



# Totoket Times

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Volume 31 No 20, July 4, 2025



## HAPPY BIRTHDAY AMERICA



### *Fused Glass Arts Creating an Island of Peace*



Facing a somewhat dying art, Francis decided to share his love and teach his craft. For three years he had a studio in Branford, but recently he joined the North Branford community.

Francis Barkyoubm began crafting stained glass art close to twenty years ago. While working a full time job he began working out of his home studio on a part time basis. As his intrigue and talent increased, he took in historic restorations and started doing work for clients who wanted to preserve the artistic beauty.

His “Glass Dance Studio” is now located at 1999 Foxon Road in North Branford. Besides repairs and restorations, Francis is a member of The Historical Society of Connecticut Apprentice Program to foster his new students to become teachers themselves keeping this art form alive.

The Glass Dance Studio offers lessons for pre teens to senior citizens. He has classes on Wednesdays for a five week period with sessions at 10AM to 1PM and evening session from 5:30 to 8PM. He also holds Open Studio sessions every Friday and Saturday for students to use the facility and hone their skills with his instructions if needed.

Pieces can be purchased, and repaired and you can also purchase supplies for your home projects. The studio is open Monday through Saturday from 10AM to 5PM.

“Glass Dance Studio was created as an island of peace for establishing new friendships, gathering with old friends, teaching, learning and fostering the continued support and future of the fused glass arts”

Reach out to Glass Dance Studio by checking out the website at [Glassdancestudio.com](http://Glassdancestudio.com) or email [francis@glassdancestudio.com](mailto:francis@glassdancestudio.com), or 860-614-47816.



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Deadline		Publication Date	
July	10	July	17
July	24	July	31
August	7	August	14
August	21	August	28
September	4	September	11
September	18	September	25



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State Representative Vincent Candelora



Typically, there’s a lull after the legislative session ends—but not this summer. A few high-profile issues have kept debate going well beyond the General Assembly’s June 4 adjournment.

Let’s start with two major bills that generated intense controversy and were ultimately vetoed by Governor Lamont.

The first, H.B. 5002, was promoted by special interest groups and most legislative Democrats as a step toward solving Connecticut’s housing crisis. Marketed as a plan to “let towns take the lead,” local officials across the state saw it instead as a backdoor effort to erode municipal control over zoning and land-use decisions.

Among the most contentious provisions:

- Towns would be forced to prove that they can’t meet aggressive—and by many, including the Governor, unrealistic—state-imposed housing quotas or risk being deprioritized for critical state funding.
- Local parking minimums would be eliminated to encourage higher-density development.
- Commercial properties could be converted into residential units (up to nine) without a public hearing by the local land use board.

While the Governor vetoed the bill, he has signaled interest in reviving it in a potential special session this fall.

The second bill, S.B. 8, would have allowed striking workers to collect unemployment benefits. The business community—which funds the unemployment system—was overwhelming opposed, arguing that the proposal would force employers to subsidize strikes and further damage Connecticut’s already fragile business climate. Governor Lamont agreed, and I share his view that this bill would have sent exactly the wrong message about our state’s willingness to be supportive of entrepreneurship.

Meanwhile, another growing concern is unfolding at the Public Utilities Regulatory Authority (PURA)—the state body responsible for overseeing electric rates. A long-running dispute between PURA and Connecticut’s utility companies has intensified, with utilities accusing the Authority and its chairman, Marissa Gillett, of clear bias.

Recently, that dispute took a more troubling turn. In court, PURA attorneys admitted that Chair Gillett deleted electronic records that had been requested by reporters, attorneys, and legislators—records that could potentially reveal her role in ghostwriting a politically charged op-ed. The op-ed, published under the names of two Democratic legislators, accused credit rating agencies of colluding with utility companies after those agencies slammed Connecticut’s regulatory environment.

While Gillett claims the records were destroyed inadvertently, the legal case is still unfolding. What’s clear is that PURA’s leadership is under serious scrutiny—particularly after Moody’s once again labeled Connecticut as having the worst utility regulatory climate in the nation. I’ve stood against her reappointment as chairman.

Taken together, these issues reflect a troubling pattern: policies and leadership decisions that increase costs, reduce local control, and further strain public trust. Whether it’s housing mandates, anti-business legislation, or regulatory dysfunction, the ripple effects are real—and they land squarely on the backs of Connecticut residents. That’s why I’ll continue pushing for practicality, transparency, and accountability as these debates continue.

State Rep. Vincent Candelora  
House Republican Leader  
86th Assembly District  
North Branford, Durham, East Haven, Guilford

Let’s Be “Frank”

Well brother, I did it again. I proved the doubters and the naysayers wrong. I survived nine days as a bachelor. SueAnn and Gina took their annual trip, driving down to Orlando and stopping along the way at many National Parks. They went kayaking and hiking. I’d like to say my \kayaking and hiking days are over but they never started. Tripping over muddy, rocky paths, while fighting mosquitos and even worse is not my idea of a wonderful vacation. Besides, even if I wanted to go, I wasn’t invited.

SueAnn left with a short list of instructions. Water my inside plants. Water the outside plants and vegetable garden. Don’t die when I’m away. Food was not an issue. I went to two baseball banquets and two supper meetings for various groups. I also made a large pot of peppers and onions. For variety, one night I had them with sausage, another with hotdogs, another with Georgia hots and finally the last remnants went well as peppers and eggs. One night I even treated myself to a scungilli salad.

So why do they all think I’m helpless. Erica showed up almost daily and brought the boys along. She helped water the plants and Nico picked the raspberries. With the first two picks I really didn’t get to taste them because he ate the pickings before he got them to the refrigerator.

One night at about 9:30 my son-in-law surprised me. There I sat in sotto i pantaloni (my under pants). I think he was making up an excuse as he told me he was bringing over Nico’s cake because Nico knew I wanted to taste it. I was a bit surprised that they decided I should taste it at 9:30 in the evening. He then informed me that I wasn’t answering my cell phone. I had turned it off because I was at a meeting. I was sure the cake was secondary and Erica sent him to see if I was still alive. She must have felt it was better for him to find me than her.

The phone calls and texts came so frequently that a few days when I wanted to take a nap, I posted in the family chat that I was taking a nap. Do not disturb.

With the better half away, I cleand out the refrigerator, cabinets and garage, throwing away many things with out being intererrupted. Food that usually goes bad and is tossed in the trash anyway, assorted cabinet items that are opened and never finished and stuff in the garage that hasn’t been touched in ten years all found their way to the garbage bins.

When I picked SueAnn up at the airport it was obvious where I stood on the food chain. She went right the garden and spent at least two hours weeding and checking out her produce and flowers. It was a great nine days. SueAnn had a ball. I proved the old man isn’t as helpless as many think. And to quote a friend of mine, “Youre happy when they leave but you’re just as happy when the come home.

On another note, after a twenty year involvement (fifteen as president), The North Branford Education Foundation has come to an end. It was a great run. We gave out more than \$100,000 in grants, honored many “shining stars” were the host site for many school mini music concerts with our breakfast with santa. It was fun and very satisfying and I thank all those who helped along the way. But as the saying goes, “all good things must come to an end” and as Andrea Bocelli sings, “It’s time to say good bye”. Take care my brother. happy fourth and I’ll see you soon.



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**Letters to the editor...**  
This paper encourages all readers to voice their opinions and comments.  
The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.  
All letters must be signed. A telephone number should be included and no personal attacks.  
This paper reserves the right to edit all letters.  
All letters should be addressed to :  
**The Editor**  
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For the Health of it...



One of my very first jobs at the age of 16 was at a “Friendly’s” Restaurant. I remember thinking it ironic that customer after customer would order the “big beef special” smothered in cheese with a large order of fries and *a diet soda*. Somehow these customers seemed convinced that if the beverage was void of calories they had done something positive to balance out the 1500 plus calories and 100 grams of fat they consumed in one meal. (I’m not really certain of the exact calories and fat grams but trust me-it was a lot.) As I was placing the beverage on the table I was frequently asked, “this is”diet “right”?

A similar thought process tells us we “deserve” pizza or a piece of cake if we’ve met our exercise goal for the day. I know of a fitness instructor who regularly joins her members for drinks and nachos after class. It has become a pattern and they look forward to the camaraderie and socialization these gatherings bring. No doubt there are tremendous benefits to pairing exercise with a social aspect. Also,occasionally enjoying the aforementioned foods is perfectly fine within a balanced lifestyle. However, these are all examples of self- sabotage at its finest, disguised in some convincing “truthiness” (a word coined by one of my coaches) that keeps us spinning our wheels and getting nowhere.

We all do it to some degree and it seems to be a given for those who hang on to the empty promises their diet beverage has to offer. Sorry to be the bearer of bad news but if you’re struggling to move forward with your health goals, and diet soda is your “go to”, it may be what’s holding you back.

The zero calorie attraction is going strong and is frequently chosen by those truly looking for a way to cut calories and reduce sugar intake. It’s clever marketing that leads us in the wrong direction.The intentions are good but it is important to take a deeper look into what we are actually consuming and how it can affect our health. Lots of folks unknowingly buy into the false hype on a daily basis. Studies show these beverages may have a negative effect on blood sugar and also on gut health -two major areas that deserve our attention and when running smoothly can have a domino effect in a very positive way.

Studies show that keeping gut bacteria healthy is crucial to nutrient absorption and regular consumption of artificially sweetened foods and beverages can prevent proper absorption from occurring. Regular consumption of sugar substitutes may also intensify cravings for sweets or lead us to justify that because we haven’t consumed calories, we can splurge elsewhere. Some researchers also believe that sweeteners may interfere with the body’s mechanisms for metabolizing sugar.

So maybe it isn’t the zero calories that attracts you...maybe it’s the taste, maybe it’s the caffeine jolt, maybe it’s a habit that’s really hard to break. The first tip in eliminating this obstacle from your health journey is to figure out where your attachment comes from. It’s important not to go “cold turkey”. When the body is used to consuming substances like caffeine, artificial sweeteners (and all the chemical additives that go along with it) every day, it’s best to gradually reduce intake. This can potentially help minimize headaches or irritability that may occur as the body adjusts. Try cutting your soda with sparkling or plain water and decrease the soda/water balance over time or go from 2 cans a day if that’s your routine, to 1 can a day and so on. Fill in the gaps with sparkling water or seltzer to start. Add sweetness with a splash of real fruit juice. Find a healthier way to get your caffeine fix; perhaps with plain coffee or tea.

Be consistent, and hang in there. Recognize that you may initially feel worse before you feel better (a definite sign that this habit needs changing) and after a while, notice the difference. Perhaps you’ll find you’re feeling more energized, that food is tasting better and that this one change is doing much more for you than expected. Imagine how amazing that would feel! One simple change over time can make a huge difference and you have the power to make it so!

For a Free Copy of The 5 Steps to Stop Dieting and Start Living with Food Freedom, reach out at [joann@wellnessfuison.net](mailto:joann@wellnessfuison.net). Need more tips to break a habit that can be sabotaging your health goals? I’m happy to help. Remember these monthly articles are here for you-For the Health of it!

*JoAnn Begley is a Certified Nutrition and Lifestyle Coach, Holistic Wellness Practitioner and Reiki Master.*

Recycling News

The Next Electronics Drop Off will be on July 12<sup>th</sup>.

The event will be held at Public Works from 9am to noon. We will be collecting electronics such as TVs, computers, small appliances and almost anything that has a plug. We cannot accept smoke detectors, A/C’s or dehumidifiers.

We will also be taking mattresses (clean and dry), batteries and used oil for free.

There is a small fee for recycling propane tanks in reusable condition.

When you bring us your mattress, you are creating jobs for those who take them apart to recycle the components.

Hazwaste Central is open for the season  
Safe & Free Disposal of Residential Household Hazardous Waste

The Regional Water Authorities’ HazWaste Central will be open on Saturdays starting on May 17<sup>th</sup> through mid-October. They are closed on the weekends of July 4<sup>th</sup> and Labor Day.

HazWaste Central helps area residents in member towns protect water quality by safely disposing of household wastes. Located at RWA at 90 Sargent Drive in New Haven, HazWaste Central is open from **9 a.m. until noon on Saturdays only**. Household hazardous waste comes from everyday products used in the home, garage, yard or garden.

A visit to HazWaste Central is quick and easy. Participants never have to leave their cars, and the waste is off-loaded by professionals. Some of the household wastes that can be dropped off include aerosol cleaners and sprays, antifreeze, oil-based paint and pool chemicals. We also list some of the accepted items on your yellow trash information card.

Please visit <https://www.rwater.com/in-the-community/hazwaste-central> for a complete list of what is accepted along with the online registration form. You can also call 203-401-2712 or email [ask.hazwaste@rwater.com](mailto:ask.hazwaste@rwater.com).

Plastic Wrap Reminder

Most bird seed, pet food and mulch bags are not made of the right plastic to be considered plastic film. And even if they are labeled as recyclable, they would need to be clean to go into the plastic film bin. Please put these items into the trash unless it has a recycle symbol on it and has been cleaned and turned inside out.

**Black plastic plant pots and black takeout containers are not recyclable.** The machinery can’t detect the black plastic. Either try to return the plant pots to the place where you bought your plants or try to reuse them. I find the takeout containers have many uses around the house.

Balloons are not recyclable. Please put your used balloons in the trash bin when you are done with them.

Can I recycle it?

Connecticut has a website to help with recycling questions: [www.recyclect.com](http://www.recyclect.com).

They also have an app.

For more information about recycling in North Branford you can check out North Branford’s Recycling Committee’s website: <https://www.northbranfordct.gov/245/SolidHazardous-Waste-Recycling-Committee> or our Facebook page: North Branford CT Hazardous Waste & Recycling Committee

Thank You for Your Participation

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**TVES Students Recognized by Angeloni Family  
for Potential and Promise**

Totoket Valley Elementary School (TVES) welcomed Mayor Rose Angeloni and Mr. Frank Angeloni to its end-of-year ROCKS assembly to help recognize and celebrate two outstanding fifth-grade students, Bella Rapuano and Noah Shreiner, as recipients of the first ever *Angeloni Promise Award*

The Angeloni Promise Award is a special honor given to two students who exemplify exceptional potential across multiple dimensions of their young lives. Whether through intellectual curiosity, creative talents, leadership qualities, or resilience, these students embody the spirit of promise. They inspire those around them with their drive, their vision, and the unique strengths they bring to our school community. Named in recognition of a legacy that values growth, talent, and dedication, the award celebrates students who demonstrate a remarkable capacity to succeed, both now and in the years ahead.

The Angeloni Family joined the assembly to present the awards and share a message of encouragement and hope for the future. The award included a \$500 contribution to a Connecticut Higher Education Trust (CHET) college savings plan. Their presence and continued generosity are inspiring.

The award is more than a recognition of achievement—it is a celebration of potential and a powerful reminder that greatness begins with believing in what is possible. TVES is proud to partner with the Angeloni Family in honoring the bright futures of Bella and Noah, and celebrating their extraordinary promise.



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Tea Nicole Ferrucci, Thomas Geist and Carolyn Rose Hefernan were name to the Dean's List at The University of Rhode Island.

Kyle Nichols, Lauren Ackerman, Summer Evans, Alec Johnson, Ezra Nierenberg and Dhruvi Patel were named to the Dean's List at the Univesity of Hartford.

Spencer Greene, Peyton Moriarty and Makenna Stoner were named to the Dean's List at Worcester Polytechnic Institute in Massachusetts.

Christina Riggione was named to the Provost's List at Hofstra University in Hempstead, NY.

Catie Dow graduated summa cum laude at Clark University in Worcester, MA

Nicole Gomez graduated summa cum laude with a Bachelors in Finance. She was also awarded the President's Scholarship Award, The Alumni Academic Achievement Award in Business and the Finance Outstanding Senior Award from Quinnipiac University.

Ryan Michonski, Catherine Pollack and John Pollack were named to the Pre-sident's List at Nichols College in Dudley, MA.

Jaidyn Wein and Noah Yeager were named to the Dean's List at Emerson College in Boston, MA

Kiley Mullins was named to the Dean's List at The University of Scranton in PA

**NorthBranford High School  
Class of 1975 50th Class Reunion**  
August 22, 2025, 6 to 10pm  
Amarante's, New Haven, CT

For more information and updates:  
Facebook group **NBHS Class of 1975**  
Please send your contact information (name, address and email address) [NOBranfordhsclassof1975@gmail.com](mailto:NOBranfordhsclassof1975@gmail.com)

Please share information with other classmates.





## Tilcon contributes to NBLCT conservation efforts

The work has begun! About 11 volunteers from Tilcon helped North Branford Land Conservation Trust (NBLCT) clear trails on their new Beech Street Demonstration Forest property in North Branford. Tilcon volunteers did the heavy lifting by operating trimmers, weed whackers, and chain saws to help NBLCT volunteers clear trails and invasive plants that were crowding native trees.

Hank Petroskey, Vice President of the Land Trust, said, "The original entrance and trail that goes left at the back of the property, looks great and will soon be available for folks to start using. Some work has also begun on the right spur but we ran out of time. Now we need volunteers to help keep it cleared."

A special shout out to Tilcon for helping preserve this North Branford gem. They battled the rain and mosquitos to begin to clear this land for everyone to enjoy.

NBLCT was able to purchase this 37.5 acres of RWA land off the Lake Gaillard watershed in North Branford with generous help from the State of Connecticut (Department of Energy and Environmental Protection, Open Space and Watershed Land Aquisition Grant Program), the Connecticut Land Conservation Council and generous local donors.

Work is ongoing, and NBLCT is looking for volunteer help build and maintain additional trails including an ADA path to a vernal pond. If you are interested in helping, please contact us at [Info@nblandtrust.org](mailto:Info@nblandtrust.org) or check out our website at [www.nblandtrust.org](http://www.nblandtrust.org).

## Artisan Craft Fair Fundraiser



An Artisan Craft Fair will be held in Carroll Hall at the North Haven Congregational Church, 28 Church Street, North Haven, on Saturday, July 12 from 9 a.m. to 2:00 p.m. Offered for sale will be carefully home crafted wood flags, knit and crocheted items, and a variety of needlework kits, including cross stitch, needlepoint, crewel embroidery, and punch needle, at appropriate prices. Vendors of fine quality creations have been invited to offer their wares. For sale will be a variety of quality materials and sewing equipment, landscape paintings, quilts, baby things, and more! Come and see what you may find for yourself or to give as a gift. Do some Christmas shopping in July! There will be two generously filled sewing baskets and a handmade Afghan offered as raffle prizes. This fundraiser will support our church projects. Handicapped Accessible and ample Parking available.

## St. Elizabeth of the Trinity Parish Festival

St. Elizabeth of the Trinity Parish Festival will take place Thursday to Saturday, July 17th to 19th at St. Therese Church, 555 Middletown Ave., North Haven. Musical entertainment, rides, food, games. Thursday & Friday 5-10pm and Saturday 4-10pm.

For questions call parish office at 203-239-5378.



## CHURCH DIRECTORY

**St. Andrew's Episcopal Church**, the White Church on the Hill in the Heart of Northford, has been an integral part of Northford since 1763! Worship services are held Sundays at 10:00 a.m. Refreshments and fellowship always follow. Please join us - we'd love to get to know you! All are always welcome!! The church is also open to all in the community for individual prayer, Tuesdays from noon to 2 p.m. St. Andrew's supports many community programs, and contributes regularly to the North Branford Scholarship Program; North Branford Social Services (NBSS) Thanksgiving Basket Share and Christmas gift and food basket share programs; NBSS Back-To-School Backpacks; clothing donations (donation shed located at the back of the church parking lot); and more. A number of fundraising events are held throughout the year to help us help our neighbors, such as an Annual Rhubarb Fest, summertime Ice Cream Socials, and the annual Harvest Supper. Please join us for the events, and help us help our neighbors! Additionally, the church's Parish Hall is available for rent for birthday parties, showers, receptions, etc. The Rev. Bryan Spinks is St. Andrew's priest; Nan Monde is Sr. Warden. For more information please contact Nan at 203-710-7005

Please join us for worship at **St. John's Episcopal Church** at 129 Ledge Hill Road in Guilford, CT 06437. Our services are at 10 am each Sunday with Youth Spiritual Foundation for ages 5 and up every first and third Sunday. Coffee hour after our service in our parish hall. See our Facebook page St. John's Episcopal Church, Guilford CT. 203-457-1094. check our website at [www.saintjohnsguilford.org](http://www.saintjohnsguilford.org)

**Shoreline Community Church** located at 9 Business Park Dr., Units 1-4, Branford, CT. Call us at 203.481.8919. Sunday Services at 8:30 and 10:00 AM (Children and Jr. High activities meet during our 10 AM service). For more information, check out our website [www.sccbranford.org](http://www.sccbranford.org). SCC is a diverse community that is dedicated to Making the Invisible God Visible.

**United Methodist Church, Branford** 811 East Main St, Branford (Route 1, across from Bill Miller's Castle). [www.umcbranford.org](http://www.umcbranford.org) or (203) 488-0549. Sunday service 9:30am - both in-person and live on our website. "The Church on the Rock," led by Pastor . We invite you to discover the power of faith in Jesus Christ bringing God's love to the world. Join us to worship, experience God's word, and stay connected.

**Zion Episcopal Church**, 326 Notch Hill Road, North Branford. While we are in transition, we continue to hold services of Morning Prayer following Rite 2 in the Book of Common Prayer, and do have services of Holy Eucharist when we are fortunate to get a supply priest. At this time, we have a single service at 9:15 a.m. on Sunday morning. Refreshments and fellowship to follow service in the parish hall. Please visit our Facebook page or our website [zionepiscopalchurch.org](http://zionepiscopalchurch.org). Zion is an open and affirming congregation for those seeking a safe place to worship and grow in Christ. 203-488-7395

**Branford Bible Chapel.** 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning: 10:00 - 10:30 Worship & Lord's Supper, 10:30 11:00 Announcements and Music Minity, 11:00 -11:45 Ministering of God's Word & Sunday School. . Nursery provided. Vacation Bible School, missions & outreach programs. [www.branfordbiblechapel.org](http://www.branfordbiblechapel.org)

**Community Baptist Church.** 53 Hopson Avenue, Branford, CT. Pastor Jon Bickel. Sunday Bible Classes 9:30 a.m. and Worship Service 10:30 a.m. Nursery is provided. Adult bible study and prayer meeting, and children's clubs on Thursdays at 6:30 p.m. For more info.: 203-488-8581; [info@cbcbranford.org](mailto:info@cbcbranford.org); [www.cbcbranford.org](http://www.cbcbranford.org)

**Hope Christian Church** (we are an Assemblies of God affiliated church) 211 Montowese Ave., North Haven CT [www.hopeag.com](http://www.hopeag.com). Sunday Service 10:00 AM, Wednesday Bible Study 7:00 PM. Follow us on Facebook. "realpeople realhope reallife" (203) 234-7328

**The North Branford Congregational Church**, NACCC, 1680 Foxon Road, North Branford CT. Join us for meaningful worship and Bible based teaching every Sunday at 10 am. Sunday School for children during service. Communion on the first Sunday of the month. We offer Bible study, choir, lunch bunch, 2<sup>nd</sup> Sunday brunch, charity work, book club, praise team, men's fellowship and more. Our pastor is the Rev. Wendy Tarry. To contact our church: Office hours are Wednesday to Friday from 9:00 AM to 1:00 PM. Phone: 203.488.8456, email: [nobdcong@sbcglobal.net](mailto:nobdcong@sbcglobal.net), website: [www.northbranfordcongregational.org](http://www.northbranfordcongregational.org) Come grow in faith with us!

**Northford Community Church.** Church is located on Old Post Rd. (Corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone (203)-484-0795, Fax (203)-484-9916. Email: [northfordcc@gmail.com](mailto:northfordcc@gmail.com). Office Hours: Tuesday 9am-1pm; Other days by appointment. John Vigneri, Pastor. Catherine Klouda, worship leader. Worship service 10am. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Like us on Facebook. Our website is [www.northfordcommunity.church](http://www.northfordcommunity.church).

**St. Ambrose Parish – Roman Catholic Parish** with two church buildings, St. Augustine, located at 30 Caputo Rd. North Branford and St. Monica, located at 1321 Middletown Ave. Northford.

The pastor is Rev. Robert L. Turner. All are welcome and invited to join us for Mass! Summer Mass times include: Monday, Tuesday, Wednesday, Friday and Saturday at 9:00 AM at St. Augustine. Weekend Masses are celebrated on Saturday at 4:30 PM at St. Augustine (English Ordinary no incense used), Sunday at 9:00 AM at St. Monica (English Ordinary, no incense used) and on Sunday at 11:00 AM at St. Augustine (Latin Ordinary with use of incense). The sacrament of Reconciliation is offered a half hour before all Masses, excepting Sunday, and on Monday evenings from 5-6 PM during Adoration. The parish office is located at St. Augustine Church and is open Monday, Tuesday, Wednesday and Friday from 9-1. You can access the bulletin and staff emails at [NBcatholics.org](http://NBcatholics.org). If you are new to the area and looking for a wonderful parish or homeschool co-op to join, please visit us or give us a call!





# NORTH BRANFORD PARKS, RECREATION, AND SENIOR CENTER

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## TENNIS AT NORTHFORD PARK

Join us for 8 week Introduction to Tennis program at Northford Park!

Lessons will be offered with Guilford Racquet Club Pros once a week for 45 minutes and included age appropriate skills and drills! Lessons include a Racquet!

Meet our Instructor: Austin is a certified USPTA tennis teaching professional and worked at Fairfield County Tennis and Milford Indoor Tennis before landing in Guilford and North Branford. He played high school tennis at Brookfield High School and college tennis at Western Connecticut State University, where his teams made the playoffs every year. When he's not teaching tennis he can be found playing tennis, as he belongs to several USTA league teams.

### INTRO TO TENNIS

Ages 11-13 • 5:00-5:45pm • July 9 - August 27  
Ages 5-10 • 6:00-6:45pm • July 9 - August 27

**\$120**  
per session

## — SENIOR CENTER —



### WORLD UFO DAY

JULY 2, 2025  
1:00-2:00PM  
STW  
SENIOR  
ROOM

Join us for a fun  
afternoon  
celebrating UFO's, aliens  
and martians!

### CHAIR YOGA

Tuesdays July 22 — Sept 9  
10:30—11:30am \$45 res / \$50 nr

Instructor: Sharon Bailey  
Chair yoga is a gentle form of yoga that is done while sitting and using a chair for support. Chair yoga helps build strength, improve coordination, and promotes relaxation, reduces stress.

### MOVE TO MUSIC

Friday July 18 - \$5res/\$6nr  
10:00—11:00am STW Gym/Cafe

Instructor: Adrienne Patrella  
"Move to Music" is a low impact, fun, fitness class which can be done either seated or standing. This easy-to-follow program combines gentle movements with upbeat music to help you improve strength, mobility, flexibility, and balance—all while enjoying the rhythm and having fun.

### HOT OFF THE GRILL DOUBLE BINGO

Thursday July 24 - \$5  
10:00—2:00pm - STW Pavilion

JOIN US FOR ALL DAY DOUBLE BINGO WITH A GRILLED HOT DOG PICNIC LUNCH IN BETWEEN THE 2 SESSIONS!  
We will play and eat under our new pavilion. First session is 10am to 11:30am, lunch, then our second session of bingo will start at 12:30! A Lunch of hot dogs, chips, watermelon, macaroni salad and lemonade is included in this event.

## IVORYTON PLAYHOUSE



### MY FAIR LADY

At Ivoryton Playhouse

August 13, 2025- \$58res/\$63nr

Lunch (on your own) at Lenny & Joe's then we're off to the theater to enjoy a production of My Fair Lady!  
Departs 10:30 am Returns: appx. 5:00 pm  
Payment is due at time of registration

NORTH BRANFORD SENIOR CENTER PRESENTS

A DATTCO NYC MOTOR-COACH BUS TRIP TO THE  
**AMERICAN MUSEUM  
OF NATURAL HISTORY**

**ANNE FRANK  
THE EXHIBITION**

INCLUDES A FAMILY STYLE LUNCH AT CARMINE'S  
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**WEDNESDAY SEPTEMBER 24TH**

FULL DETAILS ON NBRECREATION.COM





**\$220  
PER PERSON**

### Learn with SPARK!

Learn how to make sweet and tangy lemonade – and make money by selling it!

Experiment with recipes, design flyers, learn how to count money, make change and tally your profits. Then, in a showcase finale event, launch your lemonade stand and sell, sell, sell, and raise funds for a charity students select!



-  Mon, 8/18 - Fri, 8/22
-  9:00am - 3:00pm
-  North Branford Recreation Center  
1332 Middletown Ave, Northford, CT 06472
-  \$350 for full-day camp



CLASSIFIED AD RATES

Personal, For Sale, Help Wanted, Tag Sale, and all non-business classified  
1 issue \$9.00 2 issues \$12.00 3 issues \$15.00  
20 words or less, not including phone #. \$.05 per word, per run, after 20 words  
Lost and Found ..... FREE  
Business Classified Ads & Real Estate  
3 issues \$35.00, 6 issues \$60.00, 12 issues \$100.00  
\$.10 per word, per run, after 20 words  
Payment MUST accompany all ads. The advertiser must notify this newspaper of any errors.  
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For more information call 203-410-4254


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Mone Landscaping LLC, is now accepting new accounts for lawnmowing, trimming, mulching, planting, etc. *We are licensed and fully insured. Call Joe at 475-201-7041 for a free estimate.*

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John DiMaggio Plumbing - Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured. Call 203 - 627 - 6826. References available.

AUGUST 1-3 2025



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DEMOCRATIC PARTY CAUCUS

To enrolled members of the Democratic Party of the Town of North Branford, Connecticut. Pursuant to the Rules of the Democratic Party and State election laws, you are hereby notified that a caucus will be held on July 15, 2025, 6 PM at the Stanley T. Williams Community Center, 1332 Middletown Avenue, Northford to endorse candidates for municipal elections and to transact other business as may be proper to come before said caucus.

Democratic Town Committee of North Branford,  
Judy Bannon Chairperson and  
Elisabeth Caplan, Treasurer.

"Security Systems are best when installed by a Professional not the Internet"



203-288-1000

355 Sacket Point Rd.  
North Haven, Ct 06473

Did you know:

It was a hot summer day in London and the heat is presumed to be what caused the famous clock to stop.