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For Our Town From Our Town

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Volume 23 No 15, September 23, 2016



Good Luck to a Good Friend

After forty years at the Post Office and sixteen serving the people of Northford, public servant Fred Martin will be retiring. When Fred was appointed to the Northford Post Office, he knew he found a home in both his public and social life, and moved to North Branford. Since then he has become familiar friend at the “window”. he has always been there ready to help his neighbors with their postal needs and share his concerns for their well being.

Although happy to be retiring, Fred will miss his friends. “I’ve made a lot of friends here and I’m going to miss the people I’ve served and worked with. When I came here, Caroline showed me the ropes and taught me the Northford procedures used to best serve our residents. For a long time it’s been the same crew as Joyce and Donna have been carriers here since I started.”

“The first thing I am going to do is turn off the alarm clock” Fred joked. “The only alarm clock I have will be my dog Katie. My wife is looking forward to me finally being able to do that “honey do list” and I’m looking forward to getting back on the golf course. I love fishing but haven’t been able to do much of it with my work schedule”.

“I’ll really miss everyone” he repeated. After talking to several customers on my way out the door, it’s obvious, they will surely miss him as well.

Landolfi to be Honored at Reunion



Long time community servant John Landolfi will be honored at a St. Patrick’s School Reunion on Sunday, October 2 at Anthony’s Oceanview in New Haven. Landolfi who made his First Communion and Confirmation at the Historical Church started out in the old Boardman trade school in the electrical department. In 1956 he transferred to the new Eli Whitney Technical School and was the first student to graduate from that school with a plumbing degree.

Wanting to serve his country he joined the National Guard where he was enlisted from 1958 to 1965. He joined the Plumbers and steamfitters union #349 in 1963 and was its secretary for six years. In 1980 he was elected

Business Manager of the Union and at the Governor’s request he served on several Boards including The Plumbers Licensing Board, The Steamfitters Board and the Apprenticeship Board.

Ribbon Cutting at New Dance School

Revolution Academy of Dance LLC is owned by Brittini D’Urso, a graduate of North Branford High School. Brittini has over 23 years of dance experience, has been teaching and choreographing for over 9 years, and is a member of the Connecticut Dance Alliance. Brittini continued her education at Naugatuck Valley Community College where she graduated with an Associates Degree in Visual Performing Arts: Dance. In College, she worked closely with Matthew Westerby Company, Sokolow Dance Foundation, plus took Master classes with Martha Graham Dance Company. After College, Brittini danced in Boston with Onstage Dance Company, also danced on Good Morning America for Madonna’s Addicted to Sweat Workout, and still continues her dance education at the Broadway Dance Center in New York.

The dancers can start at 15 months through adults. Dance classes are offered in Ballet, Tap, Jazz, Hip Hop, Contemporary, Fusion and Pointe. We also offer a Company Team program to students 9 to 18 years old who would like to participate in competitions and other events. In addition to dance, there are also Fitness and Adaptive Recreation classes.

The Academy is located at 1355 Middletown Ave., Northford, CT 06472. We are now enrolling for all of the programs we offer! For more information contact us at (203)208-2866, Revolutionacademyofdance@comcast.



“Brittini D’Urso (center), surrounded by family and friends, cuts the ribbon to celebrate the new opening of her Northford Studio. Ed Lazarus, Chamber President, is on the right. (Photo by Kathy Testa)

Retiring in 1993 due to an injury, Landolfi could not sit still. He volunteered to coach for the North Branford Little League and didn’t stop there. He has served as the North Branford Police Commissioner for ten years, he is a member of the State Police Commission where he served a term as president. He also served close to ten years as the president of the North Branford Republican town committee.

He is proud of his current position as an entry level teacher at Eli Whitney. He teaches plumbing to socially and academically challenged students to put them back in the mainstream. He is also on the “Save the Bell Tower” committee at the Northford Congregational Church. “I’m Catholic but the Church is an Historical Landmark in our town and I saw a need”, commented Landolfi.

Also being honored at the Dinner will be William Iovanne Sr., State Representative Len Fasano and Retired Principal Pat Elia.

Tickets are \$55 and can be purchased by calling; John Ragozzino at 203-815-4480, Richard Biondi at 203-671-5411, Sparky Mastriano at 203-239-0025 or John Fabrizio at 203-467-5468.

Publication Date	Deadline
October 7	September 30
October 21	October 14
November 4	October 28
November 18	November 11
December 2	November 25
December 16	December 9
January 6	December 31

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State Representative Vincent Candelora

A Success Story, Screening for ALD



In 2013, I sponsored legislation to require the screening of newborns for adrenoleukodystrophy (ALD). I will never forget my first visit with Dr. Jack and Jean Kelley of Branford. Their son suffers from ALD and its detection went unnoticed until it was too late

to prevent the devastating symptoms. ALD affects the tissue lining around the adrenal glands and nerve cells. The disorder comes with different levels of severity with the most severe form causing very rapid degeneration of the nervous system in young boys. The trait is most common in boys and men, but women who are typically the carriers of the genes suffer as well. In the worst cases like Brian's, the disorder leads to loss of muscle function that permanently confines patients to wheelchairs.

Brian's case was discovered when he was 6 years old, after he had begun to show symptoms after a skiing accident. Since then the Kelleys have devoted their time as a voice and advocate for children with ALD through their foundation, Brian's Hope (www.brianshope.org). They found technology that quickly detects the problem at birth so that people born with ALD can live lives nearly symptom free with treatment. The Kelleys asked me to help get a law passed.

A group of legislators from the House and Senate embarked on that task and soon after, Public Act 13-242, An Act Concerning Newborn Screening for ALD, passed both chambers unanimously. It requires the state screening for ALD for every newborn. The Act was opposed by the insurance industry and the Department of Health. The Department did not want to spend the time and money screening for this disease despite the fact that it costs millions for education and healthcare for one child who becomes symptomatic.

After many meetings and a lot of advocacy, Connecticut became one of only two states to begin screening in January 2016. So far two baby boys have been saved from this heart wrenching disease and many baby girls have been diagnosed as carriers of the gene. Had these babies been born in any other state, their outcomes would have been different.

We had the pleasure of meeting those families with the Kelleys last month

at a press conference to celebrate the success of this legislation. I was proud to be a primary supporter, but most importantly a witness to a government process where individuals can make a difference through their voices. The Kelleys have now moved their focus to encouraging more states to start this screening process, and they are spreading their hope nationwide.

Let's Be "Frank"

Well brother, it's been a few issues since we talked. A bunch of stuff has happened so I will try to cover it all.

Labor Day weekend we celebrated our 35th wedding anniversary. It was a great celebration as everyone had other things to do so the most active thing we did was to drive Frank to the train station. When people ask me how we did it for 35 years I always say 'We have to have a sense of humor. SueAnn's standard comment is "I ignore him". My philosophy is that with three kids, one grand child one on the way, and a mother in law, if we don't stick together they will take over the world as we know it. Quite frankly, I like the world as we know it.

Speaking of the bride, she's been going through some problems with her hip and back. I've been trying to tell her that all that walking is not good for her but no one ever listens to me. Trying to be healthy can make us unhealthy. Then again, who am I to give advice on being healthy.

Due to her situation I have had to take on some more household chores. I guess more household chores is misleading. Right now I do no household chores so anything would be more. For the first time in 35 years I was introduced to the laundry room. It brought me back to the first night of my honeymoon. I knew where it was but I didn't quite know my way around it.

I've been doing all this stuff for a week now and I don't know how my wife does it. I might even help a little when she is back on her feet. I hope she is to sick to read this comment or she might hold me to it.

I'll never forget when you first got married and you told our "very old school" father that you were vacuuming the rug. He made me drive him all the way to Hamden to your house) because he was convinced that for the "man" to vacuum the rug, your wife must have been very sick and you just didn't want to tell him. When we finally convinced him that she was fine, he wanted us to take your temperature. Boy how things have changed.

Speaking of doctors and sicknesses, I had my annual physical this week. I have a new doctor whom I've only met once. My first impression was he doesn't even shave yet. But after thinking about it for a while I realized that if the doctor is older than I am, he should be retired.

It seems as though the new wave of exams is all done on the computer. We went over all my blood tests and I was quite happy to hear that "separately" all my numbers are within the range they are suppose to be. That made me smile. But that wasn't the end of it.

Young "Doogie Hauser" then went on to explain that the AMA has a new thing where they throw all you numbers in the pot (blood pressure, weight, kidney functions, liver functions, yada yada, yada) and it appears that collectively the numbers together indicate that within the next ten years I have a 25% chance of having a heart attack or stroke.

"Doogie" was amazed that I greeted this information with complete joy. "Let me do the math to see if I have this right" I asked him. "Basically, there is a 75% chance I **do not** have a heart attack or stroke in the next ten years. If I do, there is a fifty/fifty chance that I live through it. That means there is about an 85% chance I live past 70. Considering when I was forty they told me I probably would not make 50, I think my odds are pretty good," I explained.

Someone commented that with an attitude like that I will live to 90. "Ninety." I replied. "Why does everyone sell me short. I'm really gonna have a great time at my 100th birthday party. Too bad none of these naysayers will be around to celebrate with me.

Well take care and I'll see you soon. Hoefully, not too soon.

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Letters to the editor..
This paper encourages all readers to voice their opinions and comments. The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible. All letters must be signed. A telephone number should be included and no personal attacks. This paper reserves the right to edit all letters. All letters should be addressed to :
The Editor
PO. Box 313, Northford, CT 06472

Annual Fundraiser to cure Friedreich's Ataxia



Branford, CT— Join the Caruso/Bode family once again for an evening of fun, food and fundraising for the cause of finding a cure for Friedreich's Ataxia from 5- p.m. on Oct. 14 at the Owenego Beach and Tennis Club, 40

Linden Ave.

There will be appetizers, a Texas barbecue dinner and a cash bar and a raffle. Billy T and The Extra Special Guests will provide live music and this year guests might even have a private reading by internationally known psychic Jeff McBride. Comedian and magician John Cap will entertain guests throughout the evening.

Tickets are \$50.00 and can be purchased by calling Rose – 203-640-4045, Raeline – 203-246-8820 or Mary – 203-889-6484

Friedreich's Ataxia is a life shortening, progressive and devastating disease. It robs people of their ability to walk, talk and use their hands appropriately. It causes heart disease, diabetes, hearing loss and blindness. At the time Sam and Alex Bode were diagnosed as young children, the disease was considered so rare that no research was being done.

However, Mary has been relentless in forming communities of families affected by the disease, they have banded together and all moved forward raising awareness and research dollars. Guided by the Friedreich's Ataxia Research Alliance scientists and researchers from all over the world are brought together and funded to do top notch research racing for a cure. In the last twenty years, so many strides have been made that recently scientists have announced they are hopeful that a cure can be found. In 1995 when Sam was first diagnosed, there was very little hope or even knowledge of the disease. Today is different, today brings tremendous hope and awareness to the importance of living life to it's fullest despite the obstacles of FA. Work done on potential through gene therapy is the newest hope, this years funds will be earmarked for potential trials within 2017.

There is also new hope to restore eye sight, which has been the most recent loss for both Sam and Alex. Caruso states "these are the losses that really hit home as both Sam and Alex have recently had to stop riding their hand trikes outside the home. This was one activity they both enjoyed so much, to watch them lose the few activities they enjoy is so difficult."

Not only do these annual fundraising events bring about an awareness of the disease and raise money to speed the research along, but they also bring together a wide community of people who care, with everyone welcome. It's an uplifting evening filled with the spirit of friendship and kindness and love, emphasizing the dignity and respect for all people. "Our annual fundraiser keeps Sam and I optimistic and really feeling supported, we really enjoy these events" states Alex Bode.

For more information or for tickets in advance, please call the numbers listed above.

The Friedreich's Ataxia Research Alliance is a national, public, 501(c) (3) nonprofit, tax-exempt organization. See more information at www.curefa.org.

Halloween Story Hour

North Branford Women's Club, Inc., conjunction with the Atwater Memorial Library, present story hour for preschoolers. The event will take place at 10am on October 19th at Atawter Library in North Branford. The theme will be Halloween. Preschoolers are encouraged to wear costumes and refreshments will be served.

There is a signup list at the Library and you may call Ginny at 203-488-8259 with questions.

HazWaste Central open for the season

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North Branford Fall Leaf Collection

North Branford residents can bring their leaves to the leaf drop off center located at the Public Works Garage on Route 22 from 9:00am to 3:00pm on the following Saturdays this Fall: **October 22, 29, November 5, 12, 19 and 26.** Please place leaves in biodegradable leaf bags (no tape please) or empty them loose onto the ground.

Next Electronics Recycling

Saturday November 12, 2016. 9:00 AM till Noon

North Branford Recycling Center (Public Works)

Residents may also drop off: cell phones, empty propane & helium tanks*, tires* and rechargeable batteries.

Please remember that we will not accept paper of any type; place in recycling barrel for curbside pickup.

*Charge for helium tanks and size-based charge for propane tanks and tires.

Call for more info at recycling hotline: 203-484-4091

As a safety reminder, please only drop off propane tanks at North Branford Recycling Center at the Public Works Facility during quarterly e-waste recycling events. Leaving propane tanks in an unattended area can be dangerous to others.

Can't wait until our town's November collection?

Take 2 Electronics, has a site open to all CT residents where you can bring your electronics for recycling.

Located at 295 South Leonard Street in Waterbury; hours are Monday thru Friday from 7:00 AM to 3:30 PM, Saturdays from 8:00 AM till Noon. No charge.

For more information call 800-209-9322, or visit their website take2recycle.com

Voter Registration Sessions for North Branford

The North Branford Registrars of Voters will conduct the following Voter Registration Sessions for new electors to register to vote in the State Election to be held Tuesday,

November 8, 2016:

All sessions will be held at the North Branford Town Hall

Tuesday, October 4, 2016: 1:00 pm – 4:00 pm

Tuesday, October 18, 2016: 12 noon – 4:00 pm

Saturday, October 22, 2016: 10:00 am – 2:00 pm

Tuesday, October 25, 2016: 1:00 pm – 4:00 pm

*Tuesday, November 1, 2016: 9:00 am – 8:00 pm

**Monday, November 7, 2016: 9:00 am – 5:00 pm

*Please note that Tuesday, November 1st is the last day to register to be eligible to vote in the November election, except for those whose rights mature. Electors must appear in person with proper identification. **Please also note that mail-in voter registrations must be postmarked or received by the registrars by November 1, 2016.**

**This is a special session for those whose rights mature: have reached the age of 18; people who have become citizens and/or have moved into town after November 1, 2016.

You may also register to vote with the Town Clerk's Office during normal business hours of 8:30 am – 4:30 pm.

Identification and proof of residency is required. Should you have any questions, please call the Town Clerk's office at 203-484-6015.

North Branford Fire Dept.



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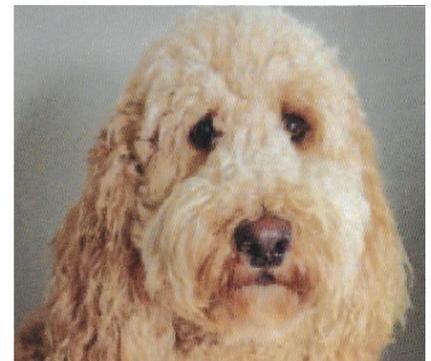
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WIT & WISDOM

With the horrendous increase in the involuntary suicides on opioids perhaps it is time I relate my experiences with Percoset. Several years ago the pain I suffered in my right leg, hip and lower back became so severe I had to seek relief. An artificial hip needing a new joint, aggravated by my snapping off my femur, that large bone from the hip to the knee, through which the shaft holding the ball in the joint created a situation the surgeons weren't able to repair sufficiently to give me pain free mobility.

My doctor prescribed Percoset. Immediately my son warned me I would suffer stomach sickness as he did from Percoset. This was also related to me by two nurses treating my wife, saying they had barely swallowed the pill when they had to rush to the sink to regurgitate it so potent was it. Fortunately I had no such reaction. In fact it's pain diminishing ability was almost totally lacking.

First prescribed 4 pills a day, later reduced to 2, when the recent hysteria of it's potency became more publicized. Let me assure you Dr. Ringstad, my primary physician, is reluctant to over prescribe and seeks every possibility to avoid it's use. I had previously tried every over the counter pain medication without results. I read of those using it to commit suicide so potent is it. It's potency is so lacking in me I took 4 once at one time without any more relief than a glass of water. I now feel a slight diminishing of the severe pain, but no other reaction. I don't want to encourage anyone to use Percoset or any opiate. My make up is most unusual so don't expect the same results. By the same token I can stop it at any time for any length without any craving which I often do.

My failure to get any measureable relief from Percoset turned my seeking relief with Marijuana in another wasted venture. Reading of it's help in epilepsy I thought maybe it's the answer to my equilibrium. Going from finally resorting to a cane to a walker I sought the authorization from the State to seek it's use. A visit with the doctor, who also met with Dr. Ringstad, resulting in they determining that I would be the oldest "Pot Smoker" in Connecticut and probably the entire nation. Immediately the thought of signing a huge contract with the dispensers showing the nation's, maybe even the World's oldest pot smoker, sitting in idealistic comfort on his patio smoking Pot. It was not to be. Like all my other dreams of riches it too came for naught.

They started me off smoking a pencil thin, artificial device on which I drew through until smoke was generated and I inhaled a few breaths. Experiencing no help whatsoever the potency of the smoke was increased with no better results. Finally, resorting to a pill, what I was told was most potent I was quickly becoming aware my fortune was fading and my pain no better. In fact it increased the severity of my equilibrium as my grandchildren had predicted. They watched my venture with much glee hoping to see a grandfather living in an idealistic high for ever more. But it was not to be. In one final effort I went whole hog and smoked a pipe full of the best most potent, pure unadulterated weed available. I was not only less stable, but totally void of any pleasurable sensation.

I don't want to discourage anyone from trying Marijuana. I saw or I should say, my son saw, since he picked up my prescriptions at the dispensary, many receiving life saving relief. A fellow we met when arranging the strict procedure required to be accepted into the program a fellow so severely injured in a motorcycle accident he was considered dead when transported to the hospital now living a gainful life.

I'm a physical pain enigma doomed to suffer till "death do us part" Maybe I'll give Ginger a try.

Oh yes, my trip to the Dispensary wasn't totally wasted. I told the photographer who took the needed photo for my application to save it since it will probably be my Obituary one. Nothing like a little macabre humor to end an article.

Alton Eliason

Become a Member Join the "Friends of North Branford Libraries"

Here in town we have two wonderful libraries that need your support! In the past, your generous contributions to the Friends have allowed us to fund many exciting programs and activities throughout the year, for adults and children alike. Help us to assist our libraries and lend your support today. Suggested dues are: Individual: \$10.00, Family: \$20.00, Patron: \$50.00 and Corporate: \$100.00. Please make checks payable to "Friends of the North Branford Libraries". Checks may be mailed to: Friends of the North Branford Libraries, P.O. Box 173, Northford, CT 06472, or they may be dropped off at either library. Please include your name, mailing address, telephone number and email address. Thank you for supporting the Atwater Memorial and Edward Smith Libraries!



Barecchia Receives Scholarship

North Haven Sons and Daughters of Italy, Lodge 2805 presented their 2016 Neil A. Velleca, Sr. Scholarship award at their August monthly meeting. The recipient was Gianluca Barecchia, a Lodge member of 3 years, who will be attending Dominican College in pursuit of a degree in nursing. He has also served as a volunteer for the North Branford EMT's.

The Lodge's scholarship program has a long history, awarding to high school seniors with a Lodge affiliation. Please see our website for more Lodge information, www.northhavenlodge2805.club.

(Pictured: Gianluca, third from right, is joined by his family (on his left), Neil Velleca, Sr. (second from right), and Lodge President Lenny Ricciardelli (far right) to receive his Scholarship.



Acelleron Facilitates Donations

On August 24th Acelleron Medical Products in Guilford facilitated the first breast pump donation to MedShare of New Jersey. Mom, Marta Mwambululu who is done with her pump is donating it. MedShare will refurbish the pump and it will be sent to a Newborn Intensive Care Unit in a developing country. Acelleron provides insurance covered pumps to moms in CT. If you need a pump or have one to donate you can email Acelleron at jferraro@acelleron.com. (Left to right photo; Jim White (MedShare) Jan Ferraro (Acelleron) Gwaki holding Solomon, Marta and Davi Mwambulukutu & Craig Williams (MedShare)

North Branford Barbershop



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TUES. - FRI. 8 - 5:45. SAT. 8 - 4. CLOSED SUN. & MON

Women's Club Meeting

The North Branford Women's Club, Inc., GFWC/CT will be holding its monthly meeting on Tuesday, October 11, 2016 at 7:30 p.m., at the Zion Episcopal Church's hall located at 326 Notch Hill Road in North Branford. It will begin with a business meeting and refreshments. At 8:00 p.m. our program will be on Domestic Violence.

North Branford starts the year on the right track!

In late August, the Connecticut State Department of Education released the CT Smarter Balanced (CT SB) Assessment scores from the 2015-2016 school year. The CT SB scores, as well as the 2015-2016 Connecticut Science CAPT and CMT scores, provided validation for the changes and efforts that the North Branford School District, its administration, staff and students, implemented this past year.

Elementary grades 3-8 took the CT Smarter Balanced Assessment and grades 5, 8 and 10 also partook in the Connecticut Science CAPT and CMT exams. Overall, across grades 3-8, an average of 60 % of NB students met or exceeded English language arts achievement level expectations, representing an improvement in the percent of students reaching that level of success by 10% as compared to the 2014-2015 base-line CT Smarter Balanced Assessments. Similarly, across grades 3-8, the percent of students meeting or exceeding Math achievement level expectations improved by 9.3% from 2015 to 47.6%.

After 2014-2015 standardized test scores indicated a strong foundation at the elementary level, grades 3-5, and provided a catalyst for improvement at the intermediate level, grades 6-8, North Branford's administration, teachers and students set out to improve achievement across all grades and all subjects. The district embarked on several expansive initiatives to ensure the success of all students. For example, school schedules were adjusted, to allow for more core area contact time and greater support of students at various levels of development and achievement. A new benchmarking system was also implemented, to allow for more accurate data-driven decisions while providing students with more experience testing in a digital environment. These efforts combined with improvements to curriculum and instruction, including establishing K-5 literacy and numeracy coaches, incorporating a well-known research-based phonics program, *Foundations*, providing professional development in the CT Core and Next Generation Science Standards and best practices in instruction, and the continuous revisions to units of study, proved effective. North Branford outpaced state growth, achieving nearly three times the state's average growth in English language arts and mathematics and experiencing science achievement at the highest level it has been in recent years for grades 5 and 8 and the strongest it has ever been in grade 10!

Totoket Valley Elementary School students continued to show a solid foundation in all three tested areas. North Branford Intermediate School's grade level performance improved dramatically as compared to last year's less than exemplary scores. The percent of students meeting or exceeding state expectations in ELA improved by 15.5%, 14.1% and 20.2 % for grades 6, 7 and 8 respectively. Grades 6, 7 and 8 also showed improvement in mathematics, with percentage point growth of 9%, 9% and 14% respectively.

Mrs. Tracy Wootton, Director of Curriculum and Instruction, gave a presentation on the results to the Board of Education at the September meeting Thursday night. The presentation is available on the district's website.

Administration and staff will use the results of the 2015-2016 assessments to analyze the effectiveness of current initiatives, establish goals for the year and inform instruction as they move forward to support each child in reaching their potential. Fueled by the continued dedication of administration and staff, the district believes it can sustain the gains made in achievement and holds even higher expectations for its students in the years to come!

Wilbur Cross Class of '58 Reunion

Wilbur Cross High School Class of 1958 is holding its 58th reunion. Sunday, Oct. 2, 2016. Contact Dorothy Ozols at 203 214-1057 or ozdort48@sbcglobal.net or Pat Franco 203 484-4573 or rjfbaseball@gmail.com.



Wee Care of North Branford, Inc. Daycare and Preschool

At Wee Care of North Branford, Inc. all day preschool is available for children ages 3-6 from 7 a.m. - 6 p.m. Monday through Friday. Some of the highlights of the program are:

- Two licensed Preschool Teachers
- Curriculum and disciplinary procedures aligned with local kindergarten classes
- Teacher directed learning centers
- Morning lessons reinforced by afternoon activities
- Extracurricular activities at no extra cost including Yoga, Music, Library visits, and Science classes

Openings currently available.

1680 Foxon Road (Rt. 80)
North Branford, CT
203-481-3909
www.weecarenb.com



Tennis Alumni Check out New Courts

On August 16th, the first annual North Branford High School Alumni Tennis Tournament was held on the new courts. A host of current and former players participated in the event. The tournament was sponsored by Joe Capetta, owner of Bobby's Pizza. Joe is a long time supporter of the NB Girls Tennis Team.

North Branford Cross Country - Off & Running

On Saturday, September 17th, the North Branford Cross Country Team participated in the 6th Connecticut River Valley Invitational Meet at Cromwell High School. Michael Madoule and Parker Nadeau were the top two finishers for the boys' varsity team. Michael came in at 18:21 (30th) and Parker came in at 18:35 (47th). Also finishing for the boys were Jared Jamieson 19:42 (63rd), Zachary Jamieson 20:07(69th), Patrick Miconi 21:58 (81st), Michael Rabuffo 22:22 (83rd) and Joe Delucia 22:22 (84th).

The boys' junior varsity team had four runners. Jason Ash came in at 22:43 (79th), Alvin Chan timed in at 23:33 (99th), Freddie Little placed 102nd at 23:42 and Hunter Boni finished at 23:54 (105th).

The girls' varsity team field only two runners as did the girls' junior varsity team. Winnie Chan placed 72nd at 24:23 and Jillian Damiani came in at 81st with a time of 24:53. For the junior varsity, Mackenzie Glenn placed 17th at 24:45 and Julia Cassista placed 49th at 26:42.

"New" SAT Seminar with Ellis Ratner Wednesday, Sept. 28 @ 7:00 p.m.

This seminar will focus on the new and revised SAT which will be given on Oct. 1. Mr. Ratner will concentrate on those sections which are new such as Evidence Based Reading and how it differs from the predecessor Reading Section. He will also focus on the revised Essay Section which now presents a topic to be addressed rather than an issue to be discussed and will also identify sections which have been eliminated. If you missed the seminar at the Smith Library, be sure to attend on Wednesday, Sept. 28 at Atwater. The Library is located at 1720 Foxon Rd. in North Branford. For further information or to register, please call 203 315-6020.

Save the Date - October 11, 2016 9AM @ The Town House Rest.

M.L. Keefe Breakfast Club with friends will continue with its bi-monthly "Buy Your Own Breakfast" reunion on Tuesday October 11, 2016 at 9AM at the Hamden Town House 2256 Whitney Ave. Hamden.

We welcome all classmates of Hamden's Grammar Schools of the 1950's.
To RSVP: Call or Contact Ken @ 203-484-9467 or kfdean@comcast.net

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Art Contest

The North Branford Land Conservation Trust, Inc. is conducting its second annual art contest. There are 4 age categories: Adult (age 19 and over), Teenage (ages 13-18), Youth (ages 9-12), and Grammar (ages 5-8).

You can find entry forms, including contest rules, on the Land Trust's website (www.nblandtrust.org), at the Town Libraries, Town Hall, in all North Branford Schools, and at various businesses around North Branford. Completed applications must be submitted by 11-17-16.



Little Leaguers go to the State Championship Game

The 12U Little League Girls All Star softball team had a great post season winning the District 4 and the Section 1 titles. The girls then traveled to Simsbury to compete in States where they came in second in the state of Connecticut.

The team was composed of 11 girls who were all an integral part of the team. Six of the girls played their last Little League game competing for the State Title, and unfortunately have concluded their time representing North Branford at the Little League level. But all of the girls enjoy competing and representing their town..

The names of the girls on the team are: Lauren Ackerman, Sophia Anastasio, Maissa Caso, Mia Deloughery, Gianna Depino, Bella Hills, Kelli Jacobson, Jada Miconi, Sophia Ouellet, Erica Piercy, and Hanna Senerchia. The head coach was Russell Senerchia, and he was assisted by Chris Piercy and Chris Hills.

Girls Volleyball Team gets New Coach

Cera Orner, a high school English teacher at North Branford High School has been named first year coach for the Girl's Volleyball team. Cera is originally from Pennsylvania where she played volleyball in high school and eventually attended Quinnipiac University in 2010. She spent four years as a scholar athlete and senior captain on the Quinnipiac Acrobatics and Tumbling Team and graduated in 2014 with a Bachelor in English and in 2015 with a Master in Secondary Education.

She started in the North Branford school system last year, working at North Branford Intermediate School as an 8th grade Language Arts teacher. This year she was transferred to the high school and is "Very excited to be working at the high school level, and beyond grateful to have the opportunity to be coaching the North Branford High School Volleyball Team this season. I hope to develop athletes skills by pushing them in everyday practice while challenging them to do their best both on the court and in the classroom," she added.

She has been joined this year by assistant coach Jake Sweet. Jake has been a full time teacher at North Branford High School for the past three years and has been the head coach of the school's Ultimate Frisbee team for five years.

At press time, the team was 1 - 3 with a 3-0 win over Creed. They have been led by Alexa Gallo and Patience Wilson.

"Jabs" Leads Football Team to First Victory

Junior quarterback Jeff Jablonski got the T-Birds off to a good start with 93 passing yards and 63 rushing yards to eke out a 21-20 victory over Sports and Medical Sciences Academy.

Jablonski completed an 18 yard touchdown to Sydney Franklin to start the scoring, but the Academy came back with two scores to take a 12 - 7 lead in the first quarter. With no scoring in the second quarter North Branford made in 14-12 in the third with a 3 yard run by freshman Charles Walcott. The Academy quickly came back in the fourth with another touchdown and then a two point conversion to go up 20-14. The T-Birds did not quit as Jablonski drove them back down the field and sophomore Nick Mancini rushed one in from the 5. Antonio Sarmento was good on all three extra points to secure the victory.

Junior Sydney Franklin had 56 yards on 2 receptions and Mancini had 52 yards rushing yards and was joined by his sophomore classmate Lou Raffone who added 20 yards on just four carries.

Mancini was tenacious on both sides of the ball as he lead the defense with 8 tackles and 3 assists. Sophomore RJ Sobask had 6 tackles and 2 assists and senior Matt Sibley had 5 tackles and 4 assists. Justin Augur had 1 sack.

Lacrosse wins Three in a Row after Losing First

North Branford started the season with confidence from their 7 strong seniors. With the help of a strong middle school team led by coaches Kathy Galdenzi and Danielle Pannone, the team grew in numbers from 24 last year to 41 this year. Seniors include: Syd Hogan, a veteran 4 year varsity starter and first team All State player should continue to bring scoring to the table and for a while teammates Mackenzie Kaiser and Elissa Nuzzo will be golden in the net! Tara Lauro is a solid presence on the left mid position along with Stephanie Seymour flanking the right side. Cara Sagnella will add to scoring from her inside right position on the line.

Opening on Friday the 9th with rival Haddam Killingworth: During a short 8 minute period, the Cougars took advantage of the T-Birds in a 3-0 scoring barrage. However, the Lady T-Birds regrouped and put pressure on their opponents, outshooting them 9 to 1. Junior Emmy Norton scored NB's lone goal. The loss, helped the team to see where they needed to bring it up for the rest of the season. So, on the following day, the team brought their "A" game as they hosted Waterford. They were much more focused and determined to win every possession. The results were stellar as 28 players played in a 8-0 victory. Scorers for NB include senior Syd Hogan with her first hat trick of the season along with sophomore Angelina Ramada with another hat trick! This was her first varsity goal. Emmy Norton chipped in 2 goals while teammates Danielle Ramada, Emilie Wilkinson, Syd Hogan, Cara Sagnella, and Emmy Norton had assists.

Next up the ladies hosted Morgan on the 15th when Syd Hogan captured her 2nd hat trick of the season along with her left wing, Emmy Norton tipping in the 4th goal. Assists were made by sophomore Amy Raucci and Emmy Norton. Mackenzie Kaiser held onto her 2nd shut out of the season. Freshman Ava Galdenzi showed a strong presence on the field.

On Friday, the following night, it was time to travel down I-95 to play East Lyme under the lights on their turf field. North Branford proved to themselves that we are a team with great promise. Passing, scoring, defense, and overall intense pressure was evident in every minute of the game. Emmy Norton opened the scoring with a double assist from Cara Sagnella and Meredith Johnson. Sophomore Amy Raucci topped in her first varsity goal of her career. While Emmy topped in a second goal and senior Syd Hogan scored on a penalty stroke after she was taken down by their goalkeeper. Syd added another security goal with 3:32 left to play. Mackenzie Kaiser made 4 strong saves in net while freshmen Melanie Norton's midfield play was stellar with her ability to deny our opponents any opportunities to bring the ball down the field.

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North Branford

Parks & Recreation and Senior Center

1332 Middletown Ave, Northford - 203-484-6017

www.nbparkrec.com

Youth Activities

Ballet 'n Rhythm

Who: Pre-School
Session: Sep 28 - Nov 16
Time: Wednesday, 9:15 - 10:00 a.m.
Fee: \$45 res/\$50 nr

Archery

Who: Grade 4 - 8
Session: Sep 28 - Nov 2
Time: Wednesdays, 5:30 - 6:30 p.m.
Fee: \$45 res/\$50 nr

Preschool Karate

Who: Ages 3 - 5
Session: Oct 1 - Oct 22
Time: Saturdays, 1:30 - 2:00 p.m.
Where: Tom Smith's Chinese Kempo Academy
Fee: \$45 res/ \$50 nr

Children's Karate

Who: Ages 6+
Session: Oct 1 - Oct 22
Time: Saturdays, 1:00 -1:30 p.m.
Where: Tom Smith's Chinese Kempo Academy
Fee: \$45 res/ \$50 nr

Toddler Ice Skate Lessons

Who: Ages 3 - 6
Session I: Oct 6 - Nov 3
Time: Thursdays, 12:30 -1:30 p.m.
Session II: Oct 5 - Nov 2
Time: Wednesdays, 12:30 -1:30 p.m.
Location: Northford Ice Pavilion
Fee: \$95

Youth Ski Club at Mt. Southington

Who: Grades 6 -12
Session: Jan 6 - Feb 3
Time: Fridays, 2:15 p.m. - 9:00 p.m.
Location: Pick up & drop off at NBIS Lot/STW Lot
Fee: Lift Only \$239
Lift & Lessons \$279
Lift & Rental \$309
Lift, Lessons & Rental \$336

Family & Adult Activities

Yoga for Beginners

Who: Adult 13+
Session: Sep 26 – Nov 14
Time: Mondays, 8:30-9:30 a.m.
Fee: \$55 res/\$60 nr
Description: Learn classical yoga postures and basic breathing techniques in a gentle class designed for the beginner student or those looking to refine their practice.

Gentle Yoga and Meditation

Who: Adult 13+
Session: Sep 29 – Nov 17
Time: Thursdays, 5:45 - 6:45 p.m.
Fee: \$75 res/\$80 nr
Description: Relax and unwind with an hour class that will include some basic yoga postures to unlock tightness and tension in the body.

North Branford Road Runners Club

Who: Adult 13+
Session: Sep 29 - Dec 22
Time: Thursdays, 6:00 - 7:00 p.m.
Fee: \$25 res/\$30 nr
Description: Students will practice run/walk techniques, build endurance with positive encouragement and support from the instructor and fellow runners.

Dodgeball

Who: Adult 13+
Session: Sep 26 - Dec19 (no class Oct. 10, Nov.7)
Time: Mondays, 6:00 - 8:00 p.m.
Fee: \$50 team/\$60 team w/nr
Description: Get your team together for a fun night of running around like you are in gym class again. Minimum 8 players.

Pickleball

Who: Adult 16+
Session: Oct 6 - Dec 22 (no class Nov. 24)
Time: Thursdays, 6:00 - 8:00 p.m.
Fee: \$40 res/\$50 nr
Description: Pickleball is a cross between tennis and ping pong. Played on a court with wooden paddles and a plastic ball, it's an easy game to get started at playing.

Bus Trips

Cranberry Harvest Celebration

Saturday, October 8. Cost: \$87 resident / \$92 non-resident

Celebrate a New England tradition and see the beauty of the cranberry harvest during an old-fashioned family festival. Start the day with a visit to the Cranberry Harvest Festival. In the afternoon, depart for a cruise of the Cape Cod Canal. Enjoy the natural beauty of the fascinating waterway.

Major League Soccer - New England Revolution v.

Montreal Impact. Sunday, Oct 23 Cost: \$80 res/\$85 nr

Come see the best soccer on display in America at Gillette Stadium! A spot in the playoffs is on the line. Time for shopping and lunch at Patriot Place prior to the 4 p.m. game. Registration Deadline Oct.12.

Patriot Place. Sunday, Oct 23. Cost: \$30 res/\$35 nr

Adjacent to Gillette Stadium, Patriot Place offers something for everyone ~ shopping, restaurants, and entertainment. Registration Oct.12.

North Branford Senior Center

8:30 a.m.- 4:30 p.m.

Activities throughout the week days

Hot Lunch available Monday – Friday, 12:00 p.m. \$3

*Now offering a cold lunch option for the summer such as tuna salad, egg salad, chicken salad, etc.

North Branford Senior Center Mission Statement

The North Branford Senior Center is committed to servicing the needs of our community's individuals, age 55 years and older. We strive to provide activities based on the interests and needs expressed by our seniors and to improve quality of life by providing activities and programs that enhance overall wellness.

Social, recreational, educational, physical and cultural activities are offered year round to enrich the lives of our seniors by helping maintain an active, independent and fulfilling life.

Identity Fraud Awareness Workshop - Monday, September 26, 2016

Mr. Savenelli of Province Mortgage will be presenting this workshop. He will cover phone scams and 10 Major points to help prevent you from becoming a victim. Workshop will be 12:30—1:30. Please sign up in advance.

Ballroom Line Dancing

Tuesdays, 1:30 - 2:30, September 27 - November 1, 2016

Cost: \$30 resident/\$35 non-resident

Learn the samba, cha cha, mambo, merengue, and more without the need of a partner. This class is designed to teach students basic ballroom patterns and steps while dancing in a group. Please sign up.

Thimble Island Cruise/Parthenon Diner—Friday, September 30,

We will leave the center at 9:30 for the 10:15 cruise. After our boat ride we will head to the Parthenon Diner for lunch. The cruise is \$12 (payable at the boat), lunch cost is on your own. Please sign up.

VNA Flu Clinic - October 7, 2016, 1:00 p.m. - 2:30 p.m.

Please bring your insurance card and a form of identification to the Stanley T. Williams Community Center.

Quiche with Kennedy - Friday, October 7, 2016 at 12:00.

Come join Ted Kennedy, Jr. for lunch and an informative conversation. Lunch is \$3.00, please sign up in advance.

Yale Mammography Van – Thursday, October 20, 2016, 8:30-2:30

For women over 40 with no known breast problems, implants and have not been screened in the past 12 months. Please bring insurance, Medicaid or Medicare card.

CHURCH DIRECTORY

Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning : 9:15 - 10:30 Worship & Lord's Supper, 11:00 -12:15 Ministering of God's Word & Sunday School. Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. www.branfordbiblechapel.org

North Branford Congregational Church, UCC. 1680 Foxon Rd., North Branford, CT, 203-488-8456 or nobfdcong@sbcglobal.net or www.northbranfordcongregational.org. Office Hours: Wednesday through Friday, 9:00 - 1:00pm. We worship every Sunday at 10:00am. Nursery care available. Get to know us by joining us for Coffee Hour following Services. The second Sunday of every month is Family Sunday when the children remain with their parents during the Service. This is followed by our second Sunday Brunch. Holy Communion is on the first Sunday of every month. Church School through grade 8 meets during worship. All are welcome no matter who you are, no matter where you are on life's journey, you are welcome here.

Northford Congregational Church, United Church of Christ. Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916. email: ncchurch@snet.net. R Jane K. Leschuk Minister of Music. Worship service and Sunday School, 10:00AM (9:00 Summer). Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Office hours, Monday an Wednesday 10am - 1pm. Like us on Facebook. Our website is www.northfordcongregationalchurch.com

St. Andrew's Episcopal Church, Middletown Ave. (Rte 22 & 17) Northford. 203-484-0895. or <http://standrewsnorthford.org> We are a member of the Middlesex Area Cluster Ministry. The Reverend Jim Bradley, Interim Missioner in charge of MACM, 203-525-6846. The Cluster office is 860-345-0058. Sunday morning Eucharist is 10:00am. We have a rotating clergy during the academic year. Join us for coffee and fellowship following service. All are welcome. Like us on Facebook: <https://www.facebook.com/standrewsnorthford>,

St. Ambrose Parish is a Roman Catholic Parish in the Archdiocese of Hartford comprised of two church locations; St. Augustine Church located at 30 Caputo Rd in North Branford and St. Monica Church located at 1321 Middletown Ave. in Northford. The Pastor is Reverend Robert Turner. Weekday Masses are celebrated on Monday and Wednesday at 9am at St. Augustine Church and on Tuesday and Fridays at 9am at St. Monica Church. Weekend Masses are celebrated on Saturday at 4pm at St. Augustine Church and 5:30pm at St. Monica Church and on Sunday at 9am at St. Monica Church and 11am at St. Augustine Church. The Sacrament of Reconciliation is celebrated every Saturday afternoon from 3:00 to 3:30 at St. Augustine Church or by appointment by calling the parish office at 203-484-0403. If you are new to the area and are looking for a parish family to join, please visit us! The office is open M-F from 9am-1pm at 30 Caputo Road in North Branford.

Zion Episcopal Church, 326 Notch Hill Road, No. Branford. 203-488-7395 Rev. Lucy LaRocca, Vicar. Sunday Holy Eucharist summer hours begin on July 10th with a single 9 a.m. service. Two babysitters available downstairs during the service. Coffee hour after the service. Visit our Facebook page or website at zionepiscopalchurch.com.

St. Ambrose Annual Craft Fair

St. Ambrose Ladies Guild will be having their annual Holiday Craft Fair on Saturday, November 12, 2016 from 9:00 a.m. to 3:00 p.m. at St. Monica's, 1321 Middletown Ave., Northford. The fair features all hand-crafted items by local artisans such as wood crafting, painted glass items, jewelry, quilted items, etc. There will be a baked table, raffles, and more. Breakfast and lunch are available. Come and enjoy great food, crafters, raffles, and much more. Tables are still available. Call Lucille for application at (203) 484-9737.

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Mashed Potatoes * Sweet Potato Casserole * Baked Ziti
Baked Macaroni & Cheese * Sweet & Sour Red Cabbage
Butternut Squash * String Bean Casserole * Tossed Salad
Gelatin Molds * Pickles * Olives * Fancy Breads, Rolls & Butter
Homemade Pies & Desserts * Coffee * Tea * Soda * Water

COST: Adult: \$20
Senior (65+): \$18
Children (7 - 12): \$6
Children 6 & under: Free



FOR TICKETS OR
MORE INFORMATION
Call Gertie Heath
(203) 484-0393

Totoket Historical Society seeks donations for Holiday Bazaar

The Totoket Historical Society is seeking donations for its annual Holiday Bazaar to be held on Saturday, Nov. 19 from 9 - 2 p.m. We are looking to feature small "attic treasures", costume jewelry, small decorative items, handmade articles, linens, baked goods, jams, pickles and condiments. Small donations for the sale can be dropped off anytime during the day at the Atwater Memorial Library at 1720 Foxon Road in North Branford. For large items or to arrange pick up, please call 203 488-0423 or email: totokethistoricalsociety@gmail.com.

All proceeds from the Bazaar will go towards expenses and maintenance of the buildings under the Society's care: the Reynolds-Beers House, The Little Red School House, the Miller Barn and the Little White Gas Station.

Camera Club Welcomes New Members

North Haven Camera Club welcomes new members and guests at all meetings. The club, now in its sixth year, offers instructions and photo shoot event for photographers at all skill levels. Camera ownership can range from cellphones to advanced dSLRs.

The next meeting on Tuesday, September 20th will include the monthly photography competition and critique session. All bi-weekly and bonus meetings are held at 7:00 p.m. at the Hope Christian Church, 211 Montowese Ave., North Haven.

For more information about the North Haven Camera Club, visit the club's website at NorthHavenCameraClub.com.

Annual Atwater Memorial Library Puzzle-Off Party

Sponsored by the "Friends of the North Branford Public Libraries"

Join us for our third annual Puzzle-Off Party at the Atwater Memorial Library, 1720 Foxon Rd., North Branford, on Saturday, Oct. 15! To register, call 203 315-6020 or you can come to the library. You may sign up individually and we will place you on a team, or sign up together as a team. Teams may consist of up to 9 people. Adults, children and families are welcome! Competition begins at 9:45 a.m. with a mandatory break for lunch from 11 - 12. Competition ends promptly at 2:30 p.m. All teams will put together the same 1,000 piece puzzle. The team that connects the most continuous puzzle pieces in the allotted time will be declared the winner. Registration closes on Oct 8.

Needed: Hospice Bereavement Volunteers

Bereavement Volunteers are needed to co-facilitate VNA Community Healthcare's bereavement support group, "Comfort in Motion". Comfort in Motion is a walking group that meets twice a month at Evergreen Woods in North Branford on the first and third Thursdays from 10-11. What makes Comfort in Motion unique is that it provides those who attend with the opportunity to walk and talk with those on a similar journey. Each meeting allows time to go inside for socialization and refreshments.

VNA Community Healthcare's Hospice program is new and we are in the process of becoming Medicare Hospice Certified. This process takes several months, but we are building our volunteer team now.

As a volunteer with the new Hospice Homecare Program of VNA Community Healthcare, you will be among the first to make history with us! You will receive free, mandatory hospice training, the support of a team and unlimited appreciation and gratitude.

If you are a compassionate individual who is a good listener and interested in knowing more about a rewarding experience, contact Jo Ann Begley at 203.458.5950 or Jbegley@vna-commh.org.

NARFE Monthly Meeting

The National Active and Retired Federal Employees Association monthly meeting will be held Monday, October 3, 1:00 pm, at the North Haven Congregational Church, 28 Church Street. All active and retired federal workers are invited to attend. The guest speaker will be Tony Scafariello, Branch Manager, AAA Northeast, who will cover travel tips and hosted tours. NARFE is dedicated to protecting and preserving the earned benefits of federal workers and retirees. Info: www.NARFE.org.

Bingo at the Guilford K of C

Guilford Knights of Columbus Council 3928 is a nonprofit Bingo Every Monday night. \$5.00 dinner at 5:30 to 7pm. Games start at 7pm. Games include 50/50, winner take all and progressive games. All welcome to a friendly game at 390 South Union street Guilford 06437. Contact Ken at 203 621-4673 or Carl at 203-453-3330 for additional information

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Greg Tech Computer Services. Certified technician. On site support for PCs & Macs. Repairs, virus removals, wireless & network setups. Software installations, computer training, upgrades, hardware and printer repairs. Call 203-671-7525 or e-mail gregsilvestro39@gmail.com

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Chemistry and/or Physics Tutoring in : High School, Entry level College and Nursing Student Chemistry classes. Certified State Chemistry Education certificate. Prepare for Chemistry Class. email: periodic19@yahoo.com

HELP WANTED

Flower Designer and Seasonal Drivers wanted at Petals 2 Go in Central Plaza, North Branford. MUST BE DEPENDABLE. Apply in person or call 203 - 484-7800.

FOR SALE

Updated Oak dining room table 5 chairs good condition, must pick up. Asking \$150. or best offer call Nancy 203-494-9562

BUSINESS FOR SALE

Branford Clip & Dip for Sale. 1211 Foxon Rd. North Branford. Asking \$20,000 or best Offer. Call Ronniann for more information at 203-605-3037.

Military Whist Card Party

The Northford Women's Club is sponsoring a Military Whist Card Party on Friday, October 14, 2016 at STW Community Center, 1332 Middletown Ave., Northford. CT. Doors open at 6:30 PM and games start at 7:00 PM. There will be fun door prizes and the club will raffle off beautiful gift baskets and other donated prizes. Refreshments, including delicious desserts, will be served. Entry is \$8 per person. Proceeds benefit various charity organizations in Northford and surrounding towns. For tickets or more information, contact Patty at 203-484-0733. The Northford Women's Club is a civic organization dedicated to promoting deeper friendships among women of our town and surrounding areas, participating in community service, and cooperating with the club work of the Connecticut State Federation of Women's Clubs. http://www.northfordwomensclub.org. The Northford Women's Club is a member of the General Federation of Women's Clubs.

North Haven Sons & Daughters of Italy Return with Popular Fashion Show

The North Haven Sons & Daughters of Italy, Lodge 2805 is proud to announce the return of their ever popular Fashion Show. It will be held at Il Monticello Banquet Facility, 577 South Broad Street, Meriden, Ct. on Sunday, October 23, 2016 from 11:00 am to 3:00 pm and includes a luncheon.

Wonderful fashions will be presented by Carol's Creations of North Haven, Ct. The cost is \$35.00 per ticket with a portion of the proceeds being donated to the Doug Flutie, Jr. Foundation for Autism.

Please help support this most worthy cause and have a fun time too. Contact Regina at 203-376-8524 or sammyn24@hotmail.com for more information and tickets.

Northford Women's Club Sponsors Red Cross Blood Drive in Honor of Daniela

On Saturday, October 1st, the Northford Women's Club, GFWC, will be sponsoring a blood drive in honor of four year old Daniela Ciriello. Daniela suffers from a rare blood disorder called Beta Thalassemia and depends on regular blood transfusions to live. Beta Thalassemia affects 1 in 100,000 people and is more common in people of Mediterranean descent. The blood drive will be held at the Stanley T. Williams Community Center, 1332 Middletown Avenue in Northford from 9:00am to 2:00pm. Please mark your calendars and come out to donate blood. For more information, call 1-800-RED-CROSS or reserve a time at www.redcrossblood.org. It is highly recommended that you make a reservation to avoid wait times.



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Totoket Times P.O. Box 313 Northford, CT 06472

For more information call 203-410-4254

Three empty rectangular boxes for contact information.

Annual Lake Gaillard Walk Returns!

The North Branford Women's Club, in conjunction with the Regional Water Authority, is sponsoring its 17th Annual Lake Gaillard Walk in North Branford on Saturday, October 1, 2016 from 9 am to 1 pm, rain or shine.

Lake Gaillard is normally closed to the public and is not included in the Regional Water Authority's pass, so this is a once a year opportunity to enjoy a walk around this beautiful property.

The distance around the lake is 7 miles but participants, as always, may choose any distance with which they are comfortable. Distance markers will be posted around the lake. Water and comfort facilities will be available. No participants will be allowed to start on the trail after 11am

Buses will be available to transport participants to the Lake Gaillard property from Jerome Harrison School on Route 80 beginning at 8:30 am. Access to the Beech Street entrance will be by bus or on foot only. Parking will be prohibited on Beech Street and Poms Lane where posted. Sturdy strollers and wagons are welcome. Bicycles, roller blades and pets will not be allowed on the trail.

Registration fee is \$8.00. Pre-registration is strongly encouraged! Participants may also register on site the day of the walk.

Prizes will be awarded to the top four participants who raise and submit the most money through pledges from sponsors on or before October 18, 2015. First and Second Prizes will be Gift Certificates to area restaurants. Third and Fourth Prizes will be Regional Water Authority recreation permits.

Proceeds from this event will be used to fund the North Branford Women's Club annual North Branford Scholarship Association scholarship, the Watershed Fund and the club's many other charitable endeavors.

For additional information call Eileen at 203-481-3553.

LAKE GAILLARD WALK REGISTRATION

Simply complete the following pre-registration form and mail it with your registration fee and pledges by October 18, 2015 to: Lake Gaillard Walk, P.O. Box 932, North Branford, CT 06471

Name: _____ Address: _____ City: _____ State: _____ Zip: _____ Phone #: _____

Table with 3 columns: Participant Name, Phone Number, Pledge Amount. Row 1: Individual Registration Fee, \$8.00

Total # of Participants _____ Total Amount Included \$ _____

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North Branford Land Conservation Trust, Incorporated

It's About the Land

Although the North Branford Land Conservation Trust, Inc. was founded in 1968, the organization experienced a period of relative dormancy from the late 1970's through 2010. Membership in NBLCT had declined to just a few individuals, kept alive by its president, Edmund Pantani, and four others. After Ed Pantani died, I received a call asking if I would help resuscitate the organization. I met with the four and together a plan was formulated with the object of drawing in more residents of the town who would be active participants in NBLCT. After much procrastination, I wrote a short piece which was published in the Totoket Times about how the NBLCT came to be and called attention to the fact that the organization met on the first Wednesday of each month at the Atwater Library. Forgetting that I had written the article, and almost forgetting (my wife had to remind me) that we had a meeting one Wednesday evening approaching 6 years ago, pulling into the library parking lot I was surprised at the number of cars. Thinking that I had forgotten to reserve the community room and another organization had taken it, that initial thought was mistaken when to my astonishment, it was a turn-out for a land trust meeting.

Since that time NBLCT has grown as an organization. It continues to hold meetings which are open to the public the first Wednesday of each month at the Atwater Library. It has an active land stewardship committee headed by a professional forester, an investment committee to manage NBLCT's financial resources, and other committees which are formed to address various issues coming before the board of directors. The land stewardship committee's volunteers monitor and mark the boundaries of its 53 parcels comprising 231 acres of land. The investment committee monitors the performance of NBLCT's investments while ad hoc committees organize public events sponsored or co-sponsored by NBLCT working with the town's recreation department in scheduling and leading hikes on trails on NBLCT property, town parkland and land of the Regional Water Authority.

In the very near future NBLCT will receive two parcels of land along the Farm River. One is 26+ acres in Northford and the other is 1.26 acres in North Branford on the east side of the Farm River off Mill Road. Both parcels are portions of larger tracts which were subdivided into residential building lots. Pursuant to planning and zoning regulations, about 10% of the subdivided land area must be kept as open space. Members of the land trust's directors were actively involved in negotiating the location, terms and conditions of the transfer of the open space land to NBLCT.

Now we have reached a plateau. We have about 67 memberships, which include individual or family memberships. Of the 67 memberships, we have about 15 people who volunteer their time serving on the board of directors and/or as officers of the corporation, or who serve on various committees. We have gained some new members while others have fallen out. So, dear reader, you guessed right; this is a call for new members, new blood, fresh ideas, and a renewed sense of urgency for the protection of this town's open land. We want you as a member. We want you as an active participant in all that we do.

We hope to see you at one of our meetings and/or hikes. There will be announcements published in the *Totoket Times* of the date, time and location of the family hikes and other NBLCT events. So keep an eye out.

Otto Schaefer, Secretary
North Branford Land Conservation Trust, Incorporated

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