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Volume 22 No 1 February 6, 2015



Jay & Lucy's Family Affair

After serving the community for 25 years, Jay & Lucy's Family Deli is turning over the family business to Joey. Pictured in the photo left to right: Joe Kaluski, daughter Ava, niece Amanda, daughter Brook, grandma Lucy, niece Alexa and grandpa Jay. Stop in at 999 Foxon Road and check out their new menu and extended hours.

For information all 203-484-2866.



Firefighters Practice Night Time Cold Weather Rescue

Recently, North Branford Volunteer Fire Department Company 1, practiced in town night time cold water rescue techniques at Cedar Lake. After donning thermal wet suits, members of the Company cut a holes in the ice and practiced several rescue techniques in the frigid waters.

Photo by Frank Garitta

Girl Scouts Earn Pets Badge

The girls in Girl Scout Troop 60033 recently visited the Dan Cosgrove Animal Shelter to earn their Pets badge. The girls learned about all aspects of the shelter, caring for animals and animal safety. The girls also donated various items to the shelter. Pictured, bottom row, left to right: Lily Ardito, Marley Krebs, Gabby Dion, Natalia Farina, Ashley Amendola. Middle row: Megan Nuzzo, Laney Brewster, Nicolette Regino, Caitlin Torok, Sophie Van Der Maelen, Daytona Kamienski, Mallory Hoskins. Back row: Julia Sekelsky, Officer Dawn Buffone, Briana Forslund, and Kara Rowell (program coordinator DCAS). Not pictured are Lyla Bogardus, Co-leaders, Portia Amendola and Liz Hoskins and shelter worker Pam Medlyn.



Don't Get Caught in the Cold

The Totoket Times would like to thank the people who have sent in their voluntary payments. Many people even realized the expenses it takes to put out this paper and sent more than the minimum suggested. For that our community should be grateful.

However, with this frigid weather, we don't want you to get caught out in the cold. There is still time to send in your voluntary payment. With a local economy that continues to struggle, the Totoket Times is no exception. When businesses fall on tough times they are often forced to cut expenses and advertising is usually the first one to go. The Totoket Times and the people of our town are fortunate to have loyal merchants who support our community. Not only does their support help them get their message to the residents, but it also allows them to help get the town news and happenings out to the public.

It is with great financial difficulty that this paper comes to your mailboxes every week. Postage and print prices continue to rise but we have maintained our efforts to not increase advertising rates to businesses that are already struggling to keep their doors open.

As we too are experiencing that same struggle, it is once again time to ask our readers to help our advertisers to help our newspaper continue to bring the message of the people in our community to our neighbors. You can do this by making a voluntary contribution of at least \$10.00 to help us continue with our mission. The voluntary payment helps with increasing expenses, and shows your support for your hometown newspapers.

Don't just expect your neighbors to do it. This year more than ever we need your help and would appreciate your support.

PLEASE SEND PAYMENT TO: TOTOKET TIMES, PO BOX 313, NORTHFORD, CT

NAME _____

COMMENTS _____

Deadline		Date of Issue	
February	13	February	20
February	27	March	6
March	13	March	20
March	27	April	3
April	10	April	17
April	24	May	1
May	8	May	15
May	22	May	29

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In this issue of the Totoket Times.....	
Editorial	2 - 4
School	6
Sports	6 & 7
Recreation	9
Church	10
Classifieds	11

North Branford Feeding the Hungry

Dear Editor:

The North Branford/Northford home delivery program is starting its third year in service. This program is designed to provide hot meals to people who are recovering from surgery or an illness or going for medical treatment or physical therapy or other situations on a short term basis.

This program is open to all residents of North Branford and Northford. If you know of someone who needs this service contact Judy Barron at the Senior Center at 203-484-6017 and she will determine if they qualify.

At present we are servicing approx. 17 recipients. We are a satellite of the Branford Community Dining under the supervision of Pat Kral. They supply us with the protein and other food items we use to prepare the meals. We also receive generous donations from others which enables use to purchase fresh vegetables when available as well as other foods. Donations are always welcome.

The generosity of the North Branford Congregational Church, allows us to use their kitchen and we cook every Tuesday preparing two hot dinners per recipient. The hours of operation are 8:30 A.M. to approx. 11:00 A.M. These meals are then delivered by our great volunteer drivers, who are John Cortes, Maggie Delaney, Joe Donofrio, Mary Smith, Aloha, Mosier and Susan Ellis.

If you are interested in driving contact Carol Sabia 203 488-5747.

These meals are prepared by a terrific group of volunteers, who are all experienced cooks. They are Eileen DeRosa, Cappy Kopylec, Shelia Juniver, Louise Mason, Sue Wakefield, Diane Farley and Alice Lehr.

If you are interested in volunteering call Diane Farley at 203 467 7470. All other inquiries call Alice Lehr at 203 4887126.

We appreciate all the support from all those who contribute to this program.

Sincerely,

Alice Lehr, Diane Farley & Carol Sabia



Branford Compassion Club Feline Rescue & Adoption Center will celebrate its 4th anniversary.

On Saturday, February 28th from 11am to 3pm, Branford Compassion Club Feline Rescue and Adoption Center will be celebrating its 4th anniversary with a winter food and supply drive to benefit homeless cats. Donations of unopened canned wet food (pate) are especially needed as well as dry cat food for BCC's shelter and feral cats. Paper towels, garbage bags (13 gallon), crate pads, litter, laundry detergent, dish detergent, disinfectant wipes, Revolution, Advantage and Frontline flea control are also needed.

Please join the volunteer staff for cake and coffee to celebrate the center's 4th anniversary.

BCC's Feline Rescue & Adoption Center is located at 2037 Foxon Rd in North Branford. For more information, please visit www.branfordcompassionclub.org.



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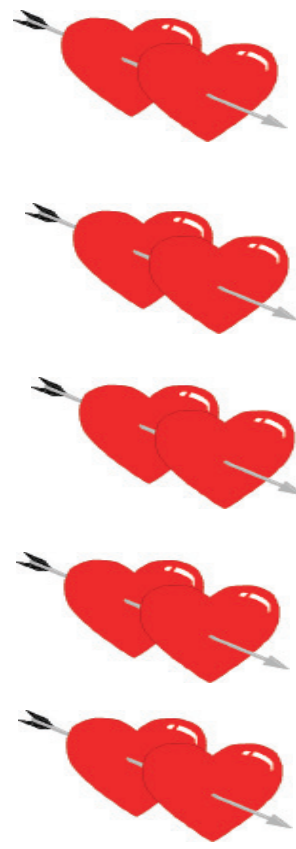
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Of Essays and Eggs

by *Lindsay Lee Wallace*

So, it's finally over. After months of feeling as though there were something figuratively hanging over my head (a dark cloud of ominously swirling deadlines), and literally breathing down my neck (my father), the last of my college essays have been neatly parceled off in all their electronic Times New Roman glory, sailing to admissions offices around the country—or well, at least the East Coast—to decide my future. These careful arrangements of our familiar twenty-six letters, over which I slaved tearfully, my stress dripping saltily from my eyes and down my cheeks, are officially out of my control.

I should feel relieved, right? That's what I keep telling myself, what everybody keeps telling me. My friends, also in the throes of the post-deadline emotional rollercoaster, all seem to feel as though a weight has been lifted off their shoulders. Perhaps I am experiencing an ironic, adolescent echo of what my father says he feels each time I go back away to school: empty nest syndrome. After laboring so meticulously over these snippets of writing, it feels wrong to let them go into the world. And suddenly my days seem emptier, without their constant badgering.

Then again, I can't say I miss one-thousand, five-hundred, three-hundred, or forty word limits. There is no part of me that yearns for the days when I was required to distill my entire being into essays with prompts demanding I describe my deepest fears, greatest hopes, and favorite omelet recipe through a metaphor concerning cats, in under two-hundred fifty characters. The more time I spent attempting to perfect these essays, the more it seemed a unique and impossible skill, one that no other aspect of my life had quite prepared me for. This simplification of all that I am into words—and only a certain number of them, at that—left me at a loss. These essays, technically simple, encompassed one of my worst fears: defining moments. It seemed, as I was writing, that my entire future hung in the balance, and suddenly I—always so talkative, always ready with a comment or a quip—was at a loss. I can make an omelet with relative ease. If, however, you told me that the cheesiness of that particular omelet would decide whether I would spend the rest of my life making breakfast in my parents' kitchen, I would find myself suddenly at a loss. I have always imagined my life a certain way, an amalgam of books and movies and other peoples' stories that I expect my most important moments to measure up to. And, just as reality never quite conforms to the mold I have cast for it, these essays don't seem capable of quite catching the full meaning of me.

Each mark upon those pages was a decisive answer to the question of my future, and I can only hope that it will be a positive one. The reason, I believe, that I have not been able to relax is because at least before, when I had something to work on, I was affecting the process. Now, I am powerless. The decision falls to somebody who couldn't care less what exactly I meant when I wrote those words that may not be perfect. They see me as my test scores, my grades, and these blasted essays whose contents I birthed from the depths of my mind and now can only hope will be enough. When viewed from this perspective, it's no wonder that I'm more nervous now than I was before. Even stranger to imagine is that by the beginning of April, it will all be over. Decisions will be made, and five years from now, this excruciating period will be merely a blip on my radar. Perhaps with practice, I will have a steadier hand cracking my eggs.

State Representative Vincent Candelora

Another Day, Another Gimmick



I believe Connecticut may lead the country in gimmicks used to close budget deficits. Like slowly turning the temperature up to boil a frog in a pan, the Governor and Treasurer have taken an age old practice and turned it into something very bad for the state. This practice essentially involves skimming money off the top of borrowing and

diverting it for operating expenses.

When a treasurer issues bonds or borrows money, she has the ability to borrow extra money beyond the principle amount in exchange for paying a higher interest rate on the bonds. This upfront cash is known as a bond premium. This premium should be used to reduce the principle on the debt; however, the Treasurer has quietly been using it for other purposes.

Over the past few years, the Governor has accelerated the use of these premiums. On average, the state collected approximately \$30 million annually. Today, Connecticut collects over \$100 million annually and has taken the money to offset other expenses in the budget. As if our dramatically increased borrowing is bad enough, the Treasurer is adding insult to injury by increasing our interest rate on this borrowing and hoarding piles of cash for other purposes.

In December 2014, the Treasurer took approximately \$66 million of bond premiums from one issuance and paid down our debt on another. In a self-congratulatory letter, the Treasurer applauds paying down this debt; however, it's completely nonsensical since she used borrowed money to do it! In fact, in this same letter, she acknowledges that the practice of extending debt is frowned upon by the rating agencies, yet they view the transaction favorably. The Treasurer writes, "The downsizing of this upcoming transaction is viewed positively by the rating agencies-notwithstanding their general disfavor of extending debt." No kidding. Of course bond agencies would not be happy that a state is extending their debt payments and using borrowed money to pay down other debt. In the private sector, people are arrested for this practice.

House Republicans have criticized these practices for years. This session, I've proposed a bill that prohibits the use of bond premiums for anything other than paying down the debt out of which it was borrowed. I'm also proposing that the Treasurer be required to report the amount of premiums issued and the higher interest rate required after each issuance. Since the media has begun to report on this issue, it is my hope that we will see bipartisan support for this proposal. Connecticut needs these important fiscal reforms.

Tickets Available for Shining Star Dinner

The North Branford Education Foundation will be hosting their "Shining Star Dinner", on Thursday, March 12th at Woodwinds in Branford. This year the Foundation will be recognizing **John Florio**, **Ron Onofrio** and **Robert Ward** for their contributions to the youth in our community.

The dinner tickets are \$45 per person and they can be purchased at the Central office of the Board of Education on Middletown Ave in Northford or by calling Frank Mentone at 203-410-4254. This event is one of the best events in our community so order your tickets now.



Florio



Onofrio



Ward

For Advertising Rates or a Marketing Analysis
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The publisher assumes no responsibility for typographical errors. In the event of an error, the publisher will issue a credit adjustment on only the incorrect portion of the advertisement, as well as a retraction in the next issue.

Letters to the editor...

This paper encourages all readers to voice their opinions and comments. The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible.

All letters must be signed. A telephone number should be included and no personal attacks.

This paper reserves the right to edit all letters.

All letters should be addressed to :

The Editor

P.O. Box 313, Northford, CT 06472



PLANNING FOR THE FUTURE

By Attorney Marc P. Guertin

The new mantra of the baby boomer generation is beginning to sound something like: "I'm getting older, I'm not in the best of health, I'm worried about the costs of long term care, and I'm scared to death." This is the kind of stuff that keeps people (including myself) up at night. I wish that I could tell my clients not to worry, that it's going to be alright, but often times it's not alright. The effects of aging take over and many people end up in a nursing home and then the financial pain begins. A long term stay in a nursing home can be financially devastating. It can completely exhaust your estate, leaving nothing for your surviving spouse or heirs.

The sooner you plan for this possibility the better. Time can be both your worst enemy and your biggest ally, depending on how you approach the problem. Often, I am contacted by the families of people who are literally on their way to a nursing home- at this point time is not on their side. Sure, we can preserve some assets but only a fraction. I call this approach the "emergency planning mode." It is kind of like being on a game show, but the prize is your own "stuff" and you win by getting the privilege of keeping some of your own "stuff." Emergency Planning Mode is, of course, not the best approach to the problem.

The best time to plan is well in advance of needing nursing home care. Given enough time and proper planning all of your assets can be preserved and sheltered from the costs of nursing home care. Many people utilize irrevocable trusts to protect and preserve assets long term. This is the best option for dodging the nursing home cost bullet, which can be financially devastating for you and your family. Irrevocable trusts are also a great way to avoid probate and to ensure that you can pass something on to your heirs or favorite charity.

If you're worried about the cost of long term care, get out in front of the problem. Make an appointment with a qualified estate planning attorney and see what can be done to protect your assets. Just because you can't take it with you doesn't mean that you have to give it to the nursing home.

If you would like to learn more about how trusts work to protect your assets, please join us on Saturday February 21, at 10am for *Coffee, Donuts and Trusts*. Please call my office (203)-234-7400 to reserve your seat. Seating is limited so please call ahead.

Marc Guertin, is a partner at Guertin and Guertin, LLC. Guertin and Guertin, LLC is dedicated to Estate Planning, Elder Law, Trust and Probate Administration. He is co-author of *Planning for the Future: A Practical Guide to estate Planning and Avoiding Bad Heir Days*. Visit Guertin and Guertin, LLC on the web: www.guertinandguertin.com.

Did you know..that many slaves were held in North Branford in the 1700s and early 1800s? Justus Rose offered freedom to any slave who would fight in the Revolutionary War. Two men took him up on his offer. One was killed in the Battle of White Plains. Another slave, Gad Asher, won his freedom but was blinded. He lived and raised a family in North Branford after the war. Reverend Matthew Noyes, second minister of the Northford Congregational Church, kept slaves. Slavery was abolished in Connecticut in 1848. Visit us on the web at TotoketHistoricalSociety.Org



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Candelora and Legislative Republicans Push to Reform Campaign Finance Laws

HARTFORD – Deputy Republican Leader Rep. Vincent Candelora (R-86) on Thursday, January 29, joined legislative Republicans in announcing a 2015 push to reform campaign finance laws in Connecticut.

Candelora has co-introduced a number of campaign-law reforms, including reducing grant amounts of the taxpayer-funded Citizens Election Program (CEP) and prohibiting certain political action committees from making certain independent expenditures for the benefit of a candidate. "We must all abide by the law that's in place", Candelora said, "Seeing that's not the case, we need to change it."

"Connecticut is not in a position to spend thousands of taxpayer dollars on political campaigns," Candelora said. "We are facing nearly a \$3 billion deficit over the next two years; it's safe to say that taxpayer dollars would be more efficiently used to help us overcome our current financial hurdle."

The CEP, which funds gubernatorial and state Senate and House races, is a public finance program that awards candidates with campaign funding after hitting a specific private contribution threshold. Since 2008, there have been 1,185 taxpayer-funded CEP campaigns, according to the nonpartisan Office of Fiscal Analysis.

In 2014 alone, Connecticut taxpayers funded \$33.4 million in publicly-funded campaigns.

"This legislation was at first created to establish 'fair elections,' now that the original purpose has been tainted it's time for us to make adjustments – ensuring that taxpayer dollars are not being misused," said Candelora.

The 2015 proposals include:

- 1) Cap organizational expenditures by state parties**
- 2) Reduce individual donor limits to state parties from \$10,000 to \$5,000**
- 3) Eliminate grants to unopposed candidates**
- 4) Stop state contractors from donating to a federal account to fund a state race**
- 5) Reduce all Citizens' Election Program grants by 25%.**

Food Drive to Benefit Many

Please join Robert D. Hoff in helping our neighbors in need as we hold a Food Drive to benefit The East Haven Food Pantry and Life Haven Shelter for homeless Pregnant women and women with young children on Saturday March 7th from 9:00 AM - 1:00 PM at the Trolley Square Stop & Shop on Hemingway Avenue, East Haven.

All donated clothing must be gently used and clean.

February After School Crafts Smith Library Children's Room

Mondays, 4:30 - 5:30 pm.

For ages: 6 & up with the help of a parent/guardian.

***Registration required. Call: 203-484-0469 for more information.**

February 9th – Love Bug Cupcake - Get ready for Valentine's Day! Decorate a cupcake like a little love bug and enjoy some hot cocoa with it. Yum!! All supplies provided.

February 16th - The Smith Library is CLOSED today in honor of **President's Day!**

February 23rd – Bird feeders – Learn how to make a gelatin bird feeder for our chilly feathered friends outdoors! Bring one or two cookie cutters in the shapes of your choosing. The rest of the supplies will be provided. No peanut butter is involved in making these feeders, so this craft is happily allergen-free.



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Chicken Parmigiana - served with a side of pasta
Chicken Paradisio - boneless chicken layered with crab meat, mozzarella & red roasted peppers in a sherry wine sauce served with a side of pasta
Zuppa Di Pesce - mussels, clams, scallops, shrimp over capellini
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Children’s Menu: \$8.95 (does not include tax & Tip)
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Jerome Harrison School “All Star Readers”



Congratulations to JHS kindergarten students for their participation in the All Star Reader Program (a collaborative effort between Jerome Harrison Elementary School and the North Branford Public Libraries where students are recognized and rewarded for attending our libraries and documenting their reading efforts). These students have visited the Edward Smith and Atwater Memorial Libraries throughout the school year on multiple occasions and have explored the library offerings as well as our collective goal to engage in reading for enjoyment and academic success.

JeromHarrison and our North Branford Libraries are proud to recognize Christian Wright, Lorenzo Annunziato, James Graham, and Marcus Maggazzi as being true “All Star Readers”. It is our hope that additional parents, students, and families get involved in this great program to explore our great local libraries and further develop a passion for reading. Picture: From Left to Right...Lorenzo Annunziato, Principal Welch, and Christian Wright

Jerome Harrison Hosts St. Baldrick’s Foundation Head Shaving Event

to Honor Lyla & RaiseFunds for Childhood Cancer Research Jerome Harrison Elementary School will host a St. Baldrick’s Foundation signature head-shaving event to raise funds and awareness for lifesaving childhood cancer research on February 9, 2015 (Snow Date Febrary 23) from 6pm to 9pm. With a goal of raising funds for childhood cancer research we are looking for participants to register to shave their heads to support the Foundation’s mission to Conquer Childhood Cancers! This event is being held to honor and support our own Lyla B., who continues her battle with Rhabdomyosarcoma. Spectators and “walk-in” shavees are welcome. Please note that minors will need to be accompanied by a parent. In addition, there will be face painting and a balloon artist for the children. Dan Schmidt of PRO Sound Entertainment will serve as our DJ for the evening. If you have any questions about this event, please contact Judy Bannon at (203) 484-0507

THEY MAKE US PROUD

Andrea Canavan, Alicia Chaturvedi, Jesse DeFrancesco, James Fontenault and Samantha Palumbo were named to the Dean’s List at Roger Williams University in Bristol, RI. Stephanie Albino was namedd to the Dean’s List at Connecticut State University. Sarah Torzillo, Carly Donath and Gabriella Jara were named to the Dean’s List at The University of Hartford. Dylan Podbielski was named to the Dean’s List at Stonehill College is Easton, MA. Mark Farat, Caitlyn Lyon, Saverio Varca and Tara Matteo were named to the Dean’s List at the University of Rhode Island. Michael Cattaruzza and Jordan D’Aurio were named to the Dean’s List at Nichols College in Dudley, MA. Matthew Melillo, Ronald Kaiser, Kyle Hottin, Melissa Hayes and Michelle Radziunas were named to the Dean’s List at Eastern Connecticut State University, Jesse Walters was named to the Dean’s List at Western New England University in Springfield, MA. Brianna Skrinski was selected as the National Youth Delegate for Prestigious Conference at George Mason University in Fairfax, VA. Kyle Hottin was named to the Dean’s List at Eastern Connecticut State University.

Story Hour at Atwater Library

The North Branford Women’s Club in conjunction with the Atwater Memorial Library will present a story hour on Wednesday, February 11, 2015 at 12:00PM. The event will take place at the Atwater Memorial Library, 1720 Foxon Road, North Branford The theme for this program will be Valentines. All preschool children are welcome and refreshments will be served.For more information call 203-315-6020.

Coach Webster Gets 500th Win



North Branford High School girls basketball coach Chris Webster recently chalked up her 500th win and became the first female basketball coach in the State to reach that achievement. Coach Webster has been a long time pillar of this community participating in many civic events and always being their for the students of North Branford. Congratulations to one of North Branford’s legends.

Hockey Team is 9-1 at Half Way Mark

The North Branford high school hockey team finished the first half of the season at 9-1. Senior captain Alec Martone leads the team with 24 points.Alec has been the playmaker all season with 8 goals while dishing out 16 assists. Sophomore Brian McKee leads the team in goals with 10 while chalking up 9 assists. Junior Adam Burkle has 8 goals while passing off 11 assists and Junior Dominic Raccio has 7 and 7. Defensively, the team is led by junior Matt Chamberlain, senior Chris Russo and junior Tanner Opie. In the nets, sophomore Will McEwen is 5-1 while senior Will Burke is 3-0



BEST GAMES IN TOWN

Boys Basketball

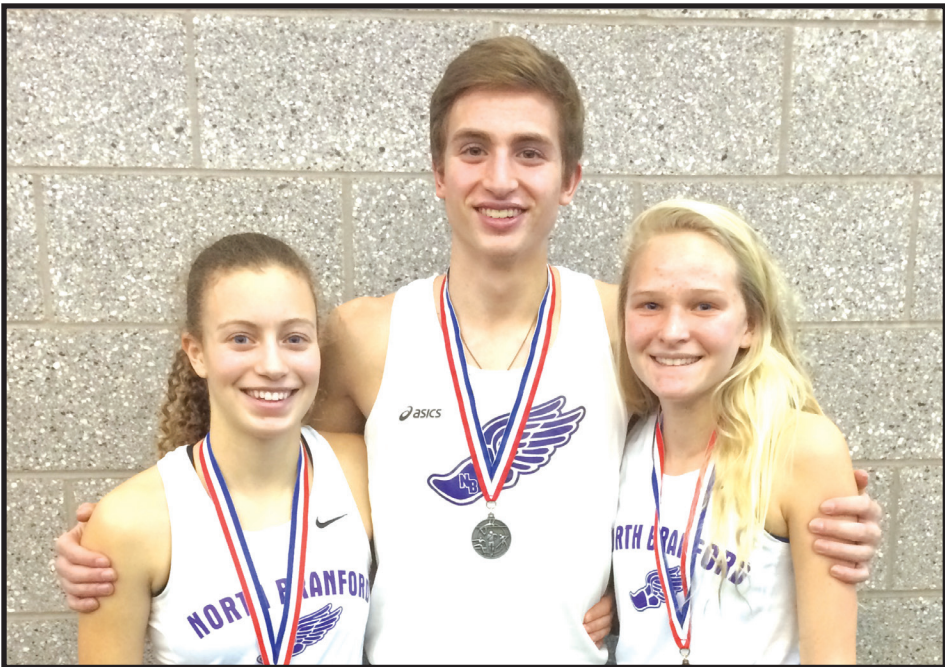
Friday	2-6	Cromwell	7:00
Monday	2-9	H-K	7:00
Tuesday	2-10	@Coginchaug	7:30
Friday	2-13	@Valley	7:00
Tuesday	2-17	@H-K	7:00
Thursday	2-19	Aerospace	6:00

Girls Basketball

Monday	2-9	@Coginchaug	7:00
Tuesday	2-10	Old Saybrook	7:00
Thursday	2-12	@Valley	7:00
Monday	2-16	@H-K	7:00

Hockey

Saturday	2-7	Hand	5:30
Tuesday	2-10	@Guilford	7:30
Saturday	2-14	@East Haven	12:00



Boys/Girls Indoor Track

The North Branford High School Boys/Girls Indoor Track Team competed in the Haddam Killingworth Track and Field Invitational meet on Saturday, January 17th at the Floyd Little Athletic Center in New Haven. There were over 40 schools represented at the meet. All the athletes did quite well in the very competitive field. Overall, the Boys Team came in 17th place with 8 points and the Girls Team took 23rd place with 4 points.

For the Boys, points were scored by Bryce Mase taking 2nd place in the 1,000m Run with a time of 2:47.15. Scoring points for the Girls were Sara Olsen placing 5th in the 600 m Run coming in at 1:47.6, Maggie Dulak placed 6th in the 1000m Run at 3:20.84 and Rachel Sokoloff in the 55m Hurdles by placing 6th at 9.77.

Catie Moran placed 7th in the 55m Hurdles at 9.82. Katie Stevens and Winnie Chan tied for 9th in the High Jump at 4’6”. Grace Little placed 15th in 600m Run at 1:54 and in the 1600m run, Jillian Damiani placed 16th with a time of 6:06.73. Holly Dulak placed 17th in the 1000m Run at 3:30.91.

The 4x800 Meter Relay Team of Holly Dulak, Maggie Dulak, Victoria Pawlak and Jillian Damiani placed 9th at 11:11.02. The SMR Relay Team of Sara Olsen, Katie Stevens, Winnie Chan and Grace Little placed 13th at 4:57.86. The boys 4x800 Relay Team of Michael Madoule, Austin Gibilisco, Isaac Cammarata and Patrick Fisher placed 15th at 10:11.44. The 4x200 Relay Team of Erika Chironno, Rachel Sauro, Olivia Hemstock and Jess Zumbo placed 20th at 2:03.73.

Left to right: Sara Olsen, Bryce Mase and Maggie Dulak

The North Branford High School Boys/Girls Indoor Track Team competed in Shoreline League Meet #2 recently held at the Floyd Little Athletic Center in New Haven on Friday, January 23rd.

Boys results for the relays are as follows: 4x800 Relay 4th at 10:17.3 (Michael Madoule, Austin Gibilisco, Isaac Cammarata and Pat Fisher) , 4x200 Relay Team 2nd at 1:38.63 (Christian Iuteri, Shelby Franklin, Andrew Sarmento and Exavier Santiago), 4x400 Relay Team 6th at 4:15.52 (Michael Madoule, Austin Gibilisco, Pat Fisher and Michael Odell) and Sprint Medley Relay Team 4th at 4:04.78 (Bryce Mase, Christian Iuteri, Andrew Sarmento and Shelby Franklin).

Top individual places for the boys were: Shot Put – Joe Ferreira 4th at 38’0”, 55M Dash – Xavier Santiago 12th 7.0, 1600m Run – Isaac Cammarata 12th at 5:21.12, 300 Meters – Christian Diaz 13th at 41.38, 600 Meters – Michael Madoule 9th at 1:39.86 and Austin Gibilisco 11th at 1:39.93, Long Jump - Christina Diaz 16th at 16’06.5”and High Jump – Pat Fisher 12th at 4’10”.

Girls results for the relays are as follows: 4x800 Relay 4th at 10:51.64 (Maggie Dulak, Holly Dulak, Jillian Damiani and Marissa Bale), 4x400 Relay 5th at 5:02.05 (Grace Little, Hanah DiEdwards, Sarah Criscuolo and Theresa Guadagnino), 4x200 Relay 6th at 1:57.3(Sara Olsen, Katie Stevens, Rachel Sauro and Olivia Hemstock) and Sprint Medley Relay Team 3rd at 4:41.88 (Maggie Dulak, Sara Olsen, Jess Zumbo, and Katie Stevens).

Top individual places for the girls were: 55M Hurdles – Catie Moran 6th at 9.82, 55 M Dash – Jess Zumbo 4th at 7.6, 1000 Meters – Holly Dulak 6th at 3:27.7, 1600m Run – Jillian Damiani 5th at 6:05.53, 300 Meters – Erika Chironno 16th at 49.92, 600 Meters – Olivia Hemstock 12th at 1:55.77 and Grace Little 13th at 1:55.82, 3200 Meters – Maggie Dulak 9th at 13:17.24, High Jump – Katie Stevens 6th at 4’6”, Long Jump – Deanna Sgambato 16th at 12’10” and Olivia Hemstock 17th at 12’8” and Pole Vault – Deanna Sgambato 7th at 6’6”

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Winter Lacrosse Clinics begin Sunday, January 4th.
\$200 per 5-week session

Winter Baseball Clinics begin Saturday, January 3rd.
\$100 per 4-week session (Jan., Feb., & March Sessions)
Rookie & Advanced Rookie—Saturdays 3pm—4pm
Hitting—Sundays 1pm—2pm
Pitching—Sundays 2pm—3pm

For more information
203-484-4383
www.ctsportsplex.com

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Iced windshields. Cold starts. Slick roads. Your vehicle needs to be prepared and our \$49.95 Winter Readiness special will help: oil change, tire rotation, fluid checks, wiper blade check and brake inspection. Call today for an appointment.



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North Branford Family Team Contest

ELIGIBILITY

The contest is open to all North Branford families with children of all ages (K-12)! All families are limited to one entry.

JUDGING

Judges will consider factual and scientific accuracy, originality, clarity of thought, readability, persuasiveness, creativity and appearance. Entries depicting violence or content of inappropriate nature will be disqualified.

LENGTH & FORMAT

Keep written entries to two pages or less – they must be typed or written neatly in ink. Videos must be under 2 minutes. Entries will be accepted via email at **FamilyTeamContest@gmail.com** or drop off (via flash drive for videos) at **Atwater Memorial Library** or **Edward Smith Library**.

DEADLINE

Entries should be delivered or emailed no later than 3/2/2015.

WHERE TO SEND ENTRIES

Drop off entries by 3/2/2015 to
Atwater Memorial Library
1720 Foxon Rd., North Branford, CT 06471
or **Edward Smith Library**
3 Old Post Rd., Northford, CT 06472
Or submit YouTube, Vimeo, or Flipagram URL via email at:
FamilyTeamContest@gmail.com
Note: UI and CT Solar Challenge reserve the right to reproduce any entry, in whole or in part, or to display entries as a public exhibit. Students are not eligible if a parent or guardian serves as a judge for the contest.

TIMELINE	
1/9/2015	Send out and contest begins.
3/2/2015	All contest submissions are due.
3/9/2015	Winners will be announced.
3/23/2015	Winning family banquet and prize handout.

PRIZE FOR EACH CATEGORY	
Drawing Contest	\$100 AMAZON GIFT CARD!
Commercial Contest	
Picture Collage Contest	

RETURN POLICY

Entries will not be returned.

LABELING

Each drawing and collage should have the following information typed or neatly printed on the back (or in a credit scene for the commercial contest).

Family Team Name
Email, Phone Number and address

Entries without correct labeling will NOT be considered. If you email your entry, please provide the aforementioned content in the body of the email as well as in a credit scene in the video.

ALL PARTICIPANTS CAN CHOOSE ONE OF THE FOLLOWING CONTESTS. EACH PRIZE WILL HAVE ONE WINNER. HAVE FUN AND BE CREATIVE!

DRAWING CONTEST

Draw a picture that shows what a clean energy North Branford neighborhood or house may look like in the year 2025. Make sure the poster showcases energy efficiency practices. Drawings may include but are not limited to solar panels, windmills, ENERGY STAR® appliances, etc. Be creative and show your smarts in saving energy.

RULES:

- Poster paper must range between 11" X 17" and 18" x 24" in size.
- Posters may be created in any medium (crayons, watercolor, markets, and pastels).
- All entries must have a label on the back lower right corner that includes (typed or printed): family’s name, phone number and address.

COMMERCIAL CONTEST

Create a short video such as a commercial, movie trailer or an interview showcasing energy efficient practices as well as clean energy. The number of practices showcased is up to you! Have fun and show your smarts on clean energy!

RULES:

- Videos must be shorter than 2 minutes long.
- Leave a credit scene that includes: family’s team name, email address, phone number and address as well as the aforementioned content in the body of the email.
- Videos must be on a flash drive, YouTube or Vimeo.
- All email submissions must send YouTube or Vimeo URL. Emails sent with the video as an attached file will NOT be judged.

PICTURE COLLAGE CONTEST

Go on an adventure and take photos with clean energy practices, appliances, or machines. Pictures may include but are not limited to solar panels, windmills, ENERGY STAR appliance, clean energy museum exhibits, etc. Make a collage of the collected photographs, and explain under each photo in a few short sentences the benefits of the clean energy practice, appliance, or machine. Collages made online through Flipagram will also be accepted.

RULES:

- All pictures require at least one family member.
- Poster paper must range between 11" X 17" and 18" x 24" in size.
- All entries must have a label on the back lower right corner that includes (typed or printed): family’s team name, phone number and address. Emailed submissions must leave a credit scene in the video that includes: family’s team name, email address, phone number and address as well as the aforementioned content in the body of the email.
- Emailed online made collages must send URL. Emails sent with the video as an attached file will NOT be judged.

QUESTIONS?

All questions can be sent to **FamilyTeamContest@gmail.com** from 1/9 – 2/28/15



STW Community Center

North Branford Parks, Recreation and Senior Services

1332 Middletown Ave.

203-484-6017 www.nbparkrec.com

CLASSES

GIRLS VOLLEYBALL

March 7 – May 9 (no program April 4)
Sat., 9:30 – 11:30 a.m.

\$60

Learn the game of volleyball, rules teamwork, sportsmanship and most important fun. Work on the skills associated with volleyball: passing, setting, hitting, serving, and serve receive. Take part in clinics, practices, and games.

Marion Kish – NB Head Coach CTVA Travel Coach

YOUTH CONDITIONING

February 4 – March 11
Wednesdays, 2:30 – 4:00 p.m.

\$38

Program includes cardio activities, fitness room, strength training, kickboxing, obstacle course, games and more!

Bus transportation NBIS to STW
Community Center included.
Adam Wall

YOGA

February 26 – April 2
Thursdays, 6:30 – 7:30 p.m.

\$55

Stretch, strengthen and relax the body and mind. You will improve your balance and increase your flexibility. Breathing exercises and guided meditation will help you release tension and stress. No experience necessary.

Rebecca Santillo, Cert. Instructor

AARP “Smart Driver Course”

May 19

Tuesday, 8:30 a.m. – 12:30 p.m.
\$15 AARP members w/ AARP card
\$20 non – AARP members
Checks only payable to “AARP”

Four hour classroom course teaching preventive measures to use when driving. Refine existing skills and develop safe, defensive driving techniques that save lives. Please bring your drivers license to class.

TAI CHI FOR SENIORS

March 20th - June 19th / Fridays
10:30 a.m. – 11:30 a.m. \$20

Come and enjoy this low-key Tai Chi class with Margaret from the VNA. The class size is limited to 15 people only. Comfortable clothing and shoes are recommended.
Instructor, Margaret P. from the V.N.A.

CHAIR YOGA

April 9th - May 14th

Thursdays, 10:45 – 11:30 a.m. \$30

Increase your flexibility, range of movement and improve your balance safely and effectively with Chair Yoga. You will be guided through a complete series of seated and standing yoga postures which were specifically designed for seniors and for those with physical limitations.

This 45 minute class will also incorporate breathing exercises and guided meditation to help relieve tension and stress.

Instructor, Rebecca Santillo

TRIPS

Friday, February 27th

Dollar Tree Trip / North Haven

Cost: \$2 resident / \$4 non-resident
Need to do some shopping? Hop aboard! Sign-up required. Trip leaves STW @ 12:30 p.m.

Saturday, March 14th

Salem Cross Inn

Cost: \$100 resident / \$105 non-resident
Enjoy an afternoon of activities at this restored 18th Century farm house nestled on 600 acres of countryside. Begin with a welcome cider reception with cheese and crackers. Then enjoy an apple pie demonstration before you take a sleigh ride over the beautiful SalemCross Property. Enjoy a full course lunch followed by some sing-along entertainment.

Friday, March 20th

Meriden Square Trip

Cost: \$2 resident / \$4 non-resident
Spend the day doing a little shopping. Comfortable walking shoes are recommended. Enjoy lunch there as well (cost is on your own). Trip leaves STW @ 10:00 a.m.

Wednesday, March 25th

Middlebury Consignments & Fascia’s Chocolates

Cost: \$8 resident / \$13 non-resident
Enjoy a fun day out and about. First stop: Middlebury Consignment. Afterwards you will head to their café for lunch (cost is on your own). From there it’s off to Fascia’s Chocolates in Waterbury for some yummy treats. Sign-up is required. Trip leaves STW @ 10:15

Thursday, March 26th

Annual Senior Citizens Day Luncheon @ NBHS

Cost: \$2
This luncheon is sponsored by the NB National Honor Society and a delicious meal is provided by the NBHS Culinary Students followed by wonderful entertainment by the NBHS Musicians. Begins at 11:30.

EVENTS

St. Patrick’s Day Luncheon

Tuesday, March 17th 12:00

\$8.00 per person

Eat-in @ 12:00

or

Take-Out between 11:00 & 1:00

Sign-up is required by
Tuesday, March 10th

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CHURCH DIRECTORY

Branford Bible Chapel. 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning : 9:15 - 10:30 Worship & Lord’s Supper, 11:00 -12:15 Ministering of God’s Word & Sunday School. . Nursery provided. Awana for kids, vacation Bible School, missions & outreach programs. www.branfordbiblechapel.org

North Branford Congregational Church, UCC. 1680 Foxon Rd., North Branford, CT, 203-488-8456 or nobfdcong@sbcglobal.net or www.northbranforducc.org. Acting Pastor Rev. Price van der Swaagh. Daniel Jared Shapiro, Music Director. Office Hours: Wednesday through Friday, 9:00 - 1:00pm. We worship every Sunday at 10:00am. Nursery care available. Get to know us by joining us for Coffee Hour following Services. The second Sunday of every month is Family Sunday when the children remain with their parents during the Service. This is followed by our second Sunday Brunch. Holy Communion is on the first Sunday of every month. Church School through grade 8 meets during worship. All are welcome no matter who you are, no matter where you are on life’s journey, you are welcome here.

Northford Congregational Church, United Church of Christ. Church is located on Old Post Rd., (corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone 203-484-0795, Fax 203-484-9916.. email; ncchurch@snet.net. Reverend Kathryn King. Pastor. Jane K. Leschuk Minister of Music. Sunday worship service and Sunday School, 10:00AM. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Office hours, Monday an Wednesday 10am - 1pm. Like us on Facebook. Our website is www.northfordcongregationalchurch.com

St. Andrew’s Episcopal Church, Middletown Ave. (Rte 22 & 17) Northford. 203-484-0895. or <http://standrewsnorthford.org> We are a member of the Middlesex Area Cluster Ministry. The Reverend Jim Bradley, Interim Missioner in charge of MACM, 203-525-6846. The Cluster office is 860-345-0058. Sunday morning Eucharist is 10am. We have a rotating clergy & choir during the academic year. Join us for coffee and fellowship following service. All are welcome.

St. Augustine Roman Catholic Church. The church is located at 30 Caputo Rd., North Branford. The Parochial Administrator is Reverend Robert Turner and Deacons are John Hart & Robert Macaluso. Daily Mass and Homily are celebrated Mondays & Wednesdays at 9am. On weekends, Mass is celebrated on Saturday at 4pm & 11am on Sunday mornings. The Sacrament of Reconciliation is celebrated every Saturday afternoon from 3:00 - 3:30PM In addition, you can make an appointment for reconciliation by calling the parish office at 203-484-0403. If you are new to the area and are looking for a parish family to join, please visit us. You can contact the church office at 203-484-0403 or fax 203-484-0132 weekdays, 9am to 1pm or visit us online at www.staugustinenobfdct.com

St. Monica Roman Catholic Church. The Church is located at 1331 Middletown Ave. Northford. The Parochial Administrator is Reverend Robert Turner and the Deacons are William B. Bergers, Louis P. Fusco and Joseph Marenna. Weekend Masses are celebrated on Saturdays at 5:30pm and Sunday at 9am. Weekday Masses are Tuesdays, Fridays and Saturdays at 9am. The Sacrament of Reconciliation is celebrated Saturday morning from 8:30 - 9:00AM. In addition, you can make an appointment for Reconciliation by calling our parish office. You can contact the parish office by calling 203-484-9226 or fax 203-484-1189 Mondays, Tuesdays, Wednesdays and Fridays 10am - 2pm. You can contact the Education Center at 203-484-2434 Mondays, Tuesdays, Wednesdays and Fridays, 9am to 2pm.

Zion Episcopal Church. 326 Notch Hill Rd., North Branford. 203-488-7395. The Reverend Lucy LaRocca, Vicar; Sunday Holy Eucharist 8 & 10:00am. Coffee hour follows both services. Child care available. Email; www.zionepiscopalchurch.org.

Sunday Brunch at Cask Republic

Cask Republic Communal Tavern in New Haven will be hosting a cheerful, sociable, and delectable Sunday Brunch! Come and enjoy a 3-course, sit-down brunch with a complimentary Mimosa or Bloody Mary! Help support the 2015 Greater New Haven St. Patrick’s Day Parade! **When:** Sunday, February 22, 2015 **Where:** Cask Republic Communal Tavern 179 Crown Street New Haven **Time:** 12:30 to 2:30 PM **Cost:** \$30 per person - All proceeds to benefit this year’s Parade

Advance Reservations:
475-238-8335 - Cask Republic. Call & Reserve your seat today!
Cask Republic will hold your credit card information for reservations only with no charge until the day of the event! Call today!
For more information, please visit our website at:
stpatricksdaysparade.org/events

St. Patrick’s Parade Committee
CORNEDED BEEF DINNER
SUNDAY, FEBRUARY 8, 2015
KNIGHTS OF ST. PATRICK GRAND HALL
1533 STATE STREET, NEW HAVEN, CT

OPEN SEATING FROM 1:00 P.M. TO 5:00 P.M.
TICKETS SOLD ONLY AT THE DOOR
\$15.00 ADULTS - \$6.00 CHILDREN UNDER 12
Hot Dogs and Chips also available

For More Information Contact:
Jim McGovern: 203-288-3876, Seamus Bohan: 203-996-6748
Patricia Nester: 203-239-9956
Or Visit Our Website At:
stpatricksdaysparade.org

DEATH NOTICE



Edward L. Adams, of North Branford, died Christmas Day at Connecticut Hospice, Branford. Mr. Adams was born February 13, 1934 in Hiawatha, Keene, Ontario, Canada, son of the late Brooken and Hilda Cowie Adams. Mr. Adams was the owner of Imperial Pools in North Branford. He coached youth hockey in North Branford for many years. He was a former resident of Marathon, FL, where he was an avid fisherman, before moving back to North Branford. He was also a member of the Branford Elks Club, B.P.O.E. 1939. Mr. Adams is survived by his daughters, Dawn (Karl) Jacobson, and Donna Deko both of North Branford; his grandchildren, Nicole, Richard, and Heather Hudson, and Carl and Kelli Jacobson. He is also survived by his former wife Dorothy Adams of North Branford, and his brothers and sisters, Carole Adams, Harold Adams, Sherry Feeney and Charlie Adams, all of Canada.

North Branford Congregational Church
Offers Special Lenten And Easter Services

NBCC hopes to provide an oasis of peace, love, and welcome to all in the community. Come and worship at 1680 Foxon Road (Rte 80), North Branford, CT. For more information please call the church office at 203.488.8456.

February 18, 2015 @ 7pm – Ash Wednesday/Taize Service – Providing centering and peace through contemplative prayer. Taize Services will continue throughout Lent on each Wednesday @7pm.

March 29, 2015@ 10am – Palm Sunday Service – Join in the hallelujahs and waving of the palms.

April 2, 2015 – Maundy Thursday@ 7pm – Recount Jesus’ Journey to providing human kind with salvation.

April 3, 2015 @ 12 noon – Good Friday – An opportunity to walk with Jesus to the cross.

April 5, 2015 @6:30am – Easter Sunrise Service @ Lake Gallard – Celebrate the Resurrection as the sun rises. Coffee hour at NBCC after the service.

April 5, 2015 @ 10am – Easter Sunday Service – A celebration of new life through Jesus, Our Savior.

Ash Wednesday Bible Study

The Northford Congregational Church and Rev. Kathryn King welcome everyone to their Ash Wednesday Service on February 18 beginning with a light supper of soup and bread at 6 p.m. in the social hall followed by a service of ashes at 7 p.m. in the sanctuary. All are welcome.

Beginning on Wednesday, February 25, and continuing for five weeks through Wednesday, March 25, the church will have a weekly bible study at 12:30 p.m. in the church social hall on the lower level. Everyone is invited.

Sunday worship services are held at 10 a.m. every Sunday in addition to Sunday School. Holy Communion is held on the first Sunday of each month. Family/Mission Sunday, with contemporary music, is held on the third Sunday of each month.

The historic church (203-484-0795) is located at 4 Old Post Road at the corner of Route 22 and Route 17 in the Northford section of North Branford. Church office hours are Monday and Wednesday from 10 a.m. to 1 p.m. Website: www.northfordcongregationalchurch.com. Email address: ncchurch@snet.net.

Friday Family Fish Fries
Sponsored by Knights Of Columbus Council 3928
390 South Union Street, Guilford CT. Phone 203-453-2801.

Dinner served 5:00 - 7:30 pm. (Takeout Dinners available)
Fish Dinner (fried or Baked) \$12.00
Caesar salad W/ Shrimp or Chicken \$8.00
Mac & Cheese \$6.00.
Hot Dog & French Fries \$5.00.
Available; Brownie Sundae, Clam Chowder, Stuffed Clams, Shrimp Cocktail , soda, water, coffee.

Charities to benefit

February 20, Guilford before and After School Care Programs
February 27, St. George Council Children in need Fund.
March 6, Carl’s Crusaders.
March 13 Our Lady Of Mercy School.
March 20 Community Nursery School.
March 27 Kiddie Kollege Nursery School

ELECTRICIAN

TJC Electrical Services - No Job too small or big. Service upgrade & Generator Specials. Call Tom Cassella at 203-619-2823. Licensed & Insured.

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John DiMaggio Plumbing - Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured. Call 203 - 627 - 6826 or 203-484-4822. References available.

SERVICES

Northford Power Equipment - “The Mower Whisperer”. We service all brands of yard & snow equipment. Reasonable rates, pickup and delivery available. Call Mark at 203-484-2173.

Greg Tech Computer Services. Certified Technician. On-site support for PC's & Macs. Repairs, virus removals, wireless & network set-ups, software installation, computer training, upgrades, hardware and printer repair and more. Call Greg at 203-980-0782.

Handyman Services - Plumbing repairs and installations, light electrical work, dryer vents cleaned & replaced. Mailboxes repaired and replaced. General repairs/small jobs, dump runs etc. References provided. Call Pete at 203-804-6373.

HELP WANTED

Hair Stylist Wanted. Full or part time. Flexible Hours. Closed Monday & Tuesday. Apply in person at Hair Designs, 1717 Foxon Road, North Branford. Across from the Library.

Valentine Flower Deliveries. Must have own vehicle. Don't wait, sign up now and deliver for Valentine's Day week. Holiday drivers will receive a free rose bouquet. Apply in person at Petals 2 Go in the Central Plaza, North Branford.

FOR SALE

Wood Burning Stove - “King” Stove with automatic thermostat. Asking \$495 or best offer. Call 203-481-5133

NB Women's Club Meeting

The North Branford Women's Club, Inc., GFWC/CT will be holding its monthly meeting on Tuesday, February 10, 2015 at 7:30 p.m., at the Zion Episcopal Church's hall located on Notch Hill Road in North Branford. It will begin with a business meeting and refreshments. At 8:00 p.m. our program will feature Ms. Diane Link - A Night of Chocolate Bits & Pieces with/the Choc-ettes.

If you are new to our town, this would be a great opportunity to learn about our community and to meet other women. The North Branford Women's Club is a member of the General Federation of Women's Club's founded in 1890. We are a volunteer group who donate our time and talents helping our community and surrounding towns.

We are involved with Veterans, Atwater Library Story Hour, Local Schools, Ronald McDonald House, Food Banks, Midnight Run, Scholarships and more. For additional information, please contact Ms. Barbara LaFrance at (203) 444-9998.

CLASSIFIED AD RATES

Personal, For Sale, Help Wanted, Tag Sale, and all non-business classified

1 issue \$9.00 2 issues \$12.00 3 issues \$15.00

20 words or less, not including phone #. \$.05 per word, per run, after 20 words

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Payment MUST accompany all ads. The advertiser must notify this newspaper of any errors.

Send ad along with your check to:

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For more information call 203-410-4254

North Branford Fire Department 2014 Statistics

North Branford Fire Department continues to provide the highest quality of emergency and non-emergency life safety services to the citizens and visitors in our community. Through the department's commitment to continuous improvement, staff development and implementing new and innovative programs to create greater economic efficiencies and improve emergency service effectiveness to North Branford residents. In compliance with National Fire Protection Standards (NFPA) 1720, Standards for the Organization and Deployment of Fire Suppression Operations, Emergency Medical Operations and Special Operations to the Public by Volunteer Fire Departments, the North Branford Fire Department exceeds the national consensus standard (on scene within 10 minutes, 80% of the time with 10 members) by responding to incidents within that period 83% of the time.

During 2014 fire department personnel answered **33 Fire Incidents, 1335 requests for EMS, 90 Motor Vehicle accidents, 70 Hazardous Conditions, 170 Service Calls, 117 False Alarms..** The dollar loss related to fire damaged property during this period was \$54,500. Property saved was in excess of 39 million dollars.

As a cooperative and collaborative partner with our contiguous jurisdictions, North Branford Fire Department provided and or received mutual aid for 90 fire/EMS incidents during the year, including the towns of East Haven, Branford, Guilford, North Haven, Durham, Wallingford and the City of New Haven. Of the hazardous condition situations, members responded to **38 alarms for activated carbon monoxide detectors**; and units were dispatched to incidents ranging from **Bomb scares, Lightning Strikes, Hazardous Material incidents and Water leaks.**

Total calls for 2014 were 1815.

Office of the Fire Marshal

In accordance with the Connecticut General Statutes, Section 29-305, the Fire Marshal or his designee is required to inspect, in the public interest, all occupancies regulated by the Connecticut State Fire Prevention and Fire Safety Codes. The purpose of the inspection is to insure compliance with all fire safety codes and related state statutes. This will also include collecting information pertaining to fire department pre-planning, photographs and contact information.

Inspections can be at **any time during normal business hours**; there is no charge for this service. **However, any occupancy can be inspected at any time** if a complaint is received. **All life safety violations must be corrected immediately** while others must be corrected within 30 days. Failure to correct deficiencies can result in civil and criminal prosecution, fines, and penalties from \$200 to \$1,000 and possible imprisonment. Remember, violations not only endanger occupants but may pose an unreasonable risk to firefighters responding to an incident at your location. Our inspection process also focuses on minimizing your risk and liability while preventing loss of life.

In order to schedule a fire inspection, you are asked to contact the North Branford Fire Marshal's office **203-484-6016** or deputyfiremarshal@townofnorthbranfordct.com and a representative will assist you in planning an on-site visit during your hours of operation. Don't hesitate to contact our office if you have questions.



NORTHFORD WOMENS CLUB
FUNDRAISER
MARCH 27, 2015

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AT

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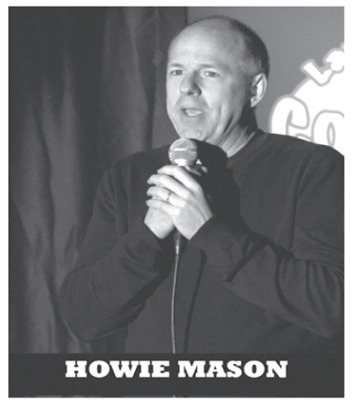
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