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Volume 26 No 8, September 6, 2019

North Branford Residents - Hall of Fame Class of 2019



The Southern Connecticut Diamond Club INC., has inducted two North Haven residents into their Hall of Fame.

Mike Proto (left) was a three sport athlete at North Haven High School. As a pitcher, Mike compiled a 23-3 record and was the winning pitcher in the state championship game pitching a two hit shutout against New Britain.

Mike went on to graduate Summa cum laude with a BS in Criminal Justice at University of New Haven. In 1988 he was awarded a Master of science Degree in Special Education from Southern Connecticut State University.

He recently retired from North Haven High School after 39 years as a special education teacher. At North Haven, he coached freshmen baseball since 1979 as well as Varsity basketball where he was awarded several accolades. He was also named assistant coach of the year by the CIAC in 1994.

Mike is married to Linda and has two sons Matt & Ryan.



Walt Novak played high school baseball at Notre Dame in West Haven and went on to notoriety at the University of Quinnipiac. He was drafted by the Saint Louis Cardinals where he played minor league ball for several years.

His coaching career took him through Holy Cross, and New Fairfield where he started the baseball program. He served his country as a Combat Medic in Viet Nam and then landed the coaching job at Branford High School where he won five Housatonic championships, an SCC Championship and a State Championship when his team was ranked third in New England.

Never retiring, after Branford, Walt continued as assistant coach at Career high school and he has recently returned to Branford as a pitching coach and continues to give private lessons and serves as mentor to many of the North Branford kids. He too received the CIAC assistant coaching award.

He is grateful for his wife Dottie and his grandchildren Ricky, Heather, Nicole, Carl & Kellie

Others being recognized at the awards dinner will include Fred Geier Jr., Howie Gura, Bob Kelsey, Tom Marcucci, Ed McCarthy, Larry DeLeo and John Mende.

The Dinner will be held on Thursday, October 17, 2019 at Monticello's Restaurant in Meriden. There will be Hors d'oeuvres and a full dinner. Tickets are \$55. per person and they can be purchased by contacting Rose Mentone at rmentone@comcast.net or go to the southernctdiamondclub.org.

*See our special Totoket Times
Meet your neighbors & prizes! Page 6*

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September 20
October 4
October 18
November 1
November 22
December 6
December 20
January 10

Deadline

September 13
September 27
October 11
October 25
November 15
November 29
December 13
January 3

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Bonding and Restaurants: Our Fall Proposals



As summer comes to a close, people ask when the legislature will be returning to Hartford. Our regular session does not begin until February 2020, but we have a few outstanding issues which will necessitate that we return for a special session. When we completed our work last June, the legislature failed to reach an agreement with Governor Lamont on the bond package, which

includes both our transportation and general obligation borrowing. Initially, the dispute revolved around what level of borrowing is acceptable, and Democrats wanted to borrow approximately \$300 million more than the governor proposed. Now, however, that the governor continues to push for tolls, he has refused to agree to a bond package until Democrats deliver him the votes on tolls. It's a difficult game of chicken because each month that passes, Connecticut is not issuing any bond money for transportation projects and local projects, such as town aide road. The fiscally stronger communities can withstand this delay, but our cities do not have the financial wherewithal and have begun sounding the alarm. I believe the legislature will be voting on a bond package by Thanksgiving, and I'm still skeptical of a toll vote, given the lack of specifics on a proposal.

Republican and Democratic leaders also are working together to fix the governor's veto of a bill that clarified when waitstaff can be paid below the minimum wage. In Connecticut, restaurants can pay waitstaff below minimum wage when they serve food to customers and collect tips. At the direction of the Department of Labor, those individuals are allowed to spend twenty percent of their time doing other duties, like folding napkins or bussing tables. Although this rule is codified in federal law and Connecticut has followed it for decades, a state regulation requires restaurants to actually track the time of each task performed and pay the waitstaff according to their duties. For example, while they are folding napkins, they get paid minimum wage and while they are waiting on tables, they get paid below the minimum wage. This regulation is impractical, if not impossible, to follow, and restaurants are now being sued throughout the state. Restaurants are left with one way to fix the problem; raise everyone's pay to minimum wage and take all the tips as a service charge, thus leaving no opportunity for waitstaff to receive tips. I don't think anyone would be happy with that outcome although some unions have jumped into the fight to try and capitalize on growing its membership; however, how that the governor's office has a better understanding of the issue, they are committed to fixing the problem, and I am hopeful changes can be made in September.

The legislative process certainly can get frustrating. At times politics or external pressures may influence decisions and slow things down, and our businesses and towns are left to figure things out in the meantime. We should never take our eye off the fact that someone is inevitably impacted by every decision that is made, and in the end, our actions should try to maximize the good for our residents.

The governing board of a public-private education partnership was asked to unanimously approve — via mail — a tentative budget, nearly \$250,000 in executive compensation, and various operating procedures before its first meeting.

Legislative leaders who sit on the board all declined the request this week.

The Partnership for Connecticut, a venture between the state and hedge fund giant Ray Dalio's philanthropic arm, is expected to invest as much as \$300 million into low-performing public schools over the next five years.

The partnership's 12-member governing board, which includes five elected state officials, hasn't scheduled a meeting yet.

But in an Aug. 22 letter, representatives of Dalio Philanthropies asked Gov. Ned Lamont, House Speaker Joe Aresimowicz, House Minority Leader Themis Klarides, Senate President Pro Tem Martin Looney and Senate Minority Leader Len Fasano to approve seven "action items" now, through a written reply.

Besides a \$247,500 annual salary for the yet-to-be-hired president and CEO of the partnership, these action items include:

Approval of a \$425,000 initial operating budget to cover expenses through December.

Adoption of a charter and expenditure management rules.

- Creation of a four-member subcommittee of the governing board, which would have power to act when the full panel wasn't present. No legislators would serve on this subcommittee, which would include two Lamont appointees and two from Dalio Philanthropies.
- Election of board officers.
- And approval of a "transparency commitment" policy statement pledging to host at least one public meeting per year, organize multiple community forums, provide semi-annual public reports to the legislature, and publish online information about the partnerships' efforts.

Let's Be "Frank"

Finally, the unofficial end of summer. You know how I hate summer. You my brother always like Wildwood or a day at the pool and I always liked the start of baseball, the falling of leaves and the snow of winter. Even when I wasn't morbidly obese (a term I am becoming accustomed too), I never liked the heat. Didn't mind sweating through a hard days work but couldn't stand to be dripping when I was in a suit.

I was thinking the other day how you and I (although not at the same time), worked in the same Italian deli in our younger days. When the Pacelli brothers would ring up the tab, they would take a large paper bag, write down the prices with a grease pen, add them up by hand (faster than any machine), give you a total and put your groceries in the bag. You had the receipt and the product all in one clean sweep.

Then some people trying to save the planet made a fuss about saving a tree. Using paper bags was killing them all and it wasn't good for the environment. Not necessarily brains surgeons they never thought of planting two trees for everyone you cut down. They just made such a fuss that the real brain surgeons came up with the idea of plastic bags. How the Pacelli boys complained as the could no longer add up your total bill and the plastic bags weren't strong enough to hold anything.

So now, the hell with the trees. Plastic is ruining our country. People are starving and homeless, mass murders are higher than ever, the elderly are being left to die because they can't afford health care and medication and the list goes on and on. But the environment will be saved.

So in a knee jerk reaction it's time to ban all plastic. The ridiculousness of it all as I watch people handling this is funny. They carry groceries out of the store in their arms looking like bandits, dropping stuff all over the place to save the cents.

SueAnn ordered a very thick slushy drink the other day and was refused a straw or plastic spoon as the company is trying to save the environment. Trying to suck the ice out of the cup (which was plastic and not squeezable) didn't make the refreshing drink all that enjoyable.

Now that I am older I don't eat as much (although you couldn't tell by looking at me). We went to the restaurant the other day and couldn't eat everything so we ask for the leftovers to go. We were given an aluminum container with a plastic top and told we couldn't have bags to put them in. Walking out trying to balance the containers was ridiculous.

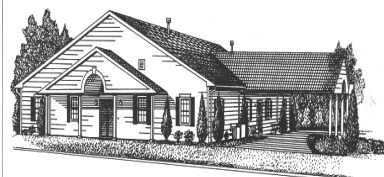
There was also a bit to be said for reading the numbers off the bag and adding up the bill in your head. It kept our minds sharp. I went to a local Dunkin doughnuts the other day and my bill was \$1.27. I handed the young man two one dollar bills and 2 pennies, expecting to get back three quarters. I was surprised when he handed me back two quarters, a dime, a nickle and two pennies. Getting all this change I told him I should have gotten back three quarters. "No" he said. "That's what the machine said," he insisted. I explained the entire situation to him and he finally looked at me with this dazed

expression and said, "sir if you're going to argue about a few cents I will give it too you but you are definitely wrong because that is what the machine says."

I pulled away from the drive through thinking, maybe if he had the chance to add numbers on a paper bag he wouldn't be so lazy and he would be able to do something as simple as making change.

No sense saving the environment when the world is going to hell.

Take care brother. Give everyone my best and I'll see you soon.



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The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.

All letters must be signed. A telephone number should be included and no personal attacks.

This paper reserves the right to edit all letters.

All letters should be addressed to :

The Editor

P.O. Box 313, Northford, CT 06472



This publication is published bi-weekly by

Doss Enterprises LLC

PO Box 313 Northford, CT. 06472

Tel; 203-410-4254 Fax 203-484-4729

email: totokettimes@comcast.net

PUBLISHER - FRANK MENTONE JR.

founders - Bert Bunnell Jr. & Anthony Esposito Jr.

The publisher assumes no responsibility for typographical errors. In the event of an error, the publisher will issue a credit adjustment on only the incorrect portion of the advertisement, as well as a retraction in the next issue.

Redemption

This is a short story about sports, based upon true events. It's intended as satire, so some names and details have been changed to protect everyone involved.

With five seconds left in the first half, they were behind 28-0. North Branford didn't have enough players to field a separate JV team, so they were mainly freshman, just a breath away from eighth graders whose opponents included seventh graders just ten months ago. But now they were up against a Hartford class L team, made up of sophomores and juniors who were angry that they weren't starting on varsity, some with full beards and hair on their chests. These guys had no business playing them, at least not for building confidence. To make matters worse, the Hartford team had taken more than a handful of cheap shots: hard hits after the whistle, forearms to the head and an inverted pile driver of North Branford's quarterback that made his 5-foot-six, 139 pound body look like a rag doll. This was American high school football at its best and worst.

The megalith-monster Hartford team had just scored again, so these five seconds would be North Branford's fifth kick return. But this team could be the gifted talent of tomorrow, so their coach had the task of inspiring them in the forlorn moments that needed to pass between now and the end of the bus ride home. The psyche and lives of these young guys hung in the balance.

"OK guys, your opponent has taken cheap shots and hurt you, so you're going to hurt them back! I want each of you to eye-up your man, run 'em down and hurt 'em like they hurt you!" Coach could see their eyes were teary but their hearts were firm, ready to meet his command and loose their revenge.

With the ball teed up and the official's ready whistle blowing, not yet knowing quite why, coach called a timeout. The return eleven gathered round him as he stood, challenged by memories of his own pointless anger and the question of this moment's purpose.

"Gentlemen, forget everything I just said! We don't need revenge! We need to score a touchdown!" Their heads bobbed up and down. "This is one play, just like every play, but you know it well. Return Right, right? They will kick to our right, Chris will get the ball, and each of you will execute this simple mission - guide them gently where they want to go, then slightly more is where WE want them. Let them do the work by using their aggression against them! And score!" To their shouts of "OK coach, we'll score!" he could only spit sarcasm, "Well why didn't you guys do this sooner?"

They scored and lost the game, 28-26, but they won the second half after they had questioned themselves. So, the hour-long, stinky, potato chip and Gatorade bus ride home was charged with positive energy. They met their parents back at the school with smiling faces, looking forward to their next challenge.

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It's About the Land

September 2019

In writing this last piece about Lake Gaillard, I'd like to mention a few more details about driving the water supply tunnels through bedrock and the workmen assigned this task. Tunnel construction required men with strong backs (the muckers) and other men with knowledge and expertise in use of explosives. The largest of the five tunnel crews were African-Americans who were stationed in a camp near where the Gulph and Sugar Loaf tunnels would empty into the future Lake Gaillard. The men in this camp were divided into two crews; one to advance the Sugar Loaf tunnel east to Guilford and the other to advance the Gulph tunnel northwest to the Big Gulph brook diversion in Northford. Working in the tunnels was unpleasant and dangerous. The tunnels were considered "small bore", scarcely large enough for a tall man to stand upright. It was excessively humid, the air filled with dust following a blast, and rock often fell unexpectedly from the roof of the tunnel (men did not wear hard hats in those days). In the Gulph tunnel at least one man died and several more were severely injured as a result of either falling rock or a premature explosion of dynamite.

Removing the tunnel muck was arduous work. The blast-shattered rock, wet and heavy, was shoveled by hand from the tunnel floor into carts which ran on temporary steel rails to the tunnel entrance or to the tunnel shaft from which it was lifted and run out to a disposal area. The men assigned to this work, white or black, were referred to as "muckers", a pejorative term. When the crews working toward each other were about to meet, separated by a wall of rock requiring a final blast, tunnel men referred to it as "holing through". Tunnel men also harbored superstitions which if violated could shut down a job. Even with the relatively crude instruments in use at the time, Sugar Loaf tunnel crews met within an inch or two of line and grade established by the engineers. The Sugar Loaf tunnel cut through hard sandstone on which were found foot prints of dinosaurs.

Water began pouring through the Sugar Loaf and Gulph tunnels into Lake Gaillard in early 1930. By early 1932 the reservoir was finally filled to

PLANNING FOR THE FUTURE

By Attorney Marc P. Guertin

The new mantra of the baby boomer generation is beginning to sound something like: "I'm getting older, I'm not in the best of health, I'm worried about the costs of long term care, and I'm scared to death." This is the kind of stuff that keeps people (including myself) up at night. I wish that I could tell my clients not to worry, that it's going to be alright, but often times it's not alright. The effects of aging take over and many people end up in a nursing home and then the financial pain begins. A long term stay in a nursing home can be financially devastating. It can completely exhaust your estate, leaving nothing for your surviving spouse or heirs.

The sooner you plan for this possibility the better. Time can be both your worst enemy and your biggest ally, depending on how you approach the problem. Often, I am contacted by the families of people who are literally on their way to a nursing home- at this point time is not on their side. Sure, we can preserve some assets but only a fraction. I call this approach the "emergency planning mode." It is kind of like being on a game show, but the prize is your own "stuff" and you win by getting the privilege of keeping some of your own "stuff." Emergency Planning Mode is, of course, not the best approach to the problem.

The best time to plan is well in advance of needing nursing home care. Given enough time and proper planning all of your assets can be preserved and sheltered from the costs of nursing home care. Many people utilize irrevocable trusts to protect and preserve assets long term. This is the best option for dodging the nursing home cost bullet, which can be financially devastating for you and your family. Irrevocable trusts are also a great way to avoid probate and to ensure that you can pass something on to your heirs or favorite charity.

If you're worried about the cost of long term care, get out in front of the problem. Make an appointment with a qualified estate planning attorney and see what can be done to protect your assets. Just because you can't take it with you doesn't mean that you have to give it to the nursing home.

If you would like to learn more about how trusts work to protect your assets, call us at 203-234-7400 to schedule a complimentary consultation.

Marc Guertin, is a partner at Guertin and Guertin, LLC. Guertin and Guertin, LLC is dedicated to Estate Planning, Elder Law, Trust and Probate Administration. Visit Guertin and Guertin, LLC on the web: www.guertinandguertin.com.

capacity. Water leaving the reservoir through Great Hill tunnel connected with a transmission main which carried water to New Haven for the first time in August 1931. The reservoir when full covers 1,115 acres and holds approximately 15 billion gallons of water. The project changed forever the landscape of one third of the land area of North Branford.

Lake Gaillard continues to be a vital water resource for the region including North Branford and Northford. Although several thousand acres of watershed land near the reservoir are not part of the Regional Water Authority's permit-recreation plan for public hiking, fishing and bicycling, the Northford Women's Club has, by agreement with RWA, enabled the public to hike on the service road around the reservoir on a designated day once a year. This year the walk will be held on Saturday, October 5. See the registration form published in the August 23rd issue of the Totoket Times.

Otto Schaefer, Member, North Branford Land Conservation Trust

Branford Compassion Club Fundraisers

Cats on tab Beer Party - There's a party brewing to benefit the homeless felines under the care of Branford Compassion Club Feline Rescue & Adoption Center. The Cats on Tap Beer Party fun begins at 6 p.m. on Thursday, September 12 at the Thimble Island Brewing Company, 16 Business Park Drive, Branford. Tickets are \$15 and can be purchased at the shelter on Saturdays from 11 a.m. – 3 p.m. or by emailing bccspecialevents32@gmail.com. A cash bar with beer, wine and soda, lite bites and 10 raffle tickets to a mystery raffle are included. Please join us for an evening of fun and merriment.

Branford Compassion Club Feline Rescue & Adoption Center, located at 2037 Foxon Rd in North Branford is open to the public on Saturdays from 11 a.m. – 3 pm. For more information, please visit www.branfordcompassionclub.org or 203-483-6369.

Spirit Medium & Clairvoyant - Avant Garde Holistic Center will sponsor "An Evening with Spirit Medium Althea DePascale," a fundraising event benefiting Branford Compassion Club on Saturday, September 14, from 7-9 p.m. at Avant Garde Holistic Center, 328 E. Main St. DePascale is a spirit medium who has the ability to connect with loved ones and pets that have crossed over to the other side. The evening event is a gallery-style presentation, and not everyone will receive a message. The suggested donation is \$10. For reservations, call 203-481-8443 or email AvantGardeCT13@yahoo.com.

Blood Drive September 7th
at Stanley T. Williams Community Center



Why donate blood? For people like Daniela, who was diagnosed with Beta Thalassemia at the age of 14 months. She requires a blood transfusion about every three weeks. She recently received her 100th transfusion. Her condition is a manageable one, and she will likely live a long and mostly normal life...with a lot of help and support from generous blood donors, who are the real heroes! Please support the Northford-North Branford Women’s Club, GFWC, blood drive on September 7th, from 9:00am to 2:00pm, at the Stanley T. Williams Community Center, 1332 Middletown Avenue, Northford. Refreshments will be provided. Please call 1-800-RED-CROSS (1-800-733-2767) or visit www.redcrossblood.org and enter Northford to schedule an appointment. For more information, contact Mary Ellen at 203-484-9079.

What to do with your sunflowers
after they bloom?



Thanks to everyone who planted sunflower seeds this year. If your sunflowers survived all the critter assaults, you were rewarded by beautiful sunflowers. Now that your sunflower is done blooming, what can you do with the seeds?

You can leave the sunflower head alone and before very long all the seeds will be enjoyed by birds and other critters.

If you want to save the seeds you might need to protect them. I have read that you can tie a paper bag over the head to protect the seeds, but I haven’t tried it myself. Or you can cut the stem off about 4” down from the head after it finishes blooming and hang the flower heads upside down indoors in an area that has good air circulation and is safe from mice and birds. The seeds will be ripe 30 to 45 days later. The seeds are ripe when they have the grey or black stripe on them, just like the seeds that you planted so many months ago. Ripe seeds will come off the flower head more easily than unripe ones. There are many uses for the saved seeds.

You could dry the seeds and save them for planting sunflowers next year. The North Branford Economic Development Commission is hoping that the sunflowers in North Branford will become a self-sustaining project with more sunflowers being planted each year. If you could save some seeds for your neighbors that didn’t have any this year, that would be very generous.

If you grew the plants without any pesticides, you can eat the seeds yourselves. You can eat them raw or look up a recipe for roasting them.



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2013 Harley Davidson FLHX Y	\$15,995
2004 Pontiac GTO 2DR. Cpe.	\$24,995



I purchased a Toyota Sienna from Lee J’s on 10/19/18 and I am very pleased with it. The car is as advertised/described, and I was able to drive it off the lot with full registration the same day. I would recommend this smaller dealership if you need a car in a more affordable price range and you need to know the price up front rather than having fee after fee tacked on as other places commonly do. I was allowed to bring my mechanic in to verify the car before purchasing, and that was important to me. I look forward to many years driving my sweet minivan, and will send my friends and family to Lee J’s if they need a quality used car.
Therese Dillon.

Thank you for 20+ Years!




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Realtor

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A Northford resident of 35 years.
Northford business owner of 14 years.



Laura Tressel Carbone
Realtor
978 Main Street
Branford, CT 06405

Office: 203-787-7800
Cell: 203-430-6824
Laura@wdsells.com

*“Someone you can trust,
with the experience you need.”*



PUBLIC SERVICE ANNOUNCEMENT NORTH BRANFORD NEW BULKY WASTE PICKUP SCHEDULE

There is no more *weekly* pick up of bulky waste, the **NEW BULKY WASTE PICK UP** schedule is as follows: the next bulky waste pickup will be the week of **October 7-11, 2019** and then again the week of **April 6-10, 2020**. (On your normal trash day) (No home cleanouts).

Examples of bulky waste are couches, mattress, rugs, and wooden furniture.

The Town **DOES NOT** accept TV’s, VCR’s, computers or other electronics. The next electronic collection will be **November 2, 2019** at Public Works from 9:00 am to 12:00 noon.

The Town **DOES NOT** accept vehicle parts and tires, construction or demolition debris.

For more information please visit our website at www.townofnorthbranfordct.com

Meet the Merchants Chance to win a Prize!

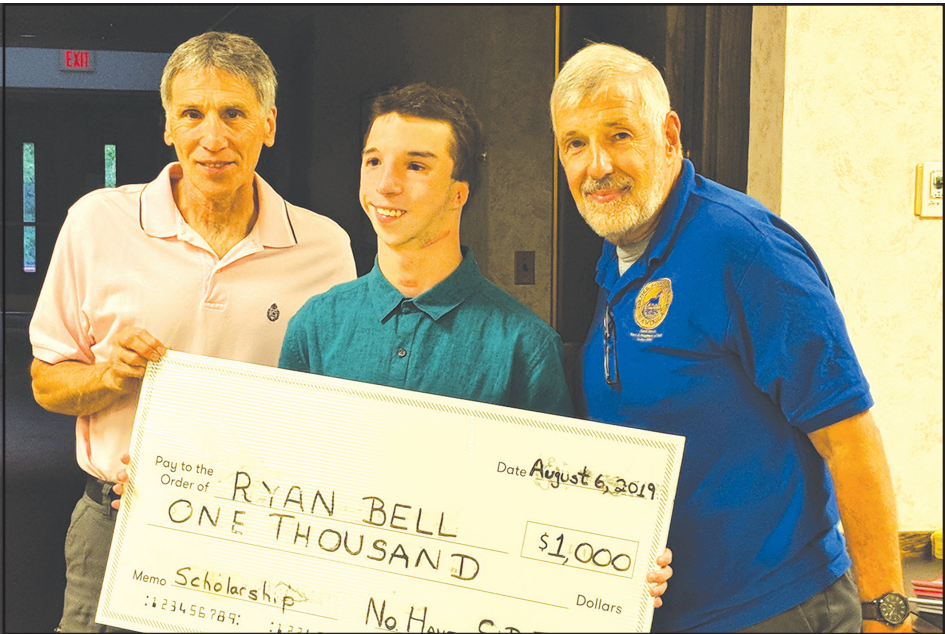
Meet your neighbors and get a chance to win a gift certificate for the October 4th issue, of The Totoket Times. The Times will not be mailed that week only. It will be dropped off in locations throughout our town. It will give you the opportunity to meet the merchants in our community. Feel free to pick up a paper and learn more about their business and perhaps make a purchase.

It will also give you the opportunity to mail in the form in the paper giving you a chance to win a gift card from one of our local friends.

If you can't get out to pick up a newspaper you can also visit our website to view the paper and send in your information through the website.

Look to our next issue to get a list of the places you can pick up the paper as well as get the coupon to mail in for participation in our gift certificate drawing.

Celebrate some of the last beautiful days of the season by going out and meeting some of your local business people/neighbors.



Sons of Italy Award Scholarships

As part of the August 2019 meeting, The North Haven Sons & Daughters of Italy awarded two students with the Lodge's scholarships

Ryan Bell – Winner of the 2019 \$1,000 Regional Scholarship. Ryan graduated from Sheen High School and will be attending The University of New Haven, majoring in Genetics and Biotechnology.

Rachel Helwig – Winner of the 2019 Neil A. Velleca Scholarship for \$500, and a 2019 Lodge 2805 Recognition Award for \$50. Rachel graduated from North Branford High School and will pursue a degree in Psychology from Jacksonville University.

Ethan Johnson – Winner of a 2019 Lodge 2805 Recognition Award for \$50. Ethan graduated from Newington High School and will pursue a degree in Graphic Arts from Eastern Connecticut State University.

The Lodge's Regional Scholarship is open to graduating public high school students of Italian heritage from North Haven, North Branford, East Haven, Hamden, and Wallingford, who wish to further their education at any college, university or trade school. The Neil A. Velleca Senior Scholarship and the Lodge 2805 Awards are open to graduating high school students with an affiliation to Lodge 2805.

Lodge meetings are held on the first Tuesday of each month at St. Frances Cabrini Church, 57 Pond Hill Road, North Haven. New members are always welcome

For more information about this program, or the Lodge, please visit our website at www.northhavenlodge2805.club.

Pictured above with recipients are treasurer Mark DeFranco and Scholarship chairperson David D'Aniello

Wee Care of North Branford, Inc.

Daycare and Preschool

At Wee Care of North Branford, Inc. all day preschool is available for children ages 3-6 from 7 a.m. - 6 p.m. Monday through Friday. Some of the highlights of the program are:

- Two licensed Preschool Teachers
- Curriculum and disciplinary procedures aligned with local kindergarten classes
- Teacher directed learning centers
- Morning lessons reinforced by afternoon activities
- Extracurricular activities at no extra cost including Yoga, Music, Library visits, and Science classes

Openings currently available.

1680 Foxon Road (Rt. 80)
North Branford, CT
203-481-3909
www.weecarenb.com

ENGAGE EDUCATE ENTERTAIN

Atwater Memorial Library
1720 Foxon Road
North Branford, CT 06471
203-315-6020

Edward Smith Library
3 Old Post Road
Northford, CT 06472
203-484-0469

www.nbranfordlibraries.org

SEP 11	6:00PM	Lyme Life Program. Join Jennifer Vander Wyk, RN, as she hosts this support group for anyone who is trying to decipher their Lyme diagnosis
SEP 19	6:30PM	We Were There: Writing Your Military Experiences. Join us for a panel discussion and short film with members of The Veterans' Writing Group as they share their incredible experiences, tell stories and answer questions from WWII, Korea and Vietnam
SEP 21	1:00PM	Travel Talk: Italy Across the Seasons. Join Lisa Phillips from Bella Europa Travel as she discusses unique and meaningful travel experiences you can have throughout Italy
SEP 24	6:00PM	Reflexology Seminar. Presented by Julie Thackeray. Join reflexologists around the world celebrating World Reflexology Week as we learn the benefits of this ancient, healing technique
TUES	3:30-4:30	KIDS! Play & Learn Board Games. Memory, Candy Land, Chutes & Ladders and more! Board games play a crucial role in a child's development and growth. For ages 3-5. Starting Sept 17. Please call 203-315-6020 to register
MON & TUE	6:00 MON 11:30 TUES	KIDS! Tummy Time! Are you a new parent? Come meet other parents and share your new baby experiences while your baby has fun! Mats, mirrors, books, toys and guidance will be provided. For babies 0-6 months and caregivers
TUES	6:30PM	KIDS! Afterschool STEAM. Read aloud books & activities to engage students in real-world problem solving. For ages 5 & up. Please call 203-484-0469 to register

School is Back in Session



Thank you to our parent community, to our staff and to our entire student body for a successful opening at North Branford High School!

Since the close of the 2018-19 school year, we have been busy preparing for the opening of the school year. This preparation included some new hires coming to NBHS due to several retirements and personnel transfers that took place at the close of the previous year. We would like to take this opportunity to introduce our new staff members. We are very fortunate to be able to add both experienced classroom teachers and new educators to our staff this year:

Classroom teachers:

William McKinney - Math	Jill Esernia - English
Ryan Dombrowski - Science	Makayla Ricci - Math
Beth Lazzari - English	Chris Hersom - Business
Angela Milewski - Special Education	
Lindsay Wargo - Long term sub Math	

Paraprofessionals

Danielle Pannone , Sue Bush, Patricia White, Michael Proto

We have continued to provide a comprehensive experience for our high school students, including rigorous academic experiences with required courses and elective courses offered at a variety of levels including Advanced Placement level courses which involve standardized curricula and assessments provided by the College Board. Our pre-engineering program, Project Lead the Way, is also a nationally standardized program which prepares students for post high school programs in the areas of construction management, engineering and architecture. Course offerings in the areas of: World Language, the Visual Arts, Communications & Video Productions, Instrumental Music & Choral, Construction & Automotive, and several electives in the core areas provide our students with the opportunity to have a diverse experience at NBHS which aligns with the graduation requirements determined by the CT State Department of Education. We are committed to provide our students with all the tools and experiences needed to be successful in a most competitive global economy. As our seniors prepare for graduation, they will complete their *Capstone Project* which involves career exploration and mentorships in the local area. Our graduates have consistently shared that this culminating experience has been invaluable as they transition to post high school educational settings and careers. We appreciate the support provided by our parent community and of the leadership provided by Superintendent Schoonmaker who is committed to challenging our students and staff with new ideas and programming in order to improve NBHS. North Branford is a proud community that has always demonstrated a keen interest in our Athletic Program and in our Performing Arts Program. We look forward to another successful school year with all of our co-curriculars that play such an important role for our students. Co-curriculars allow students to strengthen their connection with their school. As we know through our own experiences as educators and parents, as well as a body of research that supports this notion, students who have strong connections with their school tend to have greater success with their academics. There is also a positive impact on school climate when students experience success in and beyond the classroom.

Throughout the year, our staff will be preparing for two important initiatives that will occur in the near future. The New England Association of Schools and Colleges (NEASC) will be completing an evaluation visit during October of 2021. This accreditation visit requires NBHS to complete a self assessment using a standardized tool provided by NEASC, to host a collaborative visit that includes NEASC personnel, to develop a growth plan based upon the self assessment and collaborative visit, and to then host a 4 day evaluation visit during October of 2021. We are also preparing for the implementation of the NBIS/NBHS campus schedule for the 2020-21 school year. We are looking forward to having the opportunity to collaborate more closely with NBIS and to advance our programming for our students due to this format. We will also take this opportunity to review and tweak some of our internal protocols and opportunities for high school students.

Todd Stoeffler - Principal



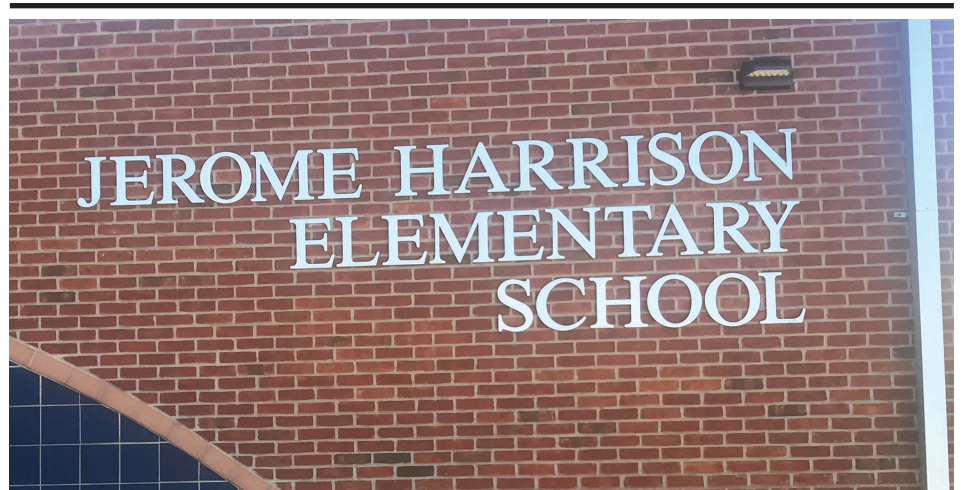
New Year at NBIS

This year at NBIS, initiatives in reading, mathematics, and technology include the introduction of the Columbia Teachers College nationally renowned Readers Workshop Model, the expansion of the Fountas & Pinnell Leveled Literacy Intervention System, full implementation of the Illustrative Mathematics Program, and the issuance of Chromebooks to ALL NBIS students, making NBIS a full 1:1 school. NBIS will also continue to offer after-school opportunities for our students to grow in music, theater, and athletics; as well as offering a myriad of clubs, activities, and organizations. Further, the NBIS 8th grade community service initiative will continue for a second year (last year, NBIS 8th graders performed over 1,000 hours of community service).

Additionally, the following are new staff at NBIS:

Jessica Berube, Guidance Counselor (new hire)
Lauren Munro, Student Success Liaison (new position at NBIS)
Karen Davis, Building Sub (retired, but returning to NBIS to be a building sub!)
Cera Orner, Language Arts (transfer from NBHS)
Linda Dow, Math (transfer from NBHS)
Todd Baldassaro Special Ed.(new hire)

Lastly, Assistant Principal Meghan Ruszczyk was appointed permanently to her post by the BOE, and is no longer “interim” (she was interim for two years). **Principal Keith O’Rourke**



Jerome Harrison Elementary School 2019-2020 school year started off with many smiling faces from students and staff alike. This year, classrooms will implement the Columbia Reader’s Workshop Model and continue their work with Writer’s Workshop for Language Arts. Teachers spent a week over the summer receiving in-service training from Columbia Teacher’s College facilitators. This training has helped prepare our teachers continue to foster a love of reading within their students. Our new Literacy Coach, Heather Glynn will support our teachers through this new initiative. The mathematics curriculum will continue to focus on student centered learning, mirroring the workshop model.

This year, three classroom teachers join the JHS family,

Luciana Rosenbaum (Grade 2),
Briana Sheard (Grade 1)
Emily DeSorbo (PreK Teacher).

In addition, **Nicole Kelly** joins JHS as the RTI/Reading Specialist.

Physically, the building has added a gate in the back parking lot to ensure safety for the PreK and FRC program as well as a covered walkway between the main building and the PreK building.

As always, JHS strives to develop our young learners academically and socially. There will continue to be a focus on Social/Emotional Learning within the classroom with the support of our new School Psychologist Kendall Manguilli and Social Worker Shaina Walsh. In addition to these staffing roles, Mrs. Colleen Stankewich takes on the role as Dean of Students and Ms. Cathy Elrick is Lead Teacher. This year will be very exciting! JHS looks forward to strengthening its work with curriculum objectives and fostering a positive learning environment under the leadership of Principal Beth Parker. Welcome 2019-2020 School Year!

Beth Parker, Principal





T-BIRD FOOTBALL TOUCHDOWN CLUB SEEKING SPONSORS

The North Branford Football Touchdown Club is selling corporate sponsorship 2’X4’ banners to be on display for the upcoming fall athletic season at the high school. Proceeds of the sales will be used to support the Thunderbird football program. Recently banners previously ordered have been placed on the fence leading to the ticket booth and entrance to the athletic fields. Businesses already on board include Marco Pizzeria, JFA Management, V.P. Electric Inc., Town Fair Tire, Jack Kelley MD Connecticut Orthopaedic Specialists, Art’s Television and Appliances, Pawson Insurance and Nexgen Public Safety Solutions. Single color banners with text cost \$475 and color logo banners cost \$550. Interested supporters can contact Touchdown Club president Gregory O’Brien at 203-996-8060 to purchase their banner.

Pictured above with the touchdown club banner at the entrance of the George A. Colafati Field are Club President Gregory O’Brien (R) and touchdown club volunteer Lou Serenso who hung all the banners already purchased. Below: Mike Katz owner of Marco’s Pizzeria is shown with Touchdown Club president Gregory O’Brien holding the company banner at the recent football team pancake breakfast. Photos Courtesy of William O’Brien



BEST GAMES IN TOWN

Girls Soccer

Friday	9-13	@ East Haven	3:30
Monday	9-16	@ H-K	3:45
Friday	9-20	@ Old Lyme	3:45

Boy Soccer

Thursday	9-12	Old Lyme	6:00
Tuesday	9-17	H - K	6:00

Football

Thursday	9-12	@SMSA	6:00
Saturday	9-21	H - K	1:30

Field Hockey

Thursday	9-12	@ Old Saybrook	4:00
Saturday	9-14	@ Watertown	1:30
Wednesday	9-18	@ Morgan	3:45
Friday	9-20	Waterford	6:00

Volley Ball

Thursday	9-12	Coginchaug	5:30
Monday	9-16	@ Cromwell	5:30
Friday	9-20	East Hampton	5:30

NORTH BRANFORD BARBERSHOP

HAIR CUTS
MEN \$12.00
SENIOR &
KIDS UNDER 10
\$10.00

TUES. 8:30 - 5:30 WED. 8:30 - 5:30
THUR. 8:30 - 5:30. FRI. 8:30-5:30
SAT. 8:30-3:30 CLOSED SUN. & MON.
~ WALK-INS ONLY ~

OWNER- ROBERT VIGLIONE
1179 FOXON RD, NORTH BRANFORD | (203) 484-6789

* REGISTRATION FORM *

_____ # of Golfers @ \$130 each

1. Name

Street.....

City, State, Zip.....

Phone.....

Email.....
2. Name

Street.....

City, State, Zip.....

Phone.....

Email.....
3. Name

Street.....

City, State, Zip.....

Phone.....

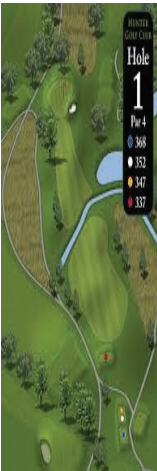
Email.....
4. Name

Street.....

City, State, Zip.....

Phone.....

Email.....



Sunday, September 22, 2019

To Be Held At;

Hunter Memorial Golf
Course
688 Westfield Road
Meriden, CT 06450
203-634-3366

www.huntergolfclub.com

4TH ANNUAL

North Haven Sons &
Daughters of
Italy Lodge 2805

Richard M. DeCrosta
Memorial Golf Tournament
In Memory of All Departed Members of
our Lodge

_____ Please assign me to a foursome

Total \$ _____

Please make checks payable to:

North Haven Sons & Daughters
Of Italy

c/o Mike Mooney
8 Sunbeam Drive
Trumbull, CT 06611
(917) 513-5238

Connecticut Sportsplex Fieldhouse Family Fun Center

LASER TAG • CYBER SPORT
PLAYSCAPE • ARCADE

PIZZA • BURGERS • HOT DOGS • FRIES • NACHOS
SOFT SERVE - ICE CREAM • FOXON PARK SODA

*** AND A WHOLE LOT MORE ***

BOOK YOUR BIRTHDAY PARTY TODAY
LASER TAG • PLAYSCAPE • SPORTS PARTY

For more information
Call 203-484-4383 or visit www.ctsportsplex.com

North Branford Parks & Recreation and Senior Center

STW Community Center 1332 Middletown Ave Northford
www.nbrecreation.com • call (203) 484-6017
Follow us on Facebook! @NBParksandRecreation



YOUR COPY OF THE FALL & WINTER BROCHURE IS HERE!!!

ACTIVITIES

RECHARGE YOGA

Who: Ages 13+
When: September 23 - November 25 (no class 10/14, 11/11)
Time: Monday, 9:30 - 10:30 a.m.
Where: STW Community Center
Fee: \$75
Instructor: Bhogah Yoga Staff
Description: A fluid (vinyasa) class taught with basic foundation poses, alignment and options for the beginner students, as well as, seasoned practitioners. This class will use yoga poses, breathing techniques and meditation to help students build a strong flexible body while creating a platform for balanced energy throughout the day. All classes are taught specific to the needs of those who attend.

YOGA TO RELEASE THE WEEK

Who: Ages 13+
When: September 26 - November 14
Time: Thursday, 6:30 - 7:30 p.m.
Where: STW Community Center
Fee: \$75
Instructor: Bhogah Yoga Staff
Description: Appropriate for all ages and levels. A fluid (vinyasa) class taught with basic foundation poses, alignment and options for the beginner students, as well as, seasoned practitioners. This class will focus on releasing the stress of your busy week in both the mind and body leaving all students with more space to breathe, ease in their body and calm in their mind.

GENTLE YOGA

Who: Ages 13+
When: September 27 - November 15
Time: Friday, 9:30 - 10:30 a.m.
Where: STW Community Center
Fee: \$75
Instructor: Bhogah Yoga Staff
Description: A gentle yoga class designed to softly open tight areas of the body while strengthening muscles and reinforcing balance. Breathing and relaxation techniques will be taught to assist in releasing stress and finding mental clarity. Much of this class is taught on the floor with very little transitioning between standing and sitting. The use of props serves to make the yoga poses more accessible to those attending the class. This class is supportive of people working with injuries or chronic conditions.

KIDS YOGA

Who: Ages 5 - 12
When: September 28 - November 16
Time: Saturday, 9:00 - 10:00 a.m.
Where: STW Community Center
Fee: \$75
Instructor: Bhogah Yoga Staff
Description: Kids are introduced to the practices of yoga through creative play, movement, games, music and postures. This fun filled class teaches children the foundation of yoga on and off the mat. This practice is structured in a way to balance their physical, mental and sensory needs. Benefits of children's yoga include: helps teach self-regulation, aids in focus, supports self-esteem, assists with stress, builds confidence, builds strength and flexibility. Parents are welcome but not needed.

North Branford Senior Center

8:30 a.m.- 4:30 p.m.

Senior Hot Lunch available - \$3 - Monday – Friday, 12:00 p.m.
Check out the menu at www.nbparkrec.com



Lunch orders need to be placed by 10:00 am

Weekly grocery shopping trip on Tuesdays at 12:30.



Never miss a monthly newsletter and sign up for email or snail mail delivery (snail mail \$8 for the year).

Weekday transportation to the Center available to town Residents
Please call by 9am

BUS TRIPS

The Big E, Wednesday, September 18, Departs 10:00 a.m. \$25 res/ \$30 non res

Enjoy a day at the fair! Explore the New England State buildings, shop the vendors, experience the agricultural events, enjoy the entertainment and dine on some fun fair food on Connecticut Day! \$25 per person (non res \$30) includes transportation and admission. Please sign up to ensure your spot for a day of fun.

Stew Leonard's, Monday, September 9, 10:30 am

Let's shop for some delicious deals at one of the most renowned grocery stores and then stay for a buffet lunch!

ACTIVITIES

Smith Library, Wednesday, September 4, 1:00pm, FREE

Visit our local library, pick up some books, get caught up on current events and chat with our lovely librarians!

Walmart in Wallingford, Friday, September 13, 10:30am

Catch a ride on the van to the Walmart for some general shopping and then lunch on your own with friends.

Game Day, Monday, September 16, 10:30am, FREE

Enjoy interactive fun playing Jeopardy.

***NEW* Book Club w/ TVES Tuesday, September 17, 10:40am, FREE**
Join this new ,exciting book club with the TVES 4th and 5th graders.

Healthy Conversations, Wednesday, September 18, 1:00pm, FREE

Men and women are invited to join the East Shore Nurse Educators as they facilitate this month's conversation on Food Label Reading.

Understanding Medicare, Friday, September 20, 10:30am, FREE

Join us for this no cost and educational session to learn about: Medicare Parts A, B, C, and D. How much you can expect to pay for specific services, the Medicare "donut hole", and enrollment "how to's". There will plenty of time to ask questions so you have the information you need to make the best selections for your situation.

NEW INTRODUCTION TO SENIOR TAI CHI

Instructor: Martin Reichgut, MD

FREE INTRODUCTORY CLASS ON SEPTEMBER 11, 1-2:00

Marty will use the flowing, meditative movements of this ancient Chinese martial art to improve balance, strength, endurance, flexibility, coordination, concentration, and memory. He will demonstrate how we can use Tai Chi's self-defense strategies to reduce our stress and protect ourselves from the repeated assaults of everyday life.

The session runs from October 2 - November 20
Wednesdays 1:00 - 2:00 p.m. Fee: \$40

BOOK CLUB WITH TVES

Join this new, exciting intergenerational book club with the 4th and 5th grade students at TVES! Our first meeting is on **September 17, at 10:40am** for a meet & greet and to discuss book choices. More details to follow! Hope to see you there! Please register in advance. The Book Club will run until Winter Break.

SHORELINE HAUNTED HAYRIDE IS LOOKING FOR VOLUNTEERS!

OCTOBER 25 & 26

6:30PM - 9:30PM

AUGUR PROPERTY 290 FOREST ROAD NORTHFORD

DO YOU HAVE A KNACK FOR THE SPOOKY?
A TALENT FOR THE CREEPY? WE ARE
LOOKING FOR GROUPS TO VOLUNTEER TO
CREATE SCENES FOR
OUR FIRST SHORELINE HAUNTED HAYRIDE!

PRESENTED BY



Community wide Tag Sale

JUNK IN YOUR TRUNK

Saturday October 5th

9 am - 1 pm

Rain Date October 6th

Sell your tag sale items from
the trunk of your car!

Register in advance
\$10 per parking space

STW Community Center Parking Lot

CHURCH DIRECTORY

Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning : 9:15 - 10:30 Worship & Lord's Supper, 11:00 -12:15 Ministering of God's Word & Sunday School. . Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. www.branfordbiblechapel.org

Hope Christian Church “A Place to Belong”. 211 Montowese Ave., North Haven, CT. www.hopeag.com Sunday services 10AM. Coffee served every Sunday 9:00 am. Church open for prayer Tuesdays noon to One. Thursday Bible study 7:00 PM. Like us on facebook.

North Branford Congregational Church, UCC. 1680 Foxon Rd., North Branford, CT, 203-488-8456 or nobfdcong@sbcglobal.net or www.northbranfordcongregational.org. Office Hours: Wednesday through Friday, 9:00 - 1:00pm. We worship every Sunday at 10:00am. Nursery care available. Get to know us by joining us for Coffee Hour following Services. The second Sunday of every month is Family Sunday when the children remain with their parents during the Service. This is followed by our second Sunday Brunch. Holy Communion is on the first Sunday of every month. Church School through grade 8 meets during worship. All are welcome no matter who you are, no matter where you are on life's journey, you are welcome here.

Northford Congregational Church. United Church of Christ. Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916.. email; ncchurch@snet.net. Office Hours: Tuesday 9am - 1pm; other days by appointment. Rev. Robin Blundon, Acting Pastor. Jane K. Leschuk Minister of Music. Worship Service 10am. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Like us on Facebook. Our website is www.northfordcongregational.church

St. Ambrose Parish is a Roman Catholic Parish in the Archdiocese of Hartford comprised of two church locations; St. Augustine Church located at 30 Caputo Rd in North Branford and St. Monica Church located at 1321 Middletown Ave. in Northford. The Pastor is Reverend Robert Turner. Weekday Masses are celebrated on Monday, Tuesday, Wednesday, Friday & Saturday at 9:00am at St. Monica Church, Weekend Masses are celebrated on Saturday at 4pm at St. Augustine Church and 5:30pm at St. Monica Church and on Sunday at 9am at St. Monica Church and 11am at St. Augustine Church. The Sacrament of Reconciliation is celebrated every Saturday afternoon from 3:00 to 3:30 at St. Augustine Church or by appointment by calling the parish office at 203-484-0403. If you are new to the area and are looking for a parish family to join, please visit us! The office is open M-F from 9am-1pm at 30 Caputo Road in North Branford.

St. Andrew's Episcopal Church, 1382 Middletown Avenue - the white church on the hill in the heart of Northford (at the intersection of Rtes. 17 & 22). We celebrate the Holy Eucharist every Sunday at 10:00am. Coffee and fellowship always follows. All are welcome. Please join us - we'd love to get to know you! St. Andrew's is the proud home of the Food Pantry of North Branford - a vital community resource serving families in need in Northford and North Branford. St. Andrew's also partners with St. Pauly Textile in a broad outreach program to help people in need here in the U.S. and around the world. Donations of usable clothing, shoes, belts, purses, sheets, blankets and stuffed animals may be made at the donation shed in the church parking lot. We are a member of the Middlesex Area Cluster Ministry. The Rev. Jim Bradley is Missioner In Charge and we have rotating clergy serving the parishes of St. Andrew's as well as Emmanuel Episcopal Church, Killingworth and St. James Episcopal Church, Higganum. Visit our website at <http://standrewsnorthford.org>. Like us on Facebook - St. Andrew's Episcopal Church of Northford, CT. For more information contact us at 203-484-0895; Nan Monde, Sr. Warden, 203-710-7005; MACM office, 860-345-0058; or Rev. Bradley, 203-525-6846.

Zion Episcopal Church, 326 Notch Hill Road, North Branford. 203-488-7395 Rev. Lucy LaRocca, Vicar. In June we begin with single summer service of Holy Eucharist at 9 a.m.. The first Sunday in September we return to two services of Holy Eucharist at 8 & 10 a.m. Music and two safe church certified babysitters are available for childcare during the 9 a.m. service and at the latter service September – May. Healing prayer is offered after each service on the second Sunday of each month. Please visit our Facebook page or our website www.zionepiscopalchurch.org. Zion is a registered Integrity Episcopal Believe Outloud Congregation, a designation earmarking Zion as an open and affirming congregation for those seeking a safe place to worship and grow in Christ.

Evergreen Woods Annual Holiday Fair

Evergreen Woods will hold their 25th annual Holiday Fair on Saturday, November 9, 2019 from 9am to 2pm. This fair is one of the most popular fairs on the shoreline, featuring works of aspiring artists and local craftsmen. It is a great place to do all your holiday shopping. All proceeds this year from the vendor registration fees, raffles, food court, cookie walk and white elephant sale will go to Colin's Crew and The Yale New Haven Hospital Toy Closet! Evergreen Woods is located at 88 Notch Hill Road in North Branford. If you are an interested vendor please contact Jaclyn Martinelli at 483.3231 or email jmartinelli@evergreen-woods.com

New Worship Time at St. Andrew

St. Andrew's Episcopal Church, the White Church on the Hill in the Heart of Northford, 1382 Middletown Avenue, will be celebrating Sunday worship starting at 10:00 a.m. All are welcome.

K of C Looking for Vendors

The Knights of Columbus, St. Ambrose Council 6801 is lookingf ro vendors to fill 86 spaces 15'w x 28' d at their annail FALL Giant 80,000 sq. ft. Tag Sale/Fleas Market on October 5th (rain dates, 12th,19th & 26th) The event will take place at Doody's Field, 465 Foxon Rd. Morth Brnaford.

It will run from 8:00am t0 3:00pm with free admission and off road parking.

To reserve a spot call 203-484-9737. The cost is \$24.00 perspace paid before 9/30. After that date there will be a \$5.00 late fee. Vendors mudt provide their own tables.

Recycling News

HazWaste Central is still open for the season

Located right behind the Regional Water Authority's headquarters,
90 Sargent Drive, New Haven

Hours are 9am to noon - Saturdays through October 26th,
North Branford's next Hometown Day at HazWaste
Central : October 5th, 2019

All users must fill out a registration form.

To save time, visit the Hazwaste Central page:
<https://www.rwater.com/in-the-community/hazwaste-central>

Complete an electronic form or download and fill out
the user registration form
prior to dropping off your household hazardous waste.
You can also click on a list for acceptable household waste.

Keep Your Neighborhood Cleaner and Safer

*Please store totes away from street and
sidewalks after pickup.*

Unacceptable Curbside Waste Reminder

Construction debris (such as toilets, concrete blocks, roofing
material), propane tanks, TVs, monitors, printers, home
cleanouts may not be placed curbside.

These items will not get picked up; please dispose/recycle
properly.

Change in Bulky Waste Pickup

Bulky waste pickup is now **twice a year**
(instead of monthly).

The next bulky pickup will take place
October 7th – 11th
on your regular trash day.

**No change to the weekly trash and
recycling pickup schedules**

Military Whist Card Party:

Friday, September 27th Friday, North Haven Congregational Church, 28 Church St. , North Haven. Doors open at 6:15p.m. with finger foods, dessert and raffle baskets. Games begin at 7:00 p.m. Cost: \$10 per person. Sponsored by the North Haven Congregational Church Women's Fellowship and the North Haven Greater Federation of Women's Clubs (GFWC). For tickets call Lynne at (203) 239-7800. Tickets sell out quickly. Come join the fun!

Bible Study at NB Congregation Church

We hope everyone who wants to keep growing in Christ will join us as we Explore the Old Testament. Our bible sessions take place on the first and third Tuesdays of every month st North Branford Congregation Church, 1680 Foxon Rd. North Branford, beginning on Septemebr 17 at 6:30pm.

For those who will be joining us for the first time there will be study bibles available to purchase for \$20.50 and Student guides for \$11.50. Any questions please email Jennifer at bellmad1@aol.com

Annual Lake Gaillard Walk Returns!

Time to Register Now!

The Northford-North Branford Women’s Club GFWC, in conjunction with the Regional Water Authority, is sponsoring its 20th Annual Lake Gaillard Walk in North Branford on Saturday, October 5th, 2019 from 9 am to 1 pm, rain or shine.

Lake Gaillard is normally closed to the public and is not included in the Regional Water Authority’s pass, so this is a once a year opportunity to enjoy a walk around this beautiful property.

The distance around the lake is 7 miles but participants, as always, may choose any distance with which they are comfortable. Distance markers will be posted around the lake. Water and comfort facilities will be available. Participants must start on the trail by 11 am.

Buses will be available to transport participants to the Lake Gaillard property from Jerome Harrison School on Route 80 beginning at 8:30 am. Access to the Beech Street entrance will be by bus or on foot only. Parking on Beech Street and Poms Lane will be prohibited where posted. Sturdy strollers and wagons are welcome. Bicycles, roller blades and pets cannot be allowed on the trail.

Registration fee is \$10.00. Children 6 and under are free. Pre-registration is strongly encouraged! Participants may also register on site the day of the walk.

Proceeds from this event will be used to fund the Watershed Fund and the club’s many charitable endeavors.

For additional information call Vicki at 321-474-2074.

LAKE GAILLARD WALK REGISTRATION

Simply complete the following pre-registration form and mail it with your registration fee and pledges by September 27, 2019 to:

Northford Women’s Club, c/o Vicki Lanza
65 Skylark Drive Northford, CT 06472

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone #: _____

Individual Registration Fee **\$10.00**

Participant Name & Phone Number

Total # of Participants _____

Total Amount Included \$ _____

Children under 16 must be accompanied by an adult.

Under age 6 are free.

TOWN OF NORTH BRANFORD

BOARD OF ASSESSMENT APPEALS HEARINGS

Per Connecticut General Statute §12-110, The Board of Assessment Appeals will convene to deliberate Motor Vehicle appeals for the 2018 Grand List. The hearings will be on a first come first serve basis. The time and place of the hearing is as follows:

Date: Monday, September 16th, 2019
Time: 7:00 P.M.
Place: Assessor’s Office, Town of North Branford
909 Foxon Rd.
North Branford, CT
Phone: (203) 484-6013



To all Vietnam Veterans
who took part in the
ceremony on July 29, 2019, the photos taken that
evening can be accessed from this link.
<https://www.flickr.com/photos/LGSusanB/albums>

CLASSIFIED AD RATES

Personal, For Sale, Help Wanted, Tag Sale, and all non-business classified
1 issue \$9.00 2 issues \$12.00 3 issues \$15.00
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after 20 words

Lost and Found FREE

Business Classified Ads & Real Estate

3 issues \$35.00, 6 issues \$60.00, 12 issues \$100.00

\$.10 per word, per run, after 20 words

Payment **MUST** accompany all ads. The advertiser must notify this newspaper of any errors.

Send ad along with your check to:

Totoket Times P.O. Box 313 Northford, CT 06472

For more information call 203-410-4254

ELECTRICIANS

TJC Electrical Services - No Job too small or big. Service upgrade & Generator Specials. Call Tom Cassella at 203-619-2823. Licensed & Insured.

GENERAL SERVICES

Southern CT Restoration. Insurance restoration and general contracting services. New construction, remodeling, kitchens, baths, roofing, siding, windows, doors, decks and painting. Call Pat Zichicchi @ 203-239-9600.

LANDSCAPING

Mone Landscaping LLC is now accepting new accounts for mowing, trimming, edging, mulching etc. Residential/Commercial. We are fully insured and licensed. Call Joe or Mike for a free estimate. 475-201-7041 or 203-640-5317. More than 20 years in business.

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John DiMaggio Plumbing - Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured.
Call 203 - 627 - 6826. References available.

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Tree Service - A Better Cut, LLC - Local, full service tree company - we provide tree removal and trimming, chipping, and grinding. Please call for a free estimate - Contact Pat Zichichi (860)448-5888

HELP WANTED

Full Time Drivers. Must have valid drivers license and insurance. Apply within. Petals 2 Go Florist. Central Plaza, North Brnaford.

America’s Boating Course

New Haven Sail and Power Squadron will be holding its America’s Boating Course beginning Tues., Sept. 17, for five to six weeks, at 6:30 p.m. at the Bradford Manor Firehouse, 85 George St., East Haven. In addition to basic boating, it will also include personal watercraft operation. Successful completion of the course satisfies Connecticut’s state licensing requirements.

All students must go to the Connecticut Department of Energy and Environmental Protection website and Online Sportsmen Licensing to obtain their free Connecticut Conservation ID number in advance of the class. Go to: <https://www.ct.wildlifelicense.com/internetales>

and go to the bottom of the page and hit “start”. All students must have their ID number at the start of class on Sept. 17. The class will cost students \$65.00 per person. Prospective students should contact Past District Commander Art Andrea at (203) 641-0954 or email: arthurandrea@sbcglobal.net no later than Sept. 10 to register.

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Owl Prowl



Once again, the North Branford Land Conservation Trust Inc. (NBLCT) is teaming up with the Regional Water Authority (RWA) to sponsor an Owl Prowl in Northford. Join us on Saturday, September 7 at 7:30 pm for an hour-long educational and fun experience as we attempt to attract these well-camouflaged, nocturnal predators that make their homes in our woodlands.

John Triana, of the RWA, will lead a family friendly hike through protected RWA property in search of native species of owls. Easiest to find when they are active at night, if you listen carefully, you might just hear the Barred Owl's "Who cooks for you?" Call, or the deep, stuttering series of four or five hoots of the Great Horned Owl.

Meet at Northford Park, Middletown Ave (Route 17). Wear sturdy shoes; bring bug spray, and a flashlight.

For more information on this hike, contact John Triana: 203-401-2749. The NBLCT is a nonprofit organization whose purpose is to acquire and maintain open space and to promote the conservation of land and natural resources within the Town of North Branford and environs. For more information about NBLCT, go to www.nblandtrust.org.

Photo courtesy of Doug German

NARFE MEETING

The National Active and Retired Federal Employees Association monthly meeting will be held Monday, September 9, 2019, 1:pm, at the North Haven Congregational Church, 28 Church St. Note: Meeting moved to the second Monday. All active and retired federal workers are invited to attend.

The guest speaker will be Rich Taylor, Master Wildlife Conservationist, a volunteer with the CT DEEP, Wildlife Division. Rich will present a slide presentation on the bald eagle in Connecticut.

NARFE is dedicated to protecting and preserving the earned benefits of federal workers and retirees. Info: <http://www.narge.org>

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Children and Smoke Alarms

Sleeping children don't always awake when a smoke alarm activates. Children, ages 6 thru 10 seem to be most affected. While these dramatic facts are worrisome, we shouldn't allow them to obscure the fact that smoke alarms are highly effective at reducing fire deaths and injuries. Roughly 70% of deaths occur from fires in homes without smoke alarms or disabled smoke alarms.

Think about how heavily you or your children sleep. As loud as smoke alarms can be, sometimes children sleep through it. Research has shown that some children don't wake up from the loud beep of a typical smoke alarm.

There are many new types of smoke detectors and carbon monoxide detectors on the market today. Some of the new features include:

- Personalized Instructions, which allows you to record customized escape instructions
- Fire Drill Feature, which allows a time delay to simulate an actual fire alarm
- Loud 85 decibel outputs
- 10 year batteries

There have been many advances over the last 10 years in home smoke alarms. Smoke and carbon monoxide detectors are electrical devices and they do have a life limit. It's a good idea to replace your detectors every 10 years. We also want to emphasize the need to continue planning and practicing home fire escape plans and to insure everyone in your home can be awakened by the sound of the smoke alarm. We will continue to reinforce the importance of developing and practicing a home fire escape plan during which the smoke alarm is activated so all family members know its sound.

Sleepover fire safety for kids

Is your child safe staying overnight at a friend's home?

Think upset tummies and lack of sleep are the biggest risks when your child is spending the night at his or her friend's house? Before you permit your child to sleep over with a friend, talk to the child's parents. Depending on what you learn, it can either uncover serious fire dangers or give you peace of mind during your child's sleepover.

8 out of 10 fire deaths take place in the home, with the majority of home fire deaths occurring late at night. "If you don't know for certain that the friend's home is equipped with working smoke alarms, and that the sleepover will be supervised by an adult, don't take the risk; reverse the invitation and have the sleepover at your own home."

Teach children about the importance of fire escape planning in a positive, non-threatening style. Ideally, your child is already well versed in home fire escape planning and drills in your own home. Before you permit a sleepover at a friend's, discuss the importance of knowing how to escape from a fire wherever you are, including friends' homes. Have your children ask friends and their parents about fire safety in their home, and to report to you anything that makes them feel unsafe.

And when it's your turn to have other children stay overnight in your home, make sure they know what your home's fire escape plan is.

NBFD has a limited supply of new battery operated Smoke detectors. If you don't have a working alarm, call or email us @ 203-484-6016 or deputyfiremarshal@townofnorthbranfordct.com

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