



# Totoket Times

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*For Our Town From Our Town*

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Volume 25 No 15, November 23, 2018



## Townline Wine & Spirits Under New Ownership

The Patel Family has been in business in New Haven County for the past 25 years and have been residing in North Branford for ten years.

"It was never been easy to establish any business, it's always been challenging," explained Vikhil Patel, owner of RV's Quick Mart Cafe & Cigar Gallery and manager of the family store, Townline Wine & Spirits.

"Being a business owner, customers used to think we were very fortunate, but they did not know being an owner and operating a business is tough. Our family has worked 12-14 hours every single day and barely take a day off. That's what it takes to build a successful business and relationship," he went on to explain.

"Since we've started our family businesses, we have had two goals. First, our business should be a place where customers should feel warm and welcome and get our personal touch of customer service. By the time they leave the business they should be completely satisfied with our service and product. Secondly and just as important, we like to give back to the local community.

At Townline Wine and Spirits, the Patel family has the same goals. In this technological world, a personal touch and relationship is fading away. "We want our customer to feel welcome and experience our personal touch, be satisfied and glad that they shopped at our business. We are beyond just a normal business, we take a pride in our personal touch of customer service and customer satisfaction."

If you have not given Townline Wine and Spirits a try give them a try and you will not regret it.

Townline Wine and Spirits also meet or beat any of the competitors pricing (if the price is within the state minimum parameters) They also offer personal consultation, corporate quote, party & holiday planning and much more as well as customizing the wine bottle with the custom label and gift wrapping it for you.

Visit 2430 Foxon Road or call 203-488-1402 to get a true community experience, our holiday discounts and competitive prices.

State Representative Vincent Candelora and Mayor Mike Doody and friends John Castlevetro and Earl Norwood stopped by to welcome family and friends, with a ribbon cutting on November 10th.

## CONCERT & BREAKFAST WITH SANTA

*Sponsored by the North Branford Education Foundation*



Saturday, December 8, 2018 - NBIS



*Come and take part in what everyone in town is talking about!*



**Breakfast 8:00 AM - 10:30AM**

**Pancakes, Sausage, Bagels, Fresh Fruit, Juice, Coffee & Hot Chocolate**

**Tickets are \$6.00 per person In advance 12-7 - 18, Noon Cutoff!**

**\$8.00 At the Door!**

Advanced tickets can be purchased at Jerome Harrison, TVES, NBIS, Central Office or by calling Frank at 203-410-4254.

**Price Includes:**

**Breakfast, Concert & Picture with Santa**

**Good Food, Good Music and Good Times!**

## It's Time to Think Holidays

It's time to plan ahead and take care of your advertising needs for the holidays. Don't wait for the last minute to let our community know what your business has to offer.

### Times Pub Dates

December 7

December 21

### Times Deadlines

November 30

December 14

E-Mail Totokettimes@comcast.net for further information or check the website at www.tokettimes.com for rates and deadlines.



# Chat Chew

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**Leave us your e-mail address or fax number and we'll send you regular weekly and daily specials.**

**Holiday  
Catering**

### Publication Date

November 23	November 16
December 7	November 30
December 21	December 14
January 11	January 4
January 25	January 18
February 8	February 1
February 22	February 15

### Deadline

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# Rotary Club Fundraiser - Outstanding Success

The Rotary Club of North Branford recently held their annual Spooktacular Auction and Fundraiser. This year was a record success! Funds were raised to provide support for many local and international projects. A significant portion of this year's Annual Fundraiser will benefit a **new Splash Pad** at the North Branford Community Center. Rotarians have joined forces with the Parks and Recreation Department to help build the exciting new place for all ages to gather and enjoy. Also, this year a special fundraiser was added to benefit the North Branford Food Pantry. Funds will be matched at 25% by Liberty Bank. "Clothes for Kids" which provides new Winter Coats, Hats, Gloves and Sweaters for North Branford Children in need, is another major project also supported. North Branford Rotarians would like to thank all of their sponsors: **Platinum (\$1000)** Guilford Savings Bank ; Palumbo Trucking; **Gold (\$500)** Aquatic Pool & Spa; Christensen Landscape Services ; **Silver (\$250)** Webster Bank; The Marlin Company; Susan Visken-Diaz; Enterprise Plumbing & Heating; Oak Street Bookkeeping; Maureen Hughes; Ralph and Maryann Stroup; Vincent Mase; **Bronze (\$100)** Gargiulo Brothers Oil; Kriss Law/Atlantic Closing & Escrow; Pamela Stenger, Bearingstar Insurance; All Waste, Inc.; North Branford Dental Group; Owenego Beach Club; Parks & Pearson Law; Esposito Brokerage; Guilford Texaco; Guilford Texaco North; Law Office of Frank J. Forgione; Sanitrol Septic; Seasons; Absolute Liquors; Tom King Masonry; Veterinary Associates of North Branford; Leoni's Italian Foods; Keenan Funeral Home.

Rotarians also, greatly appreciate the excellent coverage by all of the local newspapers, The Sound, The Advisor and especially The Totoket Times which gave amazing front page coverage several times!

Thank you to those who donated items to the auction: Agway ; Arnold's Jewelers; Ashley's Ice Cream; As-saggio Restaurant; Bar 80; Bernice Looney; Branford ;Optometric Assoc.; Caf  Fiore; Christensen Landscape Svcs; Country Paint and Hardware; CT Sportsplex; CW Carson's; Dalton's Restaurant ; Diageo; Donovan's Reef ; Doody's ;Elements Massage; Flowers for Awhile ; Guacamole's ; Guilford Mooring; Heather Hackley; Hidden Kitchen; Home Restaurant; JCakes; Joey Cal's ; John and Maria's Pizza; Kohl's; La Cucina Catering ; Laima Nori ; Lennys Indian Head Inn; Maritime Grille ; Melinda and Lou Fonda ;Milani Pastries & Bakery; Mrs. Patricia Douglas; Mrs. Sam Appleton; MT Cobbler; Mukund Nori ; Nataz; Natureworks; Nellie Green's Restaurant; Nick's Service Center; North Guilford Nursery; Northford Ice Pavilion; Northford Veterinary Clinic; Olive Garden; Page Hardware; Parthenon Diner Restaurant ;Paul Burns; Paul Mitchell Academy; Ralph and Maryann Stroup; Relaxation and Rejuvenation LLC; Sandy's Deli; Som Siam; Spiritual Arts LLC

Information about the North Branford Rotary is available at [www.northbranfordrotary.org](http://www.northbranfordrotary.org). Anyone interested in joining the North Branford Rotary club can email Donna Christensen at [donna@christensenlandscape.com](mailto:donna@christensenlandscape.com). Come out and join us for some fun with a purpose! Pay it forward.



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***Look to the Next Issue of the Totoket Times for our Christmas & New Years Specials!***



## State Representative Vincent Candelora

Thank you for Returning Me to Hartford,  
the Work Begins Already. . .



I want to first take the opportunity to thank the voters of the 86<sup>th</sup> District for returning me to Hartford to represent all of you. It has been an honor serving our great community, and I appreciate the strong vote of confidence that you provided me. I also want to thank the many volunteers who knocked doors, stood out at the polls and wrote letters in support of my candi-

dacy. Finally, I want to thank my family who continue to support this journey of public service despite how much it disrupts our family life.

Throughout the election, I have strongly opposed tolls in Connecticut despite many residents supporting the notion. Governor-elect Lamont wanted tolls for trucks only and some candidates wanted discounted pricing for residents. When I met with the Commissioner of DOT last year, he indicated that the special transportation fund needed an additional \$1 billion in order to remain solvent so I knew the proposal would be much more comprehensive. It is also disappointing that members of the bond commission and candidates supported the \$10 million toll study the Governor insisted that we needed to complete. The fact that months later, the Commissioner of DOT put out this comprehensive toll proposal without a \$10 million study begs the question on whether this money was necessary to approve and spend.

The current toll proposal calls for 82 tolls throughout the state. These gantries will be spaced approximately every 6-7 miles on highways including Interstates 84, 95, 91, and 395 and Routes 2, 9, 8, 11 and 15, among others. From the report, peak rates for drivers are estimated to be 7.9 cents per mile, with a discount down to 5.5 cents per mile for Connecticut commuters, although the rates change depending on time of day and the type of E-Z Pass. A single, one-way trip on I-95 from New York to New Haven during peak hours will cost \$2.11 or \$4.22 for a round trip. That could equal \$21.10 per week for a regular commuter with a CT E-Z Pass commuter discount. Heavy trucks could pay as much as 47.3 cents per mile, under the plan. Depending upon your commute or nature of your business, you might be paying up to \$1,100 per year for tolls. The Yankee Institute at yankeeinstitute.org provides some good summaries on the impact of these tolls.

I am also concerned about the impact this proposal could have on a town like North Branford. Gantries will exist on the highways in Branford, Madison, Guilford, North Haven and Wallingford. Route 80, 17 and 22 will become a major corridor to avoid tolls. Undoubtedly, commuters to New Haven will choose Route 80 rather than paying tolls on the highway. Trucks will cut through North Branford to avoid the 95/91 toll sections. Tolls are not just about money. It is about quality of life. Traffic patterns will change, and our quiet rural community, tucked into the corner of New Haven country, may become congested with traffic under this proposal.

I will continue to listen to the debate, and I understand the transportation fund has financial issues. I refuse to solve the problem with a proposal that takes more money out of residents pockets and that negatively impacts our quality of life.

## Let's Be "Frank"

This year the Totoket Times with the support of our advertisers and readers was able to donate ad space to many local organizations. Youth and high school sports, Matts Mission, Potato and Corn Festival, Women's Club, Rotary, North Branford Parks, Recreation and Seniors, local churches, schools, North Branford Education Foundation, Totoket Historical Society, and the Chamber of Commerce are only a few of the organizations we have helped in their mission to serve the community.

We have been able to again do this without raising rates to advertisers even though newsprint has gone up three times and those increases have been passed on to yours truly. We have also lost several of our long time advertisers due to social media advertising. With all of these obstacles, I still believe there is a place in this community for the printed word.

For the first time that I can remember, I have had to use personal funds to continue with our town newspaper. I am not complaining but now more than ever your help is needed to keep the Totoket Times in circulation. It's time to step up and don't expect your neighbor to carry the ball, or just be comfortable with the thought that the Totoket Times will always be here. Between print and postage, each issue cost more than \$1,600 to get this paper to your mailboxes. That expense does not include office supplies, phone, computer expenses or time and effort.

It is once again time to ask for your voluntary payment of at least \$10. To keep the Times a float. This is not a donation. It is a Voluntary Payment to help keep our advertising rates reasonable to assist our struggling local businesses, and to help our neighbors get their message out to 6,500 homes and businesses in North Branford and Northford, as well as our website so people who have moved out of our town an still catch up on what's going on.

I thank you in advance for your support and hope to continue this paper for years to come.

Checks can be sent to:

**Totoket Times,  
PO box 313, Northford, CT 06472**

Name \_\_\_\_\_

Address \_\_\_\_\_

Comments \_\_\_\_\_

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*founders - Bert Bunnell Jr. & Anthony Esposito Jr.*

**The publisher assumes no responsibility for typographical errors. In the event of an error, the publisher will issue a credit adjustment on only the incorrect portion of the advertisement, as well as a retraction in the next issue.**

### Letters to the editor...

This paper encourages all readers to voice their opinions and comments.

The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.

All letters must be signed. A telephone number should be included and no personal attacks.

This paper reserves the right to edit all letters.

All letters should be addressed to :

**The Editor**

PO. Box 313, Northford, CT 06472





## Northford/North Branford Throw Blankets Make Great Holiday Gifts



With the holidays quickly approaching, don't miss out on this wonderful gift idea. The Northford/North Branford custom throw blanket highlights various locations in our town. The throws are 48" x 68" with fringe on 4 sides, 100% machine washable and dryable cotton and are made in the USA. There are 3 color choices available: Cranberry, Dark Gray and Purple. The cost of the blanket is \$45 each. All proceeds will be used towards the Northford/North Branford Women's Club, GFWC charity budget which supports local programs in our town and surrounding areas. There is a limited quantity left, so don't wait too long to order. Send your check made payable to Northford Women's Club, P.O. Box 264, Northford, CT 06472. Please include your name, address and phone number along with your color choice (s). For more information, please email [maryellen.nfwc@gmail.com](mailto:maryellen.nfwc@gmail.com) or call Mary Ellen at 203-484-9079. You can also view our webpage at [www.northfordwomensclub.org](http://www.northfordwomensclub.org) or check us out on Facebook. The Northford/North Branford Women's Club, GFWC is a member of the General Federation of Women's Clubs.

### Animal Haven Holiday Fair

The Animal Haven's 2018 Holiday Fair will take place on Saturday November 24, 2018 from 9:00 A.M. until 2:00 P.M. at the North Haven Congregational Church, 28 Church Street (across from the Town Green) in North Haven.

The Holiday Fair activities include: Craft vendors, gift shop items, bake sale, refreshments, raffles and prizes.

Donations of canned & dry cat & dog food are always welcome and can be brought to the fair

Calling all bakers! Donate your homemade goodies. Baked goods should be wrapped for individual sale.

Volunteers are needed to work at the fair. To volunteer or donate contact Chris, at [chriskat32@aol.com](mailto:chriskat32@aol.com).

Admission is Free. All proceeds benefit The Animal Haven of North Haven.

The Animal Haven is a private, nonprofit, 501(c) (3) charitable organization serving the greater New Haven area since 1948. It is a no-kill shelter whose mission is to provide a temporary, safe, caring and humane refuge for homeless, adoptable cats and dogs, and to subsequently place those animals in quality, adoptive permanent homes.

## Prison Fellowship, Angel Tree

Every child has a story. For 2.7 million American children, that story is filled with the abandonment, loneliness, and shame that come from having a mom or dad in prison. For many, it may also include following their parents down the same destructive road to incarceration.

At Hope Christian Church we have 50 angels (from our local region) in need of a Christmas gift. We call the home see what the child needs, you pick the Angel from us, purchase & wrap the gift and we deliver it before Christmas. Angels are now available, due back by December 9, 2018.

Angel Tree, a program of Prison Fellowship, reaches out to the children of inmates and their families with the love of Christ. This unique program gives you an opportunity to share Christ's love by helping to meet the physical, emotional, and spiritual needs of the families of prisoners.

For more information call: Hope Christian Church 203-234-7328 or email [office@hopeag.com](mailto:office@hopeag.com)



### Another Successful Season

Eight members of Bobby's Gang Senior Men's Golf League recently closed out the season with a luncheon meeting at the Napoli Club in Northford. Pictured left to right bottom row: Angelo Polzella, Al Buono, Ray Taupier and Nick Carlino. Back row: Ron Pantelena, Bob Quarz and Gary Prinze. The average age of the members of the golf league is 75.

## Recycling News Bulky Waste Pickup Schedule\*

Monthly bulky pickup will take place  
the **2<sup>nd</sup> full week** of each month  
on your regular weekly trash day:

Dec 10th	Jan 14th	Feb 11th
-------------	-------------	-------------

**\*No change to the weekly trash and recycling  
pickup schedules**

\*\*\*\*\*

***Remember to place recycling items loose in the blue barrel;  
recyclables stored in plastic bags are treated as trash.***

\*\*\*\*\*

### North Branford Fall Leaf Collection

Last day for North Branford residents to bring their leaves to the leaf drop off center located at the Public Works Garage on Route 22 from 9:00am to 3:00pm is Saturday, **November 24<sup>th</sup>**.

Please place leaves in biodegradable leaf bags (no tape please) or empty them loose onto the ground.

**Curbside leaf pickup** takes place for 2 weeks: **Nov 26<sup>th</sup> - Dec 7<sup>th</sup>**.

Please also use biodegradable paper bags without any tape. For more information, call the recycling hotline at **203-484-4091**.

### Get Rewarded for Recycling

**Visit [www.recyclebank.com](http://www.recyclebank.com) and see how to earn and redeem  
points for discounts and deals online and at local stores.**

**Learn how you can benefit the environment and  
get rewarded for making the effort!**

## NARFE Meeting

The National Active and Retired Federal Employees Association, Chapter 257, will hold its annual holiday party and installation of elected officers on Monday, December 3, 1:pm, at Brazi's Restaurant, Long Wharf, 201 Food Terminal Plaza, New Haven.

Reservations are required ; RSVP by November 28. For reservation information, contact Linda at (203)287-8673.

## Women's Club Whist a Huge Success

The Northford/North Branford Women's Club, GFWC would like to thank the following for their help, support and donations to our Military Whist Fundraiser which was held in October: Giovanni's Pizzeria and Ristorante, Tony Z's Apizza, Suburban Oil, Chat and Chew, Village Wine and Spirits, Northford Dunkin Donuts, Country Farm II, Carol's Creations, North Branford Fire Department Company #2, Simmy's Haircutters, Lucky Chinese Restaurant, Revolution Academy of Dance, Bobby's Apizza, Northford Veterinary Clinic, Supreme Seafood, Hair Dimensions, Arnold's Jewelers, Creative Hair Studio, and JCakes Bakery. We are grateful for everything that you did to help make this fundraiser a huge success! For information about the Northford/North Branford Women's Club, GFWC contact Stephanie Thaller at [StephanieThaller@gmail.com](mailto:StephanieThaller@gmail.com), visit our website at [www.northfordwomensclub.org](http://www.northfordwomensclub.org) or check us out on Facebook.

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### Rotary Recognizes Students of the Month

North Branford Rotarians celebrated Outstanding Students of the Month at a recent meeting. Shown : Mary Lou Gargiulo, (North Branford Rotary,) Lauren Lombardi and Laura Lunin (Interact advisors) , Students chosen by Music Department - Morgan Bailey ; Science Department - Colby Anastasio; Art Department - Candice Opie ; English Department - Jeremy Conboy ; Bridges - Kelly Erickson

*Submitted by Donna Christensen*

### Smith Library is proud to present:

## Stephen Spignesi

**“499 Facts about Hip Hop Hamilton (and the rest of America’s founding fathers)**

**Sunday, Dec. 9<sup>th</sup> at 1:30 pm**

**3 Old Post Rd, Northford CT**

**\*Register in person or by phone (203) 484-0469\***

America has fallen in love again with Alexander Hamilton and the Founding Fathers. Here is a popping fresh collection of facts and forgotten trivia surrounding the American Revolution and our forefathers--from those you'd expect (George Washington, Thomas Jefferson, Ben Franklin, and Hamilton, of course) to those you may never have heard of, but you probably should have (who the heck was Rufus King?). Did you know that Alexander Hamilton was born on foreign soil and became an American hero--the founder of the U.S. Mint and the U.S. Coast Guard. The naval communication book he wrote was still being used by the US Navy and Coast Guard through the Cuban Missile Crisis. Roger Sherman (of Connecticut) was one of only two Founding Fathers who signed the three bulwark documents of our republic: The Declaration of Independence, the Articles of the Confederation, and the Constitution. (Give props to this guy.) By the time he was thirty, George Washington had had smallpox, pleurisy, dysentery, and malaria. Readers will be left with a greater appreciation and deeper respect for these human beings who were just trying to accomplish the incredible: create the greatest nation in history. *continued on page 6*

## Lee J's Auto Sales & Service

1239 Foxon Rd. (Next to Big Y)

See Pictures at [Leejsauto.com](http://Leejsauto.com)

### This Week's



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2006 Honda CRV 4WD LX AT	\$5,995
2004 Lexus ES 330 4DR SDN	\$6,995
2010 Toyota Avalon 4DR SDN Limited	\$6,995
2007 Toyota Camry Auto XLE	\$6,995
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2007 Toyota 4WD 4DR V6 Limited	\$8,495
2007 Toyota Highlander V6 Limited	\$9,995
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2011 Honda Pilot 4WD 4DR EX	\$9,995
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2013 Harley Davidson FLHX Y	\$15,995
2008 Lexus LS 460 4 DR SDn	\$15,999
2004 Pontiac GTO 2DR CPE	\$24,995

**Thank you for 20+ great years  
Call today @ 203-484-7371!**

## Sunflowers Blooming in North Branford

The North Branford Economic Development Commission is developing a central theme and identity to promote events and increase Tourism. The sunflower has gained a popular presence in the last few years and the EDC has plans to use the sunflower for this purpose.

A committee has been formed to promote the sunflower and we would like interested members of the community to join the committee. We hope some High School students might be interested. What a good project for the upcoming winter season!

If you are interested, please call 203-484-6000 and leave your name, e-mail and phone contact with Gina or e-mail the Economic Development Coordinator Roger Salway at [edc@townofnorthbranfordct.com](mailto:edc@townofnorthbranfordct.com).



## NBLCT's Rhythm & Brews Fundraiser a Rousing Success

On Thursday, November 1, North Branford Land Conservation Trust (NBLCT) hosted their second Rhythm & Brews Craft Beer and Performance Night at The Beeracks, a craft beer brewery consortium in East Haven. Guests enjoyed award-winning craft beer, delicious food, and fabulous live entertainment by local Americana musicians Ron Anthony and Denny Collin, and the classic rock and blues band, The Howling Barncats. Lucky raffle winners took home prizes from more than forty amazing donations.

NBLCT would like to thank the following businesses that donated food, funds or prizes to this successful event: The Beeracks, Bobby's Apizza Restaurant, NATAZ Restaurant, Supreme Seafood Restaurant, Beyond Waves, Lindsay Suter, DeFrancesco Farm, Agway, Big Y, Natureworks Horticultural Services, Sweet Pea Nail, Country Paint & Hardware, 9 Round, Denali, Solutions for Wellness, Trailer Depot, Stop & Shop, Shoprite, Pasquale's Pizza, Ring's End, Mellilo's Greenhouse, Psychic Studio Plus, CT Sporting Arms, Poppy's Restaurant, Colonial Wine and Spirit, Elements Massage, Sunny Nails n Spa, Poochie Play, Village Wine & Spirits, JCakes, La Cucina, La Monacos, Sanitrol Septic Services, Rt. 80 Lumber & Millwork, Aquatic Pool and Spa. Torino Services, Susan DeSilver, Patty Meglio, and K&G

Graphics.

NBLCT is a nonprofit organization whose purpose is to acquire and maintain open space and to promote the conservation of land and natural resources within the Town of North Branford and environs. For more information



about NBLCT, go to [www.nblandtrust.org](http://www.nblandtrust.org) or visit us on Facebook.

*Picture & story provided: Dave Sargent, President of NBLCT, taking a chance at the raffle table.*

## Willard Wash Laundromat

Corner of Rte. 5 & Willard Ave. North Haven/Wallingford Line

**OPEN EVERY DAY 4AM - 1AM**

*Including Holidays*



**Large Capacity Washers**

**Good Pricing**

**Clean Comfortable Atmosphere**

**860-301-2777**





## Breakfast with Santa

Santa will arrive at the Edward Smith Library on a Fire Engine, from the Northford Fire Department Company 2, on Saturday, December 1st at 9:30AM. There will be a free continental breakfast with games, crafts and a picture with Santa.

New this year from 9am - 3pm, HELP SANTA and his elves STUFF -A-BUS in the parking lot, to collect non perishable food items for the North Branford Food Pantry and/or a new unwrapped toy to benefit North Branford families.

The sugar cupcake truck will also be there so you can purchase special holiday treats.

### Spignesi continued

Stephen Spignesi is a New York Times bestselling author who writes about historical biography, popular culture, tv, film, American and world history, and contemporary fiction. He is a Practitioner in Residence at UNH and Adjunct Professor at Gateway.



## Veterans Honored at NBHS

NBHS recently stopped to honor veterans at the Districts annual tribute to our heroes.

Photo by Frank Garrity

**NORTH BRANFORD BARBERSHOP**

**HAIR CUTS**  
MEN \$12.00  
SENIOR & KIDS UNDER 10 \$10.00

TUES. 8:30 - 5:30 WED. 8:30 - 5:30  
THUR. 8:30 - 5:30 FRI. 8:30-5:30  
SAT. 8:30-3:30 CLOSED SUN. & MON.  
~WALK-INS ONLY~

OWNER- ROBERT VIGLIONE  
1179 FOXON RD, NORTH BRANFORD | (203) 484-6789

## NBHS Class of 1988 30th Year Reunion

Saturday, December 1st, 2018. 6 p.m.

Thimble Island Brewery, 16 Business Park Drive, Branford.

\$45.00 per person. Checks can be mailed to Vincent Candelora, 405 Sea Hill Road, North Branford.

FANCY  
WREATHS  
12INCH - \$19.99  
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DEPARTMENT 56® Dickens' Village Series®

**Over 4,000 pieces! 50-75% OFF!**



Plain wreaths  
12inch - \$9.99  
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WINTER WEAR  
HATS, GLOVES,  
SCARVES &  
MORE

**Open**  
HOLIDAY  
HOURS  
MON-FRI 9AM-6PM  
SAT & SUN 9AM-5PM



WRAPPING PAPER  
& GIFT BAGS

**MELILLO'S GREENHOUSE & GENERAL STORE**

PLANTS • GIFTS • SEASONAL ITEMS  
GREETING CARDS • BALLOONS • TOYS  
2340 FOXON RD.

Melissa & Doug

**Hot Wheels**  
**Play-Doh**

HUNDREDS OF  
NAMEBRAND  
TOYS

**Christmas Trees**  
STARTING AT  
\$19.99



**POINSETTIAS**  
4inch - \$2.99  
6inch - \$5.99  
8inch - \$14.99



**WE HAVE IT ALL!**  
WHITE PINE ROPING  
MEMORIAL PILLOWS,  
BLANKETS, AND POTS.  
& VARIOUS WINTER  
ARRANGEMENTS.



**KISSING BALLS**  
**ONLY \$24.99**  
(Regularly \$36.99)



## Women's Club, GFWC

### Is Accepting Scholarship Applications

The Connecticut Federation of Women's Clubs has announced two scholarships that are available to Connecticut women pursuing advanced courses of study at Institutions of higher learning. Awards are based on future promise, scholastic ability and financial need.

The Dorothy E. Schoelzel memorial scholarship has a maximum award of \$2,000. Candidates must have completed three or more years of undergraduate work in an accredited institution with a 3.0 average or higher in the field of Education.

The Phipps scholarship has a maximum award of \$1,000. Candidates must have completed two or more years on undergraduate work in an accredited institution with a 3.0 average or higher toward a Bachelor's or post graduate degree.

Completed applications must be received by February 10, 2019.

The application may be obtained by visiting the Northford-North Branford Women's Club website at [www.northfordwomensclub.org](http://www.northfordwomensclub.org). For further information, contact Mary Connolly at 203-484-0722.

### Tutoring and Enrichment Services

Call Erica Bozzuto 203-494-5784

[bozzutoe@gmail.com](mailto:bozzutoe@gmail.com)

Experienced and certified teacher and k-12 remedial reading specialist  
Specializing in services for PreK-5<sup>th</sup> grade students:

- Reluctant readers/writers & reading difficulties
- Parent consultation & support
- Diagnostic testing available
- Research-based strategies
- Enrichment groups for gifted and twice exceptional students beginning in November
- Leveled reading resources available at no additional cost

**\*\*Group and family rates available\*\***

**TOWNE  
BARBER  
SHOP**

2400 FOXON RD.  
NORTH BRANFORD

WWW.TOWNEBARBERSHOP.COM

MON - FRI 10AM-6PM  
SAT 8AM - 2PM



**A TRADITIONAL  
BARBERSHOP  
WALK-INS- ONLY**



### NBHS Student Athletes Sign Commitment Letters

Four North Branford High School student athletes recently signed commitment letters to attend and play at different colleges.

Seated (left), Jessie Kilburn will attend Wheaton College to play soccer and lacrosse. Amelia Raucci will attend Assumption College for field hockey. Nick Mancini will play baseball at American International College and Alessandra Augur will attend Boston College to play soccer.



### Kovalik Gets Award for Hustle

The Independent Day School in Middlefield is pleased to announce the Athletic Award recipients for the 2018 Fall Sports Season.

Sabina Kovalik (left) of North Branford was recognized with the Hustle Award.



Wee Care of North Branford, Inc.

Daycare and Preschool

At Wee Care of North Branford, Inc. all day preschool is available for children ages 3-6 from 7 a.m. - 6 p.m. Monday through Friday. Some of the highlights of the program are:

- Two licensed Preschool Teachers
- Curriculum and disciplinary procedures aligned with local kindergarten classes
- Teacher directed learning centers
- Morning lessons reinforced by afternoon activities
- Extracurricular activities at no extra cost including Yoga, Music, Library visits, and Science classes

Openings currently available.



1680 Foxon Road (Rt. 80)  
North Branford, CT  
203-481-3909  
[www.weecarenb.com](http://www.weecarenb.com)



### Students and AD Attend leadership Conference

NBHS Athletic Director Lori Connelly (pictured right front row) and student leaders from North Branford High School recently attended the annual CIAC Leadership/Sportsmanship Conference in Southington CT. *Back row left to right: Brett Fee, Sophia Anastasio, Sally Cucinotta, Jessie Kilburn, Jordan Caplan, Jake Montanaro. Front Row: Bianca D'Onofrio, Ali Barrett, Lori Connelly*

*Photo and info compliments of NBHS Principal Todd Stoeffler*



**Alignment****\$59.95**

Not valid with any other offers.  
Limited time only. Most cars  
& trucks. Some vehicles  
and parts extra.

**Coolant Flush****\$59.95**

Not valid with any other  
offers. Limited time only.  
Most cars & trucks.  
Some vehicles  
and parts extra

**FREE  
TIRE ROTATION  
w/Oil Change**

Not valid with any other  
offers. Limited time only.  
Most cars & trucks.

**FREE BATTERY  
CHECK**

Not valid with any other  
offers. Limited time only.  
Most cars & trucks.

**FREE TOWING TO OUR SHOP**

for any North Branford customer within 20 miles.

*Stop in and let our family help your family!*

**Guilford Texaco North Inc.**

**2049 Foxon Rd. North Branford**



**Cucinotta  
Garnishes  
All Shoreline  
Recognition**

North Branford High School  
Volley Ball player Sally Cucinotta  
was recently recognized with All  
Shoreline Honorable Mention.

*Photo and info provide  
by coach Tori Ramada*

**Connecticut Sportsplex****"All You Can Play All-Day"****New Years Eve—10am—5pm****\*\*Unlimited\*\***

Cyber Sport, Laser Tag, Playscape & Soft Drinks!!

**Only \$20.00 per person!!**

**Holiday Hours**

**December 26-27—10am to 9pm**

**December 28-29—10am to 10pm**

For more information

Call 203-484-4383 or visit [www.ctsportsplex.com](http://www.ctsportsplex.com)



**North Branford  
Soccer Club**

Presents

**NBSC WINTER CLINIC**

**FRIDAYS (10 week training and game play program)**

**December 7, 2018 - February 8, 2019**

**For Boys & Girls Ages 3-12**

**\$115 Per Person**

**Located at the Connecticut Sportsplex Field House**

**216 Foxon Rd, North Branford, CT 06471**

**6:00pm - 7:00pm - Boys & Girls U4 & U6 divisions**

**7:00pm - 8:00pm - Boys & Girls U8 & U9-U12 divisions**

**Training conducted by professional coaches provided by Victory Soccer School**

**Learn Skills & Techniques including: Shooting, Passing and Dribbling. We will also work  
on ball control, teamwork, and have mini games**

**Register Online at [www.nbsoccer.com](http://www.nbsoccer.com)**

**For More Information Contact the Club President Al Johnson at [president@nbsoccer.com](mailto:president@nbsoccer.com)**

**"Never Go Through Life Without Goals"**

**Like us on Facebook | Instagram: @northbranfordsoccerclub**

**Visit Us On The Web @ [www.nbsoccer.com](http://www.nbsoccer.com)**





# North Branford Parks & Recreation and Senior Center

STW Community Center 1332 Middletown Ave Northford

www.nbrecreation.com • call (203) 484-6017

Follow us on Facebook! @NBParksandRecreation



### BUS TRIPS

#### Radio City Christmas Spectacular - #49001

When: Thursday, December 6 Cost: \$115

Description: Come enjoy the Rockettes and the story of Christmas. Orchestra seats to the 2:00 p.m. show. Fun for the whole family. See the show, the Rockefeller Center Tree, so much more and still have time for shopping!

#### Westchester Theater: A Christmas Carol - #49002

When: Thursday, December 13 Cost: \$85

Description: Board our senior vans to see this new musical adaptation of the Charles Dickens Classic features an original score as well as many of the traditional carols we love to sing! See Scrooge and Tiny Tim and all of the timeless characters we've all grown to know & love. And this version includes a surprising new twist! With a large cast, look for colorful production numbers and lots of dancing! Dinner is included in the ticket price.

### ACTIVITIES

#### Gentle Yoga - #32108

Who: Ages 13+  
When: November 28 - January 16  
Time: Wednesday, 9:30 - 10:30 a.m.  
Where: STW Community Center  
Fee: \$75  
Instructor: Bhogah Yoga Staff

Description: A gentle yoga class designed to softly open tight areas of the body while strengthening muscles and reinforcing balance. Breathing and relaxation techniques will be taught to assist in releasing stress and finding mental clarity. Much of this class is taught on the floor with very little transitioning between standing and sitting. The use of props serves to make the yoga poses more accessible to those attending the class. This class is supportive of people working with injuries or chronic conditions. This practice is suitable for all ages and levels.

#### Yoga to Release the Week - #32106

Who: Ages 13+  
When: November 29 - January 17  
Time: Thursday, 6:30 - 7:30 p.m.  
Fee: \$75  
Instructor: Bhogah Yoga Staff

Description: Appropriate for all ages and levels. A fluid (vinyasa) class taught with basic foundation poses, alignment and options for the beginner students, as well as, seasoned practitioners. This class will focus on releasing the stress of your busy week in both the mind and body leaving all students with more space to breathe, ease in their body and calm in their mind. All classes will be specifically designed to the students' needs who are attending.

#### Ballet & Tap - #36099

Who: Ages 3 - 6  
When: December 1 - January 19  
Time: Saturday, 8:15 - 9:15 a.m.  
Where: STW Gym  
Fee: \$35  
Instructor: Brittni D'Urso, Owner of Revolution Academy of Dance

Description: Learn the basic techniques and fundamentals of both ballet and tap as well as the vocabulary of each style. There will be creative movement along with learning basic skills. Wear dance-able clothing, appropriate shoes and bring water. Children learning to dance while having fun is a plus.

#### Kids Yoga - #36301

Who: Ages 5 - 12  
When: December 1 - January 19  
Time: Saturday, 10:45 - 11:45 a.m.  
Where: STW Community Center  
Fee: \$75  
Instructor: Bhogah Yoga Staff

Description: Kids are introduced to the practices of yoga through creative play, movement, games, music and postures. This fun filled class teaching children the foundation of yoga on and off the mat. This practice is structured in a way to balance their physical, mental and sensory needs. Benefits of children's yoga include: helps teach self-regulation, aids in focus, supports self-esteem, assists with stress, builds confidence, builds strength and flexibility. Parents are welcome but not needed.

#### Recharge Yoga - #32105

Who: Ages 13+  
When: Dec. 3 - Feb. 11 (no class 12/24, 12/31, 1/21)  
Time: Monday, 9:30 - 10:30 a.m.  
Where: STW Community Center  
Fee: \$75  
Instructor: Bhogah Yoga Staff

Description: A fluid (vinyasa) class taught with basic foundation poses, alignment and options for the beginner students, as well as, seasoned practitioners. This class will use yoga poses, breathing techniques and meditation to help students build a strong flexible body while creating a platform for balanced energy throughout the day. All classes are taught specific to the needs of those who attend. Appropriate for all ages and levels.

### North Branford Senior Center

8:30 a.m.- 4:30 p.m.

Senior Hot Lunch available - \$3 - Monday - Friday, 12:00 p.m.

Check out the menu at [www.nbparkrec.com](http://www.nbparkrec.com)

Lunch orders need to be placed by 10:00 am

Weekly grocery shopping trip on Tuesdays at 12:30.



Never miss a monthly newsletter and sign up for email or snail mail delivery (snail mail \$8 for the year).

Weekday transportation to the Center available to town Residents

\*Please call by 9am\*

### ACTIVITIES

#### Journeying Through Grief Together with Jean Hadley - Wednesday, November 28, 10:30am, FREE

Family and togetherness are key themes for the holidays. That can make the holidays awfully difficult for people who are grieving the loss of a loved one. Come journey through grief together with Jean Hadley.

#### Trees of Hope - Maritime Center - Monday December 3, 10:30am

Tour the beautifully decorated trees and shop for the perfect gift in the holiday boutique. We will then choose a spot to stop for lunch.

### GREATER NEW HAVEN TRANSIT DISTRICT INFO SESSION

Join us Wed., December 4, 2018 • 10:30 am—11:30 am

STW Community Center - 1332 Middletown Ave. 06472



An opportunity to learn more about Greater New Haven Transit District and how to access the various transit choices around the Greater New Haven Area.

Hear about some exciting enhancements taking place at GNHTD!

### GENTLY USED BAG SALE

Thursday & Friday, December 6 & 7 - 8:30 a.m. - 4:30 p.m.

Gently used purses, backpacks and duffle bags for sale. Come support the Senior Center and purchase an almost new, quality bag as a gift or for yourself!



All proceeds to benefit the Senior Center



Trees will be on display by 11/26/18

Remove an ornament tag from a tree and purchase a gift card to either Big Y, Rite Aid, or Dollar General. Return the tag with the gift card taped to it to one of our Gifting Tree Locations by 12/14/18

Your gift will help brighten up the holiday for a North Branford/ Northford Senior!



Cosponsored by the North Branford Rotary

Marshmallow roasting Sticks provided by:



Join your community on Friday, December 7th for our Annual Tree Lighting

Town owned Augur Property 290 Forest Road, Northford 6:30 - 8:30pm Rain or shine

Ice Sculpting Hay Rides Petting Zoo

Marshmallow Roasting Musical Entertainment

Hot Chocolate & Cookies



And Santa!

Food Trucks Available: JJ's Food Truck Sugar Cupcake Truck





## CHURCH DIRECTORY

**Branford Bible Chapel.** 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning : 9:15 - 10:30 Worship & Lord's Supper, 11:00 -12:15 Ministering of God's Word & Sunday School. . Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. [www.branfordbiblechapel.org](http://www.branfordbiblechapel.org)

**Hope Christian Church "A Place to Belong".** 211 Montowese Ave., North Haven, CT. [www.hopeag.com](http://www.hopeag.com) Sunday services 10AM. Coffee served every Sunday 9:00 am. Church open for prayer Tuesdays noon to One. Thursday Bible study 7:00 PM. Like us on facebook.

**North Branford Congregational Church, UCC.** 1680 Foxon Rd., North Branford, CT, 203-488-8456 or [nobfdcong@sbcglobal.net](mailto:nobfdcong@sbcglobal.net) or [www.northbranfordcongregational.org](http://www.northbranfordcongregational.org). Office Hours: Wednesday through Friday, 9:00 - 1:00pm. We worship every Sunday at 10:00am. Nursery care available. Get to know us by joining us for Coffee Hour following Services. The second Sunday of every month is Family Sunday when the children remain with their parents during the Service. This is followed by our second Sunday Brunch. Holy Communion is on the first Sunday of every month. Church School through grade 8 meets during worship. All are welcome no matter who you are, no matter where you are on life's journey, you are welcome here.

**Northford Congregational Church. United Church of Christ.** Church is located on Old Post Rd., ( corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916. email: [ncchurch@snet.net](mailto:ncchurch@snet.net). Office Hours: Tuesday 9am - 1pm; other days by appointment. Rev. Robin Blundon, Acting Pastor. Jane K. Leschuk Minister of Music. Worship Service 10am. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Like us on Facebook. Our website is [www.northfordcongregational.church](http://www.northfordcongregational.church)

**St. Ambrose Parish** is a Roman Catholic Parish in the Archdiocese of Hartford comprised of two church locations; St. Augustine Church located at 30 Caputo Rd in North Branford and St. Monica Church located at 1321 Middletown Ave. in Northford. The Pastor is Reverend Robert Turner. Weekday Masses are celebrated on Monday, Tuesday, Wednesday, Friday & Saturday at 9:00am at St. Monica Church, Weekend Masses are celebrated on Saturday at 4pm at St. Augustine Church and 5:30pm at St. Monica Church and on Sunday at 9am at St. Monica Church and 11am at St. Augustine Church. The Sacrament of Reconciliation is celebrated every Saturday afternoon from 3:00 to 3:30 at St. Augustine Church or by appointment by calling the parish office at 203-484-0403. If you are new to the area and are looking for a parish family to join, please visit us! The office is open M-F from 9am-1pm at 30 Caputo Road in North Branford.

**St. Andrew's Episcopal Church,** 1382 Middletown Avenue - the white church on the hill in the heart of Northford (at the intersection of Rtes. 17 & 22). We celebrate the Holy Eucharist every Sunday at 10:00am. Coffee and fellowship always follows. All are welcome. Please join us - we'd love to get to know you! St. Andrew's is the proud home of the Food Pantry of North Branford - a vital community resource serving families in need in Northford and North Branford. St. Andrew's also partners with St. Pauly Textile in a broad outreach program to help people in need here in the U.S. and around the world. Donations of usable clothing, shoes, belts, purses, sheets, blankets and stuffed animals may be made at the donation shed in the church parking lot. We are a member of the Middlesex Area Cluster Ministry. The Rev. Jim Bradley is Missioner In Charge and we have rotating clergy serving the parishes of St. Andrew's as well as Emmanuel Episcopal Church, Killingworth and St. James Episcopal Church, Higganum. Visit our website at <http://standrewsnorthford.org>. Like us on Facebook - St. Andrew's Episcopal Church of Northford, CT. For more information contact us at 203-484-0895; Nan Monde, Sr. Warden, 203-710-7005; MACM office, 860-345-0058; or Rev. Bradley, 203-525-6846.

**Zion Episcopal Church,** 326 Notch Hill Road, No. Branford. 203-488-7395 Rev. Lucy LaRocca, Vicar. During the summer we will have a single 9am service of Holy Eucharist in our newly air conditioned sanctuary. In September we will go back to two services at 8 & 10AM. Healing Prayer and Compline 7PM, second Tuesday of the month. Two Safe Church trained babysitters available downstairs during the service. Visit our Facebook page or website at [zionepiscopalchurch.org](http://zionepiscopalchurch.org).

**Hope Christian Church** 211 Montowese Ave North Haven CT Sunday Service 10AM, Wednesday Bible Study 7PM. 'Real People, Real Hope, Real Life' [www.hopeag.com](http://www.hopeag.com) 203-234-7328. Our Pastor, Rev Jim Detweiler, is the Chaplain for the North Haven Fire Department. If you are looking to find Hope in Christ and "A Place to Belong", this is the first place to try! Looking forward to meeting you!

### Advent And Christmas Services

#### at Northford Congregational Church

During December "A Little Church with a Big Heart" welcomes everyone to come and sing traditional Christmas Carols at 9:45 a.m. prior to regular 10 a.m. worship services. Enjoy and expand the joy of the Christmas season by joining with others in song.

Holiday services on Sundays at 10 a.m. during Advent involve candles being lit by various families as special verses are read. Advent starts on Sunday, Dec. 2. The special "Hanging of the Greens" service will be held on Dec. 9. By tradition, everyone comes together on this day to prepare the church - preparing for the coming of our Lord at Christmas - by lovingly decorating the sanctuary and telling the stories of the significance of these decorations in our history. The whole church comes together to do this as a church family activity.

The Christmas Eve service on Mon., Dec. 24, will be at 5 p.m. with lessons and carols. Take a few minutes out from your busy schedule and add some meaning to this special time of year. All are welcome.

The historic Northford Congregational Church (203-484-0795) is located at 4 Old Post Road at the corner of Route 22 and Route 17 in the Northford village in North Branford. Office hours are 9 a.m. to 1 p.m. on Tuesday and other days by appointment. Website: [www.northfordcongregational.church](http://www.northfordcongregational.church). Email address: [ncchurch@snet.net](mailto:ncchurch@snet.net). Like us on Facebook.



## Exciting Pierpont Concert Series News!

**ShoreGrass** returns to the North Haven Congregational Church for its Pierpont Concert Series on Saturday, December 8 at 7:00 for a special HOLIDAY PROGRAM! They will do some favorite songs of the season, a few carols, a few seasonal originals and of course some good ole bluegrass! Tickets (available at the door) \$10, children free.

**ShoreGrass** is a bluegrass band from the Connecticut shoreline performing locally as well as around the Northeast since 1996. Their music is a lively mix of traditional bluegrass, old-time, early country, gospel and folk songs as well as original pieces reflecting their roots in contemporary music with a local flavor. The group has several singers who alternate leads on 3-part vocal harmonies, all delivered with the special sense of humor that marks all **ShoreGrass** performances. The band has released four albums, including "In Connecticut" (2001), "Songs of the Civil War Era" (2005), "Going Home" (2007) and "Hummingbird" (2014). More information is available at [www.shoregrass.com](http://www.shoregrass.com) or [www.facebook.com/shoregrassbluegrass](https://www.facebook.com/shoregrassbluegrass)

### Pre-Pierpont Concert Dinner

A Dinner will be held at the North Haven Congregational Church, 28 Church Street, North Haven, before the Pierpont Concert on Saturday December 8, 2018 at 5:30 p.m. in Carroll Hall. The Women's and Men's Fellowships will prepare a pork loin dinner with applesauce, potato, vegetable, bread, garden salad, beverage, and dessert. Reservations should be made with the church office, 203-239-5691. The cost of dinner with a reservation: \$12.00 adults and children under 12 years old \$5.00. (\$14.00 for all without a reservation.) Please call the church Office (203 239 5691) to make a reservation.

Join us for a delightful evening of food and wonderful music. You are welcome to attend the dinner, the concert, or both events. Ample free parking, handicapped accessible. All are welcome!

## HOLIDAY TEA PARTY

Come have fun and food with friends and family to celebrate the season in a traditional Holiday High Tea! Menu: Seasonal Soup, Scones, Tea Sandwiches, Desserts, Black, Green, & Herbal Teas, Coffee. When: Saturday December 1, 2018 Food served from 12:00 to 4 pm. Where: Trinity Episcopal Church 1109 Main Street Branford, CT 06405 Suggested Donation \$20, \$70 for group of 4. Seniors and children \$15 Reservations: [teabycrew@gmail.com](mailto:teabycrew@gmail.com) or text/call 203-376-2819 gluten free & vegan available; nut free event. Fundraiser for Boy Scout Venturing Crew 424

## Military Whist

Get your tickets for a Patty Meglio Military Whist Party on November 30, 2018 at 7PM at St. Augustine Church Hall at 30 Caputo Rd. in North Branford.

Doors open at 6:15PM and the game will begin at 7:00. There will be light refreshments, raffles and prizes.

Tickets are \$10 per person and can be purchased by calling Saint Ambrose Parish office at 203-484-0403. No tickets will be sold at the door. The event is sponsored by Malawi Farmers Inc. a 501c3 organization whose purpose is to fund raise to dig deep water wells for Malawi villages.

## Distress from the Holiday Hustle & Bustle?

Join Elena Biglio, do Terra Wellness Advocate and owner of Pure Gifts of Nature, as she leads this essential oils class on how to incorporate plant-based healing into your daily rituals and health routines. Learn how to reduce stress, build immunity, decrease inflammation and increase your energy. Find out how and why plants have the power to heal and why more and more people are turning to plant-based medicine like essential oils for their physical and emotional health.

The event will take place on December 4, 2018 at the Edward Smith Library from 6:00 - 7:00PM. Please RSVP at 203-484-0469.



## TOYS FOR TOTS

### Office of Social Service

Each year this Office of Social Service offers a toy program for children that live in Northford and North Branford. The Program allows parents to see the toys that have been donated and choose the toys that they feel their children would enjoy. The Program also allows grandparents living in the community to choose toys for their grandchildren. All toys are new and unwrapped. We ask that you show proof of residency, such as a photo ID with your address and two (2) utility bills in your name and that you be reasonable. Toys will be distributed at Stanley T. Williams Community/Senior Center located at 1332 Middletown Ave., Northford, CT.

**PROGRAM SCHEDULE**

**Wednesday, December 5<sup>th</sup>, 2018 9:30 am – 12:30 Noon**

**Parents Only**

**Thursday, December 6<sup>th</sup>, 2018 9:30 am – 12:30 Noon**

**Parents & Grandparents**

If you are interested in donating a toy for the program, we offer three drop-off sites. You may do so at the North Branford Town Hall, North Branford Police Department, and Stanley T. Williams Community/Senior Center. All toys should be new and unwrapped. Toys may be dropped off in the Collection Boxes located at all sites between November 1<sup>st</sup> and December 4<sup>th</sup>, 2018.

## Libraries and Health District Team up to Build a more Resilient Community

In this day and age many of us walk around with baggage that no one sees. Sometimes, we don’t even recognize the source of the baggage we carry. Stress, anxiety, and depression are all wrapped up in what we have experienced through our lives. Some people reach out for help from our medical community or mental health professionals and some of us live with the culture of “We don’t talk about it.” or “Walk it off.” Or “You’ll be fine.”

The East Shore District Health Department (ESDHD) is teaming up with its partners, the libraries in Branford, East Haven and North Branford, to bring to the community free screenings of RESILIENCE: THE BIOLOGY OF STRESS AND THE SCIENCE OF HOPE, a film about childhood trauma and the adverse effects on health over a lifetime — and the role that everyone in the community can play in reversing them.

Tuesday, November 27 – 6:30-8 pm Branford Fire Station Headquarters  
42 Main Street, Branford

Wednesday, December 5 – 6:30-8 pm Hagaman Memorial Library  
227 Main Street, East Haven

Thursday, January 10 – 6-7:30 pm Edward Smith Library  
3 Old Post Road, Northford

When ESDHD surveyed the residents of the communities of Branford, North Branford and East Haven, in 2016, about their health a shocking statistic was revealed. When asked if they have been told by a health professional that they have either anxiety or depression, 20% of the respondents answered that they had. This was a relatively large proportion of people who admitted to having mental health struggles. There are not mental health professionals at the health department, but we are involved in population health and addressing health threats that affect a large proportions of the community. In creating the Community Health Improvement Plan, the staff at ESDHD questioned, “How can this be addressed?”

The documentary “Resilience” opens our eyes to the fact that many people were raised with childhood traumas. The Adverse Childhood Effects (or ACES) survey has revealed to us how are common these traumas are in our communities. What is not common knowledge, is the effect that these childhood traumas have on our brains and how they are wired.

The health department urges everyone to see this film. In this world of hate and “My opinion counts more than yours,” we can only improve as a community if we start to understand ourselves and treat each other with compassion, respect and understanding.

For more information, you may call the Barbara Naclerio, Health Educator at ESDHD at (203) 481-4233 or email at [bnaclerio@esdhd.org](mailto:bnaclerio@esdhd.org).

### Ribbon Cutting Ceremony at Harrison Farm Preserve

North Branford Land Conservation Trust (NBLCT) will be holding a ribbon cutting ceremony and hike at the new Harrison Farm Preserve on Saturday, December 1, at 9:30 am. The new 22 acre preserve, now owned by NBLCT, is tucked quietly away at the end of North Street next to Regional Water Authority land in North Branford’s Historic District. The former owners, Dudley and Vicky Harrison, raised cattle and farmed the land for more than 50 years, but were probably best known for their maple syrup made from sugar maples on the property and boiled in their own sugarhouse. In the open end of one of their barns next to a hayfield was the “Store” where anyone at any time could buy hand-filled jugs of the sweet and sticky syrup.

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**Full and part time drivers needed both afternoons and mornings.** Must have own vehicle and good driving record. Apply to Petals 2 Go Florist in Central Plaza, North Branford or call 203-484-7800.

### FOR SALE

**Mobile Home For Sale -\$15,000.** 55 or older trailer park. 224 Foxon Road, trailer 5A on Rte 80. 640 Sq. Ft. One large bedroom. All new storm door, new deck, new washer & dryer, new light fixtures, new sub floor and flooring new bathroom shower head and toilet. Call Andy at 203-903-7756.

The Harrisons loved the land so much, they promised each other they would always keep it in a natural state for people and wild animals to enjoy. Instead of selling the land to development, the Harrisons wanted to protect the land. Five years ago, they approached NBLCT with the idea of donating the land so that it could be protected and preserved in its natural state in perpetuity. NBLCT volunteers have been clearing and marking trails in the last six months in preparation for an official opening. The new preserve will add more than two miles of much needed hiking trails to North Branford on wooded land that is home to deer, turkey, and other native wildlife.

Join NBLCT for a family friendly hike followed by refreshments as we celebrate the grand opening of the Harrison Farm Preserve for public passive recreational use.

NBLCT is a nonprofit organization whose purpose is to acquire and maintain open space and to promote the conservation of land and natural resources within the Town of North Branford and environs. If you are interested



in helping to preserve and protect open space in North Branford and for more information about NBLCT, go to [www.nblandtrust.org](http://www.nblandtrust.org) or visit us on Facebook. *Recharge, Explore, Discover!*

**Photo: Field at Harrison Farm Preserve**



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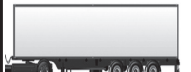
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**International Film Club Presents**

**Il Postino, a 1994 Italian Film**

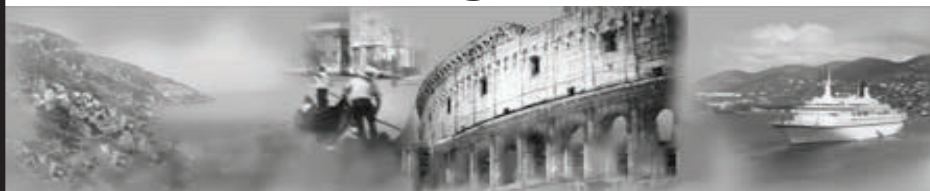
**Atwater Library**

**1720 Foxon Rd. North Branford**

**RSVP: Not Required**

**Program presented by Patricia Cochrane**

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## **SANTA CLAUS TOY RUN 2018**

**Northford Volunteer Fire Company #2 (Northford Center)**

**Northford Acres Fire Company #3 (Rte. 17 near the Durham Line)**

This year Northford Volunteer Fire Companies #2 and #3 will be assisting Santa and his elves dropping off toys to children in Company #2 and Company #3 fire districts on Christmas Eve.

### **NEW INFORMATION**

You will need to come to either Northford Company #2 (Rte. 17 Northford Center) or to Northford Acres Company #3 (Rte. 17 near the Durham Line), depending on which district you live in, to sign up for a time for Santa and his Elves to come to your house and hand out the gifts. Please DO NOT bring your gifts with you to the firehouse. We will not be taking the gifts this year. You will need to have them available at your home on Christmas Eve. Please leave the gifts outside the door that Santa should use to enter the house (let us know which door when you sign up).

### **SIGN-UP DAYS AND TIMES**

**NORTHFORD COMPANY #2 (questions call 203-627-9098)**

**SUNDAY DECEMBER 16<sup>TH</sup> 10:00-2:00**

**MONDAY DECEMBER 17<sup>TH</sup> 6:00-8:00**

**NORTHFORD ACRES COMPANY #3 questions call 484-0929)**

**SUNDAY DECEMBER 16<sup>TH</sup>**

**AT THE CHILDREN'S CHRISTMAS PARTY**

**MONDAY DECEMBER 17<sup>TH</sup> 6:00-7:00**

**ABSOLUTELY NO STOPS WILL BE ACCEPTED**

**AFTER MONDAY DECEMBER 17, 2018 AT**

**7:00 P.M. FOR COMPANY #3**

**AND 8:00 P.M. FOR COMPANY #2**

**WRAPPING YOUR GIFTS:** Gifts should be wrapped in gift wrap with the child's name on the outside of the package. The members of Company #2 and #3 provide this service at no cost but we do ask for a donation of non-perishable food items, i.e. canned goods, dry goods, diapers, etc. for those who are less fortunate than we are. Any other donations are gratefully accepted. Please also remember that we ***WILL NOT*** guarantee a drop off time for the gifts. We normally begin our runs at 4:30 to 4:45 and end around 8:00. Please understand that Companies #2 & #3 still needs to protect the residents of Northford. In the event of an emergency delivery may be interrupted. However, should an emergency occur, we will still make every effort to deliver the packages as soon as possible.

**"Security Systems are best when installed by  
a professional not the internet."**



**(203) 288-1000**

355 Sackett Point Rd North Haven, CT 06473

***Did you know:***

November 5, 1935 Parker Brothers introduced the world to the Monopoly game.