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For Our Town From Our Town

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Volume 28 No 11 November 19, 2021

ONE MORE TIME!!!!



NBHS FIELD HOCKEY TEAM WON THEIR FIFTH CONSECUTIVE SHORE LINE CHAMPIONSHIP. AT PRESS TIME THEY WERE PREPARING TO PLAY IN THE SEMI FINALS OF THE STATE TOURNAMENT. Photo by Dina Falcioni



<u>Deadline</u>		Publication Date
November	27	December 3
December	10	December 17
December	31	January 7
January	14	January 21
January	28	February 4
February	11	February 18
February	25	March 4
March	11	March 18

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REHABILITATION PRESENTS:

PET PHOTOS NITH SANTA

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\$290K 12-MONTH MEDIAN SELLING PRICE**	21 VS 20 % CHANGE 	21 VS 19 % CHANG +23
2,427 Q3 CLOSED SALES	-14%	+4%
\$892M	-1%	+33%
1,893 CURRENT INVENTORY*	-7 %	-37%



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3

State Representative Vincent Candelora

Governor, with Emergency Powers, Lacks Plans on Critical Issues



Gov. Lamont recently offered to school districts a "screen and stay" protocol that would allow students identified as close contacts to a known COVID-19 case to avoid quarantine and remain in school under certain circumstances, such as remaining asymptomatic.

The quick-pitch announcement was likely viewed as welcome news from parents throughout the state who have seen their healthy chil-

dren forced into at-home learning. With that said, who can blame any of those parents from asking, "what took so long?"

This episode is indicative of the governor's reactionary approach to managing lingering—but critical—issues born from the pandemic. In fact, rather than issuing plans that chart a path forward the governor has taken to blasting out press release after press release promoting new programs and appropriations of federal pandemic aid. He looks more like a governor who's running for reelection than a governor with big, complex problems to wrap his arms around.

What, if anything, does the governor plan to do to address staffing and supply chain issues crimping by businesses in our state? The learning gap for students, or even the speech development/recognition problems experienced by young children that's attributable to mask-wearing? What about state employees who ignored the governor's vaccine mandate—what will happen to the more than 400 prison guards who refused to comply? Of course, there's the exploding issue of juvenile crime, plus growing mental health and substance abuse concerns.

The governor, who maintains broad emergency powers, has been largely silent on those topics and others. It wasn't until Republican state representatives pushed the issue that Gov. Lamont reacted to the quarantining of healthy students. Rep. Greg Howard of Stonington, for one, explained to the state's Department of Education that 2,000 in-person learning hours were lost in his district.

It's been a challenge for students as well as working parents, Howard told reporters during a news conference we held on the topic, explaining that he had just received a text message from a frustrated mother whose fourth-grader was just quarantined for a third time.

Overall, it's a situation that could have been avoided if the governor tackled the issue before the start of school as other states did. Instead, he waited, and tons of in-person hours were lost. It's difficult to say just how many because state education officials, shockingly, don't track that.

At that news conference, I joined my colleagues in calling for a rapid response team of state officials, educators, parents, and more, to attack these educational matters.

At some point, the state's pandemic-related problems, including those described above, will be laid bare for all to see and feel. If the governor doesn't act now, it will be even more difficult to develop solutions in the future. After all, what are emergency powers for?

Gov. Lamont says he needs the broad authority to be nimble as problems

Nimble, however, is the last word I'd use to describe his administration these days.

Sluggish is more like it.

Rep. Vincent Candelora House Republican Leader 86th District North Branford, Guilford, Durham, Wallingford

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PUBLISHER-FRANK MENTONE JR.

founders - Bert Bunnell Jr. & Antthony Esposito Jr.

The publisher assumes no responsibility for typographical errors. In the event of an error, the publisher will issue a credit adjustment on only the incorrect portion of the advertisement, as well as a retraction in the next issue.

LET'S BE "FRANK"

Well brother it's been a while and I think this letter might surprise you. I have nothing to complain about. As Thanksgiving approaches and after the last month, I have come to realize that I have it better than most. I am a lucky man.

The wedding extravaganza that I mouned about for a year, was one of the most uplifting experiences of my life. When you get old and tired and spend most of your life with a friend called pain, you sometime get grouchy.

As you know, your nephew got married in Florida. It was disappointing that your family was unable to attend but the event and the time leading up to it, proved all of my trepidation's wrong. I don't often admit this but my son was right. His positivity and compassion won me over. His mother did a great job raising him.

The one decision I made on my own was to take two weeks and make it a road trip. I don't mind flying but I hate airports. Many were surprised with my decision but I had faith in myself. The ride was tremendous. Although SueAnn and Gina (my in home travel agent) made most days only five hours on the road (worrying about the old man's competency to go the distance), I made several adjustments to the schedule so the longer drives would give us more time to stop at different places.

On the way down we visited Lancaster PA, Myrtle Beach and St. Augustine (the oldest city in the USA). With some activities left out from the original honeymoon, it was like another honeymoon.

We arrived at the Biltmore Hotel on Wednesday. To say it was a beautiful high class establsihment would be an understatement. We had a nice quiet dinner which was the last quiet time we had for four days. Ana and Frank wanted a four day party and that was what they had.

Thursday was a day spent around the biggest hotel pool in the country. The brochure said it was big enough to be classified as a lake. Family and friends arrived and it was party time. Family, old friends and new friends arrived throughout the day. Conversation and poolside appetizers and drinks (don't tell my doctors) made it quite enjoyable.

On Friday the couple hosted (at a park) a three hour open bar and appetizer party for all the wedding guests and more. My concerns about a menu I was unaccustomed too were put to rest as I enjoyed all the menu items, even the ones I needed an explanation for. After that it was party in the bar and on to the wedding on Saturday.

The weather for the wedding was tremendous. 80 degrees is still a bit hot for me but it wasn't unbearable. The betting pool on what time I would pass out from the heat never came to be. Again, I wa a bit anxious about the lack of pasta and antipasto on the wedding menu but I didn't even miss it and I didn't experience that usual bloating stomach issues I am accustomed to at our traditional wedding.

I didn't think my song during the ceremony was up to my usual (acoustics are much better in St. Anthony Church then on the beach) but it went went well.

With all the love being shared, best part of then entire event was the day after the wedding when SueAnn and I were invited to have dinner with our new daughter-in-law's family. You can feel the love among her mom, cousins, and brothers.

However, the architects of this aura were Ana's grandparents. Her gram pa (soon to be ninety) and her gramma made the trip from Brazil, via a 14 day quarantine in Panama so her grandfather could give her hand in marriage.

Although neither one of them speaks English, the love they demonstrated oozed out of their pores and was infectious throughout the room. In those two hours, I learned how lucky we are and why my son embraced the love of his life and adopted her family as his own, as we did the same thing. The only communication I had with him was to translate that we are now family. For the next four days whenever our paths crossed we would repeat "la familia" and we would both smile.

I now have an extended family and in this short trip I realized how good life could be when you're open to new things, new loves and a positive outlook. My son became my teacher. You can still learn things at 65 years old and those two weeks have made me a better person, if I can stay the course.

Happy Thanksgiving and I'll see you soon.

Letters to the editor...

This paper encourages all readers to voice their opinions and comments. The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible. All letters must be signed. A telephone number should be included and no personal attacks. This paper reserves the right to edit all letters.

> All letters should be addressed to: The Editor

P.O. Box 313, Northford, CT 06472

Vax-on/Vax-off

Dear Editor:

A tumult is building between the vaccinated and the unvaccinated. With a disdain for the science of natural immunity, our government and employers are forcing us to get the jab in the interests of "public safety" while those against forced inoculation must muster ever greater resolve. Professional basketball player Kyrie Irving stands to lose \$30 million this year for his stand against the jab. Is he crazy or does he have reason to question authority? Let's look to science rather than the politicians and talking heads to assess the difference between the vaxed and unvaxed.

While the CDC seems to obscure the effects of the vaccines, some countries actually track their efficacy. In September 2021, Sweden and the UK reported that 70% of their COVID-19 deaths were fully vaxed. (Svenska Dagbladet citing Swedish Health Agency; UK Health Safety Agency (UKHSA) COVID-19 Surveillance Report 10/7/21).

A real-life study in Israel compared 2.5 million people in 3 categories: (1) those never infected who got 2 shots of the Pfizer vaccine; (2) people previously infected who were never vaccinated; and (3) the previously infected who got 1 shot of the Pfizer vaccine. These groups were tracked during the summer of 2021. The study found a thirteen times greater risk of breakthrough infection in the vaccinated groups than in the natural immunity group and an incidence of symptomatic infection twenty-seven times greater in the vaxed. These statistics reveal that natural immunity reduces the risk of serious illness from reinfection while vaccination increases that risk for those who get vaccinated after having had the Covid-19 virus. While these findings need to be further investigated and similarly performed for other vaccines and other populations, this is the best real-world study we have of natural immunity versus vaccination. ("Comparing SARS-CoV-2 natural immunity to vaccine-induced immunity: reinfections versus breakthrough infections," Sivan Gazit, MD MA, et al.).

The vaxed don't need masks because they can't contaminate others, right? A recent Oxford study of the Delta Variant found no difference between the level of virus carried in the bodies of the vaxed and unvaxed. This study and others conclude that "infections following... vaccination ... are associated with high viral loads, prolonged PCR positivity and low levels of vaccine-induced neutralizing antibodies... suggest[ing] ongoing transmission... between fully vaccinated individuals." ("Observational Study of breakthrough SARS-CoV-2 Delta Variant infections," Nguyen Vinh Chau, The Lancet, Vol. 41, 101143, 11/01/2021).

Science is giving little reason to treat the vaxed differently from the unvaxed. It suggests that the vaxed have a lot more to think about than they've been led to believe by their government and the Corporate Media. So, if you're bubbling with righteous sanctimony about getting the jab, do some more homework before you go out and infect your neighbors.

D. Kirt Westfall 10/27/2021

Town	Election	Results
TOWN	LICCHOII	17C20112

Town Council		District 1	District 2	<u>Total</u>
Jeffrey MacMillen (M)	R	648	621	1269
Thomas Zampano (DM)	R	662	595	1257
Michael Downes	R	628	616	1244
Rose Angeloni	R	639	599	1238
Ronald Pelliccia	R	623	588	1211
Walter Goad	R	600	561	1161
Vincent Mase	D	411	368	779
Marie Diamond	D	403	375	778
Bruce Abelson	D	362	321	683
Board of Education				
Shawn Papa Holzer	R	633	610	1243
Elizabeth Siena	R	621	588	1209
Zac Canada	R	600	601	1201
Marcey Onofrio	D	464	428	892

Total Number of Electors 9653

District 1 5157

District 2 4496

Total Number Voting District 1 1033 20.03% District 2 963 21.42%

Locating the new Police Station

Dear Editor:

Totoket Times November 19, 2021

Tonight, which is November 1st as I write this, I made my first case to the Permanent Project Building Committee to strongly consider locating the new police station to 1599 Foxon Rd., the site of the old Town Hall. I also advocated to include space for an ambulance, and accommodations for a crew. I believe that there are many good reasons to do this, most of which our community is unaware of. For sure, I had never considered how long it takes an ambulance to get from Station 4, in Northford, to Company #1 firehouse. The answer is 9 minutes, In perfect traffic. In the past year, approximately 64% of all EMS calls were in District 1 (North Branford), approximately 64% of total motor vehicle accidents were in District 1. Since 2017, exactly 9 of 13motor vehicle fatalities were in District one. The fact of the matter, is that our Ambulances are not where the calls are. Most EMS patients in District 1, can expect a 12-13min response time, from time-of-call to having ALS (Advance Life Support) on the scene. Additionally, North Branford has what's called, an "overlapping incident" approximately 24% of the time. Meaning, that if you happen to be one of those patients that requires an ambulance during that time, you can expect a response time of often 15 min or more. To be fair, these types of statistics aren't something we often think about. I certainly never did. But unfortunately, I have thought about it now. Not only do I personally believe that we need to improve these numbers, but that we are uniquely positioned right now, to do just that. By building our new police station in District 1, we can quite possibly add an additional bay and space, to accommodate an ambulance and crew. At this moment; we are building a new school, and we are building a new police station. The borrowing of capital is at an all-time low. Both the Building Committee, and Town Council are working on these projects now, and will almost certainly not be this deep in the trenches for a long time to come. North Branford has had a very difficult history when it comes to planning for the future. But the time to fix what I believe is a serious problem is now, not 10 years from now. I want to be very clear, The North Branford Fire Department, and Ambulance company, are not at fault for these numbers. It is a simple matter of geography. It also serves no point to look back at any of the decisions that were made in the past. That's not what this is about. This is about putting a picture of your loved one on the table, and staring at it for 13 minutes. You do that, and then you'll understand why this has to happen. When you suffer a tragedy, such as my family's, you wonder about all sorts of things. I have no idea if 9 extra minutes would have mattered at all. But I can tell you this; you don't want to wonder that. Nobody should. I'm certain that it will be an expense, there's no way around that. But if you consider all the costs involved with making a High School a "safe place", and consider the costs that are involved with making a police station "safe", those costs add millions to these projects. And as a community, we accept that because we believe it is the right thing to do. Well the costs of adding an ambulance bay, the costs of adding a crew, is a rounding error compared to those building's cost. Yet the benefit is demonstrable. Its tangible. We know, without any question, that EMS response times are too high to the busiest area of town. Its time to put this on the table and at least consider how to get it done. The location of the P.D. is a just part of that discussion, but we need to talk about it now, because its time to fix it. Sincerely,

Edward J. Boughton Jr.

Sons & Daughters of Italy **Lodge #2805**



Come and find out what all the hullabaloo is about as the Sons & Daughter of Italy prepare our 2022 schedule!

Dances Parties Dinners Bocce Bus Trips Golf Tournament Fashion Show

Next Meeting Tuesday December 7, 2021 **St Frances Cabrini Church** Pond Hill Road, North Haven

For the Health of it! JOANN BEGLEY

Holiday Weight Gain~ Facts & Myths



The Holiday Season is upon us! For many it's a joyful time of celebration with family & friends that typically centers around food. It's a time of year where overindulgence around these festivities is said to lead to an average weight gain of 5-10 lbs. Fact or myth? * Studies show this is actually a myth. The surprising fact is, average weight gain from Thanksgiving to New Year's Day (the said "Season") is 1.06 lbs! Although the scale may tell you it's more than that, anything extra is likely to be fluid retention from consuming sodium laden

foods. If you think 1.06 lbs is no big deal, consider this: the problem comes in with the New Year's resolution to start "dieting". We stay on track to a point, fall off and ultimately gain back what we've lost and then some. Repeat this pattern year after year and those extra pounds can leave us feeling discouraged and jeopardize our health.

Let's Do the Math

If one pound equals 3,500 calories, then 5 pounds equals 17,500 calories! So, can we truly gain 5 pounds in one day? "But we're not talking about just one day" you say; "it's a whole season of 35 days"! Granted, if we were to eat in an overindulgent "but it's the holidays" style every day for 35 days we could put on some pounds. What's happening is, we've actually tricked ourselves into viewing this 5 week long season as though it were one enormously long day! But guess what, depending on which you celebrate, we're probably talking about 4 actual holidays and there is usually one celebratory meal on each of those 4 days. Say you're really popular and you have 2 extra parties each week for 5 weeks. That's still only 14 days total. More math: If you typically eat 3 meals a day x 35 days, that is 105 meals. If you are enjoying your favorite holiday foods for 14 meals and making healthy choices for the other 91, chances are you are going to come out on top this year!

Myth # 2 It Gets Easier "Tomorrow"

Each day that we delay getting back on track actually reinforces the negative patterns we're trying to break, making it much harder to start, not easier. So when we throw in the towel and think-I've really been out of control, no point in stopping now; we are creating a bigger challenge ahead than is necessary. The good news is-there is no need to put it off. We are always free to begin again and we can do that with the next meal. There are also a few tips that can help us to metabolize the food we eat differently and, even curb the appetite a bit before the parties. Better yet-it most likely involves eating more frequently than you do now!

Winning With Your Health Through the Holidays

Since we've established that it will not get easier tomorrow, let's be all in right now and begin to make changes. The basic tips below can act as a rough guide to eat balanced meals at holiday parties, drink alcohol and still get results and help eliminate holiday cravings.

- 1. Skipping meals all day long in anticipation of the celebratory meal is a counterproductive huge mistake!. Yes your intentions are good-you're banking your calories to spend all at once. But, the reality is, each time we skip a meal, blood sugar drops, a hormone called glucagon is over released and causes the body to burn muscle, raise blood sugar and increase cravings.
- 2. Jumpstart your metabolism by starting the day with a breakfast that includes protein, healthy fat and a carb (like fruit) and repeat with similar small meals at 3-4 hour intervals throughout the day. (Don't like breakfast? Have ½ of a good quality protein shake.)
- 3. If you're going to have an alcoholic beverage or two, count that as your carb. Choose a protein and a healthy fat to go with it.
- 4. Eat a bit of protein before a party or holiday meal (such as a hard boiled egg or a couple slices of low sodium deli turkey) so you're not overly hungry when you arrive.
- 5. If you are the host, add a couple of new healthier dishes among the traditional items being served. If you are invited out, bring a healthier dish you enjoy to share.
- 6. Enjoy all your traditional favorites including those that might be considered "off limits" without a bit of guilt, knowing you can make better choices starting with your very next meal.

And Finally-Myth # 3 Healthy Foods are boring and don't taste good.

For many of us, processed foods, sweets, fast food and fried foods have dulled our sense of taste. As we slowly eliminate these foods from our diets, and replace them with healthy, delicious and satisfying options, we awaken our taste buds to new possibilities. Flavors come alive, opening the door to an endless combination of recipes. There's a whole new world out there, just waiting to be explored!

It's Time to Support your Community Newspaper

It doesn't seem like it's been a year but it has. Together we have been able to continue to bring your messages into the homes of our community. With the continued contributions of our advertisers and your voluntary payments, we have fought the dreaded pandemic, economic nightmare, and increases postage and printing costs.



Together we have weatherd the storm. We can continue this twenty year mission with your voluntary payment of at least \$10, and more if you see fit.

This year besides the mail in payments, with the help of my children particularly my son-in - law I have made it easier for you as the Totoket Times joins the real world and I can now accept Venmo and PayPal.

Venmo is @Frank-Mentone-1 Paypal.me/totokettimes

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1	
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	-
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Enjoy Your Food and Have a Happy Thanksgiving!

November is Diabetes awareness month which is a good time to consult your doctor if you have concerns and start thinking of proper nutrition to support balanced blood sugar levels. For tasty recipe ideas, contact me at joann@wellnessfusion.net. This monthly article is here for you-For the Health of it!

*Average holiday weight gain based on study cited in WebMD article



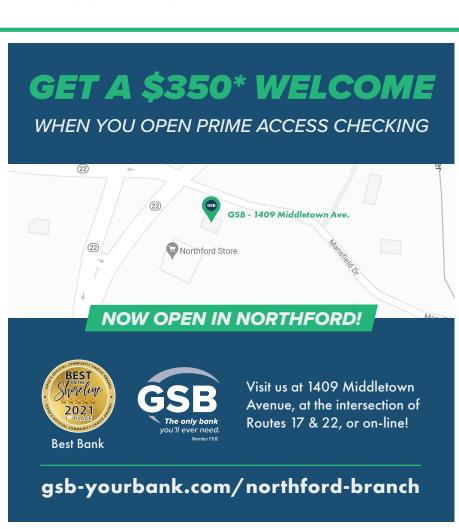
Special Rocogniton for a Special Lady

Connecticut State Sons and Daughters of Italy Recently recognized Maryann (Peachey) Ciarleglio for her contributions to the North Haven Sons And Daughters of Italy Lodge #2805. She is shown here with Cynthia Velleca Fernandez.

Club Napoli Collecting Toys for Toy Closet



Club Napoli in Northford will be collectiong toys for children, The toys can be dropped off any time Monday through Saturday from 9-5 at the Club located on Rte 17 in Northford Center (Behind Twin Lakes Nursery). deadline is December 15th.

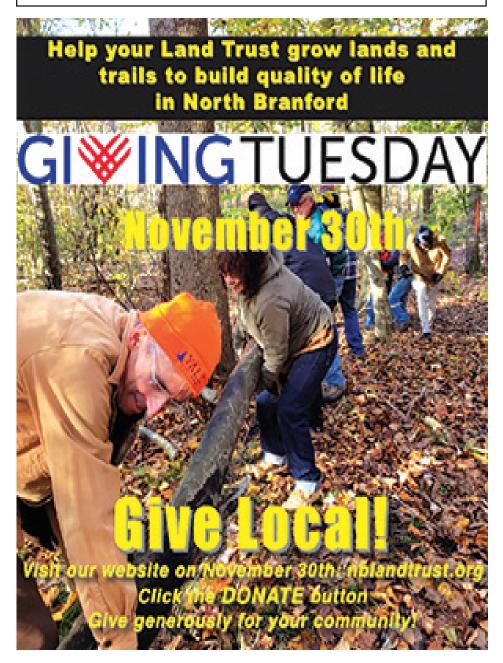


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Ribbon Tying at Guilford Savings Bank

Guilford Savings Bank recently celebrated their opening of a new office on Rte 17 in Northford with a ribbon tying ceremony. The ceremony sponsored by the Shoreline Chamber of Commerce is designed to tie the new business with the community,



"Security Systems are best when installed by a professional not the internet"





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Did you know:

The average Household has 300,000 things in it

The Northford-North Branford Women's Club, GFWC Is Accepting Scholarship Applications

The Connecticut Federation of Women's Clubs has announced two scholarships that are available to Connecticut women pursuing advanced courses of study at Institutions of higher learning. Awards are granted on the basis of future promise, scholastic ability and financial need.

The Dorothy E. Schoelzel memorial scholarship has a maximum award of \$2,000. Candidates must have completed three or more years of undergraduate work in an accredited institution with a 3.0 average or higher in the field of Education.

Wee Care of North Branford, Inc.

Daycare and Preschool

At Wee Care of North Branford, Inc. all day preschool is available for children ages 3-6 from 7 a.m. - 6 p.m. Monday through Friday. Some of the highlights of the program are:

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- -Teacher directed learning centers
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www.weecarenb.com



The Phipps scholarship has a maximum award of \$1,000. Candidates must have completed two or more years on undergraduate work in an accredited institution with a 3.0 average or higher toward a Bachelor's or post graduate degree.

Completed applications, including general and personal information, a financial statement, instructor/employer references, official transcript of at least the most recent two years of undergraduate or graduate work must be received by February 10, 2022.

The application may be obtained by visiting the Northford-North Branford Women's Club website at www.northfordwomensclub.org. For further information, contact Rose Lynch at 203-483-8395.



North Branford High School *** recognizes one of their own on

Veteran's Day

NBHS Graduate Mr. Gary Tercyak was presented with Veterans Day Cards signed this week on Veterans Day by all students at North Branford High School. On Veterans Day during Advisory, students watched informative and inspirational videos about Veterans Day featuring Veterans from all eras. Students were also presented with an opportunity to sign the cards pictured below. Gary is a member of the Class of 1965 and is a Vietnam Veteran. Gary will be bringing the cards to the Branford VFW.

The NBHS Wounded Warrior Organization, led by Mr. Reynolds, and Mr. Gwudz organized the activities held on November 11.

Photo and information courtesy of Todd Stoeffler - Principal



HOLIDAY POINSETTIA SALE CLASS OF 2022 PROJECT GRADUATION

All proceeds will go to PROJECT GRADUATION 2022, an all-night substance free party held at the school for the graduating seniors following their graduation ceremony.

Order your choice of locally grown large nursery poinsettias in festive red, white or pink in the following sizes:

\$15	6½" pot (1 plant)
\$22	7½" pot (2 plants)
\$30	8½" pot (3 plants)
\$23	Log box with evergreens & decorations
	for Outdoor and Cemetery Use
\$26	20-24" Decorated Cemetery Pillow
\$15	12" undecorated wreath
\$23	16" undecorated wreath

MAKE CHECKS PAYABLE TO: NBHS PROJECT GRADUATION 2022

You may pick up your order at the North Branford High School on Thursday, December 9, 2021, from 2:30 p.m. - 7:30 p.m.

Cut and return order form with your payment on or before Thursday, December 2 to:

NBHS Project Graduation 2022 c/o NBHS 49 Caputo Road North Branford, CT 06471

Or return it with your child for interoffice mail delivery via their school.

Questions? Contact: Anthony Esposito 203-627-7278 or Terri Nuzzo 203-671-6233

6½" pot (1 plant) 7½" pot (2 plants) \$22 8½" pot (3 plants) \$30 Log Box \$23 Quantity: Pillow \$26 Quantity: 12" wreath \$15 Quantity: 16" wreath \$23 Quantity:

Name: ______Phone: _____Total \$_____
Address:

COME SUPPORT OUR LADIES!!! **NBHS POWDER PUFF**

FOOTBALL



Totoket Times November 19, 2021

Sunday, November 21st 5:00 PM **NBHS Football Field**

Raffle baskets, 50/50 Raffle, Food and more!!!

\$5 entrance fee for spectators*

*Proceeds will benefit the **2022 Project Graduation**

BEST GAMES IN TOWN

Girls Basketball

Tuesday	12/14	East Haven	7:00
Thursday	12/16	@ Valley	7:00
Saturday	12/18	Morgan	7:00
Monday	12/20	@H-K	7:00
Tuesday	12/28	@ East Haven	7:30
Thursday	12/30	Fitch	6:30
Tuesday	1/4	@ Cromwell	7:00
Friday	1/7	East Hampton	7:00
Monday	1/10	Portland	7:00
Boys Basketb :	<u>all</u>		
Saturday	12/11	@ Bullard Havens	10:00
Thursday	12/16	Valley Regional	7:00
Saturday	12/18	@ Morgan	7:00
Monday	12/20	Haddam Killingworth	7:00
Wednesday	12/22	Platt Tech	7:00
Tuesday	12/28	@ East Haven	5:30
Tuesday	1/4	Cromwell	7:00
Friday	1/7	@ East HAmpton	7:00
Monday	1/10	@ Portland	7:00
Ice Hockey			
Wednesday	12/15	SGWL	8:30
Saturday	12/18	Trumbull	2:30
Wednesday	12/22	@ Glastonbury	7:30
Wednesday	12/29	Hand	3:50
Wednesday	1/5	@ Sheehan	6:00
Saturday	1/8	Guilford	6:00
Wednesday	1/12	Westhill	8:30









Cassidy Colantonio a freshman at Sacred Heart Academy, was one of the varsity Top Five that won the CIAC State Class M CrossCountry Championship. Compliments of Pat Redding



SAT. 8:30-3:30 CLOSED SUN. & MON.

~ WALK-INS ONLY ~

OWNER- ROBERT VIGLIONE 1179 FOXON RD, NORTH BRANFORD | (203) 484-6789

Connecticut Sportsplex®

FIELDHOUSE FAMILY FUN CENTER

LASER TAG BIRTHDAY PARTIES LASER TAG FIELD TRIPS LASER TAG GROUP OUTINGS

NOW AVAILABLE BY RESERVATION **GROUPS OF 10 OR MORE ONLY**



203-484-4383 www.ctsportsplex.com



Recycling News

North Branford Fall Leaf Collection

November 20th is the last day to bring your leaves to the leaf drop off site located near the Public Works Facility on Route 22 from 9:00am to 3:00pm. The drop off is located around the back of the new softball field. Please place leaves in biodegradable

leaf bags (no tape please) or empty them loose onto the ground.

There will be curbside pickup of leaves during the weeks of November 29 and December 6.

Leaves can only be taken if in untapped biodegradable paper bags.

Unacceptable Curbside Waste Reminder

Construction debris (such as toilets, concrete blocks, roofing material), propane tanks, TVs, monitors, printers, home cleanouts may not be placed curbside.

These items will not get picked up; please dispose/recycle properly.

If you missed the bulky waste pickup and you find some items that still have some life in them, consider posting them on the Facebook page:

North Branford & Northford Free Items.

Help someone else out, unclutter your house and save the cost of sending items to the landfill.

Please remember to empty your plastic bags of food and liquids before placing them in the collection bin. It may just be water to you, but mixed with other things it becomes a sticky mess.

Also, crinkly bags such as candy bar wrappers, chip bags, individual plastic tea bag wrappers and plastic cat litter bags are not plastic film. They go into the trash.

The Solid/Hazardous Waste and Recycling Committee is looking for new members. We also are in need of volunteers to help for just an event or two during the year. Please call the Town Manager is you are interested. If you would like to help with getting the word out about recycling then this is a great place to get started.

Thanks to everyone who brought in electronics, propane tanks, tires and mattresses during our collection event. It is good to know that these items will be recycled and taken out of the waste stream. The Connecticut Mattress Recycling Council has said that Connecticut has collected enough mattresses that if stacked would reach the International Space Station.

"Please Don't Feed the Storm Drain"

Please remove the fallen leaves from the storm drains and out of the street so they do not get washed or blown into the storm drain, which can cause flooding.

Remember: Only Rain in the Drain!

For more information about recycling in North Branford you can check out North Branford's Recycling Committee's website: townofnorthbranfordct.com/government/boards-commissions/hazardous-wasterecycling-committee.aspx

or our Facebook page: North Branford CT Hazardous Waste & Recycling Committee

Thank You for Your Participation

Toys for Northford/North Branford Tots

This Office of Social Service will collect toys at the North Branford Police Department from now to Sunday 12/5/2021. We will accept new toys only. The requirements to participate in the program as a recipient are that you reside in the community, that you are in need and you are not participating in any other toy distribution program. Please be prepared to show proof of residency, such as a utility bill, lease, mortgage statement, tax bill. Drivers license is NOT proof of residency. The Program Schedule is as follows:

Parents only: Wednesday 12/8/2021 (9 am to 12:30 pm)

Parents and Grandparents: 12/9//2021 (9am to 12:30 pm)
Town of North Branford Holiday Programs

Office of Social Service

Over the years many community members, religious and civic organizations as well as businesses, large and small have been integral members of the community through their time, donations and generosity. Some participate just one year or through one program. Others participate each year. Every effort is appreciated. If you are interested in assisting someone, family or a child in the North Branford/Northford Community, we encourage you to do so through a variety of programs. The extent of your participation is entirely yours; no involvement is too small. The Thanksgiving Basket Share will take place on Monday November 22, 2021. The only requirement is that you are in need, not on any other holiday basket share program and that you reside in either Northford or North Branford. Your information is protected, and your name will not be disclosed. You must be able to pick-up your basket or arrange for someone to pick it up for you. We are unable to deliver. The December Holiday Basket Share will take place on Thursday, December 16, 2021. For this basket share you may choose to receive a holiday basket and gifts for children in the home. A wish list from the children will be provided for you to complete. For those wishing to donate a basket, you only need to call the Office of Social Service and express your desire to donate a Holiday Dinner Basket for Thanksgiving and/or December holiday, with or without toys. You may choose the family size you would like to adopt. You may choose to do this alone, or as a group, with neighbors or co-workers. For those donors that wish to include children's gifts, this Office will provide you with the children's wish list. Although names are not disclosed, a number will be given to both the recipient and the donor. This is used to identify which family is the recipient. All commitments by the donor and the recipients will receive written confirmation. The Program Schedule is as follows:

December Holiday:

Donor Drop Off: Thursday, December 16, 2021 (9:30 AM — 11:00 AM) Recipient Pick-up: Thursday, December 16, 2021 (11:30 AM — 1:00 PM) Last Day to be part of the Program for recipients: Friday, November 19, 2021

Contact the Office by telephone at 203-484-6006 or email at socialservices@townofnorthbranfordct.com.

Community Dining Room is Expanding Looking for Help!

The Community Dining Room, a local, private, non-profit providing food and support to our Shoreline neighbors launched their home delivery meal service in the North Branford/Northford area back in the early 2000's. Patricia Kral, former Executive Director in conjunction with the North Branford/Northford community members and North Branford Senior Center started the program preparing meals at the North Branford Congregational Church and eventually moving to Saint Andrews Episcopal Church in Northford. The program is currently providing and delivering a hot meal and a frozen meal every Wednesday. To qualify for this program, you must not have any means of transportation to access meals and be homebound.

As of November 1st 2021, the program moved to our Branford main location at 30 Harrison Avenue. This will allow CDR to continue to grow their mission to promote public awareness of the impact of hunger and isolation for the shoreline community and offer an additional 2 meals per week to the North Branford community by mid-2022.

For this plan to be successful CDR will need additional volunteers (drivers & packers). If you are interested in helping us, please contact our Volunteer/Program Coordinator, Andrea Savino at (203) 488-9750, Ext. 2 or volunteercoordinator@communitydiningroom.org.

CHURCH DIRECTORY Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday

Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning: 9:15 - 10:30 Worship & Lord's Supper, 11:00 -12:15 Ministering of God's Word & Sunday School. . Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. www.branfordbiblechapel.org

Hope Christian Church "A Place to Belong". 211 Montowese Ave., North Haven, CT. www.hopeag.com Sunday services 10AM. Coffee served every Sunday 9:00 am. Church open for prayer Tuesdays noon to One. Thursday Bible study 7:00 PM. Like us on facebook.

North Branford Congregational Church, UCC. 1680 Foxon Rd., North Branford, CT, 203-488-8456 or nobfdcong@sbcglobal.net or www.northbranfordcongregational.org. Office Hours: Wednesday through Friday, 9:00 - 1:00pm. We worship every Sunday at 10:00am. Nursery care available. Get to know us by joining us for Coffee Hour following Services. The second Sunday of every month is Family Sunday when the children remain with their parents during the Service. This is followed by our second Sunday Brunch. Holy Communion is on the first Sunday of every month. Church School through grade 8 meets during worship. All are wecome no matter who you are, no matter where you are on life's journey, you are welcome here.

Northford Congregational Church. United Church of Christ. Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916.. email; northfordcc@gmail.com Office Hours: Tuesday 9am - 1pm; other days by appointment. . Jane K. Leschuk Minister of Music. Worship Service 10am. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Like us on Facebook. Our website is www.northfordcongregational.church

St. Ambrose Parish is a Roman Catholic Parish in the Archdiocese of Hartford comprised of two church locations; St. Augustine, 30 Caputo Rd. North Branford and St. Monica, 1331 Middletown Ave. Northford. The Pastor is Rev. Robert L. Turner. Temporarily all Masses are being held at St. Augustine during the pandemic to accommodate as many parishioners at each Mass as capacity allows. Weekday Masses are celebrated at 9:00 A.M. on Monday, Tuesday, Wednesday, Friday and Saturday. Weekend Masses are celebrated on Saturday at 5:00 P.M. (English Ordinary, no incense) and on Sunday at 9:00 A.M. and 11:00 A.M. (Latin Ordinary with use of incense). The Sacrament of Reconciliation is offered 30 minutes prior to all daily Masses and by appointment by calling the parish office. The parish office is located at 30 Caputo Rd. in the parish center and is open M – F from 9 A.M. to 1 P.M. Mass is live streamed each Sunday morning on our St. Ambrose Facebook page. You can access the parish bulletin and staff emails on our website at NBcatholics.org. If you are new to the area and are looking for a parish family to join, please visit us!

St. Andrew's Episcopal Church, 1382 Middletown Avenue, Northford - The White Church On The Hill In The Heart of Northford (at the intersection of Rtes. 17 & 22). St. Andrew's is a member of the Middlesex Area Cluster Ministry Network (MACM), along with Emmanuel Episcopal Church in Killingworth and St. James Episcopal Church in Higganum. The Rev. Bryan Spinks is Priest-In-Charge at St. Andrew's. Regular worship services are held each Sunday - summer services begin at 9:00 a.m., and starting in Sept. go back to 10:00 a.m. starting time.

St. Andrew's is the proud home of the Food Pantry of North Branford, located in the lower level of the church's parish hall. And, the Community Dining Room utilizes the church kitchen and parish hall to prepare and deliver meals to the homebound in Northford and North Branford. These are 2 vital community resources serving families in need in our community.

St. Andrew's also partners with St. Pauly Textile in a broad outreach program to help people in need here in the U.S. and around the world. Donations of clothing, shoes, boots, belts, purses, sheets, blankets, curtains and stuffed animals may be made at the donation shed located in the back of the church parking lot. Like us on Facebook: St. Andrew's Episcopal Church of Northford CT.

For more information contact Nan Monde, Senior Warden, 203-710-7005; or MACM Network office, 860-345-0058; or Rev. Spinks, 860-304-5266.

United Methodist Church, Branford 811 East Main St, Branford (Route 1, across from Bill Miller's Castle). www.umcbranford.org or (203) 488-0549. Sunday service 9:30am - both in-person and live on our website. "The Church on the Rock," led by Pastor Kent Jackson. We invite you to discover the power of faith in Jesus Christ bringing God's love to the world. Join us to worship, experience God's word, and stay connected.

Zion Episcopal Church, 326 Notch Hill Road, North Branford. 203-488-7395 Rev. Lucy LaRocca, Vicar. Please visit our Facebook page or our website www.zionepiscopalchurch.org. Zion is a registered Integrity Episcopal Believe Outloud Congregation, a designation earmarking Zion as an open and affirming congregation for those seeking a safe place to worship and grow in Christ.

NORTH BRANFORD CONGREGATIONAL CHURCH

Warmly invites you to join us for

The CHRISTMAS JOURNEY

Nov. 20 - 9-2 pm The Holly Fair. A wonderful Christmas tradition!

Nov. 28 – 10 am Advent Begins. We focus on hope.

Dec 5 - 10 am The Second Sunday of Advent. We focus on peace.

Dec 12 - 10 am The Third Sunday of Advent. We focus on joy.

Dec 19 – 10 am The Fourth Sunday of Advent. Our Christmas Pageant.

Dec 24 – 10 pm Christmas Eve Service of Lessons and Carols

We are located at 1680 Foxon Road, North Branford www.northbranfordcongregational.org/ or 203.488.8456

The Totoket Historical Society, Inc.

HOLIDAY

BAZAAR



Sat., Nov. 20 9 a.m. – 2 p.m.



Reynolds-Beers House

The Totoket Historical Society will hold its annual Holiday Bazaar in the historic Reynolds-Beers House

at 1740 Foxon Rd., in North Branford.

All proceeds from the Bazaar will go towards expenses and maintenance of the buildings under the Society's care.



North Branford Congregational Church

Please join us for our annual

HOLLY FAIR

November 20, 2021 from 9:00 am to 2:00 pm

The Holly Fair everyone has been asking about is back! Save the Date and get ready to do Christmas shopping from the many tables in our Fellowship Hall as well as outside where other holiday tables will be set up. Then browse through all the treasures in the White Elephant Room. Don't forget about our wonderful Raffle Baskets and favorite the Cookie Walk. We are excited to welcome all our friends back to our NBCC Holly Fair. All covid restrictions will be in place so please wear a mask when shopping indoors. Please join us!

HOLIDAY JEWELRY REPEAT SALE

The St. Elizabeth of the Trinity Women's Club will be again holding a Huge Holiday Jewelry Sale at St. Frances Cabrini Church, 57 Pond Hill Rd., North Haven (off of Rte. 22 towards Northford). The Sale will be held on Saturday, November 20th from 9am to 3pm and the church is handicap accessible. We will have a large selection of quality costume jewelry including rhinestone pieces, pearls, jewelry sets, name brand quality pieces, vintage pieces – necklaces, bracelets, earrings, pins etc. - all of which are new or gently used. These will be bargain priced for your holiday gift giving. Come one and all to start your holiday shopping.

DEATH NOTICE



John J. Jasudowicz, 77, of North Branford, died October 21, 2021 at Yale New Haven Hospital. John was born in New Haven, son of the late John and Josephine (Josiorkowski) Jasudowicz.

John served in the US Army from 1965-1967. Prior to his retirement John was em-

ployed with Tilcon Inc. in the North Branford quarry for 16 years.

John is survived by the love of his life for 31 years, Nancy Sullivan of Middlefield, a son John Jasudowicz of North Branford, a daughter, Mrs. Janice Baggot of East Haven, two grandchildren, Delaney and Rylle of East Haven. A sister Florance Jasudowicz of North Branford.

He was predeceased by a sister Barbara Jasudowicz and a brother Thomas Jasudowicz.

Funeral and burial services were private.



NORTH BRANFORD PARKS, RECREATION, AND SENIOR CENTER

STW COMMUNITY CENTER 1332 MIDDLETOWN AVE NORTHFORD

WWW.NBRECREATION.COM - CALL (203) 484-6017

FOLLOW US ON FACEBOOK! @NBPARKSANDRECREATION AND INSTAGRAM! @NBPARK.REC.SENIOR



Winter Break just got a little bit COOLER! Come join us for 4 days of fun! Each day will offer a different theme with corresponding games, activities and crafts!

December 27-30, 2021 STW Community Center Grades K - 6 \$30/Child per day • \$100 for all 4 days **Lunch available for an additional \$3/per day**









COOKIE DECORATING

HAVE FUN DECORATING COOKIES AT HOME!

"Sweets on Main" will supply a half dozen cookies, icing, sprinkles and instructions to create your own cookie masterpiece!

Holiday Cookie Kit - \$25/kit Orders need to be placed by Monday, Dec. 13th Pick up cookie kits on Dec. 16th

Between 9:00am-4:00pm at STW

ARTS AND CRAFTS WITH ROBYN

Glass Painting & Mocktails

December 10, 2021—6:00-8:00pm Ages 18+ STW Community Center \$35/res \$40/nr Bring your friends down to the Recreation Department, and enjoy an evening of stemless-wine glass painting and mocktails! You will be given step-by-step instructions by Robyn to create beautiful and functional works of art. No experience necessary!



Ages 5-14 • STW Community Center • 5:30 - 7:30 pm Cost \$40 res/ \$45 non res per class

Join Mary Amter in this unique, hands on Culinary experience that will engage children in creating delicious creations. They will explore, create, and learn basic cooking techniques!

NOVEMBER 30, 2021 Sheet Pan Chicken Fajitas and Pumpkin Lasagna Dessert DECEMBER 14, 2021

Chicken Crescent Wreath and Grinch Cupcakes













AFTER SCHOOL CRAFTS WITH KARI!

Come join Parks & Recreation staff, Kari Zargo, for after school holiday crafting classes! Students of TVES will be walked over after school!

Please pack a peanut-free snack. AFTER SCHOOL WINTER WONDERLAND CRAFT



Grades 3-5 \$10/res \$12/nr December 14-3:00-4:30pm STW Classroom



Thursday, December 16th 6:00-10:00pm Get in to the holiday spirit with a fun and festive competition! REGISTER TO GET YOUR HOUSE ON OUR MAGICAL MAP! A map of display locations will be available on our website! PRIZES TO BE AWARDED FOR: Best Overall, Brightest Display & Most Original Display Registration required by 12/12 nbrecreation.com

SENIOR CENTER

HOLIDAY LUNCHEON 🤜

Thursday, December 17, 2021 12:00-1:30pm

Join us for a traditional Holiday Lunch **Cost: \$5.00**

Entertainment by NBHS Chamber Choir And a special visit from Santa! Please sign up by December 13th

MOHEGAN SUN BUS TRIP

December 1, 2021

8:00am—Depart STW Community Center \$15/res \$15/nr

Space is limited please call early to reserve your seat! (203) 484-6017

Per Mohegan Sun, the buses are not being greeted by staff and no packages are being issued out.

WREATH MAKING

December 2—Holiday Wreath

12:30-2:30pm STW Community Center \$20/res \$25/nr Instructor: Robyn Levine Lets get festive with this wreath making class!

All materials included.



Lunch on your own at Horseshoe Taverne in Durham November 24, 2021 at 12:00 p.m.

RSVP by November 18th to reserve your spot Meet us there or sign up for transportation.

The Edwards Twins at the Aqua Turf Club

Wednesday, December 8, 2021 10:00 a.m.- 4:00 p.m. \$115 resident/ \$120nr Please register by 12/1

Back by popular demand! The World Famous Edwards Twins, the Number One impersonation act in the world. Their vocals and looks will amaze you. You will think you are seeing and hearing the real superstars right before your very eyes. From Barbra Streisand, Sonny and Cher, Andrea Bocelli, Bette Midler, Johnny Mathis, Perry Como, Ray Charles, Stevie Wonder, Neil Diamond, and more, all in one show. Coffee & Donuts upon arrival.

Family Style Menu: Garden Salad, Pasta, Chicken ala Kathryn & Broiled Scrod with Cracker Crumb Topping, Vegetable, Potato, Rolls, Desert, Beverage
*Family Style Format Subject to Change

Depart: 10:00am from STW Est. Return: 4:00pm



OPEN CALL FOR MAHJONG PLAYERS!

The Mahjong group will meet every Tuesday at 10 am. Please call to register.

Totoket Times November 19, 2021

CLASSIFIED AD RATES Personal, For Sale, Help Wanted, Tag Sale, and all non-business classified 1 issue \$9.00 2 issues \$12.00 3 issues \$15.00 20 words or less, not including phone #. \$.05 per word, per run, after 20 words Lost and Found FREE Business Classified Ads & Real Estate 3 issues \$35.00, 6 issues \$60.00, 12 issues \$100.00 \$.10 per word, per run, after 20 words Payment MUST accompany all ads. The advertiser must notify this newspaper of any errors. Send ad along with your check to: Totoket Times P.O. Box 313 Northford, CT 06472 For more information call 203-410-4254 **CONSTRUCTION SERVICES**

Southern CT Restoration. Insurance restoration and general contracting services. New construction, remodeling, kitchens, baths, roofing, siding, windows, doors, decks and painting. Call Pat Zichichi @ 203-239-9600.

ELECTRICIANS

TJC Electrical Services - No Job too small or big. Service upgrade & Generator Specials. Call Tom Cassella at 203-619-2823. Licensed & Insured.

LANDSCAPING

J & M Landscapes LLC.Complete Lawn Care & FALL CLEANUP SERVICE { Mowing, Edging, Weed whacking & Blow off } Tree, hedge & shrub Pruning - Property cleaning & debris removal - Landscape Design { Mulch, shrubs & flower beds} - Stone, Gravel & Mulch delivery - Install Stone shed foundations - Small Backho { excavation work } - Driveway sealing -Power washing – . Gutter Cleaning. Winter Snow plowing.

Vet & Senior discount. For a free quote call John (860) 349-8135.

Mone Landscaping LLC is now accepting accounts for leaf cleanup and removal.we are licensed and fully insured. Call 203-640-5317 for a free estimate.

PLUMBING

John DiMaggio Plumbing - Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured. Call 203 - 627 - 6826. References available.

TREE SERVICES



Tree Service - A Better Cut, Tree Service - Local, full service tree company - we provide tree removal and trimming, chipping, and grinding. Please call for a free estimate - Contact Pat Zichichi 203-945-1808

CASH IN ON OLD JEWELRY

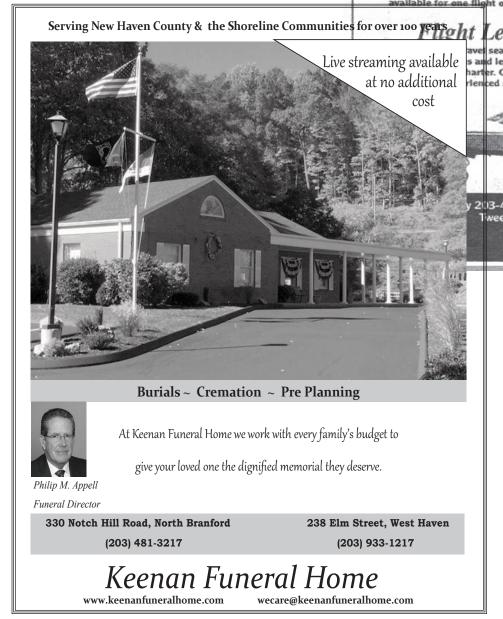
Wanted Gold, Silver scrap jewelry. Fair Prices offered. Call 203-627-6826 or 203-376-1249

GUTTER CLEANING

Gutter cleaning, Tune-up, gutter guards, property maintenance and small repairs. Call 203-441-1146.

Tell the community what you have to offer

Send classified ads to totokettimes@comcast.net or call Frank at 203-410-42554



HELP WANTED

Twin Lake Children's Center is hiring! We are growing and looking for positive creative people to work with in our preschool classroom. We have a morning position 7-1 and an afternoon position 1-6. Both are Monday through Friday. Please email TLCC at <u>carol8615@sbcglobal</u>. net. We look forward to hearing from you!

Seasonal Clerical Support – The Town of North Branford is accepting applications from qualified individuals for the position of Seasonal Clerical Support to assist the Social Service Department. Clerical support to department executing a variety of clerical and administrative assistant duties and skilled tasks in a strict confidential manner.

Requires High School or GED equivalent, or any equivalent combination of education and experience. Minimum of three (3) years of clerical work history combination of experience and training that demonstrates ability to perform duties. Starting range: \$18-\$20 /hr. no benefits,10 hrs. per week, seasonal winter position up to 230 hours.

Applications are available at Town Manager's Office, 909 Foxon Road, North Branford, CT 06471 during regular business hours or on-line. This position will remain open until filled. (No faxes or emails). EEO/AA

Assistant Building Official - The Town of North Branford is accepting applications from qualified individuals to serve as full-time Assistant Building Official. Responsible for building plan review, permitting, outside inspections, code inspection/ compliance and providing customer service. Involves interpretation and application of the State Building

Extensive experience in building construction practices, mechanical systems or as an inspector or an equivalent combination of experience and training; ability to enforce codes with tact; and excellent skills with the public. Must be licensed as an Assistant Building Official by the State of Connecticut. Must hold a valid Connecticut Driver's license. Salary range: \$38.00 – \$42.00 hourly plus benefits. Applications can be mailed to Town of North Branford, Town Manager's Office, 909 Foxon Rd, North Branford CT 06471. This position will remain open until filled. (No faxes or emails). EEO/AA

Part Time Drivers Needed. Make your own schedule: Must have good driving record and be on time.

In shop help needed. Excellent for youngster after school. earn some spending money and still have time to do your own thing and study.

Apply in person at Petals 2 Go in Central Plaza, North Branford, or call Dave at 203-484-7800.

Our paper reaches every home and business in North Branford and Northford. It's the best deal in town!