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For Our Town From Our Town

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Volume 26 No 7, August 23, 2019



“THEY WERE ANGELS FOR ME”

I’m not from Northford, I’m not even from Connecticut, my first home is 1000 miles away in South Texas. I met my husband up here and settled into Northford, but it never felt like home until a year ago.

A year ago this September I had a beautiful baby girl. We delivered her in the car. Yes that actually happens to people. As it was happening to me, I kept saying, “this doesn’t really happen to people.” The entire debacle is funny now, but that day was terrifying. It was the worst and best day of my life. People ask me how this happened and I still don’t know the answer. When I finally got in the backseat to go to the hospital, I screamed hysterically, “she’s coming now!” and my husband yelled out, “no she’s not!!!” and then he got out of the driver’s seat to check anyway just to see his daughter’s head. He ripped off my pants and one

shoe and after calling his dad first, yes his dad first, called 911. I have never been so scared and desperate. I was desperate for relief, for someone who knew what they were doing, and desperate for my daughter to be okay. All the worries of my high risk pregnancy rushed through me and I thought this would be the day I met my daughter, but also might lose her. In that moment those feelings were real and overwhelming. I literally screamed out to God.

A North Branford policeman first showed up, quickly after him, the fire department and paramedics arrived. One of the firemen is my husband’s cousin so that has made for very fun holidays now, and in that moment was a familiar face. I cried and screamed and these men walked me through every step.

I admit in those first moments I didn’t have faith in this crew, but these men and I were in it together. Together, this community of paramedics, policemen, fire fighters, and my husband and I delivered a little girl. My memories of those moments are extraordinary. I felt protected and safe and more importantly my child was safe. They were angels for me. I was treated with dignity, urgency, and utmost care. They held my hand, held the baby, and welcomed life into the world with me. Whatever the experience was on the other side, for me it was life saving and life defining. After my daughter was born I was taken to the hospital and had some after birth complications, and my doctors told me that those men helped more than I knew, things could have easily gone terribly, but because of their actions everything was okay.

I saw them all about a month after she was born, they were so easy going about it, “just doing my job ma’am” type of attitude. But their job saved my whole world.

A year later our little Eloise is crawling, giggling and smiling. I tell her daily, “mommy will always keep you safe.” The truth is, that experience humbled me, and I would lay down my life for my daughter, but I’m so grateful for when mommy can’t keep her safe I have this community to help me.

This last year I’ve walked around this town with a new light. This is my home. All the things that make you feel like you are home, I felt on that one day. The sense that you and your children are safe here, that this community cares, and that we are in this together. My daughter will grow up in the safe hands of our local heroes, and if her mom needs them I know they will be there.

Happy Birthday to my dear little girl, you are my whole world and thank you Northford for helping me get her here safely, you are my heroes and I’m so grateful to call this place home. **Alayna Macmillen**



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Publication Date

September 6
September 20
October 4
October 18
November 1
November 15
November 29

Deadline

August 30
September 13
September 27
October 11
October 25
November 7
November 21



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*A Northford resident of 35 years.
Northford business owner of 14 years.*

In this issue of the Totoket Times.....

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Safe Labor Day Weekend

Dear Editor:

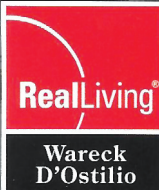
This Labor Day, hardworking men and women across the country will take a well-earned break to gather with family

Laura Tressel Carbone
Realtor
978 Main Street
Branford, CT 06405



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and friends and enjoy the final days of summer 2019. From BBQs to ball games, Americans are looking forward to the long weekend for an opportunity to unwind and soak up the last bit of summer sun.

If you plan to grab a cold one to toast the hard workers in your life, make sure to celebrate responsibly by hydrating between beers and planning for safe rides. Whether you designate a driver, call a rideshare service, or take public transportation to and from your festivities, making it a priority to drink responsibly will ensure your Labor Day weekend ends on the right note.

For more than thirty years, Anheuser-Busch and its wholesaler partners have invested over \$1 billion in responsible drinking initiatives and community-based programs to prevent underage drinking and impaired driving. As your local beer distributor, Dichello Distributors Inc. is working alongside Anheuser-Busch to ensure that safety is the

number one priority for this Labor Day.

But we need your help. Before you kick back, relax and raise a glass to the last weekend of summer, remember that drunk driving is 100% preventable, and together we can keep our community safe.

Wishing you a safe Labor Day weekend!

Tony Lota AWC
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Inc.



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State Representative Vincent Candelora Protecting the Public Trust



My parents tried to instill fiscal discipline in me while growing up. Those sensible rules didn't fully kick in until I was on my own, managing my own money. In government, the officials are stewards of public money and have a responsibility to spend it according to budgeted line-items under carefully crafted procedures. Because of the natural

tendency to treat other people's money differently, throughout time, government has imposed restrictions, including ethical restraints and disclosure rules to ensure that the public trust is maintained.

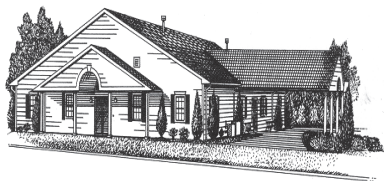
Recently some of our quasi-public agencies have come under fire for mismanagement of their budgets, ranging from bonuses and pay increases to mismanagement of public funds, including purchasing artwork from family members for thousands of dollars. Old Lyme First Selectwoman Bonnie Reemsynder and Deputy Secretary of State Scott Bates have resigned from the disgraced Port Authority. The fact that these two individuals remain in positions of public trust is a question for another day, but the reality is that these indiscretions have come to light through our state auditing and Freedom of Information laws where emails, documents and correspondence, are disclosable upon request. In a statement reported by the Hartford Courant, Governor Lamont directed the hiring of an independent firm to audit the authority and include recommendations for a "model of good governance, accountability and transparency."

I find it ironic that the Governor is seeking greater oversight for these groups at the same time he and the legislative democrats created The Partnership for Connecticut, Inc., charging it with administering up to \$300 million and exempting it from all disclosure and state ethics laws. What could possibly go wrong? Furthermore, the make-up of this board has been delegated to private individuals who will have the sole authority to appoint almost two-thirds of the members. No procedures for transparency. No process for auditing, and no rules governing ethics. Is Connecticut setting itself up for another port authority scandal? History would suggest so.

Not only does this organization lack any rules to ensure the public trust, it seems to have already been established in violation of the minimum standards set by the Democrats in their budget. While the board has yet to meet, it somehow has already been legally constituted, is expending resources on a website and legal fees (www.connecticutpartnership.org), is advertising for a chief elections officer, and, according to paperwork filed with the secretary of state, has already appointed Barbara Dalio as its board chair.

Interesting the enabling legislation forces five public officials to serve on a thirteen-member board, a construct that hopelessly puts our public officials in the minority and unable to garner enough votes to ensure the public trust

is maintained. Connecticut must rely on the other eight private individuals who may have little or no appreciation for their accountability to the public. Hoping that these people are reading the same articles about the disgraced port authority is not enough. In the next legislative session, Democrats and Republicans must come together to impose "good government, accountability and transparency" laws to this corporation that is charged with fulfilling a public function with tax dollars. Connecticut deserves nothing less.



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A Coach

We entrust our children to people we call "coaches." Some can have a wonderful influence on our kids, often the product of a lineage of the coach who coached the coach. My high school football and track coach had a method he called the "ham-sandwich." He would say, "If I do MY job right, Westfall, I can stand back and eat a ham sandwich on game day because you will know your game plan, your jobs and your techniques with such astounding precision that you won't need me to hover over you like you're a bunch of two-year-olds." While it seldom worked to perfection, it had a profound affect on my teammates and me.

My coach put his players in a pre-game meeting with instructions to review our game plan and inspire each other... No coach. We had to organize ourselves and did, at first haphazardly, then with order and input from all. Coach checked on us through the captains and made adjustments as needed.

He also made us learn through teaching. Our best discus thrower stagnated at around 150 feet and slumped into the 140s. Coach abruptly ended his practice session one day and told him to stop throwing for a week. He then advised him that he wouldn't have the week off because he had to teach the rest of us how to throw the discus. The next week he broke out of his slump, into the 170s and threw in the mid 180s in States.

My Coach died before I had the chance to understand what I thanked him for when, as a senior in college, I took my only trip back to my high school. In response to my thanks he gruffly said, "Just pass it on Westfall."

Thirty-nine years later, after having had the wonderful experience of coaching football and track at North Branford for 14 years, I think I understand the essence and meaning of the Ham-Sandwich. It imparts more responsibility on the student athlete. It tasks them with organization, both individually and in groups. It inspires young adults to discipline themselves instead of expecting external oversight and punishment. And when they succeed, student athletes earn a greater sense of accomplishment.

Looking back on my career as a coach, I am hopeful that I inspired a few young adults in this way.

Kirt Westfall 8/19/1B

Meet the Democratic Candidates

Dear Editor:

The North Branford Democratic Town Committee announces our slate of candidates in the November 5th, 2019 municipal election for Town Council and Board of Education positions.

For Town Council: Dan Armin, Marie Diamond, Joe Faughnan, Joe Martin Jr. Lou Paternoster and Brenda Schuler will campaign and for the Board of Education; Jana Balsamo and Vince Mase.

Our candidates in the upcoming election are committed to what is best for the town: realistic, positive and practical consideration of ideas and proposals with open and respectful debate. Our community needs sensible economic growth and expansion of the grand list in order to fund the improvements in infrastructure that are becoming increasingly obvious. Upgrades, replacements and acquisitions cannot be secured solely from bonding (increasing our debt) or increasing taxes.

We believe in highlighting and promoting the wonders of our town: the rural character, the accessible open space, our enviable way of live, our excellent school system and our magniicent farms. we hope to expand these wonders, support improvements, keep thetown healthy, safe and secure, be promptly responsive to all citizens, and be fiscally responsible.

Sincerely,

North Branford Democratic Town committee

Letters to the editor...

This paper encourages all readers to voice their opinions and comments.

The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.

All letters must be signed. A telephone number should be included and no personal attacks.

This paper reserves the right to edit all letters.

All letters should be addressed to :

The Editor

P.O. Box 313, Northford, CT 06472



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The publisher assumes no responsibility for typographical errors. In the event of an error, the publisher will issue a credit adjustment on only the incorrect portion of the advertisement, as well as a retraction in the next issue.

It’s About the Land

August 2019

The saga continues of the formation of Lake Gaillard, a man-made reservoir for storage of drinking water. With the completion of the main dam in 1927, the dike in 1928, and the completion of field surveys to establish the line and grade of the three tunnels and borings to evaluate the quality of rock formations at tunnel depth, work could begin on driving two of the tunnels through bedrock to tap and divert sources of water in Guilford (Sugar Loaf tunnel) and Northford (Gulph tunnel). Without tunnels, the new reservoir in North Branford could not be filled because the watershed of the new reservoir (Lake Gaillard) was too small. Likewise, getting water efficiently out of the reservoir and to the distribution system in New Haven and its surrounding communities would require driving a third tunnel (Great Hill tunnel) beneath the New Haven Trap Rock (today’s Tilcon) quarry. The outlet of Great Hill tunnel would connect with a large water transmission main to be installed from New Haven through the Foxon section of East Haven to North Branford.

Electric power would be needed to illuminate the tunnels as they were driven deep underground. Work on the Sugar Loaf and Gulph tunnels was preceded by erection of a power line strung for more than two miles from the United Illuminating Co.’s line on Forest Road in North Branford, over Great Hill (Totoket Mtn.), and over the Sugar Loaf Hills in Guilford to the West Branch of the West River where a diversion dam was to be constructed. A vertical shaft was excavated down to the planned Sugar Loaf tunnel’s floor, about midway to the West Branch stream in North Guilford. Within the shaft, a lift operated by electric power was installed so men could descend to the elevation established for the tunnel’s floor. There they would begin the process of driving the tunnel in opposite directions. Specialized machines were used to bore holes in a specific pattern into the bedrock, each of the holes just large enough to receive sticks of dynamite. The dynamite was wired to receive an electric charge for detonation. This procedure was also followed for the Gulph and Great Hill tunnels. The blast-shattered rock, which had to be removed before advancing further, was referred to as “tunnel muck”. From the Sugar Loaf tunnel’s elevator shaft, one crew drove the tunnel west toward the future Lake Gaillard and another drove the tunnel east toward the West Branch of the West River in Guilford. The elevator lift was also used to remove the tunnel muck to a nearby disposal area. A crew working from the tunnel intake in Guilford below the future dam on the West Branch of the West River would eventually meet the crew working its way east from the elevator shaft. And a crew working from where the Sugar Loaf tunnel would eventually outlet into the future Lake Gaillard would drive the tunnel east to meet the crew working west from the elevator shaft in Guilford.

Next month; the completion of the tunnels and the reservoir project.
Otto Schaefer, Member, North Branford Land Conservation Trust, Inc.

Hello Voters

Dear Editor:

My name is Ron Pelliccia. I am running for Town Council in North Branford this year. I have enjoyed our community with my wife and two boys for the past 17 years. Working for the past 25 years in New Haven with disadvantaged youth, the mentally ill and the criminally involved, has helped me appreciate the diversity in each individual I meet. During my time in North Branford I have been involved with the North Branford Fire Department, Company 4 Ambulance and have coached several sports teams. Although, my time was short with the fire Department I met some amazing volunteers and have enormous respect for them and the services they provide to the community. The wonderful children and families I have met through coaching in town has given me a great sense of “Home” in North Branford. From the POCO to the nationally acclaimed North Branford Police Department lip sync challenge video, my North Branford pride has been swelling. It is for these reasons that I want to become more involved in the leadership and decision making in Town. It will be my goal to preserve all of the wonderful things that make all of us love our Town. Through fiscally conservative and common sense decision making I hope to keep North Branford on a path to success for many years to come. In the coming months I look forward to meeting as many people in town as possible. Listening to your thoughts on how things are going in town and suggestion on how to improve in the future.

Please support me and the entire Republican slate in the November town election. Thank you for your consideration!

Sincerely,
Ron Pelliccia

Recycling News

HazWaste Central is open for the season

Located right behind the
Regional Water Authority’s headquarters,
90 Sargent Drive, New Haven

Hours are 9am to noon - Saturdays through October 26th, 2019

Note: Center is closed for the Labor Day holiday weekend.

All users must fill out a registration form.

To save time, visit the Hazwaste Central page:

<https://www.rwater.com/in-the-community/hazwaste-central>
and complete an electronic form or download and fill out
the user registration form

prior to dropping off your household hazardous waste.

You can also click on a list for acceptable household waste.

Keep Your Neighborhood Cleaner and Safer

Please store totes away from street and sidewalks after pickup.

Unacceptable Curbside Waste Reminder

Construction debris (such as toilets, concrete blocks, roofing material), propane tanks, TVs, monitors, printers, home cleanouts may not be placed curbside.

These items will not get picked up; please dispose/recycle properly.

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Please note: aerosols (spray cans), solvents, and products intended for industrial use and open or leaking cans are not accepted.

Local PaintCare sites:

Country Paint and Hardware, Inc. – North Branford

Rings End Lumber – Branford

Sherwin-Williams – Branford, North Haven

North Haven Paint and Hardware – North Haven

Page Hardware and Appliances - Guilford

PPG Paints – North Haven

Goody’s Paint and Hardware – East Haven

Check www.paintcare.org for more information

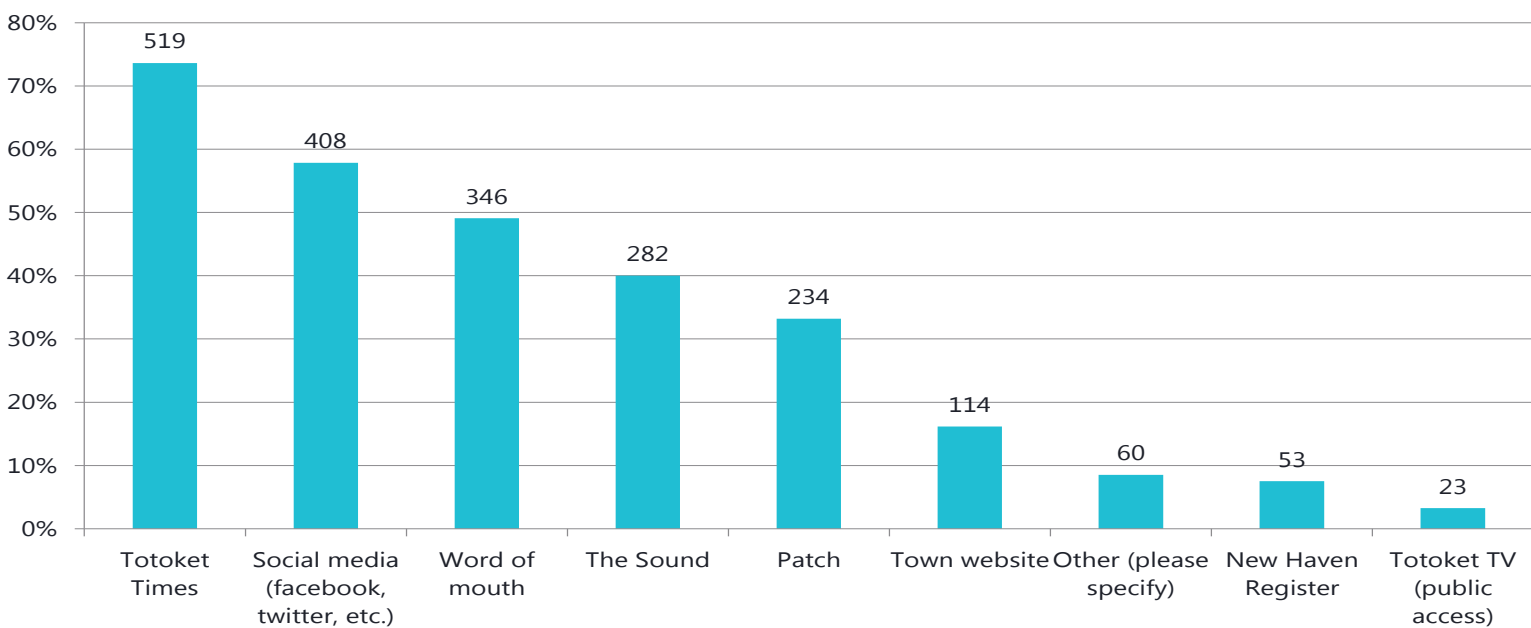
Election Season is here!

Local elections are coming and that is usually a time when readers and those running for office want to be heard in their local newspaper. To make this as easy as possible and to give all who are interested, a chance to be heard, please abide by the following guidelines.

1. No personal attacks.
 2. Please follow the deadlines on page one.
 3. Please be brief. With advertising being what it is (or isn’t) the Totoket Times cannot afford to print more pages unless they are ad generated.
 4. Please be sure your letters are typed and sent in a document format.
- Looking forward to hearing from you at:

Totokettimes.com or
Totoket Times
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HOW DO YOU FIND OUT ABOUT COMMUNITY EVENTS?



- Totoket Times is the most popular source for community events
- Respondents also specified school announcements and direct emails

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| 2009 Toyota Corolla 4 dr SDN | \$5,995 |
| 2007 Toyota sienna Pas. Van LE | \$5,995 |
| 2012 Honda Civic SDN 4DR EX PZEV | \$7,995 |
| 2004 Ford Ranger Super Cab 4.0L XLT | \$7,995 |
| 2004 Chevy Tahoe 4DR 1500 4WD LT | \$7,995 |
| 2009 Infiniti 4Dr AWD | \$7,995 |
| 2009 Honda CR-V 4WD 4Dr | \$8,495 |
| 2004 Lexus LS 430 4WD 6SPD | \$10,995 |
| 2007 Dodge Ram 1500 Cab 140.5” | \$10,995 |
| 2008 Ford 150 4x4 quad Cab 119K | \$10,995 |
| 2008 Ford F-150 SuperCrew 139” XLT | \$10,995 |
| 2015 KIA Optima 4DR SDN EX | \$11,995 |
| 2007 Chevy Silverado 1500 4WD | \$11,995 |
| 2011 Ram 1500 4WD Quad Cab 140.5” | \$11,995 |
| 2013 Harley Davidson FLHX Y | \$15,995 |
| 2004 Pontiac GTO 2Dr. Cpe. | \$24,995 |



I purchased a Toyota Sienna from Lee J’s on 10/19/18 and I am very pleased with it. The car is as advertised/described, and I was able to drive it off the lot with full registration the same day. I would recommend this smaller dealership if you need a car in a more affordable price range and you need to know the price up front rather than having fee after fee tacked on as other places commonly do. I was allowed to bring my mechanic in to verify the car before purchasing, and that was important to me. I look forward to many years driving my sweet minivan, and will send my friends and family to Lee J’s if they need a quality used car. Therese Dillon.

Thank you for 20+ Years!

Something for Everyone in North Branford

Reprinted from NB Points of Interest & Landmarks

Historic & Cultural Attractions

| | | | | | | | |
|--|--|--|--|---|--|--|---|
| Benjamin Howd House 1795 Middletown Ave., North Branford. Historic site, private home | Northford Congregational Church (1846) 4 Old Post Rd., North Branford. 203-484-0795 Historic site | North Branford Town Hall (c. 1979) 909 Foxon Rd., North Branford. Historic site | North Branford Congregational Church (est. 1724) 1680 Foxon Rd., North Branford. 203-488-8456 Historic site | Atwater Memorial Library (1943) 1720 Foxon Rd., North Branford. 203-315-6020 Historic site | Gordon Miller Memorial Museum 1 Library Pl., North Branford. 203-488-0423 Historic site, museum | Reynolds-Beers House (1786) 1 Library Pl., North Branford. 203-488-0423 Historic site, museum | Totoket Historical Society 1 Library Pl., North Branford. 203-488-0423 Historic site, museum |
|--|--|--|--|---|--|--|---|

Farm Attractions

| | | | | | | | | | | | | | | | | | | | |
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| 38 Ranch 66 Lanes Pond Rd., Northford. 203-234-6610 Organic fruits & vegetables, naturally raised meats | Bishop's Orchards 1920 Middletown Ave., Northford. 203-458-7425 PYO, fruits, pumpkins, flowers, weekends only | Wild Wind Stables 1901 Middletown Ave., Northford. 203-484-0278 Equestrian | Cecarelli Farms 199 Old Post Rd., Northford. 203-484-0101 Fruits, vegetables, farm market, CSA | Rosabianca Vineyards 1536 Middletown Ave., Northford. 203-208-1211 | Country Farm Greenhouse 1038 Middletown Ave., Northford. 203-239-5050 | All of the Kings Horses Equine Rescue 630 Forest Rd., Northford. 203-815-4013 Equestrian, open year-round | Comets to Koi 555 Forest Rd., Northford. 203-483-0454 Vegetables, eggs, open year-round | Natureworks 518 Forest Rd., Northford. 203-484-2748 | Country Farm II 415 Forest Rd., Northford. 203-239-5050 | Augur Farms 383 Forest Rd., Northford. 203-530-5674 Sunflowers | J. DeFrancesco & Son 43 Augur Rd., Northford. 203-484-9708 Nursery, flowers, vegetables | Carriage Stone Farm 665 Totoket Rd., Northford. 203-484-1174 Equestrian | Century Silhouette Farms 55 Augur Rd., Northford. 203-627-4587 Equestrian | Maple Tree Farm 275 Totoket Rd., North Branford. 203-484-0664 Dairy | Totoket Tree Farm 65 Mill Rd., North Branford. 203-433-2308 Christmas/holiday | Larry Augur Farm Stand 146 Mill Rd., North Branford. 203-915-0441 | Equine Expressions 53 Cedar Lake Rd., North Branford. 203-488-3356 | Rose Orchards Farm 33 Branford Rd., North Branford. 203-488-7996 PYO, fruits, pumpkins, flowers | Van Wilgen's 51 Valley Rd., North Branford. 203-488-2110 Nursery |
|--|--|---|---|--|---|--|--|---|---|---|--|--|--|--|--|---|--|--|---|

For more information go to CThighlights.com
Private Homes: Visitors must be aware that, whether designated by national, state, or municipal governments, landmarks and cultural history sites are often privately owned and are not open to the public

North Branford Schools Ready to Start

Totoket Valley Elementary School welcomes the 2019-2020 school year with a focus on implementing Columbia Teacher’s College Reader’s Workshop and fine-tuning the Columbia Writer’s Workshop. Additionally, teachers and staff will be implementing a workshop approach to instruction in math, science, and social studies. To support this massive curriculum and instruction focus teachers will be actively engaging in math and literacy coaching support from our K-5 math instructional coach, Meg Peterson, and our new K-5 literacy instructional coach, Heather Glynn. Students and staff will also welcome a new schedule to support these efforts. The grade 4 and 5 departmentalized schedule (teachers working in specialized pairs) will allow all students to have co-teachers (one math/science and one literacy/social studies). This schedule will also allow teacher collaboration time to support students academically and socially and to allow them to engage in focused content area coaching for professional learning. Enrichment and support opportunities remain in place with the new schedule as well as does the community day approach to social emotional learning, Habits of Mind, and Making Thinking Visible.

In addition to these changes to student learning and teacher professional learning, you will notice that TVES continues to have much needed aesthetic changes to the building, with inspirational sayings painted on many of the doors throughout TVES. Student artwork, student writing, and examples of students making their thinking visible will also be on display in the halls throughout the year at TVES. Principal Welch and the staff will also be working throughout the year to promote family and community engagement, but with a focus on “meaningful” engagement. Be on the lookout for these opportunities. One such example occurred in May where Welch had all incoming third grade parents/family members participate in a question generating session about school improvement.

TVES looks forward to learning more about Global Goals and India from North Branford Teacher of the Year Jackie Thurston as she shares her experience from abroad this summer. With the revered teacher and Lead Teach, Joe Amodio becoming assistant principal in Redding, TVES will be supported by a teacher leadership team of Lea DiStefano, Karyl Morton, and Kelly Sobocinski. Lastly, please join me in welcoming former JHS teachers Mrs. Lauren Barry (Grade 3) and Mrs. Liz Nicholls (Grade 3) to TVES. We are very excited to have these excellent teachers helping our third graders transition to TVES and to support our goal of striving to excellence in teaching and learning. Ms. Samantha Daniele also joins our staff as a new Grade 5 teacher having served the last few years in long term sub roles at TVES.

TVES and all the staff can’t wait for a very successful 2019-2020 school year! **Carter Welch, Ed.D. Principal- Totoket Valley Elementary School**

Lisa Rebeschi appointed associate dean and professor in the School of Nursing at Quinnipiac University



Press Release: North Haven, Conn. – July 24, 2019 – Lisa Rebeschi of Northford, an academic nurse educator and administrator, has been appointed associate dean and professor in the [School of Nursing](#) at [Quinnipiac University](#).

“We are delighted to welcome Dr. Rebeschi to the leadership team at the School of Nursing,” said Lisa O’Connor, dean of the School of Nursing. “Her background as an educator and administrator, and her outstanding commitment to students and colleagues help further our mission to be a leader in the education of the next generation of nursing professionals.”

Rebeschi said, “I am thrilled to join the School of Nursing at Quinnipiac at such an exciting time. The school prepares students for the evolving role of nurses through a wide array of programs at both the undergraduate and graduate levels. In addition, we educate nurses of the future by teaching them how to work as part of a team through interprofessional education with students in the schools of law, medicine and health sciences.”

Most recently, Rebeschi served as chairperson in the department of nursing at Southern Connecticut State University, where she was responsible for leading and managing more than 60 full and part-time adjunct faculty who taught in the undergraduate baccalaureate program, 12-month accelerated career entry (ACE) program for second degree students, MSN degree programs, including the family nurse practitioner, nurse educator and clinical nurse leader tracks, and an online EdD in nursing education.

Before that, she was a tenured professor at the university, teaching numerous undergraduate and graduate (MSN and EdD) level courses. Earlier in her academic career, she was an adjunct lecturer and clinical instructor in pediatric nursing at the Saint Joseph College, Division of Nursing in West Hartford.

Rebeschi received her doctorate from Capella University in Minneapolis, and her master’s and bachelor’s degrees in nursing from Southern Connecticut State University.

Over her career she has conducted research, published and presented widely, and received numerous grants. She also is active in community service and is currently president-elect of the Connecticut League for Nursing, an accreditation site visitor for the Commission on Collegiate Nursing Education, a member of the National League for Nursing, the American Nurses Association and the Connecticut Nurses Association.

She is the recipient of many awards, including a leadership award from the Connecticut League for Nursing, the Nightingale Award for Excellence in Nursing from the VNA of South Central Connecticut and the G. Gordon Copeland Award for Extraordinary Volunteer Service from the American Red Cross of Central Connecticut.

About Quinnipiac University

Quinnipiac is a private, coeducational, nonsectarian institution located 90 minutes north of New York City and two hours from Boston. The university enrolls 7,000 full-time undergraduate and 3,000 graduate and part-time students in 110 degree programs through its Schools of Business, Communications, Education, Engineering, Health Sciences, Law, Medicine, Nursing and the College of Arts and Sciences. Quinnipiac is now classified as a Doctoral/Professional University, a recently created category by the [Carnegie Classification of Institutions of Higher Education](#) that recognizes Quinnipiac’s commitment to providing high-quality professional and doctoral degree programs at the graduate level. Quinnipiac also is recognized in Princeton Review’s “The Best 381 Colleges.” Based on data from the [U.S. Department of Education’s College Scorecard](#), Zippia ranked Quinnipiac as having the best overall graduate employment rate in the country in 2019. The Chronicle of Higher Education has named Quinnipiac among the Great Colleges to Work For®. For more information, please visit [qu.edu](#). Connect with Quinnipiac on Facebook at [facebook.com/quinnipiacunews](#) and follow Quinnipiac on Twitter @QuinnipiacU.

Photo by Autumn Driscoll of Quinnipiac University



ENGAGE EDUCATE ENTERTAIN

Atwater Memorial Library
1720 Foxon Road
North Branford, CT 06471
203-315-6020

Edward Smith Library
3 Old Post Road
Northford, CT 06472
203-484-0469

www.nbranfordlibraries.org

NORTH BRANFORD PUBLIC LIBRARIES

| | | |
|----------------|-----------------------------|---|
| AUG 29 | 1:00PM | Atwater's film club, presented by Patricia Cochrane, kicks off the season with a showing of, ATWATER LIBRARY Green Book, a 2018 American biographical comedy-drama. Snacks and drinks provided |
| SEP 19 | 6:30PM | We Were There: Writing Your Military Experiences. Join us for a panel discussion and short film with members of The Veterans' Writing Group as they share their incredible experiences, tell stories and answer questions from WWII, Korea and Vietnam SMITH LIBRARY |
| SEP 21 | 1:00PM | Travel Talk: Italy Across the Seasons. Join Lisa Phillips from Bella Europa Travel as she discusses unique and meaningful travel experiences you can have throughout Italy SMITH LIBRARY |
| SEP 21 | 3:30PM | Cookbook Club. Pick and cook a recipe from Gwyneth Paltrow's, The Clean Plate. We will sample the dishes made while discussing ingredients and cooking techniques. Bring your own table setting and Tupperware for leftovers ATWATER LIBRARY |
| SEP 3/5 | 10:30AM | KIDS! Music Together Class. Enjoy a music & movement program for children, ages newborn to 5 years. Two sessions: Sept 3 10:30am at Atwater AND Sept 5 10:30am at Smith ATWATER & SMITH LIBRARY |
| WEDS | 10:30AM | KIDS! Baby and Me. Join Mrs Debbie and Miss Erin for board books, playtime and songs. For babies birth to 18 months. Registration is recommended but not required SMITH LIBRARY |
| M W TH | 10:30 M, TH 4:30 WED | KIDS! WeeRock Toddler Time. Join Miss Donna for a playful 30-minute session of music and movement, fingerplays, songs and stories! For ages 6 months-5 years. No registration ATWATER LIBRARY |



Augur in Quest to Greece

Last month, Northford resident Van Augur participated in the prestigious “Tragos Quest to Greece” study abroad program. This program, funded through a scholarship from the Sigma Phi Epsilon fraternity, is an unparalleled study abroad experience in which fewer than two dozen of the nation’s best and brightest are immersed in a two-week, intensive journey through Ancient Greek culture and philosophy. On the trip, Van and his fellow scholars explored nearly two dozen historical sites spanning from the Bronze Age to the Byzantine period. Included in this journey were visits to the Parthenon, the site of the Oracle at Delphi, and Hosios Loukas. While in Greece, Van had the opportunity to retrace the footsteps of St. Paul in the ruins Ancient Corinth, race on the original track of the ancient Olympic games, and view battle artifacts from the Persian Wars. In the evening, scholars explored contemporary Greece and had facilitated discussions focused on the Greek ideals of living a full, virtuous, and fulfilling life. Van and his fellow scholars returned from the Quest with a deeper appreciation of Ancient Greek culture and the timelessness of the ideas of the West’s greatest thinkers. Those interested in this program can learn more by searching.

THEY MAKE US PROUD

- Kevin Odell** received a BS in Mechanical Engineering (cum Lsude) from the University of Rhode Island in Kingston.
- Evan Cordova** graduated with a BS in Architecture at Roger Williams University in Bristol, RI.
- Deanna Sintay** was named to the Dean’s List at Union College in Schenectady, NY.
- Lydia Mattson** was named to the Dean’s List at Newcomb-Tulane College in New Orleans, LA.

NORTH BRANFORD PUBLIC SCHOOLS

PO Box 129 | Northford, CT 06472 | 203-484-1440

Public Media Release for Connecticut School Nutrition Programs

The North Branford Public Schools announced today its policy for determining eligibility of children who may receive free or reduced-price meals served under the National School Lunch Program (NSLP) and School Breakfast Program (SBP), or free milk served under the Special Milk Program (SMP).

Local school officials have adopted the United States Department of Agriculture’s (USDA) Income Eligibility Guidelines (IEGs) for family size and income criteria for determining eligibility. The following income guidelines will be used in Connecticut from **July 1, 2019, to June 30, 2020**, for determining eligibility of participants for free and reduced-price meals and free milk in the Child Nutrition Programs.

2019-20 Income Guidelines for Child Nutrition Programs

| Free Meals/Milk | | | | | | Reduced-Price Meals | | | | | |
|-------------------------------|---------------------|----------------------|-----------------|------------------------------|---------------------|-------------------------------|---------------------|----------------------|-----------------|------------------------------|---------------------|
| Number in Family | Annual Gross Income | Monthly Gross Income | Twice Per Month | Every Two Weeks Gross Income | Weekly Gross Income | Number in Family | Annual Gross Income | Monthly Gross Income | Twice Per Month | Every Two Weeks Gross Income | Weekly Gross Income |
| 1 | 16,237 | 1,354 | 677 | 625 | 313 | 1 | 23,107 | 1,926 | 963 | 889 | 445 |
| 2 | 21,983 | 1,832 | 916 | 846 | 423 | 2 | 31,284 | 2,607 | 1,304 | 1,204 | 602 |
| 3 | 27,729 | 2,311 | 1,156 | 1,067 | 534 | 3 | 39,461 | 3,289 | 1,645 | 1,518 | 759 |
| 4 | 33,475 | 2,790 | 1,395 | 1,288 | 644 | 4 | 47,638 | 3,970 | 1,985 | 1,833 | 917 |
| 5 | 39,221 | 3,269 | 1,635 | 1,509 | 755 | 5 | 55,815 | 4,652 | 2,326 | 2,147 | 1,074 |
| 6 | 44,967 | 3,748 | 1,874 | 1,730 | 865 | 6 | 63,992 | 5,333 | 2,667 | 2,462 | 1,231 |
| 7 | 50,713 | 4,227 | 2,114 | 1,951 | 976 | 7 | 72,169 | 6,015 | 3,008 | 2,776 | 1,388 |
| 8 | 56,459 | 4,705 | 2,353 | 2,172 | 1,086 | 8 | 80,346 | 6,696 | 3,348 | 3,091 | 1,546 |
| Each additional family member | + 5,746 | + 479 | + 240 | + 221 | + 111 | Each additional family member | + 8,177 | + 682 | + 341 | + 315 | + 158 |

Blood Drive September 7th at Stanley T. Williams Community Center

Why donate blood? For people like Daniela, who was diagnosed with Beta Thalassemia at the age of 14 months. She requires a blood transfusion about every three weeks. She recently received her 100th transfusion. Her condition is a manageable one, and she will likely live a long and mostly normal life...with a lot of help and support from generous blood donors, who are the real hero’s! Please support the Northford-North Branford Women’s Club, GFWC, blood drive on September 7th, from 9:00am to 2:00pm, at the Stanley T. Williams Community Center, 1332 Middletown Avenue, Northford. Refreshments will be provided. Please call 1-800-RED-CROSS (1-800-733-2767) or visit www.redcrossblood.org and enter Northford to schedule an appointment. For more information, contact Mary Ellen at 203-484-9079.



EQUAL OPPORTUNITY AND NON-DISCRIMINATION

Each student is encouraged to develop and achieve individual educational goals. Every student with equal educational opportunities regardless of race, color, creed, gender, sexual orientation, gender identity or expression, national origin, religion, age, economic status, marital status, or disability. No student will be excluded on such basis from participating in or having access to any course offerings, student athletics, counseling services, employment assistance, extracurricular activities or other school resources. Programs and activities shall be accessible and usable by individuals with disabilities as prescribed by law. Additionally, the district promotes non-discrimination and an environment free of harassment based upon an individual’s race, color, religious creed, religion, sex, age, national origin, ancestry, marital status, sexual orientation, gender identity or expression, disability (including but not limited to, present or past history of mental disability, intellectual disability, learning disability or physical disability, including, but not limited to, blindness), genetic information, or any other basis prohibited by Connecticut State and/or Federal nondiscrimination laws in all of its employment practices, educational programs, and educational activities.

The district provides equal access to the Boy Scouts, Girl Scouts, and other designated youth groups. The following person is the district’s designated compliance officer, who will handle inquiries and coordinate compliance with the district’s nondiscrimination policies, including the nondiscrimination requirements of Title IX of the Education Amendments of 1972 and Section 504 of the Rehabilitation Act of 1973:

Suzanne Wright
Director of Special Services
PO Box 460,
Northford, CT 06472



Wee Care of North Branford, Inc. Daycare and Preschool

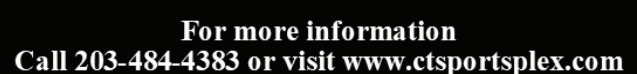
At Wee Care of North Branford, Inc. all day preschool is available for children ages 3-6 from 7 a.m. - 6 p.m. Monday through Friday. Some of the highlights of the program are:

- Two licensed Preschool Teachers
- Curriculum and disciplinary procedures aligned with local kindergarten classes
- Teacher directed learning centers
- Morning lessons reinforced by afternoon activities
- Extracurricular activities at no extra cost including Yoga, Music, Library visits, and Science classes

*Openings currently
available.*

1680 Foxon Road (Rt. 80)
North Branford, CT
203-481-3909
www.weecarenb.com





North Branford Parks & Recreation and Senior Center

STW Community Center 1332 Middletown Ave Northford
www.nbrecreation.com • call (203) 484-6017
Follow us on Facebook! @NBParksandRecreation



CHECK YOUR
SEPTEMBER 6TH ISSUE
FOR YOUR COPY OF
THE FALL & WINTER
BROCHURE!

ACTIVITIES

T'AI CHI CH'UAN - QIGONG

Who: Ages 18+
When: August 27 - October 15
Time: Tuesday, 6:30 - 8:00 p.m.
Where: STW Community Center
Fee: \$70 res / \$75 non-res (*Hoops are provided*)
Instructor: Richard Dicine
Description: Bring balance and harmony to your life while you strengthen your body in this traditional T'ai Chi Ch'uan class. Taught by an instructor with 30 years of martial arts experience and a Gold Medal Winner of the T'ai Chi Ch'uan nationals. Students practice relaxation, balance and flexibility while learning to understand the body/mind relationship.

SIZZLING SCIENCE

Who: Ages 4 - 8
When: Sept 3 - Sept 24
Time: Tuesday, 4:00 - 5:00 pm
Where: STW Community Center
Fee: \$55
Instructor: Kidscapades
Description: Children will become junior scientists with our engaging hands on experiments. Each class features a different experiment, some experiments will have an eruption component!

ABC'S FOR 3'S

Who: Age 3
When: Sept 3 - Sept 24
Time: Tuesday, 10:30 - 11:30 a.m.
Where: STW Community Center
Fee: \$80
Instructor: Kidscapades
Description: Children will be introduced to letters and numbers, days of the week, seasons, and holidays through hands-on activities. They will participate in art, sensory play, songs, science and movement. Designed to foster independence for the child not yet enrolled in a preschool or child care center.

TODDLER TIME ART

Who: Ages 3 - 4
when: Sept 3 - Sept 24
Time: Tuesday, 9:00 - 10:00 a.m.
Where: STW Community Center
Fee: \$55
Instructor: Kidscapades
Description: Children will create craft projects based on seasons, holiday, characters, or books. A variety of materials are provided for the children to explore and create their masterpieces!

KIDS HULA HOOP STAR

Who: Ages 6 - 12
When: September 9 - September 30
Time: Monday, 5:00 - 5:45 p.m.
Where: STW
Fee: \$60 Hoops are provided
Instructor: Kailey, Owner of Hipnotic Hoopla
Description: Join Kailey for an exciting hula hoop class! We will explore the world of hooping through play and movement. Learn how to hoop, play interactive games, and have fun. This class will foster creativity, improve balance, social skills, motor skills, and coordination.

ADULT HOOP DANCE FIT

Who: Ages 13+
When: September 9 - September 30
Time: Monday, 6:00 - 7:00 p.m.
Where: STW
Fee: \$60 Hoops are provided
Instructor: Kailey, Owner of Hipnotic Hoopla
Description: Hoop dance is a fun low impact, total body workout and anyone can do it! Not to mention you burn 7 calories per minute. We will focus on the basics of hula hooping through mix of fitness and dance. You will be amazed at what you can do with the right sized hula hoop and a professional instructor by your side. Join us to strengthen your core, improve flexibility, build confidence, relieve stress and have fun! No experience is needed.

IMAGINATION STATION

Who: Ages 2 - 3
When: September 25 - November 13
Time: Wednesday, 9:00 - 9:30 a.m.
Where: STW Community Center
Fee: \$35
Instructor: Sharon DiCrosta, Owner of The Dancer's Studio
Description: Imagination Station is a creative movement class that introduces children to the joy of movement and music. Basic motor skills will be challenged as we develop rhythm and imagination in an atmosphere of fun!

North Branford Land Conservation Trust Hikes

www.nblandtrust.org

Saturday, September 7
7:30pm
Big Gulph Owl Prowl

Join the RWA and the NB Land Trust for a walk in the Big Gulph area with the goal of encountering some owls. Owl sounds will be played along the way to attract various types of owls.
Bring a powerful flashlight to help with the spotting.
This hike is family friendly.
Meet at Northford Park on Middletown Ave (Route 17) by 7:30pm.

North Branford Senior Center

8:30 a.m.- 4:30 p.m.

Senior Hot Lunch available - \$3 - Monday – Friday, 12:00 p.m.
Check out the menu at www.nbparkrec.com
Lunch orders need to be placed by 10:00 am
Weekly grocery shopping trip on Tuesdays at 12:30.

Never miss a monthly newsletter and sign up for email or snail mail delivery (snail mail \$8 for the year).
Weekday transportation to the Center available to town Residents
Please call by 9am

BUS TRIPS

Harkness Park & Lunch, Friday, September 6, Departs 10:30 a.m. FREE - Enjoy the panoramic views of Long Island Sound, the sweeping lawns, the stately trees and spectacular gardens set on over 230 seaside acres. Includes a stop at the fabulous Captain Scott's Lobster Dock for lunch on your own.

The Big E, Wednesday, September 18, Departs 10:00 a.m. \$25 res/\$30 non res
Enjoy a day at the fair! Explore the New England State buildings, shop the vendors, experience the agricultural events, enjoy the entertainment and dine on some fun fair food on Connecticut Day! \$25 per person (non res \$30) includes transportation and admission. Please sign up to ensure your spot for a day of fun.

ACTIVITIES

Movie & Snack, Monday, August 26, 10:30am, FREE
Enjoy a movie and snack with friends at the Senior Center!
Movie TBD.

Mohegan Sun, Wednesday, August 28, 8:00am, \$15
Enjoy a day at the casino, shopping, gambling, and eating! Receive a free \$15 bet and a \$15 food voucher. Reserve your seat today.

Foote Park, Friday, August 30, 10:30am, FREE
Enjoy a stroll in the park before lunch!

***NEW* - Open Bocce!**
On the second and fourth Tuesday (8/27) at 10:30am. Let's check out our new Bocce courts!

How to Read Nutrtltn Labels - Healthy Conversations, Wednesday, September 21, 1:00pm, FREE
Join the East Shore Nurse Educators as they discuss how to decipher nutrition labels.

CHURCH DIRECTORY

Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning : 9:15 - 10:30 Worship & Lord's Supper, 11:00 -12:15 Ministering of God's Word & Sunday School. . Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. www.branfordbiblechapel.org

Hope Christian Church "A Place to Belong". 211 Montowese Ave., North Haven, CT. www.hopeag.com Sunday services 10AM. Coffee served every Sunday 9:00 am. Church open for prayer Tuesdays noon to One. Thursday Bible study 7:00 PM. Like us on facebook.

North Branford Congregational Church, UCC. 1680 Foxon Rd., North Branford, CT, 203-488-8456 or nobfdcong@sbcglobal.net or www.northbranfordcongregational.org. Office Hours: Wednesday through Friday, 9:00 - 1:00pm. We worship every Sunday at 10:00am. Nursery care available. Get to know us by joining us for Coffee Hour following Services. The second Sunday of every month is Family Sunday when the children remain with their parents during the Service. This is followed by our second Sunday Brunch. Holy Communion is on the first Sunday of every month. Church School through grade 8 meets during worship. All are welcome no matter who you are, no matter where you are on life's journey, you are welcome here.

Northford Congregational Church, United Church of Christ. Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916.. email; ncchurch@snet.net. Office Hours: Tuesday 9am - 1pm; other days by appointment. Rev. Robin Blundon, Acting Pastor. Jane K. Leschuk Minister of Music. Worship Service 10am. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Like us on Facebook. Our website is www.northfordcongregational.church

St. Ambrose Parish is a Roman Catholic Parish in the Archdiocese of Hartford comprised of two church locations; St. Augustine Church located at 30 Caputo Rd in North Branford and St. Monica Church located at 1321 Middletown Ave. in Northford. The Pastor is Reverend Robert Turner. Weekday Masses are celebrated on Monday, Tuesday, Wednesday, Friday & Saturday at 9:00am at St. Monica Church, Weekend Masses are celebrated on Saturday at 4pm at St. Augustine Church and 5:30pm at St. Monica Church and on Sunday at 9am at St. Monica Church and 11am at St. Augustine Church. The Sacrament of Reconciliation is celebrated every Saturday afternoon from 3:00 to 3:30 at St. Augustine Church or by appointment by calling the parish office at 203-484-0403. If you are new to the area and are looking for a parish family to join, please visit us! The office is open M-F from 9am-1pm at 30 Caputo Road in North Branford.

St. Andrew's Episcopal Church, 1382 Middletown Avenue - the white church on the hill in the heart of Northford (at the intersection of Rtes. 17 & 22). We celebrate the Holy Eucharist every Sunday now through August at 9:00am. Coffee and fellowship always follows. All are welcome. Please join us - we'd love to get to know you! St. Andrew's is the proud home of the Food Pantry of North Branford - a vital community resource serving families in need in Northford and North Branford. St. Andrew's also partners with St. Pauly Textile in a broad outreach program to help people in need here in the U.S. and around the world. Donations of usable clothing, shoes, belts, purses, sheets, blankets and stuffed animals may be made at the donation shed in the church parking lot. We are a member of the Middlesex Area Cluster Ministry. The Rev. Jim Bradley is Missioner In Charge and we have rotating clergy serving the parishes of St. Andrew's as well as Emmanuel Episcopal Church, Killingworth and St. James Episcopal Church, Higganum. Visit our website at <http://standrewsnorthford.org>. Like us on Facebook - St. Andrew's Episcopal Church of Northford, CT. For more information contact us at 203-484-0895; Nan Monde, Sr. Warden, 203-710-7005; MACM office, 860-345-0058; or Rev. Bradley, 203-525-6846.

Zion Episcopal Church, 326 Notch Hill Road, North Branford. 203-488-7395 Rev. Lucy LaRocca, Vicar. In June we begin with single summer service of Holy Eucharist at 9 a.m.. The first Sunday in September we return to two services of Holy Eucharist at 8 & 10 a.m. Music and two safe church certified babysitters are available for childcare during the 9 a.m. service and at the latter service September - May. Healing prayer is offered after each service on the second Sunday of each month. Please visit our Facebook page or our website www.zionepiscopalchurch.org. Zion is a registered Integrity Episcopal Believe Outloud Congregation, a designation earmarking Zion as an open and affirming congregation for those seeking a safe place to worship and grow in Christ.

Evergreen Woods Annual Holiday Fair

Evergreen Woods will hold their 25th annual Holiday Fair on Saturday, November 9, 2019 from 9am to 2pm. This fair is one of the most popular fairs on the shoreline, featuring works of aspiring artists and local craftsmen. It is a great place to do all your holiday shopping. All proceeds this year from the vendor registration fees, raffles, food court, cookie walk and white elephant sale will go to Colin's Crew and The Yale New Haven Hospital Toy Closet! Evergreen Woods is located at 88 Notch Hill Road in North Branford. If you are an interested vendor please contact Jaclyn Martinelli at 483.3231 or email jmartinelli@evergreen-woods.com



Heritage Sunday

The North Haven Congregational Church recently celebrated Heritage Sunday, at which members who have belonged to the church for fifty or more years are honored.

First Row (L to R): Eleanor Norback, Merrilee Gladkosky, Lillian Flodquist, Elfie Hummel, Ellie Harple, Joyce Bellonio and Linda Lacobelli

Back Row (L to R): Bernie Hummel, Rev. Scott Morrow, Doris Ferner, Jeanne Reardon and Bryant Munson

Photo Credit: Patience Benassi

Mount Carmel Travel Center Oberammergau Passion Play and European Capitals Tour

Come join St Ambrose Parish and Father Turner to see the Passion Play & European Capitals 10 day tour Sept 23, 2020 through October 2, 2020. The Passion Play in Oberammergau happens only once every ten years. This trip includes round trip airfare from New York, first class hotels, daily breakfast and 3 dinners including a special dinner at Oberammergau at the 6 hour Passion Play. This wonderful trip also includes stops in Munich Germany, Innsbruck Austria, Regensburg and Prague in the Czech Republic, Dresden, Leipzig and Berlin Germany before returning to the US. Offered at \$4,548 per person, single supplement available for an extra charge.

Please call Mary and Jim Lovelace to reserve a spot for this meeting on a once in a lifetime trip from Mount Carmel Travel, at 203-481-6082.

Support Our Military at Local Libraries

Northford Congregational Church, "A Little Church with a Big Heart," invites everyone to stop in at either the Edward Smith or Atwater Library and write a short message of thanks and support to the 643rd CT National Guard Company we have adopted. So far our church has sent two boxes of letters to the soldiers and twenty-eight handmade blankets to the children they have left behind. **We will be sending the cards collected at the libraries at the end of the summer.** If you sew, knit, crochet or quilt, and want to send a blanket to a child left behind, you can leave them at the church during our Community Workshop, every Thursday from 4 - 6 pm or Sunday morning from 9 am - 11:30 am.

The historic brownstone church (203-484-0795) is located at 4 Old Post Road at the corner of Route 22 and Route 17 in the Northford village in North Branford. Church website: www.northfordcongregational.church. Email: ncchurch@snet.net. Like us on Facebook.

The end of summer, bring a rejuvenated Autumn and preparations for Holidays, Autumn Sales and events, as well as resurging business palms & opportunities!
You don't have to do this alone. Let us help
Totoket Times is mailed to 5600 homes and businesses and close to 1000 are dropped off in the community.
Send your information or advertising to Totkettimes@comcast.net and let us get your message out!

Annual Lake Gaillard Walk Returns! Time to Register Now!

The Northford-North Branford Women’s Club GFWC, in conjunction with the Regional Water Authority, is sponsoring its 20th Annual Lake Gaillard Walk in North Branford on Saturday, October 5th, 2019 from 9 am to 1 pm, rain or shine.

Lake Gaillard is normally closed to the public and is not included in the Regional Water Authority’s pass, so this is a once a year opportunity to enjoy a walk around this beautiful property.

The distance around the lake is 7 miles but participants, as always, may choose any distance with which they are comfortable. Distance markers will be posted around the lake. Water and comfort facilities will be available. Participants must start on the trail by 11 am.

Buses will be available to transport participants to the Lake Gaillard property from Jerome Harrison School on Route 80 beginning at 8:30 am. Access to the Beech Street entrance will be by bus or on foot only. Parking on Beech Street and Poms Lane will be prohibited where posted. Sturdy strollers and wagons are welcome. Bicycles, roller blades and pets cannot be allowed on the trail.

Registration fee is \$10.00. Children 6 and under are free. Pre-registration is strongly encouraged! Participants may also register on site the day of the walk.

Proceeds from this event will be used to fund the Watershed Fund and the club’s many charitable endeavors.

For additional information call Vicki at 321-474-2074.

LAKE GAILLARD WALK REGISTRATION

Simply complete the following pre-registration form and mail it with your registration fee and pledges by September 27, 2019 to:

Northford Women’s Club, c/o Vicki Lanza
65 Skylark Drive Northford, CT 06472

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone #: _____

Individual Registration Fee **\$10.00**

Participant Name & Phone Number

Total # of Participants _____

Total Amount Included \$ _____

Children under 16 must be accompanied by an adult.

Under age 6 are free.

Celebration of Nature & Native American Heritage

What: 2019 Hammonasset Festival – A Celebration of Nature and Native American Heritage

When: Saturday, October 5, 2019, 10 a.m. to 6 p.m. and Sunday, October 6, 2019, 10 a.m. to 5 p.m.

Where: Guilford Fairgrounds, 111 Lovers Lane, Guilford, CT

Admission: Adults, \$5; children under 12, free. Parking free on-site

Notes: No pets or alcohol at the Fairgrounds; no ATM on premises; all vendors must be pre-registered,



Find more information and schedule of events at Facebook.com/HammonassetFestival or the Friends of Hammonasset website: Hammonasset.org

The Festival is presented by the Friends of Hammonasset, a 501(c)(3) non-profit organization. FOH provides public environmental awareness programs, serves as an advocate for Hammonasset Beach State Park, and seeks to preserve the integrity of the Park’s natural resources.

Contact information hammonassetfestival@gmail.com

CLASSIFIED AD RATES

Personal, For Sale, Help Wanted, Tag Sale, and all non-business classified
1 issue \$9.00 2 issues \$12.00 3 issues \$15.00
20 words or less, not including phone #. \$.05 per word, per run, after 20 words

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Totoket Times P.O. Box 313 Northford, CT 06472

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Call 203 - 627 - 6826. References available.

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HELP WANTED

Tree Removal Specialist - 3 Yrs Exp in all aspects of tree removal and operation of all job related equipment. Must have a valid drivers license and pass a required background check. Paid holidays and vacation time. Send resume to: abettercuttree@gmail.com.

Housekeeping Position – St. Ambrose Parish at both church locations (St. Monica Church in Northford and St. Augustine Church in North Branford) totaling 15-18 hours per wk. Duties include low/high vacuuming and dusting, general cleaning including pews, kitchens and rest-rooms, light window washing and various tasks as required. Please email your letter of interest and resume to joe.marenna@nbcatholics.org or mail to St. Ambrose Parish, 30 Caputo Rd., North Branford, CT 06471.

FOR SALE

Trumpet for Sale. Yamaha YTR 200 AD. New condition. Asking \$500. Call 203-481-7174.

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Owl Prowl



Once again, the North Branford Land Conservation Trust Inc. (NBLCT) is teaming up with the Regional Water Authority (RWA) to sponsor an Owl Prowl in Northford. Join us on Saturday, September 7 at 7:30 pm for an hour-long educational and fun experience as we attempt to attract these well-camouflaged, nocturnal predators that make their homes in our woodlands.

John Triana, of the RWA, will lead a family friendly hike through protected RWA property in search of native species of owls. Easiest to find when they are active at night, if you listen carefully, you might just hear the Barred Owl's "Who cooks for you?" Call, or the deep, stuttering series of four or five hoots of the Great Horned Owl.

Meet at Northford Park, Middletown Ave (Route 17). Wear sturdy shoes; bring bug spray, and a flashlight.

For more information on this hike, contact John Triana: 203-401-2749. The NBLCT is a nonprofit organization whose purpose is to acquire and maintain open space and to promote the conservation of land and natural resources within the Town of North Branford and environs. For more information about NBLCT, go to www.nblandtrust.org.

Photo courtesy of Doug German

"Fall into Poetry" Reading

Fall into Poetry, an evening reading at Sol's Path, is planned for Sunday, September the 15th at 1785 Middletown Avenue in Northford, CT. The night features Ohio's Beat Poet Laureate John Burroughs (Rattle and Numb) and poets Jake St. John (Lost City Highway) Jeanette Powers (Sparkle Princess vs. Suicidal Phoenix) and Meg Harris (Inquiry into Loneliness). Featured poets will read their work and guests are invited to read their writing during an open mic session. Weather permitting, the book signing will be fireside. Events begin at 7:00 pm and light refreshments will be provided. Seating is limited unless you have your camp chair or blanket in your trunk. For more information email Solspath@gmail.com.

North Haven Camera Club Welcome Meeting

North Haven Camera Club will hold a welcoming meeting on Tuesday evening, September 3, at Hope Christian Church, 211 Montowese Ave., North Haven. Social and mentoring will start at 6:30, with the meeting starting at 7:00.

This first meeting of the new season will be to welcome new and returning members, and to announce the club's scheduled programs, guest speakers and competitions.

North Haven Camera Club meets regularly on the first and third Tuesday of each month, September - June, with additional workshops and field trips throughout the season. The club also conducts monthly competitions for photographers at many skill levels, and prepares members for regional and national contests and artistic exhibits.

For more information about North Haven Camera Club, visit the club's website at NorthHavenCameraClub.com.

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Branford Compassion Club Fundraisers

Cats on tap Beer Party

- There's a party brewing to benefit the homeless felines under the care of Branford Compassion Club Feline Rescue & Adoption Center. The Cats on Tap Beer Party fun begins at 6 p.m. on Thursday, September 12 at the Thimble Island Brewing Company, 16 Business Park Drive, Branford. Tickets are \$15 and can be purchased at the shelter on Saturdays from 11 a.m. - 3 p.m. or by emailing bccspeialevents32@gmail.com. A cash bar with beer, wine and soda, lite bites and 10 raffle tickets to a mystery raffle are included. Please join us for an evening of fun and merriment.

Branford Compassion Club Feline Rescue & Adoption Center, located at 2037 Foxon Rd in North Branford is open to the public on Saturdays from 11 a.m. - 3 pm. For more information, please visit www.branfordcompassionclub.org or 203-483-6369.

Spirit Medium & Clairvoyant - Avant Garde Holistic Center will sponsor "An Evening with Spirit Medium Althea DePascale," a fundraising event benefiting Branford Compassion Club on Saturday, September 14, from 7-9 p.m. at Avant Garde Holistic Center, 328 E. Main St. DePascale is a spirit medium who has the ability to connect with loved ones and pets that have crossed over to the other side. The evening event is a gallery-style presentation, and not everyone will receive a message. The suggested donation is \$10. For reservations, call 203-481-8443 or email AvantGardeCT13@yahoo.com.

America's Boating Course

New Haven Sail and Power Squadron will be holding its America's Boating Course beginning Tues., Sept. 17, for five to six weeks, at 6:30 p.m. at the Bradford Manor Firehouse, 85 George St., East Haven. In addition to basic boating, it will also include personal watercraft operation. Successful completion of the course satisfies Connecticut's state licensing requirements.

All students must go to the Connecticut Department of Energy and Environmental Protection website and Online Sportsmen Licensing to obtain their free Connecticut Conservation ID number in advance of the class. Go to: <https://www.ct.wildlifelicense.com/internetsales> and go to the bottom of the page and hit "start".

All students must have their ID number at the start of class on Sept. 17. The class will cost students \$65.00 per person. Prospective students should contact Past District Commander Art Andrea at (203) 641-0954 or email: arthurandrea@sbcglobal.net no later than Sept. 10 to register.

NARFE MEETING

The National Active and Retired Federal Employees Association monthly meeting will be held Monday, September 9, 2019, 1:pm, at the North Haven Congregational Church, 28 Church St. Note: Meeting moved to the second Monday. All active and retired federal workers are invited to attend.

The guest speaker will be Rich Taylor, Master Wildlife Conservationist, a volunteer with the CT DEEP, Wildlife Division. Rich will present a slide presentation on the bald eagle in Connecticut.

NARFE is dedicated to protecting and preserving the earned benefits of federal workers and retirees. Info: <http://www.narge.org>

