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Volume 22 No 4 March 20, 2015



The Stars Were Out

The North Branford Education Foundation recently honored three individuals for their work with the youth of our town. Pictured above with Superintendent of School Scott Schoonmaker (second from left) are John Florio, Ron Onofrio and Robert Ward.

The Dinner was held at Woodwinds Restaurant and attended by close to 150 people. The Foundation is independent of the North Branford School District and holds fundraising events to raise monies for scholarships and grants to enhance the education of the students in our community.

Anyone interested in finding out more about the North Branford Education Foundation is asked to call Frank Mentone at 203-410-4254.

Annual North Branford Rotary



Easter Egg Hunt!!!

Hop on over to the Connecticut Sportsplex for the Annual North Branford Rotary Club Easter Egg Hunt.

THE ONLY INDOOR EASTER EGG HUNT

Rain or Shine

Inside The Fieldhouse at the Connecticut Sportsplex.

216 Foxon Road North Branford

Saturday, March 28th, 10:15 am

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The Addams Family A NEW MUSICAL COMEDY

Book by Marshall Brickman and Rick Elice. Music and Lyrics by Andrew Lippa. Based on Characters Created by Charles Addams.

Friday, March 27 at 7 pm
Saturday, March 28 at 1pm* & 7pm
The North Branford Auditorium

TICKET SALES

Atwater Memorial Library:

March 7 10:00 -12:00

North Branford Auditorium Box Office:

March 10 6:00 - 7:30

March 18 4:30 - 6:30

March 19 6:00 - 7:30

March 26 6:00 - 7:30

March 25 4:30 - 6:30

Advance Tickets: \$12 Adults, \$10 Senior Citizens /NBHS Students /Children under 12

Door Price: \$14 Adults, \$12 Senior Citizens /NBHS Students /Children under 12

Group discounts for groups 10 or more \$10 per person

*Saturday Matinee Only \$5 Senior Citizens/NBHS Students/Children under 12

For more information please call (203) 484-1465 or email: nbdrama2014@gmail.com

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**North Branford High School
Hockey Team**
Playing for the
State Championship
See Page 8

Deadline		Date of Issue	
March	13	March	20
March	27	April	3
April	10	April	17
April	24	May	1
May	8	May	15
May	22	May	29
June	5	June	12
June	19	June	26

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“Join Together...For The Common Good”

Dear Editor,

As my son is about to enter Kindergarten in this town that has been home to my family for longer than we have had a national government, I feel I need to share a few of my hopes for this town and community. There is a difference between town and community here. Many of us are part of varying communities but we all live in this one town.

Unfortunately, in my humble opinion some of those communities think more of their own good than the greater good of the town. I am a person and I am selfish and scared and act without thinking at times, but I am not looking to fill my pockets, harm others, or overlook other people's safety to make it happen. Our town has grown, but we are not Branford, we are not Guilford, we are not East Haven, and North Haven or parts of Wallingford. We do not have an exit from a major highway.

What we do have is land that can be used to provide food to those towns and cities. We also have a mine with finite amounts of product that will, maybe within my lifetime, send its' last load of asphalt out to build infrastructure. Then what will we have? The new homes that are built in this town do not create revenue, they barely pay for the pressure they bring to our resources and electrical grid in the taxes they pay. Then I drive by empty abandoned homes up and down our roads, and I shake my head at the hypocrisy. Our communities need to join together for the common good of the town to steer this in a direction that is helpful to the town not profitable. Long term gains are better than short term praise.

I want to be a positive member of this town. I want to bring reasonable ideas of suitabilities to this town that we can be proud of instead of having discussions of what to do with land that we can no longer use because of a widening project. If we were bustling it would be different, but we have empty store fronts. Now I read our council wants to sell the town hall and spend money to build themselves a new building to open more commercial frontage that will not be used.

I think the old IGA would be a great after school learning center. Where middle and high school students could go for peer tutoring and safe active fun. These are ideas I would like to see. Instead of propane tanks and bad behavior and ruining of the earth for users and not givers. Let us do something different than every other small town in America, let us be emotionally mature and communicate. I have lived elsewhere, I am not blind to the fact that it takes regulations and public acts to force those of us with pinpointed priorities that are selfish to change, but I ask you to be for the town not just yourselves or one minded community.

I may not always be right, but I am looking for sustainable positive directions to go in, not short term changes to benefit the few. Like most working parents, who may be single, I require a community to help with my son. I want the town to be his community. I want our presence and his peers to be as a team.

I have always felt in two opposite ways: love and fear in this town. I think it is because I love my home but fear the different communities, as well as their agendas. The latter is a bit of me making assumptions. However, it is time to engage and listen and bring this place forward together.

Sincerely,

Kara Caroline Papa

Let's Be “Frank”

Well brother, it seems like yesterday, but this week starts another high school baseball season. With pitchers and catchers meeting in the gym, we're getting ready for the move outside next week. Another season in New England and the stress of when the fields will be ready. Good group of kids this year, and I may walk out with them. With sixty years of age sneaking up on me, it might be time to pack it in. Only time will tell.

Just celebrated your baby sister's 63rd birthday. Can't believe she's 63. One would think she was about 70. But that can't be possible because I am still a kid.

Just had another “Shining Star Dinner” and it was pretty successful. It's a fun evening, the money goes to a good cause, Woodwinds puts out a good meal and we honor some very deserving people (see page 1). It was a decent crowd but it's a shame that more people don't come out. I'm convinced (and history has proven it) that once they attend one dinner, they will continue to come even if they aren't familiar with the honorees.

The town is still plodding along. At the risk of sounding like another newspaper, we are still talking about the propane tank debacle. Someone asked me why I don't cover it and it just seems that I would be repeating the same thing over and over again because nothing new has happened yet. I usually only repeat the same thing over in my column so I wouldn't like to do that twice in the same issue.

Taking the family to New York this week to see Frankie's apartment. The entire thing is about the size of my bathroom and he spends twice as much for rent than I did for mortgage. It's the “New York experience” he tells me. When I was his age I had the “havens” experience; New Haven, West Haven, East Haven & North Haven. In any case I will be “experiencing” a visit to a nice Italian restaurant. I have to get some training for the upcoming Palm Sunday and Easter eating frenzies.

The grandson is getting bigger and hhe is his own person already. As I often mention, it's a whole new world. You know how loud I am. Last week I was reprimanding him and he thought I was yelling (I probably was). He turned to me and very politely told me “We don't yell at Johnnie”. I didn't know weather to yell louder or laugh. I did the latter.

He is also in the process of being potty trained. He gets one M&M for number 1 and two for number 2. It hardly seems worth it for two M&M's. If I were him I would hold out for more. I was thinking of mom's potty training. “If you go in your diaper, I will rub your face in it”. I never thought that was the proper training method. I'll take the M&M.

He's also getting excited about baseball season. As soon as I put the game on, he runs to the toy box, get's out his tee, bat, helmet and ball and he is ready to go. Even when he's misses he looks for applause. This isn't his mema's soccer game. There are no applause for failure, Hit the ball and we'll clap. No second place or participation trophies in this house.

Well. it's time to check my sugar and blood pressure, grab a few snacks to keep the sugar up and head off to the school. We should be good, the Yankees not so good, and Yale and UCONN just missed the NCAA so it's time to get going with baseball.

Take care and I'll see you soon.

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TOTOKET HISTORICAL SOCIETY

Did you know....that The Little White Gas Station formally located on Route 80 near the Intermediate School was the only place in North Branford that was able to pump gasoline after the 1938 Hurricane. This was most probably because they had only a hand operated pump.

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The publisher assumes no responsibility for typographical errors. In the event of an error, the publisher will issue a credit adjustment on only the incorrect portion of the advertisement, as well as a retraction in the next issue.

Letters to the editor..

This paper encourages all readers to voice their opinions and comments.

The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.

All letters must be signed. A telephone number should be included and no personal attacks.

This paper reserves the right to edit all letters.

All letters should be addressed to :

The Editor

PO. Box 313, Northford, CT 06472



State Representative Vincent Candelora A Second Chance



The Judiciary Committee this week heard testimony on Senate Bill 952, An Act Concerning A Second Chance Society. The Governor has proposed reducing the penalties for drug possession and modifying the structure of our pardon and paroles board.

Under current law, the possession of controlled substances, which include cocaine, heroin, and other federally classified drugs, constitutes a felony with the first offense carrying a penalty of up to 7 years in prison and a \$50,000 fine. I believe most people would agree that these individuals who are arrested for only possession need drug and/or mental health treatment in order to overcome their addiction. Prison terms can be expensive for the state and do very little to help these people overcome their addiction. Often times these people are sent into a revolving door cycle with little hope of recovery. Senate Bill 952 would make possession a Class A misdemeanor punishable by up to a year in prison, a \$2,000 fine or at least 3 years of probation. By classifying this crime as a misdemeanor, it is hoped that these individuals can receive drug treatment, rather than imprisonment, and may continue to be employed or employable. A felony conviction often leads to permanent unemployment.

While I support examining the way Connecticut treats drug addicts, I am not ready to support Senate Bill 952. While I support giving an individual a "second" chance, this bill fails to limit the number of arrests; therefore, the bill offers a third, fourth, and even one hundred chances. At some point, if rehabilitation is not working, greater consequences may be necessary especially if other dangerous behavior is associated with the drug use. Furthermore, individuals who are repeatedly arrested for drug use may not be suitable for certain areas of employment, like day care workers or fork life operators. By reclassifying the law from a felony, an employer may not realize the severity of the problem.

The bill also removes the heightened penalties associated with possession of drugs within 1,500 feet of a school. For years, we have successfully fought eroding this policy, and I don't believe we should start now. Studies indicate that a child's brain develops through age 24, and drug use prior to this age can effectively "rewire" the brain damaging cognitive development and causing a lifetime of addiction. The longer we keep our children away from drugs, the more apt they are to avoid addiction in adulthood. With the new era of E Cigarettes and the decriminalization of marijuana, I have personally witnessed a new unhealthy dialogue toward drugs. Adult dealers may now take the risk of possessing on school grounds if they're facing only misdemeanor charges. While the bill does not change the penalties for possession with intent to sell, it is often difficult to determine between the two crimes of possession and possession with intent. It only takes one joint, one shot of heroin, or one use of cocaine before a child can be sent down the permanent path of addiction. I believe we need to draw the line in the sand and continue this public policy of heightened penalties around schools.

I also believe that we must fund our private providers to truly create that second chance for people addicted to drugs. Too often I hear from our providers that patients with mental health issues end up on drugs and in our prison system where they don't belong. If we are going to make this second chance work, we must empower our private providers to treat them. Not only will they save lives, our providers will save the state in unnecessary incarceration costs.

Next Quarterly Recycling & e-Waste Event

Saturday, April 11th 2015 9am to noon

North Branford Recycling Center

(Public Works area Rte 22 Forest Road)

Electronic Waste collection by Metech Recycling - www.metechrecycling.com. This is a free public service for town residents to discard electronic waste properly.

Residents may also drop off: fire extinguishers, cell phones, empty propane & helium tanks* and rechargeable batteries.

Items for Goodwill Industries will also be collected: small household items, knick-knacks, kitchenware, textiles, shoes, toys, jewelry, artwork, books, records, tapes, CDs, DVDs

Please remember that we will not accept paper of any type; place in recycling barrel for curbside pickup.

*Charge for helium tanks and size-based charge for propane tanks.

Call for more info at recycling hotline: 203-484-4091

As a safety reminder, please only drop off propane tanks at North Branford Recycling Center at the Public Works Facility during quarterly e-waste recycling events. Leaving propane tanks in an unattended area can be dangerous to others.

North Branford Spring Leaf Collection

Spring into raking! North Branford residents can bring their leaves to the leaf drop off center located at the Public Works Facility on Route 22 from 9:00am to 3:00 p.m. on the following Saturdays this Spring: April 4, 11, 18 and 25. Follow the signs. Please place leaves in biodegradable brown leaf bags or empty them loose onto the ground. As a reminder, we are always looking for volunteers to help out at the drop off center.

For more information, please call the recycling hotline at **203-484-4091**

North Branford Scrap Metal Pickup

April 13th Through April 17th

The Spring scrap metal pickup will be collected the same day as your regular weekly trash pickup.

Please note: scrap metal cannot be placed at the curb until the week before your scheduled date.

Animal Haven Receives Needed Grant

The Animal Haven, Inc. is delighted to announce that it has been awarded a grant from The Community Foundation for Greater New Haven from the Lillian and Henry Konopacke Fund to enable The Animal Haven to retain a veterinarian as the Medical Director of the shelter, implement an on-site program for staff and volunteers regarding the prevention and containment of disease among the shelter's animal population, and improve the shelter's facilities to help eliminate the spread of disease and better ensure animal health and well being. The Konopacke Fund was established in 2013 by a bequest of North Haven resident Henry Konopacke, who was a machinist at the Winchester Repeating Arms Factory during his life. Chris Gagne, the President of The Animal Haven, stated that "by retaining a Medical Director, The Animal Haven will be better able to contain the spread of disease and significantly reduce its veterinary costs. Our new Medical Director, Dr. Michael Suhie, will be able to perform many procedures in-house, provide weekly examinations of our animals and necessary vaccinations, and provide medical advice to reduce and contain the spread of virus, which is so hard to control in the shelter environment. In addition to retaining Dr. Suhie as its Medical Director, The Animal Haven will use this grant to begin the process of making significant improvements to its facilities that also will assist in containing disease. We believe that this grant is the first step in making important changes at The Animal Haven that, in the long term, will enable The Animal Haven to take in and adopt out more animal and thereby save more lives." The Animal Haven, Inc. is a no-kill shelter in North Haven, CT, whose mission is to provide a temporary, safe, caring and humane refuge for homeless, adoptable cats and dogs, and to subsequently place those animals in quality, adoptive permanent homes. The Animal Haven is a private, nonprofit, 501(c)(3) charitable organization serving the greater New Haven area since 1948. Anyone interested in supporting The Animal Haven can visit its website at www.theanimalhaven.com to make a donation or search for a companion animal. For information on supporting The Animal Haven through a gift by bequest, please contact Jeffrey O'Donnell at jeffreyodonnell@sbcglobal.net.

In addition to its grant-making, The Community Foundation helps build a stronger community by taking measures to improve student achievement, reduce New Haven's infant mortality rate.

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Northford Women's Club Donates to Fisher House

Attorney Kevin E. Creed, US Army (Ret) Chairman, Friends of Fisher House CT, came to speak at the February general assembly meeting of the Northford Women's Club. The Fisher House Foundation builds and maintains long term residential facilities near military hospitals nationwide. The families of seriously injured soldiers need a place to stay during the long rehabilitation process. Ground breaking for the West Haven facility is scheduled for this spring.

A donation was presented to Atty. Creed by Maryellen Collett of the Northford Women's Club, to help with the construction of the new facility.

The Northford Women's Club meets on the third Tuesday of the month at the Stanley T. Williams Community Center. For membership information, please contact Mary at 203-484-9157. The club is a member of the General Federation of Women's Clubs.

STORY HOUR

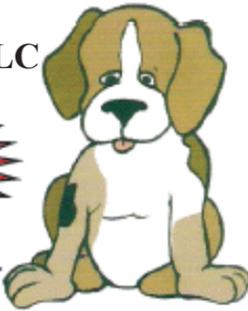
North Branford Women's Club in conjunction with the Atwater Memorial Library presents story hour on Wednesday, April 15, 2015 at 12 noon. The event will take place at the Atwater Memorial Library, 1720 Foxon road in the North Branford end of town. The theme for the program will be

"Spring". All preschool children are welcome and refreshments will be served.

For more information and to reserve your place, you may call the library at 203-315-6020.

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NARFE Meeting

The National Active and Retired Federal Employees Association monthly meeting will be held Monday, April 6, 1 p.m., at the North Haven Congregational Church, 28 Church St.

All active and retired federal workers are invited to attend. The guest speaker will be Fran Mayko, Public Affairs Manager and Traffic Safety Educator, AAA Northeast.

NARFE is dedicated to protecting and preserving the earned benefits of federal workers and retirees. Info: www.narfe.org

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2007 Mercury Marquis 69K	\$7,495
2008 Grand Caravan Stow & Go Seats	\$6,995
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Students Honored at Arts Festival

Jerome Harrison students Cassidy Colantonio and Sophie VanDerMaelen, were recently honored at the Connecticut Association of Schools 16th Annual Elementary Schools Celebration of the Arts Festival. The association honors two outstanding students who have excelled in the areas of visual or performing arts and who exhibit high levels of citizenship and cooperative skills.

Sophie was nominated by Mrs. Rametta (left) for the visual arts award and Cassidy was nominated by Mrs. Humphrey for performing arts.

Last Call for Scholarship Applications

The North Branford Scholarship Association announces that applications for scholarship awards are available at the town libraries and the North Branford High School Guidance Office. Graduating high school seniors living in North Branford regardless of what school they attend are eligible. Applications must be in by April 1st, 2015.

The fund drive is also being run at this time. If anyone would like to make a donation or help raise funds for students, please call Lars Selander at 203-483-1311.

April After School Eco-Crafts

@ The Smith Library Children's Room

Tuesdays, 4:30 - 5:30 pm.

For ages: 6 & up with the help of a parent/guardian.

*Registration required. Call: 203-484-0469 for more information.

Make a different craft each week.
Supplies provided unless otherwise noted.

April 7th - Help The Birds Build Their Nest - Bring 2 empty plastic berry containers (from raspberries, strawberries, etc) and we will show you how to help the birds that live in your yard make their nests!

April 14th - Seed Paper Bookmarks - We will be making bookmarks with a surprise—seeds hidden inside! Bring a pack of seeds. We will provide all the other supplies.

April 21st - Recycled T-shirt - Bring an old T-shirt to recycle into something new, and a sharp pair of scissors! Wear old clothes because we will also be painting designs on our creations. **This is a very hands-on project. You can also bring a parent if you think you'll need extra help cutting the t-shirt fabric!

April 28th - Spring Fairy Garden - Fairies visiting your house this spring will have a quiet place to stay and visit, and all of it is handmade by you!

**You will need to bring:

- a container to hold your garden (empty plastic salad or cookie containers work great; anything that can stay outside will do.)
- any extra materials you would like to decorate your garden with. *Think small!* Acorns, beads, feathers, marbles, pine cones, rocks, silk flowers, sticks, tree bark, wire, and other tiny things make great fairy garden stuff!

**This is a very hands-on project. You can also bring a parent if you think you'll need extra help building a fairy garden from scratch!



Happy Birthday Dr. Seuss

The Nursery on Notch Hill recently wished Dr. Seuss a Happy Birthday.



History lesson for Cub Scouts

Den 3 from the North Branford Cub Scouts Pack # 455 had a history lesson about what life was like "back in the day". The boys invited grandparents and older friends to hear how different things were back then.



Heads Shaved for a Cause

Jerome Harrison School recently sponsored a fundraiser for St. Baldrick's "inspired by Lyla" a student fighting cancer. With the help of the community and other schools in the district, they were able to raise \$31,640 for kids with cancer. (Photo by Lauren Matteo Niedbala)

PHOTO BY LAUEN MATTEO NIEDBALA

THEY MAKE US PROUD

Claire Glossa was named to the Dean's List at Gateway Community College.

Elizabeth Longley was named to the Dean's List at Emmanuel College in Boston, MA.

Superintendent of Schools Scott Schoonmaker & Director of Curriculum Tracy Wootton talk about Common Core and more on the *Let's Be "Frank" Show*.

Check totokettv.com for air times!



Jay & Lucy's Completes Perfect Season

Jay and Lucy's Family Deli won the Senior Girls Youth Basketball championship, finishing the season with a perfect 16-0 record.

Pictured above: Sitting front row left to right Courtney Rienzo and Kaila Manner. Second row; Brianna D'Onofrio, Alexa Gallo, Sophie Rienzo, Amanda Teodoro & Ali Barrett. Owner Joe Kaluski, coach Dave Teodoro, Cameron Fisco and coach Dave D'Onofrio.

Indoor Track Round-Up



The North Branford High School Boys/Girls Indoor Track Team had their season ending banquet on Tuesday, March 10, 2015. Captains for this past season were Marissa Bale, Christian Iuteri, Bryce Mase, Sara Olsen, Rachel Sokoloff and Katie Stevens. Over the course of the season there was one school record that was broken; Bryce Mase in the 1000m Run at 2:42.66.

In the Shoreline Conference Championship, the Boys Team came in 8th out of 12 teams with 17 points and the Girls Team came in 6th out of 12 teams with 38 points. Scoring points by taking 3rd place was Katie Stevens in the High Jump at 4'8". Taking 4th place were Sara Olsen in the 600 Meters at 1:43.76, Rachel Sokoloff in the 55m Hurdles at 9.56 and Bryce Mase in the 1000 Meters at 2:48.17. Maggie Dulak placed 6th in the 1000 Meters at 3:21.07. In the 55m Dash, Rachel Sokoloff placed 6th at 8.0, Jess Zumbo placed 7th at 8.04, Shelby Franklin 7th at 7.04 and Andrew Sarmento 8th.

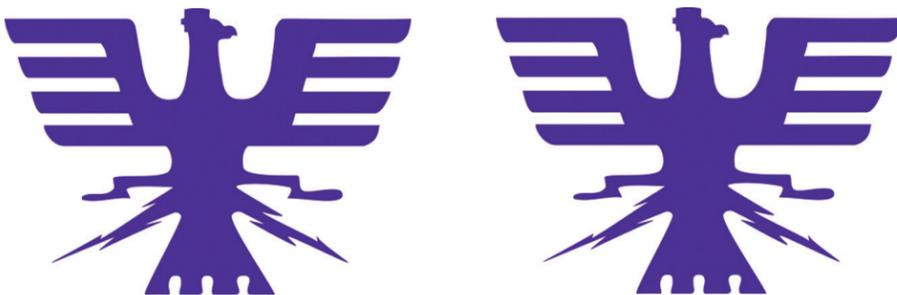
Relay Teams scoring for the boys were the 4x200m Relay Team of Shelby Franklin, Christian Iuteri, Exavier Santiago and Andrew Sarmento taking 6th place at 1:42.27, the 4x800m Relay Team of Pat Fisher, Isaac Cammarata, Austin Gibilisco and Michael Madoule taking 6th place at 10:24.52 and the 4x400m Relay Team of Bryce Mase, Michael Madoule, Austin Gibilisco and Michael Odell taking 6th place at 4:01.22.

Relay teams scoring for the girls were the 4x800 Relay Team of Holly Dulak, Maggie Dulak, Jillian Damiani and Marissa Bale taking 5th place at 10:57.84, Sprint Medley Relay Team of Katie Stevens, Sara Olsen, Jess Zumbo and Maggie Dulak taking 5th place at 4:44.05, and the 4x200m Relay Team of Katie Stevens, Olivia Hemstock, Sara Olsen and Rachel Sauro taking 4th place.

In the Class S State Championship, the Boys placed 17th with 10 points and the girls finished in 21st place with 1 point. Scoring points for the boys was Bryce Mase placing 3rd in the 1000 Meter Run with a personal best by two seconds and breaking the school record at 2:42.66. Also scoring for the boys was the SMR Relay Team of Shelby Franklin, Christian Iuteri, Andrew Sarmento and Bryce Mase taking 4th place at 3:56.25. Sara Olsen for two consecutive years was the lone scorer for the girls by taking 6th place in the 600 Meter Run at 1:44.11.

Rookies of the Year Award went to Michael Madoule and Olivia Hemstock. Coaches Award was presented to Holly Dulak and Maggie Dulak. Desire and Dedication awards were earned by Rachel Sokoloff, Katie Stevens and Shelby Franklin. MVP was awarded to Sara Olsen and Bryce Mase. The 4 Year "Chris" Award was presented to Marissa Bale, Taylor Delaney, Christian Iuteri, Bryce Mase, Sara Olsen, Andrew Sarmento, Rachel Sokoloff, and Katie Stevens.

The graduating seniors from this year's team were Marissa Bale, Will Coleman, Taylor Delaney, Joe Ferreira, Christian Iuteri, Bryce Mase, Sara Olsen, Cole Perrotti, Justin Perrotti, Exavier Santiago, Andrew Sarmento, Rachel Sokoloff, and Katie Stevens. (Photo above: Katie Moran and Rachel Sokoloff master the hurdles supplied by coach Floyd Parness)



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Happy Easter



Supports

N.B.H.S Boys LAX

April 20, 2015

4:00pm-10:00pm

855 Forest Rd. Northford, CT. 06472



Mention this flyer for 20% of the proceeds to be donated to N.B.H.S Boys LAX

Allain Going to Maine for NE Districts



Nik Allain, a sophomore at NBHS plays hockey for the Connecticut Wolfpack AAA team. Nik made team Connecticut for boys born in 1999 and will be going to Maine to play in the New England District Festival this weekend.

Nik will be playing lacrosse at NBHS this spring.

High School Hockey Team

Going to the State Championship Game

Sophomore Brian McKee put the North Branford High School Hockey team on his back and carried them into their first State Championship game in history. With two assists in regulation time, the young playmaker took a pass in the second overtime from junior Adam Burkle and scored to defeat the #1 ranked Conard, and send the T-Birds to the State Championship game Friday night at 7:30 at Ingalls Rink.

In a tightly contested contest, junior Mike Pantera started the scoring for NB with an unassisted goal in the first period. Conard responded quickly and the period ended with a 1-1 tie.

Conard struck first in the second but the T-Birds came back with goals by senior Chris Russo and Alec Martone. Conard hung tough and tied it 3-3 to end the second period.

Although the Thunderbirds out shot the opponent 11 - 6 in the third, they couldn't find the back of the net forcing a fifteen minute sudden death overtime. Sophomore goalie Will McEwen took over from there with 13 of his 32 saves in the third period and two overtimes, giving McKee the opportunity to put the game away.



Above photos of McKee (top) and Pantera, getting the job done. (photos by Tom Zampano)

Connecticut Sportsplex

Winter Lacrosse Clinics begin Sunday, January 4th.
\$200 per 5-week session

Winter Baseball Clinics begin Saturday, January 3rd.
\$100 per 4-week session (Jan., Feb., & March Sessions)
Rookie & Advanced Rookie—Saturdays 3pm—4pm
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Pitching—Sundays 2pm—3pm

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North Branford Parks & Recreation

STW Community Center
1332 Middletown Ave.
203-484-6017 www.nbparkrec.com

CLASSES

WALK - RUN YOUTH GROUP

Train for Matt's Mission

April 12 - May 3 Sundays,
9:00 - 10:00 a.m.
\$25 Adam Wall

Learn skills and drills for walking/running that will allow you to push boundaries, test your limits and exceed what you're currently able to do. Simply by pushing through mental and physical barriers.

SAFE BOATING/ PERSONAL WATERCRAFT

April 6, 8 & 13 6:00 - 9:00 p.m.
\$10

An easy to understand classroom format certification course. Successful completion will allow you to obtain a Connecticut Certificate of Personal Watercraft Operation. Pre-registration is required.

YOUTH CONDITIONING

March 25 - April 29
Wednesdays, 2:30 - 4:00 p.m.
\$38 Adam Wall

Program includes cardio activities, fitness room, strength training, kickboxing, obstacle course, games and more! Bus transportation NBIS to STW Community Center included.

TOTAL CONDITIONING

March 31 - May 19
Tuesdays, 6:00 - 7:00 p.m.
\$70 Deborah Vita

This class is designed to help you get strong and healthy. Instructor leads a small friendly group and offers encouragement.

AARP "Smart Driver Course"

May 19
Tuesday, 8:30 a.m. - 12:30 p.m.
\$15 AARP members w/ AARP card
\$20 non - AARP members
Checks only payable to "AARP"

Four hour classroom course teaching preventive measures to use when driving. Refine existing skills and develop safe, defensive driving techniques that save lives. Please bring your drivers license to class.

CHAIR YOGA

April 9 - May 14 / Thursdays
10:45 a.m. - 11:30 a.m. \$30

Increase your flexibility, range of movement and improve your balance safely and effectively with Chair Yoga. You will be guided through a complete series of seated and standing yoga postures which were specifically designed for seniors and for those with physical limitations. This 45 minute class will also incorporate breathing exercises and guided meditation to help relieve tension and stress.
Instructor: Debora Santillo

TRIPS

Friday, March 20th

Meriden Square Trip

Cost: \$2 resident / \$4 non-resident

Spend the day doing a little shopping. Comfortable walking shoes are recommended. Enjoy lunch there as well (cost is on your own). Trip leaves STW @ 10:00 a.m.

Wednesday, April 15th

IKEA / Greek Olive Trip

Cost: \$5 resident / \$7 non-resident

Enjoy an afternoon out shopping at IKEA and then over to the Greek Olive for lunch on your own. Comfortable walking shoes are recommended.

Wednesday, April 22nd

Bowling & Luncheon

Cost: \$2 resident / \$4 non-resident (lunch and bowling costs are on your own)

Van departs Center @ 10:15 a.m. Enjoy a fun-filled afternoon at Colony Lanes in Wallingford! No bowling experience required! Afterwards head over to the North Haven Diner for a bite to eat.

Saturday, April 25th

Country Day in Vermont

Cost: \$85 resident / \$90 non-resident

Visit the Vermont Country Store in Rockingham where everyone can find a treat from penny candy to specialty foods. Enjoy lunch at Windsor Station, a cozy New England Tavern. Then take in the fascinating craftsmen glass blowing at Simon Pierce.

Saturday, May 16th

Harlem & Apollo Theater Tour

Cost: \$117 resident / \$122 non-resident

Enjoy a guided tour of Harlem's famed Apollo Theater where so many world famous entertainers earned their name! Then have a family-style soul food luncheon at Sylvia's Restaurant. There will also be a guiding tour with highlighted areas like Gospel Churches, Harlem Heights, and more.

Friday, August 7th -

Sunday, August 9th

Joseph / Sight & Sound Theater

Cost: \$472 pp Double / \$596 pp Single / non-resident add \$5

Travel to Lancaster, PZ for two nights and enjoy an Amish Farmlands Tour, the production of "Joseph" at the unbelievable Sight & Sound Theater and much more (daily itinerary available). Stop at QVC Studio for a guided tour on the way home. Trip includes deluxe motor coach, two nights hotel, two breakfasts, two dinners, two shows, and gratuity.

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CHURCH DIRECTORY

Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning : 9:15 - 10:30 Worship & Lord's Supper, 11:00 -12:15 Ministering of God's Word & Sunday School. Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. www.branfordbiblechapel.org

North Branford Congregational Church, UCC. 1680 Foxon Rd., North Branford, CT, 203-488-8456 or nobfdcong@sbcglobal.net or www.northbranforducc.org. Acting Pastor Rev. Price van der Swaagh. Daniel Jared Shapiro, Music Director. Office Hours: Wednesday through Friday, 9:00 - 1:00pm. We worship every Sunday at 10:00am. Nursery care available. Get to know us by joining us for Coffee Hour following Services. The second Sunday of every month is Family Sunday when the children remain with their parents during the Service. This is followed by our second Sunday Brunch. Holy Communion is on the first Sunday of every month. Church School through grade 8 meets during worship. All are welcome no matter who you are, no matter where you are on life's journey, you are welcome here.

Northford Congregational Church, United Church of Christ. Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916. email: ncchurch@snet.net. Reverend Kathryn King. Pastor. Jane K. Leschuk Minister of Music. Sunday worship service and Sunday School, 10:00AM. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Office hours, Monday an Wednesday 10am - 1pm. Like us on Facebook. Our website is www.northfordcongregationalchurch.com

St. Andrew's Episcopal Church, Middletown Ave. (Rte 22 & 17) Northford. 203-484-0895. or <http://standrewsnorthford.org> We are a member of the Middlesex Area Cluster Ministry. The Reverend Jim Bradley, Interim Missioner in charge of MACM, 203-525-6846. The Cluster office is 860-345-0058. Sunday morning Eucharist is 10am. We have a rotating clergy & choir during the academic year. Join us for coffee and fellowship following service. All are welcome.

St. Augustine Roman Catholic Church. The church is located at 30 Caputo Rd., North Branford. The Parochial Administrator is Reverend Robert Turner and Deacons are John Hart & Robert Macaluso. Daily Mass and Homily are celebrated Mondays & Wednesdays at 9am. On weekends, Mass is celebrated on Saturday at 4pm & 11am on Sunday mornings. The Sacrament of Reconciliation is celebrated every Saturday afternoon from 3:00 - 3:30PM In addition, you can make an appointment for reconciliation by calling the parish office at 203-484-0403. If you are new to the area and are looking for a parish family to join, please visit us. You can contact the church office at 203-484-0403 or fax 203-484-0132 weekdays, 9am to 1pm or visit us online at www.staugustinenobfdct.com

St. Monica Roman Catholic Church. The Church is located at 1331 Middletown Ave. Northford. The Parochial Administrator is Reverend Robert Turner and the Deacons are William B. Bergers, Louis P. Fusco and Joseph Marena. Weekend Masses are celebrated on Saturdays at 5:30pm and Sunday at 9am. Weekday Masses are Tuesdays, Fridays and Saturdays at 9am. The Sacrament of Reconciliation is celebrated Saturday morning from 8:30 - 9:00AM. In addition, you can make an appointment for Reconciliation by calling our parish office. You can contact the parish office by calling 203-484-9226 or fax 203-484-1189 Mondays, Tuesdays, Wednesdays and Fridays 10am - 2pm. You can contact the Education Center at 203-484-2434 Mondays, Tuesdays, Wednesdays and Fridays, 9am to 2pm.

Zion Episcopal Church. 326 Notch Hill Rd., North Branford. 203-488-7395. The Reverend Lucy LaRocca, Vicar; Sunday Holy Eucharist 8 & 10:00am. Coffee hour follows both services. Child care available. Email: www.zionepiscopalchurch.org.

North Branford Congregational Church Lenten & Easter Services

1680 Foxon Road (Rte 80), North Branford, CT.
203.488.8456.

Taize Service - Provides centering and peace through contemplative prayer and will **continue throughout Lent on Wednesday @7pm.**

March 29, 2015 @ 10am - Palm Sunday Service - Join in the hallelujahs and waving of the palms.

April 2, 2015 - Maundy Thursday @ 7pm - Recount Jesus' Journey to providing human kind with salvation.

April 3, 2015 @ 12 noon - Good Friday - An opportunity to walk with Jesus to the cross.

April 5, 2015 @ 6:30am - Easter Sunrise Service @ Lake Gallard - Celebrate the Resurrection as the sun rises. Coffee hour at NBCC after the service.

April 5, 2015 @ 10am - Easter Sunday Service - A celebration of new life through Jesus, Our Savior.

Northford Congregational Church Holy Week Services

Holy Week - Palm Sunday traditional service at 10 a.m. on Sunday, March 29, followed by coffee hour in the social hall. All are welcome.

There will be an annual Maundy Thursday service on April 2 at 6:30 p.m. in the sanctuary, with a soup and bread dinner at 5:30 p.m. in the social hall.

The Easter Sunday service on April 5 will be at 10 a.m., and flowers will be added to a large wooden cross to welcome and represent the new life offered by the Easter promise. All are welcome. There will be no Sunday School class on Easter Sunday.

Sunday worship services are held at 10 a.m. every Sunday in addition to Sunday School. Holy Communion is celebrated on the first Sunday of the month and Family/Mission Sunday is scheduled on the third Sunday of the month.

The historic church (203-484-0795) is located at 4 Old Post Road at the corner of Route 22 and Route 17 in the Northford section of North Branford. Church office hours are Monday and Wednesday from 10 a.m. to 1 p.m. Website: www.northfordcongregationalchurch.com. Email address: ncchurch@snet.net. Like us on Facebook.

Services At St. Augustine & St. Monica Churches

Thee Parish Communities of St. Augustine and St. Monica invite you to join them this Lenten season.

Sacrament of Reconciliation: Monday evenings during lent from 6-7 PM at St. Augustine & and St. Monica.

Stations of the Cross: Will be prayed each Friday during Lent at both St. Augustine and St. Monica at 7:00 PM. On March 27th a Living Stations of the Cross will be held at 7:00 PM at St. Augustine.

Daily Mass will be celebrated on Mondays and Wednesdays at 9:00 AM at St. Augustine and on Tuesdays, Fridays and Saturdays at 9:00 AM at St. Monica.

Holy Week Mass Times:

Palm Sunday, March 29th, 9:00 AM S1. Monica, 11:00 AM St. Augustine

Holy Thursday Mass, April 2nd, S1. Augustine 7:00 PM

Good Friday Liturgy, April 3rd, St. Augustine 3:00 PM

Holy Saturday Easter Vigil, April 4th, S1. Augustine 8:00 PM

East Sunday Masses, April 5th, St. Monica 9:00 AM and S1. Augustine 11:00 AM

**St. Augustine is located at 30 Caputo Rd. in North Branford,
St. Monica is located at 1331 Middletown Ave. in Northford.**

Northford Women's Club Holds Flower Fundraiser

The Northford Women's Club is thinking spring! It's time to start planning your spring and summer garden. So why not buy some plants and help with our charity budget at the same time. For every order that is placed, the Northford Women's Club will receive 50%. Our charity budget is used to make donations to local projects such as the food pantry, Dan Cosgrove Animal Shelter, Fisher House, Welcome Home Vietnam Veterans, Veteran Angler Charters, the North Branford Senior center, Ronald McDonald House, North Branford High School band uniforms and many other causes. Go to www.flowerpowerfundraising.com and click on the link for the Northford Women's Club. The Northford Women's Club is a member of the General Federation of Women's Clubs.

Boy Scout Troop 453 Easter Plant Sale

On Friday, April 3rd and Saturday, April 4th, Boy Scout Troop 453 will holding their annual Easter Plant Sale to help raise funds to offset the costs of upcoming camping trips and activities. The Easter Plant sale will take place from 9:00 a.m. to 6:00 p.m. on Friday, April 3rd and from 9:00 a.m. to 3:00 p.m. on Saturday, April 4th at the North Branford Congregational Church, 1680 Foxon Road, North Branford.

Flower Sale to Benefit

Northford Congregational Church

Both Easter weekend and a Mother's Day weekend flower sale to benefit the church. The Easter weekend flower sale will be held on Fri., April 3, and Sat., April 4, from 9 a.m. to 5 p.m., and on Sunday from 9 a.m. to 3 p.m. The Mother's Day weekend flower sale will have the same hours.

The Northford Congregational Church is located at 4 Old Post Road at the corner of Rtes. 22 & 17.

Military Whist Card Party

Military Whist Card Party sponsored by St. Frances Cabrini Church Women's Club to be held on Friday, April 10, 2015 at St. Frances Cabrini Church Hall, 57 Pond Hill Road, North Haven. Card Party starts at 6:30pm with coffee & desserts and Card Game starts at 7PM. Price is \$8.00 per person. Tickets can be obtained by calling St Frances Cabrini Rectory at 203-239-5700 or after 5pm call Sharon at 203-234-0215. Instructions on how to play the game will be given. Come for lots of raffles and prizes and a fun evening!

Bible Study at Northford Congregational Church

The Northford Congregational Church and Rev. Kathryn King welcome everyone to their weekly Lenten Bible Study which continues through Wed., March 25. It is being held in the church social hall on the lower level beginning at 12:30 p.m. Soup and bread are provided. All are welcome.

The historic church (203-484-0795) is located at 4 Old Post Road at the corner of Route 22 and Route 17 in the Northford section of North Branford. Church office hours are Monday and Wednesday from 10 a.m. to 1 p.m. Website: www.northfordcongregationalchurch.com. Email address: ncchurch@snet.net.

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HELP WANTED

PCA Personal Care Assistants needed to care for local disabled woman. Afternoon and evening hours available. Must be at least 18 years of age. Trustworthy, Dependable, with Reliable Transportation. Call Lee (203)484-7371 for details.

Join the Fun & Experience Girl Scouts

All girls in grades 1-6 who have not yet experienced Girl Scouts this year, "Spring Day" at Camp Murray. The fun activities will include: The outdoors, hiking, nature activities, swaps and other fun crafts. The last meeting will be a ceremony with special snacks. Girls are asked to bring a water bottle to each meeting.

The five week program will be on Tuesdays, March 31 - April 28 from 6:30 to 7:30 PM. The cost is \$30 per girl and it includes supplies, membership fee and patch. Please make checks payable to GSOFCCT and send them to Anita Silvestro, Membership & Marketing Manager- Girl Scouts of CT., 20 Washington Avenue, North Haven, Ct 06473.

Register now as spots are filling up. You can call or email Anita with questions. 203-239-2922 Ext. 3334 or asilvestro@gsofct.org.

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EASTER MENU

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 - Wheat Pie** - Italian short crust filled with cooked wheat and ricotta custard \$20.00
 - Rice Pie** - Italian short crust filled with cooked rice & ricotta custard. \$22.00
 - Ham Pie** - 10" pie with imported ham, prosciutto, provolone, hard salami, and basket cheese \$60.00
 - Coconut Cream Pie \$14.50 - Banana Cream Pie \$14.50**
 - Chocolate Cream Pie \$14.50 - Coconut Custard Pie \$14.50**
 - Chocolate Lemon Pie \$14.50**
 - Italian Ricotta Cheesecake** with fresh strawberries (10") \$28.00
 - Easter Cupcakes** - An assortment of chocolate, vanilla, marble and red velvet cupcakes frosted with vanilla buttercream and decorated for Easter. By the dozen. \$24.00
 - Cannoli Dip Platter** - Cannoli chips with a tub of cannoli cream. Small serves 8 \$20.00 Large serves 16 \$40.00
 - Italian Sweet Bread** with a sugar frosting \$8.50
 - Babka** - Sweet bread with raisins \$6.00
 - Hot Cross Buns** \$.75 each
 - Snowflake Dinner Rolls** \$4.50/doz - **Fresh Italian Bread** \$2.00
 - St. Joseph's Zeppola** - Chocolate, Vanilla or Ricotta
To ensure availability, please place all orders by Thursday April 2nd.
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 Friday, April 3rd 7 - 5, Saturday April 4th 8 - 4
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