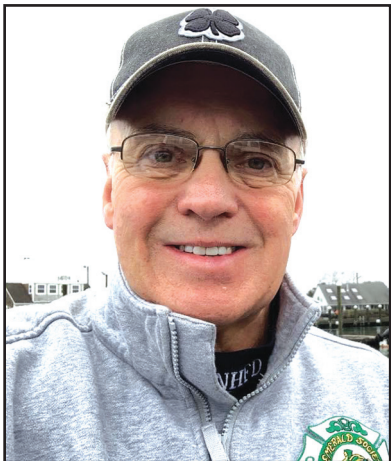


Fire Chief Announces Retirement on Facebook



To all those
I call friends,
as of this date
(01/01/2022) I
have retired as
the Fire Chief
in the town of
North Branford.

Since taking this part time position back in 2005, I have had the distinct y local, state and ated that coopera- communications urban community.

As a progressive fire and EMS service, we have made many positive changes and improvements in service delivery that are transparent to most. Working along side dedicated members of the

department has been very rewarding and made my job easier. At some point in the near future there will be a new fire chief. Their job will be challenged by limited financial resources, the need to replace an aging fleet of apparatus, implementing a new communications system and carrying out an aggressive recruitment and retention program.

Not only is the fire chief responsible for the daily management and administration of the organization but they must ensure that “everyone goes home” following each response. That being said, the health, safety and welfare of every volunteer must be a priority. This is not a job one can manage effectively working 19 hours a week.

Some may ask what lies in my future. I guess I can say, enjoying life and my family, continuing to officiate the great sport of ice hockey and working as a part time instructor at the CT Fire Academy (where I have worked for nearly 25+ years). Working in the fire service is not a job - it's been a calling and profession that I have enjoyed

immensely.

In closing I'd like to leave you with this prayer.

*When I am called to duty, God, whenever
flames may rage; Give me the strength to save
some life, whatever be its age.*

Help me embrace a little child before it's too late

Or save an older person from the horror of that fate.

Enable me to be alert and hear the weakest shout,

*And quickly and efficiently to put the fire out.
I want to fill my calling to give the best in me,
To guard my every neighbor and protect their
property.*

*And if, according to my fate, I am to lose my
life;*

Please bless with your protecting hand my children and my wife.

WILLIAM SEWARD

Education Foundation Sponsoring Super Bowl Fundraiser

The North Branford Education Foundation will be sponsoring a STUFFED BREADS Super Bowl Fundraiser.

Breads can be ordered (See form below) and sent to the North Branford Education Foundation, PO Box 504, Northford CT. Orders must be submitted with payment by

2-9-22. All orders are \$12.00 per bread and will be delivered to your home on Saturday February 11, 2022. You can also call Frank at 203-410-4254.

VENICE BAKERY
STUFFED BREAD FUNDRAISER
North Branford Education Foundation

PRICE \$12.00
Return by: 2-11-22
DATE

NAME
&
PHONE NUMBER

Pepperoni &
Mozzarella

Spinach Plain

Spinach &
Mozzarella

Spinach,
Sausage &
Mozzarella

Broccoli Plain

Broccoli &
Mozzarella

Broccoli,
Sausage &
Mozzarella

Eggplant
Parmesan

Chicken
Parmesan

Buffalo
Chicken

Meatball &
Mozzarella

Sausage,
Peppers &
Mozzarella

TOTAL QTY

TOTAL \$
ORDER

TOTALS:

<u>Deadline</u>		<u>Publication Date</u>	
January	14	January	21
January	28	February	4
February	11	February	18
February	25	March	4
March	11	March	18
March	25	April	2
April	9	April	16
April	16	April	30

Petals 2 Go Florist
203.484.7800 www.Petals2GoCt.com

DRIVERS WANTED
CALL DAVE

Table of Contents

Editorial	Pages 3 - 4
School	Page 5
Church	Page 6
Park Rec	Page 7
Classified	Page 8

Happy New Year and cheers to continued health, happiness and success in 2022.



**YOUR LOCAL
REAL ESTATE
PROFESSIONAL**

If you are thinking about a move in 2022, **let's talk!**



MARK McELRATH
c 860.951.4918
mmcelrath@williampitt.com
markmcelrath.williampitt.com



**William
Pitt**

Sotheby's
INTERNATIONAL REALTY

Each Office is Independently Owned and Operated.

Good Vibes Nutrition

1715 Foxon Road North Branford
203-481-2323

Call ahead for curbside service!

Upcoming Events

Saturday 1-22-22

Fundraiser for our Lady T-Birds basketball team.

More info to follow.

Good Vibes is looking for a community service project for January!

Please email us at Goodvibesnutrish@gmail.com

if you need some help with a project.



Lastly - New product alert.
CUTIE CAKES available one day a week. Check us out on Instagram or Facebook to find out the featured **CUTIE CAKE** each week. All the benefits of a shake just made into warm & delicious cakes.


hair designs

for Men & Women!



Hours of Operation

Tuesday 1-5 PM

Wednesday - Friday 9AM - 5PM

Saturday 9AM - 3PM



1717 Foxon Rd. (Rte 80) -
North Branford (in The Keybank Plaza)
203-488-6959



1179 Foxon Rd. (Rte 80/22)
North Branford CT 06471
(203) 484-7474

Arnie Willhite, *Owner*

New and Used Guns * Bought * Sold * Traded

Always time to make a
voluntary payment to
the Totoket Times.

Venmo@

Frank-Mentone - 1



State of the Art Dentistry
Emphasizing Cosmetics in a
Therapeutic Environment



Don't wait any longer.
Call for an appointment today
Let us show you what our all female
state-of-the-art cosmetic dentistry
can do for you.

- Whitening - Smile Design
- Painless Gentle Dentistry

Come see us at our new location!
185 Maple Ave., North Haven, CT

Varsha Salani, D.M.D., LLC
(203) 234-1901



PORTO FUNERAL HOME

234 Foxon Rd (RT. 80) East Haven

467-3000

Offering assistance with
PRE-planning and PRE-financing

Burials - Cremations

Directors:

Anne Marie Porto Delucia

Clement I. Delucia

Albert M. DeLucia



Sit & Stay
Dog Grooming, LLC

\$5.00 OFF

\$40. Service

Expires 1-31-22

1387 Middletown Ave.
Northford, Ct 06472

Phone: 203-484-PAWS - (203-484-7297)



GUERTIN AND GUERTIN, LLC

Attorneys and Counselors

ESTATE PLANNING,
PROBATE, ELDER LAW

26 Broadway
North Haven, Ct. 06473

203-234-7400

WWW.GuertinandGuertin.com

State Representative Vincent Candelora

Will the Governor go it alone in the new year?



The next legislative session begins Feb. 9, and already there’s a bit of a specter hanging over the proceedings: What will become of the governor’s broad emergency powers?

The emergency declarations that give him authority to install new policy or change existing law as he sees fit are set to expire Feb. 15.

Will our colleagues across the aisle push to extend his wide authority yet again? By now, you know my opinion: They shouldn’t.

The issue of unilateral decision-making came back into focus in a major way during the last couple of weeks. In a step widely seen as a move to appease frustrated climate activists, Gov. Lamont issued an executive order that instituted a bevy of policies that failed to make it through the legislative committee process. He also decided to use \$75 million to retroactively enhance the 2020 Earned Income Tax Credit (EITC), which will see roughly 200,000 low to middle income residents receive checks from the governor’s Department of Revenue Services. While the cynic in me says it’s a reelection-driven move by, the undeniable reality is that it’s yet another end-run around the legislature by the Executive Branch.

The decision regarding the EITC is particularly disappointing. It’s an issue traditionally handled by the legislature, and there was certainly debate to be had about more timely uses for that money—for example, helping domestic violence organizations in dire need of funding, or even installing a fully-formed test and stay program to keep kids out of quarantine and in school classrooms. Gov. Lamont didn’t give us the chance.

Now that we’re in an election year, his decisions deserve more scrutiny than ever—the COVID test kit debacle that saw the governor urge municipalities to arrange distribution events before he had them in hand, is a bright example. I hope our Democratic colleagues who have enabled his go-it-alone approach finally join Republicans in that effort.

As it stands, it’s unclear what the legislative session will look like from a procedural point of view. Will committee meetings be held in person (my preference) or virtually? In either case, I’ll focus my efforts on helping small businesses regain their footing, tackling growing statewide public safety concerns, and shining a bright light on government transparency-related problems that have grown more acute during the pandemic.

I look forward to sharing details on specific proposals in the near future. Until then, I hope you’ll visit my web site (repcandelora.com) and complete a survey that provides an opportunity to share your ideas, concerns, and opinions about state government. And as always, reach out to my office at 860-240-8700 or vincent.candelora@housegop.ct.gov.

MEETING ANNOUNCEMENT

To enrolled members
of the Democratic Party of North Branford
Pursuant to the rules of the Democratic Party
and the State Election laws,
you are hereby notified that a Caucus
will be held on January 10, 2022 at 6 PM,
at STW Community Center,
1332 Middletown Ave Northford
The purpose is to endorse members of the
Democratic Town Committee
for the town of North Branford and to transact
other business as may be proper
to come before said Caucus.
Dated at Town of North Branford, January 10, 2022.
Democratic Town Committee of North Branford,
David Palumbo, Chair - Elisabeth Caplan, Treasurer.

LET’S BE “FRANK”

So just like that, it’s the new year. The holidays are always confusing with the non-work days and adjusted church schedule. I sometimes can’t keep up with what day it is. The kids tell me that could be old age.

As you know, I rarely make a new year’s resolution and I’m not one who takes time for reflection. However, this “Covid Quarantine” has given me a lot of free time on my hands and stuff just keeps popping into my head. I might be fuzzy on what day it is but some of this information fills my memory bank like it was yesterday. Nostalgia on New Year’s Eves of old are dancing into my head.

It seems like a lifetime ago but yet the parties at Aunt Tess and Uncle Rudy’s keep attacking my mind like it was today. More than sixty people squeezed into a small cape, to ring in the new year as a family. It was never to lament our problems of the past year, it was always to embrace the future with hope and optimism

The small house was filled in every nook and cranny beyond capacity. One age group of youngsters would be down stairs in the never quite finished family room. Some would be playing basketball under the one spot light Uncle Rudy had put in the driveway for night games.

Others would build a fire pit and Joey would burn anything that was not nailed down. Sometimes he would even pull parts of the fence off to make sure the fire would burn through till well after midnight.(with the promise to fix it next week).

The elders were in the house. Some watching football, some playing scrabble or the Newly Wed Game. Others were playing setback or pinocle or watching Rudy play kids games with the adults. Many were just hanging around just eating the continuous menu of food that kept popping up with every new visitor.

Funny thing was that at about 11:30 members of all age groups started to gravitate towards the 12 by 12 living room/family room to get ready for the Dick Clarke countdown. Aunt Tess would fill glasses with champagne or apple juice to be ready for the new year toast. We would all find a spot. Some on the porch, some in the hallway and some just standing in the middle of the room. What always seemed like a large box TV, shrunk into the room and the volume was turned up so everyone could hear the countdown.

When the ball in Time Square dropped, and Dick finally reached zero, the screams of Happy New Year echoed through an entire neighborhood. Kisses and hugs were followed by the older generation dancing in the tiny room, to the sounds of Guy Lombardo. After instructions of which houses to skip, and armed with pots and pans, the youngsters ran through the neighborhood making more noise than a small neighborhood should hear at 12:30 in the morning. It was the one night we were allowed to stay up that late and wreak havoc. Some of the neighbors complained, but secretly they all looked forward to us coming through.

After everything calmed down, Aunt Tess gathered up whatever pots and pans were still available, and made spaghetti and anchovies with whatever nuts were left in the Christmas nut bowl .Apparently the oil and pasta was suppose to suck up the alcohol.

Once our bellies were filled, beds were assigned to the adults and blankets and sleeping bags were spread out for the rest of us. Uncle Rudy would never let anyone drive home whether it be our condition or the condition of other drivers. Like a scene from the Walton’s we all yelled out good night to each other and after a cozy morning of sleep we woke up to a large breakfast and the Mass Schedule for the day. Back then it was always a Holy Day of Obligation despite what day it fell on and what new rules the Arch Diocese decided to follow that year.

It’s funny, the memories are vivid at times and yet fuzzy at other times. What is not fuzzy is the family unity we had. Ages ranging from 90 to less than a year were all together celebrating our lives, our family and our faith.

So as usual my brother there will be no resolutions and no promises for 2022. I’ll just try to meet the new year head on with a positive outlook and a commitment to leave a smile and a good thought wherever I go.

Keep an eye on things down here and my best to the family. I’ve been visiting you guys a lot the past few week. I hear Covid can’t touch you guys. Happy New Year and I’ll see you soon.

Letters to the editor...

This paper encourages all readers to voice their opinions and comments.

The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.

All letters must be signed. A telephone number should be included and no personal attacks.

This paper reserves the right to edit all letters.

All letters should be addressed to :

The Editor

P.O. Box 313, Northford, CT 06472



This publication is published bi-weekly by
Doss Enterprises LLC
PO Box 313 Northford, CT. 06472
Tel; 203-410-4254 Fax 203-484-4729
email: totokettimes@comcast.net

PUBLISHER - FRANK MENTONE JR.

founders - Bert Bunnell Jr. & Anthony Esposito Jr.

The publisher assumes no responsibility for typographical errors. In the event of an error, the publisher will issue a credit adjustment on only the incorrect portion of the advertisement, as well as a retraction in the next issue.

For the Health of it!

JOANN BEGLEY

A Fresh Start for the New Year



There's something intriguing about starting with a clean slate. Just the thought of it can inspire hope and spark the belief that change is possible. Creating change and clearing a path towards renewed goals is an exciting *and very real possibility*. Sometimes that means leaving the past in the past; out with the old and in with the new. But only if the old is no longer serving us well. Very often there are things about the past we should keep, acknowledging lessons learned before moving on.

As we ring in the New Year we are flooded by suggestions of self improvement. Just last week my smartwatch challenged me to close my exercise ring for seven days straight in January in order to "earn a badge". I had to smile as I felt a twinge of motivation to accept the challenge in order to receive a virtual reward from my watch! Should I accomplish this small goal my watch will not benefit, but I will. So why not? I thought. Granted my greatest motivation doesn't come from my watch. Although it does give me some pretty important reminders during the day like "time to stand" and "time to breathe". I'm not really competitive by nature nor am I a perfectionist but I do like to challenge myself to do better.

Studies show that accomplished goals are those that have an emotion attached; those that tug at the heart a bit. For example, one of my goals for 2022 is to exercise in the morning before I leave for work. The reason for this is, I find when I don't, the day gets away from me and I either exercise too late at night (which for me, interferes with a good night's sleep) or it doesn't happen at all. To break that down a bit further, the reason I exercise is because I want to stay healthy and I know exercise is an important component to that end. And the reason I want to stay healthy is to have the energy I need to enjoy life to the fullest. In the short term that means enjoying some very special celebrations with family and friends that are planned for this year. For me, this is the goal that has the most emotion attached.

So where does *your* motivation come from? If making resolutions and setting goals is something you do every year with a rate of success that doesn't get you past February, believe that with a different approach this year can be different. This year, take the time to *Reflect, Reset* and be *Realistic*.

Reflect: Reflecting on the bright spots of the previous year can be a great source of motivation. Even if there were fewer good times than bad, allow yourself to focus on those good times, putting aside what may have gone wrong. Allow the good memories to act as a springboard to get you moving in the right direction. As for those not so good times, take a look at those next. Before setting goals, it's important to draw on the strength of lessons learned from both positive and negative experiences as this can truly propel you forward. (Remember that Holiday game of "keep or toss"? Same concept but a bit more motivating.)

Reset: When the clean slate of a new year beacons us to set goals, a good place to start is with the things we can control; fortunately, better health falls under that category. When it comes to being healthier, will you allow 2022 to make your health choices for you as the year unfolds or will you make the decision to take control? If your decision is to take control, write down your goals. (I resisted doing this for years and found it really makes a difference.) Make your list a progression of smaller steps that lead to a bigger goal. Keep some previous goals that may just need adjusting.

Be Realistic: Get rid of the all or nothing attitude and *start where you are*. Don't compare your rate of progress to that of another. Allow smaller goals to be the stepping stones and celebrate each victory! Goals can be adjusted as needed. When making adjustments, remember it's progress over perfection. 1% at a time. If your goal is to drink more water and you are presently drinking 16 ounces a day, make your first goal 18 ounces rather than taking it to 64 in one sweep. With any goal, accept that you may slip up. When you do, forgive yourself and continue forward. Choose your path to better health carefully. Avoid diets and instead look for a program that is based on science, and is something you can do for life.

By taking the time to Reflect, Reset and be Realistic, this year can truly be different.

Support helps. Blocking out negative voices-even your own helps. Being accountable helps. You don't have to announce your goal to the entire town like I did. As a matter of fact, that is not recommended. It's best to choose a trusted individual who will be honest with you. Celebrating victories, no matter how small, (like my smartwatch badge) helps.

So as the New Year rolls out its vast array of possibilities, practice gratitude for the bright spots of the previous year and clear the way for new

Pick it Up!

Enjoy the Crisp Fresh Air!

The 1- 21 - 22 issue of the Totoket Times will not be mailed. You may pick it up at any of the following locations.

The March 5th issue will resume with our usual mail delivery!

North Branford

North Branford Post Office

Patco Service Station

Cumberland Farms

Atwater Library

Hair Designs

MT Cobbler

Good Vibes

Town Hall

North Branford Barbershop

Northford

Northford Post Office

Patco Service Station

Smith Library


North Branford Recreation Center

or

Visit www.totokettimes.com



NORTH BRANFORD BARBERSHOP



HAIR CUTS

MEN \$12.00

SENIOR & KIDS UNDER 10 \$10.00

TUES. 8:30 - 5:30 WED. 8:30 - 5:30

THUR. 8:30 - 5:30. FRI. 8:30-5:30

SAT. 8:30-3:30 CLOSED SUN. & MON.

~ WALK-INS ONLY ~

OWNER- ROBERT VIGLIONE

1179 FOXON RD, NORTH BRANFORD | (203) 484-6789

beginnings. And, if you don't know where to start, start with your health. Happy New Year! You can do this!

What are your goals for 2022? Reach out at joann@wellnessfusion.net. This monthly article is here for you-For the Health of it!

JoAnn Begley is a health enthusiast and Certified Nutrition Coach who has practiced and taught holistic therapies for more than twenty years. She and her husband Jerry have two children and live in North Branford.

**The Northford-North Branford Women’s Club, GFWC
Is Accepting Scholarship Applications**

The Connecticut Federation of Women’s Clubs has announced two scholarships that are available to Connecticut women pursuing advanced courses of study at Institutions of higher learning. Awards are granted on the basis of future promise, scholastic ability and financial need.

The Dorothy E. Schoelzel memorial scholarship has a maximum award of \$2,000. Candidates must have completed three or more years of undergraduate work in an accredited institution with a 3.0 average or higher in the field of Education.

The Phipps scholarship has a maximum award of \$1,000. Candidates must have completed two or more years on undergraduate work in an accredited institution with a 3.0 average or higher toward a Bachelor’s or post graduate degree.

Completed applications, including general and personal information, a financial statement, instructor/employer references, official transcript of at least the most recent two years of undergraduate or graduate work must be received by February 10, 2022.

The application may be obtained by visiting the Northford-North Branford Women’s Club website at www.northfordwomensclub.org.

For further information, contact Rose Lynch at 203-483-8395.



Connecticut Sportsplex®

FIELDHOUSE FAMILY FUN CENTER

LASER TAG BIRTHDAY PARTIES
LASER TAG FIELD TRIPS
LASER TAG GROUP OUTINGS

NOW AVAILABLE BY RESERVATION
GROUPS OF 10 OR MORE ONLY



203-484-4383
www.ctsportsplex.com



Wee Care of North Branford, Inc.
Daycare and Preschool



At Wee Care of North Branford, Inc. all day preschool is available for children ages 3-6 from 7 a.m. - 6 p.m. Monday through Friday. Some of the highlights of the program are:

- Two licensed Preschool Teachers
- Curriculum and disciplinary procedures aligned with local kindergarten classes
- Teacher directed learning centers
- Morning lessons reinforced by afternoon activities
- Extracurricular activities at no extra cost including Yoga, Music, Library visits, and Science classes

**Openings currently
available.**

1680 Foxon Road (Rt. 80)
North Branford, CT
203-481-3909
www.weecarenb.com



PRESS RELEASE
KINDERGARTEN REGISTRATION

Scott Schoonmaker, Superintendent of North Branford Public Schools, announces that Kindergarten registration for North Branford residents with children eligible to enter school in the fall of 2022 will be held as follows:

This year due to Covid restrictions, we are having staggered registration times in order to limit the number of people in the building.

We will be registering students at specific times based on the 1st letter of their last name.

Please adhere to these times.

Jerome Harrison Elementary School
335 Foxon Road - North Branford, CT
Wednesday, February 2, 2022

A-E - 2:30 - 3:30 p.m.

F-J - 3:30 - 4:30 p.m.

K-O 4:30-5:30 p.m.

Thursday, February 3, 2022

P - T- 4:30 - 5:30 p.m.

U-Z - 5:30 - 6:30 p.m.

In order to facilitate registration, we ask that you begin the process online by following the directions on our **website <https://jerome.northbranfordschools.org/>**

Click on the "Kindergarten Registration" button. Here you will see directions on starting the enrollment process and the downloadable forms that are required by the district. Your child does not need to be present at the time of registration. In order for a child to be registered in Kindergarten, the following requirements must be met:

1. Child must be five years of age on or before January 1,2023.
2. The birth record or other evidence of the child's age has been examined by the principal or designee.
3. Your child must have a current physical exam date; one that was completed after September 2nd, 2021. The physician and the parent must complete the blue Health Assessment Record provided by the school. The form must be filed with the school prior to the first day of Kindergarten unless alternative arrangements have been made with the building principal.
4. Proof of residence has been examined and approved by principal or designee such as: deed to home or dated rental agreement, escrow papers or signed mortgage commitment, current utility or telephone bill, and/or notarized letter from landlord or owner acknowledging parent/guardian's and student's residence.

In addition, if you have specific concerns about your preschool child's development, please call (203)484-1235 for information.

In the event of a school cancellation due to inclement weather, registration will be held on Wednesday, February 16,2022 and Thursday, February 17,2022 at the same times noted above.

The North Branford Board of Education policies prohibit discrimination on the basis of race, religion, color, national origin, sex sexual orientation, marital status, age, disability (including pregnancy), or gender identity or expression, or against homeless children and youth.

CHURCH DIRECTORY

Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning : 9:15 - 10:30 Worship & Lord’s Supper, 11:00 -12:15 Ministering of God’s Word & Sunday School. . Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. www.branfordbiblechapel.org

Hope Christian Church “A Place to Belong”. 211 Montowese Ave., North Haven, CT. www.hopeag.com Sunday services 10AM. Coffee served every Sunday 9:00 am. Church open for prayer Tuesdays noon to One. Thursday Bible study 7:00 PM. Like us on facebook.

North Branford Congregational Church, UCC, 1680 Foxon Road, North Branford, CT Join us for worship every Sunday at 10:00 AM. On the first Sunday of each month please attend and share communion with us.

Nursery Care is available.To contact our church: Office hours are Wednesday to Friday from 9:00 AM to 1:00 PM. Phone: 203.488.8456, email: nobdcong@sbcglobal.net, website: www.northbranfordcongregational.org Remember, all are welcome no matter who you are, no matter where you are on life’s journey; you will always be welcome here.

Northford Congregational Church. United Church of Christ. Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916.. email: northfordcc@gmail.com Office Hours: Tuesday 9am - 1pm; other days by appointment. . Jane K. Leschuk Minister of Music. Worship Service 10am. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Like us on Facebook. Our website is www.northfordcongregational.church

St. Ambrose Parish is a Roman Catholic Parish in the Archdiocese of Hartford comprised of two churches. St. Augustine Church is located at 30 Caputo Rd in North Branford and St. Monica Church is located at 1321 Middletown Avenue in Northford. The Pastor is Rev. Robert L. Turner. Weekday Masses are celebrated on Monday, Tuesday, Wednesday and Saturday at 9:00 AM at St. Augustine. Friday Mass is celebrated at 9:00 AM at St. Monica. Weekend Masses are celebrated on Saturday evening at St. Augustine at 4:00 PM (English Ordinary, no incense) and Sunday at St. Monica at 9:00 AM and St. Augustine at 11:00 AM (Latin Ordinary, with incense). The Sacrament of Reconciliation is offered 30 minutes prior to all Masses excepting Sunday and by appointment by calling the office. The Parish Office is located at 30 Caputo Road and is open M-F from 9:00 AM – 1:00 PM (Wednesdays until 6:00 PM). You can access the parish bulletin and staff emails at our website NBcatholics.org. If you are new to the area and looking for a parish to join or a homeschool co-op, please visit us!

St. Andrew’s Episcopal Church, 1382 Middletown Avenue - The White Church On The Hill In The Heart Of Northford (at the intersection of Rtes. 17 & 22). Sunday worship at 10:00 a.m. Coffee and fellowship always follows. The Rev. Bryan Spinks is Priest-In-Charge. St.Andrew’s is a member of the Middlesex Area Cluster Ministry Network (MACM Network), along with St. James (Higganum) and Emmanuel (Killingworth). Please join us - we’d love to get to know you! All are welcome! St. Andrew’s is the proud home of the Food Pantry of North Branford - a vital community resource serving families in need in Northford and North Branford. St. Andrew’s also partners with St. Pauly Textile in a broad outreach program to help people in need here in the U.S. and around the world. Donations of usable clothing, shoes, boots, belts, purses, sheets, blankets, curtains and stuffed animals may be made at the donation shed in the church parking lot, available 24x7. Visit our website at <http://standrewsnorthford.org>. Like us on Facebook - St. Andrew’s Episcopal Church of Northford, CT. For more information contact us at 203-484-0895; Nan Monde, Sr. Warden, 203-710-7005; Rev. Spinks, 860-304-5266; or MACM office, 860-345-0058.

United Methodist Church, Branford 811 East Main St, Branford (Route 1, across from Bill Miller’s Castle). www.umcbranford.org or (203) 488-0549. Sunday service 9:30am - both in-person and live on our website. “The Church on the Rock,” led by Pastor Kent Jackson. We invite you to discover the power of faith in Jesus Christ bringing God’s love to the world. Join us to worship, experience God’s word, and stay connected.

Zion Episcopal Church, 326 Notch Hill Road, North Branford. 203-488-7395 Rev. Lucy LaRocca, Vicar. Please visit our Facebook page or our website www.zionepiscopalchurch.org. Zion is a registered Integrity Episcopal Believe Outloud Congregation, a designation earmarking Zion as an open and affirming congregation for those seeking a safe place to worship and grow in Christ.

Recycling News

Christmas Tree Pickup will be January 3 – 14, 2022.

There should be a Green 2022 Recycling/Trash Card in this issue of your Totoket Times. Please keep this card handy all year. It has important dates and information that you will need concerning your trash pickups and what can be recycled. If the card is missing or you misplace yours, there will be copies at both libraries and Town Hall.

It’s a New Year and a good time to re-evaluate your waste footprint.
Use the motto: Reduce, Reuse, Recycle
Many places could use your gently used items.
We have a Facebook page in town: [North Branford & Northford Free Items.](#)

You can post items that you want to find a home for or ask for items that you need.
There is also [Freecycle.org](#) in East Haven or New Haven.
You can also look up your item in the **New Haven Downsizing Donation Guide**. It lists multiple organizations that want your stuff! Just search for ‘New Haven Downsizing Donation Guide’.
Try the One-A-Day Declutter method. Every day, commit to purge ONE item from your home.
Try to donate your items so someone else can use them.

Can I recycle it?

Connecticut has a website to help with recycling questions: www.recyclect.com.
They also have an app that can be downloaded.

Packaging Disposal

Recycle Bin: cardboard, paper shipping envelopes
Trash Bin: Styrofoam, wrapping paper, shipping envelopes made of more than one material
Plastic Film drop off locations: Bubble Wrap, 100% plastic shipping envelopes

The Solid/Hazardous Waste and Recycling Committee is looking for new members. We also are in need of volunteers to help for just an event or two during the year. Please call the Town Manager if you are interested. If you would like to help with getting the word out about recycling then this is a great place to get started.

For more information about recycling in North Branford you can check out North Branford’s Recycling Committee’s website: townofnorthbranfordct.com/government/boards-commissions/hazardous-wasterecycling-committee.aspx.or our Facebook page: North Branford CT Hazardous Waste & Recycling Committee
Thank You for Your Participation

DEATH NOTICES



Paul Anders LaRock, 76, of Northford, passed away peacefully on Friday, December 24th, 2021 at MidState Medical with his family by his side. He was the beloved husband of Ligaya Daligidig LaRock. Paul was born in New Haven on December 3, 1945 and was the son of the late Harold and Shirley Bars-eth LaRock. He served his country faithfully in the US Air Force during the Vietnam era. Paul was a service technician for Seaboard Oil, later for J&E Oil, and also worked on Augur’s Farm in Northford for over 30 years. Paul was a member of Bayanihan Association and Philippine American Association of CT (PAAC). He loved family and friend gatherings, wine, swimming, reading, history, traveling, lighthouses, construction projects (especially demolition), and watching NASCAR. Predeceased by his first wife Jenny Noblisse LaRock. Father of the late Phillip Anders LaRock, Paul (Terri) LaRock, Jennette Krawec, Stephen (Angie) Yu, Michael (Paul) Yu, Chris (Christy) Yu, and Monnique LaRock. Grandfather of Carissa (Jordan) LaRock, Jessica Sichau, Kiana LaRock, Joseph (Nana) Krawec, Justin Krawec, Archie, Annika and Amber Yu. Also survived by several nieces, nephews, brother/sisters-in-law, and cousins he loved dearly.



Rosina Antonucci Landino, 90, of Northford passed away peacefully on Thursday, December 30th, 2021 at the Connecticut Hospice, Branford. She was the beloved wife of 59 years to the late Michele Landino. Rosina was born in Gioia San-nitica Province of Caserta, Italy on November 10th, 1931 and was the daughter of the late Giuseppe and Maria Pacelli Antonucci. She had worked for Henry Richards Handbags of Hamden until her retirement. Mother of Vincenzo (Maria) Landino, Mario (Laura) Landino and Michael (Pina) Landino. Grandmother of Vincenzo, Roberto, Marcella, Luca, and Marco. Sister of Pasqualina Palmieri, Anna Maturo, Sister Vincenza Antonucci, Frank and Antonio Antonucci, and the late Michelina Landino, Filomena LaVorgna, Concetta Biondi and Enrico Antonucci. Also survived by many nieces, nephews, great-nieces, and great-nephews.
. In lieu of flowers, memorial contributions may be made to the CT Hospice, Inc., 100 Double Beach Road, Branford, CT 06405.

NORTH BRANFORD PARKS AND RECREATION & SENIOR CENTER

NORTH BRANFORD PARKS, RECREATION, AND SENIOR CENTER STW COMMUNITY CENTER 1332 MIDDLETOWN AVE NORTHFORD

WWW.NBRECREATION.COM • CALL (203) 484-6017

FOLLOW US ON FACEBOOK! @NBPARKSANDRECREATION AND INSTAGRAM! @NBPARK.REC.SENIOR

Mary's PARENT & ME COOKING

Ages 3 - 5 years • STW Kitchen • 1:00-3:00pm

We are thrilled to be offering this new program! Mary's experience in the restaurant industry, combined with her many years working with children of all abilities, is the perfect opportunity for your young one to learn valuable culinary skills, new recipes, enjoy a fun hands-on activity, and to expand their taste buds!

JANUARY 19, 2022—Creamy Beef & Shells and Hot Cocoa Cupcakes

FEBRUARY 2, 2022—Heart Shaped Pizzas & Cherry Bomb Cookies

Cost \$40 res/ \$45 non res per class

TODDLER/PARENT FITNESS

Introduce your child to a variety of fun fitness activities! We will practice running, playing with different obstacles and work on proper development of motor skills!

Instructor: Jillian Temple

Ages 2-5 years - STW Classroom

Mondays, Jan. 10 - Feb. 7 • 9:30-10:0am

\$50 res/\$55 nr



ZUMBA KIDS

Zumba® Kids classes feature kid-friendly routines based on original Zumba® choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure.

*Students of TVES will be walked over by Parks & Recreation staff for class.

STW Classroom Instructor: Marina Rossi

Grades K-2

Thursdays, Feb. 3 - 24

4:00-4:45pm

\$50 res/\$55 nr

Grades 3-5

Thursdays, Feb. 3 - 24

3:00-3:45pm

\$50 res/\$55 nr



WEEKLY DINNER CLUB!

Ages 7-11 • STW Kitchen • 5:00pm - 6:00pm
January 31—February 28 \$65res /\$70non res

Join food Explorers for a weekly dinner club! Each week you'll create your own delicious dinner with the help of a Registered Dietitian. You'll be making the following recipes: Cowboy Caviar (vegetarian), Crispy Quinoa Patties, Bruschetta Orzo Salad and Four Fold Quesadillas. Each recipe is nut free and children will make their own portions.

BABYSITTER'S CERTIFICATION

Saturday February 12 • 9:00am-2:00pm • \$65 res/\$70 nr

Ideal class for current and future sitters. This training gives you the knowledge, skills, and confidence to care for infants and school-aged children. This course addresses safety issues, preventing injuries and illnesses, and basic childcare. Students learn by doing and will be required to demonstrate the skills to be certified by the American Pediatric Association. (Bring a lunch)

Instructor: Ambulance Co. #4 Ages 12-15 • STW Gym/Cafe

Mary's Culinary Classes

Ages 5-14 • STW Community Center • 5:30 - 7:30 pm

Cost \$40 res/ \$45 non res per class

Join Mary Amter in this unique, hands on Culinary experience that will engage children in creating delicious creations. They will explore, create, and learn basic cooking techniques!

JANUARY 11, 2022

Snowman Pizzas and Hot Cocoa Cookies

JANUARY 25, 2022

Big Mac Sliders and Snowman Hot Cocoa Bombs



ADULT CIRCUIT WORKOUT

Start your day with a great workout at the beautiful fitness center at STW! Instructor, Jillian Temple, will create and guide you, for the perfect workout to target all your muscle groups!

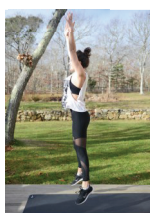
Instructor: Jillian Temple

Ages 18+ - DiLungo Fitness Room

Mondays 6:00-6:45am \$60/session

Session 1: Jan 10 - Feb 7

Session 2: Feb 14 - March 14



ZUMBA GOLD

Zumba Gold® is for everybody! This invigorating Latin-inspired, dance-fitness program includes Merengue, Salsa, Cumbia, Belly Dance, Flamenco and Tango. This format was created to emphasize the basics for anyone who wants an exhilarating atmosphere with easy and effective instruction, guaranteed to provide you with a safe and effective total body workout.

STW Classroom Instructor: Marina Rossi

Ages 18+ • Thursdays, Feb. 3 - 24 • 5:45-6:30pm • \$50 res/\$55 nr

JOIN OUR ESPORTS LEAGUE



Registration ends
January 17th, 2022



Leagues start
week of January 24th, 2022

MADDEN NFL
MONDAYS
PS4 & XBOX

MARIKART DELUXE
MONDAYS
Nintendo Switch

FORTNITE
TUESDAYS (Solos)
FRIDAYS (Duos)

ROCKET LEAGUE
WEDNESDAYS
(1v1 & 3v3)

SUPER SMASH BROS. ULTIMATE
THURSDAYS
Nintendo Switch



REGISTRATION OPEN NOW!
app.ggleagues.com/clubs/north-branford-parks-recreation

Get more information by going to ggleagues.com
or by contacting your local organization.



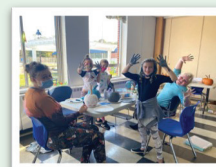
AFTER SCHOOL CRAFTS WITH KARI!

Come join Parks & Recreation staff, Kari Zargo, for after school holiday crafting classes!

Students of TVES will be walked over after school!

Please pack a peanut-free snack.

AFTER SCHOOL JANUARY SNOWMAN CRAFT



Grades 3-5 \$10/res \$12/nr

January 11—3:00-4:30pm

STW Classroom



SENIOR CENTER

LEARN TO PLAY BOCCIA WORKSHOP

January 24th at 10:00 am \$5 per person

Like Bocce, but played indoors! Join Coach Debbie at this learn to play workshop. Boccia can be played solo, in pairs, or teams of three. The aim of the game is to throw red or blue leather balls as close as they can to a white target ball. *Let's learn the rules so we can play together this winter!*

AAA Driver Safety Course

January 12, 2022 at 10:00 am to 2:00 p.m

Instructor: Adelle from AAA

The Driver Improvement course will be from 10:00 am to 2:00 pm with a break at 11:30 am for lunch.

Registrants can bring their own lunch or buy lunch at the North Branford Senior Center for \$3. (Please call by 9:00 am that morning to register for lunch).

Anyone who takes the Driver Improvement course will receive a certificate from AAA to submit to their insurance company.



ELI WHITNEY MUSEUM BUS TRIP

Join us for a guided tour of the Holiday Train Display and AC Gilbert Invention exhibits.

Monday, January 10th at 1:00 PM—Free

**PLEASE REGISTER
BY 1/6/22**



MEDICARE MADE CLEAR

Don't Go Through It Alone

Thursday January 27, 2022 at 1:00pm

This Seminar is FREE, bring your questions and a friend to this Educational Seminar.

Jeffrey Comen, your local New Haven County Medicare Advocate/Broker, will educate you on all 4 pieces of Medicare - A, B, C & D. What is covered and not covered, when to sign up and what options are available to add to Original Medicare (i.e. Medicare Supplements, Prescription Drug Plans and Medicare Advantage Plans). A free educational guide will be provided.

This is an Educational Seminar only; no plan or carrier specifics will be discussed.

CLASSIFIED AD RATES

Personal, For Sale, Help Wanted, Tag Sale, and all non-business classified
1 issue \$9.00 2 issues \$12.00 3 issues \$15.00
20 words or less, not including phone #. \$.05 per word, per run,
after 20 words

Lost and Found FREE

Business Classified Ads & Real Estate

3 issues \$35.00, 6 issues \$60.00, 12 issues \$100.00

\$.10 per word, per run, after 20 words

Payment MUST accompany all ads. The advertiser must notify this newspaper of any errors.

Send ad along with your check to:

Totoket Times P.O. Box 313 Northford, CT 06472

For more information call 203-410-4254

CONSTRUCTION SERVICES

Southern CT Restoration. Insurance restoration and general contracting services. New construction, remodeling, kitchens, baths, roofing, siding, windows, doors, decks and painting. Call 203-239-9600.

ELECTRICIANS

TJC Electrical Services - No Job too small or big. Service upgrade & Generator Specials. Call Tom Cassella at 203-619-2823. Licensed & Insured.

LANDSCAPING

J & M Landscapes LLC. Complete Lawn Care & FALL CLEANUP SERVICE { Mowing , Edging , Weed whacking & Blow off } Tree, hedge & shrub Pruning - Property cleaning & debris removal - Landscape Design { Mulch, shrubs & flower beds } - Stone, Gravel & Mulch delivery - Install Stone shed foundations - Small Backho { excavation work } - Driveway sealing - Power washing - Gutter Cleaning. Winter Snow plowing.

Vet & Senior discount. For a free quote call John (860) 349-8135.

Mone Landscaping LLC is now accepting accounts for leaf cleanup and removal. we are licensed and fully insured. Call 203-640-5317 for a free estimate.

PLUMBING

John DiMaggio Plumbing - Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured. Call 203 - 627 - 6826. References available.

TREE SERVICES



Tree Service - A Better Cut, Tree Service - Local, full service tree company - we provide tree removal and trimming, chipping, and grinding. Please call 203-945-1808 for a free estimate.

Serving New Haven County & the Shoreline Communities for over 100 years



Live streaming available
at no additional
cost

Burials ~ Cremation ~ Pre Planning



Philip M. Appell
Funeral Director

At Keenan Funeral Home we work with every family's budget to

give your loved one the dignified memorial they deserve.

330 Notch Hill Road, North Branford
(203) 481-3217

238 Elm Street, West Haven
(203) 933-1217

Keenan Funeral Home

www.keenanfuneralhome.com

wecare@keenanfuneralhome.com



FROM THE FOOD PANTRY OF NORTH
BRANFORD

Your kind and generous donations
throughout the year enable us to fulfill our
mission, which is simply to make sure
everyone has access to food.

WE COULD NOT DO IT WITHOUT YOU!



"Security Systems are best when installed by
a professional not the internet"



(203) 288-1000

355 Sackett Point Rd North Haven, CT 06473

Did you know:

Antactica is covered in a sheet of ice
that's 7,000 feet thick.

Edward Smith Library Presents: Chakras and the Sovereign Body

Tuesday, January 18th (6:30 pm)

Join host Chrystyne McGrath as she teaches about Chakras (energy centers in the body). Learn the colors, meanings, your light body, and your aura.

Learn how to release blockages and balance for health and healing. Helpful for everyone!

Q&A segment will follow the program.

Register online: nbranfordlibraries.org or by phone (203) 484-0469.

NOTE: This program will be live as long as there are no additional Covid restrictions.

Inclement weather will change this to a Zoom program

Edward Smith Library- 3 Old Post Rd. Northford, CT.

SERVICES OFFERED

Gutter cleanup, tuneup, gutter guards, property maintenance, small repairs, painting, property maintenance and more. Call 203-441-1146