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Volume 23 No 26, March 3, 2017



New Location for J Cakes

Vin Candelora, State Rep. and Michael Paulhus, North Branford Town Manager, hold the ribbon for Hope Looney, J Cakes owner as she cuts the ribbon in celebration of J Cakes New Location.

JCakes, which has won numerous awards and honors including Connecticut Magazine's 2016 Best of Connecticut Award for Wedding Cakes, proudly celebrated its Grand Opening Celebration at its new location, 5 Foxon Road in North Branford on January 31st, 2017

According to JCakes owner Hope Looney, "We are so excited to have found our new home. This new facility enables us to better cater to our customers needs, expand in new directions, and hire more talented staff to meet our growing demand."

Since its founding in 1992, JCakes has delighted everyone from babies to brides to Bar Mitzvahs with delectable custom specialty cakes made from the highest quality ingredients, decorated in fresh, creative and entertaining ways. From humble beginnings, JCakes now produces more than 3,000 cakes/year and offers more than twenty-two delicious flavors.

All cake orders must be placed at least one week in advance. JCakes also offers a small variety of cupcakes available for immediate purchase.

The shop is located in Farm River Plaza next to Anthony John's Pizza and Connecticut KRAV MAGA & MMA. The phone number is 203 488 2800 and website is www.j-cakes.com. Inquiries can also be made by email at orders@j-cakes.com

Tickets Still Available for The North Branford Education Foundation Shining Star Dinner

Tickets are still available for the Shining Star Dinner hosted by the North Branford Education Foundation. The dinner will take place on Thursday, March 30, 2017 at Woodwinds in Branford. Tickets are only \$45 per person as we get together with the community to recognize Judy Bannon, Marie Diamond, Pete Ramada and Gary Wall. Don't be left out and enjoy a great evening of food, friendship and fun.

For tickets or more information please call Frank Mentone at 203-410-4254. Tickets may also be purchased at Jerome Harrison School, TJ's Launderette and the Board of Education Central Office. Tickets must be purchased in advance as no tickets will be sold at the door.

Adjusted Pub Dates & Deadlines

To better serve our readers and advertisers for the Easter holidays.

Publication Date	Deadline
March 17	March 10
March 31	March 24
April 7	March 31

Publication Date	Deadline
March 3	February 24
March 17	March 10
March 31	March 24
April 7	March 31
April 21	April 14
May 5	April 28
May 19	May 12



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ALL STAR READERS

Congratulations to JHS kindergarten students for their participation in the All Star Reader Program (a collaborative effort between Jerome Harrison Elementary School and the North Branford Public Libraries where students are recognized and rewarded for attending our libraries and documenting their reading efforts). These students have visited the Edward Smith and Atwater Memorial Libraries throughout the school year on multiple occasions and have explored the library offerings as well as our collective goal to engage in reading for enjoyment and academic success. Jerome Harrison and our North Branford Libraries are proud to recognize Jackson Cucinotta, Jesse Conroy and Ariel Sabine as being true All Star Readers". It is our hope that additional parents, students, and families get involved in this great program to explore our local libraries and further develop a passion for reading.

Pictured below with Principal Cater Welch (left to right) Jackson, Jesse and Ariel).



North Branford Public Schools

Press Release - The North Branford School District has been awarded Smart Start Grant money to establish a pre-kindergarten program for approximately 15 of the district's youngest learners. The school district will be receiving \$215,689 over the next two years in capital and operating funds to support a Smart Start Preschool Program classroom at Jerome Harrison Elementary School.

The Smart Start Program, an initiative designed to expand access to pre-K in public schools, particularly among low-income children, was established in 2014. This is the third year of a ten-year initiative that provides funds for capital costs, contingent upon the Connecticut State Bond Commission, and operational expenses from the Tobacco Settlement fund. Up to \$100 million in state bonding for capital improvements and up to \$90 million from the Tobacco Settlement Fund will be available over the ten-year period for the program.

In order to be eligible for Smart Start funding, districts need to demonstrate an unmet need for preschool in their communities. Once funded, Smart Start preschool classrooms must provide high-quality early education including a minimum of school-day and school-year programming and low student to teacher ratios; with consideration given to children from low-income families, children with special needs and children who are dual language learners.

The Office of Early Childhood stated that funding has been awarded to communities that have not received state financial support for pre-K in the past, enabling the office to collaborate with new partners to expand access to preschool and build a high-quality pre-K to third grade continuum to improve educational outcomes for all children. North Branford is one of seven new communities that will receive Smart Start funding this year. The other six new communities are Andover, Cheshire, Plymouth, Somers, Thomaston, and East Hampton. Cromwell and Enfield are receiving expansion grants in this round of funding. During the first two years of the Smart Start initiative, grants were

Continued on page 4

Italian American Historical Society Names Distinguished Servants

The Italian American Historical Society is pleased to announce that the 26th Year of Distinguished Service Awards will be presented to Chef Silvio Suppa and Gary Bimonte.

Chef Silvio Suppa was born in the Campania, Italy. He became passionate about food at an early age as he learned to make soups, sauces and pasta from grandmother. At the age of eight he came to America.

From his young life onward, he worked to become the well-known chef at DelMonaco's New Haven. He later opened the delightful and popular Allegre in Madison. Silvio has worked alongside prestigious chefs from Milan, Naples and Cordon Bleu in Paris. With his own Mediterranean skills,

Silvio created delicious recipes which can be found in his cookbook "Cooking with Silvio". He has done cooking demos on Fox TV and WTNH. Chef Silvio and his wife Victoria are the proud parents of three sons. He has received many awards for his fine food and quality service and includes awards from both the New Haven and Shoreline Chambers of Commerce. Silvio supports numerous charities including SARAH, MDH, and Educational Programs in the area.

Gary Bimonte was born in New Haven. As grandson to the original Frank Pepe, from an early age, Gary learned the family business, Pepe's Pizzeria

continued on page 4



Kim Lovelace

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State Representative Vincent Candelora

Move Over Laws:

Time to Extend Them to Volunteer Firefighters



At the request of some of our volunteer firemen in North Branford, I've proposed House Bill 6717, which seeks to amend Section 14-283 of the general statutes. The bill would require that upon the immediate approach of an emergency vehicle operated by volunteer firefighters or volunteer emergency medical personnel with flashing lights and an audible warning signal, a motor vehicle must drive to a position parallel to

the right-hand edge or curb of the road until such emergency vehicle has passed. In other words, the vehicle must pull to the side of the road to allow volunteer firefighters to pass by so that they may respond to an emergency call in a quick and safe manner. Under current law, motorists must pull over for police, emergency vehicles and vehicles operated by the fire department. This law, however, does not extend to volunteer firemen traveling to the firehouse to respond to a call.

Connecticut shouldn't need to address this issue, but statistics show otherwise. More than 150 law enforcement officers have been killed since 1997 as a result of being struck along our highways, and a national effort is underway to try an educate people on the rules of the road. According to a poll sponsored by the National Safety Commission, 71 percent of Americans don't know about the "Move Over" laws; however, 86 percent support enacting this law to protect law enforcement and first responders. These statistics suggest that not only should we strengthen our "move over" laws, but we must emphasis and reeducate the public on the importance of them.

It goes without saying that Connecticut is struggling financially. Towns have also experienced little to zero grand list growth in decades, and reliance on volunteer services is only increasing. North Branford, like many other towns, save significant dollars by having a volunteer fire department, and these individuals need as much support as possible to do their job effectively. If members are unable to get to a call in a timely manner, the natural progression for towns with volunteers is to move to a paid fire department where employees are housed at the station and need not travel to the station for a call. Given our financial conditions, this could cripple town budgets.

I am hopeful that this bill will begin the dialogue of the importance of not only moving aside for police vehicles and ambulances, but we should also move aside for our volunteer first responders.

Grant continued from page 1

awarded to Ansonia, Bridgeport, Clinton, Coventry, Cromwell, Derby, East Hartford, East Haven, Enfield, Killingly, New London, Norwich, Plainfield, Plainville, Stamford, Wallingford, West Hartford and Windsor.

This preschool will provide experiences that promote cognitive and social development through a differentiated and integrated program. Superintendent Scott Schoonmaker foresees the Smart Start program as an integral part of the North Branford coherent PreK-12 continuum. Specifically, this grant provides an opportunity for sequential, progressive learning experiences designed to provide students with foundational knowledge and skills.

The grant application was authored by Director of Curriculum and Instruction Tracy Wootton, with support from the Superintendent of Schools Scott Schoonmaker, Director of Personnel and Business Don Winnicki, Jerome Harrison Principal Dr. Carter Welch, and the Board of Education. Administration expects the Smart Start Preschool Program to begin serving approximately 15 pre-k students at Jerome Harrison School during the 2017-2018 school year.

More specific details regarding the program and the registration process will be provided through school and district communication.

WIT & WISDOM

Back in December 2005 I started my article by saying, 7 years ago I was "Born Again" no not a religious experience, but by a delicate, but, simple operation so hidden by the gastroenterologists that few are aware that such a procedure exists that can free them forever from the suffering of acid-reflux. You see I was born without an esophagial valve. The valve at the bottom of the esophagus, that keeps the gastric juice with it's preponderane of hydrochloric acid from being regurgitated into the esopgagus. The stomach is made to tolerate this potent brew needed to digest our food, but the esophagus is not.

Now wouldn't you think such a wonderful procedure would be a commonly resorted to operation for the most frequent of all ailments, heart burn, (acid reflux),but no, the gastroenterologists are still so worried your knowing of this will lose them a patient thousands of people are dying for their inhuman neglect of not making this procedure known to their patients. I base these conclusions on having questioned the nurses treating Marge. Most said, "Oh yes, I've heard of it, that's where they do something with your stomach". Only one nurse, a recent transplant from Rochester said, "Oh yes, I worked for doctors in Rochester and we were doing it regularly". She expressed surprise at my stating that a man I worked with died from esophageal cancer and the father of a close friend had starved to death from cancer destroying his esophagus. Still here it is virtually unknown.



It is now 19 years and I have still to have a single acid reflux experience. What I experienced prior to then and how close I came to planning my own demise and how close I came to fulfilling it you might find interesting. For the first 60 years of my life I suffered from heart burn. I assumed every one did, especially since it seemed everyone was taking an antacid and they were so extensively advertised. It wasn't until my daughter was 15 and asked me what heart burn was that I realized everyone didn't have heart burn since she didn't.

As many of you know I've been a proselytizer for Raw Milk my entire life and drank copious quantities every day. When I became 60 the milk I was drinking no longer seemed to affect the heart burn as effectively as previously and I too started to resort to antacids requiring ever stronger and heavier doses. Next we raised the head of our bed substantially to try to keep the food that was regurgitating into my lungs when I slept. It became so severe several nights a weeks I found myself sitting on the edge of the bed grasping for breath and wondering if this was "it". When able to breath, a dash to the kitchen and several tablespoons of baking soda in barely enough water to imbibe it was resorted to in hopes I could survive till morning.

In desperation I sought the help of a gastroenterologist and the relief was amazing. A prescription for Prilosec seemed the answer. In a day I was heartburn free. Life was so wonderful., but a couple of months since starting the Prilosec I developed Mucous Colitis so severe blood was running out of me. Another trip to the enterologist and I was on Prednosone. And this was the answer although a 104 temperature put me in the hospital and Benzil took care of that., but not for long. Suddenly I began coughing so violently and all day I took myself to Yale New Haven emergency room 4:00 one Sunday morning without telling Marge. They had the same report as all the others. It wasn't caused by the Prilosec or it would have started within a month, at the most, of when I started taking it.

Finally with Marge begging me to stop the Prilosec, but dreading the return of the heartburn I finally stopped the day after New Years. The coughing was over instantly, but the enterologist knew nothing, to give me for the heartburn. I was back to Ground Zero and knowing I couldn't go on living this way any longer I began planning how best to plan my demise as to most gently effect my family. There is much more to this tale and the anguish I went through to secure relief Bear with me for next time.

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Letters to the editor..

This paper encourages all readers to voice their opinions and comments. The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible. All letters must be signed. A telephone number should be included and no personal attacks. This paper reserves the right to edit all letters. All letters should be addressed to :

The Editor
PO. Box 313, Northford, CT 06472



BOMBS vs. BANS

Is it lawful and in the United State's interest to kill people in Muslim countries but unlawful and not in our interests to temporarily ban them until we know whether they want to kill us? To understand this question and why it might be valid, consider the following facts:

Per CNN Politics Live TV, Obama bombed Muslim countries throughout his presidency: Libya, Afghanistan, Pakistan, Yemen, Somalia, Iraq and Syria. He even bombed Syria and Libya the day before he left office and had a boots on-the-ground strike ready to attack in Yemen the day after. In 2016 alone Obama dropped over 26,000 bombs on these Islamic countries. Many of these killings were performed by US drones within CIA covert operations, thereby avoiding greater scrutiny, oversight and media coverage. In many cases these countries reported that innocent civilians had been killed.

The countries Obama bombed are almost identical to those Trump sought to temporarily ban – predominantly Muslim. In fact, the temporary ban covered the very same Muslim countries identified in the "Terrorist Travel Prevention Act," signed into law by Obama (restricting immigration of certain people who had been in these countries). The only geographic difference between Obama's bombs and Trump's bans was that Obama killed Libyans and Pakistanis, while Trump tried to ban Iranians but not Pakistanis.

In either case - bombs or bans - US action incentivizes the people in these countries. Stay and be bombed or flee and be fed, clothed, sheltered and do what you will elsewhere. Whether your motives are legitimate or sinister, when you get temporarily banned it's a bummer. The sinister or the innocent might even flee from the tumult - either from an oppressive regime or to safer haven - a trip just a bit less onerous than avoiding an AGM-114 Hellfire missile launched from a Predator Reaper drone.

These observations do not imply that Obama's bombings were righteous, necessary, illegitimate or unwarranted. In 20 years - when classified designations are removed - we might even know. (for a good movie on such issues see the movie "Eye in the Sky"). The point is that neither is necessarily in our interests or legal, it depends on the circumstances. But it certainly seems that – if Obama thought there were really bad people in those countries that needed killing – we sure have some good reasons to keep them away from us until we know who's who and what's what. So, if we think the Trump administration figured all this out before its cabinet was in place or his administration fully staffed, the temporary ban might have been a bit of an overreach. What do you think?

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"Kirt Westfall is a graduate of the University of Pennsylvania with a major in history and sociology of science, Attorney Westfall, along with his partner and wife, Theresa Behrens, have been North Branford residents since 1994. Attorney Westfall has argued cases before all levels of court, save the U.S. Supreme Court. His early experiences in Washington D.C., working for a Fortune 500 company and the federal government under the Regan administration, compel him to keep his law practice small, focused on solving his clients' problems rather than the those of a large organization. He and his wife appreciate the small town oasis that is North Branford and seek to offer their thoughts and insights into contemporary social issues."

Historical Society Continued

family business, Pepe's Pizzeria Napolitana. He went on to college but returned to doing what he loved, making pizza. As manager, he expanded the business to three states for a total of eight. Waterbury is opening soon. The sole purpose of the company is to grow and protect the legacy that Frank Pepe began in 1925. Gary travels to all the locations as Head of Quality Control navigating every aspect of the business. He has appeared on numerous TV and radio shows. He supports charitable events such as the Hartford Children's Medical Research Radiothon and the Susan G. Komen Race to the Cure. He is a regular speaker and a high profile personality throughout New Haven. Gary is proud of his city and is a tremendous supporter of Yale University and the promotion of travel and tourism for New Haven. He is a member of the Knights of Columbus and Elks Club.

Festivities, Cocktails & Social Hour at Noon.

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Town of North Branford, CT SUMMARY OF PROPOSED TOWN ORDINANCES

CHAPTER 40 FIRE DEPARTMENT (Three New Chapters: All New Language):

§ 40-9 OFFICE OF THE FIRE MARSHAL

The Town of North Branford will be holding a public hearing on Tuesday, March 7, 2017 at 7:30 pm. at Town Hall for the purpose of hearing comment on proposed language to allow the collection of fees by the Fire Marshall to include: Plan Review Fees, Permit Fees, and Inspection Fees.*

§ 40-10 FIRE INSURANCE RECOVERY

The Town of North Branford will be holding a public hearing on Tuesday, March 7, 2017 at 7:30 pm. at Town Hall for the purpose of hearing comment on proposed language to allow the collection of fees for specialized fire services covered under most vehicle and commercial insurance policies, and therefore eligible for payment by the insurance company.*

Example: Fire Suppression 1 (residential structure fire) \$500; Fire Suppression 2 (commercial structure fire or residential with extended on-scene times) \$1000

§ 40-11 KEY LOCK BOXES

The Town of North Branford will be holding a public hearing on Tuesday, March 7, 2017 at 7:30 pm. at Town Hall for the purpose of hearing comment on proposed language to require certain structures to have a key lock box installed on the exterior of the structure to aid the North Branford Fire Department in gaining access to the structure when responding to calls for emergency service. The key lock box system is being adopted nationally and will operate on a master key basis that will expedite emergency entry into a structure during non-occupied hours.*

*For a full description of the proposed ordinances please visit the town's website at www.townofnorthbranfordct.com. Click on "Latest News" or pick up a copy at the Town Hall or Smith & Atwater Libraries.

Notice of Continued Public Hearing

The North Branford Town Council will hold a Continued Public Hearing on Tuesday, March 7, 2017 at 7:30 p.m. in the North Branford Town Hall Council Chambers.

The original Public Hearing was held at the February 7, 2017 Town Council Meeting.

The purpose of the Continued Public Hearing will be to hear further comments on Proposed Ordinance #2017-1, which adds new language to Chapter 40 of the Code of North Branford, entitled "Fire Department" summarized below.

§40-9 Fire Marshal – adds plan review fees and permit fees for plan reviews and inspections done by the Office of the Fire Marshal
§40-10 Fire Insurance Recovery – adds fees for Fire Department responses including fires and accidents, such fees to be collected from insurance companies of residents and businesses
§40-11 Key Lock Boxes – set up key lock box system for certain structures to enable Fire Department to gain access when responding to an emergency

Public comments on this matter are welcome.

A copy of the proposed ordinance is on file in the Office of the Town Clerk, Atwater Memorial Library, Edward Smith Library and posted on the town's website.

Dated at North Branford, Connecticut this 23rd day of February, 2017.
Lisa A. Valenti, MMC
North Branford Town Clerk

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North Branford Fire Department

Safety In Public Places

Every day, millions of people wake up, go to work or school, and take part in social events. But every so often the unexpected happens: an earthquake, a fire, a chemical spill, an act of terrorism or some other disaster. Routines change drastically, and people are suddenly aware of how fragile their lives and routines can be. Each disaster can have lasting effects — people may be seriously injured or killed, and devastating and costly property damage can occur. People entering any public assembly building need to be prepared in case of an emergency.

Before You Enter

Take a good look around. Is the main entrance wide and do the doors open outward to allow easy exit? Is the outside area clear and unobstructed? Any outside exits blocked?

Plan a Meeting Place

If you had to get out in a hurry, have a place planned for you and your party to meet.

When You Enter

Locate exits immediately. When you enter a building, you should look for all available exits. Some exits may be in front and some in back of you. Be prepared to use the closest exit. You may not be able to use the exit that you entered.

Check for Clear Way Out

Make sure aisles are wide enough and not obstructed by chairs and furniture. Check to make sure your exit door is not blocked or locked. If there are not at least two exits or exit paths are blocked, report the violation to the management and leave the building if it is not immediately addressed.

Call the local fire marshal to register a complaint.

Do You Feel Safe

Does the building appear to be overcrowded? Are there fire sources such as candles burning, pyrotechnics or other open flame sources that make you feel unsafe? Are there safety systems in place such as sprinklers and smoke alarms? Ask the management about your concerns. If you do not feel safe, leave the building immediately.

During An Emergency

You need to react immediately. If an alarm sounds, you see smoke or fire, or some other unusual disturbance, immediately exit the building. Get out and stay out. Under no circumstances should you ever go back into a burning building.

Concerns or Questions

This month in 2003, a fire at The Station nightclub in Rode Island claimed 100 lives. Fire and building codes are in place to protect you.

Contact the local Fire Marshal if you have any questions or concerns. North Branford Fire Marshal can be reached @ 203-484-6016 or email deputyfiremarshal@townofnorthbranfordct.com.

NBFD has a limited supply of new battery operated Smoke and Carbon Monoxide detectors. If you don't have a working alarm, call or email us @ 203-484-6016 or deputyfiremarshal@townofnorthbranfordct.com



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2007 Honda Accord SDN 4 DR LX	\$5,995
2006 Honda Accord SDN EX-L AT	\$6,395
2005 Honda Accord SDN EX AT	\$6,995
2004 Lexus ES 330 4DR SDN	\$6,995
2005 Toyota Sienna 5DR XLE LTD FWD	\$7,495
2005 Honda Pilot EX-LAT	\$7,895
2010 Toyota Corolla 4DR SDN Auto LE	\$7,995
2007 Honda Element 4 WD 4DR	\$7,995
2007 Honda CR-V 4WD 4DR EX	\$8,395
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2007 Honda CRV EXL 123K	\$8,995
2007 Toyota Highlander 4x4	\$8,495
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2005 Lexus GX 470 4DR SUV 4WD	\$13,995
2010 LEXUS LS 460 4DR SDN AWD 78K	\$25,995

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Scholarship Applications are Available

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Our fund drive is also being run at this time. If anyone would like to make a donation or help raise monies for the students please call me at Lars Selander at 203 483-1311.

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A TRADITIONAL BARBERSHOP WALK-INS- ONLY

NORTH BRANFORD INTERMEDIATE SCHOOL PERIOD II HONORS

Grade 8 High Honors

Anastasio, Sophia
Burwell, Mackenzie
Colavolpe, Bella
Corniello, Julianna
Criscuolo, Charliana
D'Albero, Elisabeth
Didiano, Roberto
Dow, Catherine
Fortier, Isabelle
Frandsen, Justin
Garrett, Jillian
Geist, Griffin
Gibilisco, Gabrielle
Gott, Onna
Iuteri, Brianna
Kamienski, Taylor
Kendall, Riley
Kendrick, Alyssa
Leete, Conor
Manner, Kaila
Melillo, Landon
O'Neil, Kylie
Olson, Emily
Ouellet, Sophia
Pesticci, Gabriella
Piercey, Erica
Prato, Lia
Raymond, Ava
Razouki, Yousif
Reyes, Matthew
Rice, Dalton
Riggione, Christina
Sabetta, Ethan
Sarenas, Elizabeth
Sellitto, Andrew
Serenson, Emma
Shadman, Caroline
Sorrell, Alexis
Stankiewicz, Aiden
Stoner, Aidan
Sweeney, Shane
Vecchio, Krista Rose

Grade 7 High Honors

Alaska, Jennifer
Anderson, Ryan
Barbarotta, Tate
Berrios, Brianni
Brunschwig, Kaitlyn
Brustman, Nolan
Bunosso, Isabella
Burke, Saoirse
Caso, Maissa
Cavalier, Christopher

Chittenden, Zachary
Chopus, Jake Cronan,
Tyler
Danner, Jacob
DePino, Gianna
Gomez, Nichole
Hills, Isabella
Izzo, Luke
LeBeau, Braeden
Leete, Regan
Levine, Taylor
Marcarelli, Lexi
Marra, Grace
Melillo, Kate
Montanaro, Madison
Montanaro, Meghan
Mullins, Robert
Norman, Delaney
Nuzzo, Ryan
Parente, Carley
Patel, Dhruvi
Pearson, Blake
Pearson, Elena
Pfeiffer, Olivia
Pietrandrea, Lauren
Pinto, Gabriella
Rivera, Sheyenne
Rossicone, Paige
Saldutti, Jake
Scalia, Dominic
Senerchia, Hanna
Stone, Makenna
Toto, Olivia
Vollono, Abigayle
Yarnall, Paige

Grade 6 High Honors

Barone, Gabriella
Beardsley, Alyssa
Betzner, Bridget
Bogardus, Grant
Brindisi, Dradon
Bureau, Shelby
Candelora, Ava
Capasso, Chelsey
Carroll, Spencer
Chasanoff, Ryan
Cotton, Alexa
Cucchiarelli, Patrick
D'Amico, Cecelia
Defaranos, Elias
Dolzani, Robert
Dow, Gavin
Falcioni, Nico
Farrell, Ally

Gambardella, Ava
Gambardella, Sophie
Garrett, Cameron
Gassira, Gianna
Girardi, Drew
Goodmaster, Isabella
Green, Shannon
Heffernan, Carolyn
Hortillo, Felicia
Huisman, Alexander
Izzo, Eric
Johnson, Alec
Johnson, Charles
Juniver, Tessa Ann
Katz, Avery
Krista, Cassidy
Krupp, Collin
Kuczynski, Joshua
Kunz, Kilee
Manning, Ashley
McIntyre, Cameron
Olson, Jonathan
Onofrio, John Paul
Park, Mia Lucy
Provencher, Mason
Rojas-Ojeda, Luisa
Russo, Bernard
Schmidt, Gabriella
Serenson, Tyler
Shadman, Alexander
Sim, Paulyanna
Sorrell, Jaiden
Sorrentino, Marco
Stegina, Benjamin
Teodoro, Alexa
Vincent, Vada
Wein, Jaidyn Ann

Grade 8 Honors

Adams, Karma
Amendola, Ashlee
Armin, Jessica
Banks, Andrew
Beardsley, Bryce
Becker, Nadia
Betzner, Alexis
Carr, Wyatt
Covel, Erik
Coyne, Connor
D'Aversa, Shawn
DellaCamera, Sophia
DeLoughery, Mia
DeWitt, Daisy Ann
Fabish, Paige
Fowler, Samantha

Graichen, Noah
Grant, Liam
Holzer, Trevor
Hughes, Zoe
Humphrey, Madelyn
Jacobson, Kelli
Jassil, Karina
LeMere, Alex
Maroulis, Vasilios
Martone, Matteo
Melillo, Brooke
Miconi, Jada Rose
Nuterangelo, Dominic
Nuzzo, Amanda
Sullivan, Leigha
Tranquilli, Nicholas
Valentino, Alessia
Wessoleck, Shelden
Williams, Alexis
Yang, Justin

Grade 7 Honors

Ackerman, Lauren
Camejo, Genesis
Cassista, Tara

Christiano, Jonathan
Cosenza, Mitchell
Ford, Zechariah
Green, Julie
Iuteri, Mila
Jarmie, Aubrey
Manganiello, Thomas
Monde, Ryan
Oliverio, Mia
Reynolds, Benjamin
Ricardo, Marissa
Rossicone, Jalen
Sorensen, Julia
Spinelli, Francesco
Vaspasiano, Ryan
Virginelli, Michael
Waldron, Cailey

Grade 6 Honors

Altermatt, Dylan
Amendola, Andrew
Beecher, Nicholas
Carbone, Carmela
Castellano, Richard
Collins, Jason

D'Onofrio, David
DeAngelis, Carmine
DeSisto, Nicolas
Esposito, Alexander
Evans, Zackery
Gallipoli, McKenna
Geist, Aidan
Hannan, Sean
Ianniello, Alexandra
Kennedy-Fujah, Dylan
Lacroix, Molly Jane
Langello, Dominick
Meehan, Jack
Powell, Carly
Ramos, Teaghan
Raymond, Maiah
Riordan, Mea Carol
Rojas, Cristian
Sabine, Daniel Glenn
Seward, William
Taylor, Benjamin
Tranquilli, Nathan
Trudeau, Emma Rose
Wessoleck, Christin

Vivian Wang Takes Third in Science Fair

North Branford resident Vivian Wang took third place at the Sacred Heart Academy Science Fair. Vivian is pictured above (front row left) with the other winners.



THEY MAKE US PROUD

Stephnie Barthel was named to the President's List at Goodwin College in East Hartford.

Lauren Madoule and Jacob Dubos were named to the Honors List at Husson University in Bangor, ME

Chris DePino earned Hgh Honors at Vinal Tech High School.

Sarah Calamita was named to the Dean's List at Loyola University in Maryland.

Support North Branford High School Project Graduation 2017

Military Whist Card Party

No experience necessary to play, instructions will be given.

Friday, March 10, 2017

St. Augustine Lower Church Hall

30 Caputo Rd. North Branford

Doors open at 6:15pm, Card Party starts at 7:00pm

Dessert, Coffee/Tea

Limited Seating Available

Get your tickets now!

Tickets are \$10. per person

To purchase tickets call the Parish office at 203-484-0403

or stop by Mon, Wed, Thursday or Friday 9am - 1pm

or Tuesday 9am - 6pm.

***This event will benefit the NBHS project graduation,
a substance-free safe event
for the seniors on graduation night!***



Wee Care of North Branford, Inc.

Daycare and Preschool

At Wee Care of North Branford, Inc. all day preschool is available for children ages 3-6 from 7 a.m. - 6 p.m. Monday through Friday. Some of the highlights of the program are:

- Two licensed Preschool Teachers
- Curriculum and disciplinary procedures aligned with local kindergarten classes
- Teacher directed learning centers
- Morning lessons reinforced by afternoon activities
- Extracurricular activities at no extra cost including Yoga, Music, Library visits, and Science classes

Openings currently available.

1680 Foxon Road (Rt. 80)
North Branford, CT
203-481-3909

www.weecarenb.com



Football Team puts 3 on All Pequot Team



On January 19th, the All Pequot football banquet was held at the Aquaturf. Recognized for All Pequot were Dylan Blake at H Back/Tight End, Justin Augur at Offensive Tackle and Matt Sibley at Linebacker.

Safe Boating Course

New Haven Sail and Power Squadron's Safe Boating Class starts at 6:30 p.m., Tues., Mar. 7, for five weeks, at the Bradford Manor Firehouse, 85 George St., East Haven. In addition to basic boating, it will also include personal watercraft operation. Successful completion of the course satisfies Connecticut's state licensing requirements.

All students must go to the Conn. Department of Energy and Environmental Protection website and Online Sportsmen Licensing to obtain their free Connecticut Conservation ID number in advance of the class.

Go to: <https://www.ct.wildlifelicense.com/internet-sales> and go to the bottom of the page and hit "start".

All students must have their ID number at the start of class on Mar. 7. Class costs \$65.00 per person. Contact D/C Art Andrea at (203) 641-0954.

Socialization, Sports and the Third Dimension

Our NBHS sports most often excel when participation levels are high. But in recent years participation levels have dropped. Where we once had track rosters of more than 50, we now have as few as 15. In football, the senior class used to average about 20, but next year there may be as few as 4. What's happened? (maybe its me?) Most telling in diagnosing the decline is the fact that it is not limited to NBHS. Coaches in CT uniformly concur; there has been a decline in participation as well as athleticism.

As with education, athleticism and the desire to play, interact and engage in organized sports may begin at home. But, from what I've seen, NB parents are among the best at getting their kids to engage, participate and frolic through three-dimensional space at an early age.

Is it possible that the socialization, gaming and life skills previously learned in three-dimensional space have been replaced by the two-dimensional world of cyberspace? I'm amazed at the inordinate amount of time we spend on these devices. Could the use of computers and smart phones be responsible?

Early, frequent and constant activities in the three dimensional world make the laws of physics and gravity familiar and comfortable. Likewise, activities constantly channeled into a two-dimensional world make the world of cyberspace familiar and comfortable. Could the less arduous, more sedentary and passive render the physical rigors of three-dimensional competition superfluous, unnecessary and just too much trouble? I read recently that 90% of would-be guitarists now quit within a year, the effort needed to render a single musical-sounding song is too much; they can now compose music by downloading an app on their smartphone. The instant gratification of the cyber world is like candy to both id and ego.

We've recently witnessed several starting varsity football players quit with explanations like schoolwork, jobs and apathy. Yet, after they quit, for the most part, while the team prepared and practiced, we saw them linger for hours each day after school - tuned out, headphones on, glued to their smart phones, texting, gaming and on social media.

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Connecticut Sportsplex®

BASEBALL CLINICS

\$100 per four week session in March
Beginner through Advanced
Rookie/Advanced Rookies - Sat. 3pm

Fielding Sat. 3pm
Hitting - Sun 1pm
Pitching Sat. 2pm

ALL NEW LASER TAG

BOOK YOUR BIRTHDAY PARTIES TODAY

Call 484-4383 or visit www.ctsportsplex.com
FOR MORE INFORMATION



SENIOR PRIDE

The eleven seniors above were recognized at the final North Branford High School hockey home game. The group has helped to lead the T-Birds into the State Tournament.

(The photo was provided by an account on Facebook)

UNDER NEW OWNERSHIP!

Is your car ready for Old Man Winter?

Iced windshields. Cold starts. Slick roads. Make sure your vehicle is prepared with our \$39.95 Winter Readiness maintenance package: oil change, tire rotation, fluid and wiper blade check, brake inspection and 20 other safety checks. Call today for an appointment.

10% OFF
ON ALL
WINTER
READINESS
PARTS

"Your Local Garage"



HOMETOWN AUTO



2049 Foxon Road (Rte 80) PHONE: (203) 208-3140 Open Mon - Fri 8AM - 5PM, Sat 8AM - 1PM

facebook.com/YourLocalGarage

Human Milk Drive



On February 14th Acelleron Medical Products in Guilford hosted a Human Milk Drive. Donors and recipients came together to celebrate the lifesaving benefits of donor milk! Are you a mom that is interested in donating breast milk? Contact Jan at Acelleron, 203-804-5974 or jferraro@acelleron.com, it's easy, free and can save a baby's life!

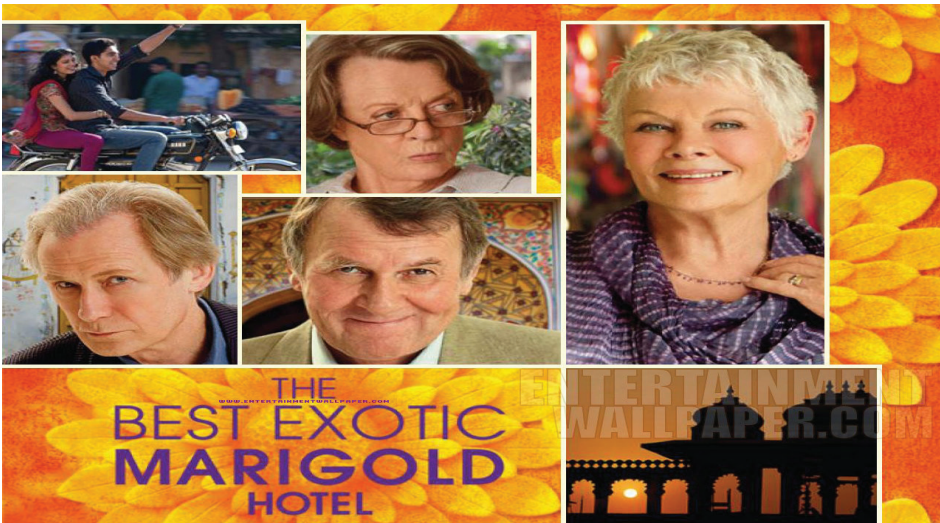
No better a pair! A super donor and a mom with a little girl who experienced the benefits of donor milk. Pictured from l-r: Luke, Jacqui and Dylan Penda, Jan Ferraro (Acelleron) Reese and Faye Klein

Movie Matinee

Schafer Community Room- Smith Library

Wed. March 29 at 1pm

Refreshments will be provided



Story Telling with Tommy Canning

Come to the ATWATER LIBRARY in North Branford to enjoy a two-part reading and discussion of the exciting story ISLAND OF THE JUNGLE KIDS, written and read by local author Tommy Canning.

Tommy is a 22 year old aspiring author who is a high functioning, brilliant soul with ASD (Autism Spectrum Disorder). He specializes in high adventure children's stories that promote loving animals, nature and the environment.

This is an interactive program that encourages the audience's creative feedback and opinions. Family program for ages 7 and up. Highly recommended for all future authors!

Part 1 – Saturday, March 11 @ 11:30am

Part 2 – Saturday, March 18 @ 11:30am

Space limited. Call or stop in to register ~ 203-315-6020



Aquarion Announces 2017 Awards for Environmental Excellence

The Aquarion Water Company is again seeking to recognize adults, students, small and large businesses, and non-profits whose volunteer efforts have protected or improved Connecticut's natural resources – its air, water, soils or plant and wildlife communities.

For the seventh year, the company will select winners of its Aquarion Environmental Champion Awards in five categories: Adult, Youth, Small Business, Large Business and Non-Profit Organization.

Awards will include a \$1,000 award for the student winner and \$2,500 contributions to environmental non-profit organizations selected by the other category winners. Aquarion will honor winners on June 3, 2017 at a special event to be held at Connecticut's Beardsley Zoo in Bridgeport.

The deadline for nominations is May 1, 2017. Self-nominations and re-nominations are welcome. More information is available at www.aquarionwater.com and www.facebook.com/aquarionwater.

DOES GOD EXIST?

YES

NO

PROBABLY

Asking questions? Looking for answers?

The Alpha course is an opportunity for anyone to explore the Christian faith in a relaxed manner over ten, thought provoking weekly sessions.

It's low key, non-judgmental, friendly, fun and there is no cost. It's supported by all the main Christian denominations. Over 11 million people worldwide have already found it to be a worthwhile experience.

Come for dinner and a short film followed by a small group discussion. Tuesday evenings, beginning March 21st.

Spaces limited, reserve your seat today, call 203-484-0403 ext. 305

EXPLORE THE MEANING OF LIFE

NBCatholics.org



North Branford Parks & Recreation and Senior Center

1332 Middletown Avenue, Northford
203-484-6017. www.nbparkrec.com

Activities

Jazz & Hip Hop

Who: Grades K-4
Session: March 15 – May 3
Location: STW Community Center
Time: Wednesday, 4:15-5:00 p.m.
Fee: \$40 res/\$45 nr

Description: *This fun style of dance incorporates upbeat music while learning the style of the dance. We will learn different dance combinations, work on flexibility, and some beginner breakdance steps. Wear comfortable clothing, appropriate shoes (sneakers are okay) and bring water.*

Archery

Who: Grades 4-8
Session: March 8 – April 12
Location: STW Community Center
Time: Wednesday, 5:30-6:30 p.m.
Fee: \$45 res/\$50 nr
6:30-7:30 p.m.(advanced)

Description: *Learn Basic skills using the classic recurve bow. Practice great shooting habits and learn to put your arrow in the bullseye every time, all in a safe and supportive environment.*

Ballet n' Rhythm

Who: Ages 2-4
Session: March 8 –April 26
Location: STW Community Center
Time: Wednesday, 9:15-10:00 a.m.
Fee: \$45 res/\$50 nr

Description: *Introduce your toddler to the basics of dance through pre-ballet, rhythm exercises, and creative movement. This class will incorporate music, movement, imagery, and props to develop motor skills and imagination. Dance clothing and ballet shoes are required.*

Safe Boating/Personal Watercraft Class

Who: Ages 12+
Session: April 11, 13, and 18
Location: STW Community Center
Time: Tu, Th, Tu 6:00-9:00
Fee: \$20

Description: *A complete, basic, safe boating certification course taught in three evenings. With successful completion of this basic safe boating class students will be able to obtain a Connecticut Certificate of Personal Watercraft Operation, enabling them to operate recreational vessels up to 65 feet in length, including Jet Skis. State-certified instructors go over topics such as: choosing the right boat, equipment requirements, state boating laws, safety regulations, navigation rules, buoy systems, trailering, safe fueling, weather, accident prevention, special topics and much more. All students receive an official diploma and state certificate application upon successful completion of the course. Students must obtain a CT Conservation # before attending. See ct.gov/deep.*

Bus Trips

Wednesday, April 12th Charlie and the Chocolate Factory

Description: STEP INSIDE A WORLD OF PURE IMAGINATION! Roald Dahl's most treasured tale is coming to Broadway in a delicious new musical. Show is at 2:00p.m. Enjoy a wonderful day in the city during April Break

Fee: \$135 res/\$140 nr (\$45/\$50 for JUST the bus, NYC on your own)

Seats: Orchestra

Wednesday, April 12th Beautiful: The Carol King Musical

Description: "Timeless" and one of the "Best musicals on Broadway," this Grammy Award winning show is sure to please. RT motor coach transportation and 2:00 p.m. show time.

Fee: \$135 res/\$140 nr (\$45/\$50 for JUST the bus, NYC on your own)

STW DiLungo Fitness Center North Branford's Best Kept Secret!

Stop and check us out
No enrollment fee,
no tax and 3 day trial pass

*We're proud to announce that
we are now offering*

OPEN GYM

for multiple activities at the STW Community Center!

Pickleball: Mondays and Thursdays 6:00 – 8:00 p.m.
Basketball: Fridays 4:30 – 8:00 p.m.
Table Tennis: Fridays 4:30 – 8:00 p.m.
(please bring own equipment)

North Branford Senior Center

8:30 a.m.- 4:30 p.m.

* Senior Hot Lunch available –

Check out the menu at nbparkrec.com

Monday – Friday, 12:00 p.m. \$3

*Now offering a different hot soup weekly

*As a reminder, we offer weekly grocery shopping trips every Tuesday at 12:30. Come by or call the Senior Center to register.

Cooking with Sarah, Wednesday, March 8, 15 & 22, 1:00

Come join Sarah Vacher, Shoprite dietitian, for 3 FREE workshops. Topics covered include nutritional cooking demonstrations and healthy eating. Please sign up in advance.

Trader Joes/Lunch Stop - Monday, March 13, 10:30 FREE

Come browse some super deals at Trader Joes. We will enjoy lunch together after we shop.

Walmart– Friday, March 17, 12:30 FREE

We will head out to the Guilford Walmart after lunch.

Mohegan Sun - Monday, March 20, 8:30 \$15.00

We will travel on the senior van to the casino for a fun day of gambling, shopping and eating with friends. \$15 free bet, \$15 food voucher included.

Fired Up! - Thursday, March 23, 10:30 \$15.00

Fired Up! of Branford is bringing the fun of painting ceramics here to the Senior Center. At least two different items to choose from. Be creative and have fun with friends. Seating limited.

Please sign up for activities in advance.

Guarantee your spot for enjoyment

North Branford Potato and Corn Festival

August 4, 5, and 6, 2017
CALLING ALL VENDORS

Applications are now being accepted for vendor space at the 2017 Potato and Corn Festival.

Spaces are available for crafts, businesses, non-profit and food vendors.

Come sell your unique product with excellent results

Gain exposure to over 25,000 visitors

Reasonable application fees

For more information call 203-484-6017 or

email crafts@nbpotatofest.com

**Applications are available online at nbpotatofest.com
When considering applying as a vendor, remember spaces are limited.**

We Look Forward to Seeing you at the Festival!

CHURCH DIRECTORY

Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning : 9:15 - 10:30 Worship & Lord's Supper, 11:00 -12:15 Ministering of God's Word & Sunday School. Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. www.branfordbiblechapel.org

North Branford Congregational Church, UCC. 1680 Foxon Rd., North Branford, CT, 203-488-8456 or nobfdcong@sbcglobal.net or www.northbranfordcongregational.org. Office Hours: Wednesday through Friday, 9:00 - 1:00pm. We worship every Sunday at 10:00am. Nursery care available. Get to know us by joining us for Coffee Hour following Services. The second Sunday of every month is Family Sunday when the children remain with their parents during the Service. This is followed by our second Sunday Brunch. Holy Communion is on the first Sunday of every month. Church School through grade 8 meets during worship. All are welcome no matter who you are, no matter where you are on life's journey, you are welcome here.

Northford Congregational Church, United Church of Christ. Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916. email: ncchurch@snet.net. Rev. Robin Blundon, Interim Pastor. Jane K. Leschuk Minister of Music. Worship service and Sunday School, 10:00AM (9:00 Summer). Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Office hours, Monday an Wednesday 10am - 1pm. Like us on Facebook. Our website is www.northfordcongregation-alchurch.com

St. Andrew's Episcopal Church, Middletown Ave. (Rte 22 & 17) Northford. 203-484-0895. or <http://standrewsnorthford.org> We are a member of the Middlesex Area Cluster Ministry. The Reverend Jim Bradley, Interim Missioner in charge of MACM, 203-525-6846. The Cluster office is 860-345-0058. Sunday morning Eucharist is 10:00am. We have a rotating clergy during the academic year. Join us for coffee and fellowship following service. All are welcome. Like us on Facebook: <https://www.facebook.com/standrewsnorthford>,

St. Ambrose Parish is a Roman Catholic Parish in the Archdiocese of Hartford comprised of two church locations; St. Augustine Church located at 30 Caputo Rd in North Branford and St. Monica Church located at 1321 Middletown Ave. in Northford. The Pastor is Reverend Robert Turner. Weekday Masses are celebrated on Monday and Wednesday at 9am at St. Augustine Church and on Tuesday and Fridays at 9am at St. Monica Church. Weekend Masses are celebrated on Saturday at 4pm at St. Augustine Church and 5:30pm at St. Monica Church and on Sunday at 9am at St. Monica Church and 11am at St. Augustine Church. The Sacrament of Reconciliation is celebrated every Saturday afternoon from 3:00 to 3:30 at St. Augustine Church or by appointment by calling the parish office at 203-484-0403. If you are new to the area and are looking for a parish family to join, please visit us! The office is open M-F from 9am-1pm at 30 Caputo Road in North Branford.

Zion Episcopal Church. 326 Notch Hill Road, No. Branford. 203-488-7395 Rev. Lucy LaRocca, Vicar. Sunday Holy Eucharist services 8 & 10AM ealing Prayer and Compline 7PM, second Tuesday of the month. Two babysitters available downstairs during the service. Coffee hour after the service. Visit our Facebook page or website at zionaepiscopalchurch.com.

NORTH BRANFORD CONGREGATIONAL CHURCH SPECIAL SERVICES DURING LENT AND EASTER

. Come and worship at 1680 Foxon Road (Rte 80), North Branford, CT. Taize Services will continue throughout Lent on each Wednesday @7pm. (March 8, 15, 22,29, and April 5 – Taize dates).

April 9, 2017@ 10am - Palm Sunday Service - Join in the hallelujahs and waving of the palms.

April 13,2017 - Maundy Thursday@ 7pm - Recount Jesus' Journey to providing human kind with salvation.

April 14, 2017 @ 12 noon - Good Friday - An opportunity to walk with Jesus to the cross.

April 16, 2017 @6:00am - Easter Sunrise Service @ Lake Gallard - Celebrate the Resurrection as the sun rises. Coffee hour at NBCC after the service.

April 16, 2017 @ 10am - Easter Sunday Service - A celebration of new life through Jesus, Our Savior.

Lenten Schedule

St. Ambrose Parish
203-484-0403

St. Augustine Church, 30 Caputo Rd., North Branford
St. Monica Church, 1321 Middletown Ave., Northford

Daily Mass: Mon. and Wed. 9am at St. Augustine Chapel,
Tues., Fri. and Sat. 9am at St. Monica Church

Ash Wednesday Mass: March 1st, 9am at St. Augustine
And 6pm at St. Monica Church

Sacrament of Reconciliation:
Mondays during Lent from 6 -7pm at both church locations

Stations of the Cross: Fri. evenings at 6pm on March 3, 10,
17, 24 & 31 at St. Monica. 'Living' Stations of the Cross on
Fri. April 7th at 7pm at St. Augustine.

Adoration: Mar. 3 and Apr. 7 from 6am-1pm at
St. Augustine in the Chapel.

Lenten Mission- with Fr. Jordan Lengahan, O.P., Mon.
evenings Mar. 6, 13 & 20th, 7pm, St. Monica Church Hall.

Death Notice



Marie Rose Costanzo Pepe, 87, of Northford passed away peacefully on Sunday, February 19, 2017 at Yale New Haven Hospital with her family by her side. She was the beloved wife of over 60 years to Louis M. Pepe. Marie was born in New Haven on May 28, 1929; daughter of the late Anthony and Anna Christiano Costanzo; was a graduate of Albertus Magnus College where she obtained her Bachelor's degree; obtained her Master's degree in nursing from Yale School of Nursing; was a Registered Nurse working at Yale-New Haven Hospital. Her family was her life and her legacy; she enjoyed her grandchildren and grand dogs whom she loved unconditionally. Mother of Mark Pepe (Joyce), Christopher Pepe (Penelope) and Marjorie Pepe. Grandmother of Emily Pepe, Christopher (C.J.) Pepe II, Alexander Pepe (Ashley) and Gina Pepe. Sister of Brenda Costanzo. Also survived by her grand dogs, Tessa, Cinnamon and Rosie.

Should friends desire, memorial contributions may be made to the Vitas Healthcare (Hospice), 199 Park Road Ext. Suite 102 Middlebury, CT 06762. www.northhavenfuneral.com

Corned Beef Cabbage Fundraiser Dinner

Help raise funds for Northford Congregational Church's Bell Tower Fund. Dinner at 5 p.m., Sat., Mar. 11 (snow date Mar. 12), limited to 50 people in the church's social hall, 4 Old Post Rd., corner of Rt. 22 and 17 in Northford village in North Branford. Take-out dinners available if ordered in advance.

Reservation/advance payment deadline: Mar. 4. Adults: \$18; children under 12: \$12. Reservations/questions, call 203-234-7794 or 203-484-0794. Make checks payable to Northford Congregational Church, send to Peter Jenkin, 32 Fieldstone Ct., North Haven CT 06473-2892. All meals must be paid for in advance.

Chicken Pie Supper at NBCC

North Branford Congregational Church

Saturday March 25, 2017 at 6 P.M.

Tickets are \$15.00

Children under 5 are free and there will be a children's menu.

For tickets please call Carol Sabia @ 203 488 5746

The menu is -

Chicken Pie, potatoes, vegetables, coffee and dessert. Please join us!

Bingo at the Guilford K of C

Guilford Knights of Columbus Council 3928 is a nonprofit Bingo Every Monday night. \$5.00 dinner at 5:30 to 7pm. Games start at 7pm. Games include 50/50, winner take all and progressive games. All welcome to a friendly game at 390 South Union street Guilford 06437. Contact Ken at 203 621-4673 or Carl at 203-453-3330 for additional information

8th Annual

St. Patrick's Parish Neighborhood Reunion

Communion Breakfast

Sunday Morning - March 12, 2017

St. Bernadette Church Hall

385 Townsend Ave., New Haven

Mass at 8AM

Buffet style Breakfast to follow

Egg, Sausage, Bacon, Muffins, Coffee, Tea & OJ

Catered by Scarpellino's Restaurant

\$10.00 per person

for Tickets call, John Ragozzino at 203-815-4480

or Anthony Mastriano at 203-239-0025

Send Church Schedules to
Totokettimes@comcast.net

COMPUTER REPAIRS

Greg Tech Computer Services. Certified technician. On site support for PCs & Macs. Repairs, virus removals, wireless & network setups. Software installations, computer training, upgrades, hardware and printer repairs. Call 203-671-7525 or e-mail gregsilvestro39@gmail.com

ELECTRICIANS

TJC Electrical Services - No Job too small or big. Service upgrade & Generator Specials. Call Tom Cassella at 203-619-2823. Licensed & Insured.

PLUMBING

John DiMaggio Plumbing - Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured. Call 203 - 627 - 6826 or 203-484-4822. References available.
I'M BACK!!! Mike Lucibello Plumbing. No job too small. For fast reliable service call 203-469-7458.

SERVICES

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NARFE Monthly Meeting

The National Active and Retired Federal Employees Association monthly meeting will be held Monday, March 6, 1:pm, at the North Haven Congregational Church, 28 Church Street. All active and retired federal workers are invited to attend.
 The guest speaker will be Ellen McNally, ReStore, Habitat for Humanity, Volunteer Coordinator.
 NARFE is dedicated to protecting and preserving the earned benefits of federal workers and retirees. Info: www.narfe.org.

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Colin's Crew Hosts Fourth Annual Night of Hope Benefiting Children with Cancer

Colin's Crew, a local nonprofit organization devoted to providing support to families with children battling cancer, is hosting its fourth annual Night of Hope to raise funds for its charitable programs and celebrate the courage of children battling cancer. The event will be held on Saturday, April 1, 2017 from 6-10 p.m. at the Ill Monticello's located at 577 South Broad Street in Meriden, Conn. The cost of admission is \$60 per person or \$500 for a table of 10.

Night of Hope will include a cocktail fare with beer, wine, a signature cocktail, entertainment and a silent auction. Connell McShane, news anchor for *Imus in the Morning Show* and *Fox Business* anchor will be the emcee for the event. A special live auction with Chaz and AJ from WPLR radio as the auctioneers, will feature "hero" artwork from children at local treatment centers.

All proceeds from the event will benefit three Colin's Crew programs:
Meals4Kids joins Colin's Crew with local restaurants to deliver meals to the in-patient oncology children and their families during their hospital stay. Last year, Colin's Crew made 16 meal deliveries, serving more than 300 families.

Snacks4Kids collects and prepares snack bags for children to enjoy during their in-patient or outpatient treatments. In 2016, Colin's Crew delivered more than 1,000 snack bags.

Fun4Kids provides activities for families to enjoy in a group setting since children battling cancer often have compromised immune systems, which prohibit them from participating in open and populated events. Activities include **Films4Kids** and **Games4Kids** where Colin's Crew makes these events possible by providing safe and clean environments.

"The dedication of local charities like Colin's Crew are vital to our community and to helping families during tough times," said Connell McShane, News Anchor for *Imus in the Morning Show* and *Fox Business* Anchor. "Being emcee for the Night of Hope gives me the opportunity to provide my support as well."

Tickets are on sale and can be purchased online at www.colins-crew.org or by mailing your payment to P.O. Box 4097, Wallingford, Conn. 06492. Members of the press are invited to attend.

Colin's Crew is a local 501(c)3 organization focused on bringing moments of comfort and joy to families affected by childhood cancer. Colin's Crew was originally inspired by Colin Westbrook who was diagnosed with Acute Lymphoblastic Leukemia (ALL) in October 2009, just days after his second birthday. Today he is our biggest advocate. To learn more about Colin's Crew visit www.colins-crew.org or on Facebook.



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VNA Programs in Town

Tai Chi for Arthritis* Join VNA Community Healthcare on Mondays, March 27th – June 12th from 2:00 p.m. – 3:00 p.m. at the Stanley T. Williams Community Senior Center, 1332 Middletown Ave., for this gentle exercise class that is designed to increase balance and stability, help you stay on your feet, and manage your arthritis. This program costs \$17, funded by a grant from the CT Collaboration for Fall Prevention at Yale University School of Medicine through the CT Department of Aging. Please call the Stanley T. Williams Community Senior Center to register: 203.484.6017. For more information about all of VNA Community Healthcare's wellness programs, visit www.ConnecticutHomecare.org or call 1.866.474.5230 (toll-free).

Sitercise Tai Chi Combo Class. Join VNA Community Healthcare on Mondays, March 27th – June 12th from 12:45 p.m. – 1:45 p.m. at the Stanley T. Williams Community Senior Center, 1332 Middletown Ave., to increase muscle strength and improve flexibility and balance to prevent falls. All exercises are done in a chair and progress to standing. This program costs \$17, funded by a grant from the CT Collaboration for Fall Prevention at Yale University School of Medicine through the CT Department of Aging. Please call the Stanley T. Williams Community Center to register: 203.484.6017. For more information about all of VNA Community Healthcare's wellness programs, visit www.ConnecticutHomecare.org or call 1.866.474.5230 (toll-free).

Taxes, Savings, and Planning for Your Future

Join VNA Community Healthcare and Attorney Joseph Fournier on Tuesday, April 4 from 5:30 – 7:00 p.m. at the Stanley T. Williams Community Senior Center, 1332 Middletown Ave. for an informative program focusing on helping you get your affairs in order to support the people and causes you care about. Attorney Fournier will discuss how you can provide for your family, save on taxes and create charitable bequests. For more information about all of VNA Community Healthcare's wellness programs, visit www.ConnecticutHomecare.org or call 1.866.474.5230 (toll-free).

Don't Forget: Memory Matters

Join VNA Community Healthcare on Wednesday, April 5th from 1:30 p.m. – 2:30 p.m. at Evergreen Woods, 88 Notch Hill Rd., to learn about the importance of exercising your brain and how to maintain brain function. Program is free and registration is not required. For more information about all of VNA Community Healthcare's wellness programs, visit www.ConnecticutHomecare.org or call 1.866.474.5230 (toll-free).

Comfort in Motion: A Bereavement Support Group

Every 1st & 3rd Thursdays of the month, from 10:00 a.m. – 11:00 a.m. at Evergreen Woods, 88 Notch Hill Rd., VNA Community Healthcare hosts Comfort in Motion: A Bereavement Support Group. Join us to walk and talk (or just be) with others on a similar journey. All speeds welcome. Program is free and registration is not required. For more information about all of VNA Community Healthcare's wellness programs, visit www.ConnecticutHomecare.org or call 1.866.474.5230 (toll-free).

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