



# Totoket Times

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Volume 28 No 7 September 17, 2021



## North Street Fair to Cure Friedreich's Ataxia

North Branford, CT - On Saturday, October 2nd from 3 p.m. - 7 p.m. the barricades will go up and the street will close down, as neighbors and friends will gather for an old fashion street fair and a common goal to fight the disease, Friedreich's Ataxia. Attendees will enjoy the wonderful music of Making Waves, an acoustic trio, have fun playing an array of yard games, shop from local merchants and fill up on great food from Marco's Pizza and Get Stuffed food trucks. What better way to cure a rare disease than to gather outdoors with great people and enjoy a community atmosphere.

Friedreich's ataxia is a life-shortening, progressive and devastating disease. Both Sam and Alex Bode have lived with the disease since their elementary school years. They have both surpassed their life expectancy and continue to live very full lives despite the disease impact.

Mary Caruso, Sam and Alex's mother, continues in her relentless efforts to find a cure. This was the commitment she made in 1995 when Sam was first diagnosed. "This year isn't any different, I won't let anything stand in the way, so we adapt our event with community safety at the forefront and move forward". "As a family we have had to overcome so many obstacles, I will not stop until a cure is found," states Caruso. I do not want other families to live through what we have had to live through.

All funds will go to the Friedreich's Ataxia Research Alliance, a 501c3 nonprofit organization that the Caruso-Bode family hold near and dear to their hearts. The Friedreich's Ataxia Research Alliance was formed with the goals outlined in its purpose statement. "We believe transformative change lies in the interaction of people and science. We work in collaboration and with a sense of urgency to build strong relationships, expand knowledge, and remove uncertainty. We've made a promise to treat and cure FA through research." FARA has assembled and funded scientists and researchers from all over the world to do top notch research racing for a cure. When Sam was first diagnosed, there was very little hope or even knowledge of the disease. Since that time, a diverse and deep treatment pipeline has developed which represents the number of therapeutics in development to potentially treat FA.

"We will never lose hope", says Alex. "Not only for a cure but for a more accepting world that is accessible and open to those with physical disabilities and less judgement in the world." The Caruso-Bode family lives with tenacity and drive; they let laughter guide them and keep a constant positive attitude. In Sam's usual humor he states, "I had the toughest job this year, lawn games! It's going to be the best part."

That positive attitude will shine bright on October 2nd, as the family along with the North Street neighbors and longtime friends deliver a fun packed afternoon for all who attend.

Tickets are \$20, for adults and \$10 for kids under 12.

To follow us on Facebook: [www.Facebook.com/LovingLifeCureFA](https://www.Facebook.com/LovingLifeCureFA).

To purchase tickets: [www.CureFA.org/NorthStreetFair](https://www.CureFA.org/NorthStreetFair)

Questions: Mary at (203)-889-6484

## All the King's Horses Equine Rescue to the Rescue

On August 17th we brought home this very deserving mare. She is part of a CT animal control case and we just could not say no. Finances have been difficult but we are working hard on fundraisers and other projects. The vet has assessed her with a body score of 1.5 (extremely emaciated). Horses are scored on a scale from 1 (poor) to 9 (extremely fat) in six areas where they deposit fat – neck, withers, spinous processes (part of back vertebrae that project upwards) and transverse processes (portion of vertebrae that projects outward), tail head, ribs, and behind the shoulder. she is an older off the track thoroughbred, and will take a long time to recover. She will be on a strict re-feeding diet. It is really important to us to help those most in need. The past two years we have really seen CT horses struggling and we are happy to be a resource to help.



Since 2010 we have saved over 125 equines. We remain in contact with all of our adopters of our horses to ensure all equines that have passed through our rescue remain safe. We believe saving is the easy part and ensuring a "happily ever after" is true rescue. We provide all our horses with a safety net and will take back ANY horse adopted through our organization that may require an alternative placement.

Many of our saves come from owner surrenders in our state of CT. We have been a resource to residents in our state who had to give up their equines due to financial restraints, untimely deaths and illness. We also work hand in hand with the CT Department of Agriculture taking in horses from active investigations and seized horses due to abuse and neglect within the state.

Besides playing an active role in helping the states most at risk equines, we also actively educate the public on proper equine care and management. We are currently working with high school career training programs and act as a supervisor for college internship programs. We provide hands on experience and skills. In 2020 we partnered with the Ethan Miller Song Foundation and now provide equine assist psychotherapy with Soul Friends.

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November 12	November 19
November 27	December 3
December 10	December 17
December 31	January 7
January 14	January 21

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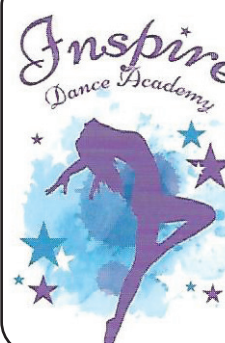
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# State Representative Vincent Candelora

## As winter approaches, and amid continued uncertainty, state government must focus on a fragile economy



Heading into Labor Day, much was made in the news media about the expiration of the \$300 weekly plus-up the federal government has been providing to unemployed individuals on top of the standard benefits they received. Around the same time, Gov. Lamont unfurled a mission accomplished banner over his \$1,000 signing bonuses that were designed to spur people back to work. The jury's out on whether

that was an effective use of federal pandemic funds, but early reviews from the taxpaying public have been frosty.

Meanwhile, in less-heralded spaces, from loading docks to aisles of supply houses, small business owners talk about toiling through the fog of continued uncertainty over the pandemic and a state government that's largely indifferent to the challenges faced by the people who power our local economies.

Beyond supply chain issues and inflation, employers must contend with the recent minimum wage increase and the bureaucracy of the state's new paid family leave program. Early next year, they'll be dealing with a state-run retirement program for workers, and it won't be long before they feel the impact of a tax on heavyweight trucks that deliver goods and provide vital services.

Recently, businesses became responsible for paying 50 percent of the cost of the 13 weeks of extended unemployment benefits the state provides to out of work residents when the unemployment rate reaches the rates we've been at. The federal government has covered the full cost during the pandemic, but that ended Sept. 12.

That could be a tough pill to swallow for employers who understand they'll also be responsible for contributing to the effort to pay back the more than \$700 million the state has borrowed from the federal government to fill the state's depleted Unemployment Insurance Trust Fund used to pay out benefits.

Unemployment taxes paid by businesses support that fund, and those taxes will go up during what's likely to be a years-long process to pay back the debt.

After the great recession, when Connecticut borrowed roughly \$1 billion to pay out benefits, it took employers five years to erase the debt.

These issues receive scant legislative attention. Having received roughly \$10 billion in federal aid in varied forms has a way of making things seem much rosier than they are. I remain disappointed that Gov. Lamont has set aside just \$155 million in federal money to help pay back that loan. Back in May, I proposed for a \$400 million allocation. If we dedicated more money to that cause—and there's still time to do so—it would ease the looming burden business owners face as they try to recover.

What's happening now isn't good enough, and if the legislature and governor fail to take additional measures our state's economic recovery could take longer than the General Assembly's majority members are willing to admit right now.

### Office of the Tax Collector

### LEGAL NOITCE

### NOTICE OF PUBLIC HEARING

### SEWER USE CHARGE

The North Branford Water Pollution Control Authority, pursuant to Section 7-255 of the Connecticut General Statutes, will hold a public hearing on Tuesday, September 21, 2021 at 7:00PM at the Town Hall Town Council Chambers, 909 Foxon Rd. North Branford,, for the purpose of establishing a prosed Sewer User fee for the 2021/2022 fiscal year. The proposed charge is \$475.00 per unit and a copy of the proposed charges is on file in the Towm Clerk's office and is available for inspection by the public.

Dated in North Branford, Connecticut this 10th day of September 2021  
Water Pollution Control Authority Town of North Branford

# LET'S BE "FRANK"

It's been a while brother and I must apologize. I really got acclamaited to the pandemic. Other than people getting sick and dying, I must admit I got use to just staying home and relaxing. Some people might call it lazy but I call it relaxing stress free living. But now that the pandemic is lightening up (depending on who you talk to), we have been trying to recreate our old world.

Your brother who is pretty much of a homebody had been getting out more than I would like. Day trips, dinner get together with friends, as well as trips to the Cape, Lake George and recently Miami are starting to wear me out.

Our trip to Miami was to visit Frankie's new place and check out some of the upcoming wedding activities. I must say he and Ana couldn't have been more gracious hosts. But I am just an old fart who doesn't really enjoy traveling.

The trip started pretty harmless. The flight was empty and we went through the check in process with no hiccups. The flight was smooth and comfortable.

My troubles started went we got to the Miami airport. I opted to take the escalator instead of the elevator and with my suitcase in front of me our ascent started. When I got to the top, the suitcase didn't move but I did, propelling over the suit case with a semi somersault. The judges only gave me a two on the flip and landing and fortunately, I didn't take anyone down with me.

The airport is huge and required a great deal of walking on an already gimpy knee that was bruised from the fall. Talk about taking a trip all right (pun intended). I was also made aware that most of he moving floors (I don't know what the real name is) were out of order. My immobility is as legendary as is my thick headed ness so I refused a wheel chair and walked to the car rental area. In a great deal of pain and not knowing where we were going I asked several attendants for directions. I didn't realize their was a language barrier. I had less trouble communicating when I went to Italy than I did with the Cubans in Miami. Welcome to the United States.

As I expected, Miami was hot and humid. My family tried to convince me before the trip that it would be okay with the ocean breeze. They were not very convincing before the trip and I was not surprised upon arrival. Inside was great as Ana ( my future daughter in law) likes to keep it slightly above freezing which was fine with me. My wife thought it would be great to take a dip in the pool but a short walk for her ( she does two to three miles a day) was a hike for me. I only made it one day.

Frankie and Ana were both working during the day so he recommended a few restaurants. Some of the menus were not in English and the items were pretty much Spanish, Peruvian and Cuban. My son has known me all his life and I had one question at all these restaurants. Where's the macaroni?

I also noticed the street lights took forever to change. The old man use to call them ham and egg lights because you can have breakfast while you are waiting for them to change. Also, highways don't post the speed limit but apparently many of my cohorts on the road thought the 70-75 mile an hour I was doing was much too slow. My son agreed.

Checking out the menu and wedding venue was neat and I was glad they asked us to get involved. Not the food I am accustomed to but when in Rome (Miami)...

While in Florida, SueAnn and I celebrated our 40th wedding anniversary (the woman is a saint) We were too busy to celebrate but on the way home I offered to stop at a restaurant and have an anniversary dinner but SueAnn wanted to get home and unpack so we had a good old fashion Georgia hot and hamburger to celebrate Labor Day. I still have one unanswered question.

Where's the macaroni?

Well that's it for now brother. More to come next time and say hi to the family. I miss you (especially during these times) but I'll see you soon.

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## Letters to the editor...

This paper encourages all readers to voice their opinions and comments.

The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.

All letters must be signed. A telephone number should be included and no personal attacks.

This paper reserves the right to edit all letters.

All letters should be addressed to :

The Editor

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# For the Health of it

*By JoAnn Begley*  
**Why Diets Don’t Work**



If like countless others you have tried diet after diet only to repeatedly find yourself back at square one, there’s good news -- it’s not your fault. For long term results, diets are not the answer. Don’t get me wrong you will likely lose weight and see results on just about any diet path you take. But for lasting success, the kind that becomes a way of life, dieting doesn’t work.

Time and again, for various reasons, we reach a tipping point where we’ve had enough of feeling a certain way and are determined to do something about it. Perhaps we’re sick and tired of feeling tired, clothes are fitting tighter, we’re uncomfortable; maybe it’s the Freshman 15 or too many summertime barbecues. Whatever the reason and whenever it happens, we will likely find ourselves lured by the latest weight loss program promising to be the solution. We want to believe this time it will be different. Our intentions are good. We are trying to take back control.

**Setting Yourself Up to Win**

Many diets are based on deprivation, sometimes entire food groups are eliminated. Although just about any diet plan yields weight loss, that alone is not an indicator of health. Former fitness models have shared that while they looked great, in reality they felt terrible. That’s an extreme example, but it illustrates that although someone may look amazing on the outside, what’s happening internally is very important. Granted, most of us are not looking to be fitness models. We’re simply looking to be the best versions of ourselves we possibly can. We need to start where we are today and draw that line in the sand to a fresh start. In doing so, the following tips may be helpful.

- Before starting any new plan ask yourself 3 questions:
1. Is it sustainable- something that can continue as a way of life?
  2. Is it based on science?
  3. Is it something you would allow a child to do?

If the answer is no, it’s not the plan for you. Eventually, it will lead right back to where you don’t want to be.

Those with significant weight loss goals or health issues should consult a doctor before deciding on a plan of action. Once you’ve chosen a plan that’s right for you, it’s important to know your “why”. What’s in it for you? Why do you want to be healthy? If your goal is to lose 20 pounds, what difference will that make in your life? Perhaps you’ll be able to fit into your favorite clothing for a special occasion; maybe you’ll be able to take the stairs again without feeling winded, reduce cholesterol or participate in a 5k. It needs to be something that has meaning for you. But that’s short term. What happens once you accomplish that goal? What will keep you going? It’s necessary to have a strong long term “why”, one you feel deeply about, that tugs at the heartstrings, to accompany the short term goals and help you through life’s daily challenges. A long term “why” may be wanting to be active and play with your children and grandchildren for decades to come, to reduce medications or never have to start taking them. Again, it’s whatever is meaningful to you.

Think of the short term “why” as your more immediate personal reward. Very often reaching that personal goal will have a ripple effect causing unexpected bonus rewards in other aspects of your life. Take notice of the positive changes that occur beyond what you initially had in mind. A strong long term “why” becomes the gift that keeps on giving. Your “why” can change as goals are reached and circumstances change.

So what’s your “why”? Write it down and keep it in front of you. It will help you to be “all in” with your commitment to better health.

As we continue with more tips on “setting yourself up to win”, next time we’ll also find out why sleep is considered the number 1 component of health. Until then, I invite you to send your questions, and comments to [joann@wellnessfusion.net](mailto:joann@wellnessfusion.net) and to try the clean eating breakfast recipe listed below. Remember, my support through this monthly column is here for you... *For the health of it!*

**Protein Pancake (1 serving)**

- 3 egg whites
- 1 tablespoon natural nut butter of choice
- ½ of a mashed, ripe, medium banana
- Cinnamon to taste

Use a stick blender to combine ingredients into a “batter” (will be thinner than traditional pancake batter)

Pour contents into a heated, 6” non-stick skillet, set on medium and sprayed with cooking spray

As pancake sets and edges seem ready-- flip over (optional suggestion, before turning press in some fresh blueberries)

This makes 1 satisfying pancake that is a balance of protein fat and carbohydrates

It’s great plain, drizzled with local maple syrup, or topped with a fresh raspberry puree

They can also be made ahead and stored in the refrigerator or freezer  
*Enjoy!*

*Jo Ann Begley is a Health Enthusiast and Certified Nutrition Coach who has practiced and taught Holistic Therapies for more than 20 years. She and her husband Jerry Have two children and live in North Branford.*

# Matt in the Minors



The last article this year. It’s been a long summer. A lot of adjustments have been made to the minor league lifestyle. There is not much to add other than maybe a thank you for those who have checked in. The support means a lot coming from home. The world gets a lot bigger outside of North Branford.

The most exciting part right now is coming back and relaxing, recharging, and enjoying some time away from the lifestyle.

I’m excited for the fall and winters of the northeast. Something we may take for granted sometimes.

Few things that are a must when I come home:

1. Get a haircut
2. Get a New Haven pizza
3. Hug my mother

Can’t wait to enjoy that chilly fall weather. See you all soon.

Matt - Matthew Chamberlain

# Fire Prevention Week

In 1925, President Calvin Coolidge proclaimed Fire Prevention Week a national observance, making it the longest-running public health observance in our country. During Fire Prevention Week, children, adults, and teachers learn how to stay safe in case of a fire. Firefighters provide lifesaving public education to drastically decrease casualties caused by fires.

Fire Prevention Week is observed each year during the week of October 9th in commemoration of the Great Chicago Fire, which began on October 8, 1871, and caused devastating damage. This horrific conflagration killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures, and burned more than 2,000 acres of land.

**Importance of fire prevention**

In a fire, mere seconds can mean the difference between a safe escape and a tragedy. Fire safety education isn’t just for school children. Teenagers, adults, and the elderly are also at risk in fires, making it important for every member of the community to take some time every October during Fire Prevention Week to make sure they understand how to stay safe in case of a fire. **For fire safety tips, visit [firepreventionweek.org](http://firepreventionweek.org)**

**Learn the Sounds of Fire Safety**

Is there a beep or a chirp coming out of your smoke or carbon monoxide alarm? What does it all mean? Knowing the difference can save you, your home, and your family! Make sure everyone in the home understands the sounds of the smoke and carbon monoxide alarms and knows how to respond. Learn the sounds of your smoke and carbon monoxide alarms by checking the user guide or search the brand and model online

What is your alarm telling you? **SMOKE ALARMS** • A continued set of three loud beeps—beep, beep, beep—means smoke or fire. **Get out, call 9-1-1, and stay out.** • A single “chirp” every 30 or 60 seconds means the battery is low and must be changed. • **All smoke alarms must be replaced after 10 years.** • Chirping that continues after the battery has been replaced means the alarm is at the end of its life and the unit must be replaced. **CARBON MONOXIDE (CO) ALARMS** • A continuous set of four loud beeps—beep, beep, beep, beep—means carbon monoxide is present in your home. Go outside, call 9-1-1 and stay out. • A single chirp every 30 or 60 seconds means the battery is low and must be replaced. • CO alarms also have “end of life” sounds that vary by manufacturer. This means it’s time to get a new CO alarm. • Chirping that continues after the battery has been replaced means the alarm is at the end of its life and the unit must be replaced.

**Come Visit Us**

October 2<sup>nd</sup> from 10am till noon, NBFD will be holding an open house at all of our fire stations. Come visit us as we will be having demonstrations and answering any questions you may have. [East Shore Health Department will be at Company 4 giving out Covid vaccines.](#)

- Company 1 is located at 1531 Foxon Rd.
- Company 2 is located at 1370 Middletown Ave
- Company 3 is located at 1956 Middletown Ave
- Company 4 is located at 1351 Middletown Ave

NBFD has a limited supply of new battery-operated Smoke Alarms and Carbon Monoxide detectors. We also have replacement 9-volt batteries. If you don’t have a working alarm, call, or email us @ 203-484-6016 or [deputyfiremarshal@townofnorthbranfordct.com](mailto:deputyfiremarshal@townofnorthbranfordct.com)



**Nick Carlino Receives  
Air Force Achievement Medal**

U.S. Army Soldiers assigned to Task Force Iron Gray, in support of Combined Joint Task Force Horn of Africa recently received the Air Force Achievement Medal.

North Branford Alumni Nick Carlino was one of these honorees. The award was presented by Air Force Colonel Matthew Bartlett pictured above.

**Annual Lake Gaillard Walk Returns!**

The Northford-North Branford Women’s Club GFWC, in conjunction with the Regional Water Authority, is sponsoring its 21st Annual Lake Gaillard Walk in North Branford on Saturday, October 2nd from 9 am to 1 pm, rain or shine.

Lake Gaillard is normally closed to the public and is not included in the Regional Water Authority’s pass, so this is a once a year opportunity to enjoy a walk around this beautiful property.

The distance around the lake is 7 miles, walkers can choose to do the full loop or a partial section. Participants must start on the trail by 11 am to allow enough time, all walkers have to exit the property no later than 1pm.

Buses will be available to transport participants to the Lake Gaillard property from Jerome Harrison School on Route 80 beginning at 8:30 am. Access to the Beech Street entrance will be by bus or on foot only. Parking on Beech Street and Poms Lane will be prohibited where posted. Sturdy strollers and wagons are welcome. Bicycles, roller blades and pets cannot be allowed on the trail.

Registration fee is \$10.00. Pre-registration is strongly encouraged! Participants may also register on site the day of the walk. Payment can be sent through Venmo @NorthfordWomens-Club, please include your full name and a contact phone number, or by check.

Proceeds from this event will be used to fund the Northford-North Branford Women’s Club GFWC annual North Branford Scholarship Association scholarship, the Watershed Fund and the club’s many other charitable endeavors.

For additional information send an email to VictoriaLanza2017@gmail.com.

***Simply complete the following pre-registration form and mail it with your registration fee and pledges by September 24, 2021 to:***

Lake Gaillard Walk, 65 Skylark Dr., Northford, CT 06472

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_

<b>Individual Registration Fee</b>	<b>\$10.00</b>
<b>Participant Name &amp; Phone Number</b>	
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_____	
_____	
<b>Total # of Participants</b>	_____
<b>Total Amount Included \$</b>	_____
<b>Make Checks Payable to:</b>	
Northford-North Branford Women’s Club	
Children under 16 must be accompanied by an adult. Under 6 are free.	

**Recycling News**

**HazWaste Central will be closing on October 30<sup>th</sup> 2021**

**Beat the last minute rush by going now!**

Located right behind the Regional Water Authority’s headquarters,  
90 Sargent Drive, New Haven

**Hours are 9am to noon - Saturdays through October 30th, 2021**

**Not Accepted at HazWaste Central: Asbestos, Commercial Waste, Electronics, Fire Extinguishers, Gas-Grill Size Propane Tanks, Medicine, Needles, Smoke Detectors, and Pharmaceuticals**

Call 203-401-2712 or email ask.hazwaste@rwater.com for more information

**A few notes to make our plastic film recycling efforts go a little smoother.**

Please empty out the plastic bags (cereal, bread, zip locks) before bringing to a collection site. Besides not being acceptable for recycling, the contents become moldy. This is unhealthy for the person doing the sorting.

While the plastic bag the deli meat is in is plastic film, the deli paper or wax sheet is not recyclable. Please throw the deli paper out with your trash.

Cellophane is not considered plastic wrap. You can tell the difference because cellophane is crinkly and by folding it. If it stays folded, it is cellophane. The exception is the bag in the cereal box. This is considered plastic film and can be recycled with your other plastic film after you empty the contents.

Thanks to everyone who has helped us donate the Trex benches to our collection sites by dropping off your plastic film. As a reminder the NB plastic film collection sites are both libraries, Town Hall, STW, Country Paint and Hardware, Northford Store, the Food Pantry and TJ’s Launderette.

**Don’t forget that North Branford Public Libraries is having its annual Book Sale on October 2nd at the Atwater Memorial Library!**

**This is a way to give a second life to your unwanted books.**

**Please contact the library about drop off times.**

For more information about recycling in North Branford you can check out North Branford’s Recycling Committee’s website: [townofnorthbranfordct.com/government/boards-commissions/hazardous-wasterecycling-committee.aspx](http://townofnorthbranfordct.com/government/boards-commissions/hazardous-wasterecycling-committee.aspx)

or our Facebook page: North Branford CT Hazardous Waste & Recycling Committee

***Thank You for Your Participation***

***Mystified***

**Dear Editor:**

I continue to be mystified by the behavior and beliefs of my fellow citizens, who angrily proclaim their right to defy public health guidance despite all evidence that Covid 19 can be a serious, sometimes deadly disease that is highly contagious. In the present surge of cases, hospitalizations and deaths, the afflicted are largely unvaccinated.

We have two effective weapons against this contagious disease: vaccinations, which are highly effective at preventing serious disease, and masks, to physically prevent the spread from one individual to another.

Some people, in the name of personal choice, have forgotten their basic high school biology that should have explained how contagious viruses can work, the ways they are transmitted, and how vaccinations work. Because we do trust that a free people will make correct decisions for themselves and their community, we have avoided blanket mandates for vaccinations.

However, the aggressive behavior of a vocal minority, that takes pleasure in disrupting the best efforts of those responsible for keeping the community and its children safe from Covid are damaging the public health. They carry the mantle of personal freedom, with absolutely no awareness that the “personal freedom” of the anti-vaxxer or anti-masker, will certainly lead to the deprivation of the rights and freedoms of others to live safely in their community. There seems an unwillingness to understand the one basic principle, this disease is highly contagious: your or your child’s unmasked face may be putting yourselves, your child, or others at risk.

***Continued on page 6***

*Mystified Continued*

I support the freedom to choose my actions in every case where my actions have no negative or damaging impact on other living and breathing citizens. When we agree to be a society, a community, or a nation, we agree to constrain our behavior so that it does not harm others. The “choice” to be unvaccinated can harm others. The refusal to wear masks or to accept that your children wear masks, holds potential harm for others, as well as to the children themselves if they are too young to be vaccinated.

The signs proclaiming, “Unmask Our Kids,” assert parental choice over the rights, safety, and freedom of others. This pandemic would have been over in this country had everyone masked, had everyone eligible citizen gotten their vaccine when one became available. But instead, the unvaccinated have become a devastating burden of our health systems and petri dishes for new mutating variants of Covid 19, ensuring that we will suffer the societal cost of this pandemic endlessly until a variant develops that evades the vaccine.

In the “old days,” that so many seem to cherish, people with infectious

contagious disease were quarantined, prevented from interacting in society, banished to islands or colonies, away from the general public. We have options and tools available to avoid such deprivations of our rights and freedoms. However, remember that George Washington, the quintessential patriot, required his troops to be inoculated against smallpox.

Sincerely,  
Susan DeSilver



**NORTH BRANFORD BARBERSHOP**

**HAIR CUTS**  
MEN \$12.00  
SENIOR & KIDS UNDER 10 \$10.00

TUES. 8:30 - 5:30 WED. 8:30 - 5:30  
THUR. 8:30 - 5:30 FRI. 8:30-5:30  
SAT. 8:30-3:30 CLOSED SUN. & MON.

~ WALK-INS ONLY ~

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## ***NB Education Foundation to Honor Three at the Alan Davis Shining Star Dinner***

The North Branford Education Foundation has rescheduled its long overdue Alan Davis Shining Star Awards Dinner. The dinner which was originally scheduled for March of 2020, is a fundraiser which traditionally honors those who have made particular contributions to the North Branford community. This years honorees will be David Palumbo, Marcey Onofrio and Tom Smith.

The event will take place on Thursday, October 7 at Seasons Restaurant with, cocktails and appetizers beginning at 6:00 and dinner at 6:45.

### **STILL TIME LEFT FOR TICKETS**

Tickets are \$50 per person and can be obtained by calling Frank Mentone at 203-410-4254.

*It's important to note that if you purchased tickets last year, please contact the person you dealt with to make sure you are logged in. If you are not sure call Frank and he will try to help you out.*



David Palumbo



Marcey Onofrio



Tom Smith

## **THEY MAKE US PROUD!**

Alyssa Kendrick will be playing field hockey for Eastern Connecticut State University. Alyssa, a freshman, plays forward/midfield and majors in Environmental Earth Science.

## **Wee Care of North Branford, Inc. Daycare and Preschool**



At Wee Care of North Branford, Inc. all day preschool is available for children ages 3-6 from 7 a.m. - 6 p.m. Monday through Friday. Some of the highlights of the program are:

- Two licensed Preschool Teachers
- Curriculum and disciplinary procedures aligned with local kindergarten classes
- Teacher directed learning centers
- Morning lessons reinforced by afternoon activities
- Extracurricular activities at no extra cost including Yoga, Music, Library visits, and Science classes

**Openings currently available.**

1680 Foxon Road (Rt. 80)

North Branford, CT  
203-481-3909

[www.weecarenb.com](http://www.weecarenb.com)



# Fall Sports are Here!



Jace Kamienski & Mason Provencher



Ian Kamienski (24) and David D’Onofrio



Draden Brindis

Football photos courtesy of Danielle Kamineski!



## Diamond Club Hall of Fame Dinner

The Southern Connecticut Diamond Club will hold its annual Hall of Fame Induction dinner to honor those who have contributed to baseball in the area. It will be held on Wednesday, October 6, 2021 at Monticello’s Restaurant, 577 S. Broad Street, Meriden, CT. Hors d’oeuvres will be at 5:30 p.m. Dinner follows promptly at 6:30 p.m.

Those being inducted include JOCELYN RUOTOLO CHANG of West Haven; former LL District 4 Administrator; CHARLIE FLANAGAN of North Haven Director of CT Seadogs AAU Baseball; JIM GUERCIA (posthumously) of Haddam, former area star athlete; and BOB MIRTO of Orange, American Legion coach.

FRANK MOHR of East Hampton will receive the Andrew Gassira Memorial Umpire Award. RON ROSARBO of New Haven, will receive the Tony Mentone Memorial Distinguished Service Award.

Anyone needing tickets can contact Rose Mentone at rmentone@comcast.net on or before October 4, 2021. Tickets are \$60 per person and include a family style served dinner. Children’s meals are available at a price of \$25. If you prefer to pay by credit card, go to our website at <http://www.southernctdiamondclub.org/hall-of-fame.html> and press Add to Cart to order tickets either through PayPal or by credit card.

Due to Covid restrictions, NO TICKETS WILL BE SOLD AT THE DOOR AND SEATING IS LIMITED!



## BEST GAMES IN TOWN

North Branford High School Fall Sports are back. Take some relax time and visit one of the best games in town.

### FIELD HOCKEY

Saturday	9-18	@ Amity Regional	10:30
Tuesday	9-21	Morgan	3:45
Thursday	9-23	@ Old Saybrook	3:45
Tuesday	9-28	Haddam Killingworth	6:00
Thursday	9-30	Valley Regional	3:45

### GIRLS SOCCER

Saturday	9-18	@ Coginchaug	10:00
Tuesday	9-21	@ Haddam Killingworth	3:45
Friday	9-24	Old Lyme	3:45
Wednesday	9-29	HaleRay	6:00
Friday	10- 1	@ Valley Regional	3:45

### BOYS SOCCER

Monday	9-20	Valley Regional	5:30
Wednesday	9-22	@ Old Lyme	3:45
Monday	9-27	Hale Ray	6:00
Thursday	9-30	Valley Regional	3:45

### VOLLEY BALL

Monday	9-20	Valley Regional	5:30
Wednesday	9-22	Morgan	5:30
Monday	9-27	@ Hale Ray	5:30
Wednesday	9-29	Coginchaug	5:30
Friday	10-1	@Cromwell	5:30

### FOOTBALL

Saturday	9-18	@OS/Westbrook	11:00
Friday	9-24	Cromwell/Portland	6:30
Friday	10-1	Gilbert	6:30

**Connecticut Sportsplex®**

**FIELDHOUSE FAMILY FUN CENTER**

**LASER TAG BIRTHDAY PARTIES**  
**LASER TAG FIELD TRIPS**  
**LASER TAG GROUP OUTINGS**  
**NOW AVAILABLE BY RESERVATION**  
**GROUPS OF 10 OR MORE ONLY**



203-484-4383  
[www.ctsportsplex.com](http://www.ctsportsplex.com)





**Movie Matinee**  
**Friday, September 24<sup>th</sup>**  
**12:30 pm**

**Schafer Community Room**  
**Smith Library (3 Old Post Rd., Northford)**  
**Light Refreshments Served**  
**Call (203) 484-0469 or stop in to reserve**  
**your seat for this fun film!**  
**NORTH BRANFORD PUBLIC LIBRARIES**

**NORTH BRANFORD LIBRARY PRESENTS**



*Award-winning author*  
*Jode Millman, Esq.*

**WRITERS LAW**  
**SCHOOL**

**PROTECTING YOUR ARTISTIC RIGHTS**  
**OCTOBER 5, 2021 7 P.M.**  
**TO REGISTER CALL SMITH LIBRARY AT**  
**(203) 484 -0469 OR EMAIL**  
**THOLABIRD@NBRANFORDLIBRARIES.ORG**  
**ZOOM LINK WILL BE SENT ON THE DAY OF THE**  
**PROGRAM**

**SEPTEMBER IS**  
**HUNGER ACTION**  
**MONTH!!!**  
**“DRIVE THRU”**  
**FOOD DRIVE**  
**SAT., 9/25**  
**FROM 10-3**  
**1382 MIDDLETOWN**  
**AVE.**

**WE ARE IN NEED OF :**

- Cereal, oatmeal
- Juice/ Gatorade
- Canned beans (white, pinto, baked)
- Muffin, cookie, brownie mixes
- Jell-o and pudding
- Boxed rice
- Hearty soups (Progresso or Chunky)

*Thank you for your*  
*kind support!*



**BLOOD DRIVE, SATURDAY,**  
**SEPTEMBER 18TH**  
**STANLEY T. WILLIAMS**  
**COMMUNITY CENTER**

The Northford-North Branford Women's Club, GFWC, is sponsoring a blood drive on Saturday, September 18<sup>th</sup> from 9:00am to 2:00pm, at the Stanley T. Williams Community Center, 1332 Middletown Avenue, Northford. There is currently an urgent need for blood donors of all blood types. Your donation will help ensure blood products are readily available for patients in need. Due to anticipated high demand, appointments are required. Please call 1-800-RED-CROSS (1-800-733-2767) or visit [www.redcrossblood.org](http://www.redcrossblood.org) and use sponsor code Northford to schedule an appointment.





SHREDDING EVENT

SATURDAY  
October 2, 2021  
9:00AM - 12:00PM



North Branford Town Hall  
909 Foxon Road, North Branford, CT

\$10 per Banker's Box

Direct questions to:  
Northbranfordrotary@gmail.com or Melinda  
Fonda 203-988-0883

The Totoket Historical Society, Inc.

Annual  
Grace Marx  
Colonial Dinner

Sunday, Oct. 10

\$25.00 per person

“Drive-through, pick-up” dinner  
Delivered right to your car

Atwater Memorial Library/Reynolds-Beers  
House parking lot  
1720 Foxon Rd. (Rte. 80), North Branford

- A succulent roasted Cornish Game Hen with cider sauce
- Rich and buttery Parsley Potatoes
  - Delicious Squash-apple bake
  - Amazingly good Succotash
- Slices of pear & cranberry breads
- Moist Pumpkin cake for dessert

For reservations call:  
Helen 203 481—5268

Crucial Fundraiser



WANTED:  
GENTLY  
USED  
BOOKS



Please bring gently used books and media to the Atwater or Smith Library from now to Sept. 24th, for our Book Sale on Oct. 2nd at the Atwater Library. Please no encyclopedias, magazines or textbooks.

Atwater Memorial Library  
1720 Foxon Road  
North Branford

Edward Smith Library  
3 Old Post Road  
Northford

NORTH BRANFORD  
LIBRARIES AND THE  
NEW HAVEN BAR  
ASSOCIATION  
PRESENT:

Ask  
A  
Lawyer

Atwater Library  
Oct. 27  
Dec. 29

Smith Library  
Sept. 29th  
Nov. 24

(6:30-8pm)

NORTH BRANFORD  
PUBLIC LIBRARIES

15 MINUTE  
FREE  
CONSULTATION

Have a  
Question?  
These lawyers  
are available to  
help you with  
your legal issues  
Sign up in the  
library the  
evening of the  
program. First  
come, first  
served..

CHURCH DIRECTORY

**Branford Bible Chapel.** 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning : 9:15 - 10:30 Worship & Lord’s Supper, 11:00 -12:15 Ministering of God’s Word & Sunday School. . Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. [www.branfordbiblechapel.org](http://www.branfordbiblechapel.org)

**Hope Christian Church “A Place to Belong”.** 211 Montowese Ave., North Haven, CT. [www.hopeag.com](http://www.hopeag.com) Sunday services 10AM. Coffee served every Sunday 9:00 am. Church open for prayer Tuesdays noon to One. Thursday Bible study 7:00 PM. Like us on facebook.

**North Branford Congregational Church, UCC.** 1680 Foxon Rd., North Branford, CT, 203-488-8456 or nobfdcong@sbcglobal.net or [www.northbranfordcongregational.org](http://www.northbranfordcongregational.org). Office Hours: Wednesday through Friday, 9:00 - 1:00pm. We worship every Sunday at 10:00am. Nursery care available. Get to know us by joining us for Coffee Hour following Services. The second Sunday of every month is Family Sunday when the children remain with their parents during the Service. This is followed by our second Sunday Brunch. Holy Communion is on the first Sunday of every month. Church School through grade 8 meets during worship. All are welcome no matter who you are, no matter where you are on life’s journey, you are welcome here.

**Northford Congregational Church, United Church of Christ.** Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916.. email: [northfordcc@gmail.com](mailto:northfordcc@gmail.com) Office Hours: Tuesday 9am - 1pm; other days by appointment. Rev. Robin Blundon, Acting Pastor. Jane K. Leschuk Minister of Music. Worship Service 10am. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Like us on Facebook. Our website is [www.northfordcongregational.church](http://www.northfordcongregational.church)

**St. Ambrose Parish is a Roman Catholic Parish** in the Archdiocese of Hartford comprised of two church locations; St. Augustine, 30 Caputo Rd. North Branford and St. Monica, 1331 Middletown Ave. Northford. The Pastor is Rev. Robert L. Turner. Temporarily all Masses are being held at St. Augustine during the pandemic to accommodate as many parishioners at each Mass as capacity allows. Weekday Masses are celebrated at 9:00 A.M. on Monday, Tuesday, Wednesday, Friday and Saturday. Weekend Masses are celebrated on Saturday at 5:00 P.M. (English Ordinary, no incense) and on Sunday at 9:00 A.M. and 11:00 A.M. (Latin Ordinary with use of incense). The Sacrament of Reconciliation is offered 30 minutes prior to all daily Masses and by appointment by calling the parish office. The parish office is located at 30 Caputo Rd. in the parish center and is open M – F from 9 A.M. to 1 P.M. Mass is live streamed each Sunday morning on our St. Ambrose Facebook page. You can access the parish bulletin and staff emails on our website at [NBcatholics.org](http://NBcatholics.org). If you are new to the area and are looking for a parish family to join, please visit us!

**St. Andrew’s Episcopal Church,** 1382 Middletown Avenue, Northford - The White Church On The Hill In The Heart of Northford (at the intersection of Rtes. 17 & 22). St. Andrew’s is a member of the Middlesex Area Cluster Ministry Network (MACM), along with Emmanuel Episcopal Church in Killingworth and St. James Episcopal Church in Higganum. The Rev. Bryan Spinks is Priest-In-Charge at St. Andrew’s. Regular worship services are held each Sunday - summer services begin at 9:00 a.m., and starting in Sept. go back to 10:00 a.m. starting time.

St. Andrew’s is the proud home of the Food Pantry of North Branford, located in the lower level of the church’s parish hall. And, the Community Dining Room utilizes the church kitchen and parish hall to prepare and deliver meals to the homebound in Northford and North Branford. These are 2 vital community resources serving families in need in our community.

St. Andrew’s also partners with St. Pauly Textile in a broad outreach program to help people in need here in the U.S. and around the world. Donations of clothing, shoes, boots, belts, purses, sheets, blankets, curtains and stuffed animals may be made at the donation shed located in the back of the church parking lot. Like us on Facebook: St. Andrew’s Episcopal Church of Northford CT.

For more information contact Nan Monde, Senior Warden, 203-710-7005; or MACM Network office, 860-345-0058; or Rev. Spinks, 860-304-5266.

**United Methodist Church, Branford** 811 East Main St, Branford (Route 1, across from Bill Miller’s Castle). [www.umcbranford.org](http://www.umcbranford.org) or (203) 488-0549. Sunday service 9:30am - both in-person and live on our website. “The Church on the Rock,” led by Pastor Kent Jackson. We invite you to discover the power of faith in Jesus Christ bringing God’s love to the world. Join us to worship, experience God’s word, and stay connected.

**Zion Episcopal Church,** 326 Notch Hill Road, North Branford. 203-488-7395 Rev. Lucy LaRocca, Vicar. Please visit our Facebook page or our website [www.zionepiscopalchurch.org](http://www.zionepiscopalchurch.org). Zion is a registered Integrity Episcopal Believe Outloud Congregation, a designation earmarking Zion as an open and affirming congregation for those seeking a safe place to worship and grow in Christ.

Celebration of the Life of Oliver (CORKY) Helmrich

A celebration of the life of CORKY aka Oliver Helmrich of Midway Service, will be held on Saturday, September 18th at Fireman’s Field on Long Hill Road in Guilford.

The event will take place from 1-4 with food and beverages. Corky was a long time fireman, fisherman and friend to many

For more information call Craig at 203-710-28023-

Sons & Daughters of Italy Free Dues 2021

The Sons & Daughters of Italy have resumed indoor meetings and functions. Become a part of a growing organization that embodies the Italian culture, with free dues for 2021.

The next meeting will take place on October 5, 2021at 7:00 in the St. Frances Cabrini Church Hall in North Haven.

For more information call Frank at 203-410-4254 or go to [northhavenlodge2805.club](http://northhavenlodge2805.club)

DEATH NOTICE



**Lorraine Bonnardi Migliore, 89,** of Northford, passed away peacefully on Saturday, August 28<sup>th</sup>, 2021, at Yale-New Haven Hospital surrounded by her loving family. She was the beloved wife of the late Larry Migliore. Lorraine was born in New Haven on January 31, 1932 and was the daughter of the late Arthur R. and Christina Barletta Bonnardi. She was the office manager of her late husband’s business Migliore Electric. Lorraine was a member of the North Branford Senior Center, a parishioner of St. Monica’s Church and a member of its Rosary Society. She is survived by several nieces and nephews. Lorraine was predeceased by her brothers, Robert, William and Arthur Bonnardi, Jr.

In lieu of flowers, memorial contributions may be made to St. Ambrose Parish, 30 Caputo Road, North Branford, CT 06471.

Mass in Honor of Our Lady of the Rosary



**North Haven-**The Catholic Cemeteries Association is sponsoring a Mass in Honor of Our Lady of the Rosary on **Sunday, October 3<sup>rd</sup>, 2021 at 2:00 PM.** Mass will be held in the All Saints Cemetery Mausoleum. Rev. Michael Santiago, from St. Elizabeth of the Trinity Parish will be our Celebrant. Attendees will enjoy music by Tom Borino and Company. Rosaries will be available complimentary from the Ray of Hope Foundation. The Rosary will be celebrated promptly after the Mass for those wishing to participate. There is no need to register for this event as there will be plenty of seating available. Masks are encouraged, however, doors will be opened to allow for plenty of air circulation. Questions? Please call our Outreach Coordinator, Barbara Gode at 203 780-8418 or email her at [bgode@ccacem.org](mailto:bgode@ccacem.org).

CT Catholic Men’s Conference-Sat. 9-25<sup>th</sup> Theme: The Holy Rosary

Catholic Cemeteries Association is a sponsor for the Catholic Men’s Conference again this year. Please join nearly 500 Men at this year’s conference held at the **New Britain Stadium (outdoors).**

Tickets are only \$45.00 for the entire program which includes lunch. Please visit their website to learn more about the speakers, the agenda and to purchase tickets at: <https://ctcatholicmen.org/detailed-overview>.

We hope to see you there!

National Back to Church Sunday on Sept. 19

**NORTH HAVEN CT –** “Back to Church Sunday,” part of a national movement of churches across America, will be held at Hope Christian Church in North Haven CT, September 19 at 10AM.

Could you use a new place to hang out and make new friends? Somewhere your family can be accepted, explore your faith and be involved? Then come visit us this weekend. We are a church that’s all about building relationships, raising strong families, and staying connected to the community.

For Back to Church Sunday, Hope Christian Church will have a special service that features:

- An opportunity to grow closer to God
- A special Program for children
- Potluck lunch

“We believe that the local church can be a great catalyst for personal and spiritual, family and physical healing. We’re a vibrant local church with people just like you who desire to live authentically and grow spiritually. Our passion is to be a lighthouse of Grace and Hope to our community, our vision is simple, ‘Realpeople, Realhope, Reallife’” (Pastor Jim Detweiler)

**This year’s theme is “Hope is here”. We will be having a water baptism service.**

Come check us out—we’d love to meet you

**Hope Christian Church is an Assembly of God Church**  
**located at: 211 Montowese Ave in North Haven.**  
**For more information: [www.hopeag.com](http://www.hopeag.com)**  
**or call 203-234-7328.**

# NORTH BRANFORD PARKS AND RECREATION & SENIOR CENTER

## NORTH BRANFORD PARKS, RECREATION, AND SENIOR CENTER STW COMMUNITY CENTER 1332 MIDDLETOWN AVE NORTHFORD

WWW.NBRECREATION.COM • CALL (203) 484-6017

FOLLOW US ON FACEBOOK! @NBPARKSANDRECREATION AND INSTAGRAM! @NBPARK.REC.SENIOR

### SOCCER TOTS

Ages 2 - 5 years— STW Multi-purpose Court  
\*Parent participation required for ages 2 years - 3.5 years  
Tuesdays, September 21 - October 26 • \$109 res/\$114 nr  
Bears (4-5yrs): 6:00-6:45pm

### FIELD HOCKEY CLINIC

Grades 2 - 8 — Northford Park—Calvo Soccer Field  
Saturdays, Sept. 18 - Oct. 16—8:45-9:45am  
Instructor: Cheryl Canada  
\$50 res/ \$55 nr

### AFTER SCHOOL FITNESS

Grades 3 - 5 — STW Classroom  
Thursdays, Sept. 30 - Nov. 18 - 3:15-4:00pm  
Instructor: Jillian Temple  
\$80 res/ \$85 nr

### TODDLER/PARENT FITNESS

Ages 2 - 5 — STW Classroom  
Thursdays, October 11 - November 11 - 10:00-10:30am  
Instructor: Jillian Temple  
\$50 res/ \$55 nr

## LAKE GALLIARD FALL WALK

Friday, October 22, 10:00 a.m.

Meet at the end of Great Hill Rd. for a guided lake walk. Opposite RT 139  
\$5/per person—Register online nbrecreation.com



## AFTER SCHOOL R.E.C. Crew

Recreation • Education • Creativity

North Branford Parks and Recreation is thrilled to announce our new after school R.E.C Crew beginning Wednesday September 1st! The program will offer after school care until 5:30pm at the STW Community Center on Monday's and Wednesday's for grades K-5. Fee: \$100/monthly

Our program provides a safe environment where kids can..

- Receive homework support
- Enhance social/emotional development
- Engage in recreational activities
- Most importantly HAVE FUN!



Interested in volunteering? Signup at  
<https://www.signupgenius.com/go/10c0d48abaa22a0f8c16-nightmare>

## TRUNK OR TREAT EXPRESS

### A DRIVE-THRU TRICK OR TREAT EVENT

Drive-thru the STW Community Center parking lot and visit BOO-tifully decorated trunks in the comfort of your car. Register how many treaters will be in your vehicle at [www.nbrecreation.com](http://www.nbrecreation.com)

Saturday October 16

3:30 - 6pm

STW Community Center  
RAIN OR SHINE

## Mary's Culinary Classes

Ages 5-14 • STW Community Center • 5:30 - 7:30 pm

Cost \$40 res/ \$45 non res per class

Join Mary Amter in this unique, hands on Culinary experience that will engage children in creating delicious creations. They will explore, create, and learn basic cooking techniques!

SEPTEMBER 28, 2021

Creamy Tuscan Sausage Gnocchi and S'mores Popcorn Balls

OCTOBER 12, 2021

Apple Cider Chicken and Spooky Oreo Truffle Eyes



## — SENIOR CENTER — HOEDOWN

Come to our Hoedown! A great time with fabulous food, friends, live music & entertainment! RSVP by September 30th.

**OCTOBER 7, 2021**

**4:30pm - 6:30pm**

**STW Community Center**

**\$10 per person 55+**

Live Music by The Willie & Jan Band

Chili served with cornbread, corn from the cob, mac-n-cheese, salad, & dessert!

Pre-registration required  
by September 30, 2021

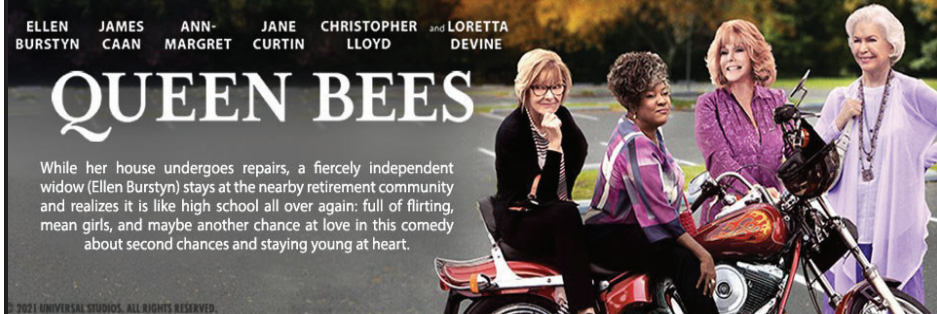


## MOVIE AT SMITH LIBRARY

September 24<sup>th</sup> at 12:30 pm

Movie - *Queen Bees*

Register by calling (203) 484-6017



## UNDERSTANDING MEDICARE

FREE INFORMATIVE SESSION

LEARN ABOUT YOUR MEDICARE  
INSURANCE HEALTH PLAN OPTIONS  
SO YOU CAN MAKE THE BEST  
DECISION FOR YOUR SITUATION

Friday, October 1, 2021 at 10:30 A.M. North Branford Senior Center  
Join us for this no cost and educational session!

We will leave plenty of time to ask questions so you have the information you need to make the best selections for your situation.

Register by Monday September 27th.

**Hot Topics:** September 20th at 10:30am—Discussion on  
Decluttering your home.

**Stitch & B\*tch:** September 7th & 21st at 12:30pm

Bring your knitting, crochet, cross-stitch, or whatever you are working on and join us for some fiber arts and great conversation with friends. Don't have anything to work on? No problem- we will have extra yarn, knitting needles, crochet hooks, and patterns to use.

### SENIOR DAY TRIPS

September 27, 2021 from 10:00-2:00pm—Aldi's in Hamden and lunch (on your own) at Glenwood Drive-In!

September 28th at 4:30 p.m.- Supper Club at Dockside

Join us at Dockside Restaurant in Branford for dinner on your own and socializing. Dockside has a senior menu and a regular menu for you to order from.

**Kindly register for ALL programs and activities**

## COFFEE WITH A COP DAY

Join us and some of the North Branford Police Officers for coffee (and donuts) and conversation at STW!

No agenda or speeches, just a chance to ask questions and get to know the wonderful Officers in our Town.

October 6th at 10:00am

Register at [nbrecreation.com](http://nbrecreation.com) or give the office a call.



CLASSIFIED AD RATES

Personal, For Sale, Help Wanted, Tag Sale, and all non-business classified  
1 issue \$9.00 2 issues \$12.00 3 issues \$15.00  
20 words or less, not including phone #. \$.05 per word, per run, after 20 words  
Lost and Found ..... FREE  
Business Classified Ads & Real Estate  
3 issues \$35.00, 6 issues \$60.00, 12 issues \$100.00  
\$.10 per word, per run, after 20 words  
Payment MUST accompany all ads. The advertiser must notify this newspaper of any errors.  
Send ad along with your check to:  
Totoket Times P.O. Box 313 Northford, CT 06472  
For more information call 203-410-4254


CONSTRUCTION SERVICES

**Southern CT Restoration.** Insurance restoration and general contracting services. New construction, remodeling, kitchens, baths, roofing, siding, windows, doors, decks and painting. Call Pat Zichichi @ 203-239-9600.

ELECTRICIANS

**TJC Electrical Services** - No Job too small or big. Service upgrade & Generator Specials. Call Tom Cassella at 203-619-2823. Licensed & Insured.


LANDSCAPING

**J & M Landscapes LLC.**Complete Lawn Care { Mowing , Edging , Weed whacking & Blow off }Tree, hedge & shrub Pruning - Property cleaning & debris removal - Landscape Design { Mulch, shrubs & flower beds} - Stone, Gravel & Mulch delivery -Install Stone shed foundations - Small Backho { excavation work } - Driveway sealing - Power washing - Spring & Fall Yard clean -ups. Gutter Cleaning. Winter Snow plowing.  
Vet & Senior discount. For a free quote call John ( 860 ) 349-8135.

PLUMBING

**John DiMaggio Plumbing** - Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured.  
Call 203 - 627 - 6826. References available.

TREE SERVICES

 **Tree Service - A Better Cut, Tree Service** - Local, full service tree company - we provide tree removal and trimming, chipping, and grinding. Please call for a free estimate - Contact Pat Zichichi 203-945-1808

HELP WANTED

**Part Time Drivers Needed. Make your own schedule:** Must have good driving record and be on time.  
In shop help needed. Excellent for youngster after school. earn some spending money and still have time to do your own thing and study.  
Apply in person at Petals 2 Go in Central Plaza, North Branford, or call Dave at 203-484-7800.

CASH IN ON OLD JEWELRY

**Wanted Gold, Silver scrap jewelry.** Fair Prices offered.  
Call 203-627-6826 or 203-376-1249

LOOKING TO LEASE

**Looking to lease 2 -4 acres of farmland** for the 2022 season to grow vegetables. Please contact nordstr6589 @gmail.com.  
**Looking for greenhouse space** within 20 minute drive from New Haven, to start vegetables for 2022 season. Please contact nordstr6589@gmail.com

*Put your ads here and get your messages to every home and business in town. Call Frank at 203-410-4254.*

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330 Notch Hill Road, North Branford  
(203) 481-3217

238 Elm Street, West Haven  
(203) 933-1217

Keenan Funeral Home

www.keenanfuneralhome.com      wecare@keenanfuneralhome.com

TAG SALE

**The Knights of Columbus, St.Ambrose Council 6801 is looking for vendors to fill 86 spaces 15’w x 28’d at their annual fall giant 80,000 sq. ft. tag sale / flea market on October 2<sup>ND</sup>.** (rain dates october 9<sup>th</sup>, 16<sup>th</sup>, & 23<sup>rd</sup>.) at Doody’s field 465 foxon road north branford. It will run from 8:00 a.m. to 3:00 p.m. free admission and off road parking. To reserve a space, call 203 484-9737. The cost is \$38 per space paid before 9/27, after this date +\$5 late fee. Vendors must provide their own tables.

**TOTOKET HISTORICAL SOCIETY TAG SALE:** Due to the Covid restrictions of the last 18 months, the Totoket Historical Society has been unable to hold any fundraisers to generate income, and so we plan to hold a tag sale on Sept. 18 (rain date-Sept. 25.) We are asking the public for donations of quality items to sell for this fundraiser. Donations may be dropped off at the Reynolds-Beers House, 1740 Foxon Rd., North Branford, on Wednesdays from 10 – noon. For pick up, call Helen at 203 481-5268. We appreciate your help in our efforts to keep the Historical Society functioning and hope to see you at the tag sale.



Celebrating 50 Years of Service

The Northford-North Branford Women’s Club, GFWC, would like to congratulate and thank two of our members, Sheila Juniver and Carol Belluci. They received their 50 year pins at our end of year dinner celebration in June. They also received a letter of congratulations from GFWC International President Marian St. Clair. Thank you ladies for your 50 YEARS of dedication!

For women’s club membership information, please contact Kathy Tobin at [ktgfwcet@gmail.com](mailto:ktgfwcet@gmail.com), visit our website at [www.northfordwomensclub.org](http://www.northfordwomensclub.org) or check us out on Facebook.

*(Pictured left to right: Sheila Juniver and Carol Belluci)*