1808

SEEKING WORK

C.N.A. seeking to provide homecare. 20+ years of experience providing care. Experienced with Alzheimer and dementia. A positive, hardworking motivated individual who has patience and attention to detail. Call Sue a 203-619-4493.Resonable rates.

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HELP WANTED

SECRETARY I – The Town of North Branford is accepting applications from qualified individuals for the position of Secretary I to assist the Purchasing Assistant/Risk Manager in completing clerical, secretarial and record-related work. Requires High School Diploma, supplemented with one year of clerical/secretarial experience, or equivalent combination of experience and training that demonstrates ability to perform duties. Purchasing, insurance and office management experience a plus, excel preferred. Starting wage \$23.79/hr. plus benefits, 25 hrs per week.

Applications are available at Town Manager’s Office, 909 Foxon Road, North Branford, CT 06471 during regular business hours or on-line. Applications due to the Town Manager’s Office by **Friday, July 30, by 4:00 p.m.** (No faxes or emails). EEO/AA

Drivers Needed: Must have good driving record and be on time. Apply in person at Petals 2 Go in Central Plaza, North Branford, or call Dave at 203-484-7800