

# **Totoket Times**

www.totokettimes.com

Volume 29 No 1, July 29, 2022

For Our Town From Our Town

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# Potato & Corn Festival is Back

After a two-year hiatus, the North Branford Potato & Corn Festival will return in 2022 with a four-day event from Thursday, Aug. 4 through Sunday, Aug. 7. We cannot wait to gather under the big tent, eat delicious fair food, hear great music, play fun games, enjoy the carnival rides and games, see the fireworks, and visit with friends new and old.

Thursday, Aug 4, 5PM - 10PM
North Branford Night - Half Price on site parking for town residents.
Friday, August 5, 5PM -10PM - Classic Car Show
Saturday - August 6, 10AM -10PM
11:00AM Antique Tractor Pull. Firework display at 9:15

Sunday - August 7 11:00AM - 5:00PM. Preceded at 9:00AM with Floyd's 5K Race.

# RIDES-FOOD-GAMES-ENTERTAINMENT MUSIC - CRAFTS & MORE FREE ADMISSION FREE SHUTTLES

Mission statement: The North Branford Potato & Corn Festival strives to celebrate the role of agriculture in our community; highlight local businesses, groups, non-profits, and organizations; and offer a weekend of fun and entertainment to families and community members. This volunteer-driven, non-profit event aims to bring beloved traditions to guests year after year as well as offer new and innovative features in order to bring the community together and create lasting memories. The event is hosted by the North Branford Parks & Recreation Department.

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FOR MORE INFORMATION AS WELL AS PARKING & SHUTTLE LOCATIONS VISIT NBPOTOTATOFEST.COM

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Venmo@
Frank-Mentone - 1

<b>Deadline</b>		Publication Date	
August	5	August	12
August	19	August	26
September	9	September	16
September	23	September	30
October	7	October	14
October	21	October	28

#### Town Manager is Moving on **Dear North Branford Residents,**

It has been an honor and a privilege to serve as your Town Manager for the past nine years. I am grateful for the opportunity to have been a part of the positive growth and development that is taking place in this community. I am moving on to take the position of Town Manager in Plainville, CT and it will be hard for me to step away. This community has great heart and always pulls together when adversity strikes. The Covid pandemic has proven to be a significant challenge and North Branford has responded with resilience and perseverance.

There have also been many positive events and projects this town can be proud of. The new High School and Police Department are important investments that will pay dividends long into the future. Not to mention the positive collaborations between the public and private sectors that help to showcase this community. Two of my favorites include the POCO festival and Destination North Branford, both of which demonstrate what is really unique about this town.

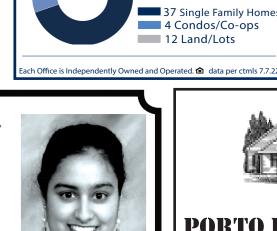
I appreciate how special the people of North Branford are and how wonderful I have been treated. A special thank you to the current and previous Town Council members I worked for along with town hall staff and the many town employees who provide such excellent service to this community. I wish the Town and its residents nothing but the best.

#### Sincerely, **Michael Paulhus**









William

**Total Homes Sold** June 2022

16

**↓**11.1 % (18) June 2021

**NORTH BRANFORD** MARKET WATCH

Sotheby's

↑28.6% June 2021

**Average Sold Price** 

June 2022

\$438,724

↑ 17.9% June 2021

**Total Monthly Inventory** 

All Listing Types, June 2022

53 Total Units

37 Single Family Homes



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# Military Whist The Sons & Daughters of Italy #2805 will

**Totoket Times July 29, 2022** 

host a Military Whist on Friday, September 16, 2022. The event will be held at Saint Frances Cabrini Churh Hall at 57 Pond Hill Road, North Haven.

Light refreshments will be served at 6:15 and the game will begin at 7:00. It will be hosted by Pastty Meglio.

There will be raffle prizes, gift cards and more. this event will be the first Whist presented by the Sons & Daughters of Italy since the pandemic.

Get out with your friends or meet new friends in what traditionally has been a fun evening.

For tickets contact Sharon Ricciardelli at sharic542yahoo.com





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#### for Men & Women!



**Hours of Operation Tuesday 1-5 PM** Wednesday - Friday 9AM - 5PM Saturday 9AM - 3PM









1717 Foxon Rd. (Rte 80) -North Branford (in The Keybank Plaza) 203-488-6959



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#### GUERTIN AND GUERTIN, LLC

Attorneys and Counselors

ESTATE PLANNING, PROBATE, ELDER LAW 26 Broadway North Haven, Ct. 06473 203-234-7400 WWW.GuertinandGuertin.com

#### State Representative Vincent Candelora

Residents Struggling Under Capitol Policies, More Relief is Needed



Middle- and working-class families have been clobbered by policies coming out of the capitol, and they've had enough.

Since 2011, the legislature's majority Democrats voted to increase taxes in Connecticut by nearly \$7 billion, making ours one of the most unaffordable and highest-taxed states in the nation. Yet now, my colleagues across the

aisle are patting themselves on the back for temporary election-year rebates and a meager attempt to counter the harmful policies they put into place.

If you ask anyone in Connecticut today if they're feeling relief or seeing our state get more affordable their answer is no. Democrats missed the moment when they passed their budget in May—Connecticut residents remain overtaxed, overburdened and overwhelmed.

You may have seen that state Democrats are criticizing Republicans for expressing "lectern-pounding" outrage. We are "pounding the lecterns" because we're the voice of the middle- and working-class families, and they are fed up by a ruling majority that just isn't listening.

Democrats are proud of a budget adjustment that underserved state families by keeping \$800 million in over-collected tax revenue in the state's coffers and touting only temporary tax cuts for a select few. As an alternative, my Republican colleagues and I offered both short-term and long-term tax reductions for all state residents, also preserving historic additional payments to the state's pension debt. Democrats voted no, so now we're pounding the lecterns.

Republicans pushed to use a portion of the state's \$800 million surplus to cut the diesel tax to lower the prices of goods, groceries and services. Instead of cutting the tax, Democrats increased it, and pocketed the money. So, we're pounding the lecterns.

Republicans pushed for tax cuts on gasoline weeks before Gov. Lamont and Democrats offered less than what our families needed. So, we're pounding the lecterns.

Our colleagues are indifferent to the inflation bringing in more tax revenue than they need. Republicans want to ease burdens on residents by lowering taxes, so we're pounding the lecterns.

Republicans want to extend the state's financial protections that resulted in historic surpluses, a massive rainy-day fund, and record-breaking pension debt payments. Every Democrat voted no against this extension. So, we're pounding the lecterns.

My Republican colleagues and I offered solutions to make Connecticut more affordable and prosperous for all families is possible. We can deliver significant relief to help working- and middle-class families as they struggle with 40-year high inflation, and we are raising our voices with them at every lectern we can.

# LET'S BE "FRANK"

Well readers, the style of my column has taken a turn this week. As I was preparing to pen my letter to my brother, a strange thing happened. My brother reached out to me.

I went to the cemetery to put flowers on my sister's grave for the five year anniversary of her death. I was feeling pretty blue and I began saying some prayers. It was then that my brother reached out to me.

He wanted me to know that I shouldn't feel guilty about still being here when the rest of the family had moved on. He let me know he was proud of me for taking care of what's left of the family. He's happy I continue to carry on the traditions set by our parents and grandparents.

He let me know that he too was disappointed with what the diocese is doing with our Saint Anthony Church. After five generations of our family supporting this wonderful parish community, the diocese is telling us our church is too big for the people who use it.

He agrees they should help us to increase our membership remembering that the key to a parish family is keeping it together not separating and sending us in all different directions. How do we know when some of our older members are ailing and need help if they are going to a church across town.

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PUBLISHER-FRANK MENTONE JR.

founders - Bert Bunnell Jr. & Antthony Esposito Jr.

The publisher assumes no responsibility for typographical errors. In the event of an error, the publisher will issue a credit adjustment on only the incorrect portion of the advertisement, as well as a retraction in the next issue.

#### **CONSTITUENT CORNER**

#### **By State Senator Christine Cohen**



A recent email from a North Branford resident inquired about Connecticut's pension debt, and I want to provide information on its history and future. Thankfully, after years of a dismal story of unfunded liabilities casting a large shadow on Connecticut's finances, we finally have some terrific news to share.

Connecticut began its state employee retirement plan in 1939. It's been changed several times since then, most dramatically in 1985 when a second

"tier" of employees with much less generous retirement benefits was added. There are now five different "tiers," with the latest for new state employees being a hybrid plan of a traditional pension and a 401k. The addition of the fourth and fifth tiers (half of all state employees) cut annual pension costs for current state employees by 50%.

Our legacy pension problems stem from the failure of previous governments to fund the pension system. In fact, there were no contributions from 1939 into the early 1970s leading to under-funding the dollars required to pay pension costs once someone retired.

Beginning in 2011, Governor Malloy negotiated two concession packages with state employees with three major reforms: creation of new tiers that reduced pension costs for future employees; more conservative assumed rates of return on investments; and a commitment to pay the annually required amounts into the pension system.

In 2017, a bipartisan budget passed a fiscal policy creating a revenue cap for Connecticut. Excess revenue is now assigned to our Rainy Day Fund and paying off pension debt.

Today we can celebrate great news: our Rainy Day Fund is fully funded, and with the latest budget, we have made \$5.6 billion in additional payments to our pension system – changes that actuaries say will save taxpayers \$10 billion over 25 years.

It's been an arduous path with difficult decisions, but there is light at the end of our pension tunnel. Wall Street has rewarded Connecticut's new pension approach with higher bond ratings resulting in hundreds of millions of dollars in additional savings for taxpayers, which is something we can all feel good about.

Have a question for me? I would love to hear from you at <u>christine</u>. <u>cohen@cga.ct.gov</u>

It's sad that they are setting us up to fail and through all the smoke screens they put up it's obvious they care more about money than the flock.

He let me know that I took care of our sister as best I could in her times of need and shouldn't feel bad about her untimely death.

He let me know it was OK that I was a stone crusher and some times yelled at my parents. The good intentions were always there. The yelling was to try to motivate them to never quit because he knew how much I would miss them when they moved on.

He let me know there is a reason that I was left on this earth. My predecessors at All Saints were tired and worn out. They couldn't take the suffering and it was their time to move on.

He let me know that I should keep fighting as long as I can because I am still needed by many. We all make mistakes and I have made more than my share of them. But he pointed out that he's proud of the fact that even though I am out spoken, I maintain my convictions and don't step back if they are solid, fair and in God's will.

As I was wrapping up my prayers, and preparing to move on to visit a few more friends, a baseball fell out of the car. It was one of the things that always linked my dad, my brother and myself together. It made me smile.

As I drove away, I was no longer sad. I was content with the fact that if you do your best you don't need to apologize to anyone. As I was leaving I had a smile on my face, peace in my heart, and a positive thought to continue to try to be a good person. And driving away, I thought I heard him say, "Take care and I'll see you soon".

#### Letters to the editor...

This paper encourages all readers to voice their opinions and comments.

The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.

All letters must be signed. A telephone number should be included and no personal attacks.

This paper reserves the right to edit all letters.

All letters should be addressed to:

The Editor

P.O. Box 313, Northford, CT 06472

#### For the Health of It...



#### Is Gluten Free the Way to be?

Many years ago (18 to be exact) I made a visit to my Naturopathic Physician who prescribed a supplement for a particular issue I was having at the time. She explained that if I were to avoid wheat and foods containing gluten while taking this supplement *for 30 days*, it would help my body to better absorb the benefits of the supplement. My immediate response was, "There's no way I could do that! I love pasta and whole grain bread!" To which she replied, "Just do what you can." I left

there thinking, don't be a wimp, it's only for 30 days...go for it. So I did. And for the next 30 days my diet was gluten free.

Rather than handing me a list of what not to eat, my wise doctor gave me a list of what I could eat and included recipes! At the time, supermarket choices of gluten free breads and pastas were few and most were pretty much what I imagine cardboard to taste like. My 30 day gluten free diet consisted of whole delicious foods; fruit and vegetables, nuts and grains like quinoa and brown rice, fish, and poultry. Someone gave me a recipe for an amazing 5 ingredient chocolate chip peanut butter cookie that requires no flour at all. Getting through the 30 days was a lot easier than I thought. Something else happened though that I wasn't expecting. I noticed my skin, that was prone to break-outs, was without a blemish and I felt better, lighter, and had more energy. I felt really, really good and I liked that feeling a lot. It made perfect sense to keep on that path and I have done so ever since.

In a way, gluten free was simple then; just choose from the foods nature has given us and get creative in the kitchen with baked goods. Unfortunately (or fortunately, depending on how you look at it), there is now pretty much a gluten free version of any processed food you can think of, such as breads, crackers, chips, pizza, pasta, muffins, and cupcakes. Gluten Free is labeled on products that never had it to begin with. With mass marketing comes confusion. "Gluten free" has become the new "fat free" of the 80's bringing with it the misconception that if a product is gluten free, it must be healthier. Not so. A gluten free cupcake is still a cupcake and a gluten free muffin for breakfast is no healthier than its non gluten free counterpart.

#### What is Gluten Anyway?

Gluten is a complex protein present in most grains that is difficult to digest and gives dough its elasticity. It can really wreak havoc on the digestive system and can also appear in other products such as ketchup, mayonnaise, and salad dressings. Some medical conditions such as Celiac Disease require strict abstinence from gluten and even cross contamination can cause severe reactions. That's why when dining in a restaurant that offers gluten free choices, those who are at risk need to ask questions like, is a separate fryer used for gluten free menu selections? Are utensils that handle gluten free foods kept separate from those that handle other foods? Don't make the mistake of thinking that having a few choices on the menu means the establishment understands the needs of a truly gluten free diet. I once ordered a black bean burger on a gluten free bun, only to learn the burger itself contained breadcrumbs. That wasn't gluten free! For me, eating that burger just meant feeling bloated and a skin breakout a few days later but, if I had a serious health issue, it would have been much worse. When eating out, always ask and if it's not on the menu, request food to be prepared in a way that will allow you to enjoy it without regret. Remember, you are the customer and are there to be served.

Some people have gluten sensitivities. Most with sensitivities have no idea that gluten is the culprit causing the discomfort they feel after a meal. A sensitivity may not cause a serious reaction but discomfort can show up in unexpected ways. Fatigue, brain fog, and abdominal pain are said to be a few of the signs. In general, gluten may cause inflammation, bloat, and digestive issues that can interfere with the absorption of nutrients. As with anything else, it's necessary to look beyond the buzzwords in order to make educated decisions. So, is gluten free the way to be? While deciding what's best for you, check out the recipe below.

#### **5 ingredient Chocolate Chip Peanut Butter Cookies**

Preheat oven to 350

1 cup creamy peanut butter

1 egg

½ cup brown sugar

1 tsp baking powder

1/2 cup dark chocolate chips

Mix the top four ingredients together and then add in chocolate chips. Drop by the tablespoon onto an ungreased baking sheet. Pop in the oven for 9-12 minutes. Rest on a baking rack to cool. Cookies will continue baking

while cooling. Cool completely before plating.

Note: You can replace the brown sugar with stevia, coconut sugar, or monk fruit. I haven't tried that yet so let me know if you do.

For more gluten free recipes and a list of gluten free brands that really are *healthier* choices and taste just as good as the real deal, reach out at <u>joann@</u>



See our space & meet our staff!

When: July 31st 12pm-3pm

Where: 999 Foxon Rd North Branford, CT 06471 Second Floor

(203) 303 - 4251 office@prodigydancect.com

wellnessfusion.net. This monthly column isi here for you-For the Health of it! **JoAnn** Begley is a health enthusiast and Certified Nutrition Coach who has practiced holistic therapies for more than 20 years. She and her husband Jerry have two children and live

in North

Branford.



# A big THANK YOU



to all of our sponsors from all of us at the North Branford Potato & Corn Festival

August 4 to 7, 2022 • Augur Field • nbpotatofest.com





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Special thanks to North Branford Public Works, North Branford Fire Department, North Branford Police Department, North Branford Parks & Recreation, North Branford Senior Center, North Branford Social Services, and Town Hall. A big shoutout to our amazing volunteers, who make this all possible!

-2022 Poco Coordinator team

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All offers available ONLY when opened at North Haven (158 Washington Ave) and Northford (1409 Middletown Ave). branches, or online for consumers who reside or work in the following Connecticut towns only: North Haven, Northford, North Branford, Hamden, New Haven, East Haven, Durham and Wallingford.



#### **Ruano Receives NHMC Award**

Art Doyle, President Of The New Haven Mineral Club, recently presented Daniel Ruano, a senior \At Foran High School with a check For \$1,000. Daniel is the 2022 recipient of this Year's NHMC Science Award. He palns to attend St. Lawrence University where he will major in geology and hydrogeology. There he will explore the diversity of our planet and its impact on our natural resources and inhabitants.

Pictured left to right: Lauren Giustion Cousnelor, Dina Kelly, Assistant Principal Frank Karsmarki, schoalrship co-chair, Daniel Ruano, Art Doyle president of the NHMC and Max Berkowitz, Foran Principal.

#### THEY MAKE US PROUD

Tami Stewart, Shelley Kwalek, Kaitlyn Morris, Lisa Munck & Kristen Pagano were name to the President's List at Goodwin University in East Hartford, CT.

Caterina Teodosio and Alyssa Diaz were named to he Dean's List at Roger Williams University in Bristol, RI.

Jared and Zachary Jamieson graduated from Western New England University in Springfield, MA. Jared had a degree in Computer Science and Zachary's degree was in Business Management & Leadership. Both young men were named to the Dean's List.

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#### **UPCOMING:**

KATE QUINN • VIA ZOOM OCTOBER 19, 2022, 6:30-7 PM

- FEATURED BOOK: THE DIAMOND EYE Stream from home or view the livestream in Atwater Memorial Library's Community Room

#### WENDY WALKER

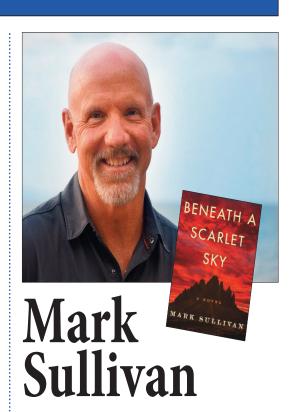
IN PERSON AT EDWARD SMITH LIBRARY DECEMBER 10, 2022, 12-1 PM

- FEATURED BOOK: ALL IS NOT FORGOTTEN

KAREN WHITE • VIA ZOOM JANUARY 17, 2023, 8 PM

- FEATURED BOOK: THE HOUSE ON TRADD STREET Stream from home or view the livestream in Atwater Memorial

Library's Community Room



VIA ZOOM

THURSDAY, AUGUST 18, 2022 • 8 PM **FEATURED BOOK:** 

**BENEATH A SCARLET SKY** 

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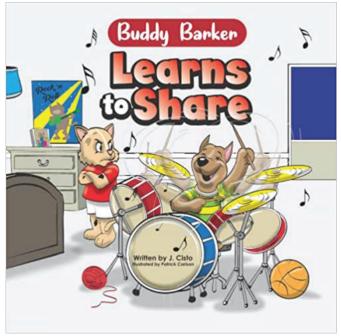
REGISTRATION REQUIRED. CALL 203-315-6020 OR VISIT NBRANFORDLIBRARIES.ORG.

North Branford **PUBLIC LIBRARIES** 

#### LOCAL AREA RESIDENT PUBLISHES 2<sup>ND</sup> BOOK IN CHILDREN'S BOOK SERIES

J. Cisto, a former North Branford resident and student, has published the second book in his children's book series.

BUDDY BARKER LEARNS TO SHARE, is a delightful story that is perfect for preschoolers to elementary age readers. In this story, Buddy the Cat learns an important lesson in how to share with his friend Nick the Pit.



The story also celebrates the themes of adoption and animal rescue as well. This book is again accompanied by the beautiful and lively illustrations of Patrick Carlson.

This second book in the Buddy Barker series has been eagerly anticipated after the success of Cisto's first book, **BUDDY BARKER: THE** SEARCH FOR

WENDI THE WHALE. This second book which features Buddy on the drums, is dedicated to Cisto's nephew who is already an accomplished drummer at a very young age.

Copies of both books in the Buddy Barker series are available on Amazon. J. is eager to share Buddy Barker with the community at local readings and book signing events at libraries, schools, charities, and hospitals. For any questions or to inquire about upcoming events, or to receive updates on new books in the Buddy Barker series, please contact J. at. jay@buddybarkerbooks.com.





**PUBLIC LIBRARIES** 

**Atwater Memorial Library Edward Smith Library** 1720 Foxon Road 3 Old Post Road North Branford, CT 06471 Northford, CT 06472 203-315-6020 203-484-0469

www.nbranfordlibraries.org

## **Adult Department**

August 2022

#### MONDAY NIGHT MAH JONGG 🔰 smith @ 6:00PM

For those looking for a group to play with! Bring your own Mah Jongg set if you have one. Players of all skill levels are welcome, however this is not an instructional course.

#### NOVEL NETWORK SERIES FEATURING: MARK SULLIVAN Smith OR Zoom @ 8:00PM

· Read the Featured Book

• Gather your Questions and Comments

Have you ever read a book and wished you could chat with the author? Our new Novel Network Series lets you do just that! This session's featured author is, Mark Sullivan, with his title,

Beneath the Scarlet Sky. Request your copy today! Future sessions within this series include many great authors, such as: Kate Quinn, Wendy Walker, and Karen White!

MOVIE MATINEE "JUST SWIPE" **I** Smith @ 1:00PM

"Vanessa soon discovers just how much you can get away with dating via webcam, but is the love she feels true or only a distorted version of reality?" - IMDB.

Starring: Jodie Sweetin, David Lipper, Danielle Perez, and Alec Mapa

#### **1** ASK-A-LAWYER

Atwater @ 6:30PM

Free, 15 minute consultation with a lawyer to help you with your legal issues. First come, first served. Register with a library staff member the evening of the event.

#### BILLY'S TECH ASSISTANCE

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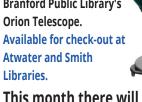
Atwater @ 2:00 - 3:00PM Atwater @ 6:00 - 7:00PM Do you have any general technology questions? Want to learn how to use our e-resources? Maybe a question about your new phone, tablet or laptop? Have no fear, Billy is here! Sign up to reserve a 30 minute session to sit down with Billy while he tries to answer your questions and help you navigate your device.



#### **Resource Spotlight:**

**Orion StarBlast 4.5**" **Altazimuth Reflector Tabletop Telescope** 

Enjoy a night of star gazing with North **Branford Public Library's** Orion Telescope. Available for check-out at **Atwater and Smith** 



This month there will be two major astronomical events, a meteor shower and a super moon.

**Perseids Meteor Shower:** July 17th - August 24th **Full Sturgeon Super Moon:** August 12th

# North Branford High School Athletic Hall of Fame Dinner North Branford High School Athletic Hall of Fame will be hosting the

**SPORTS** 

North Branford High School Athletic Hall of Fame will be hosting the Induction Ceremony on August 14th at Millpond Gatherings. Please join the families and friends of the inductees to reminisce about the "Glory Days" of these exceptional people.

Those who will be honored include **Samantha Scavo (2009)** who excelled in both field hockey and basketball, **Karl Derbacher (2005)** the Shoreline Conference "Player of the Year" for baseball who went on to star at SCSU where he hit a homerun at Fenway Park during an All-Star game, and **Matt Barbaro (2002)** an exceptional football player who was recognized as an All-State player for three years.

Three additional athletes who graduated prior to 2000 include **Rhonda** Mautte (1975) an honorable mention All-State player in basketball who set several records in track and field, such as for the long jump (16'9.5") which still stands, **Beth Anderson** (1978) who helped the girls cross country team win its first and only state title when she was a senior. She was also an exceptional member of the track team. **Bobby Wells** (1996) helped establish a very competitive attitude on the football team during his career and the skills that he demonstrated led to his recognition as an All-State player as well as a spot on the CT Nutmeg Team comprised of the Outstanding seniors..

The 1980 field hockey team, coached by Miss Nuhn, that won its first state title will also be inducted as well as Coach Floyd Parness (posthumously) who was an extremely dedicated and well-loved coach for the boys and girls cross country teams, the indoor track teams and the boys track team. He designed the cross country course where the race is held during the POCO festival in his honor. The whole community mourned his unexpected death.

We hope that anyone who was associated with these athletes will come to the induction ceremony to honor these exceptional people who are part of North Branford High School's athletic history.

Tickets are \$50. per person and can be obtained by contacting Chris Webster by e-mail at: cwebster@northbranfordschools.org for a reservation form





Bring Your Classic Car or Motorcycles / All makes and models, no cut off year. Large Asphalt Parking Lot - Grass Area - Bring your chairs and enjoy the day!

Pre Registration \$15.00 / Registration on Day of Show \$20.00

Registration 7:30am to 8:30am – Show 9am to 3 pm Judging Starts at 12 Noon - Trophies at end of Day

Name:			
Street Address:			*
City:		State:	Zip:
Phone:		Are you a memb	oer of OSDIA Yes-No
Email Address:	8 2	3	
Car Club Affiliation:			
Vehicle info: Year:	Make:	Mc	odel:
Please Initial – This Veh	icle is Registe	ered and Insured _	Date

Mail form with payment to Mark DeFranco, 374 N. Brooksvale Rd. Cheshire, CT. 06410

Make Checks Payable to: North Haven Sons & Daughters of Italy Lodge 2805

For more information contact John Giorgio 203-430-6549 or email <a href="mailto:jallstarelectric@aol.com">jallstarelectric@aol.com</a>

Visit our website at https://northhavenlodge2805.club/car-show/





# Connecticut Sportsplex®

## **NOW HIRING**

Must be 16 years-old (18 years or older preferred)

Must be able to work weekends

Some weeknights available

Please call 203-484-4383 or Stop by and fill out an application



Call 484-4383 or visit www.ctsportsplex.com FOR MORE INFORMATION



August 9, 2022 Primaries

Notice is hereby given that a Primary of the Republican and Democratic Party will be held on August 9, 2022 for nomination to each office indicated below.

Notice is also hereby given that the following are the names of the party-endorsed candidates, if any, for nomination to each office indicated, together with the street address of said candidate. The party endorsed candidates, if any, are indicated by an asterisk. Additionally, the following are the names of all other candidates who have filed their certificates of eligibility and consent to primary or have satisfied the primary petitioning requirements in conformity with the General Statutes as candidates for nomination to each office indicated, together with the street addresses of said candidates.

#### **Democratic Primary**

<u>Office</u>	<b>Candidate</b>	<u>Address</u>	
Secretary of the State	*Stephanie Thomas	81 William St., Norwalk, CT. 06851	
	Maritza Bond	784 Quinnipiac Ave., New Haven, CT. 06513	
Treasurer	*Erick Russell	215 Stevenson Rd., New Haven, CT. 06515	
	Dita Bhargava	502 Cognewaugh Rd., Greenwich, CT.06807	
	Karen DuBois-Walton 58 Pearl St., New Haven, CT. 06513		
Republican Primary			
<u>Office</u>	<b>Candidate</b>	<u>Address</u>	
United States Senator	*Themis Klarides	66 Governors Way, Madison, CT. 06443	
	Leora R. Levy	59 Pecksland Rd., Greenwich, CT. 06831	
	Peter Lumaj	745 Mill Plain Rd., Fairfield, CT. 06824	
Secretary of the State	*Dominic Rapini	4 Mariners Way, Branford, CT. 06405	
	Terrie E. Wood	50 Saint Nicholas Rd., Darien, CT. 06820	

Please note Brock Weber withdrew as a Republican candidate for Secretary of the State.

Dated at Hartford, Connecticut, this 24th Day of June, 2022.

Denise Merrill

Secretary of the State

The foregoing is a copy of the notice which I have received from the Office of the Secretary of the State in accordance with Secs. 9-433 and 9-471 of the General Statutes. As provided, such primaries will be held on August 9, 2022. The hours of voting at said primary and the location of the polls will be as follows:

2

Hours of Voting: 6:00 a.m. to 8:00 p.m.

Location of Polling Place:	Voting District:
Jerome Harrison Elementary School	1
354 Foxon Road – Route 80	

Stanley T. Williams Community Center (Senior Center-Candelora Room) \* 1332 Middletown Avenue – Route 17 \*denotes room change for District 2

Stanley T. Williams Community Center (Board Meeting Room) 3

1332 Middletown Avenue – Route 17

Dated at North Branford, Connecticut, this 18th day of July, 2022. Lisa A. Valenti, MMC North Branford Town Clerk



# Change the World! Would you like to help young readers to achieve

Would you like to help young readers to achieve grade level skills? Join **Experience Corps** of Greater New Haven and tutor 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> grade students in nearby schools and after-school programs.

If you are age 50+, enjoy both reading and helping young children, join us. We provide the training and support you need.

Volunteer 2 or more hours a week and commit to the school schedule from October through May. To learn more, call Tom Mead @ 203-785-8533\ x2900 or email Tom @ tmead@aoascc.org

# **Great Tractor Pulls in North Branford/Northford**

Recent photos posted on Facebook courtesy of Barb Jello!

Next pull will be at the Potato & Corn Festival









# North Branford's Economic Development Commission (EDC) invites you to its Quarterly Business Exchange

The EDC 3<sup>rd</sup> quarter Business Exchange will be held outdoors this year at THE STEWARDS OF THE LAND BREWERY, located at 418 Forest Road, Northford on August 3rd from 5.30 p.m. to 7.30 p.m.

The theme of the EDC business exchange is Water and its importance to our regional economy.

No RSVP required, and its FREE, there will be a Cash Bar, sample some of the most enticing local beers brewed on site and the opportunity to grab delicious Mexican food provided by the Food Truck on site from Los Mariachis Restaurant in Wallingford.

We have interesting local guest speakers who relate to our Theme:

Dr Sunny Lakshminarayanan, Vice President of Engineering and Environmental Services of The Regional Water Authority (RWA).

Water is a key element of a prosperous, healthy community. RWA employees and board members take great pride in the delivery of this life-sustaining product and the services that safeguard public health, provide fire protection, support local economic growth and maintain the overall quality of life we enjoy.

On average, RWA supplies 42.5 million gallons of water a day to a population of approximately 430,000 people in 15 South Central Connecticut municipalities. It takes running four state-of-the-art surface water treatment plants, maintaining over 1,700 miles of underground pipes, managing more than 27,000 acres of watershed land, conducting 110,000 drinking water tests per year, safely operating a myriad of equipment and a team of dedicated, skilled employees working 24/7 to produce and deliver abundant, reliable, affordable high-quality water.

#### Come learn about Sunny's job challenges

**Bill Gannon, Founder and President of Solidification Products International (SPI)**. Bill Gannon founded Solidification Products International (SPI) in 1991 in North Branford to develop and manufacture solidification technology and products for oil spill cleanups and unique industrial applications.

Bill's expertise in oil spill cleanup as executive vice president of Liquid Waste Technologies from 1985 to 1991 and the use of polymer technology on oil spills, such as the 1989 Exxon Valdez oil spill, were key factors in the creation of SPI to promote this unique technology. SPI's early years were focused on oil and water absorbent products called Oil Bond® and WaterBond<sup>TM</sup>.

A natural evolution from spill cleanup to oil spill spread prevention occurred during the late 1990s.

SPI's development and patenting of SPI Petro-Barrier<sup>TM</sup>, Petro-Plug® and Petro-Pipe® provided solutions to SPI customers' oil containment needs worldwide with a passive, cost-effective solution for oil sheen removal, oil spill containment, and rainwater drainage.

SPI's proprietary technologies are approved by Con Edison & Siemens and is marketed through distributors in China, France, UK and Germany to utility companies. SPI is working with the town to construct a major expansion of their manufacturing capacity locally

# Come learn how a local company developed proprietary technologies to keep our water supply safe and is capturing global markets.

Alex DeFrancesco, Founder and Owner of The Stewards of the Land Brewery, will share with us the challenges of creating and launching the much-acclaimed brewery in North Branford, and how it relies on water quality.

Come sample the products of Alex's enterprise

All these great guest speakers offering insights into doing business in North Branford ... see you there.. prompt start at 5.30 p.m. Happy Hour starts at 4.30 p.m. and get there early for light refreshments too!

Roger Salway

**Economic Development Coordinator** 

edc@townofnorthbranfordct.com

Liz Caplan

**Chair of Economic Development Commission** 

# **Recycling News**

Thank You to everyone that came out to the NB eWaste

Collection on Saturday July 9th!!

We had 146 vehicles drop off electronics, mattresses, propane tanks, batteries and lots of used motor oil.

#### Hazwaste Central is now open.

Located right behind the Regional Water Authority's headquarters, 90 Sargent Drive, New Haven

Hours are 9am to noon - Saturdays through October 29th.

# Household hazardous waste comes from everyday products used in the home, garage, yard or garden.

Gather your household chemicals so they can be disposed of properly to protect our drinking water. Anything poured down into the storm drains goes into your ground water. Chemicals put into the trash can leach into the ground water where the trash is stored or gets into the air if the trash is burned.

To find the complete list and the registration form go to Hazwaste at <a href="mailto:rwater.com">rwater.com</a> or call 203-401-2712.

Not Accepted at HazWaste Central: Asbestos, Commercial Waste, Electronics, Fire Extinguishers, Gas-Grill Size Propane Tanks, Medicine, Needles, Smoke Detectors.

#### Please don't put your bulky waste out at the curb

Construction debris (such as toilets, concrete blocks, roofing material),

propane tanks, TVs, monitors, printers, home cleanouts may not be placed curbside. These items will not get picked up; please dispose/recycle properly.

#### **Plastic Film Reminder**

Please remember to empty your plastic bags of food and liquids before placing in the collection bin. The best way to do this is to turn the bags inside out. It may just be water to you, but mixed with other things it becomes a sticky mess. Also, if you are putting the bags in another bag, please pack them loosely. Tightly packs bags tend to get smelly.

As a reminder, the town's drop off locations are:

Atwater and Smith Libraries, Northford Store, STW

Community Center, The Food Pantry of NB, Country Paint
and Hardware, T.J.'s Launderette

#### **Helpful Hints for Plastic Recycling**

You can keep the caps on the bottles when putting them into the blue bin.

Black plastic, as in plant pots and take-out containers, is not recyclable.

The sorting machines don't work on the black plastic.

All other colors work fine.

The Solid/Hazardous Waste and Recycling Committee is looking for new members.

We are on the lookout for someone who is concerned about recycling and is willing to spend a little time each month helping out at our recycling events

We especially need someone who can help our schools with recycling.

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For more information about recycling in North Branford you can check out North Branford's Recycling Committee's website: townofnorthbranfordct.com/government/boards-commissions/hazardous-wasterecycling-committee.aspx

or our Facebook page: North Branford CT Hazardous Waste & Recycling Committee

Thank You for Your Participation

#### **CHURCH DIRECTORY**

Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning: 9:15 - 10:30 Worship & Lord's Supper, 11:00 -12:15 Ministering of God's Word & Sunday School. . Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. www.branfordbiblechapel.org

Hope Christian Church "A Place to Belong". 211 Montowese Ave., North Haven, CT. www.hopeag.com Sunday services 10AM. Coffee served every Sunday 9:00 am. Church open for prayer Tuesdays noon to One. Thursday Bible study 7:00 PM. Like us on facebook.

North Branford Congregational Church, UCC, 1680 Foxon Road, North Branford, CT Join us for worship every Sunday at 10:00 AM. On the first Sunday of each month please attend and share communion with us.

Nursery Care is available. To contact our church: Office hours are Wednesday to Friday from 9:00 AM to 1:00 PM. Phone: 203.488.8456, email: nobdcong@ sbcglobal.net, website: www.northbranfordcongregational.org Remember, all are welcome no matter who you are, no matter where you are on life's journey; you will always be welcome here.

Northford Congregational Church. United Church of Christ. Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916.. email; northfordcc@gmail.com Office Hours: Tuesday 9am - 1pm; other days by appointment. John Vigneri, Pastor. Jane K. Leschuk Minister of Music. Worship Service 10am. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Like us on Facebook. Our website is www.northfordcongregational.church

St. Ambrose Parish is a Roman Catholic Parish in the Archdiocese of Hartford comprised of two churches. St. Augustine Church is located at 30 Caputo Rd in North Branford and St. Monica Church is located at 1321 Middletown Avenue in Northford. The Pastor is Rev. Robert L. Turner. Weekday Masses are celebrated on Monday, Tuesday, Wednesday and Saturday at 9:00 AM at St. Augustine. Friday Mass is celebrated at 9:00 AM at St. Monica. Weekend Masses are celebrated on Saturday evening at St. Augustine at 4:00 PM (English Ordinary, no incense) and Sunday at St. Monica at 9:00 AM and St. Augustine at 11:00 AM (Latin Ordinary, with incense). The Sacrament of Reconciliation is offered 30 minutes prior to all Masses excepting Sunday and by appointment by calling the office. The Parish Office is located at 30 Caputo Road and is open M-F from 9:00 AM – 1:00 PM (Wednesdays until 6:00 PM). You can access the parish bulletin and staff emails at our website NBcatholics.org. If you are new to the area and looking for a parish to join or a homeschool co-op, please visit us!

St. Andrew's Episcopal Church, 1382 Middletown Avenue - The White Church On The Hill In The Heart Of Northford (at the intersection of Rtes. 17 & 22). Sunday worship at 10:00 a.m. Coffee and fellowship always follows. The Rev. Bryan Spinks is Priest-In-Charge. St. Andrew's is a member of the Middlesex Area Cluster Ministry Network (MACM Network), along with St. James (Higganum) and Emmanuel (Killingworth). Please join us - we'd love to get to know you! All are welcome! St. Andrew's is the proud home of the Food Pantry of North Branford - a vital community resource serving families in need in Northford and North Branford. St. Andrew's also partners with St. Pauly Textile in a broad outreach program to help people in need here in the U.S. and around the world. Donations of usable clothing, shoes, boots, belts, purses, sheets, blankets, curtains and stuffed animals may be made at the donation shed in the church parking lot, available 24x7. Visit our website at <a href="https://www.standrewsnorth-">https://www.standrewsnorth-</a> ford.org Like us on Facebook - St. Andrew's Episcopal Church of Northford, CT. For more information contact us at 203-484-0895; Nan Monde, Sr. Warden, 203-710-7005; Rev. Spinks, 860-304-5266; or MACM office, 860-345-0058.

United Methodist Church, Branford 811 East Main St, Branford (Route 1, across from Bill Miller's Castle). www.umcbranford.org or (203) 488-0549. Sunday service 9:30am - both in-person and live on our website. "The Church on the Rock," led by Pastor Kent Jackson. We invite you to discover the power of faith in Jesus Christ bringing God's love to the world. Join us to worship, experience God's word, and stay connected. Zion Episcopal Church 326 Notch Hill Road, North Branford. 203-488-7395. Rev. Lucy LaRocca, Vicar. Sunday Worship at 9:15, coffee and fellowship follow. Masks are required in worship while North Branford is in the 'red' zone for COVID positivity. Worship is also accessible through Facebook Live. ALL are invited. Zion is an open and affirming congregation for those seeking a safe place to worship and grow in Christ. www.zionepiscopal.org

### Assistance with Elder Care

This Archdiocesan approved program is successfully assisting parishioners with elder care and end-of-life planning. The goal of the session is to provide ducational and resource information in the areas of burial, estate planning and information about the Catholic Funeral Plan. Let the experts assist you.

For your convenience and safety, we will be offering small-sized in-person seminars on the following days and evenings:

All interested must register. Seating is limited.

#### **Summer 2022 Schedule:**

Wednesday, August 17th

St. Dominic Church, Southington, CT, Time: 2:00 PM

Thursday, August 25th

St. Margaret Church, Madison, CT, Time: 2:00 PM

Wednesday, August 31st

St. Frances Cabrini Church Hall, North Haven, CT, Time: 6:00 PM For more information and to register, please visit our website www.ccacem.org or call our Outreach Coordinator, Barbara Gode (203) 507-9213 or email her at bgode@ccacem.org

It's Time for Ice Cream

St. Andrew's Episcopal Church, the white church on the hill in the heart of Northford,1382 Middletown Ave, will be holding our Summertime Ice Cream Socials, August 9th and September 6th 6pm-8pm.

For information call Nancy Monde 203-710-7005

#### All are welcome to pray the Rosary for Peace at All Saints Cemetery.

Tuesday evenings beginning at 6pm. Join us as we gather in front of the main building by the Crucifix.

New this season!! We are offering two options to pray the rosary: you may either walk or sit to pray. If sitting, please bring a portable chair or blanket with you. We will gather to say our beginning and final prayers together. Our Rosary Leader uses an amplifier to ensure everyone can respond at the appropriate time.

For **inclement weather**, please meet by the entrance to the Mausoleum on the cemetery property. Programs with prayers will be provided. Masks are not required for this outdoor event. Please be mindful of social distancing protocols.

There is NO need to register for this event as it meets every Tuesday until September. Keep checking our website for scheduling and time changes. If you have any questions or would like to forward us your prayer intentions, please contact our Outreach Coordinator, Barbara Gode at (203) 507-9213 or email her bgode@ccacem.org.

#### Vaccine Clinics

VACCINE CLINICS at Zion Episcopal Church 326 Notch Hill Rd, North Branford, for ALL AGES- SIX MONTHS AND UP.

East Shore Health East Shore District Health Department and Griffin Health have confirmed that they will have pediatric and adult vaccine clinics at Zion every Tuesday in August.

All clinics are from 1-5 pm in our parish hall. NO APPOINTMENT NECESSARY.



Denise Leggat Greening, 71, of Middlefield passed away peacefully on Wednesday, July 13th, 2022 at Yale-New Haven Hospital with her family by her side. She was the beloved wife to her high school sweetheart of 49 years John "Jay" J. Greening. Denise was born in Mt. Vernon, New York on November 3, 1950 and was the daughter of the late Harry Leggat Jr and Odessa deRose Leggat, and step daughter of the late Frank Casucci II. She earned an Associate degree from Marymount University, Virginia. Denise held many careers, beginning with the American Contract Bridge

League, was the owner/operator of the former Greening's Flower Shop in Northford. While living in Australia she was very proud of making the floral arrangements for the medal recipients at the Sydney 2000 Olympics in Australia. She had worked in the banking industry having last worked at Guilford Savings Bank and most recently worked as a realtor for Calcagni Real Estate. Denise was a Eucharistic Minister for St. Monica's Church, member of the Human Relations Committee for the Town of North Branford, a member of Colin's Crew and volunteer for the Middlefield Senior Center. She enjoyed crocheting, crafting and thrifting but most of all being with her family especially her grandchildren who she loved unconditionally. Mother of Heather Westbrook (Michael), Courtney Barrett (Michael) and John "Jack" Greening (Mallory). Grandmother "Gigi" of Colin, Maddison "Maddie", John "JJ" and George. Older sister of Virginia Donner (Vincent) and Frank Casucci III.

Memorial contributions be made to Colin's Crew, P.O. Box 4097, Wallingford, CT 06492. Entombment will be private and at the convenience of the family in All Saints Cemetery. www.northhavenfuneral.com



Donald Richard Hansen, Sr., 82, of Northford passed away peacefully on Saturday, July 9th, 2022, at his home with his family by his side. He was the beloved husband of Marie "Cookie" Cifarelli Hansen for two months shy of 58 years. Donald was born in New Haven on April 22, 1940 and was the son of the late Oscar Edwin and Julia Elsie Pettersen Hansen and served his country faithfully in the US Army. He had worked as a mechanic for SNET for many years until his retirement and later as a custodian for the Branford school

system. Father of Lisa (Anthony) Durso, Julie (Lee) Panagoulias and the late Donald R. Hansen, Jr. Grandfather of Brittni (Steve) Torino, Juliana (Nick) Olovson, Madisen and Benjamin Panagoulias. Brother of Barbara Colburn and the late Alice Johnson and Doris Gargone. Also survived by many nieces and nephews. Donald was looking forward to becoming a great-grandfather in November.

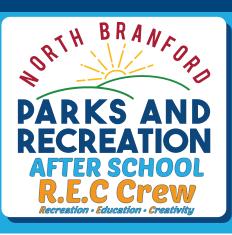
Memorial contributions may be made to Closer to Free Fund, Smilow c/o Yale New Hospital Development Office, P.O. Box 1849, New Haven, CT 06508.



# NORTH BRANFORD

#### PARKS, RECREATION, AND SENIOR CENTER STW COMMUNITY CENTER - 1332 MIDDLETOWN AVE NORTHFORD

WWW.NBRECREATION.COM - CALL (203) 484-6017 FOLLOW US ON FACEBOOK! @NBPARKSANDRECREATION AND INSTAGRAM! @NBPARK.REC.SENIOR



We are seeking individuals age 16+ to join our after school program (R.E.C. Crew) team! This program follows the North Branford Public Schools calendar and runs after school until 5:30 on Mondays and Wednesdays.

If you have a passion for working with children, this is a great opportunity to make a difference in your community and positively impact children and families, all while having fun!

Please call Kerry Haynes with any guestions (203) 484-6017. Please apply by 8/3/22.

To apply go to www.nbrecreation.com

#### YOGA TO RELEASE THE WEEK

July 28-Sept 15, 6:30-7:30pm \$75RES/\$80NR STW Classroom/OUTSIDE

Appropriate for all ages and levels. A fluid (vinyasa) class taught with basic foundation poses, alignment and options for the beginner students, as well as, seasoned practitioners. This class will focus on \( \extit{\text{Treleasing the stress}} \) of your busy week in both the mind and body leaving all students with more space to breathe, ease in their body and calm in their mind. All classes will be specifically designed to the students' needs who are attending. Instructor: Bhogah Yoga



Join Food Explorers to

Taste the Rainbow in this half-day cooking camp!

Explore new flavors, cooking techniques and recipes by delving into a new color each day, learning all about foods of that color. You'll also discover fun facts about food and nutrition through interactive games and activities between recipes. Each day will feature a snack and meal. All recipes are nut free and some will contain dairy and/or eggs.

Each recipe is nut free but all recipes contain dairy

August 22 - 26, 9:00am-12:00pm

STW Kitchen \$135 res / \$140 non-res

# **—SENIOR CENTER**

#### **JOURNEYING THROUGH GRIEF** Wednesdays 1:00—2:00pm STW Classroom FREE

Group facilitator: Bob Johnson

Join us here at the Community Center for a weekly bereavement program. This program is designed to help those who have lost a loved one and finding it difficult to cope with their loss. There is no charge for this program. Please register, visit nbrecreation.com or call the office (203) 484-6017

#### SENIOR STITCHERS

Mondays, Senior Room 10:30am FREE



11

Let's get together to give back to our community! We will make lapghans, lap blankets, and winter beanies together to donate to local charities. Bring your crotchet hooks or knitting needles - we have yarn and patterns!

#### LAVENDER POND FARM & COPPER SKILLET FOR LUNCH August 9, Departs STW 10:00am \$5 RES/\$7 NR

Let's visit beautiful Lavender Pond Farm in Killingworth! Visit the gardens, the bees, the shoppe, and take a stroll around the pond. Lunch on your own after our visit at the Copper Skillet. Register by July 8th

#### **LUNCH AT C. NAPOLI**

Aug 10 - 12:00pm \$7 PRE-REGISTRATION REQUIRED

Enjoy a delicious lunch and the hospitality of our friend, Gigi. Lunch costs \$7.00 cash the day of and don't forget to bring a little extra for a tip! Register by 8/5

#### **BLUE BACK SQUARE & CHEESECAKE** FACTORY FOR LUNCH

Aug 12, Departs STW 10:00am Lunch costs on own

Enjoy some shopping at Blue Back Square in West Hartford and then a yummy lunch at the Cheesecake Factory! Pay on your own. Register by Aug 8th

#### DINER DASH

August 17, Departs STW 10:00am Lunch costs on own

Famous 50's Diner- Bridgeport & Boothe Park Museum- Stratford Register by 8/12

## Aug 24, Departs STW 3:30pm Dinner costs on own

Take the Senior bus or meet at 4:30 pm at Vespucci's located at 150 Main St, Cheshire for a night of good food with friends! We will be ordering off their menu and get individual checks. Menu at www.vespuccis.com Register by Aug 17th

## SENIOR SCOOPS ICE CREAM TRIP

Aug 26, Departs STW 12:30pm Costs on own

We'll head to Cheshire and enjoy some delicious ice cream at Sweet Claude's! Register by Aug 23rd



## Jimmy Mazz pays Tribute to **Bobby Darin and Connie Francis!**

**Tuesday September 13, 2022** 11:00am - 3:30pm Register by Sept. 1st \$52 res \$57 nr

Jimmy Mazz pays tribute to Bobby Darin as only he can! Combined with the stunning voice of Connie Francis, they make a dynamic duo.

Come relive their magic with us!

Roast Beef/ Chicken Français

# 

#### **CONSTRUCTION SERVICES**

**Southern CT Restoration.** Insurance restoration and general contracting services. New construction, remodeling, kitchens, baths, roofing, siding, windows, doors, decks and painting. Call 203-239-9600.

#### **PLUMBING**

**D.A.E. Plumbing & Excavating -** well pumps, tanks, water softeners, serviced & installed. Spetic systems services and installed. call 203-996-4866

**John DiMaggio Plumbing -** Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured. Call 203 - 627 - 6826. References available.

#### TREE SERVICES



Tree Service - A Better Cut, Tree Service - Local, full service tree company - we provide tree removal and trimming, chipping, and grinding. Please call 203-945-1808 for a free estimate.

#### **SERVICES OFFERED**

Wanted Gold, Silver scrap jewelry. Fair Prices offered. Call 203-627-6826 or 203-376-1249

# CRAFTERS CARE

An Event That Stocks The Food Pantry of North Branford Saturday, Sept 24, 2022

10:00 am - 2:00 pm

Handcrafted vendors, raffles, food drive & more!

DOODY'S INN 465 Foxon Rd. North Branford

